



2022 Arena Grand Prix Puchar Polski
Lublin, 9. - 10.4.2022

Event 31 Women, 400m Freestyle 14 years and older
10.04.2022 - 13:14 Results

Rekord Polski Open	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	25.03.2007
Rekord Polski 19 - 23	4:05.84	JEDRZEJCZAK Otylia	00114	Budapeszt (HUN)	03.08.2006
Rekord Polski 18	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 17	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 16	4:12.62	ZUKOWSKA Paula	00107	Doha (QAT)	09.12.2009
Rekord Polski 15	4:16.14	KNOP Aleksandra	01605	Łódź	26.05.2018
Rekord Polski 14	4:16.54	KILIJA SKA Donata	00612	Tampere (FIN)	20.07.2009

Minimum kwal. do Uniwersjady - Chengdu Open: 4:12.86 / Minimum kwal. do ME Juniorów - Bukareszt 16 - 17: 4:20.14 /
Minimum kwal. do M Seniorów - Budapeszt Open: 4:07.90

Points: FINA 2022

Rank			Age			Time	Pts	
JUNIOR MŁODSZY 14 LAT								
1.	KONDRASIUK Zofia		14	UKS „GIM 92 Ursynow”		4:46.26	563	
	50m:	32.17 32.17	150m:	1:43.59 35.95	250m:	2:57.30 37.37	350m:	4:11.57 36.61
	100m:	1:07.64 35.47	200m:	2:19.93 36.34	300m:	3:34.96 37.66	400m:	4:46.26 34.69
2.	WISNIEWSKA Maja		14	MKS Ochota Warszawa		4:50.73	538	
	50m:	32.22 32.22	150m:	1:44.83 37.17	250m:	2:59.53 37.14	350m:	4:14.34 37.47
	100m:	1:07.66 35.44	200m:	2:22.39 37.56	300m:	3:36.87 37.34	400m:	4:50.73 36.39
3.	LUKASIK Zuzanna		14	CSiR MOS w Dabrowie Gorniczej		4:51.07	536	
	50m:	33.77 33.77	150m:	1:46.79 36.72	250m:	3:01.00 37.12	350m:	4:15.36 36.92
	100m:	1:10.07 36.30	200m:	2:23.88 37.09	300m:	3:38.44 37.44	400m:	4:51.07 35.71
4.	ORNOWSKA Zuzanna		14	MKS Juwenia Bialystok		4:57.53	501	
	50m:	32.84 32.84	150m:	1:48.35 38.36	250m:	3:05.39 38.12	350m:	4:21.66 38.17
	100m:	1:09.99 37.15	200m:	2:27.27 38.92	300m:	3:43.49 38.10	400m:	4:57.53 35.87
5.	SKORYKOW Lena		14	UKS Ostrobramska		4:58.24	498	
	50m:	33.84 33.84	150m:	1:50.20 38.71	250m:	3:06.99 38.33	350m:	4:23.04 38.35
	100m:	1:11.49 37.65	200m:	2:28.66 38.46	300m:	3:44.69 37.70	400m:	4:58.24 35.20
6.	GRZECH Maja		14	GKS „CARTUSIA” w Kartuzach		5:03.31	473	
	50m:	33.56 33.56	150m:	1:49.54 38.88	250m:	3:07.99 39.60	350m:	4:26.65 39.10
	100m:	1:10.66 37.10	200m:	2:28.39 38.85	300m:	3:47.55 39.56	400m:	5:03.31 36.66
7.	MATYNIAK Sylwia		14	UKS „MANTA” Kochlowice Ruda Slaska		5:04.12	470	
	50m:	33.71 33.71	150m:	1:50.17 38.95	250m:	3:09.33 39.75	350m:	4:27.56 38.61
	100m:	1:11.22 37.51	200m:	2:29.58 39.41	300m:	3:48.95 39.62	400m:	5:04.12 36.56
8.	BLAWICKA Milena		14	UKS „Dragon” Bedzin		5:07.07	456	
	50m:	33.72 33.72	150m:	1:51.52 39.20	250m:	3:10.52 39.56	350m:	4:28.93 38.72
	100m:	1:12.32 38.60	200m:	2:30.96 39.44	300m:	3:50.21 39.69	400m:	5:07.07 38.14
9.	BALAS Maria		14	UKS 307 Warszawa		5:07.11	456	
	50m:	33.29 33.29	150m:	1:50.38 39.28	250m:	3:10.78 40.41	350m:	4:31.70 40.46
	100m:	1:11.10 37.81	200m:	2:30.37 39.99	300m:	3:51.24 40.46	400m:	5:07.11 35.41
10.	JURCZUK Weronika		14	MKS Juwenia Bialystok		5:07.43	455	
	50m:	34.08 34.08	150m:	1:50.72 38.85	250m:	3:08.64 38.77	350m:	4:28.14 39.50
	100m:	1:11.87 37.79	200m:	2:29.87 39.15	300m:	3:48.64 40.00	400m:	5:07.43 39.29
11.	GRACZAK Oliwia		14	UKS SP5 Swim		5:08.92	448	
	50m:	33.26 33.26	150m:	1:50.65 39.75	250m:	3:11.51 41.17	350m:	4:31.59 40.35
	100m:	1:10.90 37.64	200m:	2:30.34 39.69	300m:	3:51.24 39.73	400m:	5:08.92 37.33
12.	BATYRA Julia		14	Uks Skarpa Lublin		5:10.23	442	
	50m:	34.81 34.81	150m:	1:53.03 39.70	250m:	3:12.81 40.10	350m:	4:32.07 39.93
	100m:	1:13.33 38.52	200m:	2:32.71 39.68	300m:	3:52.14 39.33	400m:	5:10.23 38.16
13.	JABLONSKA Natalia		14	MTP Kormoran Olsztyn		5:10.24	442	
	50m:	34.98 34.98	150m:	1:53.64 39.96	250m:	3:13.53 39.81	350m:	4:33.16 39.58
	100m:	1:13.68 38.70	200m:	2:33.72 40.08	300m:	3:53.58 40.05	400m:	5:10.24 37.08



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Event 31, Girls, 400m Freestyle, JUNIOR MŁODSZY 14 LAT

