

Letnie Mistrzostwa Polski Juniorów Młodszych 15 lat  
Lublin, 13. - 16.7.2023

Konkurencja 23  
15.07.2023 - 17:46

Chłopców, 400m dowolny

15 lat  
Wyniki Finał

Rekord Polski 15 lat 4:00.04 DASZKIEWICZ Michał 01006 Oswiecim 14.07.2018

Punkty: FINA 2023

Pozycja			Wiek					Czas	Pkt.	CR
<b>Finał A</b>										
1.	JÓ WIAK Tymoteusz	15	Stowarzyszenie "GREENS" Słupno				<b>4:05.74</b>	718	+0,77	
	50m: 27.60 27.60	150m: 1:30.36	31.75	250m: 2:33.61	31.37	350m: 3:35.20	30.17			
	100m: 58.61 31.01	200m: 2:02.24	31.88	300m: 3:05.03	31.42	400m: 4:05.74	30.54			
2.	LITOBORSKI Mikołaj	15	KS Warta Pozna				<b>4:06.84</b>	708	+0,76	
	50m: 27.77 27.77	150m: 1:30.62	31.86	250m: 2:34.00	31.68	350m: 3:37.38	31.55			
	100m: 58.76 30.99	200m: 2:02.32	31.70	300m: 3:05.83	31.83	400m: 4:06.84	29.46			
	ACZEK Hubert	15	KS „Wisła” Puławy				<b>4:06.84</b>	708	+0,72	
	50m: 28.07 28.07	150m: 1:30.73	31.56	250m: 2:34.24	31.68	350m: 3:37.74	31.45			
	100m: 59.17 31.10	200m: 2:02.56	31.83	300m: 3:06.29	32.05	400m: 4:06.84	29.10			
4.	CISOSKI Hubert	15	CSiR MOS w D browie Górniczej				<b>4:07.98</b>	698	+0,66	
	50m: 27.66 27.66	150m: 1:30.44	31.88	250m: 2:33.61	31.42	350m: 3:36.86	31.34			
	100m: 58.56 30.90	200m: 2:02.19	31.75	300m: 3:05.52	31.91	400m: 4:07.98	31.12			
5.	BIE KOWSKI Mateusz	15	UKS abianka Gda sk				<b>4:09.39</b>	687	+0,66	
	50m: 28.02 28.02	150m: 1:30.61	31.80	250m: 2:34.35	31.88	350m: 3:38.82	32.23			
	100m: 58.81 30.79	200m: 2:02.47	31.86	300m: 3:06.59	32.24	400m: 4:09.39	30.57			
6.	CHARKOT Krzysztof	15	UKS „ORKA” Zamo				<b>4:10.00</b>	682	+0,69	
	50m: 28.10 28.10	150m: 1:30.65	31.59	250m: 2:34.64	31.81	350m: 3:39.22	32.22			
	100m: 59.06 30.96	200m: 2:02.83	32.18	300m: 3:07.00	32.36	400m: 4:10.00	30.78			
7.	CIBA Mateusz	15	MKP Szczecin				<b>4:11.15</b>	672	+0,65	
	50m: 28.50 28.50	150m: 1:31.95	32.04	250m: 2:36.16	31.98	350m: 3:40.14	31.98			
	100m: 59.91 31.41	200m: 2:04.18	32.23	300m: 3:08.16	32.00	400m: 4:11.15	31.01			
8.	RACHWAŁ Patryk	15	UKS SMS Galicja Kraków				<b>4:21.24</b>	597	+0,72	
	50m: 29.53 29.53	150m: 1:34.76	33.01	250m: 2:42.99	34.21	350m: 3:50.44	33.03			
	100m: 1:01.75 32.22	200m: 2:08.78	34.02	300m: 3:17.41	34.42	400m: 4:21.24	30.80			
9.	GWIAZDOWSKI Krzysztof	15	MKS Piaseczno				<b>4:21.48</b>	596	+0,65	
	50m: 28.51 28.51	150m: 1:32.77	32.69	250m: 2:39.70	33.69	350m: 3:48.45	34.61			
	100m: 1:00.08 31.57	200m: 2:06.01	33.24	300m: 3:13.84	34.14	400m: 4:21.48	33.03			
10.	WASILEWSKI Mateusz	15	KU AZS UMCS Lublin				<b>4:22.78</b>	587	+0,75	
	50m: 28.64 28.64	150m: 1:33.43	32.96	250m: 2:41.28	34.09	350m: 3:50.18	34.54			
	100m: 1:00.47 31.83	200m: 2:07.19	33.76	300m: 3:15.64	34.36	400m: 4:22.78	32.60			
<b>Finał B</b>										
11.	KRAWCZYK Jakub	15	Mokotowski UKP Warszawianka- Wodny				<b>4:16.74</b>	629	+0,73	
	50m: 28.53 28.53	150m: 1:32.18	32.30	250m: 2:38.03	32.81	350m: 3:44.64	33.34			
	100m: 59.88 31.35	200m: 2:05.22	33.04	300m: 3:11.30	33.27	400m: 4:16.74	32.10			
12.	HUSZCZA Mateusz	15	UKS „GIM 92 Ursynów”				<b>4:18.08</b>	620	+0,62	
	50m: 29.17 29.17	150m: 1:33.20	32.35	250m: 2:39.50	33.31	350m: 3:46.12	33.27			
	100m: 1:00.85 31.68	200m: 2:06.19	32.99	300m: 3:12.85	33.35	400m: 4:18.08	31.96			
13.	ŁUBI SKI Szymon	15	UKS „GIM 92 Ursynów”				<b>4:18.80</b>	614	+0,65	
	50m: 28.75 28.75	150m: 1:32.50	32.30	250m: 2:38.52	33.17	350m: 3:46.18	34.00			
	100m: 1:00.20 31.45	200m: 2:05.35	32.85	300m: 3:12.18	33.66	400m: 4:18.80	32.62			
14.	MUNSCH Artur	15	MKS Park Wodny Tarnowskie Góry				<b>4:23.06</b>	585	+0,65	
	50m: 29.42 29.42	150m: 1:35.33	33.41	250m: 2:42.81	33.81	350m: 3:51.41	33.86			
	100m: 1:01.92 32.50	200m: 2:09.00	33.67	300m: 3:17.55	34.74	400m: 4:23.06	31.65			
15.	TREDER Konrad	15	UKS abianka Gda sk				<b>4:25.57</b>	569	+0,65	
	50m: 29.06 29.06	150m: 1:35.37	33.67	250m: 2:43.94	34.38	350m: 3:52.86	34.19			
	100m: 1:01.70 32.64	200m: 2:09.56	34.19	300m: 3:18.67	34.73	400m: 4:25.57	32.71			
16.	STANISZEWSKI Wiktor	15	"Sikret" Gliwice				<b>4:25.91</b>	566	+0,72	
	50m: 29.19 29.19	150m: 1:37.08	34.60	250m: 2:48.31	35.75	350m: 3:55.51	33.64			
	100m: 1:02.48 33.29	200m: 2:12.56	35.48	300m: 3:21.87	33.56	400m: 4:25.91	30.40			

