



2022 Arena Grand Prix Puchar Polski  
Lublin, 9. - 10.4.2022

Konkurencja 32 M czynn, 400m dowolny 14 lat i starsi  
10.04.2022 - 13:48 Wyniki

|                       |         |                     |       |                 |            |
|-----------------------|---------|---------------------|-------|-----------------|------------|
| Rekord Polski Open    | 3:45.71 | STANCZYK Przemysław | 00116 | Chiba (JPN)     | 21.08.2007 |
| Rekord Polski 19 - 23 | 3:45.71 | STANCZYK Przemysław | 00116 | Chiba (JPN)     | 21.08.2007 |
| Rekord Polski 18      | 3:49.21 | WOJDAK Wojciech     |       | Dordrecht (NED) | 09.07.2014 |
| Rekord Polski 17      | 3:51.80 | WOJDAK Wojciech     | 03106 | Poznan          | 10.07.2013 |
| Rekord Polski 16      | 3:56.29 | DASZKIEWICZ Michał  | 01006 | Lublin          | 11.07.2019 |
| Rekord Polski 15      | 4:00.04 | DASZKIEWICZ Michał  | 01006 | Oswiecim        | 14.07.2018 |
| Rekord Polski 14      | 4:07.63 | ORLICZ Filip        | 05114 | Olsztyn         | 09.07.2016 |

Minimum kwal. do Uniwersjady - Chengdu Open: 3:51.32 / Minimum kwal. do ME Juniorów - Bukareszt 17 - 18: 3:55.78 /  
Minimum kwal. do M Seniorów - Budapeszt Open: 3:46.78

Punkty: FINA 2022

| Pozycja                      |                       |         | Wiek  |                                    |         |       |       |         |       | Czas           | Pkt.    |       |
|------------------------------|-----------------------|---------|-------|------------------------------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| <b>JUNIOR MŁODSZY 14 LAT</b> |                       |         |       |                                    |         |       |       |         |       |                |         |       |
| 1.                           | KRAWCZYK Jakub        |         | 14    | Mokotowski UKP Warszawianka- Wodny |         |       |       |         |       | <b>4:28.23</b> | 552     |       |
|                              | 50m:                  | 29.09   | 29.09 | 150m:                              | 1:36.55 | 34.36 | 250m: | 2:46.76 | 34.91 | 350m:          | 3:55.62 | 33.37 |
|                              | 100m:                 | 1:02.19 | 33.10 | 200m:                              | 2:11.85 | 35.30 | 300m: | 3:22.25 | 35.49 | 400m:          | 4:28.23 | 32.61 |
| 2.                           | WASILEWSKI Mateusz    |         | 14    | UKS Tri-Team Rumia                 |         |       |       |         |       | <b>4:32.83</b> | 524     |       |
|                              | 50m:                  | 30.92   | 30.92 | 150m:                              | 1:39.84 | 34.57 | 250m: | 2:49.37 | 34.83 | 350m:          | 3:59.22 | 35.07 |
|                              | 100m:                 | 1:05.27 | 34.35 | 200m:                              | 2:14.54 | 34.70 | 300m: | 3:24.15 | 34.78 | 400m:          | 4:32.83 | 33.61 |
| 3.                           | DORCHYNETS Andriy     |         | 14    | Ukraine                            |         |       |       |         |       | <b>4:32.99</b> | 523     |       |
|                              | 50m:                  | 31.25   | 31.25 | 150m:                              | 1:40.66 | 34.96 | 250m: | 2:49.77 | 34.35 | 350m:          | 4:00.09 | 35.01 |
|                              | 100m:                 | 1:05.70 | 34.45 | 200m:                              | 2:15.42 | 34.76 | 300m: | 3:25.08 | 35.31 | 400m:          | 4:32.99 | 32.90 |
| 4.                           | ŁUBI SKI Szymon       |         | 14    | UKS „GIM 92 Ursynów"               |         |       |       |         |       | <b>4:37.03</b> | 501     |       |
|                              | 50m:                  | 32.02   | 32.02 | 150m:                              | 1:39.87 | 33.99 | 250m: | 2:50.21 | 35.48 | 350m:          | 4:02.14 | 36.21 |
|                              | 100m:                 | 1:05.88 | 33.86 | 200m:                              | 2:14.73 | 34.86 | 300m: | 3:25.93 | 35.72 | 400m:          | 4:37.03 | 34.89 |
| 5.                           | SUCHOCKI Jan          |         | 14    | MTP Kormoran Olsztyn               |         |       |       |         |       | <b>4:39.33</b> | 489     |       |
|                              | 50m:                  | 31.81   | 31.81 | 150m:                              | 1:43.41 | 35.77 | 250m: | 2:54.75 | 35.05 | 350m:          | 4:06.42 | 35.65 |
|                              | 100m:                 | 1:07.64 | 35.83 | 200m:                              | 2:19.70 | 36.29 | 300m: | 3:30.77 | 36.02 | 400m:          | 4:39.33 | 32.91 |
| 6.                           | RUBIN Feliks          |         | 14    | MKS Trójka Łódź                    |         |       |       |         |       | <b>4:40.81</b> | 481     |       |
|                              | 50m:                  | 30.80   | 30.80 | 150m:                              | 1:42.49 | 36.21 | 250m: | 2:55.03 | 36.15 | 350m:          | 4:06.43 | 35.70 |
|                              | 100m:                 | 1:06.28 | 35.48 | 200m:                              | 2:18.88 | 36.39 | 300m: | 3:30.73 | 35.70 | 400m:          | 4:40.81 | 34.38 |
| 7.                           | MONDYK Serhii         |         | 14    | Ukraine                            |         |       |       |         |       | <b>4:43.06</b> | 469     |       |
|                              | 50m:                  | 30.39   | 30.39 | 150m:                              | 1:40.08 | 35.28 | 250m: | 2:53.58 | 37.22 | 350m:          | 4:07.42 | 36.68 |
|                              | 100m:                 | 1:04.80 | 34.41 | 200m:                              | 2:16.36 | 36.28 | 300m: | 3:30.74 | 37.16 | 400m:          | 4:43.06 | 35.64 |
| 8.                           | KOT Kacper            |         | 14    | KP Solne Miasto Wieliczka          |         |       |       |         |       | <b>4:47.77</b> | 447     |       |
|                              | 50m:                  | 32.16   | 32.16 | 150m:                              | 1:45.09 | 36.73 | 250m: | 2:59.31 | 37.53 | 350m:          | 4:13.38 | 37.25 |
|                              | 100m:                 | 1:08.36 | 36.20 | 200m:                              | 2:21.78 | 36.69 | 300m: | 3:36.13 | 36.82 | 400m:          | 4:47.77 | 34.39 |
| 9.                           | GWIAZDOWSKI Krzysztof |         | 14    | MKS Piaseczno                      |         |       |       |         |       | <b>4:48.23</b> | 445     |       |
|                              | 50m:                  | 32.36   | 32.36 | 150m:                              | 1:44.62 | 36.49 | 250m: | 2:58.18 | 36.89 | 350m:          | 4:12.30 | 37.17 |
|                              | 100m:                 | 1:08.13 | 35.77 | 200m:                              | 2:21.29 | 36.67 | 300m: | 3:35.13 | 36.95 | 400m:          | 4:48.23 | 35.93 |
| 10.                          | D BROWSKI Adam        |         | 14    | UKS 307 Warszawa                   |         |       |       |         |       | <b>4:51.74</b> | 429     |       |
|                              | 50m:                  | 33.56   | 33.56 | 150m:                              | 1:49.67 | 38.05 | 250m: | 3:04.63 | 37.12 | 350m:          | 4:17.21 | 35.79 |
|                              | 100m:                 | 1:11.62 | 38.06 | 200m:                              | 2:27.51 | 37.84 | 300m: | 3:41.42 | 36.79 | 400m:          | 4:51.74 | 34.53 |
| 11.                          | RUTKOWSKI Łukasz      |         | 14    | TP Olimpijczyk Aleksandrów Łódzki  |         |       |       |         |       | <b>4:52.04</b> | 427     |       |
|                              | 50m:                  | 32.51   | 32.51 | 150m:                              | 1:46.63 | 37.61 | 250m: | 3:01.34 | 37.71 | 350m:          | 4:16.37 | 37.77 |
|                              | 100m:                 | 1:09.02 | 36.51 | 200m:                              | 2:23.63 | 37.00 | 300m: | 3:38.60 | 37.26 | 400m:          | 4:52.04 | 35.67 |
| 12.                          | PŁUCIENNIK Filip      |         | 14    | UKS Swim Team Wilanów              |         |       |       |         |       | <b>4:57.76</b> | 403     |       |
|                              | 50m:                  | 31.51   | 31.51 | 150m:                              | 1:46.12 | 38.04 | 250m: | 3:03.37 | 38.59 | 350m:          | 4:20.59 | 38.30 |
|                              | 100m:                 | 1:08.08 | 36.57 | 200m:                              | 2:24.78 | 38.66 | 300m: | 3:42.29 | 38.92 | 400m:          | 4:57.76 | 37.17 |
| 13.                          | FRONCZEK Miłosz       |         | 14    | KU AZS UMCS Lublin                 |         |       |       |         |       | <b>5:01.91</b> | 387     |       |
|                              | 50m:                  | 34.19   | 34.19 | 150m:                              | 1:50.66 | 38.52 | 250m: | 3:08.41 | 38.46 | 350m:          | 4:26.27 | 38.96 |
|                              | 100m:                 | 1:12.14 | 37.95 | 200m:                              | 2:29.95 | 39.29 | 300m: | 3:47.31 | 38.90 | 400m:          | 5:01.91 | 35.64 |



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Konkurencja 32, Chłopców, 400m dowolny, JUNIOR MŁODSZY 14 LAT

| Pozycja |                |               | Wiek  |               |                |               | Czas           |               | Pkt. |
|---------|----------------|---------------|-------|---------------|----------------|---------------|----------------|---------------|------|
| 14.     | PORADA Jan     |               | 14    |               | UKS SP-149 Łód |               | <b>5:03.76</b> |               | 380  |
|         | 50m:           | 35.12 35.12   | 150m: | 1:52.02 38.60 | 250m:          | 3:10.19 39.08 | 350m:          | 4:27.52 38.31 |      |
|         | 100m:          | 1:13.42 38.30 | 200m: | 2:31.11 39.09 | 300m:          | 3:49.21 39.02 | 400m:          | 5:03.76 36.24 |      |
| 15.     | MENDYKA Miłosz |               | 14    |               | AZS Jarosław   |               | <b>5:19.70</b> |               | 326  |
|         | 50m:           | 33.66 33.66   | 150m: | 1:54.20 41.31 | 250m:          | 3:17.45 42.80 | 350m:          | 4:41.44 42.26 |      |
|         | 100m:          | 1:12.89 39.23 | 200m: | 2:34.65 40.45 | 300m:          | 3:59.18 41.73 | 400m:          | 5:19.70 38.26 |      |
| 16.     | BŁAJDA Alex    |               | 14    |               | AZS Jarosław   |               | <b>5:32.22</b> |               | 290  |
|         | 50m:           | 36.82 36.82   | 150m: | 2:01.16 42.99 | 250m:          | 3:30.21 44.91 | 350m:          | 4:54.59 42.32 |      |
|         | 100m:          | 1:18.17 41.35 | 200m: | 2:45.30 44.14 | 300m:          | 4:12.27 42.06 | 400m:          | 5:32.22 37.63 |      |