Rank			Age			Time	Pts	
14.	SPYCHALSKA Dominika		14	KP Aquapark Wagrowiec		5:13.53	428	
	50m:	34.43 34.43	150m:	1:54.06 40.51	250m:	3:15.96 41.22	350m:	4:37.11 40.59
	100m:	1:13.55 39.12	200m:	2:34.74 40.68	300m:	3:56.52 40.56	400m:	5:13.53 36.42
15.	TOBOLA PERTKIEWICZ Ewa		14	Uks „Pingwiny”		5:18.01	411	
	50m:	33.40 33.40	150m:	1:52.96 40.48	250m:	3:15.46 41.89	350m:	4:39.54 41.33
	100m:	1:12.48 39.08	200m:	2:33.57 40.61	300m:	3:58.21 42.75	400m:	5:18.01 38.47
16.	KANONCHYK Vera		14	MKS Juvenia Bialystok		5:36.56	346	
	50m:	37.16 37.16	150m:	2:01.30 42.64	250m:	3:28.40 43.94	350m:	4:55.47 43.44
	100m:	1:18.66 41.50	200m:	2:44.46 43.16	300m:	4:12.03 43.63	400m:	5:36.56 41.09

JUNIOR MŁODSZY 15 LAT

1.	SZOPA Natalia		15	UKP Gryf Debica		4:42.33	587	
	50m:	30.88 30.88	150m:	1:41.72 36.14	250m:	2:55.73 36.71	350m:	4:08.51 35.85
	100m:	1:05.58 34.70	200m:	2:19.02 37.30	300m:	3:32.66 36.93	400m:	4:42.33 33.82
2.	RACZKOWSKA Maja		15	LKS Jednosc 32 Przyszowice		4:43.80	578	
	50m:	32.49 32.49	150m:	1:43.43 35.74	250m:	2:56.83 37.11	350m:	4:09.50 36.04
	100m:	1:07.69 35.20	200m:	2:19.72 36.29	300m:	3:33.46 36.63	400m:	4:43.80 34.30
3.	MALOLEPSZA Weronika		15	MKP Szczecin		4:45.46	568	
	50m:	32.13 32.13	150m:	1:43.82 36.41	250m:	2:57.38 36.97	350m:	4:10.64 36.54
	100m:	1:07.41 35.28	200m:	2:20.41 36.59	300m:	3:34.10 36.72	400m:	4:45.46 34.82
4.	MURAS Nina		15	Mokotowski UKP Warszawianka- Wodny		4:53.64	522	
	50m:	32.96 32.96	150m:	1:47.14 37.10	250m:	3:02.86 38.09	350m:	4:18.72 37.87
	100m:	1:10.04 37.08	200m:	2:24.77 37.63	300m:	3:40.85 37.99	400m:	4:53.64 34.92
5.	TARASZKIEWICZ Zofia		15	Mokotowski UKP Warszawianka- Wodny		4:54.73	516	
	50m:	32.80 32.80	150m:	1:46.30 37.23	250m:	3:02.19 37.82	350m:	4:18.66 38.30
	100m:	1:09.07 36.27	200m:	2:24.37 38.07	300m:	3:40.36 38.17	400m:	4:54.73 36.07
6.	DUNKO Julia		15	RWKS Sparta Bilgoraj		4:55.30	513	
	50m:	32.79 32.79	150m:	1:47.74 38.18	250m:	3:03.98 38.27	350m:	4:19.54 36.73
	100m:	1:09.56 36.77	200m:	2:25.71 37.97	300m:	3:42.81 38.83	400m:	4:55.30 35.76
7.	DRAZYK Wiktoria		15	UKS „MANTA” Kochlowice Ruda Slaska		4:55.65	511	
	50m:	33.28 33.28	150m:	1:47.45 37.27	250m:	3:03.34 37.70	350m:	4:19.91 37.64
	100m:	1:10.18 36.90	200m:	2:25.64 38.19	300m:	3:42.27 38.93	400m:	4:55.65 35.74
8.	WEGRZYCKA Malgorzata		15	MKS Trojka Lodz		4:56.65	506	
	50m:	32.87 32.87	150m:	1:47.76 38.12	250m:	3:03.60 37.91	350m:	4:19.98 38.19
	100m:	1:09.64 36.77	200m:	2:25.69 37.93	300m:	3:41.79 38.19	400m:	4:56.65 36.67
9.	SKUDLIK Michalina		15	UKS „MANTA” Kochlowice Ruda Slaska		5:00.60	486	
	50m:	34.61 34.61	150m:	1:50.11 38.20	250m:	3:06.71 38.12	350m:	4:23.33 38.54
	100m:	1:11.91 37.30	200m:	2:28.59 38.48	300m:	3:44.79 38.08	400m:	5:00.60 37.27
10.	ORASZEK Karolina		15	Mokotowski UKP Warszawianka- Wodny		5:01.20	483	
	50m:	32.69 32.69	150m:	1:47.68 38.14	250m:	3:05.02 38.55	350m:	4:23.24 38.78
	100m:	1:09.54 36.85	200m:	2:26.47 38.79	300m:	3:44.46 39.44	400m:	5:01.20 37.96
11.	PIASCINSKA Alicja		15	UKS Swim Team Wilanow		5:01.92	480	
	50m:	33.86 33.86	150m:	1:51.14 38.79	250m:	3:07.82 38.07	350m:	4:24.44 38.06
	100m:	1:12.35 38.49	200m:	2:29.75 38.61	300m:	3:46.38 38.56	400m:	5:01.92 37.48
12.	CICH Kinga		15	RWKS Sparta Bilgoraj		5:03.74	471	
	50m:	34.02 34.02	150m:	1:49.30 37.92	250m:	3:06.49 38.72	350m:	4:25.55 39.29
	100m:	1:11.38 37.36	200m:	2:27.77 38.47	300m:	3:46.26 39.77	400m:	5:03.74 38.19
13.	WOZAKOWSKA Zofia		15	UKS SP5 Swim		5:04.61	467	
	50m:	32.67 32.67	150m:	1:47.72 38.21	250m:	3:06.50 39.42	350m:	4:26.52 40.12
	100m:	1:09.51 36.84	200m:	2:27.08 39.36	300m:	3:46.40 39.90	400m:	5:04.61 38.09



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Event 31, Women, 400m Freestyle

