



2022 Arena Grand Prix Puchar Polski
Lublin, 9. - 10.4.2022

Event 10 Women, 400m Medley 14 years and older
09.04.2022 - 16:00 Results

Rekord Polski Open	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	09.08.2008
Rekord Polski 19 - 23	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	09.08.2008
Rekord Polski 18	4:43.39	BARANOWSKA Katarzyna	00116	Debica	20.05.2005
Rekord Polski 17	4:45.13	SZCZEPANIAK Karolina	00114	Rome (ITA)	02.08.2009
Rekord Polski 16	4:45.38	KNOP Aleksandra	01605	Łódź	25.05.2018
Rekord Polski 15	4:45.38	KNOP Aleksandra	01605	Łódź	25.05.2018
Rekord Polski 14	4:52.05	KNOP Aleksandra	01605	Lublin	19.05.2017

Minimum kwal. do Uniwersjady - Chengdu Open: 4:44.10 / Minimum kwal. do ME Juniorów - Bukareszt 16 - 17: 4:56.78 /
Minimum kwal. do M Seniorów - Budapeszt Open: 4:38.53

Points: FINA 2022

Rank	Age		Time		Pts
JUNIOR MŁODSZY 14 LAT					
1.	RODZIEWICZ Alicja		14	UKS Nawa Skierniewice	5:14.36 608
	50m: 33.70	33.70	150m: 1:53.68	40.97	250m: 3:18.48
	100m: 1:12.71	39.01	200m: 2:32.98	39.30	300m: 4:04.50
				45.50	350m: 4:40.54
				46.02	400m: 5:14.36
					36.04
					33.82
2.	BRZOZOWSKA Julia		14	MKS Juwenia Białystok	5:22.26 564
	50m: 33.93	33.93	150m: 1:54.40	41.01	250m: 3:22.54
	100m: 1:13.39	39.46	200m: 2:34.75	40.35	300m: 4:09.08
				47.79	350m: 4:46.65
				46.54	400m: 5:22.26
					37.57
					35.61
3.	KONDRASIUK Zofia		14	UKS „GIM 92 Ursynow”	5:23.97 555
	50m: 34.26	34.26	150m: 1:55.67	41.21	250m: 3:22.62
	100m: 1:14.46	40.20	200m: 2:34.76	39.09	300m: 4:11.25
				48.63	350m: 4:48.50
					400m: 5:23.97
					37.25
					35.47
4.	KIJEWSKA Wiktoria		14	UKP „Polonia Warszawa”	5:29.77 526
	50m: 33.79	33.79	150m: 1:58.29	44.02	250m: 3:26.28
	100m: 1:14.27	40.48	200m: 2:40.40	42.11	300m: 4:12.90
				46.62	350m: 4:52.00
					400m: 5:29.77
					39.10
					37.77
5.	STASZKIEWICZ Julia		14	KS „Gornik” Sosnowiec	5:30.66 522
	50m: 34.09	34.09	150m: 1:59.80	44.61	250m: 3:28.65
	100m: 1:15.19	41.10	200m: 2:42.92	43.12	300m: 4:15.27
				46.62	350m: 4:52.68
					400m: 5:30.66
					37.41
					37.98
6.	SWIS Wiktoria		14	MUKP „Przyjazne Wody”	5:31.92 516
	50m: 33.64	33.64	150m: 1:58.42	45.63	250m: 3:28.78
	100m: 1:12.79	39.15	200m: 2:41.83	43.41	300m: 4:17.38
				48.60	350m: 4:55.60
					400m: 5:31.92
					38.22
					36.32
7.	LOBODA Maria		14	Uks Cityzen	5:36.07 497
	50m: 34.34	34.34	150m: 1:59.08	43.18	250m: 3:30.13
	100m: 1:15.90	41.56	200m: 2:41.82	42.74	300m: 4:18.11
				47.98	350m: 4:57.41
					400m: 5:36.07
					39.30
					38.66
8.	JABLONSKA Natalia		14	MTP Kormoran Olsztyn	5:40.09 480
	50m: 36.42	36.42	150m: 2:05.48	46.36	250m: 3:37.99
	100m: 1:19.12	42.70	200m: 2:48.94	43.46	300m: 4:26.37
				48.38	350m: 5:04.24
					400m: 5:40.09
					37.87
					35.85
9.	GAJDA Martyna		14	UKS "Feniks" Debica	5:40.44 478
	50m: 37.55	37.55	150m: 2:06.28	45.54	250m: 3:39.93
	100m: 1:20.74	43.19	200m: 2:51.01	44.73	300m: 4:26.42
				46.49	350m: 5:05.00
					400m: 5:40.44
					38.58
					35.44
10.	MATYNIAK Sylwia		14	UKS „MANTA” Kochlowice Ruda Slaska	5:49.22 443
	50m: 35.35	35.35	150m: 2:01.33	45.08	250m: 3:38.46
	100m: 1:16.25	40.90	200m: 2:45.88	44.55	300m: 4:32.09
				53.63	350m: 5:11.42
					400m: 5:49.22
					39.33
					37.80
11.	BARAN Agata		14	Uks „Pingwiny”	5:49.89 441
	50m: 35.96	35.96	150m: 2:06.14	46.72	250m: 3:41.77
	100m: 1:19.42	43.46	200m: 2:52.00	45.86	300m: 4:31.20
				49.43	350m: 5:11.85
					400m: 5:49.89
					40.65
					38.04
12.	ORNOWSKA Zuzanna		14	MKS Juwenia Białystok	5:53.41 428
	50m: 37.20	37.20	150m: 2:10.08	46.37	250m: 3:46.03
	100m: 1:23.71	46.51	200m: 2:55.11	45.03	300m: 4:35.49
				49.46	350m: 5:15.51
					400m: 5:53.41
					40.02
					37.90