JUNIOR MŁODSZY 15 LAT

|     |                    |               |       |               |                          |               |                |               |     |
|-----|--------------------|---------------|-------|---------------|--------------------------|---------------|----------------|---------------|-----|
| 1.  | KOWAL Maciej       |               | 15    |               | MKP Szczecin             |               | <b>4:10.98</b> |               | 674 |
|     | 50m:               | 28.52 28.52   | 150m: | 1:31.72 31.56 | 250m:                    | 2:36.13 32.14 | 350m:          | 3:40.31 31.74 |     |
|     | 100m:              | 1:00.16 31.64 | 200m: | 2:03.99 32.27 | 300m:                    | 3:08.57 32.44 | 400m:          | 4:10.98 30.67 |     |
| 2.  | PI TKA Miłosz      |               | 15    |               | MKP Szczecin             |               | <b>4:16.57</b> |               | 631 |
|     | 50m:               | 28.94 28.94   | 150m: | 1:33.37 32.47 | 250m:                    | 2:39.43 33.11 | 350m:          | 3:44.92 32.76 |     |
|     | 100m:              | 1:00.90 31.96 | 200m: | 2:06.32 32.95 | 300m:                    | 3:12.16 32.73 | 400m:          | 4:16.57 31.65 |     |
| 3.  | PONIEWA Oliwier    |               | 15    |               | UKS SP5 Swim             |               | <b>4:17.96</b> |               | 620 |
|     | 50m:               | 28.79 28.79   | 150m: | 1:32.48 32.52 | 250m:                    | 2:39.09 33.41 | 350m:          | 3:46.68 34.04 |     |
|     | 100m:              | 59.96 31.17   | 200m: | 2:05.68 33.20 | 300m:                    | 3:12.64 33.55 | 400m:          | 4:17.96 31.28 |     |
| 4.  | PIETRO Przemysław  |               | 15    |               | KU AZS UMCS Lublin       |               | <b>4:18.22</b> |               | 619 |
|     | 50m:               | 28.86 28.86   | 150m: | 1:33.19 32.45 | 250m:                    | 2:39.16 33.10 | 350m:          | 3:45.87 33.46 |     |
|     | 100m:              | 1:00.74 31.88 | 200m: | 2:06.06 32.87 | 300m:                    | 3:12.41 33.25 | 400m:          | 4:18.22 32.35 |     |
| 5.  | URBANIAK Olivier   |               | 15    |               | MKS Trójka Łód           |               | <b>4:22.48</b> |               | 589 |
|     | 50m:               | 29.60 29.60   | 150m: | 1:35.95 33.70 | 250m:                    | 2:43.42 33.86 | 350m:          | 3:51.15 33.56 |     |
|     | 100m:              | 1:02.25 32.65 | 200m: | 2:09.56 33.61 | 300m:                    | 3:17.59 34.17 | 400m:          | 4:22.48 31.33 |     |
| 6.  | SELDER Krystian    |               | 15    |               | MKS Trójka Łód           |               | <b>4:28.95</b> |               | 547 |
|     | 50m:               | 30.07 30.07   | 150m: | 1:37.60 34.50 | 250m:                    | 2:46.73 34.66 | 350m:          | 3:55.90 34.62 |     |
|     | 100m:              | 1:03.10 33.03 | 200m: | 2:12.07 34.47 | 300m:                    | 3:21.28 34.55 | 400m:          | 4:28.95 33.05 |     |
| 7.  | GAJDA Jan          |               | 15    |               | MKS Trójka Łód           |               | <b>4:30.60</b> |               | 537 |
|     | 50m:               | 29.23 29.23   | 150m: | 1:38.94 35.07 | 250m:                    | 2:49.38 35.20 | 350m:          | 3:59.29 34.62 |     |
|     | 100m:              | 1:03.87 34.64 | 200m: | 2:14.18 35.24 | 300m:                    | 3:24.67 35.29 | 400m:          | 4:30.60 31.31 |     |
| 8.  | PI TKIEWICZ Piotr  |               | 15    |               | MKS Trójka Łód           |               | <b>4:31.59</b> |               | 532 |
|     | 50m:               | 30.24 30.24   | 150m: | 1:39.06 34.74 | 250m:                    | 2:48.42 34.09 | 350m:          | 3:58.53 34.98 |     |
|     | 100m:              | 1:04.32 34.08 | 200m: | 2:14.33 35.27 | 300m:                    | 3:23.55 35.13 | 400m:          | 4:31.59 33.06 |     |
| 9.  | KONOPKO Mateusz    |               | 15    |               | LKS Jedno 32 Przyszowice |               | <b>4:31.84</b> |               | 530 |
|     | 50m:               | 30.41 30.41   | 150m: | 1:38.49 34.37 | 250m:                    | 2:48.80 35.28 | 350m:          | 3:58.62 34.98 |     |
|     | 100m:              | 1:04.12 33.71 | 200m: | 2:13.52 35.03 | 300m:                    | 3:23.64 34.84 | 400m:          | 4:31.84 33.22 |     |
| 10. | KANCZKOWSKI Szymon |               | 15    |               | UKS Tri-Team Rumia       |               | <b>4:33.25</b> |               | 522 |
|     | 50m:               | 31.39 31.39   | 150m: | 1:40.47 34.79 | 250m:                    | 2:50.47 35.03 | 350m:          | 4:00.46 34.82 |     |
|     | 100m:              | 1:05.68 34.29 | 200m: | 2:15.44 34.97 | 300m:                    | 3:25.64 35.17 | 400m:          | 4:33.25 32.79 |     |
| 11. | BARANOWSKI Alex    |               | 15    |               | Uks Cityzen              |               | <b>4:34.61</b> |               | 514 |
|     | 50m:               | 30.57 30.57   | 150m: | 1:40.62 35.20 | 250m:                    | 2:52.67 36.19 | 350m:          | 4:01.03 32.29 |     |
|     | 100m:              | 1:05.42 34.85 | 200m: | 2:16.48 35.86 | 300m:                    | 3:28.74 36.07 | 400m:          | 4:34.61 33.58 |     |
| 12. | BORUSZEWSKI Filip  |               | 15    |               | UKS SP-149 Łód           |               | <b>4:35.34</b> |               | 510 |
|     | 50m:               | 31.91 31.91   | 150m: | 1:43.37 35.86 | 250m:                    | 2:53.79 34.38 | 350m:          | 4:03.21 34.08 |     |
|     | 100m:              | 1:07.51 35.60 | 200m: | 2:19.41 36.04 | 300m:                    | 3:29.13 35.34 | 400m:          | 4:35.34 32.13 |     |
| 13. | KOZŁOWSKI Iwo      |               | 15    |               | UKP „Polonia Warszawa”   |               | <b>4:36.11</b> |               | 506 |
|     | 50m:               | 30.34 30.34   | 150m: | 1:40.61 35.48 | 250m:                    | 2:52.10 35.85 | 350m:          | 4:03.28 35.61 |     |
|     | 100m:              | 1:05.13 34.79 | 200m: | 2:16.25 35.64 | 300m:                    | 3:27.67 35.57 | 400m:          | 4:36.11 32.83 |     |



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Konkurencja 32, Chłopców, 400m dowolny, JUNIOR MŁODSZY 15 LAT

