

2022 Memoriał Henryka Kosakowskiego
Lublin, 12.2.2022

Konkurencja 5 Kobiet, 400m dowolny 12 lat i starsi
12.02.2022 - 9:53 Wyniki

Rekord LOZP 4:18.01 BARZYCKA Paulina 01403 Ostrowiec Sw. 05.04.2008

Punkty: FINA 2021

Pozycja			Wiek					Czas	Pkt.
MŁODZIK									
1.	MAZUREK Dagmara		13	UKS Olimpijczyk 23			5:07.29	455	
	50m: 34.02 34.02	150m: 1:50.79		38.96	250m: 3:10.72	40.12	350m: 4:30.91	39.97	
	100m: 1:11.83 37.81	200m: 2:30.60		39.81	300m: 3:50.94	40.22	400m: 5:07.29	36.38	
2.	SUROWIEC Emilia		12	UKP Fala Kra nik			5:32.50	359	
	50m: 36.88 36.88	150m: 2:03.35		43.76	250m: 3:27.76	41.71	350m: 4:51.86	41.54	
	100m: 1:19.59 42.71	200m: 2:46.05		42.70	300m: 4:10.32	42.56	400m: 5:32.50	40.64	
3.	ZAŁUSKA Marlena		12	UKS „ORKA” Zamo			6:39.84	206	
	50m: 41.41 41.41	150m: 2:21.90		51.80	250m: 4:05.56	51.89	350m: 5:49.36	52.33	
	100m: 1:30.10 48.69	200m: 3:13.67		51.77	300m: 4:57.03	51.47	400m: 6:39.84	50.48	

JUNIOR

1.	KOWALSKA Klara		17	KU AZS UMCS Lublin			4:30.85	665	
	50m: 31.15 31.15	150m: 1:39.50		34.56	250m: 2:48.06	34.12	350m: 3:57.39	34.76	
	100m: 1:04.94 33.79	200m: 2:13.94		34.44	300m: 3:22.63	34.57	400m: 4:30.85	33.46	
2.	SIWKO Natalia		18	KU AZS UMCS Lublin			4:37.78	616	
	50m: 31.91 31.91	150m: 1:41.59		34.94	250m: 2:51.88	35.07	350m: 4:03.04	35.62	
	100m: 1:06.65 34.74	200m: 2:16.81		35.22	300m: 3:27.42	35.54	400m: 4:37.78	34.74	
3.	KOWALSKA Zuzanna		17	KU AZS UMCS Lublin			4:45.70	566	
	50m: 32.52 32.52	150m: 1:44.25		36.54	250m: 2:57.52	36.75	350m: 4:10.34	36.37	
	100m: 1:07.71 35.19	200m: 2:20.77		36.52	300m: 3:33.97	36.45	400m: 4:45.70	35.36	
4.	GAWEŁKO Zuzanna		16	KS „Wisła” Puławy			4:47.71	555	
	50m: 32.16 32.16	150m: 1:44.51		36.75	250m: 2:58.04	37.25	350m: 4:12.39	37.04	
	100m: 1:07.76 35.60	200m: 2:20.79		36.28	300m: 3:35.35	37.31	400m: 4:47.71	35.32	
5.	KARWOWSKA Wiktoria		18	KU AZS UMCS Lublin			4:49.53	544	
	50m: 32.71 32.71	150m: 1:43.98		36.17	250m: 2:58.27	37.64	350m: 4:12.58	36.83	
	100m: 1:07.81 35.10	200m: 2:20.63		36.65	300m: 3:35.75	37.48	400m: 4:49.53	36.95	
6.	WARCHAŁOWSKA Paulina		17	KU AZS UMCS Lublin			4:50.51	539	
	50m: 33.48 33.48	150m: 1:46.20		36.90	250m: 2:59.64	36.75	350m: 4:14.53	37.80	
	100m: 1:09.30 35.82	200m: 2:22.89		36.69	300m: 3:36.73	37.09	400m: 4:50.51	35.98	
7.	K DZIOR Pola		15	UKS SP5 Swim			4:52.40	528	
	50m: 33.94 33.94	150m: 1:46.88		36.95	250m: 3:01.28	37.62	350m: 4:16.80	38.02	
	100m: 1:09.93 35.99	200m: 2:23.66		36.78	300m: 3:38.78	37.50	400m: 4:52.40	35.60	
8.	MALINO Julia		18	UKS „ORKA” Zamo			4:53.81	521	
	50m: 32.99 32.99	150m: 1:45.73		37.28	250m: 3:01.42	38.17	350m: 4:17.16	37.71	
	100m: 1:08.45 35.46	200m: 2:23.25		37.52	300m: 3:39.45	38.03	400m: 4:53.81	36.65	
9.	CICH Kinga		15	RWKS Sparta Biłgoraj			4:59.37	492	
	50m: 33.69 33.69	150m: 1:49.10		38.07	250m: 3:04.83	37.86	350m: 4:21.85	38.16	
	100m: 1:11.03 37.34	200m: 2:26.97		37.87	300m: 3:43.69	38.86	400m: 4:59.37	37.52	
10.	BATYRA Julia		14	Uks Skarpa Lublin			5:09.02	448	
	50m: 34.74 34.74	150m: 1:52.39		39.52	250m: 3:12.20	40.09	350m: 4:31.16	39.50	
	100m: 1:12.87 38.13	200m: 2:32.11		39.72	300m: 3:51.66	39.46	400m: 5:09.02	37.86	
11.	KOŁODZIEJCZYK Maja		15	UKS Swim Team Wilanów			5:19.13	406	
	50m: 34.18 34.18	150m: 1:55.14		41.66	250m: 3:18.96	42.31	350m: 4:41.01	40.14	
	100m: 1:13.48 39.30	200m: 2:36.65		41.51	300m: 4:00.87	41.91	400m: 5:19.13	38.12	