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Event 10, Women, 400m Medley

JUNIOR MŁODSZY 15 LAT

1. PIETRZYK Hanna	15	TP Olimpijczyk Aleksandrow Lodzki	5:17.81	588
50m: 33.18 33.18	150m: 1:55.65	42.34 250m: 3:20.34 44.29	350m: 4:42.57	37.68
100m: 1:13.31 40.13	200m: 2:36.05	40.40 300m: 4:04.89 44.55	400m: 5:17.81	35.24
2. DENISIEWICZ Zuzanna	15	UKS Nawa Skierniewice	5:19.69	578
50m: 33.23 33.23	150m: 1:54.59	42.55 250m: 3:19.78 45.14	350m: 4:43.69	39.24
100m: 1:12.04 38.81	200m: 2:34.64	40.05 300m: 4:04.45 44.67	400m: 5:19.69	36.00
3. KEDZIOR Pola	15	UKS SP5 Swim	5:28.30	534
50m: 34.23 34.23	150m: 1:56.03	43.13 250m: 3:25.95 47.55	350m: 4:51.09	38.18
100m: 1:12.90 38.67	200m: 2:38.40	42.37 300m: 4:12.91 46.96	400m: 5:28.30	37.21
4. DUDA Anna	15	MKP Szczecin	5:29.58	527
50m: 33.96 33.96	150m:	250m: 3:31.39 47.73	350m: 4:55.40	36.57
100m: 1:15.18 41.22	200m: 2:43.66	300m: 4:18.83 47.44	400m: 5:29.58	34.18
5. MICHALIK Weronika	15	UKS Nawa Skierniewice	5:37.94	489
50m: 36.06 36.06	150m: 2:03.35	43.67 250m: 3:32.66 47.30	350m: 4:59.75	40.12
100m: 1:19.68 43.62	200m: 2:45.36	42.01 300m: 4:19.63 46.97	400m: 5:37.94	38.19
6. DUNKO Julia	15	RWKS Sparta Bilgoraj	5:38.10	488
50m: 34.00 34.00	150m: 2:01.27	48.09 250m: 3:35.36 47.34	350m: 5:01.26	38.76
100m: 1:13.18 39.18	200m: 2:48.02	46.75 300m: 4:22.50 47.14	400m: 5:38.10	36.84
7. CICH Kinga	15	RWKS Sparta Bilgoraj	5:40.26	479
50m: 35.20 35.20	150m: 2:00.80	42.85 250m: 3:32.43 49.55	350m: 5:02.59	38.88
100m: 1:17.95 42.75	200m: 2:42.88	42.08 300m: 4:23.71 51.28	400m: 5:40.26	37.67
8. BUKOWSKA Michalina	15	UKP „Ruda Slaska”	5:42.70	469
50m: 35.83 35.83	150m: 2:03.39	45.97 250m: 3:37.23 50.05	350m: 5:05.35	39.47
100m: 1:17.42 41.59	200m: 2:47.18	43.79 300m: 4:25.88 48.65	400m: 5:42.70	37.35
9. WROBLEWSKA Kaja	15	Swim Team Lubartow	5:45.52	458
50m: 36.81 36.81	150m: 2:03.92	44.10 250m: 3:38.20 51.12	350m: 5:08.87	39.61
100m: 1:19.82 43.01	200m: 2:47.08	43.16 300m: 4:29.26 51.06	400m: 5:45.52	36.65
10. LIPINSKA Julia	15	UKS "Feniks" Debica	5:48.31	447
50m: 37.53 37.53	150m: 2:06.20	46.73 250m: 3:38.73 48.19	350m: 5:09.61	42.24
100m: 1:19.47 41.94	200m: 2:50.54	44.34 300m: 4:27.37 48.64	400m: 5:48.31	38.70
11. WYLUPEK Kasjana	15	UKS „ORKA” Zamosc	5:58.18	411
50m: 38.15 38.15	150m: 2:12.19	47.43 250m: 3:44.60 46.47	350m: 5:16.31	44.88
100m: 1:24.76 46.61	200m: 2:58.13	45.94 300m: 4:31.43 46.83	400m: 5:58.18	41.87

