

Letnie Mistrzostwa Polski Juniorów Młodszych 15 lat
Lublin, 13. - 16.7.2023

Konkurencja 15
14.07.2023 - 11:44

Chłopców, 400m zmienny

15 lat
Wyniki Eliminacje

Rekord Polski 15 lat 4:30.55 KAŁUSOWSKI Jan 00905 Ostrowiec Sw 10.07.2015

Punkty: FINA 2023

Pozycja			Wiek					Czas	Pkt.	CR
1.	WIDERSKI Miłosz		15	MKS Jedyńka Łód				4:44.15	631A	+0,70
	50m:	29.29 29.29	150m:	1:38.90	36.09	250m:	2:55.36	39.95	350m:	4:11.09 34.43
	100m:	1:02.81 33.52	200m:	2:15.41	36.51	300m:	3:36.66	41.30	400m:	4:44.15 33.06
2.	CZERWONKA Jan		15	MTKP Delfin Toru				4:53.97	570A	+0,69
	50m:	29.62 29.62	150m:	1:43.61	38.38	250m:	3:04.20	42.66	350m:	4:21.86 34.33
	100m:	1:05.23 35.61	200m:	2:21.54	37.93	300m:	3:47.53	43.33	400m:	4:53.97 32.11
3.	HALKIEWICZ Maciej		15	UKS „Omega” Olkusz				4:54.72	566A	+0,69
	50m:	29.19 29.19	150m:	1:42.47	37.58	250m:	3:02.59	43.95	350m:	4:21.61 34.29
	100m:	1:04.89 35.70	200m:	2:18.64	36.17	300m:	3:47.32	44.73	400m:	4:54.72 33.11
4.	RUPNIEWSKI Oliver		15	MKS Juvenia Wrocław				4:54.90	565A	+0,69
	50m:	31.19 31.19	150m:	1:45.07	36.97	250m:	3:05.31	43.91	350m:	4:21.90 33.25
	100m:	1:08.10 36.91	200m:	2:21.40	36.33	300m:	3:48.65	43.34	400m:	4:54.90 33.00
5.	JOACHIMOWICZ Patryk		15	KU AZS UMCS Lublin				4:58.36	545A	+0,74
	50m:	29.52 29.52	150m:	1:43.76	39.93	250m:	3:05.09	42.99	350m:	4:23.39 34.75
	100m:	1:03.83 34.31	200m:	2:22.10	38.34	300m:	3:48.64	43.55	400m:	4:58.36 34.97
6.	STR K Krystian		15	UKP Unia O wi cim				4:59.00	542A	+0,68
	50m:	31.09 31.09	150m:	1:45.01	37.99	250m:	3:07.30	44.71	350m:	4:26.31 34.29
	100m:	1:07.02 35.93	200m:	2:22.59	37.58	300m:	3:52.02	44.72	400m:	4:59.00 32.69
7.	PINCZAK Mateusz		15	CSiR MOS w D browie Górnicy				4:59.24	541A	+0,71
	50m:	30.99 30.99	150m:	1:45.72	38.92	250m:	3:07.99	43.46	350m:	4:26.39 35.03
	100m:	1:06.80 35.81	200m:	2:24.53	38.81	300m:	3:51.36	43.37	400m:	4:59.24 32.85
8.	PAWLAK Dawid		15	UKS 190 Łód				4:59.39	540A	+0,88
	50m:	30.29 30.29	150m:	1:45.79	41.01	250m:	3:08.34	42.67	350m:	4:26.60 34.68
	100m:	1:04.78 34.49	200m:	2:25.67	39.88	300m:	3:51.92	43.58	400m:	4:59.39 32.79
