

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 1 Kobiet, 50m klasyczny 14 lat i starsi
04.11.2023 - 9:00 Wyniki

| | | | | |
|-----------------------|-------|----------------------|--------------------|------------|
| Rekord Polski Open | 30.59 | SZTANDERA Domanika | Fukuoka (JPN) | 30.07.2023 |
| Rekord Polski 19 - 23 | 31.06 | MAZURKIEWICZ Barbara | Lublin | 04.06.2022 |
| Rekord Polski 18 | 31.18 | PIECHOWICZ Karolina | Belgrad (SRB) | 05.07.2023 |
| Rekord Polski 17 | 31.29 | PIECHOWICZ Karolina | 01813 Rzym (ITA) | 06.07.2021 |
| Rekord Polski 16 | 31.29 | PIECHOWICZ Karolina | 01813 Rzym | 06.07.2021 |
| Rekord Polski 15 | 32.36 | ZACHOSZCZ Paulina | 00416 Gorzow Wlkp. | 08.11.2008 |
| Rekord Polski 14 | 32.56 | CHRZAN Zofia | 03310 O wi cim | 04.05.2019 |

Minimum - M - Doha (Katar) Open: 30.33

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|---------|------|--|------|------|----|
|---------|------|--|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|----------------------|----|------------------------|--------------|-----|-------|
| 1. MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 36.19 | 530 | +0,62 |
| 2. KOZAK Lena | 14 | UKP Jedyńka Elbl g | 37.03 | 495 | +0,70 |
| 3. ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 38.02 | 457 | +0,74 |
| 4. GNA Nadia | 14 | UKS Tri-Team Rumia | 38.33 | 446 | +0,78 |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|--------------------|----|--|---------------|-----|-------|
| 1. LESIAK Weronika | 15 | UKS Nawa Skierniewice | 34.95 | 589 | +0,68 |
| 2. BIELAK Kamila | 15 | UKS SP5 Swim | 35.35 | 569 | +0,68 |
| 3. ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 35.42 | 566 | +0,66 |
| 4. SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | F37.84 | 464 | +0,74 |
| 5. KLIM Oliwia | 15 | KU AZS UMCS Lublin | 38.59 | 437 | +0,79 |
| 6. OBERMAN Zuzanna | 15 | Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 39.88 | 396 | +0,68 |

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|--------------------|----|------------------------------------|---------------|-----|-------|
| 1. BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wodny | F32.99 | 700 | +0,68 |
| 2. PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 34.33 | 621 | +0,78 |
| 3. KOT Emilia | 16 | TP Zielona Góra | 34.73 | 600 | +0,65 |
| 4. DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 34.80 | 596 | +0,73 |
| 5. TURBA SKA Marta | 16 | WKS I sk | 35.03 | 585 | +0,74 |
| 6. KŁOS Oliwia | 16 | KP Raw-Swim | 35.56 | 559 | +0,67 |
| 7. VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wodny | F35.78 | 549 | +0,69 |
| 8. BRZYSZKO Paula | 16 | UKS SP5 Swim | 36.88 | 501 | +0,70 |
| 9. SARNA Inez | 16 | UKS Nawa Skierniewice | 37.72 | 468 | +0,67 |

JUNIOR 17-18 LAT

| | | | | | |
|------------------------|----|------------------------|--------------|-----|-------|
| 1. BAŁDA Aleksandra | 18 | MKS Piaseczno | 34.31 | 622 | +0,71 |
| 2. MOSE Sara | 17 | AZS AWF Warszawa | 35.27 | 573 | +0,72 |
| 3. BIELAWA Anna | 17 | WKS I sk | 35.51 | 561 | +0,69 |
| 4. CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 36.34 | 524 | +0,68 |
| 5. SOBEK Iga | 17 | MTP Kormoran Olsztyn | 37.70 | 469 | +0,78 |
| 6. WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 38.19 | 451 | +0,67 |
| 7. KOWALSKA Sandra | 17 | UKS Olympic Warka | 41.15 | 360 | +0,80 |

OPEN

| | | | | | |
|-------------------------|----|------------------------------------|---------------|-----|-------|
| 1. MAZURKIEWICZ Barbara | 22 | Ku Azs Uw | 31.44 | 809 | +0,71 |
| 2. HALLMANN Weronika | 23 | Ku Azs Uw | 31.79 | 782 | +0,68 |
| 3. BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wodny | F32.99 | 700 | +0,68 |
| 4. BAŁDA Aleksandra | 18 | MKS Piaseczno | 34.31 | 622 | +0,71 |
| 5. PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 34.33 | 621 | +0,78 |
| 6. KOT Emilia | 16 | TP Zielona Góra | 34.73 | 600 | +0,65 |
| 7. DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 34.80 | 596 | +0,73 |
| 8. LESIAK Weronika | 15 | UKS Nawa Skierniewice | 34.95 | 589 | +0,68 |
| 9. TURBA SKA Marta | 16 | WKS I sk | 35.03 | 585 | +0,74 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 1, Kobiet, 50m klasyczny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | |
|---------|---------------------|----|--|--------------|-----|-------|
| 10. | MOSE Sara | 17 | AZS AWF Warszawa | 35.27 | 573 | +0,72 |
| 11. | OBAJTEK Aleksandra | 20 | Ku Azs Uw | 35.33 | 570 | +0,61 |
| 12. | BIELAK Kamila | 15 | UKS SP5 Swim | 35.35 | 569 | +0,68 |
| 13. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 35.42 | 566 | +0,66 |
| 14. | BIELAWA Anna | 17 | WKS I sk | 35.51 | 561 | +0,69 |
| 15. | KŁOS Oliwia | 16 | KP Raw-Swim | 35.56 | 559 | +0,67 |
| 16. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wodny | 35.78 | 549 | +0,69 |
| 17. | MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 36.19 | 530 | +0,62 |
| 18. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 36.34 | 524 | +0,68 |
| 19. | BRZYSZKO Paula | 16 | UKS SP5 Swim | 36.88 | 501 | +0,70 |
| 20. | KOZAK Lena | 14 | UKP Jedyńka Elbl g | 37.03 | 495 | +0,70 |
| 21. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 37.70 | 469 | +0,78 |
| 22. | SARNA Inez | 16 | UKS Nawa Skierniewice | 37.72 | 468 | +0,67 |
| 23. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | 37.84 | 464 | +0,74 |
| 24. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 38.02 | 457 | +0,74 |
| 25. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 38.19 | 451 | +0,67 |
| 26. | GNA Nadia | 14 | UKS Tri-Team Rumia | 38.33 | 446 | +0,78 |
| 27. | KLIM Oliwia | 15 | KU AZS UMCS Lublin | 38.59 | 437 | +0,79 |
| 28. | OBERMAN Zuzanna | 15 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 39.88 | 396 | +0,68 |
| 29. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 41.15 | 360 | +0,80 |

Konkurencja 2

M czyzn, 200m grzbietowy

14 lat i starsi

04.11.2023 - 9:04

Wyniki

| | | | | | |
|-----------------------|---------|------------------|-------|-----------------|------------|
| Rekord Polski Open | 1:54.24 | KAW CKI Radosław | 00304 | Barcelona (ESP) | 02.08.2013 |
| Rekord Polski 19 - 23 | 1:54.24 | KAW CKI Radosław | 00304 | Barcelona (ESP) | 02.08.2013 |
| Rekord Polski 18 | 1:55.60 | KAW CKI Radosław | 00304 | Rome (ITA) | 31.07.2009 |
| Rekord Polski 17 | 1:58.41 | MASIUK Ksawery | 05114 | Rzym (ITA) | 11.07.2021 |
| Rekord Polski 16 | 2:00.39 | MASIUK Ksawery | 05114 | Warszawa | 04.12.2020 |
| Rekord Polski 15 | 2:02.20 | KOSI SKI Filip | 00109 | Baku (KAZ) | 25.07.2019 |
| Rekord Polski 14 | 2:09.09 | ZGODA Szymon | | Olsztyn | 08.07.2022 |

Minimum - IO - Pary (Francja) Open: 1:57.50 / Minimum - M - Doha (Katar) Open: 1:58.07

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m | |
|------------------------------|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | |
| 1. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 2:21.80 | 491 | +0,65 | 32.90 | 36.49 | 36.96 | 35.45 |
| 2. | NOWACKI Mieszko | 14 | KU AZS UMCS Lublin | 2:23.31 | 476 | +0,73 | 34.53 | 35.85 | 37.21 | 35.72 |
| 3. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 2:39.59 | 344 | +0,71 | 36.50 | 40.53 | 41.32 | 41.24 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | | |
| 1. | POLONIUS Filip | 15 | KS Górnik Radlin | 2:17.78 | 535 | +0,66 | 31.48 | 34.89 | 36.27 | 35.14 |
| 2. | JOACHIMOWICZ Patryk | 15 | KU AZS UMCS Lublin | 2:23.88 | 470 | +0,65 | 33.25 | 36.67 | 37.99 | 35.97 |
| 3. | TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 2:28.93 | 424 | +0,72 | 34.32 | 38.11 | 38.62 | 37.88 |
| 4. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 2:36.85 | 363 | +0,58 | 37.26 | 40.22 | 40.58 | 38.79 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | | | | |
| 1. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 2:23.85 | 470 | | 32.59 | 36.18 | 38.05 | 37.03 |
| 2. | KOLUCH Franciszek | 16 | UKS Kapry-Armexim Pruszk | 2:25.86 | 451 | +0,61 | 32.87 | 37.76 | 39.01 | 36.22 |
| JUNIOR 17-18 LAT | | | | | | | | | | |
| 1. | SUCHA SKI Filip | 18 | UKS 51 Lublin | 2:03.56 | 743 | +0,67 | 29.24 | 31.15 | 32.18 | 30.99 |
| 2. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi | 2:11.86 | 611 | +0,62 | 30.08 | 33.33 | 34.13 | 34.32 |
| 3. | PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 2:13.76 | 585 | +0,63 | 30.39 | 34.79 | 34.66 | 33.92 |
| 4. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 2:14.42 | 577 | +0,60 | 31.28 | 34.19 | 34.67 | 34.28 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 2, M czynzn, 200m grzbietowy

OPEN

| | | | | | | | | |
|---------------------------|----|--------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. MASIUK Ksawery | 19 | UKS G-8 Bielany Warszawa | 2:00.35 | 804 +0,62 | 28.58 | 31.08 | 31.58 | 29.11 |
| 2. KAW CKI Radosław | 32 | AZS AWF Warszawa | 2:00.53 | 800 | 29.23 | 30.70 | 31.08 | 29.52 |
| 3. KOSI SKI Filip | 19 | AZS AWF Warszawa | 2:01.16 | 788 +0,60 | 28.39 | 30.10 | 31.69 | 30.98 |
| 4. SUCHA SKI Filip | 18 | UKS 51 Lublin | 2:03.56 | 743 +0,67 | 29.24 | 31.15 | 32.18 | 30.99 |
| 5. SIENKIEWICZ Aleksander | 20 | AZS AWF Katowice | 2:05.26 | 713 +0,58 | 28.94 | 31.23 | 32.28 | 32.81 |
| 6. KRÓL Jan | 21 | KS AZS AGH Kraków | 2:10.17 | 635 +0,59 | 28.82 | 32.45 | 34.37 | 34.53 |
| 7. DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi | 2:11.86 | 611 +0,62 | 30.08 | 33.33 | 34.13 | 34.32 |
| 8. PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 2:13.76 | 585 +0,63 | 30.39 | 34.79 | 34.66 | 33.92 |
| 9. POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 2:14.42 | 577 +0,60 | 31.28 | 34.19 | 34.67 | 34.28 |
| 10. POLONIUS Filip | 15 | KS Górnik Radlin | 2:17.78 | 535 +0,66 | 31.48 | 34.89 | 36.27 | 35.14 |
| 11. ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 2:21.80 | 491 +0,65 | 32.90 | 36.49 | 36.96 | 35.45 |
| 12. NOWACKI Mieszko | 14 | KU AZS UMCS Lublin | 2:23.31 | 476 +0,73 | 34.53 | 35.85 | 37.21 | 35.72 |
| 13. STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 2:23.85 | 470 | 32.59 | 36.18 | 38.05 | 37.03 |
| 14. JOACHIMOWICZ Patryk | 15 | KU AZS UMCS Lublin | 2:23.88 | 470 +0,65 | 33.25 | 36.67 | 37.99 | 35.97 |
| 15. KOŁUCH Franciszek | 16 | UKS Kapry-Armexim Pruszk | 2:25.86 | 451 +0,61 | 32.87 | 37.76 | 39.01 | 36.22 |
| 16. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 2:28.93 | 424 +0,72 | 34.32 | 38.11 | 38.62 | 37.88 |
| 17. ZERA Jan | 15 | MTP Kormoran Olsztyn | 2:36.85 | 363 +0,58 | 37.26 | 40.22 | 40.58 | 38.79 |
| 18. NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 2:39.59 | 344 +0,71 | 36.50 | 40.53 | 41.32 | 41.24 |
| PK LUSTIUK Tymofii | 13 | Ukraine | 2:36.52 | 365 +0,75 | 34.70 | 39.10 | 41.61 | 41.11 |

Konkurencja 3

Kobiet, 100m motylkowy

14 lat i starsi

04.11.2023 - 9:10

Wyniki

| | | | | | |
|-----------------------|---------|-----------------------|-------|--------------|------------|
| Rekord Polski Open | 57.84 | JEDRZEJCZAK Otylia | POL | Athens (GRE) | 14.08.2004 |
| Rekord Polski 19 - 23 | 57.84 | JEDRZEJCZAK Otylia | POL | Athens (GRE) | 14.08.2004 |
| Rekord Polski 18 | 58.66 | JEDRZEJCZAK Otylia | 00811 | Sydney (AUS) | 16.09.2000 |
| Rekord Polski 17 | 58.66 | JEDRZEJCZAK Otylia | 00114 | Sydney (AUS) | 15.09.2000 |
| Rekord Polski 16 | 59.74 | OLCZAK Mirela | 00104 | Doha (QAT) | 11.12.2009 |
| Rekord Polski 15 | 1:01.40 | CIERPIAŁOWSKA Paulina | 00310 | Olsztyn | 05.07.2019 |
| Rekord Polski 14 | 1:01.40 | CIERPIAŁOWSKA Paulina | 00310 | Olsztyn | 05.07.2019 |

Minimum - IO - Pary (Francja) Open: 57.92 / Minimum - M - Doha (Katar) Open: 58.33

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|------------------------------|------|---------------------------------|------------------|------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | |
| 1. | 14 | UKP „Polonia Warszawa” | 1:12.60 | 446 | +0,72 | 32.93 | 39.67 |
| 2. | 14 | UKS SP-149 Łód | 1:17.98 | 360 | +0,72 | 35.91 | 42.07 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | |
| 1. | 15 | UKS Nawa Skierniewice | 1:05.46 | 608 | +0,71 | 30.16 | 35.30 |
| 2. | 15 | UKS SP5 Swim | 1:13.40 | 431 | +0,73 | 33.69 | 39.71 |
| 3. | 15 | Mokotowski UKP Warszawianka- Wc | 1:14.10rk | 419 | +0,87 | 34.72 | 39.38 |
| 4. | 15 | AZS AWF Warszawa | 1:14.77 | 408 | +0,68 | 32.94 | 41.83 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | |
| 1. | 16 | WKS I sk | 1:07.57 | 553 | +0,73 | 30.99 | 36.58 |
| 2. | 16 | KS „OLIMPIA” Lublin | 1:08.31 | 535 | +0,69 | 32.11 | 36.20 |
| 3. | 16 | KS „OLIMPIA” Lublin | 1:10.89 | 479 | +0,72 | 32.53 | 38.36 |
| 4. | 16 | UKP Fala Kra nik | 1:11.48 | 467 | +0,78 | 33.11 | 38.37 |
| 5. | 16 | UKS Nawa Skierniewice | 1:14.04 | 420 | +0,74 | 34.80 | 39.24 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 3, Kobiet, 100m motylkowy

JUNIOR 17-18 LAT

| | | | | | | | | |
|----|-------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | KRÓL Gabriela | 17 | KS „Wisła” Puławy | 1:02.17 | 710 | +0,71 | 29.34 | 32.83 |
| 2. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 1:05.90 | 596 | +0,77 | 31.19 | 34.71 |
| 3. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:06.04 | 592 | +0,76 | 30.88 | 35.16 |
| 4. | SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 1:07.50 | 555 | +0,68 | 31.94 | 35.56 |
| 5. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:07.82 | 547 | +0,69 | 30.56 | 37.26 |
| 6. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wc | 1:09.89 | 500 | +0,63 | 31.81 | 38.08 |
| 7. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 1:11.07 | 475 | +0,70 | 33.12 | 37.95 |
| 8. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:15.17 | 402 | +0,75 | 33.76 | 41.41 |
| 9. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 1:16.11 | 387 | +0,83 | 36.93 | 39.18 |

OPEN

| | | | | | | | | |
|-----|-----------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | PIOTROWSKA Wiktoria | 20 | AZS AWF Warszawa | 59.59 | 807 | +0,61 | 27.74 | 31.85 |
| 2. | PEDA Paulina | 25 | AZS AWF Katowice | 59.61 | 806 | +0,64 | 27.97 | 31.64 |
| 3. | WI TEK Joanna | 21 | UKS "Feniks" D bica | 1:00.41 | 774 | +0,66 | 27.92 | 32.49 |
| 4. | KRÓL Gabriela | 17 | KS „Wisła” Puławy | 1:02.17 | 710 | +0,71 | 29.34 | 32.83 |
| 5. | CIEPLAK Aleksandra | 22 | AZS AWF Katowice | 1:03.23 | 675 | +0,70 | 29.48 | 33.75 |
| 6. | SOLAK Anna | 23 | KS AZS AGH Kraków | 1:04.83 | 626 | +0,67 | 30.27 | 34.56 |
| 7. | RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 1:05.46 | 608 | +0,71 | 30.16 | 35.30 |
| 8. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 1:05.90 | 596 | +0,77 | 31.19 | 34.71 |
| 9. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:06.04 | 592 | +0,76 | 30.88 | 35.16 |
| 10. | SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 1:07.50 | 555 | +0,68 | 31.94 | 35.56 |
| 11. | GRZESIAK Oliwia | 16 | WKS I sk | 1:07.57 | 553 | +0,73 | 30.99 | 36.58 |
| 12. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:07.82 | 547 | +0,69 | 30.56 | 37.26 |
| 13. | RYKHLINSKA Anastasiia | 16 | KS „OLIMPIA” Lublin | 1:08.31 | 535 | +0,69 | 32.11 | 36.20 |
| 14. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wc | 1:09.89 | 500 | +0,63 | 31.81 | 38.08 |
| 15. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 1:10.89 | 479 | +0,72 | 32.53 | 38.36 |
| 16. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 1:11.07 | 475 | +0,70 | 33.12 | 37.95 |
| 17. | SOSNÓWKA Milena | 16 | UKP Fala Kra nik | 1:11.48 | 467 | +0,78 | 33.11 | 38.37 |
| 18. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 1:12.60 | 446 | +0,72 | 32.93 | 39.67 |
| 19. | GR CZAK Oliwia | 15 | UKS SP5 Swim | 1:13.40 | 431 | +0,73 | 33.69 | 39.71 |
| 20. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 1:14.04 | 420 | +0,74 | 34.80 | 39.24 |
| 21. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wc | 1:14.10 | 419 | +0,87 | 34.72 | 39.38 |
| 22. | SAMBORSKA Dagmara | 15 | AZS AWF Warszawa | 1:14.77 | 408 | +0,68 | 32.94 | 41.83 |
| 23. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:15.17 | 402 | +0,75 | 33.76 | 41.41 |
| 24. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 1:16.11 | 387 | +0,83 | 36.93 | 39.18 |
| 25. | ŁUCZAK Anika | 14 | UKS SP-149 Łód | 1:17.98 | 360 | +0,72 | 35.91 | 42.07 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 4
04.11.2023 - 9:16