JUNIOR MŁODSZY 16 LAT

1. WILK Anna	16	UKP Fala Krasnik	5:07.67	648
50m: 33.33 33.33	150m: 1:53.94	42.03 250m: 3:17.37 43.34	350m: 4:34.85	34.53
100m: 1:11.91 38.58	200m: 2:34.03	40.09 300m: 4:00.32 42.95	400m: 5:07.67	32.82
2. BETKOWSKA Zuzanna	16	UKS SMS Galicja Krakow	5:10.07	633
50m: 32.60 32.60	150m: 1:51.37	41.20 250m: 3:14.03 42.89	350m: 4:34.70	37.69
100m: 1:10.17 37.57	200m: 2:31.14	39.77 300m: 3:57.01 42.98	400m: 5:10.07	35.37
3. RAKOWSKA Marta	16	DOKiS SP Vega Dobrodzien	5:11.01	628
50m: 32.87 32.87	150m: 1:52.70	41.43 250m: 3:17.59 44.35	350m: 4:38.13	35.88
100m: 1:11.27 38.40	200m: 2:33.24	40.54 300m: 4:02.25 44.66	400m: 5:11.01	32.88
4. MACIAK Julia	16	IUKS „Muszelka” Warszawa	5:18.43	585
50m: 32.60 32.60	150m: 1:51.38	40.39 250m: 3:20.66 50.35	350m: 4:45.06	34.74
100m: 1:10.99 38.39	200m: 2:30.31	38.93 300m: 4:10.32 49.66	400m: 5:18.43	33.37
5. SZARGIEJ Aleksandra	16	UKS Zabianka Gdansk	5:18.68	583
50m: 32.60 32.60	150m: 1:52.08	40.91 250m: 3:20.60 47.89	350m: 4:44.59	36.11
100m: 1:11.17 38.57	200m: 2:32.71	40.63 300m: 4:08.48 47.88	400m: 5:18.68	34.09



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Lublin, 9. - 10.4.2022

Event 10, Girls, 400m Medley, JUNIOR MŁODSZY 16 LAT

Rank			Age					Time	Pts			
6.	GOMULKA Weronika		16	UKS 190 Lodz				5:20.99	571			
	50m:	32.37 32.37	150m:	1:52.16	41.62	250m:	3:19.39	46.04	350m:	4:44.02	37.69	
	100m:	1:10.54	38.17	200m:	2:33.35	41.19	300m:	4:06.33	46.94	400m:	5:20.99	36.97
7.	BALDYGA Kamila		16	MTP Kormoran Olsztyn				5:36.01	498			
	50m:	34.31 34.31	150m:	1:59.94	45.14	250m:	3:32.23	49.29	350m:	4:59.10	37.67	
	100m:	1:14.80	40.49	200m:	2:42.94	43.00	300m:	4:21.43	49.20	400m:	5:36.01	36.91
8.	FURMANSKA Julia		16	UKS Nawa Skierniewice				5:39.02	484			
	50m:	34.34 34.34	150m:	1:59.38	45.98	250m:	3:32.71	49.68	350m:	5:02.39	39.79	
	100m:	1:13.40	39.06	200m:	2:43.03	43.65	300m:	4:22.60	49.89	400m:	5:39.02	36.63

