

2023 Arena Grand Prix Puchar Polski
Lublin, 25. - 26.2.2023

Konkurencja 23
26.02.2023 - 11:41

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Rekord Polski Open	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 19 - 23	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 18	4:18.40	MATCZAK Mateusz	00905	Antwerp (BEL)	22.07.2007
Rekord Polski 17	4:20.27	MATCZAK Mateusz	00905	Palma de Mallorca (ESP)	06.07.2006
Rekord Polski 16	4:26.91	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	15.07.2016
Rekord Polski 15	4:30.55	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	10.07.2015
Rekord Polski 14	4:39.38	SOBEK Nikodem	02303	Berlin (GER)	16.12.2016

Minimum - M Seniorów - Fukuoka (Japonia) Open: 4:17.48 / Minimum - Uniwersjada - Chengdu (Chiny) 18 - 27: 4:22.63

Punkty: FINA 2023

Pozycja Wiek Czas Pkt. CR

JUNIOR MŁODSZY 14 LAT

1. LESIAK Piotr	14	SKS 137 Delfin Łód	5:06.74	502	+0,66
50m: 32.42 32.42	150m: 1:48.17 37.95	250m: 3:09.92 43.76	350m: 4:30.47 36.13		
100m: 1:10.22 37.80	200m: 2:26.16 37.99	300m: 3:54.34 44.42	400m: 5:06.74 36.27		
2. GABOR Bruno	14	MKS Park Wodny Tarnowskie Góry	5:15.11	463	+0,75
50m: 32.68 32.68	150m: 1:53.10 40.46	250m: 3:16.45 43.18	350m: 4:40.10 38.13		
100m: 1:12.64 39.96	200m: 2:33.27 40.17	300m: 4:01.97 45.52	400m: 5:15.11 35.01		
3. BORY Wojciech	14	KS „Górnik” Sosnowiec	5:18.06	450	+0,65
50m: 34.01 34.01	150m: 1:55.54 42.50	250m: 3:20.82 45.05	350m: 4:43.04 37.45		
100m: 1:13.04 39.03	200m: 2:35.77 40.23	300m: 4:05.59 44.77	400m: 5:18.06 35.02		
4. ROZUMEK Jan	14	KP Solne Miasto Wieliczka	5:30.32	402	+0,63
50m: 33.77 33.77	150m: 1:53.20 40.58	250m: 3:23.88 51.24	350m: 4:54.84 38.88		
100m: 1:12.62 38.85	200m: 2:32.64 39.44	300m: 4:15.96 52.08	400m: 5:30.32 35.48		
5. DRELICH Mateusz	14	UKS 190 Łód	5:30.60	401	+0,64
50m: 34.34 34.34	150m: 2:00.13 44.80	250m: 3:28.60 46.72	350m: 4:54.98 38.93		
100m: 1:15.33 40.99	200m: 2:41.88 41.75	300m: 4:16.05 47.45	400m: 5:30.60 35.62		
6. SKOCZYLAS Bartosz	14	KU AZS UMCS Lublin	5:39.38	370	+0,73
50m: 33.59 33.59	150m: 1:59.22 44.91	250m: 3:33.88 50.87	350m: 5:02.30 38.20		
100m: 1:14.31 40.72	200m: 2:43.01 43.79	300m: 4:24.10 50.22	400m: 5:39.38 37.08		
7. JANISZEWSKI Fabian	14	UKS 190 Łód	5:44.26	355	+0,87
50m: 37.18 37.18	150m: 2:07.38 46.55	250m: 3:40.97 51.25	350m: 5:09.00 36.67		
100m: 1:20.83 43.65	200m: 2:49.72 42.34	300m: 4:32.33 51.36	400m: 5:44.26 35.26		