M cyczn, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|------------------------|------------|
| Rekord Polski Open | 1:46.19 | MAJCHRZAK Kacper | 00115 | Taipei (TPE) | 22.08.2017 |
| Rekord Polski 19 - 23 | 1:46.91 | WITKOWSKI Jan | | Lublin | 19.05.2017 |
| Rekord Polski 18 | 1:47.78 | CHOWANIEC Mateusz | 01711 | Rzym (ITA) | 10.07.2021 |
| Rekord Polski 17 | 1:48.51 | STOKOWSKI Kacper | 05114 | Hodmezovasarhely (HUN) | 10.07.2016 |
| Rekord Polski 16 | 1:51.69 | DASZKIEWICZ Michał | 01006 | Lublin | 10.07.2019 |
| Rekord Polski 15 | 1:53.68 | ORLICZ Filip | 05114 | Targoviste (ROU) | 09.12.2017 |
| Rekord Polski 14 | 1:56.05 | ORLICZ Filip | 05114 | Sztokholm (SWE) | 11.12.2016 |

Minimum - IO - Pary (Francja) Open: 1:46.26 / Minimum - M - Doha (Katar) Open: 1:47.06

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|--|-------------------|----|---|----------------|-----------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 2:03.34 | 565 +0,69 | 27.88 | 31.23 | 32.32 | 31.91 |
| 2. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 2:06.89 | 519 +0,68 | 28.82 | 31.88 | 33.44 | 32.75 |
| 3. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 2:12.03 | 461 +0,64 | 30.47 | 34.96 | 35.21 | 31.39 |
| 4. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 2:17.55 | 407 +0,74 | 30.72 | 34.62 | 36.29 | 35.92 |
| DYSKW. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | | | |
| <i>O1 - Pływak zainicjował start przed sygnałem startu - 4.4</i> | | | | | | | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | |
|-----|-----------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 2:01.55 | 590 +0,64 | 28.21 | 30.88 | 31.71 | 30.75 |
| 2. | RADZIKOWSKI Szymon | 15 | WKS I sk | 2:01.63 | 589 +0,49 | 27.48 | 30.76 | 32.16 | 31.23 |
| 3. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawa | 2:01.73 | 588 +0,70 | 28.53 | 30.49 | 32.14 | 30.57 |
| 4. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 2:03.59 | 562 +0,64 | 28.41 | 31.82 | 33.10 | 30.26 |
| 5. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:03.76 | 559 +0,62 | 28.66 | 31.84 | 32.07 | 31.19 |
| 6. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 2:04.89 | 544 +0,70 | 28.13 | 31.41 | 32.84 | 32.51 |
| 7. | PAWLAK Dawid | 15 | UKS 190 Łód | 2:08.38 | 501 +0,79 | 29.93 | 32.91 | 33.52 | 32.02 |
| 8. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 2:09.62 | 487 +0,76 | 28.66 | 31.75 | 34.96 | 34.25 |
| 9. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 2:10.70 | 475 +0,72 | 28.97 | 33.32 | 34.64 | 33.77 |
| 10. | MADEY Ryszard | 15 | UKS GOS Raszyn | 2:12.28 | 458 +0,66 | 29.06 | 32.86 | 35.80 | 34.56 |
| 11. | GEBAUER Wolfgang | 15 | MTP Kormoran Olsztyn | 2:14.16 | 439 +0,73 | 30.64 | 34.23 | 35.44 | 33.85 |
| 12. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 2:16.26 | 419 +0,71 | 29.59 | 34.65 | 36.54 | 35.48 |
| 13. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 2:20.88 | 379 +0,69 | 31.56 | 36.65 | 37.77 | 34.90 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | |
|----|------------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | REDZI SKI VEL RYDZY | 16 | M.KU AZS UMCS Lublin | 1:58.77 | 633 +0,63 | 28.11 | 30.39 | 30.56 | 29.71 |
| 2. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 2:03.46 | 563 +0,65 | 28.55 | 31.14 | 32.20 | 31.57 |
| 3. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawa | 2:05.32 | 539 +0,63 | 27.37 | 32.10 | 33.49 | 32.36 |
| 4. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 2:05.58 | 535 +0,72 | 27.23 | 30.63 | 34.72 | 33.00 |
| 5. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 2:06.49 | 524 +0,62 | 27.66 | 32.12 | 33.50 | 33.21 |
| 6. | ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 2:08.04 | 505 +0,74 | 29.87 | 32.48 | 33.44 | 32.25 |
| 7. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 2:11.97 | 461 +0,74 | 30.19 | 33.40 | 34.62 | 33.76 |
| 8. | LENARD Radosław | 16 | MTP „Lublinianka” | 2:14.55 | 435 +0,68 | 30.79 | 33.82 | 35.80 | 34.14 |

JUNIOR 17-18 LAT

| | | | | | | | | | |
|-----|-------------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi | 1:54.31 | 710 +0,72 | 27.03 | 29.55 | 29.33 | 28.40 |
| 2. | HEBEL Maciej | 18 | AZS AWF Katowice | 1:56.41 | 672 +0,65 | 27.68 | 29.56 | 29.96 | 29.21 |
| 3. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 1:58.56 | 636 +0,74 | 27.85 | 30.37 | 30.77 | 29.57 |
| 4. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawa | 1:58.82 | 632 +0,71 | 27.59 | 29.93 | 31.13 | 30.17 |
| 5. | MADEY Konrad | 17 | UKS GOS Raszyn | 2:00.85 | 601 +0,70 | 27.27 | 30.35 | | |
| 6. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 2:01.76 | 587 +0,77 | 28.25 | 31.12 | 31.61 | 30.78 |
| 7. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 2:02.12 | 582 +0,68 | 27.79 | 31.20 | 31.62 | 31.51 |
| 8. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 2:04.59 | 548 +0,78 | 28.44 | 31.46 | 32.62 | 32.07 |
| 9. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 2:05.89 | 531 +0,69 | 29.62 | 31.76 | 32.69 | 31.82 |
| 10. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 2:06.35 | 526 +0,65 | 28.33 | 32.40 | 32.96 | 32.66 |
| 11. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 2:09.02 | 494 +0,76 | 29.33 | 32.90 | 33.41 | 33.38 |
| 12. | JANKIEWICZ DELGADO J.17 | 17 | UKS Nawa Skierniewice | 2:11.34 | 468 +0,77 | 30.17 | 33.08 | 34.36 | 33.73 |
| 13. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 2:11.66 | 464 +0,72 | 30.69 | 33.47 | 34.29 | 33.21 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 4, Chłopców, 200m dowolny, JUNIOR 17-18 LAT

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|-------------|------|---|----------------|------|-------|-------|-------|-------|-------|
| 14. | 17 | UKP „Polonia Warszawa” | 2:14.49 | 436 | +0,67 | 29.41 | 33.88 | 35.30 | 35.90 |
| 15. | 17 | UKS Piłka Konstantynów | 2:22.03 | 370 | +0,70 | 32.29 | 35.87 | 38.15 | 35.72 |
| OPEN | | | | | | | | | |
| 1. | 31 | KS Warta Pozna | 1:50.20 | 792 | +0,67 | 24.88 | 27.38 | 28.60 | 29.34 |
| 2. | 21 | AZS AWF Katowice | 1:52.06 | 754 | +0,70 | 25.95 | 28.13 | 28.99 | 28.99 |
| 3. | 23 | AZS Łódź | 1:53.44 | 726 | +0,74 | 26.07 | 28.77 | 29.75 | 28.85 |
| 4. | 17 | UKS 48 Warszawa | 1:54.31 | 710 | +0,72 | 27.03 | 29.55 | 29.33 | 28.40 |
| 5. | 24 | Ku Azs Uw | 1:54.47 | 707 | +0,74 | 26.87 | 29.10 | 29.39 | 29.11 |
| 6. | 22 | AZS AWF Katowice | 1:55.66 | 685 | +0,65 | 27.39 | 29.70 | 29.68 | 28.89 |
| 7. | 19 | TP Zielona Góra | 1:56.03 | 679 | +0,67 | 27.82 | 29.69 | 30.01 | 28.51 |
| 8. | 18 | AZS AWF Katowice | 1:56.41 | 672 | +0,65 | 27.68 | 29.56 | 29.96 | 29.21 |
| 9. | 20 | AZS AWF Katowice | 1:57.82 | 648 | +0,67 | 26.81 | 29.18 | 30.86 | 30.97 |
| 10. | 21 | AZS AWF Warszawa | 1:58.34 | 640 | +0,71 | 28.25 | 30.12 | 29.71 | 30.26 |
| 11. | 18 | AZS AWF Katowice | 1:58.56 | 636 | +0,74 | 27.85 | 30.37 | 30.77 | 29.57 |
| 12. | 16 | M.KU AZS UMCS Lublin | 1:58.77 | 633 | +0,63 | 28.11 | 30.39 | 30.56 | 29.71 |
| 13. | 17 | Mokotowski UKP Warszawa | 1:58.82 | 632 | +0,71 | 27.59 | 29.93 | 31.13 | 30.17 |
| 14. | 19 | AZS Łódź | 2:00.16 | 611 | +0,77 | 26.84 | 29.65 | 31.41 | 32.26 |
| 15. | 17 | UKS GOS Raszyn | 2:00.85 | 601 | +0,70 | 27.27 | 30.35 | | |
| 16. | 15 | MKS Piaseczno | 2:01.55 | 590 | +0,64 | 28.21 | 30.88 | 31.71 | 30.75 |
| 17. | 15 | WKS I sk | 2:01.63 | 589 | +0,49 | 27.48 | 30.76 | 32.16 | 31.23 |
| 18. | 15 | Mokotowski UKP Warszawa | 2:01.73 | 588 | +0,70 | 28.53 | 30.49 | 32.14 | 30.57 |
| 19. | 18 | MTP Kormoran Olsztyn | 2:01.76 | 587 | +0,77 | 28.25 | 31.12 | 31.61 | 30.78 |
| 20. | 18 | KU AZS UMCS Lublin | 2:02.12 | 582 | +0,68 | 27.79 | 31.20 | 31.62 | 31.51 |
| 21. | 14 | UKP „Polonia Warszawa” | 2:03.34 | 565 | +0,69 | 27.88 | 31.23 | 32.32 | 31.91 |
| 22. | 16 | KU AZS UMCS Lublin | 2:03.46 | 563 | +0,65 | 28.55 | 31.14 | 32.20 | 31.57 |
| 23. | 15 | UKP „Polonia Warszawa” | 2:03.59 | 562 | +0,64 | 28.41 | 31.82 | 33.10 | 30.26 |
| 24. | 15 | UKS Nawa Skierniewice | 2:03.76 | 559 | +0,62 | 28.66 | 31.84 | 32.07 | 31.19 |
| 25. | 19 | AZS AWF Katowice | 2:04.47 | 550 | +0,71 | 28.71 | 32.15 | 32.03 | 31.58 |
| 26. | 18 | AZS AWF Warszawa | 2:04.59 | 548 | +0,78 | 28.44 | 31.46 | 32.62 | 32.07 |
| 27. | 15 | KU AZS UMCS Lublin | 2:04.89 | 544 | +0,70 | 28.13 | 31.41 | 32.84 | 32.51 |
| 28. | 16 | Mokotowski UKP Warszawa | 2:05.32 | 539 | +0,63 | 27.37 | 32.10 | 33.49 | 32.36 |
| 29. | 19 | KS AZS AGH Kraków | 2:05.46 | 537 | +0,71 | 28.52 | 31.08 | 32.91 | 32.95 |
| 30. | 16 | UKP „Polonia Warszawa” | 2:05.58 | 535 | +0,72 | 27.23 | 30.63 | 34.72 | 33.00 |
| 31. | 20 | KS AZS AGH Kraków | 2:05.87 | 532 | +0,70 | 28.30 | 31.62 | 33.13 | 32.82 |
| 32. | 17 | MTP Kormoran Olsztyn | 2:05.89 | 531 | +0,69 | 29.62 | 31.76 | 32.69 | 31.82 |
| 33. | 17 | UKP „Polonia Warszawa” | 2:06.35 | 526 | +0,65 | 28.33 | 32.40 | 32.96 | 32.66 |
| 34. | 16 | KU AZS UMCS Lublin | 2:06.49 | 524 | +0,62 | 27.66 | 32.12 | 33.50 | 33.21 |
| 35. | 19 | KS AZS AGH Kraków | 2:06.73 | 521 | +0,67 | 28.91 | 31.46 | 33.13 | 33.23 |
| 36. | 14 | UKP „Polonia Warszawa” | 2:06.89 | 519 | +0,68 | 28.82 | 31.88 | 33.44 | 32.75 |
| 37. | 19 | IKS Konstancin | 2:07.45 | 512 | +0,72 | 28.33 | 33.08 | 34.22 | 31.82 |
| 38. | 16 | MTP Kormoran Olsztyn | 2:08.04 | 505 | +0,74 | 29.87 | 32.48 | 33.44 | 32.25 |
| 39. | 15 | UKS 190 Łódź | 2:08.38 | 501 | +0,79 | 29.93 | 32.91 | 33.52 | 32.02 |
| 40. | 17 | UKS Nawa Skierniewice | 2:09.02 | 494 | +0,76 | 29.33 | 32.90 | 33.41 | 33.38 |
| 41. | 15 | UKP „Polonia Warszawa” | 2:09.62 | 487 | +0,76 | 28.66 | 31.75 | 34.96 | 34.25 |
| 42. | 15 | UKS Olimpic Warka | 2:10.70 | 475 | +0,72 | 28.97 | 33.32 | 34.64 | 33.77 |
| 43. | 17 | UKS Nawa Skierniewice | 2:11.34 | 468 | +0,77 | 30.17 | 33.08 | 34.36 | 33.73 |
| 44. | 17 | MTP Kormoran Olsztyn | 2:11.66 | 464 | +0,72 | 30.69 | 33.47 | 34.29 | 33.21 |
| 45. | 16 | UKP „Polonia Warszawa” | 2:11.97 | 461 | +0,74 | 30.19 | 33.40 | 34.62 | 33.76 |
| 46. | 14 | UKP „Polonia Warszawa” | 2:12.03 | 461 | +0,64 | 30.47 | 34.96 | 35.21 | 31.39 |
| 47. | 15 | UKS GOS Raszyn | 2:12.28 | 458 | +0,66 | 29.06 | 32.86 | 35.80 | 34.56 |
| 48. | 15 | MTP Kormoran Olsztyn | 2:14.16 | 439 | +0,73 | 30.64 | 34.23 | 35.44 | 33.85 |
| 49. | 17 | UKP „Polonia Warszawa” | 2:14.49 | 436 | +0,67 | 29.41 | 33.88 | 35.30 | 35.90 |
| 50. | 16 | MTP „Lublinianka” | 2:14.55 | 435 | +0,68 | 30.79 | 33.82 | 35.80 | 34.14 |
| 51. | 15 | KP Raw-Swim | 2:16.26 | 419 | +0,71 | 29.59 | 34.65 | 36.54 | 35.48 |
| 52. | 14 | UKP „Polonia Warszawa” | 2:17.55 | 407 | +0,74 | 30.72 | 34.62 | 36.29 | 35.92 |
| 53. | 15 | UKS Nawa Skierniewice | 2:20.88 | 379 | +0,69 | 31.56 | 36.65 | 37.77 | 34.90 |
| 54. | 17 | UKS Piłka Konstantynów | 2:22.03 | 370 | +0,70 | 32.29 | 35.87 | 38.15 | 35.72 |
| DYSKW. | 14 | Międzyszkolny UKS „Olimpijczyk” Suwałki | | | | | | | |

O1 - Pływak zainicjował start przed sygnałem startu - 4.4

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 4, M czyzn, 200m dowolny, OPEN

| Pozycja | Wiek | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|----------------------|------|--------------------------|------|----|-----|------|------|------|
| NW ADAMCZYK Jan | 20 | KS AZS AGH Kraków | | | | | | |
| NW JA KIEWICZ Adrian | 21 | UKS G-8 Bielany Warszawa | | | | | | |

Konkurencja 5
04.11.2023 - 9:30

Kobiet, 50m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|----------------------|-------|----------------|------------|
| Rekord Polski Open | 27.72 | TCHÓRZ Alicja | 00101 | Glasgow (GBR) | 04.08.2018 |
| Rekord Polski 19 - 23 | 27.84 | PISKORSKA Adela | | Chengdu (CHN) | 07.08.2023 |
| Rekord Polski 18 | 28.78 | PISKORSKA Adela | 02201 | Pozna | 15.05.2021 |
| Rekord Polski 17 | 28.93 | HERASIMOWICZ Zuzanna | 00114 | Olsztyn | 16.05.2019 |
| Rekord Polski 16 | 29.13 | GÓRNIAK Katarzyna | 01006 | Belgrade (SRB) | 08.07.2011 |
| Rekord Polski 15 | 29.29 | SMURZY SKA Julia | 03606 | O wi cim | 17.07.2021 |
| Rekord Polski 14 | 30.16 | KAMZOL Flawia | 02806 | Ostrowiec Sw. | 22.02.2021 |

Minimum - M - Doha (Katar) Open: 27.74

Punkty: FINA 2023

| Pozycja | Wiek | Czas | Pkt. | CR |
|---------|------|------|------|----|
|---------|------|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|---------------------|----|------------------------|--------------|-----|-------|
| 1. SZABAŁA Antonina | 14 | UKS SP5 Swim | 30.83 | 670 | +0,57 |
| 2. GIL Laura | 14 | KS KSZO Ostrowiec w. | 30.94 | 663 | +0,66 |
| 3. BATORY Helena | 14 | UKP „Polonia Warszawa” | 31.96 | 601 | +0,66 |
| 4. DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 32.26 | 584 | +0,61 |
| 5. RESZKO Lena | 14 | UKP „Polonia Warszawa” | 32.69 | 562 | +0,75 |
| 6. KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 34.56 | 475 | +0,58 |
| 7. TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 34.66 | 471 | +0,62 |
| 8. ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 38.31 | 349 | +0,56 |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|---------------------------|----|------------------------|--------------|-----|-------|
| 1. NAPIERALCZYK Martyna | 15 | WKS I sk | 32.68 | 562 | +0,54 |
| 2. FR CZEK Łucja | 15 | UKP Bychawa | 32.76 | 558 | +0,63 |
| 3. TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 33.74 | 511 | +0,70 |
| 4. ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 33.94 | 502 | +0,71 |
| 5. KLIM Oliwia | 15 | KU AZS UMCS Lublin | 35.71 | 431 | +0,79 |
| 6. GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 35.98 | 421 | +0,65 |

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|-------------------------|----|------------------------|--------------|-----|-------|
| 1. DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 31.81 | 610 | +0,62 |
| 2. SARNA Inez | 16 | UKS Nawa Skierniewice | 31.87 | 606 | +0,53 |
| 3. ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 31.91 | 604 | +0,57 |
| 4. MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 32.47 | 573 | +0,70 |
| 5. BARTO Wiktoria | 16 | UKS SP5 Swim | 33.06 | 543 | +0,60 |
| 6. SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 33.39 | 527 | +0,81 |
| 7. DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 36.15 | 415 | +0,73 |
| 8. URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 37.34 | 377 | +0,59 |

JUNIOR 17-18 LAT

| | | | | | |
|----------------------|----|------------------------|--------------|-----|-------|
| 1. BERNAT Laura | 18 | KU AZS UMCS Lublin | 29.55 | 761 | +0,69 |
| 2. WŁODARCZYK Elena | 17 | AZS AWF Warszawa | 30.81 | 671 | +0,69 |
| 3. MOSE Sara | 17 | AZS AWF Warszawa | 31.36 | 636 | +0,67 |
| 4. SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 33.52 | 521 | +0,72 |
| 5. KOWALSKA Sandra | 17 | UKS Olympic Warka | 38.55 | 342 | +0,90 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 5, Kobiet, 50m grzbietowy