JUNIOR 17-18 LAT

1.	DRAGAN Julia		18	KS „OLIMPIA” Lublin				5:06.09	658			
	<i>wynik lepszy od rekordu Polski seniorów niesłysz cych</i>											
	50m:	33.45 33.45	150m:	1:53.00	40.61	250m:	3:16.08	43.27	350m:	4:33.00	34.10	
	100m:	1:12.39	38.94	200m:	2:32.81	39.81	300m:	3:58.90	42.82	400m:	5:06.09	33.09
2.	LUBINSKA Alicja		17	MKS Jedyńka Lodz				5:12.74	617			
	50m:	32.53 32.53	150m:	1:50.22	40.82	250m:	3:13.15	43.21	350m:	4:36.04	37.97	
	100m:	1:09.40	36.87	200m:	2:29.94	39.72	300m:	3:58.07	44.92	400m:	5:12.74	36.70
3.	SLABOSZ Emilia		17	MOSM Tychy				5:15.18	603			
	50m:	32.98 32.98	150m:	1:51.33	40.09	250m:	3:17.29	46.63	350m:	4:40.86	35.72	
	100m:	1:11.24	38.26	200m:	2:30.66	39.33	300m:	4:05.14	47.85	400m:	5:15.18	34.32
4.	SEDLAK Alicja		17	MKS Jedyńka Lodz				5:15.91	599			
	50m:	34.48 34.48	150m:	1:55.52	42.06	250m:	3:20.80	43.43	350m:	4:42.14	36.27	
	100m:	1:13.46	38.98	200m:	2:37.37	41.85	300m:	4:05.87	45.07	400m:	5:15.91	33.77
5.	PAROL Olga		17	UKS Zabianka Gdansk				5:17.76	588			
	50m:	33.79 33.79	150m:	1:53.61	40.84	250m:	3:18.61	45.74	350m:	4:41.77	37.25	
	100m:	1:12.77	38.98	200m:	2:32.87	39.26	300m:	4:04.52	45.91	400m:	5:17.76	35.99
6.	BUKOWSKA Olga		17	UKP „Ruda Slaska”				5:21.99	566			
	50m:	32.69 32.69	150m:	1:53.23	42.23	250m:	3:20.86	46.86	350m:	4:45.61	37.91	
	100m:	1:11.00	38.31	200m:	2:34.00	40.77	300m:	4:07.70	46.84	400m:	5:21.99	36.38
7.	BURDYN Dominika		17	KU AZS UMCS Lublin				5:22.08	565			
	50m:	32.32 32.32	150m:	1:51.44	41.24	250m:	3:19.15	46.93	350m:	4:44.87	38.81	
	100m:	1:10.20	37.88	200m:	2:32.22	40.78	300m:	4:06.06	46.91	400m:	5:22.08	37.21
8.	KUBICKA Klaudia		18	Sejwal Rypin				5:31.59	518			
	50m:	34.04 34.04	150m:	2:00.09	46.43	250m:	3:29.38	44.65	350m:	4:54.52	40.18	
	100m:	1:13.66	39.62	200m:	2:44.73	44.64	300m:	4:14.34	44.96	400m:	5:31.59	37.07
9.	SOSNOWKA Oliwia		17	UKP Fala Krasnik				5:46.56	454			
	50m:	35.93 35.93	150m:	2:04.03	48.29	250m:	3:40.97	48.86	350m:	5:08.79	39.96	
	100m:	1:15.74	39.81	200m:	2:52.11	48.08	300m:	4:28.83	47.86	400m:	5:46.56	37.77

