

2023 Liga Szkół Mistrzostwa Sportowego - II runda
Lublin, 10. - 11.3.2023

Konkurencja 19 Open
11.03.2023 - 9:22 Wyniki

Rekord Polski Open	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	25.03.2007
Rekord Polski 19 - 23	4:05.84	JEDRZEJCZAK Otylia	00114	Budapeszt (HUN)	03.08.2006
Rekord Polski 18	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 17	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 16	4:12.62	ZUKOWSKA Paula	00107	Doha (QAT)	09.12.2009
Rekord Polski 15	4:16.14	KNOP Aleksandra	01605	Łódź	26.05.2018
Rekord Polski 14	4:16.54	KILIJA SKA Donata	00612	Tampere (FIN)	20.07.2009

Punkty: FINA 2023

Pozycja			Wiek					Czas	Pkt.	
1.	TARASIEWICZ Klaudia	19	SMS Szczecin					4:22.11	733	29,00
	50m: 30.78 30.78	150m: 1:38.73	34.22	250m: 2:46.11	33.69	350m: 3:52.03	32.72			
	100m: 1:04.51 33.73	200m: 2:12.42	33.69	300m: 3:19.31	33.20	400m: 4:22.11	30.08			
2.	KOWALSKA Klara	18	SMS Lublin					4:23.38	723	27,00
	50m: 30.72 30.72	150m: 1:38.63	34.17	250m: 2:46.08	33.63	350m: 3:52.24	32.99			
	100m: 1:04.46 33.74	200m: 2:12.45	33.82	300m: 3:19.25	33.17	400m: 4:23.38	31.14			
3.	BERNAT Laura	18	SMS Warszawa Bielany					4:23.44	722	26,00
	50m:	150m:		250m:		350m:				
	100m:	200m:		300m:		400m:	4:23.44			
4.	WALCZAK Barbara	17	SMS Warszawa Bielany					4:32.32	654	25,00
	50m: 31.25 31.25	150m: 1:39.02	34.06	250m: 2:48.28	34.77	350m: 3:58.49	35.15			
	100m: 1:04.96 33.71	200m: 2:13.51	34.49	300m: 3:23.34	35.06	400m: 4:32.32	33.83			
5.	KRASZEWSKA Martyna	18	SMS Olsztyn					4:32.70	651	24,00
	50m: 31.75 31.75	150m: 1:40.62	34.77	250m: 2:50.81	34.87	350m: 4:00.56	34.79			
	100m: 1:05.85 34.10	200m: 2:15.94	35.32	300m: 3:25.77	34.96	400m: 4:32.70	32.14			
6.	SIWKO Natalia	19	SMS Lublin					4:33.10	648	23,00
	50m: 31.44 31.44	150m: 1:40.61	34.92	250m: 2:50.00	34.75	350m: 3:59.74	34.71			
	100m: 1:05.69 34.25	200m: 2:15.25	34.64	300m: 3:25.03	35.03	400m: 4:33.10	33.36			
7.	KUSION Judyta	17	SMS O wi cim					4:33.27	647	22,00
	50m: 31.86 31.86	150m: 1:41.51	35.06	250m: 2:51.36	35.10	350m: 4:00.39	34.25			
	100m: 1:06.45 34.59	200m: 2:16.26	34.75	300m: 3:26.14	34.78	400m: 4:33.27	32.88			
8.	LECHOWSKA Magdalena	17	SMS Wrocław					4:37.37	619	21,00
	50m: 31.49 31.49	150m: 1:41.36	35.13	250m: 2:51.75	35.11	350m: 4:02.68	35.31			
	100m: 1:06.23 34.74	200m: 2:16.64	35.28	300m: 3:27.37	35.62	400m: 4:37.37	34.69			
9.	ŁAZARZ Milena	17	SMS O wi cim					4:38.09	614	20,00
	50m: 31.54 31.54	150m: 1:42.24	35.94	250m: 2:53.98	35.87	350m: 4:04.23	34.88			
	100m: 1:06.30 34.76	200m: 2:18.11	35.87	300m: 3:29.35	35.37	400m: 4:38.09	33.86			
10.	FIGAS Alicja	19	SMS Szczecin					4:39.44	605	19,00
	50m: 31.94 31.94	150m: 1:41.30	35.09	250m: 2:51.85	35.58	350m: 4:03.67	35.87			
	100m: 1:06.21 34.27	200m: 2:16.27	34.97	300m: 3:27.80	35.95	400m: 4:39.44	35.77			
11.	WŁADYCZKA Amelia	16	SMS Wrocław					4:39.68	603	18,00
	50m: 31.17 31.17	150m: 1:41.35	36.06	250m: 2:53.63	36.14	350m: 4:06.26	36.40			
	100m: 1:05.29 34.12	200m: 2:17.49	36.14	300m: 3:29.86	36.23	400m: 4:39.68	33.42			
12.	DU KO Julia	16	SMS Ostrowiec					4:39.87	602	17,00
	50m: 31.79 31.79	150m: 1:42.73	36.10	250m: 2:54.86	36.08	350m: 4:06.95	36.27			
	100m: 1:06.63 34.84	200m: 2:18.78	36.05	300m: 3:30.68	35.82	400m: 4:39.87	32.92			
13.	GAWĘŁKO Zuzanna	17	SMS Lublin					4:40.22	600	-
	50m: 32.40 32.40	150m: 1:43.55	35.99	250m: 2:55.27	35.91	350m: 4:06.81	35.80			
	100m: 1:07.56 35.16	200m: 2:19.36	35.81	300m: 3:31.01	35.74	400m: 4:40.22	33.41			
14.	KUCZMAR Zuzanna	16	SMS Warszawa Konwiktorska					4:41.19	594	16,00
	50m: 31.78 31.78	150m: 1:42.05	35.37	250m: 2:54.15	35.97	350m: 4:05.33	35.23			
	100m: 1:06.68 34.90	200m: 2:18.18	36.13	300m: 3:30.10	35.95	400m: 4:41.19	35.86			
15.	SŁABOSZ Emilia	18	SMS O wi cim					4:41.53	592	-
	50m: 32.10 32.10	150m: 1:43.02	36.16	250m: 2:56.38	36.91	350m: 4:08.34	35.86			
	100m: 1:06.86 34.76	200m: 2:19.47	36.45	300m: 3:32.48	36.10	400m: 4:41.53	33.19			

