

2021 Zimowe Mistrzostwa Polski Juniorów 15 lat
Lublin, 10. - 12.12.2021

Konkurencja 19
11.12.2021 - 9:33

Dziewcz t, 400m dowolny

15 lat
Wyniki Eliminacje

Rekord Polski Juniorów 15 lat 4:08.60 GU Wiktoria 01705 Pozna 23.11.2019

Punkt: FINA 2021

Pozycja			Wiek				Czas	Pkt.	
1.	CZUBAK Maria		15	IKS Konstancin		4:23.52	699	A	
	50m:	29.47 29.47	150m:	1:35.95 33.57	250m:	2:43.10 33.29	350m:	3:50.91 33.81	
	100m:	1:02.38 32.91	200m:	2:09.81 33.86	300m:	3:17.10 34.00	400m:	4:23.52 32.61	
2.	MIŁEK Alicja		15	MKS Jedyńka Łód		4:23.96	695	A	
	50m:	28.99 28.99	150m:	1:34.83 33.60	250m:	2:42.45 33.65	350m:	3:50.49 34.22	
	100m:	1:01.23 32.24	200m:	2:08.80 33.97	300m:	3:16.27 33.82	400m:	4:23.96 33.47	
3.	MACIAK Julia		15	IUKS „Muszelka” Warszawa		4:27.52	668	A	
	50m:	30.41 30.41	150m:	1:38.25 34.20	250m:	2:46.67 34.38	350m:	3:54.96 34.01	
	100m:	1:04.05 33.64	200m:	2:12.29 34.04	300m:	3:20.95 34.28	400m:	4:27.52 32.56	
4.	LECHOWSKA Magdalena		15	WKS I sk		4:27.63	667	A	
	50m:	30.32 30.32	150m:	1:37.01 33.53	250m:	2:45.05 34.02	350m:	3:54.43 34.80	
	100m:	1:03.48 33.16	200m:	2:11.03 34.02	300m:	3:19.63 34.58	400m:	4:27.63 33.20	
5.	RUDOMINA Agnieszka		15	UKS abianka Gda sk		4:27.77	666	A	
	50m:	30.31 30.31	150m:	1:37.66 34.03	250m:	2:46.52 34.58	350m:	3:55.47 34.43	
	100m:	1:03.63 33.32	200m:	2:11.94 34.28	300m:	3:21.04 34.52	400m:	4:27.77 32.30	
6.	WILK Anna		15	UKP Fala Kra nik		4:28.19	663	A	
	50m:	30.55 30.55	150m:	1:37.61 33.52	250m:	2:45.59 33.98	350m:	3:54.69 34.69	
	100m:	1:04.09 33.54	200m:	2:11.61 34.00	300m:	3:20.00 34.41	400m:	4:28.19 33.50	
7.	GORCZYCA Gabriela		15	UKS SMS Galicja Kraków		4:29.31	655	A	
	50m:	30.73 30.73	150m:	1:39.15 34.35	250m:	2:48.39 34.60	350m:	3:56.60 34.00	
	100m:	1:04.80 34.07	200m:	2:13.79 34.64	300m:	3:22.60 34.21	400m:	4:29.31 32.71	
8.	WALCZAK Barbara		15	UKS G-8 Bielany Warszawa		4:29.38	654	A	
	50m:	30.03 30.03	150m:	1:37.15 34.06	250m:	2:45.93 34.53	350m:	3:56.45 35.23	
	100m:	1:03.09 33.06	200m:	2:11.40 34.25	300m:	3:21.22 35.29	400m:	4:29.38 32.93	
9.	KUSION Judyta		15	UKP Unia O wi cim		4:30.58	646	A	
	50m:	31.31 31.31	150m:	1:38.85 34.03	250m:	2:47.54 34.39	350m:	3:57.30 34.81	
	100m:	1:04.82 33.51	200m:	2:13.15 34.30	300m:	3:22.49 34.95	400m:	4:30.58 33.28	
10.	ADAMCZYK Karolina		15	Mokotowski UKP Warszawianka- Wodny		4:33.08	628	A	
	50m:	30.86 30.86	150m:	1:39.70 34.68	250m:	2:48.93 34.56	350m:	3:59.03 35.14	
	100m:	1:05.02 34.16	200m:	2:14.37 34.67	300m:	3:23.89 34.96	400m:	4:33.08 34.05	
11.	ŁAZARZ Milena		15	UKP Unia O wi cim		4:34.67	617	B	
	50m:	30.85 30.85	150m:	1:39.58 34.65	250m:	2:49.74 34.74	350m:	4:00.34 35.18	
	100m:	1:04.93 34.08	200m:	2:15.00 35.42	300m:	3:25.16 35.42	400m:	4:34.67 34.33	
12.	WIDNICKA Kamila		15	MKS Juwenia Wrocław		4:37.67	597	B	
	50m:	31.03 31.03	150m:	1:40.51 35.35	250m:	2:52.12 35.80	350m:	4:03.38 35.46	
	100m:	1:05.16 34.13	200m:	2:16.32 35.81	300m:	3:27.92 35.80	400m:	4:37.67 34.29	
13.	NIKIEL Natalia		15	MKS Park Wodny Tarnowskie Góry		4:37.79	597	B	
	50m:	31.71 31.71	150m:	1:41.40 35.26	250m:	2:51.97 35.21	350m:	4:02.45 35.12	
	100m:	1:06.14 34.43	200m:	2:16.76 35.36	300m:	3:27.33 35.36	400m:	4:37.79 35.34	
14.	TRACZYK Anna		15	MKS Juwenia Wrocław		4:38.09	595	B	
	50m:	30.67 30.67	150m:	1:38.88 34.68	250m:	2:50.34 36.14	350m:	4:03.09 36.45	
	100m:	1:04.20 33.53	200m:	2:14.20 35.32	300m:	3:26.64 36.30	400m:	4:38.09 35.00	
15.	HUBERT Julia		15	MKP Szczecin		4:38.25	594	B	
	50m:	31.82 31.82	150m:	1:41.92 35.50	250m:	2:52.79 35.55	350m:	4:03.99 35.75	
	100m:	1:06.42 34.60	200m:	2:17.24 35.32	300m:	3:28.24 35.45	400m:	4:38.25 34.26	
16.	GAWEŁKO Zuzanna		15	KS „Wisła” Puławy		4:39.68	585	B	
	50m:	31.81 31.81	150m:	1:41.49 35.22	250m:	2:52.88 35.69	350m:	4:04.65 35.95	
	100m:	1:06.27 34.46	200m:	2:17.19 35.70	300m:	3:28.70 35.82	400m:	4:39.68 35.03	