OPEN

1.	FAMULOK Zuzanna		19	UKP Unia Oswiecim				4:51.94	759			
	50m:	30.85 30.85	150m:	1:44.99	38.95	250m:	3:05.17	42.02	350m:	4:20.43	33.71	
	100m:	1:06.04	35.19	200m:	2:23.15	38.16	300m:	3:46.72	41.55	400m:	4:51.94	31.51
2.	ZUKOWSKA Paula		29	KU AZS UMCS Lublin				4:57.96	714			
	50m:	31.67 31.67	150m:	1:44.53	37.81	250m:	3:05.44	43.88	350m:	4:23.98	35.09	
	100m:	1:06.72	35.05	200m:	2:21.56	37.03	300m:	3:48.89	43.45	400m:	4:57.96	33.98



2022 Arena Grand Prix Puchar Polski
Lublin, 9. - 10.4.2022

Event 10, Women, 400m Medley, OPEN

Rank			Age					Time	Pts			
3.	DRAGAN Julia		18	KS „OLIMPIA” Lublin				5:06.09	658			
	<i>wynik lepszy od rekordu Polski seniorów niesłysz cych</i>											
	50m:	33.45	33.45	150m:	1:53.00	40.61	250m:	3:16.08	43.27	350m:	4:33.00	34.10
	100m:	1:12.39	38.94	200m:	2:32.81	39.81	300m:	3:58.90	42.82	400m:	5:06.09	33.09
4.	WILK Anna		16	UKP Fala Krasnik				5:07.67	648			
	50m:	33.33	33.33	150m:	1:53.94	42.03	250m:	3:17.37	43.34	350m:	4:34.85	34.53
	100m:	1:11.91	38.58	200m:	2:34.03	40.09	300m:	4:00.32	42.95	400m:	5:07.67	32.82
5.	BETKOWSKA Zuzanna		16	UKS SMS Galicja Krakow				5:10.07	633			
	50m:	32.60	32.60	150m:	1:51.37	41.20	250m:	3:14.03	42.89	350m:	4:34.70	37.69
	100m:	1:10.17	37.57	200m:	2:31.14	39.77	300m:	3:57.01	42.98	400m:	5:10.07	35.37
6.	RAKOWSKA Marta		16	DOKiS SP Vega Dobrodzien				5:11.01	628			
	50m:	32.87	32.87	150m:	1:52.70	41.43	250m:	3:17.59	44.35	350m:	4:38.13	35.88
	100m:	1:11.27	38.40	200m:	2:33.24	40.54	300m:	4:02.25	44.66	400m:	5:11.01	32.88
7.	CIOCH-GRADZIK Wiktoria		19	KU AZS UMCS Lublin				5:11.41	625			
	50m:	32.26	32.26	150m:	1:50.90	42.01	250m:	3:17.75	45.41	350m:	4:37.76	34.75
	100m:	1:08.89	36.63	200m:	2:32.34	41.44	300m:	4:03.01	45.26	400m:	5:11.41	33.65
8.	LUBINSKA Alicja		17	MKS Jedyńka Lodz				5:12.74	617			
	50m:	32.53	32.53	150m:	1:50.22	40.82	250m:	3:13.15	43.21	350m:	4:36.04	37.97
	100m:	1:09.40	36.87	200m:	2:29.94	39.72	300m:	3:58.07	44.92	400m:	5:12.74	36.70
9.	ZMIERCZAK Natalia		19	MTP Kormoran Olsztyn				5:14.13	609			
	50m:	32.78	32.78	150m:	1:52.91	42.26	250m:	3:17.81	43.95	350m:	4:38.36	35.00