OPEN

| | | | | | | |
|-----|------------------------|----|------------------------|--------------|-----|-------|
| 1. | PISKORSKA Adela | 20 | KU AZS UMCS Lublin | 28.58 | 841 | +0,61 |
| 2. | PEDA Paulina | 25 | AZS AWF Katowice | 29.18 | 790 | +0,61 |
| 3. | WÓJTOWICZ Gabriela | 28 | SWIMLAND Olsztyn | 29.50 | 764 | +0,62 |
| 4. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 29.55 | 761 | +0,69 |
| 5. | WŁODARCZYK Elena | 17 | AZS AWF Warszawa | 30.81 | 671 | +0,69 |
| 6. | SZABAŁA Antonina | 14 | UKS SP5 Swim | 30.83 | 670 | +0,57 |
| 7. | GIL Laura | 14 | KS KSZO Ostrowiec w. | 30.94 | 663 | +0,66 |
| 8. | MOSE Sara | 17 | AZS AWF Warszawa | 31.36 | 636 | +0,67 |
| 9. | WI NIEWSKA Aleksandra | 19 | KU AZS UMCS Lublin | 31.43 | 632 | +0,60 |
| 10. | DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 31.81 | 610 | +0,62 |
| 11. | SARNA Inez | 16 | UKS Nawa Skierniewice | 31.87 | 606 | +0,53 |
| 12. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 31.91 | 604 | +0,57 |
| 13. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 31.96 | 601 | +0,66 |
| 14. | PIOTROWSKA Wiktoria | 20 | AZS AWF Warszawa | 32.16 | 590 | +0,69 |
| 15. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 32.26 | 584 | +0,61 |
| 16. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 32.47 | 573 | +0,70 |
| 17. | NAPIERALCZYK Martyna | 15 | WKS I sk | 32.68 | 562 | +0,54 |
| 18. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 32.69 | 562 | +0,75 |
| 19. | FR CZEK Łucja | 15 | UKP Bychawa | 32.76 | 558 | +0,63 |
| 20. | BARTO Wiktoria | 16 | UKS SP5 Swim | 33.06 | 543 | +0,60 |
| 21. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 33.39 | 527 | +0,81 |
| 22. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 33.52 | 521 | +0,72 |
| 23. | TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 33.74 | 511 | +0,70 |
| 24. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 33.94 | 502 | +0,71 |
| 25. | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 34.56 | 475 | +0,58 |
| 26. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 34.66 | 471 | +0,62 |
| 27. | KLIM Oliwia | 15 | KU AZS UMCS Lublin | 35.71 | 431 | +0,79 |
| 28. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 35.98 | 421 | +0,65 |
| 29. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 36.15 | 415 | +0,73 |
| 30. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 37.34 | 377 | +0,59 |
| 31. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 38.31 | 349 | +0,56 |
| 32. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 38.55 | 342 | +0,90 |

Konkurencja 6

04.11.2023 - 9:35

M czyzn, 50m klasyczny

14 lat i starsi

Wyniki

| | | | | | |
|-----------------------|-------|--------------------|-------|-----------------|------------|
| Rekord Polski Open | 26.82 | KOZAKIEWICZ Jan | 06614 | Budapeszt (HUN) | 21.05.2021 |
| Rekord Polski 19 - 23 | 27.48 | SZULICH Dawid | 01414 | Barcelona (ESP) | 30.07.2013 |
| Rekord Polski 18 | 27.94 | SKÓRA Bartosz | 01305 | Rzym (ITA) | 08.07.2021 |
| Rekord Polski 17 | 28.07 | KRACZKOWSKI Tomasz | | Lublin | 27.03.2021 |
| Rekord Polski 16 | 28.69 | TOKARSKI Krzysztof | 01311 | Olsztyn | 13.05.2012 |
| Rekord Polski 15 | 29.57 | GINALSKI Paweł | | Lublin | 14.07.2023 |
| Rekord Polski 14 | 30.33 | GINALSKI Paweł | | Olsztyn | 08.07.2022 |

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|-------------------------|----|----------------------------|--------------|-----------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 31.87 | 539 +0,65 |
| 2. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 32.12 | 527 +0,65 |
| 3. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 32.86 | 492 +0,65 |
| 4. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 34.27 | 434 +0,72 |
| 5. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 34.50 | 425 +0,66 |
| 6. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 35.02 | 406 +0,74 |
| 7. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 37.12 | 341 +0,55 |
| 8. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródnie cie | 37.48 | 331 +0,73 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 6, Mężczyźni, 50m klasyczny

JUNIOR MŁODSZY 15 LAT

| | | | | | | |
|----|---------------------|----|--------------------|--------------|-----|-------|
| 1. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 29.94 | 651 | +0,68 |
| 2. | GINALSKI Paweł | 15 | KS Swim2Win Krosno | 30.23 | 632 | +0,68 |
| 3. | JUREKO Marcel | 15 | UKP Jedyńka Elbląg | 30.93 | 590 | +0,65 |
| 4. | RADZIKOWSKI Szymon | 15 | WKS I sk | 31.09 | 581 | +0,67 |
| 5. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 32.51 | 508 | +0,67 |
| 6. | CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 33.46 | 466 | +0,73 |
| 7. | LESZCZYŃSKI Filip | 15 | UKS 190 Łódź | 33.75 | 454 | +0,75 |
| 8. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 35.02 | 406 | +0,70 |
| 9. | SUCHOCKI Jan | 15 | SWIMLAND Olsztyn | 35.23 | 399 | +0,82 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | |
|-----|----------------------------|----|--------------------------------|--------------|-----|-------|
| 1. | REDZIŃSKI VEL RYDZY Szymon | 16 | KU AZS UMCS Lublin | 30.88 | 593 | +0,65 |
| 2. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 31.82 | 542 | +0,72 |
| 3. | OLSZYŃSKI Maksymilian | 16 | MTP Kormoran Olsztyn | 32.15 | 525 | +0,70 |
| 4. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 33.60 | 460 | +0,63 |
| 5. | LENARD Radosław | 16 | MTP „Lublinianka” | 33.86 | 450 | +0,67 |
| 6. | WIECZOREK Kacper | 16 | UKS Wodnik Siemianowice I skie | 33.92 | 447 | +0,72 |
| 7. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 35.50 | 390 | +0,75 |
| 8. | DZIŃSKI Dawid | 16 | UKP Fala Krańcowa | 36.37 | 363 | +0,76 |
| 9. | UKLEJA Szymon | 16 | UKS Olympic Warka | 38.09 | 316 | +0,65 |
| 10. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 39.12 | 291 | +0,83 |

JUNIOR 17-18 LAT

| | | | | | | |
|----|-------------------|----|-----------------------------------|--------------|-----|-------|
| 1. | TKACZ Wiktor | 18 | MKS Piaseczno | 29.69 | 667 | +0,67 |
| 2. | MISZTAŁ Oliwier | 18 | Ku Azs Uw | 30.10 | 640 | +0,69 |
| 3. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 30.61 | 609 | +0,67 |
| 4. | RYŚKI Michał | 17 | SWIMLAND Olsztyn | 31.40 | 564 | +0,60 |
| 5. | KAPUŚNIAK Maksym | 17 | KU AZS UMCS Lublin | 31.65 | 551 | +0,67 |
| 6. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 31.80 | 543 | +0,69 |
| 7. | JEDLIŃSKI Mateusz | 17 | UKP „Polonia Warszawa” | 33.27 | 474 | +0,69 |
| 8. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 36.71 | 353 | +0,63 |
| 9. | KRYSZCZUK Karol | 17 | UKS Piłkarska Konstantynów Łódzki | 38.06 | 316 | +0,67 |

OPEN

| | | | | | | |
|-----|----------------------------|----|-----------------------------------|--------------|-----|-------|
| 1. | SKÓRA Bartosz | 20 | UKS Piłkarska Konstantynów Łódzki | 28.12 | 785 | +0,61 |
| 2. | WIEKIERA Dawid | 21 | MKP „Wodnik 29” Tychy | 28.32 | 769 | +0,70 |
| 3. | SMOLIŃSKI Paweł | 22 | AZS AWF Katowice | 28.71 | 738 | +0,66 |
| 4. | ISKRA Szymon | 19 | UKS Piłkarska Konstantynów Łódzki | 28.93 | 721 | +0,62 |
| 5. | LIS Jan | 19 | Ku Azs Uw | 29.61 | 673 | +0,71 |
| 6. | TKACZ Wiktor | 18 | MKS Piaseczno | 29.69 | 667 | +0,67 |
| 7. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 29.94 | 651 | +0,68 |
| 8. | SAGAN Jakub | 21 | AZS AWF Katowice | 29.98 | 648 | +0,64 |
| 9. | MISZTAŁ Oliwier | 18 | Ku Azs Uw | 30.10 | 640 | +0,69 |
| 10. | WARZOCHA Gustaw | 19 | KS Warta Poznań | 30.21 | 633 | +0,70 |
| 11. | GINALSKI Paweł | 15 | KS Swim2Win Krosno | 30.23 | 632 | +0,68 |
| 12. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 30.61 | 609 | +0,67 |
| 13. | SERGA Andrii | 20 | KS „OLIMPIA” Lublin | 30.78 | 599 | +0,68 |
| 14. | REDZIŃSKI VEL RYDZY Szymon | 16 | KU AZS UMCS Lublin | 30.88 | 593 | +0,65 |
| 15. | JUREKO Marcel | 15 | UKP Jedyńka Elbląg | 30.93 | 590 | +0,65 |
| 16. | RADZIKOWSKI Szymon | 15 | WKS I sk | 31.09 | 581 | +0,67 |
| 17. | RYŚKI Michał | 17 | SWIMLAND Olsztyn | 31.40 | 564 | +0,60 |
| 18. | LIWKA Jakub | 19 | AZS AWF Katowice | 31.51 | 558 | +0,65 |
| 19. | KAPUŚNIAK Maksym | 17 | KU AZS UMCS Lublin | 31.65 | 551 | +0,67 |
| 20. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 31.80 | 543 | +0,69 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 6, M cyczny, 50m klasyczny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR |
|---------|------|--------------------------------|--------------|------|-------|
| 21. | 16 | UKS Nawa Skierniewice | 31.82 | 542 | +0,72 |
| 22. | 14 | UKP „Polonia Warszawa” | 31.87 | 539 | +0,65 |
| 23. | 19 | KS AZS AGH Kraków | 32.05 | 530 | +0,65 |
| 24. | 14 | RWKS Sparta Biłgoraj | 32.12 | 527 | +0,65 |
| 25. | 16 | MTP Kormoran Olsztyn | 32.15 | 525 | +0,70 |
| 26. | 15 | KP Raw-Swim | 32.51 | 508 | +0,67 |
| 27. | 14 | UKP „Polonia Warszawa” | 32.86 | 492 | +0,65 |
| 28. | 17 | UKP „Polonia Warszawa” | 33.27 | 474 | +0,69 |
| 29. | 15 | SWIMLAND Olsztyn | 33.46 | 466 | +0,73 |
| | 22 | SWIMLAND Olsztyn | 33.46 | 466 | +0,62 |
| 31. | 16 | MKP „Wodnik 29” Tychy | 33.60 | 460 | +0,63 |
| 32. | 15 | UKS 190 Łódź | 33.75 | 454 | +0,75 |
| 33. | 16 | MTP „Lublinianka” | 33.86 | 450 | +0,67 |
| 34. | 16 | UKS Wodnik Siemianowice I skie | 33.92 | 447 | +0,72 |
| 35. | 14 | UKP „Polonia Warszawa” | 34.27 | 434 | +0,72 |
| 36. | 14 | KP Raw-Swim | 34.50 | 425 | +0,66 |
| 37. | 14 | RWKS Sparta Biłgoraj | 35.02 | 406 | +0,74 |
| | 15 | UKS Olympic Warka | 35.02 | 406 | +0,70 |
| 39. | 15 | SWIMLAND Olsztyn | 35.23 | 399 | +0,82 |
| 40. | 16 | UKS Nawa Skierniewice | 35.50 | 390 | +0,75 |
| 41. | 16 | UKP Fala Kra nik | 36.37 | 363 | +0,76 |
| 42. | 17 | UKS Olympic Warka | 36.71 | 353 | +0,63 |
| 43. | 14 | UKP „Polonia Warszawa” | 37.12 | 341 | +0,55 |
| 44. | 14 | UKS 48 Warszawa ródemie cie | 37.48 | 331 | +0,73 |
| 45. | 17 | UKS Pi tka Konstantynów Łódzki | 38.06 | 316 | +0,67 |
| 46. | 16 | UKS Olympic Warka | 38.09 | 316 | +0,65 |
| 47. | 16 | UKP „Polonia Warszawa” | 39.12 | 291 | +0,83 |
| NW | 22 | KS AZS AGH Kraków | | | |
| PK | 13 | Ukraine | 35.57 | 388 | +0,81 |

Konkurencja 7

Kobiet, 200m dowolny

14 lat i starsi

04.11.2023 - 9:41

Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|----------------|------------|
| Rekord Polski Open | 1:57.15 | JEDRZEJCZAK Otylia | 00114 | Budapest (HUN) | 03.08.2006 |
| Rekord Polski 19 - 23 | 1:57.15 | JEDRZEJCZAK Otylia | 00114 | Budapest (HUN) | 03.08.2006 |
| Rekord Polski 18 | 1:58.62 | BARZYCKA Paulina | POL | Athens (GRE) | 17.08.2004 |
| Rekord Polski 17 | 2:00.03 | KNOP Aleksandra | 01605 | Łódź | 25.05.2018 |
| Rekord Polski 16 | 2:00.03 | KNOP Aleksandra | 01605 | Łódź | 25.05.2018 |
| Rekord Polski 15 | 2:00.03 | KNOP Aleksandra | 01605 | Lód | 25.05.2018 |
| Rekord Polski 14 | 2:02.37 | KNOP Aleksandra | 01605 | Olsztyn | 07.07.2017 |

Minimum - IO - Pary (Francja) Open: 1:57.26 / Minimum - M - Doha (Katar) Open: 1:58.66

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|------------------------------|------|------------------------|----------------|------|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | 14 | UKP „Polonia Warszawa” | 2:10.30 | 651 | +0,73 | 30.42 | 33.19 | 33.68 | 33.01 |
| 2. | 14 | UKS SP-149 Łódź | 2:18.11 | 547 | +0,78 | 31.73 | 34.69 | 35.97 | 35.72 |
| 3. | 14 | UKP „Polonia Warszawa” | 2:23.35 | 489 | +0,76 | 33.34 | 36.62 | 36.93 | 36.46 |
| 4. | 14 | UKS Tri-Team Rumia | 2:26.05 | 462 | +0,69 | 33.81 | 37.06 | 37.99 | 37.19 |
| 5. | 14 | AZS AWF Warszawa | 2:26.50 | 458 | +0,74 | 32.93 | 37.41 | 37.94 | 38.22 |
| 6. | 14 | UKS SP-149 Łódź | 2:26.78 | 456 | +0,75 | 33.42 | 37.73 | 38.76 | 36.87 |
| 7. | 14 | UKP „Polonia Warszawa” | 2:27.19 | 452 | +0,74 | 33.12 | 38.02 | 39.16 | 36.89 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 7, Kobiet, 200m dowolny

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | |
|----|--------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 2:10.69 | 646 +0,61 | 31.66 | 33.40 | 32.99 | 32.64 |
| 2. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 2:18.51 | 542 +0,68 | 32.41 | 36.31 | 36.06 | 33.73 |
| 3. | KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 2:20.41 | 520 +0,72 | 31.82 | 35.03 | 36.66 | 36.90 |
| 4. | BRZOZOWSKA Julia | 15 | KU AZS UMCS Lublin | 2:20.51 | 519 +0,76 | 33.48 | 36.67 | 36.62 | 33.74 |
| 5. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 2:21.48 | 509 +0,68 | 32.93 | 36.00 | 36.97 | 35.58 |
| 6. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawa | 2:27.02 | 453 +0,73 | 33.83 | 37.60 | 38.11 | 37.48 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | |
|-----|-------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | POPPE Marta | 16 | KU AZS UMCS Lublin | 2:10.66 | 646 +0,76 | 30.80 | 32.98 | 33.77 | 33.11 |
| 2. | WŁADYCZKA Amelia | 16 | WKS I sk | 2:12.94 | 613 +0,73 | 30.57 | 33.73 | 34.73 | 33.91 |
| 3. | DU KO Julia | 16 | RWKS Sparta Biłgoraj | 2:13.04 | 612 +0,74 | 31.57 | 33.85 | 34.20 | 33.42 |
| 4. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 2:14.01 | 599 +0,79 | 30.92 | 33.96 | 35.10 | 34.03 |
| 5. | WO AKOWSKA Zofia | 16 | KU AZS UMCS Lublin | 2:15.61 | 578 +0,76 | 31.33 | 33.70 | 35.08 | 35.50 |
| 6. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 2:20.35 | 521 +0,63 | 31.93 | 36.11 | 37.27 | 35.04 |
| 7. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 2:22.11 | 502 +0,72 | 34.11 | 36.62 | 36.14 | 35.24 |
| 8. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 2:22.46 | 498 +0,75 | 32.79 | 36.11 | 37.04 | 36.52 |
| 9. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 2:24.04 | 482 +0,79 | 31.50 | 35.60 | 38.63 | 38.31 |
| 10. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 2:42.29 | 337 +0,73 | 37.04 | 41.36 | 42.13 | 41.76 |

JUNIOR 17-18 LAT

| | | | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 2:08.60 | 678 +0,66 | 30.40 | 32.68 | 33.13 | 32.39 |
| 2. | SAMORAJ Oliwia | 18 | MKS Piaseczno | 2:14.20 | 596 +0,73 | 31.20 | 33.87 | 34.47 | 34.66 |
| 3. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 2:14.48 | 592 +0,71 | 31.40 | 33.26 | 35.56 | 34.26 |
| 4. | GAWEŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 2:14.77 | 589 +0,65 | 31.86 | 34.09 | 35.06 | 33.76 |
| 5. | KOSSOWSKA Julita | 18 | UKS 190 Łódź | 2:15.25 | 582 +0,80 | 31.26 | 34.16 | 35.16 | 34.67 |
| 6. | RYFKA Maja | 17 | UKP Fala Krańnik | 2:17.69 | 552 +0,76 | 30.48 | 34.26 | 36.42 | 36.53 |
| 7. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:20.75 | 517 +0,76 | 33.05 | 36.06 | 36.57 | 35.07 |
| 8. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 2:24.74 | 475 +0,72 | 33.82 | 37.09 | 36.97 | 36.86 |
| 9. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 2:26.50 | 458 +0,79 | 34.99 | 36.97 | 37.29 | 37.25 |
| 10. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 2:27.13 | 452 +0,67 | 32.71 | 36.67 | 38.35 | 39.40 |