JUNIOR MŁODSZY 15 LAT

1. JOACHIMOWICZ Patryk	15	KU AZS UMCS Lublin	4:54.64	566	+0,73
50m: 29.47 29.47	150m: 1:43.33 38.84	250m: 3:03.98 43.09	350m: 4:22.60 34.55		
100m: 1:04.49 35.02	200m: 2:20.89 37.56	300m: 3:48.05 44.07	400m: 4:54.64 32.04		
2. ACZEK Hubert	15	KS „Wisła” Puławy	4:59.83	537	+0,74
50m: 28.96 28.96	150m: 1:43.93 39.86	250m: 3:06.77 43.94	350m: 4:25.89 34.67		
100m: 1:04.07 35.11	200m: 2:22.83 38.90	300m: 3:51.22 44.45	400m: 4:59.83 33.94		
3. KARWAT Bartłomiej	15	UKS Nawa Skierniewice	5:01.12	531	+0,72
50m: 31.80 31.80	150m: 1:47.98 39.69	250m: 3:10.15 44.48	350m: 4:28.19 33.93		
100m: 1:08.29 36.49	200m: 2:25.67 37.69	300m: 3:54.26 44.11	400m: 5:01.12 32.93		
4. HALKIEWICZ Maciej	15	UKS „Omega” Olkusz	5:04.40	514	+0,73
50m: 29.86 29.86	150m: 1:45.86 39.55	250m: 3:09.74 45.50	350m: 4:31.68 37.88		
100m: 1:06.31 36.45	200m: 2:24.24 38.38	300m: 3:53.80 44.06	400m: 5:04.40 32.72		
5. PAWLAK Dawid	15	UKS 190 Łód	5:05.69	507	+0,80
50m: 31.92 31.92	150m: 1:51.20 41.78	250m: 3:14.53 42.16	350m: 4:31.50 34.54		
100m: 1:09.42 37.50	200m: 2:32.37 41.17	300m: 3:56.96 42.43	400m: 5:05.69 34.19		
6. REKOWSKI Karol	15	"Sikret" Gliwice	5:25.59	420	+0,68
50m: 32.90 32.90	150m: 1:58.29 44.88	250m: 3:25.30 44.29	350m: 4:48.55 40.42		
100m: 1:13.41 40.51	200m: 2:41.01 42.72	300m: 4:08.13 42.83	400m: 5:25.59 37.04		
7. PERL Piotr	15	Uks „Pingwiny”	5:34.37	387	+0,71
50m: 31.22 31.22	150m: 1:53.77 44.39	250m: 3:26.74 50.51	350m: 4:55.85 38.78		
100m: 1:09.38 38.16	200m: 2:36.23 42.46	300m: 4:17.07 50.33	400m: 5:34.37 38.52		

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR MŁODSZY 15 LAT

Pozycja			Wiek					Czas	Pkt.	CR
8.	CAŁKA Piotr		15	KP Solne Miasto Wieliczka				5:41.51	364	+0,85
	50m:	35.38 35.38	150m:	2:07.63	47.95	250m:	3:38.79 45.50	350m:	5:04.92 39.67	
	100m:	1:19.68 44.30	200m:	2:53.29	45.66	300m:	4:25.25 46.46	400m:	5:41.51 36.59	