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Konkurencja 19, Kobiety, 400m dowolny, Open

Pozycja			Wiek					Czas	Pkt.	
16.	CHMIELEWSKA Aleksandra	17	SMS Gda sk	4:42.03	588	15,00				
	50m: 32.65 32.65	150m: 1:43.58	36.03	250m: 2:56.32	36.56	350m: 4:08.05	35.58			
	100m: 1:07.55 34.90	200m: 2:19.76	36.18	300m: 3:32.47	36.15	400m: 4:42.03	33.98			
17.	GORCZYCA Gabriela	17	SMS Kraków	4:42.13	588	14,00				
	50m: 31.89 31.89	150m: 1:43.59	36.08	250m: 2:56.16	36.18	350m: 4:08.21	35.79			
	100m: 1:07.51 35.62	200m: 2:19.98	36.39	300m: 3:32.42	36.26	400m: 4:42.13	33.92			
18.	TADKO Wiktoria	18	SMS Racibórz	4:42.96	583	13,00				
	50m: 32.48 32.48	150m: 1:43.69	36.04	250m: 2:56.04	36.60	350m: 4:08.93	36.42			
	100m: 1:07.65 35.17	200m: 2:19.44	35.75	300m: 3:32.51	36.47	400m: 4:42.96	34.03			
19.	WIERNICKA Julia	16	SMS Kraków	4:43.03	582	12,00				
	50m: 31.95 31.95	150m: 1:42.74	36.06	250m: 2:55.96	36.63	350m: 4:08.34	35.97			
	100m: 1:06.68 34.73	200m: 2:19.33	36.59	300m: 3:32.37	36.41	400m: 4:43.03	34.69			
20.	GRZESIAK Oliwia	16	SMS Wrocław	4:44.69	572	-				
	50m: 31.69 31.69	150m: 1:42.42	35.99	250m: 2:56.05	36.83	350m: 4:09.34	36.58			
	100m: 1:06.43 34.74	200m: 2:19.22	36.80	300m: 3:32.76	36.71	400m: 4:44.69	35.35			
21.	ORUM Melissa	19	SMS Bydgoszcz	4:45.43	568	11,00				
	50m: 31.81 31.81	150m: 1:43.13	36.11	250m: 2:56.51	36.84	350m: 4:10.91	36.92			
	100m: 1:07.02 35.21	200m: 2:19.67	36.54	300m: 3:33.99	37.48	400m: 4:45.43	34.52			
22.	PRÓBA Oliwia	17	SMS Warszawa Bielany	4:45.65	566	-				
	50m: 32.65 32.65	150m: 1:45.68	36.91	250m: 2:59.17	36.84	350m: 4:11.67	35.98			
	100m: 1:08.77 36.12	200m: 2:22.33	36.65	300m: 3:35.69	36.52	400m: 4:45.65	33.98			
23.	SZAFRA SKA Malwina	17	SMS Ostrowiec	4:46.30	562	10,00				
	50m: 32.19 32.19	150m: 1:45.03	36.35	250m: 2:58.18	36.26	350m: 4:11.17	36.28			
	100m: 1:08.68 36.49	200m: 2:21.92	36.89	300m: 3:34.89	36.71	400m: 4:46.30	35.13			
24.	CHABOWSKA Gabriela	15	SMS Gda sk	4:50.44	539	9,00				
	50m: 32.69 32.69	150m: 1:45.11	36.74	250m: 2:59.43	37.13	350m: 4:14.61	37.67			
	100m: 1:08.37 35.68	200m: 2:22.30	37.19	300m: 3:36.94	37.51	400m: 4:50.44	35.83			
25.	SIEDLEWSKA Marcelina	16	SMS Warszawa Konwiktorska	4:50.75	537	8,00				
	50m: 31.54 31.54	150m: 1:43.27	36.73	250m: 2:58.87	38.11	350m: 4:14.56	37.64			
	100m: 1:06.54 35.00	200m: 2:20.76	37.49	300m: 3:36.92	38.05	400m: 4:50.75	36.19			