| Pozycja |                        |               | Wiek  |                                    |       |       |               | Czas           | Pkt.          |
|---------|------------------------|---------------|-------|------------------------------------|-------|-------|---------------|----------------|---------------|
| 14.     | MIKOŁAJCZYK Adrian     |               | 15    | MKS Trójka Łód                     |       |       |               | <b>4:37.63</b> | 498           |
|         | 50m:                   | 30.68 30.68   | 150m: | 1:41.72                            | 35.84 | 250m: | 2:54.20 36.11 | 350m:          | 4:04.69 34.83 |
|         | 100m:                  | 1:05.88 35.20 | 200m: | 2:18.09                            | 36.37 | 300m: | 3:29.86 35.66 | 400m:          | 4:37.63 32.94 |
| 15.     | OBSZY SKI Bartłomiej   |               | 15    | RWKS Sparta Biłgoraj               |       |       |               | <b>4:41.14</b> | 479           |
|         | 50m:                   | 31.10 31.10   | 150m: | 1:43.95                            | 36.80 | 250m: | 2:56.30 35.76 | 350m:          | 4:07.25 35.64 |
|         | 100m:                  | 1:07.15 36.05 | 200m: | 2:20.54                            | 36.59 | 300m: | 3:31.61 35.31 | 400m:          | 4:41.14 33.89 |
| 16.     | CIECHANOWSKI Stanisław |               | 15    | Mokotowski UKP Warszawianka- Wodny |       |       |               | <b>4:43.15</b> | 469           |
|         | 50m:                   | 31.99 31.99   | 150m: | 1:43.05                            | 36.17 | 250m: | 2:54.38 35.23 | 350m:          | 4:08.53 37.56 |
|         | 100m:                  | 1:06.88 34.89 | 200m: | 2:19.15                            | 36.10 | 300m: | 3:30.97 36.59 | 400m:          | 4:43.15 34.62 |
| 17.     | GŁOWACKI Sebastian     |               | 15    | UKS Nawa Skierniewice              |       |       |               | <b>4:44.42</b> | 463           |
|         | 50m:                   | 31.66 31.66   | 150m: | 1:43.76                            | 36.55 | 250m: | 2:57.21 36.18 | 350m:          | 4:10.06 36.18 |
|         | 100m:                  | 1:07.21 35.55 | 200m: | 2:21.03                            | 37.27 | 300m: | 3:33.88 36.67 | 400m:          | 4:44.42 34.36 |
| 18.     | BURY Paweł             |               | 15    | RWKS Sparta Biłgoraj               |       |       |               | <b>4:44.80</b> | 461           |
|         | 50m:                   | 30.86 30.86   | 150m: | 1:43.41                            | 36.66 | 250m: | 2:56.87 36.77 | 350m:          | 4:11.06 36.70 |
|         | 100m:                  | 1:06.75 35.89 | 200m: | 2:20.10                            | 36.69 | 300m: | 3:34.36 37.49 | 400m:          | 4:44.80 33.74 |
| 19.     | OSZAJCA Radosław       |               | 15    | RWKS Sparta Biłgoraj               |       |       |               | <b>4:52.21</b> | 427           |
|         | 50m:                   | 31.97 31.97   | 150m: | 1:45.47                            | 37.60 | 250m: | 3:00.39 37.96 | 350m:          | 4:16.07 37.35 |
|         | 100m:                  | 1:07.87 35.90 | 200m: | 2:22.43                            | 36.96 | 300m: | 3:38.72 38.33 | 400m:          | 4:52.21 36.14 |
| 20.     | PRZYSTAŁ Antonio       |               | 15    | KP Solne Miasto Wieliczka          |       |       |               | <b>4:53.12</b> | 423           |
|         | 50m:                   | 32.06 32.06   | 150m: | 1:44.66                            | 36.49 | 250m: | 3:00.14 38.10 | 350m:          | 4:16.61 38.09 |
|         | 100m:                  | 1:08.17 36.11 | 200m: | 2:22.04                            | 37.38 | 300m: | 3:38.52 38.38 | 400m:          | 4:53.12 36.51 |
| 21.     | HAJDUKIEWICZ Szymon    |               | 15    | MKS Juvenia Białystok              |       |       |               | <b>4:55.89</b> | 411           |
|         | 50m:                   | 31.62 31.62   | 150m: | 1:45.88                            | 37.59 | 250m: | 3:03.20 38.63 | 350m:          | 4:20.73 38.19 |
|         | 100m:                  | 1:08.29 36.67 | 200m: | 2:24.57                            | 38.69 | 300m: | 3:42.54 39.34 | 400m:          | 4:55.89 35.16 |
| 22.     | STA KIEWICZ Wiktor     |               | 15    | Mokotowski UKP Warszawianka- Wodny |       |       |               | <b>5:00.13</b> | 394           |
|         | 50m:                   | 32.45 32.45   | 150m: | 1:47.73                            | 38.16 | 250m: | 3:04.99 38.49 | 350m:          | 4:22.58 38.42 |
|         | 100m:                  | 1:09.57 37.12 | 200m: | 2:26.50                            | 38.77 | 300m: | 3:44.16 39.17 | 400m:          | 5:00.13 37.55 |
| 23.     | JARCZEWSKI Jan         |               | 15    | UKS 190 Łód                        |       |       |               | <b>5:05.85</b> | 372           |
|         | 50m:                   | 34.25 34.25   | 150m: | 1:51.28                            | 39.28 | 250m: | 3:09.20 39.22 | 350m:          | 4:27.98 39.31 |
|         | 100m:                  | 1:12.00 37.75 | 200m: | 2:29.98                            | 38.70 | 300m: | 3:48.67 39.47 | 400m:          | 5:05.85 37.87 |
| 24.     | WITERSKI Kacper        |               | 15    | MKS Juvenia Białystok              |       |       |               | <b>5:07.72</b> | 365           |
|         | 50m:                   | 33.50 33.50   | 150m: | 1:47.93                            | 37.90 | 250m: | 3:07.31 40.09 | 350m:          | 4:30.14 41.67 |
|         | 100m:                  | 1:10.03 36.53 | 200m: | 2:27.22                            | 39.29 | 300m: | 3:48.47 41.16 | 400m:          | 5:07.72 37.58 |

JUNIOR MŁODSZY 16 LAT

|    |                   |               |       |                          |       |       |               |                |               |
|----|-------------------|---------------|-------|--------------------------|-------|-------|---------------|----------------|---------------|
| 1. | LARY Jerzy        |               | 16    | IUKS „Muszelka” Warszawa |       |       |               | <b>4:08.43</b> | 695           |
|    | 50m:              | 29.43 29.43   | 150m: | 1:32.11                  | 31.61 | 250m: | 2:35.10 31.39 | 350m:          | 3:38.07 31.48 |
|    | 100m:             | 1:00.50 31.07 | 200m: | 2:03.71                  | 31.60 | 300m: | 3:06.59 31.49 | 400m:          | 4:08.43 30.36 |
| 2. | KAPAŁA Bartosz    |               | 16    | MTP Kormoran Olsztyn     |       |       |               | <b>4:12.95</b> | 658           |
|    | 50m:              | 29.27 29.27   | 150m: | 1:33.93                  | 32.67 | 250m: | 2:38.35 32.17 | 350m:          | 3:42.31 31.75 |
|    | 100m:             | 1:01.26 31.99 | 200m: | 2:06.18                  | 32.25 | 300m: | 3:10.56 32.21 | 400m:          | 4:12.95 30.64 |
| 3. | SULKOWSKI Maciej  |               | 16    | Uks Jagiellonia Swim     |       |       |               | <b>4:22.53</b> | 589           |
|    | 50m:              | 28.24 28.24   | 150m: | 1:35.34                  | 34.41 | 250m: | 2:43.83 34.37 | 350m:          | 3:51.31 33.54 |
|    | 100m:             | 1:00.93 32.69 | 200m: | 2:09.46                  | 34.12 | 300m: | 3:17.77 33.94 | 400m:          | 4:22.53 31.22 |
| 4. | BORSKI Mikołaj    |               | 16    | UKS Tri-Team Rumia       |       |       |               | <b>4:25.78</b> | 567           |
|    | 50m:              | 30.43 30.43   | 150m: | 1:37.42                  | 33.85 | 250m: | 2:45.02 33.66 | 350m:          | 3:52.64 33.76 |
|    | 100m:             | 1:03.57 33.14 | 200m: | 2:11.36                  | 33.94 | 300m: | 3:18.88 33.86 | 400m:          | 4:25.78 33.14 |
| 5. | LE NIEWSKI Wiktor |               | 16    | UKP „Polonia Warszawa”   |       |       |               | <b>4:30.06</b> | 541           |
|    | 50m:              | 29.54 29.54   | 150m: | 1:37.51                  | 34.75 | 250m: | 2:46.09 34.56 | 350m:          | 3:56.52 35.24 |
|    | 100m:             | 1:02.76 33.22 | 200m: | 2:11.53                  | 34.02 | 300m: | 3:21.28 35.19 | 400m:          | 4:30.06 33.54 |



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Konkurencja 32, Chłopców, 400m dowolny, JUNIOR MŁODSZY 16 LAT

| Pozycja |                             |               | Wiek  |               |                       |               | Czas           | Pkt.          |
|---------|-----------------------------|---------------|-------|---------------|-----------------------|---------------|----------------|---------------|
| 6.      | BRÓDKA Bartosz              |               | 16    |               | MTS Kwidzyn           |               | <b>4:30.30</b> | 539           |
|         | 50m:                        | 30.28 30.28   | 150m: | 1:38.54 34.24 | 250m:                 | 2:48.23 34.49 | 350m:          | 3:57.58 34.30 |
|         | 100m:                       | 1:04.30 34.02 | 200m: | 2:13.74 35.20 | 300m:                 | 3:23.28 35.05 | 400m:          | 4:30.30 32.72 |
| 7.      | NOWAK Aleksander            |               | 16    |               | MKP Szczecin          |               | <b>4:33.03</b> | 523           |
|         | 50m:                        | 30.89 30.89   | 150m: | 1:39.32 34.50 | 250m:                 | 2:49.31 35.32 | 350m:          | 3:59.97 35.53 |
|         | 100m:                       | 1:04.82 33.93 | 200m: | 2:13.99 34.67 | 300m:                 | 3:24.44 35.13 | 400m:          | 4:33.03 33.06 |
| 8.      | GORZE Norbert               |               | 16    |               | Uks Cityzen           |               | <b>4:36.09</b> | 506           |
|         | 50m:                        | 31.02 31.02   | 150m: | 1:42.00 35.70 | 250m:                 | 2:53.58 35.51 | 350m:          | 4:03.74 34.68 |
|         | 100m:                       | 1:06.30 35.28 | 200m: | 2:18.07 36.07 | 300m:                 | 3:29.06 35.48 | 400m:          | 4:36.09 32.35 |
| 9.      | JANKIEWICZ DELGADO Jarosław |               | 16    |               | UKS Nawa Skierniewice |               | <b>4:40.08</b> | 485           |
|         | 50m:                        | 31.31 31.31   | 150m: | 1:41.45 35.69 | 250m:                 | 2:53.60 36.31 | 350m:          | 4:05.91 36.18 |
|         | 100m:                       | 1:05.76 34.45 | 200m: | 2:17.29 35.84 | 300m:                 | 3:29.73 36.13 | 400m:          | 4:40.08 34.17 |
| 10.     | MAKAREWICZ Filip            |               | 16    |               | KP Aquapark W growiec |               | <b>4:42.46</b> | 472           |
|         | 50m:                        | 30.02 30.02   | 150m: | 1:39.87 35.44 | 250m:                 | 2:53.56 37.26 | 350m:          | 4:06.92 37.20 |
|         | 100m:                       | 1:04.43 34.41 | 200m: | 2:16.30 36.43 | 300m:                 | 3:29.72 36.16 | 400m:          | 4:42.46 35.54 |