JUNIOR MŁODSZY 16 LAT

1.	KRY Radosław		16	UKS Tri-Team Rumia				4:45.81	620	+0,69
	50m:	30.12 30.12	150m:	1:40.81	36.86	250m:	2:58.09 41.11	350m:	4:12.99 33.71	
	100m:	1:03.95 33.83	200m:	2:16.98	36.17	300m:	3:39.28 41.19	400m:	4:45.81 32.82	
2.	GAJDA Jan		16	MKS Trójka Łódź				4:51.54	585	+0,72
	50m:	29.23 29.23	150m:	1:41.88	38.08	250m:	3:01.14 41.71	350m:	4:18.70 35.56	
	100m:	1:03.80 34.57	200m:	2:19.43	37.55	300m:	3:43.14 42.00	400m:	4:51.54 32.84	
3.	TARCZY SKI Bartosz		16	UKS 190 Łódź				4:51.88	583	+0,66
	50m:	30.53 30.53	150m:	1:46.09	40.13	250m:	3:03.72 40.49	350m:	4:19.09 34.89	
	100m:	1:05.96 35.43	200m:	2:23.23	37.14	300m:	3:44.20 40.48	400m:	4:51.88 32.79	
4.	OŁOWNIA Ignacy		16	KS Delfin Gdynia				4:53.81	571	+0,77
	50m:	30.73 30.73	150m:	1:42.95	37.09	250m:	3:01.03 42.79	350m:	4:20.46 35.94	
	100m:	1:05.86 35.13	200m:	2:18.24	35.29	300m:	3:44.52 43.49	400m:	4:53.81 33.35	
5.	KOZŁOWSKI Julian		16	MKS „Astoria” Bydgoszcz				4:54.73	566	+0,71
	50m:	30.28 30.28	150m:	1:43.04	38.16	250m:	3:04.24 42.82	350m:	4:22.38 35.26	
	100m:	1:04.88 34.60	200m:	2:21.42	38.38	300m:	3:47.12 42.88	400m:	4:54.73 32.35	
6.	GŁOWACKI Sebastian		16	UKS Nawa Skierniewice				4:59.34	540	+0,77
	50m:	32.30 32.30	150m:	1:51.83	42.59	250m:	3:12.38 40.48	350m:	4:27.73 34.40	
	100m:	1:09.24 36.94	200m:	2:31.90	40.07	300m:	3:53.33 40.95	400m:	4:59.34 31.61	
7.	WÓJCIK Mikołaj		16	UKS „FREGATA” Kolbuszowa				5:09.33	489	+0,75
	50m:	30.17 30.17	150m:	1:44.57	39.08	250m:	3:12.20 49.60	350m:	4:36.45 35.40	
	100m:	1:05.49 35.32	200m:	2:22.60	38.03	300m:	4:01.05 48.85	400m:	5:09.33 32.88	
8.	KUNICKI Maksymilian		16	Akademia SMS Racibórz				5:11.42	480	+0,74
	50m:	31.42 31.42	150m:	1:52.19	42.84	250m:	3:16.80 43.09	350m:	4:36.07 35.82	
	100m:	1:09.35 37.93	200m:	2:33.71	41.52	300m:	4:00.25 43.45	400m:	5:11.42 35.35	
9.	PRZYSTAŁ Antonio		16	KP Solne Miasto Wieliczka				5:29.10	406	+0,77
	50m:	33.68 33.68	150m:	2:00.01	45.70	250m:	3:28.30 45.48	350m:	4:53.80 39.67	
	100m:	1:14.31 40.63	200m:	2:42.82	42.81	300m:	4:14.13 45.83	400m:	5:29.10 35.30	
10.	BRODOWSKI Michał		16	UKS Nawa Skierniewice				5:39.64	370	+0,76
	50m:	34.70 34.70	150m:	1:58.45	42.47	250m:	3:29.23 48.28	350m:	4:59.67 41.14	
	100m:	1:15.98 41.28	200m:	2:40.95	42.50	300m:	4:18.53 49.30	400m:	5:39.64 39.97	
DYSKW.	MRUGAŁA Michał		16	UKP „Polonia Warszawa”						
	<i>G8 - Pływak uko czył wy cig w poło eniu na piersiach - 6.5</i>									

JUNIOR 17-18 LAT

1.	KOZŁOWSKI Igor		18	KU AZS UMCS Lublin				4:34.18	703	+0,74
	50m:	28.66 28.66	150m:	1:37.53	35.74	250m:	2:51.48 39.76	350m:	4:03.96 32.51	
	100m:	1:01.79 33.13	200m:	2:11.72	34.19	300m:	3:31.45 39.97	400m:	4:34.18 30.22	
2.	NOWACKI Błażej		18	KU AZS UMCS Lublin				4:37.27	680	+0,66
	50m:	28.78 28.78	150m:	1:37.89	36.88	250m:	2:52.07 38.40	350m:	4:04.26 33.11	
	100m:	1:01.01 32.23	200m:	2:13.67	35.78	300m:	3:31.15 39.08	400m:	4:37.27 33.01	
3.	POPIEL Mikołaj		17	KU AZS UMCS Lublin				4:39.19	666	+0,65
	50m:	27.95 27.95	150m:	1:37.59	36.56	250m:	2:53.25 40.44	350m:	4:07.55 33.72	
	100m:	1:01.03 33.08	200m:	2:12.81	35.22	300m:	3:33.83 40.58	400m:	4:39.19 31.64	
4.	LARY Jerzy		17	IUKS „Muszelka” Warszawa				4:41.14	652	+0,73
	50m:	30.31 30.31	150m:	1:40.54	36.74	250m:	2:57.11 40.90	350m:	4:10.94 31.98	
	100m:	1:03.80 33.49	200m:	2:16.21	35.67	300m:	3:38.96 41.85	400m:	4:41.14 30.20	

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Konkurencja 23, Chłopców, 400m zmienny, JUNIOR 17-18 LAT