OPEN

| | | | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 2:08.60 | 678 +0,66 | 30.40 | 32.68 | 33.13 | 32.39 |
| 2. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 2:10.30 | 651 +0,73 | 30.42 | 33.19 | 33.68 | 33.01 |
| 3. | POPPE Marta | 16 | KU AZS UMCS Lublin | 2:10.66 | 646 +0,76 | 30.80 | 32.98 | 33.77 | 33.11 |
| 4. | STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 2:10.69 | 646 +0,61 | 31.66 | 33.40 | 32.99 | 32.64 |
| 5. | ŁUCZAK Dominika | 21 | TP Zielona Góra | 2:12.41 | 621 +0,73 | 31.72 | 33.52 | 34.17 | 33.00 |
| 6. | WŁADYCZKA Amelia | 16 | WKS I sk | 2:12.94 | 613 +0,73 | 30.57 | 33.73 | 34.73 | 33.91 |
| 7. | DU KO Julia | 16 | RWKS Sparta Biłgoraj | 2:13.04 | 612 +0,74 | 31.57 | 33.85 | 34.20 | 33.42 |
| 8. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 2:14.01 | 599 +0,79 | 30.92 | 33.96 | 35.10 | 34.03 |
| 9. | SIWKO Natalia | 19 | KU AZS UMCS Lublin | 2:14.11 | 597 +0,76 | 31.52 | 34.23 | 34.41 | 33.95 |
| 10. | SAMORAJ Oliwia | 18 | MKS Piaseczno | 2:14.20 | 596 +0,73 | 31.20 | 33.87 | 34.47 | 34.66 |
| 11. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 2:14.48 | 592 +0,71 | 31.40 | 33.26 | 35.56 | 34.26 |
| 12. | GAWEŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 2:14.77 | 589 +0,65 | 31.86 | 34.09 | 35.06 | 33.76 |
| 13. | KOSSOWSKA Julita | 18 | UKS 190 Łódź | 2:15.25 | 582 +0,80 | 31.26 | 34.16 | 35.16 | 34.67 |
| 14. | WO AKOWSKA Zofia | 16 | KU AZS UMCS Lublin | 2:15.61 | 578 +0,76 | 31.33 | 33.70 | 35.08 | 35.50 |
| 15. | RYFKA Maja | 17 | UKP Fala Krańnik | 2:17.69 | 552 +0,76 | 30.48 | 34.26 | 36.42 | 36.53 |
| 16. | RUTKOWSKA Maja | 14 | UKS SP-149 Łódź | 2:18.11 | 547 +0,78 | 31.73 | 34.69 | 35.97 | 35.72 |
| 17. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 2:18.51 | 542 +0,68 | 32.41 | 36.31 | 36.06 | 33.73 |
| 18. | HAŁADYN Kamila | 19 | UKS SP-149 Łódź | 2:18.69 | 540 +0,70 | 31.61 | 35.08 | 36.02 | 35.98 |
| 19. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 2:20.35 | 521 +0,63 | 31.93 | 36.11 | 37.27 | 35.04 |
| 20. | KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 2:20.41 | 520 +0,72 | 31.82 | 35.03 | 36.66 | 36.90 |
| 21. | BRZOZOWSKA Julia | 15 | KU AZS UMCS Lublin | 2:20.51 | 519 +0,76 | 33.48 | 36.67 | 36.62 | 33.74 |
| 22. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:20.75 | 517 +0,76 | 33.05 | 36.06 | 36.57 | 35.07 |
| 23. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 2:21.48 | 509 +0,68 | 32.93 | 36.00 | 36.97 | 35.58 |
| 24. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 2:22.11 | 502 +0,72 | 34.11 | 36.62 | 36.14 | 35.24 |
| 25. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 2:22.46 | 498 +0,75 | 32.79 | 36.11 | 37.04 | 36.52 |
| 26. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 2:23.35 | 489 +0,76 | 33.34 | 36.62 | 36.93 | 36.46 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 7, Kobiet, 200m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 27. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 2:24.04 | 482 +0,79 | 31.50 | 35.60 | 38.63 | 38.31 |
| 28. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 2:24.74 | 475 +0,72 | 33.82 | 37.09 | 36.97 | 36.86 |
| 29. | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 2:26.05 | 462 +0,69 | 33.81 | 37.06 | 37.99 | 37.19 |
| 30. | M DRY Maja | 14 | AZS AWF Warszawa | 2:26.50 | 458 +0,74 | 32.93 | 37.41 | 37.94 | 38.22 |
| | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 2:26.50 | 458 +0,79 | 34.99 | 36.97 | 37.29 | 37.25 |
| 32. | ŁUCZAK Anika | 14 | UKS SP-149 Łódź | 2:26.78 | 456 +0,75 | 33.42 | 37.73 | 38.76 | 36.87 |
| 33. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawa | 2:27.02 | 453 +0,73 | 33.83 | 37.60 | 38.11 | 37.48 |
| 34. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 2:27.13 | 452 +0,67 | 32.71 | 36.67 | 38.35 | 39.40 |
| 35. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 2:27.19 | 452 +0,74 | 33.12 | 38.02 | 39.16 | 36.89 |
| 36. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 2:42.29 | 337 +0,73 | 37.04 | 41.36 | 42.13 | 41.76 |

Konkurencja 8

M czynn, 100m motylkowy

14 lat i starsi

04.11.2023 - 9:53

Wyniki

| | | | | | |
|-----------------------|-------|-------------------|-------|----------------|------------|
| Rekord Polski Open | 50.92 | MAJERSKI Jakub | 00611 | Tokyo (JPN) | 31.07.2021 |
| Rekord Polski 19 - 23 | 50.92 | MAJERSKI Jakub | 00611 | IO (JPN) | 31.07.2021 |
| Rekord Polski 18 | 52.64 | MAJERSKI Jakub | 03606 | Helsinki (FIN) | 07.07.2018 |
| Rekord Polski 17 | 52.69 | MASIUK Ksawery | 05114 | Lublin | 28.04.2021 |
| Rekord Polski 16 | 54.27 | URYNIUK Paweł | 05114 | Baku (KAZ) | 25.07.2019 |
| Rekord Polski 15 | 54.67 | JÓ WIAK Tymoteusz | | Lublin | 14.07.2023 |
| Rekord Polski 14 | 57.04 | URYNIUK Paweł | 05114 | Warsaw | 01.12.2017 |

Minimum - IO - Pary (Francja) Open: 51.67

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

JUNIOR MŁODSZY 14 LAT

| | | | | | | | |
|-----|-------------------------|----|---------------------------|----------------|-----------|-------|-------|
| 1. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 1:02.30 | 500 +0,63 | 28.64 | 33.66 |
| 2. | MARYJOWSKI Marcin | 14 | WKS I sk | 1:02.91 | 485 +0,65 | 29.28 | 33.63 |
| 3. | GRZESIK Franciszek | 14 | KS KSZO Ostrowiec w. | 1:03.43 | 473 +0,67 | 28.43 | 35.00 |
| 4. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 1:03.53 | 471 +0,73 | 30.71 | 32.82 |
| 5. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 1:05.14 | 437 +0,57 | 29.19 | 35.95 |
| 6. | GRABI SKI Szymon | 14 | WKS I sk | 1:05.54 | 429 +0,58 | 29.48 | 36.06 |
| 7. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 1:05.83 | 423 +0,68 | 30.37 | 35.46 |
| 8. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 1:06.04 | 419 +0,69 | 30.77 | 35.27 |
| 9. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 1:08.58 | 374 +0,74 | 32.13 | 36.45 |
| 10. | SKOCZYLAŚ Bartosz | 14 | KU AZS UMCS Lublin | 1:08.66 | 373 +0,65 | 31.46 | 37.20 |
| 11. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródmi cie | 1:08.74 | 372 +0,75 | 31.71 | 37.03 |
| 12. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 1:12.37 | 319 +0,75 | 32.48 | 39.89 |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----------|-------|-------|
| 1. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 57.39 | 639 +0,61 | 26.33 | 31.06 |
| 2. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 59.87 | 563 +0,66 | 28.36 | 31.51 |
| 3. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 1:00.23 | 553 +0,52 | 28.58 | 31.65 |
| 4. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 1:00.97 | 533 +0,65 | 28.32 | 32.65 |
| 5. | PAWLAK Dawid | 15 | UKS 190 Łódź | 1:03.96 | 462 +0,79 | 30.47 | 33.49 |
| 6. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 1:04.97 | 440 +0,71 | 29.85 | 35.12 |
| 7. | D BEK Aleksander | 15 | MTP „Lublinianka” | 1:05.39 | 432 +0,63 | 30.06 | 35.33 |
| 8. | D BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 1:05.66 | 427 +0,73 | 30.07 | 35.59 |
| 9. | TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 1:08.82 | 370 +0,72 | 32.33 | 36.49 |
| 10. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 1:14.10 | 297 +0,64 | 34.14 | 39.96 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | |
|----|-------------------|----|------------------------|----------------|-----------|-------|-------|
| 1. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 58.83 | 593 +0,62 | 27.72 | 31.11 |
| 2. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 1:01.54 | 518 +0,61 | 28.22 | 33.32 |
| 3. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 1:01.98 | 507 +0,73 | 28.60 | 33.38 |
| 4. | UKLEJA Szymon | 16 | UKS Olympic Warka | 1:05.69 | 426 +0,67 | 28.84 | 36.85 |
| 5. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 1:08.25 | 380 +0,73 | 31.98 | 36.27 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 8, M czyzn, 100m motylkowy

JUNIOR 17-18 LAT

| | | | | | | | | |
|----|-------------------|----|------------------------|----------------|-----|-------|-------|-------|
| 1. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 56.65 | 665 | +0,69 | 26.86 | 29.79 |
| 2. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 59.74 | 567 | +0,64 | 28.31 | 31.43 |
| 3. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 1:00.64 | 542 | +0,67 | 28.52 | 32.12 |
| 4. | KOZAK Jan | 17 | UKS SP5 Swim | 1:02.01 | 507 | +0,64 | 29.63 | 32.38 |
| 5. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 1:02.45 | 496 | +0,71 | 28.39 | 34.06 |
| 6. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 1:04.29 | 455 | +0,70 | 29.64 | 34.65 |

OPEN

| | | | | | | | | |
|-----|-------------------------|----|---------------------------|----------------|-----|-------|-------|-------|
| 1. | JA KIEWICZ Adrian | 21 | UKS G-8 Bielany Warszawa | 51.85 | 867 | +0,68 | 24.55 | 27.30 |
| 2. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 52.44 | 838 | +0,68 | 25.14 | 27.30 |
| 3. | POPRAWA Michał | 29 | AZS AWF Katowice | 53.78 | 777 | +0,67 | 25.34 | 28.44 |
| 4. | W GROWSKI Marcel | 24 | AZS Łódź | 53.88 | 773 | +0,68 | 24.80 | 29.08 |
| 5. | CHRZANOWSKI Damian | 25 | WKS I sk | 54.82 | 733 | +0,63 | 25.76 | 29.06 |
| 6. | GULI SKI Maciej | 19 | Ku Azs Uw | 55.19 | 719 | +0,64 | 25.50 | 29.69 |
| 7. | KOSI SKI Filip | 19 | AZS AWF Warszawa | 55.43 | 710 | +0,71 | 25.52 | 29.91 |
| 8. | WARZOCHA Albert | 22 | KS Warta Pozna | 56.51 | 670 | +0,67 | 26.24 | 30.27 |
| 9. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 56.65 | 665 | +0,69 | 26.86 | 29.79 |
| 10. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 56.66 | 664 | +0,67 | 26.78 | 29.88 |
| 11. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 57.39 | 639 | +0,61 | 26.33 | 31.06 |
| 12. | OGRODNIK Wojciech | 20 | KU AZS UMCS Lublin | 57.44 | 638 | +0,65 | 26.52 | 30.92 |
| 13. | HANF Szymon | 20 | KS AZS AGH Kraków | 57.55 | 634 | +0,73 | 26.70 | 30.85 |
| 14. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 58.83 | 593 | +0,62 | 27.72 | 31.11 |
| 15. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 59.74 | 567 | +0,64 | 28.31 | 31.43 |
| 16. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 59.87 | 563 | +0,66 | 28.36 | 31.51 |
| 17. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 1:00.23 | 553 | +0,52 | 28.58 | 31.65 |
| 18. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 1:00.64 | 542 | +0,67 | 28.52 | 32.12 |
| 19. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 1:00.97 | 533 | +0,65 | 28.32 | 32.65 |
| 20. | PLEWKA Przemysław | 19 | KS AZS AGH Kraków | 1:01.49 | 520 | +0,64 | 28.95 | 32.54 |
| 21. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 1:01.54 | 518 | +0,61 | 28.22 | 33.32 |
| 22. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 1:01.98 | 507 | +0,73 | 28.60 | 33.38 |
| 23. | KOZAK Jan | 17 | UKS SP5 Swim | 1:02.01 | 507 | +0,64 | 29.63 | 32.38 |
| 24. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 1:02.30 | 500 | +0,63 | 28.64 | 33.66 |
| 25. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 1:02.45 | 496 | +0,71 | 28.39 | 34.06 |
| 26. | MARYJOWSKI Marcin | 14 | WKS I sk | 1:02.91 | 485 | +0,65 | 29.28 | 33.63 |
| 27. | GRZESIK Franciszek | 14 | KS KSZO Ostrowiec w. | 1:03.43 | 473 | +0,67 | 28.43 | 35.00 |
| 28. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 1:03.53 | 471 | +0,73 | 30.71 | 32.82 |
| 29. | PAWLAK Dawid | 15 | UKS 190 Łódź | 1:03.96 | 462 | +0,79 | 30.47 | 33.49 |
| 30. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 1:04.29 | 455 | +0,70 | 29.64 | 34.65 |
| 31. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 1:04.97 | 440 | +0,71 | 29.85 | 35.12 |
| 32. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 1:05.14 | 437 | +0,57 | 29.19 | 35.95 |
| 33. | D BEK Aleksander | 15 | MTP „Lublinianka” | 1:05.39 | 432 | +0,63 | 30.06 | 35.33 |
| 34. | GRABI SKI Szymon | 14 | WKS I sk | 1:05.54 | 429 | +0,58 | 29.48 | 36.06 |
| 35. | D BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 1:05.66 | 427 | +0,73 | 30.07 | 35.59 |
| 36. | UKLEJA Szymon | 16 | UKS Olympic Warka | 1:05.69 | 426 | +0,67 | 28.84 | 36.85 |
| 37. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 1:05.83 | 423 | +0,68 | 30.37 | 35.46 |
| 38. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 1:06.04 | 419 | +0,69 | 30.77 | 35.27 |
| 39. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 1:08.25 | 380 | +0,73 | 31.98 | 36.27 |
| 40. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 1:08.58 | 374 | +0,74 | 32.13 | 36.45 |
| 41. | SKOCZYLAŚ Bartosz | 14 | KU AZS UMCS Lublin | 1:08.66 | 373 | +0,65 | 31.46 | 37.20 |
| 42. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródmi cie | 1:08.74 | 372 | +0,75 | 31.71 | 37.03 |
| 43. | TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 1:08.82 | 370 | +0,72 | 32.33 | 36.49 |
| 44. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 1:12.37 | 319 | +0,75 | 32.48 | 39.89 |
| 45. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 1:14.10 | 297 | +0,64 | 34.14 | 39.96 |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 9
04.11.2023 - 10:02

Kobiet, 200m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|----------------------|-------|-----------------|------------|
| Rekord Polski Open | 2:12.13 | BARANOWSKA Katarzyna | 00116 | Beijing (CHN) | 12.08.2008 |
| Rekord Polski 19 - 23 | 2:12.13 | BARANOWSKA Katarzyna | 00116 | Beijing (CHN) | 12.08.2008 |
| Rekord Polski 18 | 2:13.86 | BARANOWSKA Katarzyna | POL | Montreal (CAN) | 24.07.2005 |
| Rekord Polski 17 | 2:16.19 | SZCZEPANIAK Karolina | 00114 | Ostrowiec Sw. | 23.05.2009 |
| Rekord Polski 16 | 2:17.28 | URBANCZYK Aleksandra | POL | Barcelona (ESP) | 20.07.2003 |
| Rekord Polski 15 | 2:17.63 | SZCZEPANIAK Karolina | 00114 | Gorzow Wlkp. | 01.12.2007 |
| Rekord Polski 14 | 2:20.33 | GU Weronika | 01705 | Łódź | 26.05.2018 |