JUNIOR 17-18 LAT

|     |                   |               |       |               |                      |               |                |               |
|-----|-------------------|---------------|-------|---------------|----------------------|---------------|----------------|---------------|
| 1.  | ZDYBEL Adam       |               | 17    |               | KS Delfin Gdynia     |               | <b>4:04.49</b> | 729           |
|     | 50m:              | 28.23 28.23   | 150m: | 1:31.00 31.42 | 250m:                | 2:33.71 31.25 | 350m:          | 3:34.99 30.10 |
|     | 100m:             | 59.58 31.35   | 200m: | 2:02.46 31.46 | 300m:                | 3:04.89 31.18 | 400m:          | 4:04.49 29.50 |
| 2.  | RYNKIEWICZ Jakub  |               | 17    |               | KU AZS UMCS Lublin   |               | <b>4:04.93</b> | 725           |
|     | 50m:              | 28.14 28.14   | 150m: | 1:30.37 31.28 | 250m:                | 2:33.13 31.46 | 350m:          | 3:35.57 30.85 |
|     | 100m:             | 59.09 30.95   | 200m: | 2:01.67 31.30 | 300m:                | 3:04.72 31.59 | 400m:          | 4:04.93 29.36 |
| 3.  | KOZŁOWSKI Igor    |               | 17    |               | KU AZS UMCS Lublin   |               | <b>4:06.88</b> | 708           |
|     | 50m:              | 27.33 27.33   | 150m: | 1:29.60 31.55 | 250m:                | 2:33.30 31.71 | 350m:          | 3:36.92 31.56 |
|     | 100m:             | 58.05 30.72   | 200m: | 2:01.59 31.99 | 300m:                | 3:05.36 32.06 | 400m:          | 4:06.88 29.96 |
| 4.  | WO NIAK Piotr     |               | 17    |               | MTP Kormoran Olsztyn |               | <b>4:07.48</b> | 703           |
|     | 50m:              | 29.66 29.66   | 150m: | 1:32.31 31.46 | 250m:                | 2:35.41 31.63 | 350m:          | 3:38.51 31.44 |
|     | 100m:             | 1:00.85 31.19 | 200m: | 2:03.78 31.47 | 300m:                | 3:07.07 31.66 | 400m:          | 4:07.48 28.97 |
| 5.  | NOWACKI Jacek     |               | 17    |               | MTP Kormoran Olsztyn |               | <b>4:10.14</b> | 680           |
|     | 50m:              | 28.25 28.25   | 150m: | 1:31.43 31.96 | 250m:                | 2:35.60 32.07 | 350m:          | 3:40.09 32.49 |
|     | 100m:             | 59.47 31.22   | 200m: | 2:03.53 32.10 | 300m:                | 3:07.60 32.00 | 400m:          | 4:10.14 30.05 |
| 6.  | MY LIWIEC Bartosz |               | 18    |               | MKP Szczecin         |               | <b>4:11.68</b> | 668           |
|     | 50m:              | 28.61 28.61   | 150m: | 1:31.49 32.04 | 250m:                | 2:35.82 32.22 | 350m:          | 3:40.64 32.38 |
|     | 100m:             | 59.45 30.84   | 200m: | 2:03.60 32.11 | 300m:                | 3:08.26 32.44 | 400m:          | 4:11.68 31.04 |
| 7.  | HEBEL Maciej      |               | 17    |               | KU AZS UMCS Lublin   |               | <b>4:13.06</b> | 657           |
|     | 50m:              | 28.02 28.02   | 150m: | 1:30.00 31.34 | 250m:                | 2:33.69 31.82 | 350m:          | 3:37.61 32.02 |
|     | 100m:             | 58.66 30.64   | 200m: | 2:01.87 31.87 | 300m:                | 3:05.59 31.90 | 400m:          | 4:13.06 35.45 |
| 8.  | DRABCZYK Krystian |               | 18    |               | UKP Unia O wi cim    |               | <b>4:14.51</b> | 646           |
|     | 50m:              | 29.63 29.63   | 150m: | 1:33.97 32.34 | 250m:                | 2:37.96 32.29 | 350m:          | 3:42.86 32.38 |
|     | 100m:             | 1:01.63 32.00 | 200m: | 2:05.67 31.70 | 300m:                | 3:10.48 32.52 | 400m:          | 4:14.51 31.65 |
| 9.  | KOWOLIK Alex      |               | 18    |               | UKP Unia O wi cim    |               | <b>4:17.00</b> | 627           |
|     | 50m:              | 28.85 28.85   | 150m: | 1:33.12 32.35 | 250m:                | 2:38.88 32.78 | 350m:          | 3:44.79 32.74 |
|     | 100m:             | 1:00.77 31.92 | 200m: | 2:06.10 32.98 | 300m:                | 3:12.05 33.17 | 400m:          | 4:17.00 32.21 |
| 10. | KOZŁOWSKI Konrad  |               | 18    |               | MTP Kormoran Olsztyn |               | <b>4:18.00</b> | 620           |
|     | 50m:              | 29.54 29.54   | 150m: | 1:34.26 32.57 | 250m:                | 2:39.51 32.74 | 350m:          | 3:46.46 32.82 |
|     | 100m:             | 1:01.69 32.15 | 200m: | 2:06.77 32.51 | 300m:                | 3:13.64 34.13 | 400m:          | 4:18.00 31.54 |
| 11. | LED Maciej        |               | 17    |               | KU AZS UMCS Lublin   |               | <b>4:20.45</b> | 603           |
|     | 50m:              | 29.74 29.74   | 150m: | 1:36.94 34.37 | 250m:                | 2:43.91 32.95 | 350m:          | 3:50.70 33.29 |
|     | 100m:             | 1:02.57 32.83 | 200m: | 2:10.96 34.02 | 300m:                | 3:17.41 33.50 | 400m:          | 4:20.45 29.75 |



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Konkurencja 32, Chłopców, 400m dowolny, JUNIOR 17-18 LAT

| Pozycja |                    |               | Wiek  |                          |       |       |               | Czas           | Pkt.          |
|---------|--------------------|---------------|-------|--------------------------|-------|-------|---------------|----------------|---------------|
| 12.     | CHAŁAT Wojciech    |               | 18    | KU AZS UMCS Lublin       |       |       |               | <b>4:22.71</b> | 587           |
|         | 50m:               | 29.56 29.56   | 150m: | 1:34.62                  | 32.85 | 250m: | 2:41.87 33.94 | 350m:          | 3:49.20 33.64 |
|         | 100m:              | 1:01.77 32.21 | 200m: | 2:07.93                  | 33.31 | 300m: | 3:15.56 33.69 | 400m:          | 4:22.71 33.51 |
| 13.     | SULKOWSKI Oskar    |               | 17    | MTP Kormoran Olsztyn     |       |       |               | <b>4:22.75</b> | 587           |
|         | 50m:               | 30.12 30.12   | 150m: | 1:37.05                  | 33.39 | 250m: | 2:43.74 33.49 | 350m:          | 3:50.78 33.57 |
|         | 100m:              | 1:03.66 33.54 | 200m: | 2:10.25                  | 33.20 | 300m: | 3:17.21 33.47 | 400m:          | 4:22.75 31.97 |
| 14.     | DZIERKACZ Igor     |               | 17    | UKS G-8 Bielany Warszawa |       |       |               | <b>4:22.92</b> | 586           |
|         | 50m:               | 29.28 29.28   | 150m: | 1:35.70                  | 33.24 | 250m: | 2:43.26 33.57 | 350m:          | 3:51.27 33.75 |
|         | 100m:              | 1:02.46 33.18 | 200m: | 2:09.69                  | 33.99 | 300m: | 3:17.52 34.26 | 400m:          | 4:22.92 31.65 |
| 15.     | J DRYKA Nikodem    |               | 18    | MKS Trójka Łódź          |       |       |               | <b>4:30.40</b> | 539           |
|         | 50m:               | 28.93 28.93   | 150m: | 1:35.13                  | 33.44 | 250m: | 2:44.25 35.08 | 350m:          | 3:55.41 35.73 |
|         | 100m:              | 1:01.69 32.76 | 200m: | 2:09.17                  | 34.04 | 300m: | 3:19.68 35.43 | 400m:          | 4:30.40 34.99 |
| 16.     | J DRYCH Krzysztof  |               | 18    | KS Poznań Poznań         |       |       |               | <b>4:35.23</b> | 511           |
|         | 50m:               | 30.50 30.50   | 150m: | 1:40.83                  | 35.68 | 250m: | 2:52.38 35.83 | 350m:          | 4:02.62 34.57 |
|         | 100m:              | 1:05.15 34.65 | 200m: | 2:16.55                  | 35.72 | 300m: | 3:28.05 35.67 | 400m:          | 4:35.23 32.61 |
| 17.     | NOWACKI Błażej     |               | 17    | KU AZS UMCS Lublin       |       |       |               | <b>4:35.55</b> | 509           |
|         | 50m:               | 29.11 29.11   | 150m: | 1:35.51                  | 33.43 | 250m: | 2:46.26 35.99 | 350m:          | 3:59.38 36.76 |
|         | 100m:              | 1:02.08 32.97 | 200m: | 2:10.27                  | 34.76 | 300m: | 3:22.62 36.36 | 400m:          | 4:35.55 36.17 |
| 18.     | KRYSIAK Kacper     |               | 18    | MKS Trójka Łódź          |       |       |               | <b>4:37.09</b> | 500           |
|         | 50m:               | 30.06 30.06   | 150m: | 1:38.94                  | 35.12 | 250m: | 2:52.50 37.40 | 350m:          | 4:05.17 35.57 |
|         | 100m:              | 1:03.82 33.76 | 200m: | 2:15.10                  | 36.16 | 300m: | 3:29.60 37.10 | 400m:          | 4:37.09 31.92 |
| 19.     | GO DZIK Kamil      |               | 17    | UKS Nawa Skierniewice    |       |       |               | <b>4:56.88</b> | 407           |
|         | 50m:               | 32.72 32.72   | 150m: | 1:48.33                  | 38.46 | 250m: | 3:04.41 38.33 | 350m:          | 4:20.51 38.13 |
|         | 100m:              | 1:09.87 37.15 | 200m: | 2:26.08                  | 37.75 | 300m: | 3:42.38 37.97 | 400m:          | 4:56.88 36.37 |
| 20.     | J DRUCH Bartłomiej |               | 17    | UKS SP5 Swim             |       |       |               | <b>5:00.70</b> | 391           |
|         | 50m:               | 32.51 32.51   | 150m: | 1:46.22                  | 37.84 | 250m: | 3:03.58 38.82 | 350m:          | 4:22.55 39.56 |
|         | 100m:              | 1:08.38 35.87 | 200m: | 2:24.76                  | 38.54 | 300m: | 3:42.99 39.41 | 400m:          | 5:00.70 38.15 |

OPEN

|    |                    |             |       |                       |       |       |               |                |               |
|----|--------------------|-------------|-------|-----------------------|-------|-------|---------------|----------------|---------------|
| 1. | DASZKIEWICZ Michał |             | 19    | UKP Unia Olimpijczycy |       |       |               | <b>4:00.47</b> | 766           |
|    | 50m:               | 27.70 27.70 | 150m: | 1:28.28               | 30.60 | 250m: | 2:29.62 30.73 | 350m:          | 3:31.06 30.69 |
|    | 100m:              | 57.68 29.98 | 200m: | 1:58.89               | 30.61 | 300m: | 3:00.37 30.75 | 400m:          | 4:00.47 29.41 |
| 2. | ZABOROWSKI Filip   |             | 28    | MKP Szczecin          |       |       |               | <b>4:00.70</b> | 764           |
|    | 50m:               | 27.97 27.97 | 150m: | 1:28.37               | 30.32 | 250m: | 2:29.79 30.62 | 350m:          | 3:31.65 30.95 |
|    | 100m:              | 58.05 30.08 | 200m: | 1:59.17               | 30.80 | 300m: | 3:00.70 30.91 | 400m:          | 4:00.70 29.05 |
| 3. | ALOVATKI Pavel     |             | 19    | Moldova               |       |       |               | <b>4:00.79</b> | 763           |
|    | 50m:               | 28.01 28.01 | 150m: | 1:28.96               | 30.28 | 250m: | 2:30.15 30.22 | 350m:          | 3:31.14 30.33 |
|    | 100m:              | 58.68 30.67 | 200m: | 1:59.93               | 30.97 | 300m: | 3:00.81 30.66 | 400m:          | 4:00.79 29.65 |
| 4. | KAPAŁA Szymon      |             | 19    | MTP Kormoran Olsztyn  |       |       |               | <b>4:01.88</b> | 753           |
|    | 50m:               | 28.51 28.51 | 150m: | 1:29.87               | 30.46 | 250m: | 2:31.00 30.34 | 350m:          | 3:32.38 30.66 |
|    | 100m:              | 59.41 30.90 | 200m: | 2:00.66               | 30.79 | 300m: | 3:01.72 30.72 | 400m:          | 4:01.88 29.50 |
| 5. | ZDYBEL Adam        |             | 17    | KS Delfin Gdynia      |       |       |               | <b>4:04.49</b> | 729           |
|    | 50m:               | 28.23 28.23 | 150m: | 1:31.00               | 31.42 | 250m: | 2:33.71 31.25 | 350m:          | 3:34.99 30.10 |
|    | 100m:              | 59.58 31.35 | 200m: | 2:02.46               | 31.46 | 300m: | 3:04.89 31.18 | 400m:          | 4:04.49 29.50 |
| 6. | RYNKIEWICZ Jakub   |             | 17    | KU AZS UMCS Lublin    |       |       |               | <b>4:04.93</b> | 725           |
|    | 50m:               | 28.14 28.14 | 150m: | 1:30.37               | 31.28 | 250m: | 2:33.13 31.46 | 350m:          | 3:35.57 30.85 |
|    | 100m:              | 59.09 30.95 | 200m: | 2:01.67               | 31.30 | 300m: | 3:04.72 31.59 | 400m:          | 4:04.93 29.36 |
| 7. | KOZŁOWSKI Igor     |             | 17    | KU AZS UMCS Lublin    |       |       |               | <b>4:06.88</b> | 708           |
|    | 50m:               | 27.33 27.33 | 150m: | 1:29.60               | 31.55 | 250m: | 2:33.30 31.71 | 350m:          | 3:36.92 31.56 |
|    | 100m:              | 58.05 30.72 | 200m: | 2:01.59               | 31.99 | 300m: | 3:05.36 32.06 | 400m:          | 4:06.88 29.96 |