2021 Zimowe Mistrzostwa Polski Juniorów 15 lat
Lublin, 10. - 12.12.2021

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Wiek				Czas	Pkt.	
17.	SZACHMYTOWSKA Lena		15	MTS Kwidzyn		4:41.76	572	B	
	50m:	31.26 31.26	150m:	1:41.01 35.39	250m:	2:53.59 36.23	350m:	4:06.28 36.49	
	100m:	1:05.62 34.36	200m:	2:17.36 36.35	300m:	3:29.79 36.20	400m:	4:41.76 35.48	
18.	SKROBISZ Urszula		15	UKS „Ósemka" Starogard Gda ski		4:43.85	559	B	
	50m:	32.24 32.24	150m:	1:44.03 36.38	250m:	2:57.12 36.62	350m:	4:09.77 36.20	
	100m:	1:07.65 35.41	200m:	2:20.50 36.47	300m:	3:33.57 36.45	400m:	4:43.85 34.08	
19.	BADURA Natalia		15	UKP Unia O wi cim		4:44.08	558	B	
	50m:	32.62 32.62	150m:	1:44.59 36.00	250m:	2:56.68 35.84	350m:	4:09.06 36.35	
	100m:	1:08.59 35.97	200m:	2:20.84 36.25	300m:	3:32.71 36.03	400m:	4:44.08 35.02	
20.	R P Apolonia		15	Mokotowski UKP Warszawianka- Wodny		4:44.17	557	B	
	50m:	30.71 30.71	150m:	1:40.01 35.01	250m:	2:52.29 36.47	350m:	4:07.47 37.62	
	100m:	1:05.00 34.29	200m:	2:15.82 35.81	300m:	3:29.85 37.56	400m:	4:44.17 36.70	
21.	SZABRA SKA Oliwia		15	UKS „GIM 92 Ursynów"		4:44.24	557	R	
	50m:	32.38 32.38	150m:	1:42.49 35.33	250m:	2:54.96 36.48	350m:	4:08.23 36.94	
	100m:	1:07.16 34.78	200m:	2:18.48 35.99	300m:	3:31.29 36.33	400m:	4:44.24 36.01	
22.	WISZNIEWSKA Zuzanna		15	UKP „Polonia Warszawa"		4:44.31	556	R	
	50m:	31.89 31.89	150m:	1:43.70 36.31	250m:	2:57.10 36.65	350m:	4:09.87 36.36	
	100m:	1:07.39 35.50	200m:	2:20.45 36.75	300m:	3:33.51 36.41	400m:	4:44.31 34.44	
23.	CIURSKA Gabriela		15	KU AZS UMCS Lublin		4:46.01	547		
	50m:	31.58 31.58	150m:	1:40.68 35.26	250m:	2:54.45 37.56	350m:	4:10.60 37.91	
	100m:	1:05.42 33.84	200m:	2:16.89 36.21	300m:	3:32.69 38.24	400m:	4:46.01 35.41	
24.	CHMIELEWSKA Aleksandra		15	Mi dzyszkołny UKS „Olimpijczyk" Suwałki		4:46.02	547		
	50m:	32.59 32.59	150m:	1:43.58 35.73	250m:	2:55.50 35.86	350m:	4:09.34 37.62	
	100m:	1:07.85 35.26	200m:	2:19.64 36.06	300m:	3:31.72 36.22	400m:	4:46.02 36.68	