JUNIOR MŁODSZY 16 LAT

1.	RUDOMINA Agnieszka	16	UKS Zabianka Gdansk	4:34.43	639
	50m: 31.16 31.16	150m: 1:39.54 34.50	250m: 2:49.43 35.17	350m: 4:00.27 35.54	
	100m: 1:05.04 33.88	200m: 2:14.26 34.72	300m: 3:24.73 35.30	400m: 4:34.43 34.16	
2.	MACIAK Julia	16	IUKS „Muszelka” Warszawa	4:35.03	635
	50m: 31.45 31.45	150m: 1:41.29 35.09	250m: 2:51.00 34.76	350m: 4:01.18 35.15	
	100m: 1:06.20 34.75	200m: 2:16.24 34.95	300m: 3:26.03 35.03	400m: 4:35.03 33.85	
3.	RAP Apolonia	16	Mokotowski UKP Warszawianka- Wodny	4:35.78	630
	50m: 31.09 31.09	150m: 1:40.72 34.98	250m: 2:51.16 35.16	350m: 4:01.84 34.85	
	100m: 1:05.74 34.65	200m: 2:16.00 35.28	300m: 3:26.99 35.83	400m: 4:35.78 33.94	
4.	WILK Anna	16	UKP Fala Krasnik	4:35.88	629
	50m: 30.92 30.92	150m: 1:40.53 35.05	250m: 2:50.89 35.31	350m: 4:02.13 35.64	
	100m: 1:05.48 34.56	200m: 2:15.58 35.05	300m: 3:26.49 35.60	400m: 4:35.88 33.75	
5.	HUBERT Julia	16	MKP Szczecin	4:41.54	592
	50m: 31.82 31.82	150m: 1:42.12 35.50	250m: 2:54.00 36.12	350m: 4:06.63 36.31	
	100m: 1:06.62 34.80	200m: 2:17.88 35.76	300m: 3:30.32 36.32	400m: 4:41.54 34.91	
6.	GORCZYCA Gabriela	16	UKS SMS Galicja Krakow	4:41.81	590
	50m: 31.69 31.69	150m: 1:41.75 35.47	250m: 2:54.09 36.27	350m: 4:06.91 36.24	
	100m: 1:06.28 34.59	200m: 2:17.82 36.07	300m: 3:30.67 36.58	400m: 4:41.81 34.90	
7.	RAKOWSKA Marta	16	DOKiS SP Vega Dobrodzien	4:44.78	572
	50m: 32.07 32.07	150m: 1:43.62 36.10	250m: 2:56.69 36.66	350m: 4:09.64 36.57	
	100m: 1:07.52 35.45	200m: 2:20.03 36.41	300m: 3:33.07 36.38	400m: 4:44.78 35.14	
8.	GAWELKO Zuzanna	16	KS „Wisla” Pulawy	4:45.95	565
	50m: 31.48 31.48	150m: 1:43.32 36.46	250m: 2:56.57 36.68	350m: 4:10.48 36.86	
	100m: 1:06.86 35.38	200m: 2:19.89 36.57	300m: 3:33.62 37.05	400m: 4:45.95 35.47	
9.	SVIATKINA Yeva	16	MKS Trojka Lodz	4:47.03	559
	50m: 31.80 31.80	150m: 1:44.00 36.77	250m: 2:57.98 37.05	350m: 4:12.35 37.71	
	100m: 1:07.23 35.43	200m: 2:20.93 36.93	300m: 3:34.64 36.66	400m: 4:47.03 34.68	
10.	HRYMALIUK Anastasiia	16	MKS Trojka Lodz	4:47.25	557
	50m: 31.84 31.84	150m: 1:44.90 37.00	250m: 2:58.77 36.64	350m: 4:12.17 36.51	
	100m: 1:07.90 36.06	200m: 2:22.13 37.23	300m: 3:35.66 36.89	400m: 4:47.25 35.08	
11.	SZACHMYTOWSKA Lena	16	MTS Kwidzyn	4:51.71	532
	50m: 31.73 31.73	150m: 1:44.21 36.96	250m: 2:59.80 37.87	350m: 4:15.74 37.84	
	100m: 1:07.25 35.52	200m: 2:21.93 37.72	300m: 3:37.90 38.10	400m: 4:51.71 35.97	
12.	BALDYGA Kamila	16	MTP Kormoran Olsztyn	4:52.03	530
	50m: 33.24 33.24	150m: 1:46.21 36.92	250m: 3:01.39 37.43	350m: 4:16.20 36.87	
	100m: 1:09.29 36.05	200m: 2:23.96 37.75	300m: 3:39.33 37.94	400m: 4:52.03 35.83	
13.	GAWLIK Jagoda	16	KS „Gornik” Sosnowiec	4:59.32	493
	50m: 33.35 33.35	150m: 1:47.57 38.18	250m: 3:04.86 38.88	350m: 4:22.34 37.91	
	100m: 1:09.39 36.04	200m: 2:25.98 38.41	300m: 3:44.43 39.57	400m: 4:59.32 36.98	
14.	FURMANSKA Julia	16	UKS Nawa Skierniewice	5:00.05	489
	50m: 34.85 34.85	150m: 1:50.21 38.14	250m: 3:06.76 37.98	350m: 4:23.62 38.13	
	100m: 1:12.07 37.22	200m: 2:28.78 38.57	300m: 3:45.49 38.73	400m: 5:00.05 36.43	
15.	FURMANIAK Oliwia	16	MKS Trojka Lodz	5:03.64	472
	50m: 34.04 34.04	150m: 1:50.49 38.87	250m: 3:07.99 38.88	350m: 4:26.11 39.09	
	100m: 1:11.62 37.58	200m: 2:29.11 38.62	300m: 3:47.02 39.03	400m: 5:03.64 37.53	
16.	JARZEWICZ Klaudia	16	Mokotowski UKP Warszawianka- Wodny	5:10.69	440
	50m: 35.76 35.76	150m: 1:54.67 39.77	250m: 3:15.12 40.33	350m: 4:33.11 38.55	
	100m: 1:14.90 39.14	200m: 2:34.79 40.12	300m: 3:54.56 39.44	400m: 5:10.69 37.58	
17.	LADZIAK Nadia	16	MKS Jedyńka Lodz	5:13.79	427
	50m: 34.00 34.00	150m: 1:52.60 39.89	250m: 3:12.95 40.45	350m: 4:34.00 40.66	
	100m: 1:12.71 38.71	200m: 2:32.50 39.90	300m: 3:53.34 40.39	400m: 5:13.79 39.79	



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Event 31, Girls, 400m Freestyle, JUNIOR MŁODSZY 16 LAT

Rank			Age					Time	Pts
18.	PAWLIK Julia		16	UKS G-8 Bielany Warszawa				5:15.18	422
	50m:	35.31 35.31	150m:	1:54.69 39.81	250m:	3:15.48 40.26	350m:	4:37.70 41.16	
	100m:	1:14.88 39.57	200m:	2:35.22 40.53	300m:	3:56.54 41.06	400m:	5:15.18 37.48	
19.	KOT Zuzanna		16	UKS H2O Warszawa				5:20.09	403
	50m:	34.83 34.83	150m:	1:55.20 40.70	250m:	3:17.71 41.19	350m:	4:40.27 41.66	
	100m:	1:14.50 39.67	200m:	2:36.52 41.32	300m:	3:58.61 40.90	400m:	5:20.09 39.82	
20.	ZIEMBA Paulina		16	AZS Jaroslaw				6:12.77	255
	50m:	38.61 38.61	150m:	2:10.52 46.76	250m:	3:46.98 48.56	350m:	5:26.07 49.30	
	100m:	1:23.76 45.15	200m:	2:58.42 47.90	300m:	4:36.77 49.79	400m:	6:12.77 46.70	