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Konkurencja 32, M czynn, 400m dowolny, OPEN

| Pozycja |                    |         |       |       | Wiek    |                          |       |         |       | Czas           | Pkt.    |       |
|---------|--------------------|---------|-------|-------|---------|--------------------------|-------|---------|-------|----------------|---------|-------|
| 8.      | WO NIAK Piotr      |         |       |       | 17      | MTP Kormoran Olsztyn     |       |         |       | <b>4:07.48</b> | 703     |       |
|         | 50m:               | 29.66   | 29.66 | 150m: | 1:32.31 | 31.46                    | 250m: | 2:35.41 | 31.63 | 350m:          | 3:38.51 | 31.44 |
|         | 100m:              | 1:00.85 | 31.19 | 200m: | 2:03.78 | 31.47                    | 300m: | 3:07.07 | 31.66 | 400m:          | 4:07.48 | 28.97 |
| 9.      | LARY Jerzy         |         |       |       | 16      | IUKS „Muszelka” Warszawa |       |         |       | <b>4:08.43</b> | 695     |       |
|         | 50m:               | 29.43   | 29.43 | 150m: | 1:32.11 | 31.61                    | 250m: | 2:35.10 | 31.39 | 350m:          | 3:38.07 | 31.48 |
|         | 100m:              | 1:00.50 | 31.07 | 200m: | 2:03.71 | 31.60                    | 300m: | 3:06.59 | 31.49 | 400m:          | 4:08.43 | 30.36 |
| 10.     | GRZEGORCZYK Wiktor |         |       |       | 20      | AZS AWF Warszawa         |       |         |       | <b>4:09.33</b> | 687     |       |
|         | 50m:               | 28.59   | 28.59 | 150m: | 1:31.20 | 31.88                    | 250m: | 2:34.00 | 31.17 | 350m:          | 3:36.60 | 31.71 |
|         | 100m:              | 59.32   | 30.73 | 200m: | 2:02.83 | 31.63                    | 300m: | 3:04.89 | 30.89 | 400m:          | 4:09.33 | 32.73 |
| 11.     | NOWACKI Jacek      |         |       |       | 17      | MTP Kormoran Olsztyn     |       |         |       | <b>4:10.14</b> | 680     |       |
|         | 50m:               | 28.25   | 28.25 | 150m: | 1:31.43 | 31.96                    | 250m: | 2:35.60 | 32.07 | 350m:          | 3:40.09 | 32.49 |
|         | 100m:              | 59.47   | 31.22 | 200m: | 2:03.53 | 32.10                    | 300m: | 3:07.60 | 32.00 | 400m:          | 4:10.14 | 30.05 |
| 12.     | MRÓZ Adam          |         |       |       | 19      | KU AZS UMCS Lublin       |       |         |       | <b>4:10.73</b> | 676     |       |
|         | 50m:               | 28.67   | 28.67 | 150m: | 1:32.62 | 32.12                    | 250m: | 2:37.16 | 31.93 | 350m:          | 3:40.80 | 31.45 |
|         | 100m:              | 1:00.50 | 31.83 | 200m: | 2:05.23 | 32.61                    | 300m: | 3:09.35 | 32.19 | 400m:          | 4:10.73 | 29.93 |
| 13.     | KOWAL Maciej       |         |       |       | 15      | MKP Szczecin             |       |         |       | <b>4:10.98</b> | 674     |       |
|         | 50m:               | 28.52   | 28.52 | 150m: | 1:31.72 | 31.56                    | 250m: | 2:36.13 | 32.14 | 350m:          | 3:40.31 | 31.74 |
|         | 100m:              | 1:00.16 | 31.64 | 200m: | 2:03.99 | 32.27                    | 300m: | 3:08.57 | 32.44 | 400m:          | 4:10.98 | 30.67 |
| 14.     | CHODULSKI Jakub    |         |       |       | 22      | KU AZS UMCS Lublin       |       |         |       | <b>4:11.55</b> | 669     |       |
|         | 50m:               | 28.10   | 28.10 | 150m: | 1:30.51 | 31.65                    | 250m: | 2:33.89 | 31.97 | 350m:          | 3:39.31 | 32.97 |
|         | 100m:              | 58.86   | 30.76 | 200m: | 2:01.92 | 31.41                    | 300m: | 3:06.34 | 32.45 | 400m:          | 4:11.55 | 32.24 |
| 15.     | MY LIWIEC Bartosz  |         |       |       | 18      | MKP Szczecin             |       |         |       | <b>4:11.68</b> | 668     |       |
|         | 50m:               | 28.61   | 28.61 | 150m: | 1:31.49 | 32.04                    | 250m: | 2:35.82 | 32.22 | 350m:          | 3:40.64 | 32.38 |
|         | 100m:              | 59.45   | 30.84 | 200m: | 2:03.60 | 32.11                    | 300m: | 3:08.26 | 32.44 | 400m:          | 4:11.68 | 31.04 |
| 16.     | KAPAŁA Bartosz     |         |       |       | 16      | MTP Kormoran Olsztyn     |       |         |       | <b>4:12.95</b> | 658     |       |
|         | 50m:               | 29.27   | 29.27 | 150m: | 1:33.93 | 32.67                    | 250m: | 2:38.35 | 32.17 | 350m:          | 3:42.31 | 31.75 |
|         | 100m:              | 1:01.26 | 31.99 | 200m: | 2:06.18 | 32.25                    | 300m: | 3:10.56 | 32.21 | 400m:          | 4:12.95 | 30.64 |
| 17.     | HEBEL Maciej       |         |       |       | 17      | KU AZS UMCS Lublin       |       |         |       | <b>4:13.06</b> | 657     |       |
|         | 50m:               | 28.02   | 28.02 | 150m: | 1:30.00 | 31.34                    | 250m: | 2:33.69 | 31.82 | 350m:          | 3:37.61 | 32.02 |
|         | 100m:              | 58.66   | 30.64 | 200m: | 2:01.87 | 31.87                    | 300m: | 3:05.59 | 31.90 | 400m:          | 4:13.06 | 35.45 |
| 18.     | DRABCZYK Krystian  |         |       |       | 18      | UKP Unia O wi cim        |       |         |       | <b>4:14.51</b> | 646     |       |
|         | 50m:               | 29.63   | 29.63 | 150m: | 1:33.97 | 32.34                    | 250m: | 2:37.96 | 32.29 | 350m:          | 3:42.86 | 32.38 |
|         | 100m:              | 1:01.63 | 32.00 | 200m: | 2:05.67 | 31.70                    | 300m: | 3:10.48 | 32.52 | 400m:          | 4:14.51 | 31.65 |
| 19.     | KUCZAK Adam        |         |       |       | 22      | AZS AWF Katowice         |       |         |       | <b>4:16.44</b> | 632     |       |
|         | 50m:               | 28.98   | 28.98 | 150m: | 1:33.05 | 32.44                    | 250m: | 2:38.25 | 32.83 | 350m:          | 3:44.00 | 32.85 |
|         | 100m:              | 1:00.61 | 31.63 | 200m: | 2:05.42 | 32.37                    | 300m: | 3:11.15 | 32.90 | 400m:          | 4:16.44 | 32.44 |
| 20.     | PI TKA Miłosz      |         |       |       | 15      | MKP Szczecin             |       |         |       | <b>4:16.57</b> | 631     |       |
|         | 50m:               | 28.94   | 28.94 | 150m: | 1:33.37 | 32.47                    | 250m: | 2:39.43 | 33.11 | 350m:          | 3:44.92 | 32.76 |
|         | 100m:              | 1:00.90 | 31.96 | 200m: | 2:06.32 | 32.95                    | 300m: | 3:12.16 | 32.73 | 400m:          | 4:16.57 | 31.65 |
| 21.     | KOWOLIK Alex       |         |       |       | 18      | UKP Unia O wi cim        |       |         |       | <b>4:17.00</b> | 627     |       |
|         | 50m:               | 28.85   | 28.85 | 150m: | 1:33.12 | 32.35                    | 250m: | 2:38.88 | 32.78 | 350m:          | 3:44.79 | 32.74 |
|         | 100m:              | 1:00.77 | 31.92 | 200m: | 2:06.10 | 32.98                    | 300m: | 3:12.05 | 33.17 | 400m:          | 4:17.00 | 32.21 |
| 22.     | PONIEWA Oliwier    |         |       |       | 15      | UKS SP5 Swim             |       |         |       | <b>4:17.96</b> | 620     |       |
|         | 50m:               | 28.79   | 28.79 | 150m: | 1:32.48 | 32.52                    | 250m: | 2:39.09 | 33.41 | 350m:          | 3:46.68 | 34.04 |
|         | 100m:              | 59.96   | 31.17 | 200m: | 2:05.68 | 33.20                    | 300m: | 3:12.64 | 33.55 | 400m:          | 4:17.96 | 31.28 |
| 23.     | KOZŁOWSKI Konrad   |         |       |       | 18      | MTP Kormoran Olsztyn     |       |         |       | <b>4:18.00</b> | 620     |       |
|         | 50m:               | 29.54   | 29.54 | 150m: | 1:34.26 | 32.57                    | 250m: | 2:39.51 | 32.74 | 350m:          | 3:46.46 | 32.82 |
|         | 100m:              | 1:01.69 | 32.15 | 200m: | 2:06.77 | 32.51                    | 300m: | 3:13.64 | 34.13 | 400m:          | 4:18.00 | 31.54 |
| 24.     | PIETRO Przemysław  |         |       |       | 15      | KU AZS UMCS Lublin       |       |         |       | <b>4:18.22</b> | 619     |       |
|         | 50m:               | 28.86   | 28.86 | 150m: | 1:33.19 | 32.45                    | 250m: | 2:39.16 | 33.10 | 350m:          | 3:45.87 | 33.46 |
|         | 100m:              | 1:00.74 | 31.88 | 200m: | 2:06.06 | 32.87                    | 300m: | 3:12.41 | 33.25 | 400m:          | 4:18.22 | 32.35 |