Pozycja			Wiek					Czas	Pkt.	CR
5.	JARZEWSKI Franciszek	18	UKS 190 Łód					4:50.64	590	+0,74
	50m: 30.62 30.62	150m: 1:43.16	37.85	250m: 3:02.03	41.76	350m: 4:17.93	33.55			
	100m: 1:05.31 34.69	200m: 2:20.27	37.11	300m: 3:44.38	42.35	400m: 4:50.64	32.71			
6.	MOCHNAL Kacper	18	MKS Jedyńka Łód					4:51.89	582	+0,61
	50m: 29.61 29.61	150m: 1:42.39	39.24	250m: 3:03.94	42.37	350m: 4:20.75	32.76			
	100m: 1:03.15 33.54	200m: 2:21.57	39.18	300m: 3:47.99	44.05	400m: 4:51.89	31.14			
7.	JARZ B Tymoteusz	17	UKS "Feniks" D bica					4:53.66	572	+0,74
	50m: 30.02 30.02	150m: 1:43.34	38.27	250m: 3:03.64	42.82	350m: 4:20.62	34.68			
	100m: 1:05.07 35.05	200m: 2:20.82	37.48	300m: 3:45.94	42.30	400m: 4:53.66	33.04			
8.	DYRDA Michał	17	MKS Juvenia Wrocław					5:01.42	529	+0,76
	50m: 29.96 29.96	150m: 1:45.65	39.39	250m: 3:07.34	43.49	350m: 4:27.42	35.53			
	100m: 1:06.26 36.30	200m: 2:23.85	38.20	300m: 3:51.89	44.55	400m: 5:01.42	34.00			
9.	LUCOW Jan	17	UKP „Polonia Warszawa”					5:01.50	528	+0,64
	50m: 29.90 29.90	150m: 1:40.70	35.93	250m: 3:01.27	44.61	350m: 4:26.35	38.35			
	100m: 1:04.77 34.87	200m: 2:16.66	35.96	300m: 3:48.00	46.73	400m: 5:01.50	35.15			
10.	GOHLA Kamil	18	Swim Team MOSiR K dzierzyn Ko le					5:05.18	510	+0,71
	50m: 30.40 30.40	150m: 1:48.73	42.91	250m: 3:11.82	42.27	350m: 4:30.55	36.19			
	100m: 1:05.82 35.42	200m: 2:29.55	40.82	300m: 3:54.36	42.54	400m: 5:05.18	34.63			
11.	CHABOWSKI Nathaniel	17	UKS abianka Gda sk					5:08.24	495	+0,77
	50m: 30.96 30.96	150m: 1:48.47	40.50	250m: 3:14.13	46.03	350m: 4:35.16	34.32			
	100m: 1:07.97 37.01	200m: 2:28.10	39.63	300m: 4:00.84	46.71	400m: 5:08.24	33.08			
12.	FILOZOF Adam	18	MKS Park Wodny Tarnowskie Góry					5:11.92	477	+0,70
	50m: 32.05 32.05	150m: 1:50.50	41.94	250m: 3:14.26	44.09	350m: 4:35.60	37.30			
	100m: 1:08.56 36.51	200m: 2:30.17	39.67	300m: 3:58.30	44.04	400m: 5:11.92	36.32			
13.	WÓJCIK Szczepan	17	UKS „FREGATA” Kolbuszowa					5:11.94	477	+0,73
	50m: 30.77 30.77	150m: 1:49.79	41.05	250m: 3:15.75	45.24	350m: 4:38.24	37.46			
	100m: 1:08.74 37.97	200m: 2:30.51	40.72	300m: 4:00.78	45.03	400m: 5:11.94	33.70			
DYSKW.	SKOLASI SKI Jakub	18	KU AZS UMCS Lublin							
	<i>K1 - Pływak wykonał wi cej ni jedno kopni cie delfinowe przed pierwszym kopni ciem do stylu klasycznego - 7.1, 7.5</i>									