25.	SZAFRA SKA Malwina		15	KS KSZO Ostrowiec w.		4:47.22	540		
	50m:	31.52 31.52	150m:	1:43.29 36.60	250m:	2:57.60 37.26	350m:	4:12.18 37.35	
	100m:	1:06.69 35.17	200m:	2:20.34 37.05	300m:	3:34.83 37.23	400m:	4:47.22 35.04	
26.	CELI SKA Małgorzata		15	KS KSZO Ostrowiec w.		4:47.33	539		
	50m:	31.67 31.67	150m:	1:43.71 36.30	250m:	2:57.07 36.77	350m:	4:12.37 37.62	
	100m:	1:07.41 35.74	200m:	2:20.30 36.59	300m:	3:34.75 37.68	400m:	4:47.33 34.96	
27.	MACURA Kinga		15	UKP Unia O wi cim		4:47.80	536		
	50m:	33.03 33.03	150m:	1:45.67 36.42	250m:	2:58.34 35.84	350m:	4:11.97 37.24	
	100m:	1:09.25 36.22	200m:	2:22.50 36.83	300m:	3:34.73 36.39	400m:	4:47.80 35.83	
28.	SZWABI KA Alicja		15	UKP „TORPEDA" Ole nica		4:48.21	534		
	50m:	31.83 31.83	150m:	1:42.93 35.94	250m:	2:56.42 37.26	350m:	4:11.89 37.54	
	100m:	1:06.99 35.16	200m:	2:19.16 36.23	300m:	3:34.35 37.93	400m:	4:48.21 36.32	
29.	BAŁDYGA Kamila		15	MTP Kormoran Olsztyn		4:50.07	524		
	50m:	32.60 32.60	150m:	1:44.79 36.51	250m:	2:58.81 37.05	350m:	4:13.49 37.40	
	100m:	1:08.28 35.68	200m:	2:21.76 36.97	300m:	3:36.09 37.28	400m:	4:50.07 36.58	
30.	ŁADZIAK Nadia		15	MKP Szczecin		4:52.04	513		
	50m:	32.73 32.73	150m:	1:46.39 37.05	250m:	3:00.42 37.20	350m:	4:15.32 37.57	
	100m:	1:09.34 36.61	200m:	2:23.22 36.83	300m:	3:37.75 37.33	400m:	4:52.04 36.72	
31.	FURMA SKA Julia		15	UKS Nawa Skierniewice		4:52.16	513		
	50m:	33.18 33.18	150m:	1:46.27 36.80	250m:	3:00.77 37.34	350m:	4:15.74 37.45	
	100m:	1:09.47 36.29	200m:	2:23.43 37.16	300m:	3:38.29 37.52	400m:	4:52.16 36.42	
32.	NOWALI SKA Julia		15	KS JUST SWIM Jelenia Góra		4:53.32	507		
	50m:	31.32 31.32	150m:	1:43.57 36.64	250m:	2:59.25 38.31	350m:	4:15.92 38.17	
	100m:	1:06.93 35.61	200m:	2:20.94 37.37	300m:	3:37.75 38.50	400m:	4:53.32 37.40	
33.	GAWLIK Jagoda		15	KS „Górnik" Sosnowiec		4:54.77	499		
	50m:	32.85 32.85	150m:	1:44.85 36.61	250m:	3:00.51 38.04	350m:	4:17.02 38.37	
	100m:	1:08.24 35.39	200m:	2:22.47 37.62	300m:	3:38.65 38.14	400m:	4:54.77 37.75	