Minimum - IO - Pary (Francja) Open: 2:11.47

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|------------------------------|------|---------------------|-------------------------|----------------|-----------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | 14 | SZABAŁA Antonina | UKS SP5 Swim | 2:26.17 | 642 +0,70 | 30.71 | 36.80 | 44.07 | 34.59 |
| 2. | 14 | DUDKIEWICZ Maja | UKP „Polonia Warszawa” | 2:34.51 | 543 +0,71 | 33.51 | 39.40 | 46.93 | 34.67 |
| 3. | 14 | MILANCEJ El bieta | UKP „Polonia Warszawa” | 2:34.98 | 538 +0,69 | 33.43 | 42.85 | 43.85 | 34.85 |
| 4. | 14 | ZALEWSKA Zofia | UKP „Polonia Warszawa” | 2:44.46 | 450 +0,75 | 33.97 | 43.63 | 46.87 | 39.99 |
| 5. | 14 | TOMASZEWSKA Kaja | UKP „Polonia Warszawa” | 2:49.65 | 410 +0,57 | 36.42 | 43.90 | 50.58 | 38.75 |
| 6. | 14 | ŁUCZAK Anika | UKS SP-149 Łódź | 2:51.39 | 398 +0,71 | 37.45 | 45.76 | 50.99 | 37.19 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | |
| 1. | 15 | RODZIEWICZ Alicja | UKS Nawa Skierniewice | 2:31.03 | 582 +0,74 | 30.64 | 38.49 | 46.65 | 35.25 |
| 2. | 15 | BRZOZOWSKA Julia | KU AZS UMCS Lublin | 2:31.28 | 579 +0,74 | 33.13 | 37.94 | 45.46 | 34.75 |
| 3. | 15 | JABŁO SKA Natalia | MTP Kormoran Olsztyn | 2:37.73 | 511 +0,66 | 33.82 | 39.65 | 47.18 | 37.08 |
| 4. | 15 | BIELAK Kamila | UKS SP5 Swim | 2:42.79 | 465 +0,71 | 34.98 | 43.72 | 44.88 | 39.21 |
| 5. | 15 | GODLEWSKA Pola | UKP „Polonia Warszawa” | 2:51.52 | 397 +0,77 | 35.53 | 44.47 | 51.30 | 40.22 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | | | |
| 1. | 16 | PRZYBYLSKA Oliwia | KU AZS UMCS Lublin | 2:24.34 | 667 +0,74 | 32.20 | 36.49 | 41.60 | 34.05 |
| 2. | 16 | BONECKA Anna | Mokotowski UKP Warszawa | 2:25.13 | 656 +0,66 | 30.08 | 38.46 | 41.74 | 34.85 |
| 3. | 16 | GLI SKA Oliwia | TP Zielona Góra | 2:25.98 | 644 +0,75 | 32.17 | 36.07 | 43.61 | 34.13 |
| 4. | 16 | SKROK Julia | WKS I sk | 2:30.22 | 591 +0,68 | 31.99 | 39.59 | 42.95 | 35.69 |
| 5. | 16 | DU KO Julia | RWKS Sparta Biłgoraj | 2:33.65 | 553 +0,76 | 32.41 | 42.30 | 44.09 | 34.85 |
| 6. | 16 | PIETRZYK Hanna | UKS Nawa Skierniewice | 2:33.71 | 552 +0,73 | 32.01 | 40.71 | 44.78 | 36.21 |
| 7. | 16 | DENISIEWICZ Zuzanna | UKS Nawa Skierniewice | 2:40.47 | 485 +0,73 | 34.62 | 38.40 | 47.88 | 39.57 |
| JUNIOR 17-18 LAT | | | | | | | | | |
| 1. | 17 | KRÓL Gabriela | KS „Wisła” Puławy | 2:22.86 | 688 +0,70 | 30.23 | 35.75 | 43.66 | 33.22 |
| 2. | 18 | TUPALSKA Oliwia | UKP „Polonia Warszawa” | 2:30.86 | 584 +0,71 | 31.33 | 38.93 | 45.81 | 34.79 |
| 3. | 17 | SULAK Antonina | UKS Piłka Konstanyńów | 2:31.15 | 580 +0,75 | 32.46 | 37.96 | 45.14 | 35.59 |
| 4. | 17 | SOJKA Oliwia | UKS Aqua Team Mikołów | 2:32.00 | 571 +0,68 | 32.06 | 39.37 | 44.60 | 35.97 |
| 5. | 17 | SOLI SKA Patrycja | UKP „Polonia Warszawa” | 2:38.31 | 505 +0,70 | 32.12 | 40.56 | 48.91 | 36.72 |
| 6. | 17 | WISZNIEWSKA Zuzanna | UKP „Polonia Warszawa” | 2:41.29 | 478 +0,69 | 34.61 | 40.27 | 47.19 | 39.22 |
| OPEN | | | | | | | | | |
| 1. | 20 | FAMUŁOK Zuzanna | AZS AWF Katowice | 2:19.23 | 743 +0,70 | 28.97 | 36.33 | 41.05 | 32.88 |
| 2. | 20 | PISKORSKA Adela | KU AZS UMCS Lublin | 2:21.69 | 705 +0,72 | 29.52 | 34.99 | 43.29 | 33.89 |
| 3. | 17 | KRÓL Gabriela | KS „Wisła” Puławy | 2:22.86 | 688 +0,70 | 30.23 | 35.75 | 43.66 | 33.22 |
| 4. | 22 | PARADOWSKA Kinga | Stowarzyszenie AZS WSG | 2:23.22 | 682 +0,71 | 31.33 | 39.25 | 39.73 | 32.91 |
| 5. | 16 | PRZYBYLSKA Oliwia | KU AZS UMCS Lublin | 2:24.34 | 667 +0,74 | 32.20 | 36.49 | 41.60 | 34.05 |
| 6. | 16 | BONECKA Anna | Mokotowski UKP Warszawa | 2:25.13 | 656 +0,66 | 30.08 | 38.46 | 41.74 | 34.85 |
| 7. | 16 | GLI SKA Oliwia | TP Zielona Góra | 2:25.98 | 644 +0,75 | 32.17 | 36.07 | 43.61 | 34.13 |
| 8. | 14 | SZABAŁA Antonina | UKS SP5 Swim | 2:26.17 | 642 +0,70 | 30.71 | 36.80 | 44.07 | 34.59 |
| 9. | 16 | SKROK Julia | WKS I sk | 2:30.22 | 591 +0,68 | 31.99 | 39.59 | 42.95 | 35.69 |
| 10. | 18 | TUPALSKA Oliwia | UKP „Polonia Warszawa” | 2:30.86 | 584 +0,71 | 31.33 | 38.93 | 45.81 | 34.79 |
| 11. | 15 | RODZIEWICZ Alicja | UKS Nawa Skierniewice | 2:31.03 | 582 +0,74 | 30.64 | 38.49 | 46.65 | 35.25 |
| 12. | 17 | SULAK Antonina | UKS Piłka Konstanyńów | 2:31.15 | 580 +0,75 | 32.46 | 37.96 | 45.14 | 35.59 |
| 13. | 15 | BRZOZOWSKA Julia | KU AZS UMCS Lublin | 2:31.28 | 579 +0,74 | 33.13 | 37.94 | 45.46 | 34.75 |
| 14. | 17 | SOJKA Oliwia | UKS Aqua Team Mikołów | 2:32.00 | 571 +0,68 | 32.06 | 39.37 | 44.60 | 35.97 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 9, Kobiet, 200m zmienny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m | | |
|---------|-------------|--------------|------|------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 15. | DU | KO Julia | 16 | RWKS Sparta Biłgoraj | 2:33.65 | 553 | +0,76 | 32.41 | 42.30 | 44.09 | 34.85 |
| 16. | PIETRZYK | Hanna | 16 | UKS Nawa Skierniewice | 2:33.71 | 552 | +0,73 | 32.01 | 40.71 | 44.78 | 36.21 |
| 17. | DUDKIEWICZ | Maja | 14 | UKP „Polonia Warszawa” | 2:34.51 | 543 | +0,71 | 33.51 | 39.40 | 46.93 | 34.67 |
| 18. | MILANCEJ | EI bieta | 14 | UKP „Polonia Warszawa” | 2:34.98 | 538 | +0,69 | 33.43 | 42.85 | 43.85 | 34.85 |
| 19. | JABŁO | SKA Natalia | 15 | MTP Kormoran Olsztyn | 2:37.73 | 511 | +0,66 | 33.82 | 39.65 | 47.18 | 37.08 |
| 20. | SOLI | SKA Patrycja | 17 | UKP „Polonia Warszawa” | 2:38.31 | 505 | +0,70 | 32.12 | 40.56 | 48.91 | 36.72 |
| 21. | DENISIEWICZ | Zuzanna | 16 | UKS Nawa Skierniewice | 2:40.47 | 485 | +0,73 | 34.62 | 38.40 | 47.88 | 39.57 |
| 22. | WISZNIEWSKA | Zuzanna | 17 | UKP „Polonia Warszawa” | 2:41.29 | 478 | +0,69 | 34.61 | 40.27 | 47.19 | 39.22 |
| 23. | BIELAK | Kamila | 15 | UKS SP5 Swim | 2:42.79 | 465 | +0,71 | 34.98 | 43.72 | 44.88 | 39.21 |
| 24. | ZALEWSKA | Zofia | 14 | UKP „Polonia Warszawa” | 2:44.46 | 450 | +0,75 | 33.97 | 43.63 | 46.87 | 39.99 |
| 25. | TOMASZEWSKA | Kaja | 14 | UKP „Polonia Warszawa” | 2:49.65 | 410 | +0,57 | 36.42 | 43.90 | 50.58 | 38.75 |
| 26. | ŁUCZAK | Anika | 14 | UKS SP-149 Łódź | 2:51.39 | 398 | +0,71 | 37.45 | 45.76 | 50.99 | 37.19 |
| 27. | GODLEWSKA | Pola | 15 | UKP „Polonia Warszawa” | 2:51.52 | 397 | +0,77 | 35.53 | 44.47 | 51.30 | 40.22 |

Konkurencja 10

Kobiet, 1500m dowolny

14 lat i starsi

04.11.2023 - 10:12

Wyniki

| | | | | | |
|-----------------------|----------|-------------------|-------|-------------------------|------------|
| Rekord Polski Open | 16:30.50 | DYSZKIEWICZ Magda | | Athens (USA) | 13.07.2000 |
| Rekord Polski 19 - 23 | 16:35.83 | BURSKA Justyna | 01305 | Szczecin | 31.05.2015 |
| Rekord Polski 18 | 16:38.77 | PIECHOTA Paulina | 01605 | Hodmezovasahehely (HUN) | 08.07.2016 |
| Rekord Polski 17 | 16:38.77 | PIECHOTA Paulina | 01605 | Hodmezovasarhely (HUN) | 08.07.2016 |
| Rekord Polski 16 | 16:38.90 | KILIJA SKA Donata | 00612 | Belgrade (SRB) | 08.07.2011 |
| Rekord Polski 15 | 16:39.03 | KILIJA SKA Donata | 00612 | Helsinki (FIN) | 14.07.2010 |
| Rekord Polski 14 | 17:27.17 | KNOP Aleksandra | 01605 | Lublin | 21.05.2017 |

Minimum - IO - Pary (Francja) Open: 16:09.09 / Minimum - M - Doha (Katar) Open: 16:29.57

Punkty: FINA 2023

Pozycja Wiek Czas Pkt. CR

JUNIOR MŁODSZY 14 LAT

| | | | | | | | | | | | |
|-------|---------|-------|-------|--------------------|-----------------|--------|----------|-------|--------|----------|-------|
| 1. | GNA | Nadia | 14 | UKS Tri-Team Rumia | 19:35.94 | 479 | +0,87 | | | | |
| 50m: | 34.33 | 34.33 | 450m: | 5:46.54 | 39.32 | 850m: | 11:02.56 | 39.51 | 1250m: | 16:18.03 | 39.70 |
| 100m: | 1:12.02 | 37.69 | 500m: | 6:25.77 | 39.23 | 900m: | 11:41.87 | 39.31 | 1300m: | 16:57.88 | 39.85 |
| 150m: | 1:50.52 | 38.50 | 550m: | 7:05.03 | 39.26 | 950m: | 12:21.45 | 39.58 | 1350m: | 17:38.04 | 40.16 |
| 200m: | 2:29.19 | 38.67 | 600m: | 7:44.80 | 39.77 | 1000m: | 13:00.91 | 39.46 | 1400m: | 18:17.48 | 39.44 |
| 250m: | 3:08.55 | 39.36 | 650m: | 8:24.52 | 39.72 | 1050m: | 13:40.36 | 39.45 | 1450m: | 18:57.16 | 39.68 |
| 300m: | 3:48.08 | 39.53 | 700m: | 9:03.95 | 39.43 | 1100m: | 14:19.42 | 39.06 | 1500m: | 19:35.94 | 38.78 |
| 350m: | 4:27.91 | 39.83 | 750m: | 9:43.37 | 39.42 | 1150m: | 14:59.00 | 39.58 | | | |
| 400m: | 5:07.22 | 39.31 | 800m: | 10:23.05 | 39.68 | 1200m: | 15:38.33 | 39.33 | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | | |
|-------|---------|-------|-------|--------------|-----------------|--------|----------|-------|--------|----------|-------|
| 1. | BATYRA | Julia | 15 | UKS SP5 Swim | 19:32.98 | 483 | +0,98 | | | | |
| 50m: | 34.40 | 34.40 | 450m: | 5:39.77 | 38.83 | 850m: | 10:54.78 | 39.24 | 1250m: | 16:14.50 | 39.98 |
| 100m: | 1:11.65 | 37.25 | 500m: | 6:18.96 | 39.19 | 900m: | 11:35.22 | 40.44 | 1300m: | 16:54.51 | 40.01 |
| 150m: | 1:49.77 | 38.12 | 550m: | 6:58.34 | 39.38 | 950m: | 12:15.11 | 39.89 | 1350m: | 17:34.61 | 40.10 |
| 200m: | 2:27.40 | 37.63 | 600m: | 7:37.94 | 39.60 | 1000m: | 12:54.34 | 39.23 | 1400m: | 18:14.74 | 40.13 |
| 250m: | 3:05.74 | 38.34 | 650m: | 8:16.97 | 39.03 | 1050m: | 13:33.84 | 39.50 | 1450m: | 18:54.27 | 39.53 |
| 300m: | 3:44.07 | 38.33 | 700m: | 8:56.49 | 39.52 | 1100m: | 14:13.11 | 39.27 | 1500m: | 19:32.98 | 38.71 |
| 350m: | 4:22.66 | 38.59 | 750m: | 9:35.91 | 39.42 | 1150m: | 14:54.43 | 41.32 | | | |
| 400m: | 5:00.94 | 38.28 | 800m: | 10:15.54 | 39.63 | 1200m: | 15:34.52 | 40.09 | | | |

JUNIOR 17-18 LAT

| | | | | | | | | | | | |
|-------|---------|-------|-------|--------------------------|-----------------|--------|----------|-------|--------|----------|-------|
| 1. | MACIAK | Julia | 17 | IUKS „Muszelka” Warszawa | 17:55.69 | 626 | +0,76 | | | | |
| 50m: | 33.50 | 33.50 | 450m: | 5:15.80 | 36.07 | 850m: | 10:04.17 | 36.21 | 1250m: | 14:56.63 | 36.89 |
| 100m: | 1:08.65 | 35.15 | 500m: | 5:51.20 | 35.40 | 900m: | 10:40.42 | 36.25 | 1300m: | 15:33.04 | 36.41 |
| 150m: | 1:44.09 | 35.44 | 550m: | 6:27.27 | 36.07 | 950m: | 11:16.88 | 36.46 | 1350m: | 16:09.50 | 36.46 |
| 200m: | 2:18.99 | 34.90 | 600m: | 7:03.14 | 35.87 | 1000m: | 11:53.41 | 36.53 | 1400m: | 16:45.63 | 36.13 |
| 250m: | 2:54.15 | 35.16 | 650m: | 7:39.24 | 36.10 | 1050m: | 12:30.18 | 36.77 | 1450m: | 17:21.18 | 35.55 |
| 300m: | 3:29.01 | 34.86 | 700m: | 8:15.22 | 35.98 | 1100m: | 13:06.27 | 36.09 | 1500m: | 17:55.69 | 34.51 |
| 350m: | 4:04.38 | 35.37 | 750m: | 8:51.68 | 36.46 | 1150m: | 13:42.96 | 36.69 | | | |
| 400m: | 4:39.73 | 35.35 | 800m: | 9:27.96 | 36.28 | 1200m: | 14:19.74 | 36.78 | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 10, Kobiet, 1500m dowolny, JUNIOR 17-18 LAT

| Pozycja | | | Wiek | | | | Czas | Pkt. | CR |
|---------|------------------------|---------------|----------------------------|----------------|--------|----------------|-----------------|----------------|--------------|
| 2. | SOSNÓWKA Oliwia | | 18 UKP Fala Kra nik | | | | 19:59.49 | 451 | +0,76 |
| | 50m: | 36.04 36.04 | 450m: | 5:54.37 39.56 | 850m: | 11:16.71 40.31 | 1250m: | 16:40.94 40.27 | |
| | 100m: | 1:15.02 38.98 | 500m: | 6:34.79 40.42 | 900m: | 11:57.61 40.90 | 1300m: | 17:21.06 40.12 | |
| | 150m: | 1:54.94 39.92 | 550m: | 7:15.33 40.54 | 950m: | 12:37.91 40.30 | 1350m: | 18:01.63 40.57 | |
| | 200m: | 2:34.83 39.89 | 600m: | 7:55.58 40.25 | 1000m: | 13:18.22 40.31 | 1400m: | 18:41.31 39.68 | |
| | 250m: | 3:14.96 40.13 | 650m: | 8:36.21 40.63 | 1050m: | 13:58.98 40.76 | 1450m: | 19:20.86 39.55 | |
| | 300m: | 3:55.22 40.26 | 700m: | 9:16.37 40.16 | 1100m: | 14:39.64 40.66 | 1500m: | 19:59.49 38.63 | |
| | 350m: | 4:35.38 40.16 | 750m: | 9:56.57 40.20 | 1150m: | 15:20.21 40.57 | | | |
| | 400m: | 5:14.81 39.43 | 800m: | 10:36.40 39.83 | 1200m: | 16:00.67 40.46 | | | |

OPEN

| | | | | | | | | | |
|----|------------------------|---------------|------------------------------------|----------------|--------|----------------|-----------------|----------------|--------------|
| 1. | KNOP Aleksandra | | 20 UKS 190 Łód | | | | 17:19.78 | 693 | +0,64 |
| | 50m: | 32.84 32.84 | 450m: | 5:11.61 34.63 | 850m: | 9:49.48 34.85 | 1250m: | 14:27.23 34.78 | |
| | 100m: | 1:08.12 35.28 | 500m: | 5:46.11 34.50 | 900m: | 10:24.31 34.83 | 1300m: | 15:01.92 34.69 | |
| | 150m: | 1:43.28 35.16 | 550m: | 6:20.85 34.74 | 950m: | 10:59.24 34.93 | 1350m: | 15:36.73 34.81 | |
| | 200m: | 2:18.14 34.86 | 600m: | 6:55.42 34.57 | 1000m: | 11:33.93 34.69 | 1400m: | 16:11.33 34.60 | |
| | 250m: | 2:53.17 35.03 | 650m: | 7:30.30 34.88 | 1050m: | 12:08.53 34.60 | 1450m: | 16:45.99 34.66 | |
| | 300m: | 3:27.81 34.64 | 700m: | 8:04.98 34.68 | 1100m: | 12:43.25 34.72 | 1500m: | 17:19.78 33.79 | |
| | 350m: | 4:02.62 34.81 | 750m: | 8:39.75 34.77 | 1150m: | 13:17.91 34.66 | | | |
| | 400m: | 4:36.98 34.36 | 800m: | 9:14.63 34.88 | 1200m: | 13:52.45 34.54 | | | |
| 2. | MACIAK Julia | | 17 IUKS „Muszelka” Warszawa | | | | 17:55.69 | 626 | +0,76 |
| | 50m: | 33.50 33.50 | 450m: | 5:15.80 36.07 | 850m: | 10:04.17 36.21 | 1250m: | 14:56.63 36.89 | |
| | 100m: | 1:08.65 35.15 | 500m: | 5:51.20 35.40 | 900m: | 10:40.42 36.25 | 1300m: | 15:33.04 36.41 | |
| | 150m: | 1:44.09 35.44 | 550m: | 6:27.27 36.07 | 950m: | 11:16.88 36.46 | 1350m: | 16:09.50 36.46 | |
| | 200m: | 2:18.99 34.90 | 600m: | 7:03.14 35.87 | 1000m: | 11:53.41 36.53 | 1400m: | 16:45.63 36.13 | |
| | 250m: | 2:54.15 35.16 | 650m: | 7:39.24 36.10 | 1050m: | 12:30.18 36.77 | 1450m: | 17:21.18 35.55 | |
| | 300m: | 3:29.01 34.86 | 700m: | 8:15.22 35.98 | 1100m: | 13:06.27 36.09 | 1500m: | 17:55.69 34.51 | |
| | 350m: | 4:04.38 35.37 | 750m: | 8:51.68 36.46 | 1150m: | 13:42.96 36.69 | | | |
| | 400m: | 4:39.73 35.35 | 800m: | 9:27.96 36.28 | 1200m: | 14:19.74 36.78 | | | |
| 3. | SIWKO Natalia | | 19 KU AZS UMCS Lublin | | | | 18:44.72 | 548 | +0,75 |
| | 50m: | 33.59 33.59 | 450m: | 5:34.81 38.57 | 850m: | 10:37.87 37.99 | 1250m: | 15:38.96 37.48 | |
| | 100m: | 1:10.13 36.54 | 500m: | 6:12.44 37.63 | 900m: | 11:15.60 37.73 | 1300m: | 16:16.42 37.46 | |
| | 150m: | 1:47.51 37.38 | 550m: | 6:50.30 37.86 | 950m: | 11:53.43 37.83 | 1350m: | 16:54.23 37.81 | |
| | 200m: | 2:25.22 37.71 | 600m: | 7:28.31 38.01 | 1000m: | 12:31.07 37.64 | 1400m: | 17:31.15 36.92 | |
| | 250m: | 3:03.02 37.80 | 650m: | 8:06.73 38.42 | 1050m: | 13:08.68 37.61 | 1450m: | 18:08.61 37.46 | |
| | 300m: | 3:40.74 37.72 | 700m: | 8:44.22 37.49 | 1100m: | 13:46.39 37.71 | 1500m: | 18:44.72 36.11 | |
| | 350m: | 4:18.29 37.55 | 750m: | 9:22.20 37.98 | 1150m: | 14:24.07 37.68 | | | |
| | 400m: | 4:56.24 37.95 | 800m: | 9:59.88 37.68 | 1200m: | 15:01.48 37.41 | | | |
| 4. | BATYRA Julia | | 15 UKS SP5 Swim | | | | 19:32.98 | 483 | +0,98 |
| | 50m: | 34.40 34.40 | 450m: | 5:39.77 38.83 | 850m: | 10:54.78 39.24 | 1250m: | 16:14.50 39.98 | |
| | 100m: | 1:11.65 37.25 | 500m: | 6:18.96 39.19 | 900m: | 11:35.22 40.44 | 1300m: | 16:54.51 40.01 | |
| | 150m: | 1:49.77 38.12 | 550m: | 6:58.34 39.38 | 950m: | 12:15.11 39.89 | 1350m: | 17:34.61 40.10 | |
| | 200m: | 2:27.40 37.63 | 600m: | 7:37.94 39.60 | 1000m: | 12:54.34 39.23 | 1400m: | 18:14.74 40.13 | |
| | 250m: | 3:05.74 38.34 | 650m: | 8:16.97 39.03 | 1050m: | 13:33.84 39.50 | 1450m: | 18:54.27 39.53 | |
| | 300m: | 3:44.07 38.33 | 700m: | 8:56.49 39.52 | 1100m: | 14:13.11 39.27 | 1500m: | 19:32.98 38.71 | |
| | 350m: | 4:22.66 38.59 | 750m: | 9:35.91 39.42 | 1150m: | 14:54.43 41.32 | | | |
| | 400m: | 5:00.94 38.28 | 800m: | 10:15.54 39.63 | 1200m: | 15:34.52 40.09 | | | |
| 5. | GNA Nadia | | 14 UKS Tri-Team Rumia | | | | 19:35.94 | 479 | +0,87 |
| | 50m: | 34.33 34.33 | 450m: | 5:46.54 39.32 | 850m: | 11:02.56 39.51 | 1250m: | 16:18.03 39.70 | |
| | 100m: | 1:12.02 37.69 | 500m: | 6:25.77 39.23 | 900m: | 11:41.87 39.31 | 1300m: | 16:57.88 39.85 | |
| | 150m: | 1:50.52 38.50 | 550m: | 7:05.03 39.26 | 950m: | 12:21.45 39.58 | 1350m: | 17:38.04 40.16 | |
| | 200m: | 2:29.19 38.67 | 600m: | 7:44.80 39.77 | 1000m: | 13:00.91 39.46 | 1400m: | 18:17.48 39.44 | |
| | 250m: | 3:08.55 39.36 | 650m: | 8:24.52 39.72 | 1050m: | 13:40.36 39.45 | 1450m: | 18:57.16 39.68 | |
| | 300m: | 3:48.08 39.53 | 700m: | 9:03.95 39.43 | 1100m: | 14:19.42 39.06 | 1500m: | 19:35.94 38.78 | |
| | 350m: | 4:27.91 39.83 | 750m: | 9:43.37 39.42 | 1150m: | 14:59.00 39.58 | | | |
| | 400m: | 5:07.22 39.31 | 800m: | 10:23.05 39.68 | 1200m: | 15:38.33 39.33 | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 10, Kobiet, 1500m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR | |
|---------|------------------------|---------------|-------|------------------|-------|--------|----------|-----------------|--------|----------|-------|
| 6. | SOSNÓWKA Oliwia | | 18 | UKP Fala Kra nik | | | | 19:59.49 | 451 | +0,76 | |
| | 50m: | 36.04 36.04 | 450m: | 5:54.37 | 39.56 | 850m: | 11:16.71 | 40.31 | 1250m: | 16:40.94 | 40.27 |
| | 100m: | 1:15.02 38.98 | 500m: | 6:34.79 | 40.42 | 900m: | 11:57.61 | 40.90 | 1300m: | 17:21.06 | 40.12 |
| | 150m: | 1:54.94 39.92 | 550m: | 7:15.33 | 40.54 | 950m: | 12:37.91 | 40.30 | 1350m: | 18:01.63 | 40.57 |
| | 200m: | 2:34.83 39.89 | 600m: | 7:55.58 | 40.25 | 1000m: | 13:18.22 | 40.31 | 1400m: | 18:41.31 | 39.68 |
| | 250m: | 3:14.96 40.13 | 650m: | 8:36.21 | 40.63 | 1050m: | 13:58.98 | 40.76 | 1450m: | 19:20.86 | 39.55 |
| | 300m: | 3:55.22 40.26 | 700m: | 9:16.37 | 40.16 | 1100m: | 14:39.64 | 40.66 | 1500m: | 19:59.49 | 38.63 |
| | 350m: | 4:35.38 40.16 | 750m: | 9:56.57 | 40.20 | 1150m: | 15:20.21 | 40.57 | | | |
| | 400m: | 5:14.81 39.43 | 800m: | 10:36.40 | 39.83 | 1200m: | 16:00.67 | 40.46 | | | |