9.	GR DZIAK Oskar		15	MKS Park Wodny Tarnowskie Góry				4:59.48	539A	+0,89
	50m:	31.70 31.70	150m:	1:48.85	41.97	250m:	3:09.78	40.74	350m:	4:27.33 35.91
	100m:	1:06.88 35.18	200m:	2:29.04	40.19	300m:	3:51.42	41.64	400m:	4:59.48 32.15
10.	TWARÓG Mateusz		15	UKS "Kro nicka Przysa "				4:59.57	539A	+0,69
	50m:	30.46 30.46	150m:	1:46.33	41.18	250m:	3:10.44	44.18	350m:	4:27.73 33.68
	100m:	1:05.15 34.69	200m:	2:26.26	39.93	300m:	3:54.05	43.61	400m:	4:59.57 31.84
11.	PRUS Adam		15	Sekcja Pływacka Meduza Paj czno				5:00.15	536B	+0,64
	50m:	32.07 32.07	150m:	1:48.40	39.84	250m:	3:10.28	42.84	350m:	4:27.59 35.61
	100m:	1:08.56 36.49	200m:	2:27.44	39.04	300m:	3:51.98	41.70	400m:	5:00.15 32.56
12.	MASŁOCHA Szymon		15	MKS Neptun Stargard				5:04.69	512B	+0,71
	50m:	29.98 29.98	150m:	1:47.28	42.50	250m:	3:12.73	43.93	350m:	4:31.91 34.78
	100m:	1:04.78 34.80	200m:	2:28.80	41.52	300m:	3:57.13	44.40	400m:	5:04.69 32.78
13.	TRUDNOS Ignacy		15	UKS 190 Łód				5:06.58	503B	+0,69
	50m:	31.66 31.66	150m:	1:49.35	41.06	250m:	3:11.59	42.15	350m:	4:32.62 37.86
	100m:	1:08.29 36.63	200m:	2:29.44	40.09	300m:	3:54.76	43.17	400m:	5:06.58 33.96
14.	ROZBICKI Kacper		15	UKS 48 Warszawa ródmi cie				5:08.24	495B	+0,62
	50m:	31.52 31.52	150m:	1:51.92	42.61	250m:	3:15.51	42.90	350m:	4:34.65 37.00
	100m:	1:09.31 37.79	200m:	2:32.61	40.69	300m:	3:57.65	42.14	400m:	5:08.24 33.59
15.	JARECKI Bartosz		15	UKS 48 Warszawa ródmi cie				5:08.42	494B	+0,64
	50m:	30.91 30.91	150m:	1:49.00	41.08	250m:	3:11.15	43.05	350m:	4:32.95 37.39
	100m:	1:07.92 37.01	200m:	2:28.10	39.10	300m:	3:55.56	44.41	400m:	5:08.42 35.47
16.	BROCZKOWSKI Bogusz		15	UKS „Dragon” B dzin				5:09.22	490B	+0,78
	50m:	29.41 29.41	150m:	1:45.96	41.02	250m:	3:11.96	45.63	350m:	4:35.24 37.60
	100m:	1:04.94 35.53	200m:	2:26.33	40.37	300m:	3:57.64	45.68	400m:	5:09.22 33.98
17.	TUPALSKI Natan		15	UKP „Polonia Warszawa"				5:09.98	486B	+0,77
	50m:	32.21 32.21	150m:	1:51.65	41.37	250m:	3:15.41	44.07	350m:	4:35.91 35.70
	100m:	1:10.28 38.07	200m:	2:31.34	39.69	300m:	4:00.21	44.80	400m:	5:09.98 34.07