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Konkurencja 5, Kobiet, 400m dowolny, JUNIOR

Pozycja			Wiek					Czas	Pkt.			
12.	ROCZON	Jagoda	15	UKS 51	Lublin			5:31.11	364			
	50m:	36.11	36.11	150m:	1:55.96	40.82	250m:	3:21.02	43.17	350m:	4:48.40	43.83
	100m:	1:15.14	39.03	200m:	2:37.85	41.89	300m:	4:04.57	43.55	400m:	5:31.11	42.71
13.	MITRUS	Karolina	16	MTP „Lublinianka”				5:37.94	342			
	50m:	35.87	35.87	150m:	2:01.33	44.37	250m:	3:29.61	44.39	350m:	4:57.06	42.69
	100m:	1:16.96	41.09	200m:	2:45.22	43.89	300m:	4:14.37	44.76	400m:	5:37.94	40.88

OPEN

1.	KOWALSKA	Klara	17	KU AZS UMCS	Lublin			4:30.85	665			
	50m:	31.15	31.15	150m:	1:39.50	34.56	250m:	2:48.06	34.12	350m:	3:57.39	34.76
	100m:	1:04.94	33.79	200m:	2:13.94	34.44	300m:	3:22.63	34.57	400m:	4:30.85	33.46
2.	DOMORADZKA	Aleksandra	19	KU AZS UMCS	Lublin			4:32.55	653			
	50m:	31.49	31.49	150m:	1:41.05	35.08	250m:	2:50.17	34.82	350m:	3:59.11	34.47
	100m:	1:05.97	34.48	200m:	2:15.35	34.30	300m:	3:24.64	34.47	400m:	4:32.55	33.44
3.	SIWKO	Natalia	18	KU AZS UMCS	Lublin			4:37.78	616			
	50m:	31.91	31.91	150m:	1:41.59	34.94	250m:	2:51.88	35.07	350m:	4:03.04	35.62
	100m:	1:06.65	34.74	200m:	2:16.81	35.22	300m:	3:27.42	35.54	400m:	4:37.78	34.74
4.	CIOCH-GRADZIK	Wiktoria	19	KU AZS UMCS	Lublin			4:40.32	600			
	50m:	32.10	32.10	150m:	1:42.10	35.20	250m:	2:53.42	35.64	350m:	4:05.07	35.68
	100m:	1:06.90	34.80	200m:	2:17.78	35.68	300m:	3:29.39	35.97	400m:	4:40.32	35.25
5.	KOWALSKA	Zuzanna	17	KU AZS UMCS	Lublin			4:45.70	566			
	50m:	32.52	32.52	150m:	1:44.25	36.54	250m:	2:57.52	36.75	350m:	4:10.34	36.37
	100m:	1:07.71	35.19	200m:	2:20.77	36.52	300m:	3:33.97	36.45	400m:	4:45.70	35.36
6.	GAWĘŁKO	Zuzanna	16	KS „Wisła”	Puławy			4:47.71	555			
	50m:	32.16	32.16	150m:	1:44.51	36.75	250m:	2:58.04	37.25	350m:	4:12.39	37.04
	100m:	1:07.76	35.60	200m:	2:20.79	36.28	300m:	3:35.35	37.31	400m:	4:47.71	35.32
7.	KARWOWSKA	Wiktoria	18	KU AZS UMCS	Lublin			4:49.53	544			
	50m:	32.71	32.71	150m:	1:43.98	36.17	250m:	2:58.27	37.64	350m:	4:12.58	36.83
	100m:	1:07.81	35.10	200m:	2:20.63	36.65	300m:	3:35.75	37.48	400m:	4:49.53	36.95
8.	WARCHAŁOWSKA	Paulina	17	KU AZS UMCS	Lublin			4:50.51	539			
	50m:	33.48	33.48	150m:	1:46.20	36.90	250m:	2:59.64	36.75	350m:	4:14.53	37.80
	100m:	1:09.30	35.82	200m:	2:22.89	36.69	300m:	3:36.73	37.09	400m:	4:50.51	35.98