Konkurencja 11

04.11.2023 - 10:33

M czyzn, 800m dowolny

14 lat i starsi

Wyniki

| | | | | | |
|-----------------------|---------|-----------------------|-------|-----------------|------------|
| Rekord Polski Open | 7:41.73 | WOJDAK Wojciech | 01506 | Budapest (HUN) | 26.07.2017 |
| Rekord Polski 19 - 23 | 7:41.73 | WOJDAK Wojciech | 01506 | Budapest (HUN) | 26.07.2017 |
| Rekord Polski 18 | 7:56.74 | CHMIELEWSKI Krzysztof | | Budapeszt (HUN) | 24.06.2022 |
| Rekord Polski 17 | 8:01.28 | WOJDAK Wojciech | 03106 | Poznan | 13.07.2013 |
| Rekord Polski 16 | 8:08.01 | PIELOWSKI Krzysztof | 00213 | Gorzow Wlkp. | 29.11.2007 |
| Rekord Polski 15 | 8:22.82 | FILIPIAK Mikołaj | | O wi cim | 15.07.2021 |
| Rekord Polski 14 | 8:31.74 | LARY Jerzy | 05614 | Lublin | 05.09.2020 |

Minimum - IO - Pary (Francja) Open: 7:51.65 / Minimum - M - Doha (Katar) Open: 7:53.11

Punkty: FINA 2023

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|--|--|------|--|--|--|--|------|------|----|
|---------|--|--|------|--|--|--|--|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | | | | | | | |
|----|--------------------------|---------------|-------|------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | WIRASZKA Piotr | | 14 | UKS „GIM 92 Ursynów” | | | | 8:53.90 | 607 | +0,67 | |
| | 50m: | 29.05 29.05 | 250m: | 2:40.52 | 33.13 | 450m: | 4:56.83 | 34.25 | 650m: | 7:14.29 | 34.01 |
| | 100m: | 1:01.56 32.51 | 300m: | 3:14.30 | 33.78 | 500m: | 5:31.25 | 34.42 | 700m: | 7:48.74 | 34.45 |
| | 150m: | 1:34.24 32.68 | 350m: | 3:48.22 | 33.92 | 550m: | 6:05.62 | 34.37 | 750m: | 8:22.33 | 33.59 |
| | 200m: | 2:07.39 33.15 | 400m: | 4:22.58 | 34.36 | 600m: | 6:40.28 | 34.66 | 800m: | 8:53.90 | 31.57 |
| 2. | NOWACKI Mieszko | | 14 | KU AZS UMCS Lublin | | | | 9:14.33 | 542 | +0,68 | |
| | 50m: | 31.34 31.34 | 250m: | 2:53.03 | 35.33 | 450m: | 5:15.11 | 34.89 | 650m: | 7:34.80 | 34.57 |
| | 100m: | 1:06.19 34.85 | 300m: | 3:28.29 | 35.26 | 500m: | 5:50.45 | 35.34 | 700m: | 8:09.05 | 34.25 |
| | 150m: | 1:41.72 35.53 | 350m: | 4:04.35 | 36.06 | 550m: | 6:25.72 | 35.27 | 750m: | 8:42.38 | 33.33 |
| | 200m: | 2:17.70 35.98 | 400m: | 4:40.22 | 35.87 | 600m: | 7:00.23 | 34.51 | 800m: | 9:14.33 | 31.95 |
| 3. | SKOCZYLAS Bartosz | | 14 | KU AZS UMCS Lublin | | | | 9:29.70 | 499 | +0,68 | |
| | 50m: | 32.62 32.62 | 250m: | 2:57.17 | 36.33 | 450m: | 5:22.30 | 35.91 | 650m: | 7:46.06 | 35.63 |
| | 100m: | 1:08.66 36.04 | 300m: | 3:33.67 | 36.50 | 500m: | 5:58.66 | 36.36 | 700m: | 8:21.57 | 35.51 |
| | 150m: | 1:44.66 36.00 | 350m: | 4:10.17 | 36.50 | 550m: | 6:34.48 | 35.82 | 750m: | 8:56.78 | 35.21 |
| | 200m: | 2:20.84 36.18 | 400m: | 4:46.39 | 36.22 | 600m: | 7:10.43 | 35.95 | 800m: | 9:29.70 | 32.92 |
| 4. | TARASIEWICZ Piotr | | 14 | UKP „Polonia Warszawa” | | | | 9:33.56 | 489 | +0,71 | |
| | 50m: | 31.64 31.64 | 250m: | 2:54.27 | 35.90 | 450m: | 5:18.95 | 36.80 | 650m: | 7:45.82 | 36.87 |
| | 100m: | 1:06.50 34.86 | 300m: | 3:30.03 | 35.76 | 500m: | 5:55.22 | 36.27 | 700m: | 8:22.44 | 36.62 |
| | 150m: | 1:42.43 35.93 | 350m: | 4:06.15 | 36.12 | 550m: | 6:32.27 | 37.05 | 750m: | 8:58.43 | 35.99 |
| | 200m: | 2:18.37 35.94 | 400m: | 4:42.15 | 36.00 | 600m: | 7:08.95 | 36.68 | 800m: | 9:33.56 | 35.13 |
| 5. | FRONCZEK Bła ej | | 14 | KU AZS UMCS Lublin | | | | 9:41.93 | 468 | +0,61 | |
| | 50m: | 32.52 32.52 | 250m: | 3:00.95 | 36.83 | 450m: | 5:26.81 | 36.55 | 650m: | 7:54.39 | 36.89 |
| | 100m: | 1:09.68 37.16 | 300m: | 3:37.45 | 36.50 | 500m: | 6:03.90 | 37.09 | 700m: | 8:31.27 | 36.88 |
| | 150m: | 1:46.82 37.14 | 350m: | 4:13.68 | 36.23 | 550m: | 6:40.94 | 37.04 | 750m: | 9:07.29 | 36.02 |
| | 200m: | 2:24.12 37.30 | 400m: | 4:50.26 | 36.58 | 600m: | 7:17.50 | 36.56 | 800m: | 9:41.93 | 34.64 |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | | |
|----|--------------------------|---------------|-------|--------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | CHARKOT Krzysztof | | 15 | KU AZS UMCS Lublin | | | | 8:58.92 | 590 | +0,71 | |
| | 50m: | 30.46 30.46 | 250m: | 2:44.03 | 33.62 | 450m: | 5:00.55 | 34.23 | 650m: | 7:17.97 | 34.39 |
| | 100m: | 1:03.15 32.69 | 300m: | 3:17.98 | 33.95 | 500m: | 5:34.83 | 34.28 | 700m: | 7:52.47 | 34.50 |
| | 150m: | 1:36.69 33.54 | 350m: | 3:52.10 | 34.12 | 550m: | 6:08.87 | 34.04 | 750m: | 8:26.40 | 33.93 |
| | 200m: | 2:10.41 33.72 | 400m: | 4:26.32 | 34.22 | 600m: | 6:43.58 | 34.71 | 800m: | 8:58.92 | 32.52 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 11, Chłopców, 800m dowolny, JUNIOR MŁODSZY 15 LAT

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|------------------------------|---------------|-------|-----------------------------|-------|-------|---------|----------------|-------|---------------|
| 2. | GWIAZDOWSKI Krzysztof | | 15 | MKS Piaseczno | | | | 9:21.55 | 521 | +0,61 |
| | 50m: | 30.61 30.61 | 250m: | 2:51.32 | 35.63 | 450m: | 5:13.69 | 35.29 | 650m: | 7:37.65 36.18 |
| | 100m: | 1:05.01 34.40 | 300m: | 3:27.06 | 35.74 | 500m: | 5:49.74 | 36.05 | 700m: | 8:13.02 35.37 |
| | 150m: | 1:39.99 34.98 | 350m: | 4:02.37 | 35.31 | 550m: | 6:25.56 | 35.82 | 750m: | 8:48.48 35.46 |
| | 200m: | 2:15.69 35.70 | 400m: | 4:38.40 | 36.03 | 600m: | 7:01.47 | 35.91 | 800m: | 9:21.55 33.07 |
| 3. | JOACHIMOWICZ Patryk | | 15 | KU AZS UMCS Lublin | | | | 9:23.59 | 516 | +0,70 |
| | 50m: | 30.31 30.31 | 250m: | 2:49.80 | 35.36 | 450m: | 5:12.05 | 35.91 | 650m: | 7:35.88 35.62 |
| | 100m: | 1:04.38 34.07 | 300m: | 3:24.91 | 35.11 | 500m: | 5:47.92 | 35.87 | 700m: | 8:11.70 35.82 |
| | 150m: | 1:39.32 34.94 | 350m: | 4:00.35 | 35.44 | 550m: | 6:24.09 | 36.17 | 750m: | 8:47.78 36.08 |
| | 200m: | 2:14.44 35.12 | 400m: | 4:36.14 | 35.79 | 600m: | 7:00.26 | 36.17 | 800m: | 9:23.59 35.81 |
| 4. | GEBAUER Wolfgang | | 15 | MTP Kormoran Olsztyn | | | | 9:26.03 | 509 | +0,80 |
| | 50m: | 31.37 31.37 | 250m: | 2:53.05 | 35.81 | 450m: | 5:16.59 | 35.81 | 650m: | 7:41.55 36.31 |
| | 100m: | 1:06.49 35.12 | 300m: | 3:28.67 | 35.62 | 500m: | 5:52.71 | 36.12 | 700m: | 8:17.13 35.58 |
| | 150m: | 1:42.00 35.51 | 350m: | 4:04.98 | 36.31 | 550m: | 6:29.08 | 36.37 | 750m: | 8:52.65 35.52 |
| | 200m: | 2:17.24 35.24 | 400m: | 4:40.78 | 35.80 | 600m: | 7:05.24 | 36.16 | 800m: | 9:26.03 33.38 |
| 5. | FRONCZEK Miłosz | | 15 | KU AZS UMCS Lublin | | | | 9:29.63 | 500 | +0,65 |
| | 50m: | 32.54 32.54 | 250m: | 2:57.17 | 36.29 | 450m: | 5:22.04 | 36.01 | 650m: | 7:45.98 35.65 |
| | 100m: | 1:08.16 35.62 | 300m: | 3:33.27 | 36.10 | 500m: | 5:58.02 | 35.98 | 700m: | 8:21.41 35.43 |
| | 150m: | 1:44.75 36.59 | 350m: | 4:09.83 | 36.56 | 550m: | 6:34.23 | 36.21 | 750m: | 8:56.64 35.23 |
| | 200m: | 2:20.88 36.13 | 400m: | 4:46.03 | 36.20 | 600m: | 7:10.33 | 36.10 | 800m: | 9:29.63 32.99 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | | |
|----|---------------------------|---------------|-------|---------------------------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | PONIEWA Oliwier | | 16 | KU AZS UMCS Lublin | | | | 8:51.45 | 615 | +0,74 |
| | 50m: | 29.82 29.82 | 250m: | 2:41.88 | 33.48 | 450m: | 4:57.58 | 34.18 | 650m: | 7:15.31 34.46 |
| | 100m: | 1:01.97 32.15 | 300m: | 3:15.43 | 33.55 | 500m: | 5:31.78 | 34.20 | 700m: | 7:49.66 34.35 |
| | 150m: | 1:35.11 33.14 | 350m: | 3:49.69 | 34.26 | 550m: | 6:06.17 | 34.39 | 750m: | 8:23.23 33.57 |
| | 200m: | 2:08.40 33.29 | 400m: | 4:23.40 | 33.71 | 600m: | 6:40.85 | 34.68 | 800m: | 8:51.45 28.22 |
| 2. | KRASKA Mateusz | | 16 | KU AZS UMCS Lublin | | | | 8:54.33 | 605 | +0,66 |
| | 50m: | 29.86 29.86 | 250m: | 2:44.81 | 34.26 | 450m: | 5:00.61 | 33.84 | 650m: | 7:15.99 33.72 |
| | 100m: | 1:02.69 32.83 | 300m: | 3:18.73 | 33.92 | 500m: | 5:34.31 | 33.70 | 700m: | 7:49.35 33.36 |
| | 150m: | 1:36.73 34.04 | 350m: | 3:52.92 | 34.19 | 550m: | 6:08.47 | 34.16 | 750m: | 8:22.20 32.85 |
| | 200m: | 2:10.55 33.82 | 400m: | 4:26.77 | 33.85 | 600m: | 6:42.27 | 33.80 | 800m: | 8:54.33 32.13 |
| 3. | KANCZKOWSKI Szymon | | 16 | UKS Tri-Team Rumia | | | | 9:01.77 | 581 | +0,79 |
| | 50m: | 30.88 30.88 | 250m: | 2:45.89 | 34.25 | 450m: | 5:04.04 | 34.70 | 650m: | 7:23.35 34.88 |
| | 100m: | 1:03.83 32.95 | 300m: | 3:19.96 | 34.07 | 500m: | 5:39.01 | 34.97 | 700m: | 7:57.61 34.26 |
| | 150m: | 1:37.67 33.84 | 350m: | 3:54.69 | 34.73 | 550m: | 6:13.69 | 34.68 | 750m: | 8:30.95 33.34 |
| | 200m: | 2:11.64 33.97 | 400m: | 4:29.34 | 34.65 | 600m: | 6:48.47 | 34.78 | 800m: | 9:01.77 30.82 |
| 4. | ŁOJEWSKI Adam | | 16 | MTP Kormoran Olsztyn | | | | 9:07.47 | 563 | +0,75 |
| | 50m: | 30.09 30.09 | 250m: | 2:47.04 | 34.69 | 450m: | 5:06.65 | 34.68 | 650m: | 7:25.97 34.62 |
| | 100m: | 1:03.73 33.64 | 300m: | 3:21.66 | 34.62 | 500m: | 5:41.54 | 34.89 | 700m: | 8:00.36 34.39 |
| | 150m: | 1:37.91 34.18 | 350m: | 3:56.82 | 35.16 | 550m: | 6:16.72 | 35.18 | 750m: | 8:34.26 33.90 |
| | 200m: | 2:12.35 34.44 | 400m: | 4:31.97 | 35.15 | 600m: | 6:51.35 | 34.63 | 800m: | 9:07.47 33.21 |
| 5. | WIECZOREK Kacper | | 16 | UKS Wodnik Siemianowice I skie | | | | 9:40.47 | 472 | +0,71 |
| | 50m: | 31.42 31.42 | 250m: | 2:55.23 | 36.69 | 450m: | 5:22.56 | 37.22 | 650m: | 7:51.55 37.32 |
| | 100m: | 1:06.40 34.98 | 300m: | 3:31.36 | 36.13 | 500m: | 5:59.52 | 36.96 | 700m: | 8:28.46 36.91 |
| | 150m: | 1:42.69 36.29 | 350m: | 4:08.29 | 36.93 | 550m: | 6:37.09 | 37.57 | 750m: | 9:05.08 36.62 |
| | 200m: | 2:18.54 35.85 | 400m: | 4:45.34 | 37.05 | 600m: | 7:14.23 | 37.14 | 800m: | 9:40.47 35.39 |
| 6. | GŁOWACKI Sebastian | | 16 | UKS Nawa Skierniewice | | | | 9:42.47 | 467 | +0,75 |
| | 50m: | 33.22 33.22 | 250m: | 3:00.76 | 36.79 | 450m: | 5:29.44 | 36.81 | 650m: | 7:57.06 36.27 |
| | 100m: | 1:09.58 36.36 | 300m: | 3:37.74 | 36.98 | 500m: | 6:06.82 | 37.38 | 700m: | 8:33.38 36.32 |
| | 150m: | 1:46.27 36.69 | 350m: | 4:15.02 | 37.28 | 550m: | 6:43.98 | 37.16 | 750m: | 9:09.03 35.65 |
| | 200m: | 2:23.97 37.70 | 400m: | 4:52.63 | 37.61 | 600m: | 7:20.79 | 36.81 | 800m: | 9:42.47 33.44 |
| 7. | STAWIARSKI Oskar | | 16 | UKP „Polonia Warszawa” | | | | 9:57.35 | 433 | +0,70 |
| | 50m: | 31.58 31.58 | 250m: | 2:58.12 | 36.86 | 450m: | 5:31.13 | 38.06 | 650m: | 8:04.02 38.22 |
| | 100m: | 1:07.66 36.08 | 300m: | 3:36.04 | 37.92 | 500m: | 6:09.52 | 38.39 | 700m: | 8:42.66 38.64 |
| | 150m: | 1:44.63 36.97 | 350m: | 4:14.99 | 38.95 | 550m: | 6:47.44 | 37.92 | 750m: | 9:20.71 38.05 |
| | 200m: | 2:21.26 36.63 | 400m: | 4:53.07 | 38.08 | 600m: | 7:25.80 | 38.36 | 800m: | 9:57.35 36.64 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 11, M czynn, 800m dowolny