Letnie Mistrzostwa Polski Juniorów Młodszych 15 lat  
Lublin, 13. - 16.7.2023

Konkurencja 23, Chłopców, 400m dowolny, Finał, 15 lat

Pozycja			Wiek						Czas	Pkt.	CR
17.	Ł DKA Gabriel		15	UKS SMS Galicja Kraków					<b>4:26.79</b>	561	+0,67
	50m: 29.68	29.68	150m: 1:36.45	34.04	250m: 2:45.78	34.46	350m: 3:55.30	34.59			
	100m: 1:02.41	32.73	200m: 2:11.32	34.87	300m: 3:20.71	34.93	400m: 4:26.79	31.49			
18.	RUPNIEWSKI Oliver		15	MKS Juvenia Wrocław					<b>4:26.93</b>	560	+0,71
	50m: 30.46	30.46	150m: 1:37.91	34.00	250m: 2:47.34	34.98	350m: 3:55.39	32.94			
	100m: 1:03.91	33.45	200m: 2:12.36	34.45	300m: 3:22.45	35.11	400m: 4:26.93	31.54			
19.	PLUTECKI Jakub		15	Stowarzyszenie "OLIMPIJCZYK KRAKÓW					<b>4:27.71</b>	555	+0,83
	50m: 30.14	30.14	150m: 1:37.93	34.06	250m: 2:46.65	34.25	350m: 3:55.33	34.28			
	100m: 1:03.87	33.73	200m: 2:12.40	34.47	300m: 3:21.05	34.40	400m: 4:27.71	32.38			
20.	ROLNICKI Maksymilian		15	UKS SMS Galicja Kraków					<b>4:28.68</b>	549	+0,81
	50m: 30.18	30.18	150m: 1:37.23	33.98	250m: 2:45.97	34.45	350m: 3:55.90	34.57			
	100m: 1:03.25	33.07	200m: 2:11.52	34.29	300m: 3:21.33	35.36	400m: 4:28.68	32.78			