

2021 Zimowe Mistrzostwa Polski Juniorów 15 lat  
Lublin, 10. - 12.12.2021

## Konkurencja 12

10.12.2021 - 18:29

## Chłopców, 400m zmienny

15 lat

Wyniki Finał

Rekord Polski Juniorów 15 lat 4:23.69 KAŁUSOWSKI Jan 00905 Lublin 18.12.2015

Punkty: FINA 2021

Pozycja			Wiek							Czas	Pkt.	
<b>Finał A</b>												
1.	POPIEL Mikołaj		15	Sekcja Pływacka Meduza Paj czno						<b>4:23.43</b>	708	
<i>Rekord Polski Juniorów 15 lat</i>												
	50m:	28.05	28.05	150m:	1:35.23	34.65	250m:	2:45.12	36.75	350m:	3:54.62	31.46
	100m:	1:00.58	32.53	200m:	2:08.37	33.14	300m:	3:23.16	38.04	400m:	4:23.43	28.81
2.	LARY Jerzy		15	IUKS „Muszelka” Warszawa						<b>4:25.13</b>	694	
	50m:	28.59	28.59	150m:	1:34.38	33.83	250m:	2:45.86	38.12	350m:	3:55.62	30.63
	100m:	1:00.55	31.96	200m:	2:07.74	33.36	300m:	3:24.99	39.13	400m:	4:25.13	29.51
3.	KAPAŁA Bartosz		15	MTP Kormoran Olsztyn						<b>4:32.62</b>	638	
	50m:	29.85	29.85	150m:	1:38.38	34.75	250m:	2:50.93	39.45	350m:	4:02.53	31.66
	100m:	1:03.63	33.78	200m:	2:11.48	33.10	300m:	3:30.87	39.94	400m:	4:32.62	30.09
4.	R YSKI Michał		15	MTP Kormoran Olsztyn						<b>4:35.20</b>	621	
	50m:	29.59	29.59	150m:	1:40.29	36.76	250m:	2:53.67	37.67	350m:	4:03.77	32.13
	100m:	1:03.53	33.94	200m:	2:16.00	35.71	300m:	3:31.64	37.97	400m:	4:35.20	31.43
5.	JARZ B Tymoteusz		15	UKS "Feniks" D bica						<b>4:39.55</b>	592	
	50m:	29.61	29.61	150m:	1:39.44	34.90	250m:	2:53.63	40.16	350m:	4:07.52	32.93
	100m:	1:04.54	34.93	200m:	2:13.47	34.03	300m:	3:34.59	40.96	400m:	4:39.55	32.03
6.	CHOLEWA Wojciech		15	UKS "Feniks" D bica						<b>4:42.05</b>	576	
	50m:	29.75	29.75	150m:	1:40.83	36.68	250m:	2:56.98	39.99	350m:	4:10.42	32.46
	100m:	1:04.15	34.40	200m:	2:16.99	36.16	300m:	3:37.96	40.98	400m:	4:42.05	31.63
7.	PORWIK Kacper		15	UKP Unia O wi cim						<b>4:45.13</b>	558	
	50m:	29.79	29.79	150m:	1:41.83	36.39	250m:	2:57.58	39.39	350m:	4:12.01	34.40
	100m:	1:05.44	35.65	200m:	2:18.19	36.36	300m:	3:37.61	40.03	400m:	4:45.13	33.12
8.	TOPOLNICKI Maksymilian		15	UKS MOS w Opolu						<b>4:45.19</b>	558	
	50m:	30.86	30.86	150m:	1:42.52	36.40	250m:	2:59.33	40.36	350m:	4:14.07	33.33
	100m:	1:06.12	35.26	200m:	2:18.97	36.45	300m:	3:40.74	41.41	400m:	4:45.19	31.12
9.	HANDZLIK Mateusz		15	Mokotowski UKP Warszawianka- Wodny						<b>4:47.60</b>	544	
	50m:	30.12	30.12	150m:	1:43.24	37.98	250m:	3:00.42	40.28	350m:	4:15.26	33.73
	100m:	1:05.26	35.14	200m:	2:20.14	36.90	300m:	3:41.53	41.11	400m:	4:47.60	32.34
10.	WISTAK Miłosz		15	UKS "Feniks" D bica						<b>4:53.82</b>	510	
	50m:	30.58	30.58	150m:	1:45.43	39.10	250m:	3:06.94	42.42	350m:	4:21.34	32.09
	100m:	1:06.33	35.75	200m:	2:24.52	39.09	300m:	3:49.25	42.31	400m:	4:53.82	32.48
<b>Finał B</b>												
11.	URBA SKI Maciej		15	Mokotowski UKP Warszawianka- Wodny						<b>4:52.03</b>	519	
	50m:	29.77	29.77	150m:	1:44.28	38.84	250m:	3:03.61	41.65	350m:	4:21.42	34.17
	100m:	1:05.44	35.67	200m:	2:21.96	37.68	300m:	3:47.25	43.64	400m:	4:52.03	30.61
12.	GORZE Norbert		15	Uks Cityzen						<b>4:52.37</b>	518	
	50m:	30.39	30.39	150m:	1:45.01	38.22	250m:	3:05.68	43.08	350m:	4:21.46	31.88
	100m:	1:06.79	36.40	200m:	2:22.60	37.59	300m:	3:49.58	43.90	400m:	4:52.37	30.91
13.	WÓJCIK Szczepan		15	UKS „FREGATA” Kolbuszowa						<b>4:56.00</b>	499	
	50m:	32.41	32.41	150m:	1:47.49	39.01	250m:	3:06.30	41.01	350m:	4:23.74	35.37
	100m:	1:08.48	36.07	200m:	2:25.29	37.80	300m:	3:48.37	42.07	400m:	4:56.00	32.26
14.	JABŁO SKI Kacper		15	Sejwal Rypin						<b>4:56.21</b>	498	
	50m:	30.17	30.17	150m:	1:44.64	39.34	250m:	3:06.33	43.19	350m:	4:24.31	33.21
	100m:	1:05.30	35.13	200m:	2:23.14	38.50	300m:	3:51.10	44.77	400m:	4:56.21	31.90
15.	NOSAL Łukasz		15	Mokotowski UKP Warszawianka- Wodny						<b>4:57.77</b>	490	
	50m:	30.70	30.70	150m:	1:45.62	38.80	250m:	3:06.10	42.29	350m:	4:24.53	34.60
	100m:	1:06.82	36.12	200m:	2:23.81	38.19	300m:	3:49.93	43.83	400m:	4:57.77	33.24

