

2023 Memoriał Henryka Kosakowskiego
Lublin, 20.5.2023Konkurencja 29 Kobiet, 400m zmienny 13 lat i starsi
20.05.2023 - 16:25 Wyniki

Rekord LOZP 4:48.63 ZUKOWSKA Paula 03103 Olsztyn 15.05.2019

Punkty: Rudolph Table 2023

Pozycja Wiek Czas Pkt.

KAT C - 13-14 lat

| | | | | |
|------------------------|---------------------|---------------------|---------------------|--|
| 1. DZIEWANOWSKA Nikola | 13 | UKS Delfin Garwolin | 6:19.93 | |
| 50m: 38.78 38.78 | 150m: 2:16.96 53.09 | 250m: 4:02.55 54.93 | 350m: 5:40.85 41.35 | |
| 100m: 1:23.87 45.09 | 200m: 3:07.62 50.66 | 300m: 4:59.50 56.95 | 400m: 6:19.93 39.08 | |
| 2. MUCHA Martyna | 14 | UKS „ORKA” Zamo | 6:38.79 | |
| 50m: 41.06 41.06 | 150m: 2:28.40 56.99 | 250m: 4:18.49 56.42 | 350m: 5:59.00 45.84 | |
| 100m: 1:31.41 50.35 | 200m: 3:22.07 53.67 | 300m: 5:13.16 54.67 | 400m: 6:38.79 39.79 | |

KAT B - 15-16 lat

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|----------------------|---------------------|---------------------|---------------------|------|
| 1. PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 5:09.99 | 12,7 |
| 50m: 33.92 33.92 | 150m: 1:55.18 41.59 | 250m: 3:17.38 42.48 | 350m: 4:35.38 36.42 | |
| 100m: 1:13.59 39.67 | 200m: 2:34.90 39.72 | 300m: 3:58.96 41.58 | 400m: 5:09.99 34.61 | |
| 2. SUROWIEC Gabriela | 16 | UKP Fala Kra nik | 5:50.68 | 3,3 |
| 50m: 37.37 37.37 | 150m: 2:05.11 43.75 | 250m: 3:37.97 50.17 | 350m: 5:09.99 41.54 | |
| 100m: 1:21.36 43.99 | 200m: 2:47.80 42.69 | 300m: 4:28.45 50.48 | 400m: 5:50.68 40.69 | |
| 3. PR CIK Amelia | 15 | UKP Bychawa | 6:12.36 | |
| 50m: 38.67 38.67 | 150m: 2:11.76 45.76 | 250m: 3:52.68 57.39 | 350m: 5:32.23 41.76 | |
| 100m: 1:26.00 47.33 | 200m: 2:55.29 43.53 | 300m: 4:50.47 57.79 | 400m: 6:12.36 40.13 | |

KAT A - OPEN

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|------------------------|---------------------|---------------------|---------------------|------|
| 1. PIEKARSKA Natalia | 17 | UKS 190 Łód | 5:02.35 | 14,2 |
| 50m: 32.58 32.58 | 150m: 1:47.98 39.51 | 250m: 3:11.49 45.14 | 350m: 4:29.93 33.64 | |
| 100m: 1:08.47 35.89 | 200m: 2:26.35 38.37 | 300m: 3:56.29 44.80 | 400m: 5:02.35 32.42 | |
| 2. PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 5:09.99 | 12,7 |
| 50m: 33.92 33.92 | 150m: 1:55.18 41.59 | 250m: 3:17.38 42.48 | 350m: 4:35.38 36.42 | |
| 100m: 1:13.59 39.67 | 200m: 2:34.90 39.72 | 300m: 3:58.96 41.58 | 400m: 5:09.99 34.61 | |
| 3. GAWĘŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 5:31.05 | 7,5 |
| 50m: 34.55 34.55 | 150m: 2:00.90 44.11 | 250m: 3:29.53 46.94 | 350m: 4:54.83 38.36 | |
| 100m: 1:16.79 42.24 | 200m: 2:42.59 41.69 | 300m: 4:16.47 46.94 | 400m: 5:31.05 36.22 | |
| 4. SUROWIEC Gabriela | 16 | UKP Fala Kra nik | 5:50.68 | 3,3 |
| 50m: 37.37 37.37 | 150m: 2:05.11 43.75 | 250m: 3:37.97 50.17 | 350m: 5:09.99 41.54 | |
| 100m: 1:21.36 43.99 | 200m: 2:47.80 42.69 | 300m: 4:28.45 50.48 | 400m: 5:50.68 40.69 | |
| 5. PR CIK Amelia | 15 | UKP Bychawa | 6:12.36 | |
| 50m: 38.67 38.67 | 150m: 2:11.76 45.76 | 250m: 3:52.68 57.39 | 350m: 5:32.23 41.76 | |
| 100m: 1:26.00 47.33 | 200m: 2:55.29 43.53 | 300m: 4:50.47 57.79 | 400m: 6:12.36 40.13 | |
| 6. DZIEWANOWSKA Nikola | 13 | UKS Delfin Garwolin | 6:19.93 | |
| 50m: 38.78 38.78 | 150m: 2:16.96 53.09 | 250m: 4:02.55 54.93 | 350m: 5:40.85 41.35 | |
| 100m: 1:23.87 45.09 | 200m: 3:07.62 50.66 | 300m: 4:59.50 56.95 | 400m: 6:19.93 39.08 | |
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| 100m: 1:31.41 50.35 | 200m: 3:22.07 53.67 | 300m: 5:13.16 54.67 | 400m: 6:38.79 39.79 | |