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| Pozycja |                    |       | Wiek          |                                    |               |       |               | Czas           | Pkt. |
|---------|--------------------|-------|---------------|------------------------------------|---------------|-------|---------------|----------------|------|
| 25.     | LED Maciej         |       | 17            | KU AZS UMCS Lublin                 |               |       |               | <b>4:20.45</b> | 603  |
|         | 50m: 29.74         | 29.74 | 150m: 1:36.94 | 34.37                              | 250m: 2:43.91 | 32.95 | 350m: 3:50.70 | 33.29          |      |
|         | 100m: 1:02.57      | 32.83 | 200m: 2:10.96 | 34.02                              | 300m: 3:17.41 | 33.50 | 400m: 4:20.45 | 29.75          |      |
| 26.     | URBANIAK Olivier   |       | 15            | MKS Trójka Łód                     |               |       |               | <b>4:22.48</b> | 589  |
|         | 50m: 29.60         | 29.60 | 150m: 1:35.95 | 33.70                              | 250m: 2:43.42 | 33.86 | 350m: 3:51.15 | 33.56          |      |
|         | 100m: 1:02.25      | 32.65 | 200m: 2:09.56 | 33.61                              | 300m: 3:17.59 | 34.17 | 400m: 4:22.48 | 31.33          |      |
| 27.     | SULKOWSKI Maciej   |       | 16            | Uks Jagiellonia Swim               |               |       |               | <b>4:22.53</b> | 589  |
|         | 50m: 28.24         | 28.24 | 150m: 1:35.34 | 34.41                              | 250m: 2:43.83 | 34.37 | 350m: 3:51.31 | 33.54          |      |
|         | 100m: 1:00.93      | 32.69 | 200m: 2:09.46 | 34.12                              | 300m: 3:17.77 | 33.94 | 400m: 4:22.53 | 31.22          |      |
| 28.     | CHAŁAT Wojciech    |       | 18            | KU AZS UMCS Lublin                 |               |       |               | <b>4:22.71</b> | 587  |
|         | 50m: 29.56         | 29.56 | 150m: 1:34.62 | 32.85                              | 250m: 2:41.87 | 33.94 | 350m: 3:49.20 | 33.64          |      |
|         | 100m: 1:01.77      | 32.21 | 200m: 2:07.93 | 33.31                              | 300m: 3:15.56 | 33.69 | 400m: 4:22.71 | 33.51          |      |
| 29.     | SULKOWSKI Oskar    |       | 17            | MTP Kormoran Olsztyn               |               |       |               | <b>4:22.75</b> | 587  |
|         | 50m: 30.12         | 30.12 | 150m: 1:37.05 | 33.39                              | 250m: 2:43.74 | 33.49 | 350m: 3:50.78 | 33.57          |      |
|         | 100m: 1:03.66      | 33.54 | 200m: 2:10.25 | 33.20                              | 300m: 3:17.21 | 33.47 | 400m: 4:22.75 | 31.97          |      |
| 30.     | DZIERKACZ Igor     |       | 17            | UKS G-8 Bielany Warszawa           |               |       |               | <b>4:22.92</b> | 586  |
|         | 50m: 29.28         | 29.28 | 150m: 1:35.70 | 33.24                              | 250m: 2:43.26 | 33.57 | 350m: 3:51.27 | 33.75          |      |
|         | 100m: 1:02.46      | 33.18 | 200m: 2:09.69 | 33.99                              | 300m: 3:17.52 | 34.26 | 400m: 4:22.92 | 31.65          |      |
| 31.     | BORSKI Mikołaj     |       | 16            | UKS Tri-Team Rumia                 |               |       |               | <b>4:25.78</b> | 567  |
|         | 50m: 30.43         | 30.43 | 150m: 1:37.42 | 33.85                              | 250m: 2:45.02 | 33.66 | 350m: 3:52.64 | 33.76          |      |
|         | 100m: 1:03.57      | 33.14 | 200m: 2:11.36 | 33.94                              | 300m: 3:18.88 | 33.86 | 400m: 4:25.78 | 33.14          |      |
| 32.     | KRAWCZYK Jakub     |       | 14            | Mokotowski UKP Warszawianka- Wodny |               |       |               | <b>4:28.23</b> | 552  |
|         | 50m: 29.09         | 29.09 | 150m: 1:36.55 | 34.36                              | 250m: 2:46.76 | 34.91 | 350m: 3:55.62 | 33.37          |      |
|         | 100m: 1:02.19      | 33.10 | 200m: 2:11.85 | 35.30                              | 300m: 3:22.25 | 35.49 | 400m: 4:28.23 | 32.61          |      |
| 33.     | SELDER Krystian    |       | 15            | MKS Trójka Łód                     |               |       |               | <b>4:28.95</b> | 547  |
|         | 50m: 30.07         | 30.07 | 150m: 1:37.60 | 34.50                              | 250m: 2:46.73 | 34.66 | 350m: 3:55.90 | 34.62          |      |
|         | 100m: 1:03.10      | 33.03 | 200m: 2:12.07 | 34.47                              | 300m: 3:21.28 | 34.55 | 400m: 4:28.95 | 33.05          |      |
| 34.     | MICHALSKI Wojciech |       | 21            | MUKS Gilus Gilowice                |               |       |               | <b>4:29.56</b> | 544  |
|         | 50m: 29.56         | 29.56 | 150m: 1:36.50 | 34.09                              | 250m: 2:45.89 | 34.83 | 350m: 3:55.88 | 34.72          |      |
|         | 100m: 1:02.41      | 32.85 | 200m: 2:11.06 | 34.56                              | 300m: 3:21.16 | 35.27 | 400m: 4:29.56 | 33.68          |      |
| 35.     | LE NIEWSKI Wiktor  |       | 16            | UKP „Polonia Warszawa”             |               |       |               | <b>4:30.06</b> | 541  |
|         | 50m: 29.54         | 29.54 | 150m: 1:37.51 | 34.75                              | 250m: 2:46.09 | 34.56 | 350m: 3:56.52 | 35.24          |      |
|         | 100m: 1:02.76      | 33.22 | 200m: 2:11.53 | 34.02                              | 300m: 3:21.28 | 35.19 | 400m: 4:30.06 | 33.54          |      |
| 36.     | BRÓDKA Bartosz     |       | 16            | MTS Kwidzyn                        |               |       |               | <b>4:30.30</b> | 539  |
|         | 50m: 30.28         | 30.28 | 150m: 1:38.54 | 34.24                              | 250m: 2:48.23 | 34.49 | 350m: 3:57.58 | 34.30          |      |
|         | 100m: 1:04.30      | 34.02 | 200m: 2:13.74 | 35.20                              | 300m: 3:23.28 | 35.05 | 400m: 4:30.30 | 32.72          |      |
| 37.     | J DRYKA Nikodem    |       | 18            | MKS Trójka Łód                     |               |       |               | <b>4:30.40</b> | 539  |
|         | 50m: 28.93         | 28.93 | 150m: 1:35.13 | 33.44                              | 250m: 2:44.25 | 35.08 | 350m: 3:55.41 | 35.73          |      |
|         | 100m: 1:01.69      | 32.76 | 200m: 2:09.17 | 34.04                              | 300m: 3:19.68 | 35.43 | 400m: 4:30.40 | 34.99          |      |
| 38.     | GAJDA Jan          |       | 15            | MKS Trójka Łód                     |               |       |               | <b>4:30.60</b> | 537  |
|         | 50m: 29.23         | 29.23 | 150m: 1:38.94 | 35.07                              | 250m: 2:49.38 | 35.20 | 350m: 3:59.29 | 34.62          |      |
|         | 100m: 1:03.87      | 34.64 | 200m: 2:14.18 | 35.24                              | 300m: 3:24.67 | 35.29 | 400m: 4:30.60 | 31.31          |      |
| 39.     | PI TKIEWICZ Piotr  |       | 15            | MKS Trójka Łód                     |               |       |               | <b>4:31.59</b> | 532  |
|         | 50m: 30.24         | 30.24 | 150m: 1:39.06 | 34.74                              | 250m: 2:48.42 | 34.09 | 350m: 3:58.53 | 34.98          |      |
|         | 100m: 1:04.32      | 34.08 | 200m: 2:14.33 | 35.27                              | 300m: 3:23.55 | 35.13 | 400m: 4:31.59 | 33.06          |      |
| 40.     | KONOPKO Mateusz    |       | 15            | LKS Jedno 32 Przyszowice           |               |       |               | <b>4:31.84</b> | 530  |
|         | 50m: 30.41         | 30.41 | 150m: 1:38.49 | 34.37                              | 250m: 2:48.80 | 35.28 | 350m: 3:58.62 | 34.98          |      |
|         | 100m: 1:04.12      | 33.71 | 200m: 2:13.52 | 35.03                              | 300m: 3:23.64 | 34.84 | 400m: 4:31.84 | 33.22          |      |
| 41.     | WASILEWSKI Mateusz |       | 14            | UKS Tri-Team Rumia                 |               |       |               | <b>4:32.83</b> | 524  |
|         | 50m: 30.92         | 30.92 | 150m: 1:39.84 | 34.57                              | 250m: 2:49.37 | 34.83 | 350m: 3:59.22 | 35.07          |      |
|         | 100m: 1:05.27      | 34.35 | 200m: 2:14.54 | 34.70                              | 300m: 3:24.15 | 34.78 | 400m: 4:32.83 | 33.61          |      |