9.	K DZIUR	Pola	15	UKS SP5	Swim			4:52.40	528			
	50m:	33.94	33.94	150m:	1:46.88	36.95	250m:	3:01.28	37.62	350m:	4:16.80	38.02
	100m:	1:09.93	35.99	200m:	2:23.66	36.78	300m:	3:38.78	37.50	400m:	4:52.40	35.60
10.	MALINO	Julia	18	UKS „ORKA”	Zamo			4:53.81	521			
	50m:	32.99	32.99	150m:	1:45.73	37.28	250m:	3:01.42	38.17	350m:	4:17.16	37.71
	100m:	1:08.45	35.46	200m:	2:23.25	37.52	300m:	3:39.45	38.03	400m:	4:53.81	36.65
11.	CICH	Kinga	15	RWKS Sparta	Biłgoraj			4:59.37	492			
	50m:	33.69	33.69	150m:	1:49.10	38.07	250m:	3:04.83	37.86	350m:	4:21.85	38.16
	100m:	1:11.03	37.34	200m:	2:26.97	37.87	300m:	3:43.69	38.86	400m:	4:59.37	37.52
12.	MAZUREK	Dagmara	13	UKS Olimpijczyk	23			5:07.29	455			
	50m:	34.02	34.02	150m:	1:50.79	38.96	250m:	3:10.72	40.12	350m:	4:30.91	39.97
	100m:	1:11.83	37.81	200m:	2:30.60	39.81	300m:	3:50.94	40.22	400m:	5:07.29	36.38
13.	BATYRA	Julia	14	Uks Skarpa	Lublin			5:09.02	448			
	50m:	34.74	34.74	150m:	1:52.39	39.52	250m:	3:12.20	40.09	350m:	4:31.16	39.50
	100m:	1:12.87	38.13	200m:	2:32.11	39.72	300m:	3:51.66	39.46	400m:	5:09.02	37.86
14.	KOŁODZIEJCZYK	Maja	15	UKS Swim Team	Wilanów			5:19.13	406			
	50m:	34.18	34.18	150m:	1:55.14	41.66	250m:	3:18.96	42.31	350m:	4:41.01	40.14
	100m:	1:13.48	39.30	200m:	2:36.65	41.51	300m:	4:00.87	41.91	400m:	5:19.13	38.12

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Konkurencja 5, Kobiet, 400m dowolny, OPEN

Pozycja			Wiek						Czas	Pkt.
15.	ROCZON Jagoda		15	UKS 51 Lublin				5:31.11	364	
	50m:	36.11 36.11	150m:	1:55.96 40.82	250m:	3:21.02 43.17	350m:	4:48.40 43.83		
	100m:	1:15.14 39.03	200m:	2:37.85 41.89	300m:	4:04.57 43.55	400m:	5:31.11 42.71		
16.	SUROWIEC Emilia		12	UKP Fala Kra nik				5:32.50	359	
	50m:	36.88 36.88	150m:	2:03.35 43.76	250m:	3:27.76 41.71	350m:	4:51.86 41.54		
	100m:	1:19.59 42.71	200m:	2:46.05 42.70	300m:	4:10.32 42.56	400m:	5:32.50 40.64		
17.	MITRUS Karolina		16	MTP „Lublinianka”				5:37.94	342	
	50m:	35.87 35.87	150m:	2:01.33 44.37	250m:	3:29.61 44.39	350m:	4:57.06 42.69		
	100m:	1:16.96 41.09	200m:	2:45.22 43.89	300m:	4:14.37 44.76	400m:	5:37.94 40.88		
18.	ZAŁUSKA Marlena		12	UKS „ORKA” Zamo				6:39.84	206	
	50m:	41.41 41.41	150m:	2:21.90 51.80	250m:	4:05.56 51.89	350m:	5:49.36 52.33		
	100m:	1:30.10 48.69	200m:	3:13.67 51.77	300m:	4:57.03 51.47	400m:	6:39.84 50.48		