	100m:	1:10.65	37.87	200m:	2:33.86	40.95	300m:	4:03.36	45.55	400m:	5:14.13	35.77
10.	RODZIEWICZ Alicja		14	UKS Nawa Skierniewice				5:14.36	608			
	50m:	33.70	33.70	150m:	1:53.68	40.97	250m:	3:18.48	45.50	350m:	4:40.54	36.04
	100m:	1:12.71	39.01	200m:	2:32.98	39.30	300m:	4:04.50	46.02	400m:	5:14.36	33.82
11.	SLABOSZ Emilia		17	MOSM Tychy				5:15.18	603			
	50m:	32.98	32.98	150m:	1:51.33	40.09	250m:	3:17.29	46.63	350m:	4:40.86	35.72
	100m:	1:11.24	38.26	200m:	2:30.66	39.33	300m:	4:05.14	47.85	400m:	5:15.18	34.32
12.	SEDLAK Alicja		17	MKS Jedyńka Lodz				5:15.91	599			
	50m:	34.48	34.48	150m:	1:55.52	42.06	250m:	3:20.80	43.43	350m:	4:42.14	36.27
	100m:	1:13.46	38.98	200m:	2:37.37	41.85	300m:	4:05.87	45.07	400m:	5:15.91	33.77
13.	PAROL Olga		17	UKS Zabianka Gdansk				5:17.76	588			
	50m:	33.79	33.79	150m:	1:53.61	40.84	250m:	3:18.61	45.74	350m:	4:41.77	37.25
	100m:	1:12.77	38.98	200m:	2:32.87	39.26	300m:	4:04.52	45.91	400m:	5:17.76	35.99
14.	PIETRZYK Hanna		15	TP Olimpijczyk Aleksandrow Lodzki				5:17.81	588			
	50m:	33.18	33.18	150m:	1:55.65	42.34	250m:	3:20.34	44.29	350m:	4:42.57	37.68
	100m:	1:13.31	40.13	200m:	2:36.05	40.40	300m:	4:04.89	44.55	400m:	5:17.81	35.24
15.	MACIAK Julia		16	IUKS „Muszelka” Warszawa				5:18.43	585			
	50m:	32.60	32.60	150m:	1:51.38	40.39	250m:	3:20.66	50.35	350m:	4:45.06	34.74
	100m:	1:10.99	38.39	200m:	2:30.31	38.93	300m:	4:10.32	49.66	400m:	5:18.43	33.37
16.	SZARGIEJ Aleksandra		16	UKS Zabianka Gdansk				5:18.68	583			
	50m:	32.60	32.60	150m:	1:52.08	40.91	250m:	3:20.60	47.89	350m:	4:44.59	36.11
	100m:	1:11.17	38.57	200m:	2:32.71	40.63	300m:	4:08.48	47.88	400m:	5:18.68	34.09
17.	DENISIEWICZ Zuzanna		15	UKS Nawa Skierniewice				5:19.69	578			
	50m:	33.23	33.23	150m:	1:54.59	42.55	250m:	3:19.78	45.14	350m:	4:43.69	39.24
	100m:	1:12.04	38.81	200m:	2:34.64	40.05	300m:	4:04.45	44.67	400m:	5:19.69	36.00
18.	GOMULKA Weronika		16	UKS 190 Lodz				5:20.99	571			
	50m:	32.37	32.37	150m:	1:52.16	41.62	250m:	3:19.39	46.04	350m:	4:44.02	37.69
	100m:	1:10.54	38.17	200m:	2:33.35	41.19	300m:	4:06.33	46.94	400m:	5:20.99	36.97



