

2021 Ogólnopolski Sprawdzian Wszehstronno ci Stylowej
Lublin, 22. - 23.9.2021

Konkurencja 17
23.09.2021 - 16:32

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2021

Pozycja			Wiek					Czas	Pkt.
14 - 15 lat									
1.	WYSOCKA Amelia		14	UKP Fala Kra nik				5:19.30	533
	50m:	33.35 33.35	150m:	1:54.61 42.74	250m:	3:21.36 45.53	350m:	4:44.45 37.13	
	100m:	1:11.87 38.52	200m:	2:35.83 41.22	300m:	4:07.32 45.96	400m:	5:19.30 34.85	
2.	K DZIOR Pola		14	KS „OLIMPIA" Lublin				5:21.26	523
	50m:	35.13 35.13	150m:	1:56.33 42.04	250m:	3:23.12 45.27	350m:	4:45.88 37.54	
	100m:	1:14.29 39.16	200m:	2:37.85 41.52	300m:	4:08.34 45.22	400m:	5:21.26 35.38	
3.	GAWEŁKO Zuzanna		15	KS Wisła Puławy				5:24.67	507
	50m:	35.00 35.00	150m:	1:57.23 42.12	250m:	3:24.75 45.77	350m:	4:48.53 38.15	
	100m:	1:15.11 40.11	200m:	2:38.98 41.75	300m:	4:10.38 45.63	400m:	5:24.67 36.14	
4.	CIURSKA Gabriela		15	KU AZS UMCS Lublin				5:35.76	458
	50m:	35.65 35.65	150m:	2:00.43 42.54	250m:	3:30.79 50.46	350m:	4:59.86 39.09	
	100m:	1:17.89 42.24	200m:	2:40.33 39.90	300m:	4:20.77 49.98	400m:	5:35.76 35.90	
5.	DANILEWICZ Julia		14	KS „OLIMPIA" Lublin				5:36.43	455
	50m:	34.27 34.27	150m:	1:58.31 43.25	250m:	3:28.77 49.07	350m:	4:58.57 41.02	
	100m:	1:15.06 40.79	200m:	2:39.70 41.39	300m:	4:17.55 48.78	400m:	5:36.43 37.86	
6.	ZIELI SKA Maja		14	MTP „Lublinianka"				5:40.73	438
	50m:	34.60 34.60	150m:	2:04.57 47.86	250m:	3:36.48 45.63	350m:	5:02.37 40.40	
	100m:	1:16.71 42.11	200m:	2:50.85 46.28	300m:	4:21.97 45.49	400m:	5:40.73 38.36	
7.	WRÓBLEWSKA Kaja		14	Swim Team Lubartów				5:49.18	407
	50m:	36.57 36.57	150m:	2:05.44 45.35	250m:		350m:		
	100m:	1:20.09 43.52	200m:	2:48.76 43.32	300m:		400m:	5:49.18	
8.	ADAMOWSKA Nadia		14	Uks Skarpa Lublin				5:52.44	396
	50m:	35.79 35.79	150m:	2:04.93 43.96	250m:	3:37.26 51.42	350m:	5:13.16 41.98	
	100m:	1:20.97 45.18	200m:	2:45.84 40.91	300m:	4:31.18 53.92	400m:	5:52.44 39.28	
9.	WO AKOWSKA Zofia		14	MTP „Lublinianka"				6:08.98	345
	50m:	43.62 43.62	150m:	2:23.37 46.59	250m:	3:56.94 48.89	350m:	5:27.91 41.09	
	100m:	1:36.78 53.16	200m:	3:08.05 44.68	300m:	4:46.82 49.88	400m:	6:08.98 41.07	
10.	BRZYSZKO Paula		14	Uks Skarpa Lublin				6:30.76	290
	50m:	37.89 37.89	150m:	2:19.41 55.61	250m:	4:08.02 52.85	350m:	5:46.59 46.76	
	100m:	1:23.80 45.91	200m:	3:15.17 55.76	300m:	4:59.83 51.81	400m:	6:30.76 44.17	

