

Letnie Mistrzostwa Polski Juniorów Młodszych 15 lat
Lublin, 13. - 16.7.2023

Konkurencja 14 Dziewcz t, 400m zmienny 15 lat
14.07.2023 - 11:30 Wyniki Eliminacje

Rekord Polski 15 lat 4:45.38 KNOP Aleksandra 01605 Łód 25.05.2018

Punkty: FINA 2023

Pozycja			Wiek							Czas	Pkt.	CR
1.	RODZIEWICZ Alicja		15	UKS Nawa Skierniewice						5:10.38	632A	+0,72
	50m:	30.79	30.79	150m:	1:45.86	38.38	250m:	3:09.24	46.09	350m:	4:33.25	38.91
	100m:	1:07.48	36.69	200m:	2:23.15	37.29	300m:	3:54.34	45.10	400m:	5:10.38	37.13
2.	STEFA CZYK Magdalena		15	CSiR MOS w D browie Górniczej						5:19.91	577A	+0,78
	50m:	32.60	32.60	150m:	1:53.18	43.19	250m:	3:19.31	45.43	350m:	4:44.02	38.71
	100m:	1:09.99	37.39	200m:	2:33.88	40.70	300m:	4:05.31	46.00	400m:	5:19.91	35.89
3.	KIJEWSKA Wiktoria		15	UKP „Polonia Warszawa”						5:26.27	544A	+0,72
	50m:	33.95	33.95	150m:	1:56.89	42.61	250m:	3:25.19	46.59	350m:	4:50.72	38.55
	100m:	1:14.28	40.33	200m:	2:38.60	41.71	300m:	4:12.17	46.98	400m:	5:26.27	35.55
4.	NIEWIADOMSKA Maja		15	UKP Unia O wi cim						5:27.04	540A	+0,72
	50m:	34.85	34.85	150m:	1:57.90	42.17	250m:	3:24.38	45.54	350m:	4:49.65	39.29
	100m:	1:15.73	40.88	200m:	2:38.84	40.94	300m:	4:10.36	45.98	400m:	5:27.04	37.39
5.	SADOWSKA Maria		15	UKS „GIM 92 Ursynów”						5:27.32	538A	+0,70
	50m:	37.45	37.45	150m:	1:59.70	39.76	250m:	3:25.43	46.06	350m:	4:50.07	38.72
	100m:	1:19.94	42.49	200m:	2:39.37	39.67	300m:	4:11.35	45.92	400m:	5:27.32	37.25
6.	WRONA Maria		15	UKP Unia O wi cim						5:28.60	532A	+0,68
	50m:	34.29	34.29	150m:	1:58.75	43.51	250m:	3:28.32	47.47	350m:	4:53.11	36.37
	100m:	1:15.24	40.95	200m:	2:40.85	42.10	300m:	4:16.74	48.42	400m:	5:28.60	35.49
7.	ŁOBODA Maria		15	Uks Cityzen						5:28.85	531A	+0,74
	50m:	32.93	32.93	150m:	1:56.29	43.49	250m:	3:24.88	46.19	350m:	4:51.44	39.02
	100m:	1:12.80	39.87	200m:	2:38.69	42.40	300m:	4:12.42	47.54	400m:	5:28.85	37.41
8.	BARAN Agata		15	UKP „Polonia Warszawa”						5:34.58	504A	+0,76
	50m:	35.12	35.12	150m:	1:59.67	43.47	250m:	3:29.06	46.98	350m:	4:56.15	39.32
	100m:	1:16.20	41.08	200m:	2:42.08	42.41	300m:	4:16.83	47.77	400m:	5:34.58	38.43
9.	JABŁO SKA Natalia		15	MTP Kormoran Olsztyn						5:37.68	490A	+0,67
	50m:	34.63	34.63	150m:	2:00.85	43.06	250m:	3:31.57	49.01	350m:	4:59.85	38.77
	100m:	1:17.79	43.16	200m:	2:42.56	41.71	300m:	4:21.08	49.51	400m:	5:37.68	37.83
10.	TRAFALSKA Antonina		15	TP Olimpijczyk Aleksandrów Łódzki						5:37.90	489A	+0,77
	50m:	33.07	33.07	150m:	1:56.48	44.66	250m:	3:27.39	47.46	350m:	4:57.87	40.40