OPEN

1.	CHMIELEWSKI Krzysztof	19	IUKS „Muszelka” Warszawa					4:26.38	767	+0,68
	50m: 27.14 27.14	150m: 1:31.43	33.67	250m: 2:43.71	39.42	350m: 3:56.38	31.83			
	100m: 57.76 30.62	200m: 2:04.29	32.86	300m: 3:24.55	40.84	400m: 4:26.38	30.00			
2.	CHMIELEWSKI Michał	19	IUKS „Muszelka” Warszawa					4:33.69	707	+0,65
	50m: 27.40 27.40	150m: 1:32.70	34.55	250m: 2:48.91	42.49	350m: 4:03.07	31.89			
	100m: 58.15 30.75	200m: 2:06.42	33.72	300m: 3:31.18	42.27	400m: 4:33.69	30.62			
3.	KOZŁOWSKI Igor	18	KU AZS UMCS Lublin					4:34.18	703	+0,74
	50m: 28.66 28.66	150m: 1:37.53	35.74	250m: 2:51.48	39.76	350m: 4:03.96	32.51			
	100m: 1:01.79 33.13	200m: 2:11.72	34.19	300m: 3:31.45	39.97	400m: 4:34.18	30.22			
4.	MA KA Filip	23	UKS 190 Łód					4:35.28	695	+0,69
	50m: 28.75 28.75	150m: 1:37.03	35.40	250m: 2:52.12	39.32	350m: 4:04.86	32.73			
	100m: 1:01.63 32.88	200m: 2:12.80	35.77	300m: 3:32.13	40.01	400m: 4:35.28	30.42			
5.	PIELA Michał	19	UKP Unia O wi cim					4:36.65	684	+0,69
	50m: 29.17 29.17	150m: 1:40.23	37.51	250m: 2:55.70	39.01	350m: 4:06.86	32.14			
	100m: 1:02.72 33.55	200m: 2:16.69	36.46	300m: 3:34.72	39.02	400m: 4:36.65	29.79			
6.	NOWACKI Bła ej	18	KU AZS UMCS Lublin					4:37.27	680	+0,66
	50m: 28.78 28.78	150m: 1:37.89	36.88	250m: 2:52.07	38.40	350m: 4:04.26	33.11			
	100m: 1:01.01 32.23	200m: 2:13.67	35.78	300m: 3:31.15	39.08	400m: 4:37.27	33.01			
7.	POPIEL Mikołaj	17	KU AZS UMCS Lublin					4:39.19	666	+0,65
	50m: 27.95 27.95	150m: 1:37.59	36.56	250m: 2:53.25	40.44	350m: 4:07.55	33.72			
	100m: 1:01.03 33.08	200m: 2:12.81	35.22	300m: 3:33.83	40.58	400m: 4:39.19	31.64			

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Konkurencja 23, M czyzn, 400m zmienny, OPEN