JUNIOR 17-18 LAT

1.	KOWALSKA Klara		17	KU AZS UMCS Lublin				4:23.41	723
	50m:	30.34 30.34	150m:	1:37.13 33.34	250m:	2:43.87 33.20	350m:	3:50.83 33.52	
	100m:	1:03.79 33.45	200m:	2:10.67 33.54	300m:	3:17.31 33.44	400m:	4:23.41 32.58	
2.	SNITKO Karyna		18	UKS GOS Raszyn				4:24.06	718
	50m:	30.40 30.40	150m:	1:37.92 33.89	250m:	2:45.03 33.58	350m:	3:52.11 33.63	
	100m:	1:04.03 33.63	200m:	2:11.45 33.53	300m:	3:18.48 33.45	400m:	4:24.06 31.95	
3.	KRASZEWSKA Martyna		17	MTP Kormoran Olsztyn				4:30.93	664
	50m:	30.49 30.49	150m:	1:39.15 34.66	250m:	2:49.01 34.81	350m:	3:58.58 35.03	
	100m:	1:04.49 34.00	200m:	2:14.20 35.05	300m:	3:23.55 34.54	400m:	4:30.93 32.35	
4.	WIKTOROWICZ Patrycja		18	MKS SMS Victoria Raciborz				4:33.44	646
	50m:	31.45 31.45	150m:	1:40.70 34.83	250m:	2:51.00 35.14	350m:	4:00.70 34.38	
	100m:	1:05.87 34.42	200m:	2:15.86 35.16	300m:	3:26.32 35.32	400m:	4:33.44 32.74	
5.	SIWKO Natalia		18	KU AZS UMCS Lublin				4:33.45	646
	50m:	31.49 31.49	150m:	1:40.53 34.87	250m:	2:50.61 35.10	350m:	4:00.53 34.77	
	100m:	1:05.66 34.17	200m:	2:15.51 34.98	300m:	3:25.76 35.15	400m:	4:33.45 32.92	
6.	KOSSOWSKA Julita		17	UKS 190 Lodz				4:35.25	634
	50m:	31.46 31.46	150m:	1:40.34 34.66	250m:	2:50.77 35.06	350m:	4:01.40 35.18	
	100m:	1:05.68 34.22	200m:	2:15.71 35.37	300m:	3:26.22 35.45	400m:	4:35.25 33.85	
7.	SAMORAJ Oliwia		17	MKS Piaseczno				4:35.95	629
	50m:	31.62 31.62	150m:	1:41.03 34.96	250m:	2:51.76 35.14	350m:	4:02.30 35.08	
	100m:	1:06.07 34.45	200m:	2:16.62 35.59	300m:	3:27.22 35.46	400m:	4:35.95 33.65	
8.	FIGAS Alicja		18	MKP Szczecin				4:37.77	616
	50m:	31.59 31.59	150m:	1:41.01 34.98	250m:	2:51.13 34.83	350m:	4:02.41 35.61	
	100m:	1:06.03 34.44	200m:	2:16.30 35.29	300m:	3:26.80 35.67	400m:	4:37.77 35.36	
9.	LALA Nadia		18	UKP Unia Oswiecim				4:38.09	614
	50m:	30.93 30.93	150m:	1:41.33 35.71	250m:	2:52.47 35.70	350m:	4:04.26 35.98	
	100m:	1:05.62 34.69	200m:	2:16.77 35.44	300m:	3:28.28 35.81	400m:	4:38.09 33.83	
10.	SZREDZINSKA Gabriela		18	UKP „Polonia Warszawa”				4:41.12	595
	50m:	30.67 30.67	150m:	1:40.42 35.49	250m:	2:52.60 36.00	350m:	4:06.41 36.97	
	100m:	1:04.93 34.26	200m:	2:16.60 36.18	300m:	3:29.44 36.84	400m:	4:41.12 34.71	
11.	BOCIAN Roksana		18	UKP Unia Oswiecim				4:41.68	591
	50m:	31.91 31.91	150m:	1:42.17 35.45	250m:	2:54.34 36.30	350m:	4:06.91 35.90	
	100m:	1:06.72 34.81	200m:	2:18.04 35.87	300m:	3:31.01 36.67	400m:	4:41.68 34.77	
12.	GWAJ Julia		18	Miedzyszkolny UKS „Olimpijczyk” Suwa				4:42.94	583
	50m:	31.85 31.85	150m:	1:43.62 36.38	250m:	2:54.89 35.42	350m:	4:06.88 36.28	
	100m:	1:07.24 35.39	200m:	2:19.47 35.85	300m:	3:30.60 35.71	400m:	4:42.94 36.06	
13.	SUJKOWSKA Roksana		17	MTP Kormoran Olsztyn				4:43.77	578
	50m:	32.48 32.48	150m:	1:44.45 36.73	250m:	2:56.67 36.26	350m:	4:09.29 35.64	
	100m:	1:07.72 35.24	200m:	2:20.41 35.96	300m:	3:33.65 36.98	400m:	4:43.77 34.48	



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Rank	Name	Age	Club	Time	Pts
14.	JAWORSKA Wiktoria	17	MUKS "Pietnastka"	4:52.77	526
	50m: 32.81 32.81	150m: 1:46.34 37.20	250m: 3:01.44 37.56	350m: 4:17.32 37.82	
	100m: 1:09.14 36.33	200m: 2:23.88 37.54	300m: 3:39.50 38.06	400m: 4:52.77 35.45	
15.	BISZEWSKA Gabriela	17	Miedzyszkolny UKS „Olimpijczyk” Suwałki	4:52.93	525
	50m: 31.38 31.38	150m: 1:44.26 37.32	250m: 2:59.82 37.42	350m: 4:15.99 37.71	
	100m: 1:06.94 35.56	200m: 2:22.40 38.14	300m: 3:38.28 38.46	400m: 4:52.93 36.94	
16.	MATWIN Julia	17	CSiR MOS w Dabrowie Gorniczej	5:10.06	443
	50m: 33.92 33.92	150m: 1:50.60 38.83	250m: 3:10.24 39.47	350m: 4:31.03 39.97	
	100m: 1:11.77 37.85	200m: 2:30.77 40.17	300m: 3:51.06 40.82	400m: 5:10.06 39.03	