2021 Zimowe Mistrzostwa Polski Juniorów 15 lat  
Lublin, 10. - 12.12.2021

## Konkurencja 12, Chłopców, 400m zmienny, Finał, 15 lat

Pozycja			Wiek				Czas				Pkt.	
16.	KOWALEWSKI Mateusz		15				MKS Jedyńka Łód				<b>4:58.97</b>	484
	50m:	30.48 30.48	150m:	1:44.66	39.44	250m:	3:05.27	42.09	350m:	4:24.26	36.50	
	100m:	1:05.22 34.74	200m:	2:23.18	38.52	300m:	3:47.76	42.49	400m:	4:58.97	34.71	
17.	WRONA Maciej		15				Mokotowski UKP Warszawianka- Wodny				<b>5:01.45</b>	472
	50m:	32.81 32.81	150m:	1:50.66	39.65	250m:	3:10.73	41.55	350m:	4:27.48	34.60	
	100m:	1:11.01 38.20	200m:	2:29.18	38.52	300m:	3:52.88	42.15	400m:	5:01.45	33.97	
18.	MAZIARZ Mateusz		15				UKS G-8 Bielany Warszawa				<b>5:02.24</b>	468
	50m:	31.29 31.29	150m:	1:48.23	39.69	250m:	3:10.56	43.71	350m:	4:29.59	35.26	
	100m:	1:08.54 37.25	200m:	2:26.85	38.62	300m:	3:54.33	43.77	400m:	5:02.24	32.65	
19.	SKOWRON Hubert		15				KS JUST SWIM Jelenia Góra				<b>5:13.57</b>	419
	50m:	31.60 31.60	150m:	1:51.32	41.22	250m:	3:15.79	44.07	350m:	4:38.68	36.90	
	100m:	1:10.10 38.50	200m:	2:31.72	40.40	300m:	4:01.78	45.99	400m:	5:13.57	34.89	