OPEN

1.	UKOWSKA Paula		28	KU AZS UMCS Lublin				4:48.90	720
	50m:	32.24 32.24	150m:	1:46.19 37.98	250m:	3:03.95 41.42	350m:	4:18.30 32.61	
	100m:	1:08.21 35.97	200m:	2:22.53 36.34	300m:	3:45.69 41.74	400m:	4:48.90 30.60	
2.	BERNAT Laura		16	KU AZS UMCS Lublin				4:57.35	660
	50m:	31.70 31.70	150m:	1:46.25 36.77	250m:	3:05.71 43.71	350m:	4:24.79 34.85	
	100m:	1:09.48 37.78	200m:	2:22.00 35.75	300m:	3:49.94 44.23	400m:	4:57.35 32.56	
3.	CIOCH-GRADZIK Wiktoria		18	KU AZS UMCS Lublin				5:01.17	635
	50m:	32.27 32.27	150m:	1:48.02 39.83	250m:	3:10.26 43.19	350m:	4:28.35 34.23	
	100m:	1:08.19 35.92	200m:	2:27.07 39.05	300m:	3:54.12 43.86	400m:	5:01.17 32.82	
4.	KOWALSKA Klara		16	KU AZS UMCS Lublin				5:01.55	633
	50m:	30.69 30.69	150m:	1:45.05 38.86	250m:	3:07.32 44.46	350m:	4:28.54 35.58	
	100m:	1:06.19 35.50	200m:	2:22.86 37.81	300m:	3:52.96 45.64	400m:	5:01.55 33.01	
5.	DWOJAK Natalia		17	KU AZS UMCS Lublin				5:08.98	588
	50m:	32.89 32.89	150m:	1:52.70 40.81	250m:	3:14.44 42.68	350m:	4:34.23 36.26	
	100m:	1:11.89 39.00	200m:	2:31.76 39.06	300m:	3:57.97 43.53	400m:	5:08.98 34.75	
6.	SIWKO Natalia		17	KU AZS UMCS Lublin				5:11.92	572
	50m:	33.20 33.20	150m:	1:50.78 39.53	250m:	3:15.29 46.22	350m:	4:38.12 35.92	
	100m:	1:11.25 38.05	200m:	2:29.07 38.29	300m:	4:02.20 46.91	400m:	5:11.92 33.80	