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Rank			Age					Time	Pts
19.	BUKOWSKA Olga		17	UKP „Ruda Slaska”				5:21.99	566
	50m:	32.69 32.69	150m:	1:53.23 42.23	250m:	3:20.86 46.86	350m:	4:45.61 37.91	
	100m:	1:11.00 38.31	200m:	2:34.00 40.77	300m:	4:07.70 46.84	400m:	5:21.99 36.38	
20.	BURDYN Dominika		17	KU AZS UMCS Lublin				5:22.08	565
	50m:	32.32 32.32	150m:	1:51.44 41.24	250m:	3:19.15 46.93	350m:	4:44.87 38.81	
	100m:	1:10.20 37.88	200m:	2:32.22 40.78	300m:	4:06.06 46.91	400m:	5:22.08 37.21	
21.	BRZOZOWSKA Julia		14	MKS Juvenia Bialystok				5:22.26	564
	50m:	33.93 33.93	150m:	1:54.40 41.01	250m:	3:22.54 47.79	350m:	4:46.65 37.57	
	100m:	1:13.39 39.46	200m:	2:34.75 40.35	300m:	4:09.08 46.54	400m:	5:22.26 35.61	
22.	KONDRASIUK Zofia		14	UKS „GIM 92 Ursynow”				5:23.97	555
	50m:	34.26 34.26	150m:	1:55.67 41.21	250m:	3:22.62 47.86	350m:	4:48.50 37.25	
	100m:	1:14.46 40.20	200m:	2:34.76 39.09	300m:	4:11.25 48.63	400m:	5:23.97 35.47	
23.	KEDZIOR Pola		15	UKS SP5 Swim				5:28.30	534
	50m:	34.23 34.23	150m:	1:56.03 43.13	250m:	3:25.95 47.55	350m:	4:51.09 38.18	
	100m:	1:12.90 38.67	200m:	2:38.40 42.37	300m:	4:12.91 46.96	400m:	5:28.30 37.21	
24.	DUDA Anna		15	MKP Szczecin				5:29.58	527
	50m:	33.96 33.96	150m:		250m:	3:31.39 47.73	350m:	4:55.40 36.57	
	100m:	1:15.18 41.22	200m:	2:43.66	300m:	4:18.83 47.44	400m:	5:29.58 34.18	
25.	KIJEWSKA Wiktoria		14	UKP „Polonia Warszawa”				5:29.77	526
	50m:	33.79 33.79	150m:	1:58.29 44.02	250m:	3:26.28 45.88	350m:	4:52.00 39.10	
	100m:	1:14.27 40.48	200m:	2:40.40 42.11	300m:	4:12.90 46.62	400m:	5:29.77 37.77	
26.	STASZKIEWICZ Julia		14	KS „Gornik” Sosnowiec				5:30.66	522
	50m:	34.09 34.09	150m:	1:59.80 44.61	250m:	3:28.65 45.73	350m:	4:52.68 37.41	
	100m:	1:15.19 41.10	200m:	2:42.92 43.12	300m:	4:15.27 46.62	400m:	5:30.66 37.98	
27.	KUBICKA Klaudia		18	Sejwal Rypin				5:31.59	518
	50m:	34.04 34.04	150m:	2:00.09 46.43	250m:	3:29.38 44.65	350m:	4:54.52 40.18	
	100m:	1:13.66 39.62	200m:	2:44.73 44.64	300m:	4:14.34 44.96	400m:	5:31.59 37.07	
28.	SWIS Wiktoria		14	MUKP „Przyjazne Wody”				5:31.92	516
	50m:	33.64 33.64	150m:	1:58.42 45.63	250m:	3:28.78 46.95	350m:	4:55.60 38.22	
	100m:	1:12.79 39.15	200m:	2:41.83 43.41	300m:	4:17.38 48.60	400m:	5:31.92 36.32	
29.	BALDYGA Kamila		16	MTP Kormoran Olsztyn				5:36.01	498
	50m:	34.31 34.31	150m:	1:59.94 45.14	250m:	3:32.23 49.29	350m:	4:59.10 37.67	
	100m:	1:14.80 40.49	200m:	2:42.94 43.00	300m:	4:21.43 49.20	400m:	5:36.01 36.91	
30.	LOBODA Maria		14	Uks Cityzen				5:36.07	497
	50m:	34.34 34.34	150m:	1:59.08 43.18	250m:	3:30.13 48.31	350m:	4:57.41 39.30	
	100m:	1:15.90 41.56	200m:	2:41.82 42.74	300m:	4:18.11 47.98	400m:	5:36.07 38.66	
31.	MICHALIK Weronika		15	UKS Nawa Skierniewice				5:37.94	489
	50m:	36.06 36.06	150m:	2:03.35 43.67	250m:	3:32.66 47.30	350m:	4:59.75 40.12	
	100m:	1:19.68 43.62	200m:	2:45.36 42.01	300m:	4:19.63 46.97	400m:	5:37.94 38.19	
32.	DUNKO Julia		15	RWKS Sparta Bilgoraj				5:38.10	488
	50m:	34.00 34.00	150m:	2:01.27 48.09	250m:	3:35.36 47.34	350m:	5:01.26 38.76	
	100m:	1:13.18 39.18	200m:	2:48.02 46.75	300m:	4:22.50 47.14	400m:	5:38.10 36.84	
33.	FURMANSKA Julia		16	UKS Nawa Skierniewice				5:39.02	484
	50m:	34.34 34.34	150m:	1:59.38 45.98	250m:	3:32.71 49.68	350m:	5:02.39 39.79	
	100m:	1:13.40 39.06	200m:	2:43.03 43.65	300m:	4:22.60 49.89	400m:	5:39.02 36.63	
34.	JABLONSKA Natalia		14	MTP Kormoran Olsztyn				5:40.09	480
	50m:	36.42 36.42	150m:	2:05.48 46.36	250m:	3:37.99 49.05	350m:	5:04.24 37.87	
	100m:	1:19.12 42.70	200m:	2:48.94 43.46	300m:	4:26.37 48.38	400m:	5:40.09 35.85	
35.	CICH Kinga		15	RWKS Sparta Bilgoraj				5:40.26	479
	50m:	35.20 35.20	150m:	2:00.80 42.85	250m:	3:32.43 49.55	350m:	5:02.59 38.88	
	100m:	1:17.95 42.75	200m:	2:42.88 42.08	300m:	4:23.71 51.28	400m:	5:40.26 37.67	