JUNIOR 17-18 LAT

| | | | | | |
|--------------------------------|---------------------|--------------------------|----------------------|-----|-------|
| 1. LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | 8:31.14 | 692 | +0,73 |
| 50m: 29.17 29.17 | 250m: 2:36.47 31.90 | 450m: 4:45.42 32.02 | 650m: 6:54.78 32.15 | | |
| 100m: 1:00.63 31.46 | 300m: 3:08.78 32.31 | 500m: 5:17.51 32.09 | 700m: 7:27.32 32.54 | | |
| 150m: 1:32.55 31.92 | 350m: 3:41.07 32.29 | 550m: 5:50.16 32.65 | 750m: 7:59.57 32.25 | | |
| 200m: 2:04.57 32.02 | 400m: 4:13.40 32.33 | 600m: 6:22.63 32.47 | 800m: 8:31.14 31.57 | | |
| 2. PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 8:32.62 | 686 | +0,75 |
| 50m: 27.87 27.87 | 250m: 2:35.90 32.43 | 450m: 4:46.24 32.70 | 650m: 6:59.85 32.79 | | |
| 100m: 58.46 30.59 | 300m: 3:08.29 32.39 | 500m: 5:19.87 33.63 | 700m: 7:32.92 33.07 | | |
| 150m: 1:30.95 32.49 | 350m: 3:40.87 32.58 | 550m: 5:53.68 33.81 | 750m: 8:04.94 32.02 | | |
| 200m: 2:03.47 32.52 | 400m: 4:13.54 32.67 | 600m: 6:27.06 33.38 | 800m: 8:32.62 27.68 | | |
| 3. RYNKIEWICZ Jakub | 18 | KU AZS UMCS Lublin | 8:32.93 | 684 | +0,65 |
| 50m: 28.61 28.61 | 250m: 2:36.42 32.55 | 450m: 4:47.38 33.11 | 650m: 6:59.10 32.87 | | |
| 100m: 59.90 31.29 | 300m: 3:08.83 32.41 | 500m: 5:20.48 33.10 | 700m: 7:32.13 33.03 | | |
| 150m: 1:31.77 31.87 | 350m: 3:41.44 32.61 | 550m: 5:53.08 32.60 | 750m: 8:04.11 31.98 | | |
| 200m: 2:03.87 32.10 | 400m: 4:14.27 32.83 | 600m: 6:26.23 33.15 | 800m: 8:32.93 28.82 | | |
| 4. CHODA Maciej | 17 | MTP Kormoran Olsztyn | 9:00.72 | 584 | +0,69 |
| 50m: 30.97 30.97 | 250m: 2:45.03 33.70 | 450m: 5:01.33 34.12 | 650m: 7:18.70 34.51 | | |
| 100m: 1:04.05 33.08 | 300m: 3:19.00 33.97 | 500m: 5:35.52 34.19 | 700m: 7:53.25 34.55 | | |
| 150m: 1:37.61 33.56 | 350m: 3:53.06 34.06 | 550m: 6:09.60 34.08 | 750m: 8:27.41 34.16 | | |
| 200m: 2:11.33 33.72 | 400m: 4:27.21 34.15 | 600m: 6:44.19 34.59 | 800m: 9:00.72 33.31 | | |
| 5. KOWALI SKI Adrian | 17 | WKS I sk | 9:11.23 | 551 | +0,74 |
| 50m: 30.26 30.26 | 250m: 2:46.63 34.54 | 450m: 5:05.93 34.87 | 650m: 7:27.20 35.45 | | |
| 100m: 1:03.56 33.30 | 300m: 3:21.37 34.74 | 500m: 5:40.96 35.03 | 700m: 8:02.69 35.49 | | |
| 150m: 1:37.70 34.14 | 350m: 3:56.28 34.91 | 550m: 6:16.24 35.28 | 750m: 8:37.37 34.68 | | |
| 200m: 2:12.09 34.39 | 400m: 4:31.06 34.78 | 600m: 6:51.75 35.51 | 800m: 9:11.23 33.86 | | |
| 6. SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 9:15.82 | 538 | +0,72 |
| 50m: 31.76 31.76 | 250m: 2:51.01 35.54 | 450m: 5:11.81 35.29 | 650m: 7:32.76 35.67 | | |
| 100m: 1:05.80 34.04 | 300m: 3:26.41 35.40 | 500m: 5:47.05 35.24 | 700m: 8:07.34 34.58 | | |
| 150m: 1:40.79 34.99 | 350m: 4:01.41 35.00 | 550m: 6:22.08 35.03 | 750m: 8:42.31 34.97 | | |
| 200m: 2:15.47 34.68 | 400m: 4:36.52 35.11 | 600m: 6:57.09 35.01 | 800m: 9:15.82 33.51 | | |
| 7. NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 9:21.28 | 522 | +0,68 |
| 50m: 30.78 30.78 | 250m: 2:52.29 35.58 | 450m: 5:14.26 33.50 | 650m: 7:36.85 34.84 | | |
| 100m: 1:05.50 34.72 | 300m: 3:28.35 36.06 | 500m: 5:50.81 36.55 | 700m: 8:13.53 36.68 | | |
| 150m: 1:40.80 35.30 | 350m: 4:04.35 36.00 | 550m: 6:25.37 34.56 | 750m: 8:48.33 34.80 | | |
| 200m: 2:16.71 35.91 | 400m: 4:40.76 36.41 | 600m: 7:02.01 36.64 | 800m: 9:21.28 32.95 | | |
| 8. MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 9:30.43 | 497 | +0,77 |
| 50m: 31.86 31.86 | 250m: 2:55.24 35.89 | 450m: 5:21.62 36.44 | 650m: 7:46.37 35.25 | | |
| 100m: 1:07.26 35.40 | 300m: 3:31.99 36.75 | 500m: 5:57.77 36.15 | 700m: 8:21.75 35.38 | | |
| 150m: 1:43.47 36.21 | 350m: 4:08.70 36.71 | 550m: 6:34.52 36.75 | 750m: 8:56.95 35.20 | | |
| 200m: 2:19.35 35.88 | 400m: 4:45.18 36.48 | 600m: 7:11.12 36.60 | 800m: 9:30.43 33.48 | | |
| 9. JANKIEWICZ DELGADO Jarosław | 17 | UKS Nawa Skierniewice | 9:47.05 | 456 | +0,70 |
| 50m: 32.39 32.39 | 250m: 2:58.51 37.00 | 450m: 5:26.72 37.17 | 650m: 7:56.50 37.95 | | |
| 100m: 1:07.96 35.57 | 300m: 3:34.99 36.48 | 500m: 6:04.14 37.42 | 700m: 8:33.23 36.73 | | |
| 150m: 1:44.61 36.65 | 350m: 4:12.31 37.32 | 550m: 6:41.28 37.14 | 750m: 9:10.66 37.43 | | |
| 200m: 2:21.51 36.90 | 400m: 4:49.55 37.24 | 600m: 7:18.55 37.27 | 800m: 9:47.05 36.39 | | |
| 10. WI CKOWSKI Piotr | 17 | UKS Delfin Garwolin | 10:22.71 | 382 | +0,63 |
| 50m: 32.53 32.53 | 250m: 3:05.14 38.82 | 450m: 5:44.47 40.13 | 650m: 8:25.67 40.23 | | |
| 100m: 1:09.64 37.11 | 300m: 3:44.52 39.38 | 500m: 6:24.55 40.08 | 700m: 9:05.76 40.09 | | |
| 150m: 1:47.72 38.08 | 350m: 4:24.54 40.02 | 550m: 7:04.93 40.38 | 750m: 9:46.21 40.45 | | |
| 200m: 2:26.32 38.60 | 400m: 5:04.34 39.80 | 600m: 7:45.44 40.51 | 800m: 10:22.71 36.50 | | |

OPEN

| | | | | | |
|---------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. MRÓZ Adam | 20 | KU AZS UMCS Lublin | 8:29.17 | 700 | +0,74 |
| 50m: 29.60 29.60 | 250m: 2:37.51 32.26 | 450m: 4:46.17 32.13 | 650m: 6:54.84 32.44 | | |
| 100m: 1:01.24 31.64 | 300m: 3:09.43 31.92 | 500m: 5:18.01 31.84 | 700m: 7:27.35 32.51 | | |
| 150m: 1:33.63 32.39 | 350m: 3:41.97 32.54 | 550m: 5:50.70 32.69 | 750m: 7:59.90 32.55 | | |
| 200m: 2:05.25 31.62 | 400m: 4:14.04 32.07 | 600m: 6:22.40 31.70 | 800m: 8:29.17 29.27 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 11, M czynn, 800m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|--------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------------|
| 2. | LARY Jerzy | | 17 | IUKS „Muszelka” Warszawa | | | | 8:31.14 | 692 | +0,73 |
| | 50m: | 29.17 29.17 | 250m: | 2:36.47 | 31.90 | 450m: | 4:45.42 | 32.02 | 650m: | 6:54.78 32.15 |
| | 100m: | 1:00.63 31.46 | 300m: | 3:08.78 | 32.31 | 500m: | 5:17.51 | 32.09 | 700m: | 7:27.32 32.54 |
| | 150m: | 1:32.55 31.92 | 350m: | 3:41.07 | 32.29 | 550m: | 5:50.16 | 32.65 | 750m: | 7:59.57 32.25 |
| | 200m: | 2:04.57 32.02 | 400m: | 4:13.40 | 32.33 | 600m: | 6:22.63 | 32.47 | 800m: | 8:31.14 31.57 |
| 3. | PASZKOWSKI Błażej | | 17 | KU AZS UMCS Lublin | | | | 8:32.62 | 686 | +0,75 |
| | 50m: | 27.87 27.87 | 250m: | 2:35.90 | 32.43 | 450m: | 4:46.24 | 32.70 | 650m: | 6:59.85 32.79 |
| | 100m: | 58.46 30.59 | 300m: | 3:08.29 | 32.39 | 500m: | 5:19.87 | 33.63 | 700m: | 7:32.92 33.07 |
| | 150m: | 1:30.95 32.49 | 350m: | 3:40.87 | 32.58 | 550m: | 5:53.68 | 33.81 | 750m: | 8:04.94 32.02 |
| | 200m: | 2:03.47 32.52 | 400m: | 4:13.54 | 32.67 | 600m: | 6:27.06 | 33.38 | 800m: | 8:32.62 27.68 |
| 4. | RYNKIEWICZ Jakub | | 18 | KU AZS UMCS Lublin | | | | 8:32.93 | 684 | +0,65 |
| | 50m: | 28.61 28.61 | 250m: | 2:36.42 | 32.55 | 450m: | 4:47.38 | 33.11 | 650m: | 6:59.10 32.87 |
| | 100m: | 59.90 31.29 | 300m: | 3:08.83 | 32.41 | 500m: | 5:20.48 | 33.10 | 700m: | 7:32.13 33.03 |
| | 150m: | 1:31.77 31.87 | 350m: | 3:41.44 | 32.61 | 550m: | 5:53.08 | 32.60 | 750m: | 8:04.11 31.98 |
| | 200m: | 2:03.87 32.10 | 400m: | 4:14.27 | 32.83 | 600m: | 6:26.23 | 33.15 | 800m: | 8:32.93 28.82 |
| 5. | PONIEWA Oliwier | | 16 | KU AZS UMCS Lublin | | | | 8:51.45 | 615 | +0,74 |
| | 50m: | 29.82 29.82 | 250m: | 2:41.88 | 33.48 | 450m: | 4:57.58 | 34.18 | 650m: | 7:15.31 34.46 |
| | 100m: | 1:01.97 32.15 | 300m: | 3:15.43 | 33.55 | 500m: | 5:31.78 | 34.20 | 700m: | 7:49.66 34.35 |
| | 150m: | 1:35.11 33.14 | 350m: | 3:49.69 | 34.26 | 550m: | 6:06.17 | 34.39 | 750m: | 8:23.23 33.57 |
| | 200m: | 2:08.40 33.29 | 400m: | 4:23.40 | 33.71 | 600m: | 6:40.85 | 34.68 | 800m: | 8:51.45 28.22 |
| 6. | WIRASZKA Piotr | | 14 | UKS „GIM 92 Ursynów” | | | | 8:53.90 | 607 | +0,67 |
| | 50m: | 29.05 29.05 | 250m: | 2:40.52 | 33.13 | 450m: | 4:56.83 | 34.25 | 650m: | 7:14.29 34.01 |
| | 100m: | 1:01.56 32.51 | 300m: | 3:14.30 | 33.78 | 500m: | 5:31.25 | 34.42 | 700m: | 7:48.74 34.45 |
| | 150m: | 1:34.24 32.68 | 350m: | 3:48.22 | 33.92 | 550m: | 6:05.62 | 34.37 | 750m: | 8:22.33 33.59 |
| | 200m: | 2:07.39 33.15 | 400m: | 4:22.58 | 34.36 | 600m: | 6:40.28 | 34.66 | 800m: | 8:53.90 31.57 |
| 7. | KRASKA Mateusz | | 16 | KU AZS UMCS Lublin | | | | 8:54.33 | 605 | +0,66 |
| | 50m: | 29.86 29.86 | 250m: | 2:44.81 | 34.26 | 450m: | 5:00.61 | 33.84 | 650m: | 7:15.99 33.72 |
| | 100m: | 1:02.69 32.83 | 300m: | 3:18.73 | 33.92 | 500m: | 5:34.31 | 33.70 | 700m: | 7:49.35 33.36 |
| | 150m: | 1:36.73 34.04 | 350m: | 3:52.92 | 34.19 | 550m: | 6:08.47 | 34.16 | 750m: | 8:22.20 32.85 |
| | 200m: | 2:10.55 33.82 | 400m: | 4:26.77 | 33.85 | 600m: | 6:42.27 | 33.80 | 800m: | 8:54.33 32.13 |
| 8. | CHAŁAT Wojciech | | 19 | KU AZS UMCS Lublin | | | | 8:56.51 | 598 | +0,73 |
| | 50m: | 30.23 30.23 | 250m: | 2:44.65 | 33.88 | 450m: | 5:00.16 | 34.10 | 650m: | 7:16.36 34.20 |
| | 100m: | 1:03.58 33.35 | 300m: | 3:18.33 | 33.68 | 500m: | 5:34.03 | 33.87 | 700m: | 7:49.98 33.62 |
| | 150m: | 1:37.19 33.61 | 350m: | 3:52.32 | 33.99 | 550m: | 6:08.42 | 34.39 | 750m: | 8:23.72 33.74 |
| | 200m: | 2:10.77 33.58 | 400m: | 4:26.06 | 33.74 | 600m: | 6:42.16 | 33.74 | 800m: | 8:56.51 32.79 |
| 9. | CHARKOT Krzysztof | | 15 | KU AZS UMCS Lublin | | | | 8:58.92 | 590 | +0,71 |
| | 50m: | 30.46 30.46 | 250m: | 2:44.03 | 33.62 | 450m: | 5:00.55 | 34.23 | 650m: | 7:17.97 34.39 |
| | 100m: | 1:03.15 32.69 | 300m: | 3:17.98 | 33.95 | 500m: | 5:34.83 | 34.28 | 700m: | 7:52.47 34.50 |
| | 150m: | 1:36.69 33.54 | 350m: | 3:52.10 | 34.12 | 550m: | 6:08.87 | 34.04 | 750m: | 8:26.40 33.93 |
| | 200m: | 2:10.41 33.72 | 400m: | 4:26.32 | 34.22 | 600m: | 6:43.58 | 34.71 | 800m: | 8:58.92 32.52 |
| 10. | CHODA Maciej | | 17 | MTP Kormoran Olsztyn | | | | 9:00.72 | 584 | +0,69 |
| | 50m: | 30.97 30.97 | 250m: | 2:45.03 | 33.70 | 450m: | 5:01.33 | 34.12 | 650m: | 7:18.70 34.51 |
| | 100m: | 1:04.05 33.08 | 300m: | 3:19.00 | 33.97 | 500m: | 5:35.52 | 34.19 | 700m: | 7:53.25 34.55 |
| | 150m: | 1:37.61 33.56 | 350m: | 3:53.06 | 34.06 | 550m: | 6:09.60 | 34.08 | 750m: | 8:27.41 34.16 |
| | 200m: | 2:11.33 33.72 | 400m: | 4:27.21 | 34.15 | 600m: | 6:44.19 | 34.59 | 800m: | 9:00.72 33.31 |
| 11. | KANCZKOWSKI Szymon | | 16 | UKS Tri-Team Rumia | | | | 9:01.77 | 581 | +0,79 |
| | 50m: | 30.88 30.88 | 250m: | 2:45.89 | 34.25 | 450m: | 5:04.04 | 34.70 | 650m: | 7:23.35 34.88 |
| | 100m: | 1:03.83 32.95 | 300m: | 3:19.96 | 34.07 | 500m: | 5:39.01 | 34.97 | 700m: | 7:57.61 34.26 |
| | 150m: | 1:37.67 33.84 | 350m: | 3:54.69 | 34.73 | 550m: | 6:13.69 | 34.68 | 750m: | 8:30.95 33.34 |
| | 200m: | 2:11.64 33.97 | 400m: | 4:29.34 | 34.65 | 600m: | 6:48.47 | 34.78 | 800m: | 9:01.77 30.82 |
| 12. | ŁOJEWSKI Adam | | 16 | MTP Kormoran Olsztyn | | | | 9:07.47 | 563 | +0,75 |
| | 50m: | 30.09 30.09 | 250m: | 2:47.04 | 34.69 | 450m: | 5:06.65 | 34.68 | 650m: | 7:25.97 34.62 |
| | 100m: | 1:03.73 33.64 | 300m: | 3:21.66 | 34.62 | 500m: | 5:41.54 | 34.89 | 700m: | 8:00.36 34.39 |
| | 150m: | 1:37.91 34.18 | 350m: | 3:56.82 | 35.16 | 550m: | 6:16.72 | 35.18 | 750m: | 8:34.26 33.90 |
| | 200m: | 2:12.35 34.44 | 400m: | 4:31.97 | 35.15 | 600m: | 6:51.35 | 34.63 | 800m: | 9:07.47 33.21 |
| 13. | KOWALI SKI Adrian | | 17 | WKS I sk | | | | 9:11.23 | 551 | +0,74 |
| | 50m: | 30.26 30.26 | 250m: | 2:46.63 | 34.54 | 450m: | 5:05.93 | 34.87 | 650m: | 7:27.20 35.45 |
| | 100m: | 1:03.56 33.30 | 300m: | 3:21.37 | 34.74 | 500m: | 5:40.96 | 35.03 | 700m: | 8:02.69 35.49 |
| | 150m: | 1:37.70 34.14 | 350m: | 3:56.28 | 34.91 | 550m: | 6:16.24 | 35.28 | 750m: | 8:37.37 34.68 |
| | 200m: | 2:12.09 34.39 | 400m: | 4:31.06 | 34.78 | 600m: | 6:51.75 | 35.51 | 800m: | 9:11.23 33.86 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 11, M czyzn, 800m dowolny, OPEN