OPEN

1.	POLANSKA Aleksandra	22	UKS GOS Raszyn	4:14.67	800
	50m: 29.29 29.29	150m: 1:33.01 31.86	250m: 2:37.07 32.04	350m: 3:42.36 33.09	
	100m: 1:01.15 31.86	200m: 2:05.03 32.02	300m: 3:09.27 32.20	400m: 4:14.67 32.31	
2.	KOWALSKA Klara	17	KU AZS UMCS Lublin	4:23.41	723
	50m: 30.34 30.34	150m: 1:37.13 33.34	250m: 2:43.87 33.20	350m: 3:50.83 33.52	
	100m: 1:03.79 33.45	200m: 2:10.67 33.54	300m: 3:17.31 33.44	400m: 4:23.41 32.58	
3.	SNITKO Karyna	18	UKS GOS Raszyn	4:24.06	718
	50m: 30.40 30.40	150m: 1:37.92 33.89	250m: 2:45.03 33.58	350m: 3:52.11 33.63	
	100m: 1:04.03 33.63	200m: 2:11.45 33.53	300m: 3:18.48 33.45	400m: 4:24.06 31.95	
4.	KRASZEWSKA Martyna	17	MTP Kormoran Olsztyn	4:30.93	664
	50m: 30.49 30.49	150m: 1:39.15 34.66	250m: 2:49.01 34.81	350m: 3:58.58 35.03	
	100m: 1:04.49 34.00	200m: 2:14.20 35.05	300m: 3:23.55 34.54	400m: 4:30.93 32.35	
5.	NOWAK Maja	19	UKS 48 Warszawa Srodmiescie	4:32.77	651
	50m: 31.00 31.00	150m: 1:39.28 34.48	250m: 2:49.30 34.93	350m: 3:59.05 34.48	
	100m: 1:04.80 33.80	200m: 2:14.37 35.09	300m: 3:24.57 35.27	400m: 4:32.77 33.72	
6.	WIKTOROWICZ Patrycja	18	MKS SMS Victoria Raciborz	4:33.44	646
	50m: 31.45 31.45	150m: 1:40.70 34.83	250m: 2:51.00 35.14	350m: 4:00.70 34.38	
	100m: 1:05.87 34.42	200m: 2:15.86 35.16	300m: 3:26.32 35.32	400m: 4:33.44 32.74	
7.	SIWKO Natalia	18	KU AZS UMCS Lublin	4:33.45	646
	50m: 31.49 31.49	150m: 1:40.53 34.87	250m: 2:50.61 35.10	350m: 4:00.53 34.77	
	100m: 1:05.66 34.17	200m: 2:15.51 34.98	300m: 3:25.76 35.15	400m: 4:33.45 32.92	
8.	RUDOMINA Agnieszka	16	UKS Zabianka Gdansk	4:34.43	639
	50m: 31.16 31.16	150m: 1:39.54 34.50	250m: 2:49.43 35.17	350m: 4:00.27 35.54	
	100m: 1:05.04 33.88	200m: 2:14.26 34.72	300m: 3:24.73 35.30	400m: 4:34.43 34.16	
9.	MACIAK Julia	16	IUKS „Muszelka” Warszawa	4:35.03	635
	50m: 31.45 31.45	150m: 1:41.29 35.09	250m: 2:51.00 34.76	350m: 4:01.18 35.15	
	100m: 1:06.20 34.75	200m: 2:16.24 34.95	300m: 3:26.03 35.03	400m: 4:35.03 33.85	
10.	KOSSOWSKA Julita	17	UKS 190 Lodz	4:35.25	634
	50m: 31.46 31.46	150m: 1:40.34 34.66	250m: 2:50.77 35.06	350m: 4:01.40 35.18	
	100m: 1:05.68 34.22	200m: 2:15.71 35.37	300m: 3:26.22 35.45	400m: 4:35.25 33.85	
11.	DOMORADZKA Aleksandra	19	KU AZS UMCS Lublin	4:35.41	632
	50m: 31.02 31.02	150m: 1:41.44 35.39	250m: 2:51.76 35.53	350m: 4:01.51 34.75	
	100m: 1:06.05 35.03	200m: 2:16.23 34.79	300m: 3:26.76 35.00	400m: 4:35.41 33.90	
12.	RAP Apolonia	16	Mokotowski UKP Warszawianka- Wodny	4:35.78	630
	50m: 31.09 31.09	150m: 1:40.72 34.98	250m: 2:51.16 35.16	350m: 4:01.84 34.85	
	100m: 1:05.74 34.65	200m: 2:16.00 35.28	300m: 3:26.99 35.83	400m: 4:35.78 33.94	
13.	WILK Anna	16	UKP Fala Krasnik	4:35.88	629
	50m: 30.92 30.92	150m: 1:40.53 35.05	250m: 2:50.89 35.31	350m: 4:02.13 35.64	
	100m: 1:05.48 34.56	200m: 2:15.58 35.05	300m: 3:26.49 35.60	400m: 4:35.88 33.75	



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Event 31, Women, 400m Freestyle, OPEN