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Konkurencja 15, Chłopców, 400m zmienny, Eliminacje, 15 lat

Pozycja			Wiek				Czas	Pkt.	CR
18.	CZAJKA Maciej		15		UKP „Polonia Warszawa”		5:12.55	474B	+0,67
	50m:	30.38 30.38	150m:	1:48.43 41.51	250m:	3:13.04 43.23	350m:	4:35.72 38.78	
	100m:	1:06.92 36.54	200m:	2:29.81 41.38	300m:	3:56.94 43.90	400m:	5:12.55 36.83	
19.	PORADA Jan		15		UKS SP-149 Łódź		5:14.77	464B	+0,80
	50m:	32.80 32.80	150m:	1:53.65 43.23	250m:	3:19.39 44.67	350m:	4:40.48 36.46	
	100m:	1:10.42 37.62	200m:	2:34.72 41.07	300m:	4:04.02 44.63	400m:	5:14.77 34.29	
20.	GAJOS Łukasz		15		MKS Pałac Młodzie y Katowice		5:16.90	455B	+0,74
	50m:	30.67 30.67	150m:	1:50.91 42.69	250m:	3:19.35 46.68	350m:	4:42.21 36.11	
	100m:	1:08.22 37.55	200m:	2:32.67 41.76	300m:	4:06.10 46.75	400m:	5:16.90 34.69	
21.	PAKUŁA Patryk		15		UKS Shark Rudna		5:18.47	448R	+0,63
	50m:	32.99 32.99	150m:	1:55.15 42.52	250m:	3:22.89 46.70	350m:	4:43.70 35.24	
	100m:	1:12.63 39.64	200m:	2:36.19 41.04	300m:	4:08.46 45.57	400m:	5:18.47 34.77	
22.	BALCEROWICZ Ryszard		15		UKS abianka Gda sk		5:19.41	444R	+0,71
	50m:	31.91 31.91	150m:	1:51.84 41.61	250m:	3:19.43 46.17	350m:	4:43.20 37.20	
	100m:	1:10.23 38.32	200m:	2:33.26 41.42	300m:	4:06.00 46.57	400m:	5:19.41 36.21	
23.	PERL Piotr		15		Uks „Pingwiny”		5:22.21	433	+0,67
	50m:	30.16 30.16	150m:	1:49.12 43.14	250m:	3:18.69 47.87	350m:	4:44.75 37.44	
	100m:	1:05.98 35.82	200m:	2:30.82 41.70	300m:	4:07.31 48.62	400m:	5:22.21 37.46	
24.	SZLACHCIC Jan		15		UKS Ósemka O wi cim		5:24.21	425	+0,76
	50m:	33.61 33.61	150m:	1:58.14 44.60	250m:	3:24.37 43.22	350m:	4:49.49 38.52	
	100m:	1:13.54 39.93	200m:	2:41.15 43.01	300m:	4:10.97 46.60	400m:	5:24.21 34.72	
25.	PATOKA Dawid		15		WOPR Malbork		5:27.04	414	+0,76
	50m:	33.83 33.83	150m:	1:56.74 41.28	250m:	3:24.24 46.64	350m:	4:51.83 38.98	
	100m:	1:15.46 41.63	200m:	2:37.60 40.86	300m:	4:12.85 48.61	400m:	5:27.04 35.21	
26.	G BAROWSKI Olaf		15		UKS Ósemka O wi cim		5:31.64	397	+0,62
	50m:	33.01 33.01	150m:	1:55.51 42.95	250m:	3:25.96 47.84	350m:	4:53.92 39.22	
	100m:	1:12.56 39.55	200m:	2:38.12 42.61	300m:	4:14.70 48.74	400m:	5:31.64 37.72	
27.	SROKA Zoran		15		UKS „Frog” Gi ycko		5:32.76	393	+0,73
	50m:	33.17 33.17	150m:	1:57.35 44.03	250m:	3:29.18 50.28	350m:	4:56.44 37.35	
	100m:	1:13.32 40.15	200m:	2:38.90 41.55	300m:	4:19.09 49.91	400m:	5:32.76 36.32	
28.	WALASIEWICZ Bartosz		15		UKS „Frog” Gi ycko		5:37.13	378	+0,84
	50m:	33.63 33.63	150m:	1:58.08 43.51	250m:	3:28.79 48.18	350m:	4:58.33 39.66	
	100m:	1:14.57 40.94	200m:	2:40.61 42.53	300m:	4:18.67 49.88	400m:	5:37.13 38.80	
29.	MIEDZIANOWSKI Bartosz		15		UKS Ruch Grudzi dz		5:38.61	373	+0,79
	50m:	32.65 32.65	150m:	1:58.60 45.41	250m:	3:33.06 49.81	350m:	5:02.55 37.75	
	100m:	1:13.19 40.54	200m:	2:43.25 44.65	300m:	4:24.80 51.74	400m:	5:38.61 36.06	
30.	D BEK Aleksander		15		MTP „Lublinianka”		5:40.24	368	+0,70
	50m:	34.12 34.12	150m:	2:02.37 46.79	250m:	3:33.54 47.67	350m:	5:02.60 40.79	
	100m:	1:15.58 41.46	200m:	2:45.87 43.50	300m:	4:21.81 48.27	400m:	5:40.24 37.64	