	100m:	1:11.82	38.75	200m:	2:39.93	43.45	300m:	4:17.47	50.08	400m:	5:37.90	40.03
11.	FARTUSZY SKA Weronika		15	UKS Junior Kluczbork						5:38.71	486B	+0,84
	50m:	37.37	37.37	150m:	2:04.43	43.98	250m:	3:34.88	48.19	350m:	5:02.77	39.45
	100m:	1:20.45	43.08	200m:	2:46.69	42.26	300m:	4:23.32	48.44	400m:	5:38.71	35.94
12.	ORNOWSKA Zuzanna		15	MKS Juvenia Białystok						5:43.44	466B	+0,75
	50m:	35.97	35.97	150m:	2:07.26	45.32	250m:	3:37.65	48.11	350m:	5:06.17	39.74
	100m:	1:21.94	45.97	200m:	2:49.54	42.28	300m:	4:26.43	48.78	400m:	5:43.44	37.27
13.	NAJI Kamila		15	UKS Pi tka Konstantinów Łódzki						5:48.14	447B	+0,70
	50m:	35.35	35.35	150m:	2:06.37	50.22	250m:	3:41.05	46.29	350m:	5:09.88	42.41
	100m:	1:16.15	40.80	200m:	2:54.76	48.39	300m:	4:27.47	46.42	400m:	5:48.14	38.26
14.	CHMIEL Zuzanna		15	UKS SMS Galicja Kraków						5:49.08	444B	+0,74
	50m:	36.00	36.00	150m:	2:03.11	44.02	250m:	3:38.54	52.29	350m:	5:09.92	40.74
	100m:	1:19.09	43.09	200m:	2:46.25	43.14	300m:	4:29.18	50.64	400m:	5:49.08	39.16
15.	MASIEREK Marika		15	Toru Multisport Team						5:50.79	437B	+0,74
	50m:	37.08	37.08	150m:	2:08.16	45.95	250m:	3:43.08	50.48	350m:	5:14.18	39.31
	100m:	1:22.21	45.13	200m:	2:52.60	44.44	300m:	4:34.87	51.79	400m:	5:50.79	36.61
16.	GODLEWSKA Pola		15	UKP „Polonia Warszawa”						5:51.83	433B	+0,79
	50m:	35.92	35.92	150m:	2:04.79	45.62	250m:	3:41.27	50.91	350m:	5:12.89	39.83
	100m:	1:19.17	43.25	200m:	2:50.36	45.57	300m:	4:33.06	51.79	400m:	5:51.83	38.94
17.	GŁOGOWSKA Natalia		15	UKS Pi tka Konstantinów Łódzki						5:59.80	405B	+0,86
	50m:	36.06	36.06	150m:	2:06.89	47.88	250m:	3:44.36	52.39	350m:	5:19.50	41.98
	100m:	1:19.01	42.95	200m:	2:51.97	45.08	300m:	4:37.52	53.16	400m:	5:59.80	40.30

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Pozycja			Wiek						Czas	Pkt.	CR	
18.	BOROWSKA Wiktoria		15	UKS Pi tka Konstantynów Łódzki					6:02.21	397B	+0,69	
	50m:	37.07	37.07	150m:	2:14.60	49.05	250m:	3:54.06	51.97	350m:	5:25.91	38.59
	100m:	1:25.55	48.48	200m:	3:02.09	47.49	300m:	4:47.32	53.26	400m:	6:02.21	36.30
19.	PR CIK Amelia		15	UKP Bychawa					6:09.20	375B	+0,68	
	50m:	36.34	36.34	150m:	2:08.91	45.85	250m:	3:49.00	57.75	350m:	5:28.56	42.58
	100m:	1:23.06	46.72	200m:	2:51.25	42.34	300m:	4:45.98	56.98	400m:	6:09.20	40.64
20.	CISZYK Hanna		15	UKS Pi tka Konstantynów Łódzki					6:30.07	318B	+0,85	
	50m:	42.31	42.31	150m:	2:25.86	54.38	250m:	4:10.08	52.50	350m:	5:47.03	44.13
	100m:	1:31.48	49.17	200m:	3:17.58	51.72	300m:	5:02.90	52.82	400m:	6:30.07	43.04