Pozycja			Wiek					Czas	Pkt.	CR
8.	LARY Jerzy		17	IUKS „Muszelka” Warszawa				4:41.14	652	+0,73
	50m: 30.31	30.31	150m: 1:40.54	36.74	250m: 2:57.11	40.90	350m: 4:10.94	31.98		
	100m: 1:03.80	33.49	200m: 2:16.21	35.67	300m: 3:38.96	41.85	400m: 4:41.14	30.20		
9.	KUCZAK Adam		23	AZS AWF Katowice				4:41.19	652	+0,62
	50m: 28.82	28.82	150m: 1:39.78	37.16	250m: 2:55.42	40.03	350m: 4:09.27	33.59		
	100m: 1:02.62	33.80	200m: 2:15.39	35.61	300m: 3:35.68	40.26	400m: 4:41.19	31.92		
10.	KRY Radosław		16	UKS Tri-Team Rumia				4:45.81	620	+0,69
	50m: 30.12	30.12	150m: 1:40.81	36.86	250m: 2:58.09	41.11	350m: 4:12.99	33.71		
	100m: 1:03.95	33.83	200m: 2:16.98	36.17	300m: 3:39.28	41.19	400m: 4:45.81	32.82		
11.	JARCZEWSKI Franciszek		18	UKS 190 Łódź				4:50.64	590	+0,74
	50m: 30.62	30.62	150m: 1:43.16	37.85	250m: 3:02.03	41.76	350m: 4:17.93	33.55		
	100m: 1:05.31	34.69	200m: 2:20.27	37.11	300m: 3:44.38	42.35	400m: 4:50.64	32.71		
12.	GAJDA Jan		16	MKS Trójka Łódź				4:51.54	585	+0,72
	50m: 29.23	29.23	150m: 1:41.88	38.08	250m: 3:01.14	41.71	350m: 4:18.70	35.56		
	100m: 1:03.80	34.57	200m: 2:19.43	37.55	300m: 3:43.14	42.00	400m: 4:51.54	32.84		
13.	TARCZY SKI Bartosz		16	UKS 190 Łódź				4:51.88	583	+0,66
	50m: 30.53	30.53	150m: 1:46.09	40.13	250m: 3:03.72	40.49	350m: 4:19.09	34.89		
	100m: 1:05.96	35.43	200m: 2:23.23	37.14	300m: 3:44.20	40.48	400m: 4:51.88	32.79		
14.	MOCHNAL Kacper		18	MKS Jedyńka Łódź				4:51.89	582	+0,61
	50m: 29.61	29.61	150m: 1:42.39	39.24	250m: 3:03.94	42.37	350m: 4:20.75	32.76		
	100m: 1:03.15	33.54	200m: 2:21.57	39.18	300m: 3:47.99	44.05	400m: 4:51.89	31.14		
15.	JARZ B Tymoteusz		17	UKS "Feniks" D bica				4:53.66	572	+0,74
	50m: 30.02	30.02	150m: 1:43.34	38.27	250m: 3:03.64	42.82	350m: 4:20.62	34.68		
	100m: 1:05.07	35.05	200m: 2:20.82	37.48	300m: 3:45.94	42.30	400m: 4:53.66	33.04		
16.	OŁOWNIA Ignacy		16	KS Delfin Gdynia				4:53.81	571	+0,77
	50m: 30.73	30.73	150m: 1:42.95	37.09	250m: 3:01.03	42.79	350m: 4:20.46	35.94		
	100m: 1:05.86	35.13	200m: 2:18.24	35.29	300m: 3:44.52	43.49	400m: 4:53.81	33.35		
17.	JOACHIMOWICZ Patryk		15	KU AZS UMCS Lublin				4:54.64	566	+0,73
	50m: 29.47	29.47	150m: 1:43.33	38.84	250m: 3:03.98	43.09	350m: 4:22.60	34.55		
	100m: 1:04.49	35.02	200m: 2:20.89	37.56	300m: 3:48.05	44.07	400m: 4:54.64	32.04		
18.	KOZŁOWSKI Julian		16	MKS „Astoria” Bydgoszcz				4:54.73	566	+0,71
	50m: 30.28	30.28	150m: 1:43.04	38.16	250m: 3:04.24	42.82	350m: 4:22.38	35.26		
	100m: 1:04.88	34.60	200m: 2:21.42	38.38	300m: 3:47.12	42.88	400m: 4:54.73	32.35		
19.	GŁOWACKI Sebastian		16	UKS Nawa Skierniewice				4:59.34	540	+0,77
	50m: 32.30	32.30	150m: 1:51.83	42.59	250m: 3:12.38	40.48	350m: 4:27.73	34.40		
	100m: 1:09.24	36.94	200m: 2:31.90	40.07	300m: 3:53.33	40.95	400m: 4:59.34	31.61		
20.	ACZEK Hubert		15	KS „Wisła” Puławy				4:59.83	537	+0,74
	50m: 28.96	28.96	150m: 1:43.93	39.86	250m: 3:06.77	43.94	350m: 4:25.89	34.67		
	100m: 1:04.07	35.11	200m: 2:22.83	38.90	300m: 3:51.22	44.45	400m: 4:59.83	33.94		
21.	KARWAT Bartłomiej		15	UKS Nawa Skierniewice				5:01.12	531	+0,72
	50m: 31.80	31.80	150m: 1:47.98	39.69	250m: 3:10.15	44.48	350m: 4:28.19	33.93		
	100m: 1:08.29	36.49	200m: 2:25.67	37.69	300m: 3:54.26	44.11	400m: 5:01.12	32.93		
22.	DYRDA Michał		17	MKS Juwenia Wrocław				5:01.42	529	+0,76
	50m: 29.96	29.96	150m: 1:45.65	39.39	250m: 3:07.34	43.49	350m: 4:27.42	35.53		
	100m: 1:06.26	36.30	200m: 2:23.85	38.20	300m: 3:51.89	44.55	400m: 5:01.42	34.00		
23.	LUCOW Jan		17	UKP „Polonia Warszawa”				5:01.50	528	+0,64
	50m: 29.90	29.90	150m: 1:40.70	35.93	250m: 3:01.27	44.61	350m: 4:26.35	38.35		
	100m: 1:04.77	34.87	200m: 2:16.66	35.96	300m: 3:48.00	46.73	400m: 5:01.50	35.15		
24.	HALKIEWICZ Maciej		15	UKS „Omega” Olkusz				5:04.40	514	+0,73
	50m: 29.86	29.86	150m: 1:45.86	39.55	250m: 3:09.74	45.50	350m: 4:31.68	37.88		
	100m: 1:06.31	36.45	200m: 2:24.24	38.38	300m: 3:53.80	44.06	400m: 5:04.40	32.72		
25.	GOHLA Kamil		18	Swim Team MOSiR K dzierzyn Ko le				5:05.18	510	+0,71
	50m: 30.40	30.40	150m: 1:48.73	42.91	250m: 3:11.82	42.27	350m: 4:30.55	36.19		
	100m: 1:05.82	35.42	200m: 2:29.55	40.82	300m: 3:54.36	42.54	400m: 5:05.18	34.63		