2021 Zimowe Mistrzostwa Polski Juniorów 15 lat
Lublin, 10. - 12.12.2021

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja					Wiek					Czas	Pkt.	
34.	MOCZYŁO Kaja				15	UKS „Jedynka” SP SOLEX				4:56.82	489	
	50m:	32.40	32.40	150m:	1:47.05	38.05	250m:	3:02.82	37.91	350m:	4:20.51	38.75
	100m:	1:09.00	36.60	200m:	2:24.91	37.86	300m:	3:41.76	38.94	400m:	4:56.82	36.31
35.	PODPORA Marta				15	UKP „Polonia Warszawa”				4:58.65	480	
	50m:	33.47	33.47	150m:	1:48.72	37.96	250m:	3:04.24	37.51	350m:	4:21.30	38.80
	100m:	1:10.76	37.29	200m:	2:26.73	38.01	300m:	3:42.50	38.26	400m:	4:58.65	37.35
36.	WOJTOWICZ Małgorzata				15	MTKP Delfin Toru				5:01.14	468	
	50m:	33.81	33.81	150m:	1:49.34	38.31	250m:	3:06.03	38.67	350m:	4:23.78	38.50
	100m:	1:11.03	37.22	200m:	2:27.36	38.02	300m:	3:45.28	39.25	400m:	5:01.14	37.36
37.	SZCZUDŁO Alicja				15	SWIMLAND Olsztyn				5:06.90	442	
	50m:	33.46	33.46	150m:	1:49.69	38.85	250m:	3:08.47	39.34	350m:	4:28.32	39.93
	100m:	1:10.84	37.38	200m:	2:29.13	39.44	300m:	3:48.39	39.92	400m:	5:06.90	38.58
38.	KOT Zuzanna				15	UKS H2O Warszawa				5:07.72	439	
	50m:	34.58	34.58	150m:	1:51.73	38.74	250m:	3:10.89	39.51	350m:	4:30.23	39.35
	100m:	1:12.99	38.41	200m:	2:31.38	39.65	300m:	3:50.88	39.99	400m:	5:07.72	37.49
39.	KARWACKA Kinga				15	UKS Aquatica Pawłowice				5:07.73	439	
	50m:	33.85	33.85	150m:	1:50.35	38.53	250m:	3:09.57	39.75	350m:	4:29.41	39.99
	100m:	1:11.82	37.97	200m:	2:29.82	39.47	300m:	3:49.42	39.85	400m:	5:07.73	38.32
40.	MAGDA Honorata				15	KS Delfin Gdynia				5:09.94	429	
	50m:	32.80	32.80	150m:	1:48.54	38.99	250m:	3:08.60	40.04	350m:	4:30.87	41.23
	100m:	1:09.55	36.75	200m:	2:28.56	40.02	300m:	3:49.64	41.04	400m:	5:09.94	39.07
41.	ODWA NA Aleksandra				15	MTKP Delfin Toru				5:10.32	428	
	50m:	34.94	34.94	150m:	1:51.23	38.46	250m:	3:10.50	39.75	350m:	4:30.89	40.37
	100m:	1:12.77	37.83	200m:	2:30.75	39.52	300m:	3:50.52	40.02	400m:	5:10.32	39.43