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Rank			Age					Time	Pts
36.	GAJDA Martyna		14	UKS "Feniks" Debica				5:40.44	478
	50m: 37.55	37.55	150m: 2:06.28	45.54	250m: 3:39.93	48.92	350m: 5:05.00	38.58	
	100m: 1:20.74	43.19	200m: 2:51.01	44.73	300m: 4:26.42	46.49	400m: 5:40.44	35.44	
37.	BUKOWSKA Michalina		15	UKP „Ruda Slaska”				5:42.70	469
	50m: 35.83	35.83	150m: 2:03.39	45.97	250m: 3:37.23	50.05	350m: 5:05.35	39.47	
	100m: 1:17.42	41.59	200m: 2:47.18	43.79	300m: 4:25.88	48.65	400m: 5:42.70	37.35	
38.	WROBLEWSKA Kaja		15	Swim Team Lubartow				5:45.52	458
	50m: 36.81	36.81	150m: 2:03.92	44.10	250m: 3:38.20	51.12	350m: 5:08.87	39.61	
	100m: 1:19.82	43.01	200m: 2:47.08	43.16	300m: 4:29.26	51.06	400m: 5:45.52	36.65	
39.	SOSNOWKA Oliwia		17	UKP Fala Krasnik				5:46.56	454
	50m: 35.93	35.93	150m: 2:04.03	48.29	250m: 3:40.97	48.86	350m: 5:08.79	39.96	
	100m: 1:15.74	39.81	200m: 2:52.11	48.08	300m: 4:28.83	47.86	400m: 5:46.56	37.77	
40.	LIPINSKA Julia		15	UKS "Feniks" Debica				5:48.31	447
	50m: 37.53	37.53	150m: 2:06.20	46.73	250m: 3:38.73	48.19	350m: 5:09.61	42.24	
	100m: 1:19.47	41.94	200m: 2:50.54	44.34	300m: 4:27.37	48.64	400m: 5:48.31	38.70	
41.	MATYNIAK Sylwia		14	UKS „MANTA” Kochlowice Ruda Slaska				5:49.22	443
	50m: 35.35	35.35	150m: 2:01.33	45.08	250m: 3:38.46	52.58	350m: 5:11.42	39.33	
	100m: 1:16.25	40.90	200m: 2:45.88	44.55	300m: 4:32.09	53.63	400m: 5:49.22	37.80	
42.	BARAN Agata		14	Uks „Pingwiny”				5:49.89	441
	50m: 35.96	35.96	150m: 2:06.14	46.72	250m: 3:41.77	49.77	350m: 5:11.85	40.65	
	100m: 1:19.42	43.46	200m: 2:52.00	45.86	300m: 4:31.20	49.43	400m: 5:49.89	38.04	
43.	ORNOWSKA Zuzanna		14	MKS Juvenia Bialystok				5:53.41	428
	50m: 37.20	37.20	150m: 2:10.08	46.37	250m: 3:46.03	50.92	350m: 5:15.51	40.02	
	100m: 1:23.71	46.51	200m: 2:55.11	45.03	300m: 4:35.49	49.46	400m: 5:53.41	37.90	
44.	WYLUPEK Kasjana		15	UKS „ORKA” Zamosc				5:58.18	411
	50m: 38.15	38.15	150m: 2:12.19	47.43	250m: 3:44.60	46.47	350m: 5:16.31	44.88	
	100m: 1:24.76	46.61	200m: 2:58.13	45.94	300m: 4:31.43	46.83	400m: 5:58.18	41.87	