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Konkurencja 23, M czyzn, 400m zmienny, OPEN

Pozycja			Wiek							Czas	Pkt.	CR
26.	PAWLAK Dawid		15	UKS 190 Łód						5:05.69	507	+0,80
	50m:	31.92 31.92	150m:	1:51.20	41.78	250m:	3:14.53	42.16	350m:	4:31.50	34.54	
	100m:	1:09.42 37.50	200m:	2:32.37	41.17	300m:	3:56.96	42.43	400m:	5:05.69	34.19	
27.	LESIAK Piotr		14	SKS 137 Delfin Łód						5:06.74	502	+0,66
	50m:	32.42 32.42	150m:	1:48.17	37.95	250m:	3:09.92	43.76	350m:	4:30.47	36.13	
	100m:	1:10.22 37.80	200m:	2:26.16	37.99	300m:	3:54.34	44.42	400m:	5:06.74	36.27	
28.	CHABOWSKI Nathaniel		17	UKS abianka Gda sk						5:08.24	495	+0,77
	50m:	30.96 30.96	150m:	1:48.47	40.50	250m:	3:14.13	46.03	350m:	4:35.16	34.32	
	100m:	1:07.97 37.01	200m:	2:28.10	39.63	300m:	4:00.84	46.71	400m:	5:08.24	33.08	
29.	WÓJCIK Mikołaj		16	UKS „FREGATA” Kolbuszowa						5:09.33	489	+0,75
	50m:	30.17 30.17	150m:	1:44.57	39.08	250m:	3:12.20	49.60	350m:	4:36.45	35.40	
	100m:	1:05.49 35.32	200m:	2:22.60	38.03	300m:	4:01.05	48.85	400m:	5:09.33	32.88	
30.	KUNICKI Maksymilian		16	Akademia SMS Racibórz						5:11.42	480	+0,74
	50m:	31.42 31.42	150m:	1:52.19	42.84	250m:	3:16.80	43.09	350m:	4:36.07	35.82	
	100m:	1:09.35 37.93	200m:	2:33.71	41.52	300m:	4:00.25	43.45	400m:	5:11.42	35.35	
31.	FILOZOF Adam		18	MKS Park Wodny Tarnowskie Góry						5:11.92	477	+0,70
	50m:	32.05 32.05	150m:	1:50.50	41.94	250m:	3:14.26	44.09	350m:	4:35.60	37.30	
	100m:	1:08.56 36.51	200m:	2:30.17	39.67	300m:	3:58.30	44.04	400m:	5:11.92	36.32	
32.	WÓJCIK Szczepan		17	UKS „FREGATA” Kolbuszowa						5:11.94	477	+0,73
	50m:	30.77 30.77	150m:	1:49.79	41.05	250m:	3:15.75	45.24	350m:	4:38.24	37.46	
	100m:	1:08.74 37.97	200m:	2:30.51	40.72	300m:	4:00.78	45.03	400m:	5:11.94	33.70	
33.	GABOR Bruno		14	MKS Park Wodny Tarnowskie Góry						5:15.11	463	+0,75
	50m:	32.68 32.68	150m:	1:53.10	40.46	250m:	3:16.45	43.18	350m:	4:40.10	38.13	
	100m:	1:12.64 39.96	200m:	2:33.27	40.17	300m:	4:01.97	45.52	400m:	5:15.11	35.01	
34.	BORY Wojciech		14	KS „Górnik” Sosnowiec						5:18.06	450	+0,65
	50m:	34.01 34.01	150m:	1:55.54	42.50	250m:	3:20.82	45.05	350m:	4:43.04	37.45	
	100m:	1:13.04 39.03	200m:	2:35.77	40.23	300m:	4:05.59	44.77	400m:	5:18.06	35.02	
35.	REKOWSKI Karol		15	"Sikret" Gliwice						5:25.59	420	+0,68
	50m:	32.90 32.90	150m:	1:58.29	44.88	250m:	3:25.30	44.29	350m:	4:48.55	40.42	