Rank					Age					Time	Pts	
14.	SAMORAJ Oliwia				17	MKS Piaseczno				4:35.95	629	
	50m:	31.62	31.62	150m:	1:41.03	34.96	250m:	2:51.76	35.14	350m:	4:02.30	35.08
	100m:	1:06.07	34.45	200m:	2:16.62	35.59	300m:	3:27.22	35.46	400m:	4:35.95	33.65
15.	FIGAS Alicja				18	MKP Szczecin				4:37.77	616	
	50m:	31.59	31.59	150m:	1:41.01	34.98	250m:	2:51.13	34.83	350m:	4:02.41	35.61
	100m:	1:06.03	34.44	200m:	2:16.30	35.29	300m:	3:26.80	35.67	400m:	4:37.77	35.36
16.	LALA Nadia				18	UKP Unia Oswiecim				4:38.09	614	
	50m:	30.93	30.93	150m:	1:41.33	35.71	250m:	2:52.47	35.70	350m:	4:04.26	35.98
	100m:	1:05.62	34.69	200m:	2:16.77	35.44	300m:	3:28.28	35.81	400m:	4:38.09	33.83
17.	MOLENDĄ Dominika				19	UKS Zabianka Gdansk				4:38.16	614	
	50m:	31.18	31.18	150m:	1:41.26	35.67	250m:	2:52.55	35.48	350m:	4:03.83	35.50
	100m:	1:05.59	34.41	200m:	2:17.07	35.81	300m:	3:28.33	35.78	400m:	4:38.16	34.33
18.	SZREDZINSKA Gabriela				18	UKP „Polonia Warszawa”				4:41.12	595	
	50m:	30.67	30.67	150m:	1:40.42	35.49	250m:	2:52.60	36.00	350m:	4:06.41	36.97
	100m:	1:04.93	34.26	200m:	2:16.60	36.18	300m:	3:29.44	36.84	400m:	4:41.12	34.71
19.	HUBERT Julia				16	MKP Szczecin				4:41.54	592	
	50m:	31.82	31.82	150m:	1:42.12	35.50	250m:	2:54.00	36.12	350m:	4:06.63	36.31
	100m:	1:06.62	34.80	200m:	2:17.88	35.76	300m:	3:30.32	36.32	400m:	4:41.54	34.91
20.	BOCIAN Roksana				18	UKP Unia Oswiecim				4:41.68	591	
	50m:	31.91	31.91	150m:	1:42.17	35.45	250m:	2:54.34	36.30	350m:	4:06.91	35.90
	100m:	1:06.72	34.81	200m:	2:18.04	35.87	300m:	3:31.01	36.67	400m:	4:41.68	34.77
21.	GORCZYCA Gabriela				16	UKS SMS Galicja Krakow				4:41.81	590	
	50m:	31.69	31.69	150m:	1:41.75	35.47	250m:	2:54.09	36.27	350m:	4:06.91	36.24
	100m:	1:06.28	34.59	200m:	2:17.82	36.07	300m:	3:30.67	36.58	400m:	4:41.81	34.90
22.	SZOPA Natalia				15	UKP Gryf Debica				4:42.33	587	
	50m:	30.88	30.88	150m:	1:41.72	36.14	250m:	2:55.73	36.71	350m:	4:08.51	35.85
	100m:	1:05.58	34.70	200m:	2:19.02	37.30	300m:	3:32.66	36.93	400m:	4:42.33	33.82
23.	GWAJ Julia				18	Miedzyszkolny UKS „Olimpijczyk” Suwałki				4:42.94	583	
	50m:	31.85	31.85	150m:	1:43.62	36.38	250m:	2:54.89	35.42	350m:	4:06.88	36.28
	100m:	1:07.24	35.39	200m:	2:19.47	35.85	300m:	3:30.60	35.71	400m:	4:42.94	36.06
24.	SUJKOWSKA Roksana				17	MTP Kormoran Olsztyn				4:43.77	578	
	50m:	32.48	32.48	150m:	1:44.45	36.73	250m:	2:56.67	36.26	350m:	4:09.29	35.64
	100m:	1:07.72	35.24	200m:	2:20.41	35.96	300m:	3:33.65	36.98	400m:	4:43.77	34.48
25.	RACZKOWSKA Maja				15	LKS Jednocz 32 Przyszowice				4:43.80	578	
	50m:	32.49	32.49	150m:	1:43.43	35.74	250m:	2:56.83	37.11	350m:	4:09.50	36.04
	100m:	1:07.69	35.20	200m:	2:19.72	36.29	300m:	3:33.46	36.63	400m:	4:43.80	34.30
26.	RAKOWSKA Marta				16	DOKiS SP Vega Dobrodzien				4:44.78	572	
	50m:	32.07	32.07	150m:	1:43.62	36.10	250m:	2:56.69	36.66	350m:	4:09.64	36.57
	100m:	1:07.52	35.45	200m:	2:20.03	36.41	300m:	3:33.07	36.38	400m:	4:44.78	35.14
27.	CIOCH-GRADZIK Wiktoria				19	KU AZS UMCS Lublin				4:45.45	568	
	50m:	31.92	31.92	150m:	1:43.18	35.92	250m:	2:56.47	36.38	350m:	4:09.49	36.08
	100m:	1:07.26	35.34	200m:	2:20.09	36.91	300m:	3:33.41	36.94	400m:	4:45.45	35.96
28.	MALOLEPSZA Weronika				15	MKP Szczecin				4:45.46	568	
	50m:	32.13	32.13	150m:	1:43.82	36.41	250m:	2:57.38	36.97	350m:	4:10.64	36.54
	100m:	1:07.41	35.28	200m:	2:20.41	36.59	300m:	3:34.10	36.72	400m:	4:45.46	34.82
29.	GAWELKO Zuzanna				16	KS „Wisla” Pulawy				4:45.95	565	
	50m:	31.48	31.48	150m:	1:43.32	36.46	250m:	2:56.57	36.68	350m:	4:10.48	36.86
	100m:	1:06.86	35.38	200m:	2:19.89	36.57	300m:	3:33.62	37.05	400m:	4:45.95	35.47
30.	KONDRASIUŁ Zofia				14	UKS „GIM 92 Ursynow”				4:46.26	563	
	50m:	32.17	32.17	150m:	1:43.59	35.95	250m:	2:57.30	37.37	350m:	4:11.57	36.61
	100m:	1:07.64	35.47	200m:	2:19.93	36.34	300m:	3:34.96	37.66	400m:	4:46.26	34.69



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Event 31, Women, 400m Freestyle, OPEN