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| Pozycja |                             |               | Wiek  |                        |       |       |               | Czas           | Pkt.          |
|---------|-----------------------------|---------------|-------|------------------------|-------|-------|---------------|----------------|---------------|
| 42.     | DORCHYNETS Andriy           |               | 14    | Ukraine                |       |       |               | <b>4:32.99</b> | 523           |
|         | 50m:                        | 31.25 31.25   | 150m: | 1:40.66                | 34.96 | 250m: | 2:49.77 34.35 | 350m:          | 4:00.09 35.01 |
|         | 100m:                       | 1:05.70 34.45 | 200m: | 2:15.42                | 34.76 | 300m: | 3:25.08 35.31 | 400m:          | 4:32.99 32.90 |
| 43.     | NOWAK Aleksander            |               | 16    | MKP Szczecin           |       |       |               | <b>4:33.03</b> | 523           |
|         | 50m:                        | 30.89 30.89   | 150m: | 1:39.32                | 34.50 | 250m: | 2:49.31 35.32 | 350m:          | 3:59.97 35.53 |
|         | 100m:                       | 1:04.82 33.93 | 200m: | 2:13.99                | 34.67 | 300m: | 3:24.44 35.13 | 400m:          | 4:33.03 33.06 |
| 44.     | KANCZKOWSKI Szymon          |               | 15    | UKS Tri-Team Rumia     |       |       |               | <b>4:33.25</b> | 522           |
|         | 50m:                        | 31.39 31.39   | 150m: | 1:40.47                | 34.79 | 250m: | 2:50.47 35.03 | 350m:          | 4:00.46 34.82 |
|         | 100m:                       | 1:05.68 34.29 | 200m: | 2:15.44                | 34.97 | 300m: | 3:25.64 35.17 | 400m:          | 4:33.25 32.79 |
| 45.     | BARANOWSKI Alex             |               | 15    | Uks Cityzen            |       |       |               | <b>4:34.61</b> | 514           |
|         | 50m:                        | 30.57 30.57   | 150m: | 1:40.62                | 35.20 | 250m: | 2:52.67 36.19 | 350m:          | 4:01.03 32.29 |
|         | 100m:                       | 1:05.42 34.85 | 200m: | 2:16.48                | 35.86 | 300m: | 3:28.74 36.07 | 400m:          | 4:34.61 33.58 |
| 46.     | J DRYCH Krzysztof           |               | 18    | KS Posnania Pozna      |       |       |               | <b>4:35.23</b> | 511           |
|         | 50m:                        | 30.50 30.50   | 150m: | 1:40.83                | 35.68 | 250m: | 2:52.38 35.83 | 350m:          | 4:02.62 34.57 |
|         | 100m:                       | 1:05.15 34.65 | 200m: | 2:16.55                | 35.72 | 300m: | 3:28.05 35.67 | 400m:          | 4:35.23 32.61 |
| 47.     | BORUSZEWSKI Filip           |               | 15    | UKS SP-149 Łódź        |       |       |               | <b>4:35.34</b> | 510           |
|         | 50m:                        | 31.91 31.91   | 150m: | 1:43.37                | 35.86 | 250m: | 2:53.79 34.38 | 350m:          | 4:03.21 34.08 |
|         | 100m:                       | 1:07.51 35.60 | 200m: | 2:19.41                | 36.04 | 300m: | 3:29.13 35.34 | 400m:          | 4:35.34 32.13 |
| 48.     | NOWACKI Bła ej              |               | 17    | KU AZS UMCS Lublin     |       |       |               | <b>4:35.55</b> | 509           |
|         | 50m:                        | 29.11 29.11   | 150m: | 1:35.51                | 33.43 | 250m: | 2:46.26 35.99 | 350m:          | 3:59.38 36.76 |
|         | 100m:                       | 1:02.08 32.97 | 200m: | 2:10.27                | 34.76 | 300m: | 3:22.62 36.36 | 400m:          | 4:35.55 36.17 |
| 49.     | GORZE Norbert               |               | 16    | Uks Cityzen            |       |       |               | <b>4:36.09</b> | 506           |
|         | 50m:                        | 31.02 31.02   | 150m: | 1:42.00                | 35.70 | 250m: | 2:53.58 35.51 | 350m:          | 4:03.74 34.68 |
|         | 100m:                       | 1:06.30 35.28 | 200m: | 2:18.07                | 36.07 | 300m: | 3:29.06 35.48 | 400m:          | 4:36.09 32.35 |
| 50.     | KOZŁOWSKI Iwo               |               | 15    | UKP „Polonia Warszawa” |       |       |               | <b>4:36.11</b> | 506           |
|         | 50m:                        | 30.34 30.34   | 150m: | 1:40.61                | 35.48 | 250m: | 2:52.10 35.85 | 350m:          | 4:03.28 35.61 |
|         | 100m:                       | 1:05.13 34.79 | 200m: | 2:16.25                | 35.64 | 300m: | 3:27.67 35.57 | 400m:          | 4:36.11 32.83 |
| 51.     | ŁUBI SKI Szymon             |               | 14    | UKS „GIM 92 Ursynów”   |       |       |               | <b>4:37.03</b> | 501           |
|         | 50m:                        | 32.02 32.02   | 150m: | 1:39.87                | 33.99 | 250m: | 2:50.21 35.48 | 350m:          | 4:02.14 36.21 |
|         | 100m:                       | 1:05.88 33.86 | 200m: | 2:14.73                | 34.86 | 300m: | 3:25.93 35.72 | 400m:          | 4:37.03 34.89 |
| 52.     | KRYSIAK Kacper              |               | 18    | MKS Trójka Łódź        |       |       |               | <b>4:37.09</b> | 500           |
|         | 50m:                        | 30.06 30.06   | 150m: | 1:38.94                | 35.12 | 250m: | 2:52.50 37.40 | 350m:          | 4:05.17 35.57 |
|         | 100m:                       | 1:03.82 33.76 | 200m: | 2:15.10                | 36.16 | 300m: | 3:29.60 37.10 | 400m:          | 4:37.09 31.92 |
| 53.     | MIKOŁAJCZYK Adrian          |               | 15    | MKS Trójka Łódź        |       |       |               | <b>4:37.63</b> | 498           |
|         | 50m:                        | 30.68 30.68   | 150m: | 1:41.72                | 35.84 | 250m: | 2:54.20 36.11 | 350m:          | 4:04.69 34.83 |
|         | 100m:                       | 1:05.88 35.20 | 200m: | 2:18.09                | 36.37 | 300m: | 3:29.86 35.66 | 400m:          | 4:37.63 32.94 |
| 54.     | NOWICKI Kacper              |               | 24    | KS Posnania Pozna      |       |       |               | <b>4:37.77</b> | 497           |
|         | 50m:                        | 31.57 31.57   | 150m: | 1:43.28                | 36.75 | 250m: | 2:55.20 35.77 | 350m:          | 4:04.81 34.50 |
|         | 100m:                       | 1:06.53 34.96 | 200m: | 2:19.43                | 36.15 | 300m: | 3:30.31 35.11 | 400m:          | 4:37.77 32.96 |
| 55.     | SUCHOCKI Jan                |               | 14    | MTP Kormoran Olsztyn   |       |       |               | <b>4:39.33</b> | 489           |
|         | 50m:                        | 31.81 31.81   | 150m: | 1:43.41                | 35.77 | 250m: | 2:54.75 35.05 | 350m:          | 4:06.42 35.65 |
|         | 100m:                       | 1:07.64 35.83 | 200m: | 2:19.70                | 36.29 | 300m: | 3:30.77 36.02 | 400m:          | 4:39.33 32.91 |
| 56.     | JANKIEWICZ DELGADO Jarosław |               | 16    | UKS Nawa Skierniewice  |       |       |               | <b>4:40.08</b> | 485           |
|         | 50m:                        | 31.31 31.31   | 150m: | 1:41.45                | 35.69 | 250m: | 2:53.60 36.31 | 350m:          | 4:05.91 36.18 |
|         | 100m:                       | 1:05.76 34.45 | 200m: | 2:17.29                | 35.84 | 300m: | 3:29.73 36.13 | 400m:          | 4:40.08 34.17 |
| 57.     | RUBIN Feliks                |               | 14    | MKS Trójka Łódź        |       |       |               | <b>4:40.81</b> | 481           |
|         | 50m:                        | 30.80 30.80   | 150m: | 1:42.49                | 36.21 | 250m: | 2:55.03 36.15 | 350m:          | 4:06.43 35.70 |
|         | 100m:                       | 1:06.28 35.48 | 200m: | 2:18.88                | 36.39 | 300m: | 3:30.73 35.70 | 400m:          | 4:40.81 34.38 |
| 58.     | OBSZY SKI Bartłomiej        |               | 15    | RWKS Sparta Biłgoraj   |       |       |               | <b>4:41.14</b> | 479           |
|         | 50m:                        | 31.10 31.10   | 150m: | 1:43.95                | 36.80 | 250m: | 2:56.30 35.76 | 350m:          | 4:07.25 35.64 |
|         | 100m:                       | 1:07.15 36.05 | 200m: | 2:20.54                | 36.59 | 300m: | 3:31.61 35.31 | 400m:          | 4:41.14 33.89 |





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Konkurencja 32, M czynn, 400m dowolny, OPEN