26.	BOCIAN Roksana	19	SMS O wi cim	4:52.22	529	-				
	50m: 32.10 32.10	150m: 1:44.66	37.00	250m: 2:59.55	37.57	350m: 4:15.04	37.94			
	100m: 1:07.66 35.56	200m: 2:21.98	37.32	300m: 3:37.10	37.55	400m: 4:52.22	37.18			
27.	CELI SKA Małgorzata	17	SMS Ostrowiec	4:54.75	515	-				
	50m: 32.87 32.87	150m: 1:47.49	37.20	250m: 3:03.24	37.48	350m: 4:18.49	36.83			
	100m: 1:10.29 37.42	200m: 2:25.76	38.27	300m: 3:41.66	38.42	400m: 4:54.75	36.26			
28.	GRZECH Maja	15	SMS Gda sk	4:54.81	515	-				
	50m: 33.05 33.05	150m: 1:48.15	37.82	250m: 3:03.90	37.98	350m: 4:18.93	37.18			
	100m: 1:10.33 37.28	200m: 2:25.92	37.77	300m: 3:41.75	37.85	400m: 4:54.81	35.88			
29.	MAKSYMOWICZ Nina	18	SMS Warszawa Bielany	4:57.56	501	-				
	50m: 33.23 33.23	150m: 1:46.74	37.25	250m: 3:04.08	39.22	350m: 4:20.66	37.98			
	100m: 1:09.49 36.26	200m: 2:24.86	38.12	300m: 3:42.68	38.60	400m: 4:57.56	36.90			
30.	MAZUR Zuzanna	18	SMS Gorzów Wielkopolski	4:58.83	495	7,00				
	50m: 33.05 33.05	150m: 1:47.36	37.59	250m: 3:04.87	38.90	350m: 4:21.97	38.33			
	100m: 1:09.77 36.72	200m: 2:25.97	38.61	300m: 3:43.64	38.77	400m: 4:58.83	36.86			
31.	JAWORSKA Wiktoria	18	SMS Bydgoszcz	4:59.35	492	6,00				
	50m: 34.06 34.06	150m: 1:49.38	38.26	250m: 3:06.72	38.87	350m: 4:22.96	38.17			
	100m: 1:11.12 37.06	200m: 2:27.85	38.47	300m: 3:44.79	38.07	400m: 4:59.35	36.39			
32.	JAŁOWIECKA Gabriela	15	SMS Kraków	5:00.35	487	-				
	50m: 33.98 33.98	150m: 1:51.44	38.99	250m: 3:08.28	38.20	350m: 4:23.55	37.50			
	100m: 1:12.45 38.47	200m: 2:30.08	38.64	300m: 3:46.05	37.77	400m: 5:00.35	36.80			
33.	WŁODARCZYK Maja	15	SMS Racibórz	5:03.73	471	5,00				
	50m: 34.28 34.28	150m: 1:51.32	39.16	250m: 3:09.13	38.63	350m: 4:26.93	38.58			
	100m: 1:12.16 37.88	200m: 2:30.50	39.18	300m: 3:48.35	39.22	400m: 5:03.73	36.80			

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Konkurencja 19, Kobiet, 400m dowolny, Open

Pozycja			Wiek				Czas		Pkt.	
34.	BAŁDYGA Kamila		17		SMS Olsztyn		5:09.44		445	4,00
	50m:	33.34 33.34	150m:	1:50.16 38.86	250m:	3:09.06 39.59	350m:	4:29.49 40.43		
	100m:	1:11.30 37.96	200m:	2:29.47 39.31	300m:	3:49.06 40.00	400m:	5:09.44 39.95		
35.	STANKO Khrystyna		15		SMS Bydgoszcz		5:10.80		440	-
	50m:	32.58 32.58	150m:	1:49.12 39.57	250m:	3:09.39 40.11	350m:	4:30.97 41.20		
	100m:	1:09.55 36.97	200m:	2:29.28 40.16	300m:	3:49.77 40.38	400m:	5:10.80 39.83		