Rank			Age					Time	Pts
31.	SVIATKINA Yeva		16	MKS Trojka Lodz				4:47.03	559
	50m:	31.80 31.80	150m:	1:44.00 36.77	250m:	2:57.98 37.05	350m:	4:12.35 37.71	
	100m:	1:07.23 35.43	200m:	2:20.93 36.93	300m:	3:34.64 36.66	400m:	4:47.03 34.68	
32.	HRYMALIUK Anastasiia		16	MKS Trojka Lodz				4:47.25	557
	50m:	31.84 31.84	150m:	1:44.90 37.00	250m:	2:58.77 36.64	350m:	4:12.17 36.51	
	100m:	1:07.90 36.06	200m:	2:22.13 37.23	300m:	3:35.66 36.89	400m:	4:47.25 35.08	
33.	WISNIEWSKA Maja		14	MKS Ochota Warszawa				4:50.73	538
	50m:	32.22 32.22	150m:	1:44.83 37.17	250m:	2:59.53 37.14	350m:	4:14.34 37.47	
	100m:	1:07.66 35.44	200m:	2:22.39 37.56	300m:	3:36.87 37.34	400m:	4:50.73 36.39	
34.	LUKASIK Zuzanna		14	CSiR MOS w Dabrowie Gorniczej				4:51.07	536
	50m:	33.77 33.77	150m:	1:46.79 36.72	250m:	3:01.00 37.12	350m:	4:15.36 36.92	
	100m:	1:10.07 36.30	200m:	2:23.88 37.09	300m:	3:38.44 37.44	400m:	4:51.07 35.71	
35.	SZACHMYTOWSKA Lena		16	MTS Kwidzyn				4:51.71	532
	50m:	31.73 31.73	150m:	1:44.21 36.96	250m:	2:59.80 37.87	350m:	4:15.74 37.84	
	100m:	1:07.25 35.52	200m:	2:21.93 37.72	300m:	3:37.90 38.10	400m:	4:51.71 35.97	
36.	BALDYGA Kamila		16	MTP Kormoran Olsztyn				4:52.03	530
	50m:	33.24 33.24	150m:	1:46.21 36.92	250m:	3:01.39 37.43	350m:	4:16.20 36.87	
	100m:	1:09.29 36.05	200m:	2:23.96 37.75	300m:	3:39.33 37.94	400m:	4:52.03 35.83	
37.	JAWORSKA Wiktoria		17	MUKS "Pietnastka"				4:52.77	526
	50m:	32.81 32.81	150m:	1:46.34 37.20	250m:	3:01.44 37.56	350m:	4:17.32 37.82	
	100m:	1:09.14 36.33	200m:	2:23.88 37.54	300m:	3:39.50 38.06	400m:	4:52.77 35.45	
38.	BISZEWSKA Gabriela		17	Miedzyszkolny UKS „Olimpijczyk” Suwałki				4:52.93	525
	50m:	31.38 31.38	150m:	1:44.26 37.32	250m:	2:59.82 37.42	350m:	4:15.99 37.71	
	100m:	1:06.94 35.56	200m:	2:22.40 38.14	300m:	3:38.28 38.46	400m:	4:52.93 36.94	
39.	MURAS Nina		15	Mokotowski UKP Warszawianka- Wodny				4:53.64	522
	50m:	32.96 32.96	150m:	1:47.14 37.10	250m:	3:02.86 38.09	350m:	4:18.72 37.87	
	100m:	1:10.04 37.08	200m:	2:24.77 37.63	300m:	3:40.85 37.99	400m:	4:53.64 34.92	
40.	TARASZKIEWICZ Zofia		15	Mokotowski UKP Warszawianka- Wodny				4:54.73	516
	50m:	32.80 32.80	150m:	1:46.30 37.23	250m:	3:02.19 37.82	350m:	4:18.66 38.30	
	100m:	1:09.07 36.27	200m:	2:24.37 38.07	300m:	3:40.36 38.17	400m:	4:54.73 36.07	
41.	DUNKO Julia		15	RWKS Sparta Bilgoraj				4:55.30	513
	50m:	32.79 32.79	150m:	1:47.74 38.18	250m:	3:03.98 38.27	350m:	4:19.54 36.73	
	100m:	1:09.56 36.77	200m:	2:25.71 37.97	300m:	3:42.81 38.83	400m:	4:55.30 35.76	
42.	DRAZYK Wiktoria		15	UKS „MANTA” Kochlowice Ruda Slaska				4:55.65	511
	50m:	33.28 33.28	150m:	1:47.45 37.27	250m:	3:03.34 37.70	350m:	4:19.91 37.64	
	100m:	1:10.18 36.90	200m:	2:25.64 38.19	300m:	3:42.27 38.93	400m:	4:55.65 35.74	
43.	WEGRZYCKA Malgorzata		15	MKS Trojka Lodz				4:56.65	506
	50m:	32.87 32.87	150m:	1:47.76 38.12	250m:	3:03.60 37.91	350m:	4:19.98 38.19	
	100m:	1:09.64 36.77	200m:	2:25.69 37.93	300m:	3:41.79 38.19	400m:	4:56.65 36.67	
44.	ORNOWSKA Zuzanna		14	MKS Juvenia Bialystok				4:57.53	501
	50m:	32.84 32.84	150m:	1:48.35 38.36	250m:	3:05.39 38.12	350m:	4:21.66 38.17	
	100m:	1:09.99 37.15	200m:	2:27.27 38.92	300m:	3:43.49 38.10	400m:	4:57.53 35.87	
45.	SKORYKOW Lena		14	UKS Ostrobramska				4:58.24	498
	50m:	33.84 33.84	150m:	1:50.20 38.71	250m:	3:06.99 38.33	350m:	4:23.04 38.35	
	100m:	1:11.49 37.65	200m:	2:28.66 38.46	300m:	3:44.69 37.70	400m:	4:58.24 35.20	
46.	GAWLIK Jagoda		16	KS „Gornik” Sosnowiec				4:59.32	493
	50m:	33.35 33.35	150m:	1:47.57 38.18	250m:	3:04.86 38.88	350m:	4:22.34 37.91	
	100m:	1:09.39 36.04	200m:	2:25.98 38.41	300m:	3:44.43 39.57	400m:	4:59.32 36.98	
47.	FURMANSKA Julia		16	UKS Nawa Skierniewice				5:00.05	489
	50m:	34.85 34.85	150m:	1:50.21 38.14	250m:	3:06.76 37.98	350m:	4:23.62 38.13	
	100m:	1:12.07 37.22	200m:	2:28.78 38.57	300m:	3:45.49 38.73	400m:	5:00.05 36.43	