| Pozycja |                        |         |       |       | Wiek    |                                    |       |         |       | Czas           | Pkt.    |       |
|---------|------------------------|---------|-------|-------|---------|------------------------------------|-------|---------|-------|----------------|---------|-------|
| 59.     | MAKAREWICZ Filip       |         |       |       | 16      | KP Aquapark W growiec              |       |         |       | <b>4:42.46</b> | 472     |       |
|         | 50m:                   | 30.02   | 30.02 | 150m: | 1:39.87 | 35.44                              | 250m: | 2:53.56 | 37.26 | 350m:          | 4:06.92 | 37.20 |
|         | 100m:                  | 1:04.43 | 34.41 | 200m: | 2:16.30 | 36.43                              | 300m: | 3:29.72 | 36.16 | 400m:          | 4:42.46 | 35.54 |
| 60.     | MONDYK Serhii          |         |       |       | 14      | Ukraine                            |       |         |       | <b>4:43.06</b> | 469     |       |
|         | 50m:                   | 30.39   | 30.39 | 150m: | 1:40.08 | 35.28                              | 250m: | 2:53.58 | 37.22 | 350m:          | 4:07.42 | 36.68 |
|         | 100m:                  | 1:04.80 | 34.41 | 200m: | 2:16.36 | 36.28                              | 300m: | 3:30.74 | 37.16 | 400m:          | 4:43.06 | 35.64 |
| 61.     | CIECHANOWSKI Stanisław |         |       |       | 15      | Mokotowski UKP Warszawianka- Wodny |       |         |       | <b>4:43.15</b> | 469     |       |
|         | 50m:                   | 31.99   | 31.99 | 150m: | 1:43.05 | 36.17                              | 250m: | 2:54.38 | 35.23 | 350m:          | 4:08.53 | 37.56 |
|         | 100m:                  | 1:06.88 | 34.89 | 200m: | 2:19.15 | 36.10                              | 300m: | 3:30.97 | 36.59 | 400m:          | 4:43.15 | 34.62 |
| 62.     | GŁOWACKI Sebastian     |         |       |       | 15      | UKS Nawa Skierniewice              |       |         |       | <b>4:44.42</b> | 463     |       |
|         | 50m:                   | 31.66   | 31.66 | 150m: | 1:43.76 | 36.55                              | 250m: | 2:57.21 | 36.18 | 350m:          | 4:10.06 | 36.18 |
|         | 100m:                  | 1:07.21 | 35.55 | 200m: | 2:21.03 | 37.27                              | 300m: | 3:33.88 | 36.67 | 400m:          | 4:44.42 | 34.36 |
| 63.     | BURY Paweł             |         |       |       | 15      | RWKS Sparta Biłgoraj               |       |         |       | <b>4:44.80</b> | 461     |       |
|         | 50m:                   | 30.86   | 30.86 | 150m: | 1:43.41 | 36.66                              | 250m: | 2:56.87 | 36.77 | 350m:          | 4:11.06 | 36.70 |
|         | 100m:                  | 1:06.75 | 35.89 | 200m: | 2:20.10 | 36.69                              | 300m: | 3:34.36 | 37.49 | 400m:          | 4:44.80 | 33.74 |
| 64.     | KOT Kacper             |         |       |       | 14      | KP Solne Miasto Wieliczka          |       |         |       | <b>4:47.77</b> | 447     |       |
|         | 50m:                   | 32.16   | 32.16 | 150m: | 1:45.09 | 36.73                              | 250m: | 2:59.31 | 37.53 | 350m:          | 4:13.38 | 37.25 |
|         | 100m:                  | 1:08.36 | 36.20 | 200m: | 2:21.78 | 36.69                              | 300m: | 3:36.13 | 36.82 | 400m:          | 4:47.77 | 34.39 |
| 65.     | GWIAZDOWSKI Krzysztof  |         |       |       | 14      | MKS Piaseczno                      |       |         |       | <b>4:48.23</b> | 445     |       |
|         | 50m:                   | 32.36   | 32.36 | 150m: | 1:44.62 | 36.49                              | 250m: | 2:58.18 | 36.89 | 350m:          | 4:12.30 | 37.17 |
|         | 100m:                  | 1:08.13 | 35.77 | 200m: | 2:21.29 | 36.67                              | 300m: | 3:35.13 | 36.95 | 400m:          | 4:48.23 | 35.93 |
| 66.     | D BROWSKI Adam         |         |       |       | 14      | UKS 307 Warszawa                   |       |         |       | <b>4:51.74</b> | 429     |       |
|         | 50m:                   | 33.56   | 33.56 | 150m: | 1:49.67 | 38.05                              | 250m: | 3:04.63 | 37.12 | 350m:          | 4:17.21 | 35.79 |
|         | 100m:                  | 1:11.62 | 38.06 | 200m: | 2:27.51 | 37.84                              | 300m: | 3:41.42 | 36.79 | 400m:          | 4:51.74 | 34.53 |
| 67.     | RUTKOWSKI Łukasz       |         |       |       | 14      | TP Olimpijczyk Aleksandrów Łódzki  |       |         |       | <b>4:52.04</b> | 427     |       |
|         | 50m:                   | 32.51   | 32.51 | 150m: | 1:46.63 | 37.61                              | 250m: | 3:01.34 | 37.71 | 350m:          | 4:16.37 | 37.77 |
|         | 100m:                  | 1:09.02 | 36.51 | 200m: | 2:23.63 | 37.00                              | 300m: | 3:38.60 | 37.26 | 400m:          | 4:52.04 | 35.67 |
| 68.     | OSZAJCA Radosław       |         |       |       | 15      | RWKS Sparta Biłgoraj               |       |         |       | <b>4:52.21</b> | 427     |       |
|         | 50m:                   | 31.97   | 31.97 | 150m: | 1:45.47 | 37.60                              | 250m: | 3:00.39 | 37.96 | 350m:          | 4:16.07 | 37.35 |
|         | 100m:                  | 1:07.87 | 35.90 | 200m: | 2:22.43 | 36.96                              | 300m: | 3:38.72 | 38.33 | 400m:          | 4:52.21 | 36.14 |
| 69.     | PRZYSTAŁ Antonio       |         |       |       | 15      | KP Solne Miasto Wieliczka          |       |         |       | <b>4:53.12</b> | 423     |       |
|         | 50m:                   | 32.06   | 32.06 | 150m: | 1:44.66 | 36.49                              | 250m: | 3:00.14 | 38.10 | 350m:          | 4:16.61 | 38.09 |
|         | 100m:                  | 1:08.17 | 36.11 | 200m: | 2:22.04 | 37.38                              | 300m: | 3:38.52 | 38.38 | 400m:          | 4:53.12 | 36.51 |
| 70.     | HAJDUKIEWICZ Szymon    |         |       |       | 15      | MKS Juwenia Białystok              |       |         |       | <b>4:55.89</b> | 411     |       |
|         | 50m:                   | 31.62   | 31.62 | 150m: | 1:45.88 | 37.59                              | 250m: | 3:03.20 | 38.63 | 350m:          | 4:20.73 | 38.19 |
|         | 100m:                  | 1:08.29 | 36.67 | 200m: | 2:24.57 | 38.69                              | 300m: | 3:42.54 | 39.34 | 400m:          | 4:55.89 | 35.16 |
| 71.     | GO DZIK Kamil          |         |       |       | 17      | UKS Nawa Skierniewice              |       |         |       | <b>4:56.88</b> | 407     |       |
|         | 50m:                   | 32.72   | 32.72 | 150m: | 1:48.33 | 38.46                              | 250m: | 3:04.41 | 38.33 | 350m:          | 4:20.51 | 38.13 |
|         | 100m:                  | 1:09.87 | 37.15 | 200m: | 2:26.08 | 37.75                              | 300m: | 3:42.38 | 37.97 | 400m:          | 4:56.88 | 36.37 |
| 72.     | PŁUCIENNIK Filip       |         |       |       | 14      | UKS Swim Team Wilanów              |       |         |       | <b>4:57.76</b> | 403     |       |
|         | 50m:                   | 31.51   | 31.51 | 150m: | 1:46.12 | 38.04                              | 250m: | 3:03.37 | 38.59 | 350m:          | 4:20.59 | 38.30 |
|         | 100m:                  | 1:08.08 | 36.57 | 200m: | 2:24.78 | 38.66                              | 300m: | 3:42.29 | 38.92 | 400m:          | 4:57.76 | 37.17 |
| 73.     | STA KIEWICZ Wiktor     |         |       |       | 15      | Mokotowski UKP Warszawianka- Wodny |       |         |       | <b>5:00.13</b> | 394     |       |
|         | 50m:                   | 32.45   | 32.45 | 150m: | 1:47.73 | 38.16                              | 250m: | 3:04.99 | 38.49 | 350m:          | 4:22.58 | 38.42 |
|         | 100m:                  | 1:09.57 | 37.12 | 200m: | 2:26.50 | 38.77                              | 300m: | 3:44.16 | 39.17 | 400m:          | 5:00.13 | 37.55 |
| 74.     | J DRUCH Bartłomiej     |         |       |       | 17      | UKS SP5 Swim                       |       |         |       | <b>5:00.70</b> | 391     |       |
|         | 50m:                   | 32.51   | 32.51 | 150m: | 1:46.22 | 37.84                              | 250m: | 3:03.58 | 38.82 | 350m:          | 4:22.55 | 39.56 |
|         | 100m:                  | 1:08.38 | 35.87 | 200m: | 2:24.76 | 38.54                              | 300m: | 3:42.99 | 39.41 | 400m:          | 5:00.70 | 38.15 |
| 75.     | FRONCZEK Miłosz        |         |       |       | 14      | KU AZS UMCS Lublin                 |       |         |       | <b>5:01.91</b> | 387     |       |
|         | 50m:                   | 34.19   | 34.19 | 150m: | 1:50.66 | 38.52                              | 250m: | 3:08.41 | 38.46 | 350m:          | 4:26.27 | 38.96 |
|         | 100m:                  | 1:12.14 | 37.95 | 200m: | 2:29.95 | 39.29                              | 300m: | 3:47.31 | 38.90 | 400m:          | 5:01.91 | 35.64 |



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Konkurencja 32, M czynn, 400m dowolny, OPEN

| Pozycja |                 |         |       | Wiek  |                       |       |       |         | Czas           | Pkt.  |         |       |
|---------|-----------------|---------|-------|-------|-----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 76.     | PORADA Jan      |         |       | 14    | UKS SP-149 Łód        |       |       |         | <b>5:03.76</b> | 380   |         |       |
|         | 50m:            | 35.12   | 35.12 | 150m: | 1:52.02               | 38.60 | 250m: | 3:10.19 | 39.08          | 350m: | 4:27.52 | 38.31 |
|         | 100m:           | 1:13.42 | 38.30 | 200m: | 2:31.11               | 39.09 | 300m: | 3:49.21 | 39.02          | 400m: | 5:03.76 | 36.24 |
| 77.     | JARCZEWSKI Jan  |         |       | 15    | UKS 190 Łód           |       |       |         | <b>5:05.85</b> | 372   |         |       |
|         | 50m:            | 34.25   | 34.25 | 150m: | 1:51.28               | 39.28 | 250m: | 3:09.20 | 39.22          | 350m: | 4:27.98 | 39.31 |
|         | 100m:           | 1:12.00 | 37.75 | 200m: | 2:29.98               | 38.70 | 300m: | 3:48.67 | 39.47          | 400m: | 5:05.85 | 37.87 |
| 78.     | WITERSKI Kacper |         |       | 15    | MKS Juvenia Białystok |       |       |         | <b>5:07.72</b> | 365   |         |       |
|         | 50m:            | 33.50   | 33.50 | 150m: | 1:47.93               | 37.90 | 250m: | 3:07.31 | 40.09          | 350m: | 4:30.14 | 41.67 |
|         | 100m:           | 1:10.03 | 36.53 | 200m: | 2:27.22               | 39.29 | 300m: | 3:48.47 | 41.16          | 400m: | 5:07.72 | 37.58 |
| 79.     | MENDYKA Miłosz  |         |       | 14    | AZS Jarosław          |       |       |         | <b>5:19.70</b> | 326   |         |       |
|         | 50m:            | 33.66   | 33.66 | 150m: | 1:54.20               | 41.31 | 250m: | 3:17.45 | 42.80          | 350m: | 4:41.44 | 42.26 |
|         | 100m:           | 1:12.89 | 39.23 | 200m: | 2:34.65               | 40.45 | 300m: | 3:59.18 | 41.73          | 400m: | 5:19.70 | 38.26 |
| 80.     | BŁAJDA Alex     |         |       | 14    | AZS Jarosław          |       |       |         | <b>5:32.22</b> | 290   |         |       |
|         | 50m:            | 36.82   | 36.82 | 150m: | 2:01.16               | 42.99 | 250m: | 3:30.21 | 44.91          | 350m: | 4:54.59 | 42.32 |
|         | 100m:           | 1:18.17 | 41.35 | 200m: | 2:45.30               | 44.14 | 300m: | 4:12.27 | 42.06          | 400m: | 5:32.22 | 37.63 |