	100m:	1:13.41 40.51	200m:	2:41.01	42.72	300m:	4:08.13	42.83	400m:	5:25.59	37.04	
36.	PRZYSTAŁ Antonio		16	KP Solne Miasto Wieliczka						5:29.10	406	+0,77
	50m:	33.68 33.68	150m:	2:00.01	45.70	250m:	3:28.30	45.48	350m:	4:53.80	39.67	
	100m:	1:14.31 40.63	200m:	2:42.82	42.81	300m:	4:14.13	45.83	400m:	5:29.10	35.30	
37.	ROZUMEK Jan		14	KP Solne Miasto Wieliczka						5:30.32	402	+0,63
	50m:	33.77 33.77	150m:	1:53.20	40.58	250m:	3:23.88	51.24	350m:	4:54.84	38.88	
	100m:	1:12.62 38.85	200m:	2:32.64	39.44	300m:	4:15.96	52.08	400m:	5:30.32	35.48	
38.	DRELICH Mateusz		14	UKS 190 Łód						5:30.60	401	+0,64
	50m:	34.34 34.34	150m:	2:00.13	44.80	250m:	3:28.60	46.72	350m:	4:54.98	38.93	
	100m:	1:15.33 40.99	200m:	2:41.88	41.75	300m:	4:16.05	47.45	400m:	5:30.60	35.62	
39.	PERL Piotr		15	Uks „Pingwiny”						5:34.37	387	+0,71
	50m:	31.22 31.22	150m:	1:53.77	44.39	250m:	3:26.74	50.51	350m:	4:55.85	38.78	
	100m:	1:09.38 38.16	200m:	2:36.23	42.46	300m:	4:17.07	50.33	400m:	5:34.37	38.52	
40.	SKOCZYLAS Bartosz		14	KU AZS UMCS Lublin						5:39.38	370	+0,73
	50m:	33.59 33.59	150m:	1:59.22	44.91	250m:	3:33.88	50.87	350m:	5:02.30	38.20	
	100m:	1:14.31 40.72	200m:	2:43.01	43.79	300m:	4:24.10	50.22	400m:	5:39.38	37.08	
41.	BRODOWSKI Michał		16	UKS Nawa Skierniewice						5:39.64	370	+0,76
	50m:	34.70 34.70	150m:	1:58.45	42.47	250m:	3:29.23	48.28	350m:	4:59.67	41.14	
	100m:	1:15.98 41.28	200m:	2:40.95	42.50	300m:	4:18.53	49.30	400m:	5:39.64	39.97	
42.	CAŁKA Piotr		15	KP Solne Miasto Wieliczka						5:41.51	364	+0,85
	50m:	35.38 35.38	150m:	2:07.63	47.95	250m:	3:38.79	45.50	350m:	5:04.92	39.67	
	100m:	1:19.68 44.30	200m:	2:53.29	45.66	300m:	4:25.25	46.46	400m:	5:41.51	36.59	
43.	JANISZEWSKI Fabian		14	UKS 190 Łód						5:44.26	355	+0,87
	50m:	37.18 37.18	150m:	2:07.38	46.55	250m:	3:40.97	51.25	350m:	5:09.00	36.67	
	100m:	1:20.83 43.65	200m:	2:49.72	42.34	300m:	4:32.33	51.36	400m:	5:44.26	35.26	

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Konkurencja 23, M czyn, 400m zmienny, OPEN

Pozycja		Wiek		Czas	Pkt.	CR
DYSKW.	SKOLASI SKI Jakub	18	KU AZS UMCS Lublin			
	<i>K1 - Pływak wykonał więcej niż jedno kopnięcie delfinowe przed pierwszym kopnięciem do stylu klasycznego - 7.1, 7.5</i>					
DYSKW.	MRUGAŁA Michał	16	UKP „Polonia Warszawa”			
	<i>G8 - Pływak ukończył wyścig w połowie dystansu na piersiach - 6.5</i>					