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Rank		Age			Time	Pts	
48.	SKUDLIK Michalina	15	UKS „MANTA” Kochlowice Ruda Slaska	5:00.60	486		
	50m: 34.61 34.61	150m: 1:50.11	38.20	250m: 3:06.71	38.12	350m: 4:23.33	38.54
	100m: 1:11.91 37.30	200m: 2:28.59	38.48	300m: 3:44.79	38.08	400m: 5:00.60	37.27
49.	ORASZEK Karolina	15	Mokotowski UKP Warszawianka- Wodny	5:01.20	483		
	50m: 32.69 32.69	150m: 1:47.68	38.14	250m: 3:05.02	38.55	350m: 4:23.24	38.78
	100m: 1:09.54 36.85	200m: 2:26.47	38.79	300m: 3:44.46	39.44	400m: 5:01.20	37.96
50.	PIASCINSKA Alicja	15	UKS Swim Team Wilanow	5:01.92	480		
	50m: 33.86 33.86	150m: 1:51.14	38.79	250m: 3:07.82	38.07	350m: 4:24.44	38.06
	100m: 1:12.35 38.49	200m: 2:29.75	38.61	300m: 3:46.38	38.56	400m: 5:01.92	37.48
51.	GRZECH Maja	14	GKS „CARTUSIA” w Kartuzach	5:03.31	473		
	50m: 33.56 33.56	150m: 1:49.54	38.88	250m: 3:07.99	39.60	350m: 4:26.65	39.10
	100m: 1:10.66 37.10	200m: 2:28.39	38.85	300m: 3:47.55	39.56	400m: 5:03.31	36.66
52.	FURMANIAK Oliwia	16	MKS Trojka Lodz	5:03.64	472		
	50m: 34.04 34.04	150m: 1:50.49	38.87	250m: 3:07.99	38.88	350m: 4:26.11	39.09
	100m: 1:11.62 37.58	200m: 2:29.11	38.62	300m: 3:47.02	39.03	400m: 5:03.64	37.53
53.	CICH Kinga	15	RWKS Sparta Bilgoraj	5:03.74	471		
	50m: 34.02 34.02	150m: 1:49.30	37.92	250m: 3:06.49	38.72	350m: 4:25.55	39.29
	100m: 1:11.38 37.36	200m: 2:27.77	38.47	300m: 3:46.26	39.77	400m: 5:03.74	38.19
54.	MATYNIAK Sylwia	14	UKS „MANTA” Kochlowice Ruda Slaska	5:04.12	470		
	50m: 33.71 33.71	150m: 1:50.17	38.95	250m: 3:09.33	39.75	350m: 4:27.56	38.61
	100m: 1:11.22 37.51	200m: 2:29.58	39.41	300m: 3:48.95	39.62	400m: 5:04.12	36.56
55.	WOZAKOWSKA Zofia	15	UKS SP5 Swim	5:04.61	467		
	50m: 32.67 32.67	150m: 1:47.72	38.21	250m: 3:06.50	39.42	350m: 4:26.52	40.12
	100m: 1:09.51 36.84	200m: 2:27.08	39.36	300m: 3:46.40	39.90	400m: 5:04.61	38.09
56.	BLAWICKA Milena	14	UKS „Dragon” Bedzin	5:07.07	456		
	50m: 33.72 33.72	150m: 1:51.52	39.20	250m: 3:10.52	39.56	350m: 4:28.93	38.72
	100m: 1:12.32 38.60	200m: 2:30.96	39.44	300m: 3:50.21	39.69	400m: 5:07.07	38.14
57.	BALAS Maria	14	UKS 307 Warszawa	5:07.11	456		
	50m: 33.29 33.29	150m: 1:50.38	39.28	250m: 3:10.78	40.41	350m: 4:31.70	40.46
	100m: 1:11.10 37.81	200m: 2:30.37	39.99	300m: 3:51.24	40.46	400m: 5:07.11	35.41
58.	JURCZUK Weronika	14	MKS Juwenia Bialystok	5:07.43	455		
	50m: 34.08 34.08	150m: 1:50.72	38.85	250m: 3:08.64	38.77	350m: 4:28.14	39.50
	100m: 1:11.87 37.79	200m: 2:29.87	39.15	300m: 3:48.64	40.00	400m: 5:07.43	39.29
59.	GRACZAK Oliwia	14	UKS SP5 Swim	5:08.92	448		
	50m: 33.26 33.26	150m: 1:50.65	39.75	250m: 3:11.51	41.17	350m: 4:31.59	40.35
	100m: 1:10.90 37.64	200m: 2:30.34	39.69	300m: 3:51.24	39.73	400m: 5:08.92	37.33
60.	MATWIN Julia	17	CSiR MOS w Dabrowie Gorniczej	5:10.06	443		
	50m: 33.92 33.92	150m: 1:50.60	38.83	250m: 3:10.24	39.47	350m: 4:31.03	39.97
	100m: 1:11.77 37.85	200m: 2:30.77	40.17	300m: 3:51.06	40.82	400m: 5:10.06	39.03
61.	BATYRA Julia	14	Uks Skarpa Lublin	5:10.23	442		
	50m: 34.81 34.81	150m: 1:53.03	39.70	250m: 3:12.81	40.10	350m: 4:32.07	39.93
	100m: 1:13.33 38.52	200m: 2:32.71	39.68	300m: 3:52.14	39.33	400m: 5:10.23	38.16
62.	JABLONSKA Natalia	14	MTP Kormoran Olsztyn	5:10.24	442		
	50m: 34.98 34.98	150m: 1:53.64	39.96	250m: 3:13.53	39.81	350m: 4:33.16	39.58
	100m: 1:13.68 38.70	200m: 2:33.72	40.08	300m: 3:53.58	40.05	400m: 5:10.24	37.08
63.	JARZEWICZ Klaudia	16	Mokotowski UKP Warszawianka- Wodny	5:10.69	440		
	50m: 35.76 35.76	150m: 1:54.67	39.77	250m: 3:15.12	40.33	350m: 4:33.11	38.55
	100m: 1:14.90 39.14	200m: 2:34.79	40.12	300m: 3:54.56	39.44	400m: 5:10.69	37.58
64.	SPYCHALSKA Dominika	14	KP Aquapark Wagrowiec	5:13.53	428		
	50m: 34.43 34.43	150m: 1:54.06	40.51	250m: 3:15.96	41.22	350m: 4:37.11	40.59
	100m: 1:13.55 39.12	200m: 2:34.74	40.68	300m: 3:56.52	40.56	400m: 5:13.53	36.42



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Rank			Age					Time	Pts			
65.	LADZIAK Nadia		16	MKS Jedyńka Lodz				5:13.79	427			
	50m:	34.00	34.00	150m:	1:52.60	39.89	250m:	3:12.95	40.45	350m:	4:34.00	40.66
	100m:	1:12.71	38.71	200m:	2:32.50	39.90	300m:	3:53.34	40.39	400m:	5:13.79	39.79
66.	PAWLIK Julia		16	UKS G-8 Bielany Warszawa				5:15.18	422			
	50m:	35.31	35.31	150m:	1:54.69	39.81	250m:	3:15.48	40.26	350m:	4:37.70	41.16
	100m:	1:14.88	39.57	200m:	2:35.22	40.53	300m:	3:56.54	41.06	400m:	5:15.18	37.48
67.	TOBOLA PERTKIEWICZ Ewa		14	Uks „Pingwiny”				5:18.01	411			
	50m:	33.40	33.40	150m:	1:52.96	40.48	250m:	3:15.46	41.89	350m:	4:39.54	41.33
	100m:	1:12.48	39.08	200m:	2:33.57	40.61	300m:	3:58.21	42.75	400m:	5:18.01	38.47
68.	KOT Zuzanna		16	UKS H2O Warszawa				5:20.09	403			
	50m:	34.83	34.83	150m:	1:55.20	40.70	250m:	3:17.71	41.19	350m:	4:40.27	41.66
	100m:	1:14.50	39.67	200m:	2:36.52	41.32	300m:	3:58.61	40.90	400m:	5:20.09	39.82
69.	KANONCHYK Vera		14	MKS Juwenia Białystok				5:36.56	346			
	50m:	37.16	37.16	150m:	2:01.30	42.64	250m:	3:28.40	43.94	350m:	4:55.47	43.44
	100m:	1:18.66	41.50	200m:	2:44.46	43.16	300m:	4:12.03	43.63	400m:	5:36.56	41.09
70.	ZIEMBA Paulina		16	AZS Jarosław				6:12.77	255			
	50m:	38.61	38.61	150m:	2:10.52	46.76	250m:	3:46.98	48.56	350m:	5:26.07	49.30
	100m:	1:23.76	45.15	200m:	2:58.42	47.90	300m:	4:36.77	49.79	400m:	6:12.77	46.70