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Lublin, 22. - 23.9.2021

Konkurencja 17, Kobiet, 400m zmienny, OPEN

Pozycja			Wiek							Czas	Pkt.
7.	DRAGAN Julia		17	KS „OLIMPIA” Lublin						5:11.93	572
	50m:	33.70 33.70	150m:	1:54.61	41.90	250m:	3:18.65	43.52	350m:	4:37.61	35.37
	100m:	1:12.71 39.01	200m:	2:35.13	40.52	300m:	4:02.24	43.59	400m:	5:11.93	34.32
8.	WARCHAŁOWSKA Paulina		16	KU AZS UMCS Lublin						5:17.07	544
	50m:	33.36 33.36	150m:	1:51.86	41.07	250m:	3:19.47	47.21	350m:	4:42.51	36.40
	100m:	1:10.79 37.43	200m:	2:32.26	40.40	300m:	4:06.11	46.64	400m:	5:17.07	34.56
9.	WYSOCKA Amelia		14	UKP Fala Kra nik						5:19.30	533
	50m:	33.35 33.35	150m:	1:54.61	42.74	250m:	3:21.36	45.53	350m:	4:44.45	37.13
	100m:	1:11.87 38.52	200m:	2:35.83	41.22	300m:	4:07.32	45.96	400m:	5:19.30	34.85
10.	K DZIOR Pola		14	KS „OLIMPIA” Lublin						5:21.26	523
	50m:	35.13 35.13	150m:	1:56.33	42.04	250m:	3:23.12	45.27	350m:	4:45.88	37.54
	100m:	1:14.29 39.16	200m:	2:37.85	41.52	300m:	4:08.34	45.22	400m:	5:21.26	35.38
11.	WI NIEWSKA Aleksandra		17	KU AZS UMCS Lublin						5:21.54	522
	50m:	33.21 33.21	150m:	1:54.29	41.45	250m:	3:20.45	46.62	350m:	4:44.61	37.52
	100m:	1:12.84 39.63	200m:	2:33.83	39.54	300m:	4:07.09	46.64	400m:	5:21.54	36.93
12.	GAWEŁKO Zuzanna		15	KS Wisła Puławy						5:24.67	507
	50m:	35.00 35.00	150m:	1:57.23	42.12	250m:	3:24.75	45.77	350m:	4:48.53	38.15
	100m:	1:15.11 40.11	200m:	2:38.98	41.75	300m:	4:10.38	45.63	400m:	5:24.67	36.14
13.	KOZAK Katarzyna		17	KU AZS UMCS Lublin						5:26.11	500
	50m:	34.06 34.06	150m:	1:55.19	41.66	250m:	3:21.69	46.76	350m:	4:48.98	39.76
	100m:	1:13.53 39.47	200m:	2:34.93	39.74	300m:	4:09.22	47.53	400m:	5:26.11	37.13
14.	KARWOWSKA Wiktoria		17	KU AZS UMCS Lublin						5:27.64	493
	50m:	33.96 33.96	150m:	1:55.64	41.72	250m:	3:24.25	48.81	350m:	4:51.62	38.28
	100m:	1:13.92 39.96	200m:	2:35.44	39.80	300m:	4:13.34	49.09	400m:	5:27.64	36.02
15.	YDEK Kinga		16	KU AZS UMCS Lublin						5:29.63	484
	50m:	37.10 37.10	150m:	2:06.34	43.35	250m:	3:31.68	42.99	350m:	4:53.28	38.70
	100m:	1:22.99 45.89	200m:	2:48.69	42.35	300m:	4:14.58	42.90	400m:	5:29.63	36.35
16.	CIURSKA Gabriela		15	KU AZS UMCS Lublin						5:35.76	458
	50m:	35.65 35.65	150m:	2:00.43	42.54	250m:	3:30.79	50.46	350m:	4:59.86	39.09
	100m:	1:17.89 42.24	200m:	2:40.33	39.90	300m:	4:20.77	49.98	400m:	5:35.76	35.90
17.	DANILEWICZ Julia		14	KS „OLIMPIA” Lublin						5:36.43	455
	50m:	34.27 34.27	150m:	1:58.31	43.25	250m:	3:28.77	49.07	350m:	4:58.57	41.02
	100m:	1:15.06 40.79	200m:	2:39.70	41.39	300m:	4:17.55	48.78	400m:	5:36.43	37.86
18.	ZIELI SKA Maja		14	MTP „Lublinianka”						5:40.73	438
	50m:	34.60 34.60	150m:	2:04.57	47.86	250m:	3:36.48	45.63	350m:	5:02.37	40.40
	100m:	1:16.71 42.11	200m:	2:50.85	46.28	300m:	4:21.97	45.49	400m:	5:40.73	38.36
19.	WRÓBLEWSKA Kaja		14	Swim Team Lubartów						5:49.18	407
	50m:	36.57 36.57	150m:	2:05.44	45.35	250m:			350m:		
	100m:	1:20.09 43.52	200m:	2:48.76	43.32	300m:			400m:	5:49.18	
20.	ADAMOWSKA Nadia		14	Uks Skarpa Lublin						5:52.44	396
	50m:	35.79 35.79	150m:	2:04.93	43.96	250m:	3:37.26	51.42	350m:	5:13.16	41.98
	100m:	1:20.97 45.18	200m:	2:45.84	40.91	300m:	4:31.18	53.92	400m:	5:52.44	39.28
21.	PANASIUK Natalia		16	KS „OLIMPIA” Lublin						5:57.02	381
	50m:	37.86 37.86	150m:	2:07.39	45.44	250m:	3:44.93	53.10	350m:	5:18.93	40.57
	100m:	1:21.95 44.09	200m:	2:51.83	44.44	300m:	4:38.36	53.43	400m:	5:57.02	38.09
22.	WO AKOWSKA Zofia		14	MTP „Lublinianka”						6:08.98	345
	50m:	43.62 43.62	150m:	2:23.37	46.59	250m:	3:56.94	48.89	350m:	5:27.91	41.09
	100m:	1:36.78 53.16	200m:	3:08.05	44.68	300m:	4:46.82	49.88	400m:	6:08.98	41.07
23.	BRZYSZKO Paula		14	Uks Skarpa Lublin						6:30.76	290
	50m:	37.89 37.89	150m:	2:19.41	55.61	250m:	4:08.02	52.85	350m:	5:46.59	46.76
	100m:	1:23.80 45.91	200m:	3:15.17	55.76	300m:	4:59.83	51.81	400m:	6:30.76	44.17