| Pozycja | | | Wiek | | | | Czas | Pkt. | CR | | |
|---------|-----------------------|---------------|-------|--------------------------------|-------|----------------|---------|-------|-------|---------|-------|
| 14. | NOWACKI Mieszko | | 14 | KU AZS UMCS Lublin | | 9:14.33 | 542 | +0,68 | | | |
| | 50m: | 31.34 31.34 | 250m: | 2:53.03 | 35.33 | 450m: | 5:15.11 | 34.89 | 650m: | 7:34.80 | 34.57 |
| | 100m: | 1:06.19 34.85 | 300m: | 3:28.29 | 35.26 | 500m: | 5:50.45 | 35.34 | 700m: | 8:09.05 | 34.25 |
| | 150m: | 1:41.72 35.53 | 350m: | 4:04.35 | 36.06 | 550m: | 6:25.72 | 35.27 | 750m: | 8:42.38 | 33.33 |
| | 200m: | 2:17.70 35.98 | 400m: | 4:40.22 | 35.87 | 600m: | 7:00.23 | 34.51 | 800m: | 9:14.33 | 31.95 |
| 15. | SOKOŁOWSKI Franciszek | | 17 | MTP Kormoran Olsztyn | | 9:15.82 | 538 | +0,72 | | | |
| | 50m: | 31.76 31.76 | 250m: | 2:51.01 | 35.54 | 450m: | 5:11.81 | 35.29 | 650m: | 7:32.76 | 35.67 |
| | 100m: | 1:05.80 34.04 | 300m: | 3:26.41 | 35.40 | 500m: | 5:47.05 | 35.24 | 700m: | 8:07.34 | 34.58 |
| | 150m: | 1:40.79 34.99 | 350m: | 4:01.41 | 35.00 | 550m: | 6:22.08 | 35.03 | 750m: | 8:42.31 | 34.97 |
| | 200m: | 2:15.47 34.68 | 400m: | 4:36.52 | 35.11 | 600m: | 6:57.09 | 35.01 | 800m: | 9:15.82 | 33.51 |
| 16. | GOŁACKI Sergiusz | | 19 | UKS 190 Łódź | | 9:15.95 | 537 | +0,69 | | | |
| | 50m: | 30.05 30.05 | 250m: | 2:45.94 | 34.56 | 450m: | 5:06.42 | 35.44 | 650m: | 7:29.67 | 35.94 |
| | 100m: | 1:03.12 33.07 | 300m: | 3:20.06 | 34.12 | 500m: | 5:41.83 | 35.41 | 700m: | 8:05.00 | 35.33 |
| | 150m: | 1:37.45 34.33 | 350m: | 3:55.97 | 35.91 | 550m: | 6:17.66 | 35.83 | 750m: | 8:40.23 | 35.23 |
| | 200m: | 2:11.38 33.93 | 400m: | 4:30.98 | 35.01 | 600m: | 6:53.73 | 36.07 | 800m: | 9:15.95 | 35.72 |
| 17. | NOWACKI Błażej | | 18 | KU AZS UMCS Lublin | | 9:21.28 | 522 | +0,68 | | | |
| | 50m: | 30.78 30.78 | 250m: | 2:52.29 | 35.58 | 450m: | 5:14.26 | 33.50 | 650m: | 7:36.85 | 34.84 |
| | 100m: | 1:05.50 34.72 | 300m: | 3:28.35 | 36.06 | 500m: | 5:50.81 | 36.55 | 700m: | 8:13.53 | 36.68 |
| | 150m: | 1:40.80 35.30 | 350m: | 4:04.35 | 36.00 | 550m: | 6:25.37 | 34.56 | 750m: | 8:48.33 | 34.80 |
| | 200m: | 2:16.71 35.91 | 400m: | 4:40.76 | 36.41 | 600m: | 7:02.01 | 36.64 | 800m: | 9:21.28 | 32.95 |
| 18. | GWIAZDOWSKI Krzysztof | | 15 | MKS Piaseczno | | 9:21.55 | 521 | +0,61 | | | |
| | 50m: | 30.61 30.61 | 250m: | 2:51.32 | 35.63 | 450m: | 5:13.69 | 35.29 | 650m: | 7:37.65 | 36.18 |
| | 100m: | 1:05.01 34.40 | 300m: | 3:27.06 | 35.74 | 500m: | 5:49.74 | 36.05 | 700m: | 8:13.02 | 35.37 |
| | 150m: | 1:39.99 34.98 | 350m: | 4:02.37 | 35.31 | 550m: | 6:25.56 | 35.82 | 750m: | 8:48.48 | 35.46 |
| | 200m: | 2:15.69 35.70 | 400m: | 4:38.40 | 36.03 | 600m: | 7:01.47 | 35.91 | 800m: | 9:21.55 | 33.07 |
| 19. | JOACHIMOWICZ Patryk | | 15 | KU AZS UMCS Lublin | | 9:23.59 | 516 | +0,70 | | | |
| | 50m: | 30.31 30.31 | 250m: | 2:49.80 | 35.36 | 450m: | 5:12.05 | 35.91 | 650m: | 7:35.88 | 35.62 |
| | 100m: | 1:04.38 34.07 | 300m: | 3:24.91 | 35.11 | 500m: | 5:47.92 | 35.87 | 700m: | 8:11.70 | 35.82 |
| | 150m: | 1:39.32 34.94 | 350m: | 4:00.35 | 35.44 | 550m: | 6:24.09 | 36.17 | 750m: | 8:47.78 | 36.08 |
| | 200m: | 2:14.44 35.12 | 400m: | 4:36.14 | 35.79 | 600m: | 7:00.26 | 36.17 | 800m: | 9:23.59 | 35.81 |
| 20. | GEBAUER Wolfgang | | 15 | MTP Kormoran Olsztyn | | 9:26.03 | 509 | +0,80 | | | |
| | 50m: | 31.37 31.37 | 250m: | 2:53.05 | 35.81 | 450m: | 5:16.59 | 35.81 | 650m: | 7:41.55 | 36.31 |
| | 100m: | 1:06.49 35.12 | 300m: | 3:28.67 | 35.62 | 500m: | 5:52.71 | 36.12 | 700m: | 8:17.13 | 35.58 |
| | 150m: | 1:42.00 35.51 | 350m: | 4:04.98 | 36.31 | 550m: | 6:29.08 | 36.37 | 750m: | 8:52.65 | 35.52 |
| | 200m: | 2:17.24 35.24 | 400m: | 4:40.78 | 35.80 | 600m: | 7:05.24 | 36.16 | 800m: | 9:26.03 | 33.38 |
| 21. | FRONCZEK Miłosz | | 15 | KU AZS UMCS Lublin | | 9:29.63 | 500 | +0,65 | | | |
| | 50m: | 32.54 32.54 | 250m: | 2:57.17 | 36.29 | 450m: | 5:22.04 | 36.01 | 650m: | 7:45.98 | 35.65 |
| | 100m: | 1:08.16 35.62 | 300m: | 3:33.27 | 36.10 | 500m: | 5:58.02 | 35.98 | 700m: | 8:21.41 | 35.43 |
| | 150m: | 1:44.75 36.59 | 350m: | 4:09.83 | 36.56 | 550m: | 6:34.23 | 36.21 | 750m: | 8:56.64 | 35.23 |
| | 200m: | 2:20.88 36.13 | 400m: | 4:46.03 | 36.20 | 600m: | 7:10.33 | 36.10 | 800m: | 9:29.63 | 32.99 |
| 22. | SKOCZYLAŚ Bartosz | | 14 | KU AZS UMCS Lublin | | 9:29.70 | 499 | +0,68 | | | |
| | 50m: | 32.62 32.62 | 250m: | 2:57.17 | 36.33 | 450m: | 5:22.30 | 35.91 | 650m: | 7:46.06 | 35.63 |
| | 100m: | 1:08.66 36.04 | 300m: | 3:33.67 | 36.50 | 500m: | 5:58.66 | 36.36 | 700m: | 8:21.57 | 35.51 |
| | 150m: | 1:44.66 36.00 | 350m: | 4:10.17 | 36.50 | 550m: | 6:34.48 | 35.82 | 750m: | 8:56.78 | 35.21 |
| | 200m: | 2:20.84 36.18 | 400m: | 4:46.39 | 36.22 | 600m: | 7:10.43 | 35.95 | 800m: | 9:29.70 | 32.92 |
| 23. | MASZEWSKI Mikołaj | | 17 | UKS Nawa Skierniewice | | 9:30.43 | 497 | +0,77 | | | |
| | 50m: | 31.86 31.86 | 250m: | 2:55.24 | 35.89 | 450m: | 5:21.62 | 36.44 | 650m: | 7:46.37 | 35.25 |
| | 100m: | 1:07.26 35.40 | 300m: | 3:31.99 | 36.75 | 500m: | 5:57.77 | 36.15 | 700m: | 8:21.75 | 35.38 |
| | 150m: | 1:43.47 36.21 | 350m: | 4:08.70 | 36.71 | 550m: | 6:34.52 | 36.75 | 750m: | 8:56.95 | 35.20 |
| | 200m: | 2:19.35 35.88 | 400m: | 4:45.18 | 36.48 | 600m: | 7:11.12 | 36.60 | 800m: | 9:30.43 | 33.48 |
| 24. | TARASIEWICZ Piotr | | 14 | UKP „Polonia Warszawa” | | 9:33.56 | 489 | +0,71 | | | |
| | 50m: | 31.64 31.64 | 250m: | 2:54.27 | 35.90 | 450m: | 5:18.95 | 36.80 | 650m: | 7:45.82 | 36.87 |
| | 100m: | 1:06.50 34.86 | 300m: | 3:30.03 | 35.76 | 500m: | 5:55.22 | 36.27 | 700m: | 8:22.44 | 36.62 |
| | 150m: | 1:42.43 35.93 | 350m: | 4:06.15 | 36.12 | 550m: | 6:32.27 | 37.05 | 750m: | 8:58.43 | 35.99 |
| | 200m: | 2:18.37 35.94 | 400m: | 4:42.15 | 36.00 | 600m: | 7:08.95 | 36.68 | 800m: | 9:33.56 | 35.13 |
| 25. | WIECZOREK Kacper | | 16 | UKS Wodnik Siemianowice I skie | | 9:40.47 | 472 | +0,71 | | | |
| | 50m: | 31.42 31.42 | 250m: | 2:55.23 | 36.69 | 450m: | 5:22.56 | 37.22 | 650m: | 7:51.55 | 37.32 |
| | 100m: | 1:06.40 34.98 | 300m: | 3:31.36 | 36.13 | 500m: | 5:59.52 | 36.96 | 700m: | 8:28.46 | 36.91 |
| | 150m: | 1:42.69 36.29 | 350m: | 4:08.29 | 36.93 | 550m: | 6:37.09 | 37.57 | 750m: | 9:05.08 | 36.62 |
| | 200m: | 2:18.54 35.85 | 400m: | 4:45.34 | 37.05 | 600m: | 7:14.23 | 37.14 | 800m: | 9:40.47 | 35.39 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 11, M czyzn, 800m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-----------------------------|---------------|-------|------------------------|-------|-------|---------|-----------------|-------|----------------|
| 26. | FRONCZEK Błażej | | 14 | KU AZS UMCS Lublin | | | | 9:41.93 | 468 | +0,61 |
| | 50m: | 32.52 32.52 | 250m: | 3:00.95 | 36.83 | 450m: | 5:26.81 | 36.55 | 650m: | 7:54.39 36.89 |
| | 100m: | 1:09.68 37.16 | 300m: | 3:37.45 | 36.50 | 500m: | 6:03.90 | 37.09 | 700m: | 8:31.27 36.88 |
| | 150m: | 1:46.82 37.14 | 350m: | 4:13.68 | 36.23 | 550m: | 6:40.94 | 37.04 | 750m: | 9:07.29 36.02 |
| | 200m: | 2:24.12 37.30 | 400m: | 4:50.26 | 36.58 | 600m: | 7:17.50 | 36.56 | 800m: | 9:41.93 34.64 |
| 27. | GŁOWACKI Sebastian | | 16 | UKS Nawa Skierniewice | | | | 9:42.47 | 467 | +0,75 |
| | 50m: | 33.22 33.22 | 250m: | 3:00.76 | 36.79 | 450m: | 5:29.44 | 36.81 | 650m: | 7:57.06 36.27 |
| | 100m: | 1:09.58 36.36 | 300m: | 3:37.74 | 36.98 | 500m: | 6:06.82 | 37.38 | 700m: | 8:33.38 36.32 |
| | 150m: | 1:46.27 36.69 | 350m: | 4:15.02 | 37.28 | 550m: | 6:43.98 | 37.16 | 750m: | 9:09.03 35.65 |
| | 200m: | 2:23.97 37.70 | 400m: | 4:52.63 | 37.61 | 600m: | 7:20.79 | 36.81 | 800m: | 9:42.47 33.44 |
| 28. | JANKIEWICZ DELGADO Jarosław | | 17 | UKS Nawa Skierniewice | | | | 9:47.05 | 456 | +0,70 |
| | 50m: | 32.39 32.39 | 250m: | 2:58.51 | 37.00 | 450m: | 5:26.72 | 37.17 | 650m: | 7:56.50 37.95 |
| | 100m: | 1:07.96 35.57 | 300m: | 3:34.99 | 36.48 | 500m: | 6:04.14 | 37.42 | 700m: | 8:33.23 36.73 |
| | 150m: | 1:44.61 36.65 | 350m: | 4:12.31 | 37.32 | 550m: | 6:41.28 | 37.14 | 750m: | 9:10.66 37.43 |
| | 200m: | 2:21.51 36.90 | 400m: | 4:49.55 | 37.24 | 600m: | 7:18.55 | 37.27 | 800m: | 9:47.05 36.39 |
| 29. | STAWIARSKI Oskar | | 16 | UKP „Polonia Warszawa” | | | | 9:57.35 | 433 | +0,70 |
| | 50m: | 31.58 31.58 | 250m: | 2:58.12 | 36.86 | 450m: | 5:31.13 | 38.06 | 650m: | 8:04.02 38.22 |
| | 100m: | 1:07.66 36.08 | 300m: | 3:36.04 | 37.92 | 500m: | 6:09.52 | 38.39 | 700m: | 8:42.66 38.64 |
| | 150m: | 1:44.63 36.97 | 350m: | 4:14.99 | 38.95 | 550m: | 6:47.44 | 37.92 | 750m: | 9:20.71 38.05 |
| | 200m: | 2:21.26 36.63 | 400m: | 4:53.07 | 38.08 | 600m: | 7:25.80 | 38.36 | 800m: | 9:57.35 36.64 |
| 30. | WI CKOWSKI Piotr | | 17 | UKS Delfin Garwolin | | | | 10:22.71 | 382 | +0,63 |
| | 50m: | 32.53 32.53 | 250m: | 3:05.14 | 38.82 | 450m: | 5:44.47 | 40.13 | 650m: | 8:25.67 40.23 |
| | 100m: | 1:09.64 37.11 | 300m: | 3:44.52 | 39.38 | 500m: | 6:24.55 | 40.08 | 700m: | 9:05.76 40.09 |
| | 150m: | 1:47.72 38.08 | 350m: | 4:24.54 | 40.02 | 550m: | 7:04.93 | 40.38 | 750m: | 9:46.21 40.45 |
| | 200m: | 2:26.32 38.60 | 400m: | 5:04.34 | 39.80 | 600m: | 7:45.44 | 40.51 | 800m: | 10:22.71 36.50 |

Konkurencja 4 M czyzn, 200m dowolny 14 lat i starsi
04.11.2023 - 11:03 Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|------------------------|------------|
| Rekord Polski Open | 1:46.19 | MAJCHRZAK Kacper | 00115 | Taipei (TPE) | 22.08.2017 |
| Rekord Polski 19 - 23 | 1:46.91 | WITKOWSKI Jan | | Lublin | 19.05.2017 |
| Rekord Polski 18 | 1:47.78 | CHOWANIEC Mateusz | 01711 | Rzym (ITA) | 10.07.2021 |
| Rekord Polski 17 | 1:48.51 | STOKOWSKI Kacper | 05114 | Hodmezovasarhely (HUN) | 10.07.2016 |
| Rekord Polski 16 | 1:51.69 | DASZKIEWICZ Michał | 01006 | Lublin | 10.07.2019 |
| Rekord Polski 15 | 1:53.68 | ORLICZ Filip | 05114 | Targoviste (ROU) | 09.12.2017 |
| Rekord Polski 14 | 1:56.05 | ORLICZ Filip | 05114 | Sztokholm (SWE) | 11.12.2016 |

Minimum - IO - Pary (Francja) Open: 1:46.26 / Minimum - M - Doha (Katar) Open: 1:47.06

Punkty: FINA 2023

| Pozycja | Wiek | | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|--|-------------------|----|---|----------------|------|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | |
| 1. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 2:03.34 | 565 | +0,69 | 27.88 | 31.23 | 32.32 | 31.91 |
| 2. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 2:06.89 | 519 | +0,68 | 28.82 | 31.88 | 33.44 | 32.75 |
| 3. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 2:12.03 | 461 | +0,64 | 30.47 | 34.96 | 35.21 | 31.39 |
| 4. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 2:17.55 | 407 | +0,74 | 30.72 | 34.62 | 36.29 | 35.92 |
| DYSKW. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | | | | |
| <i>O1 - Pływak zainicjował start przed sygnałem startu - 4.4</i> | | | | | | | | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | |
|----|-----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 2:01.55 | 590 | +0,64 | 28.21 | 30.88 | 31.71 | 30.75 |
| 2. | RADZIKOWSKI Szymon | 15 | WKS I sk | 2:01.63 | 589 | +0,49 | 27.48 | 30.76 | 32.16 | 31.23 |
| 3. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawa | 2:01.73 | 588 | +0,70 | 28.53 | 30.49 | 32.14 | 30.57 |
| 4. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 2:03.59 | 562 | +0,64 | 28.41 | 31.82 | 33.10 | 30.26 |
| 5. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:03.76 | 559 | +0,62 | 28.66 | 31.84 | 32.07 | 31.19 |
| 6. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 2:04.89 | 544 | +0,70 | 28.13 | 31.41 | 32.84 | 32.51 |
| 7. | PAWLAK Dawid | 15 | UKS 190 Łódź | 2:08.38 | 501 | +0,79 | 29.93 | 32.91 | 33.52 | 32.02 |
| 8. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 2:09.62 | 487 | +0,76 | 28.66 | 31.75 | 34.96 | 34.25 |
| 9. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 2:10.70 | 475 | +0,72 | 28.97 | 33.32 | 34.64 | 33.77 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 4, Chłopców, 200m dowolny, JUNIOR MŁODSZY 15 LAT

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|-------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 10. | MADEY Ryszard | 15 | UKS GOS Raszyn | 2:12.28 | 458 +0,66 | 29.06 | 32.86 | 35.80 | 34.56 |
| 11. | GEBAUER Wolfgang | 15 | MTP Kormoran Olsztyn | 2:14.16 | 439 +0,73 | 30.64 | 34.23 | 35.44 | 33.85 |
| 12. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 2:16.26 | 419 +0,71 | 29.59 | 34.65 | 36.54 | 35.48 |
| 13. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 2:20.88 | 379 +0,69 | 31.56 | 36.65 | 37.77 | 34.90 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | |
|----|------------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | REDZI SKI VEL RYDZY | 16 | M.KU AZS UMCS Lublin | 1:58.77 | 633 +0,63 | 28.11 | 30.39 | 30.56 | 29.71 |
| 2. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 2:03.46 | 563 +0,65 | 28.55 | 31.14 | 32.20 | 31.57 |
| 3. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawa | 2:05.32 | 539 +0,63 | 27.37 | 32.10 | 33.49 | 32.36 |
| 4. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 2:05.58 | 535 +0,72 | 27.23 | 30.63 | 34.72 | 33.00 |
| 5. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 2:06.49 | 524 +0,62 | 27.66 | 32.12 | 33.50 | 33.21 |
| 6. | ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 2:08.04 | 505 +0,74 | 29.87 | 32.48 | 33.44 | 32.25 |
| 7. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 2:11.97 | 461 +0,74 | 30.19 | 33.40 | 34.62 | 33.76 |
| 8. | LENARD Radosław | 16 | MTP „Lublinianka” | 2:14.55 | 435 +0,68 | 30.79 | 33.82 | 35.80 | 34.14 |

JUNIOR 17-18 LAT

| | | | | | | | | | |
|-----|-----------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi | 1:54.31 | 710 +0,72 | 27.03 | 29.55 | 29.33 | 28.40 |
| 2. | HEBEL Maciej | 18 | AZS AWF Katowice | 1:56.41 | 672 +0,65 | 27.68 | 29.56 | 29.96 | 29.21 |
| 3. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 1:58.56 | 636 +0,74 | 27.85 | 30.37 | 30.77 | 29.57 |
| 4. | YEVDOKIMOV Dmytro | 17 | Mokotowski UKP Warszawa | 1:58.82 | 632 +0,71 | 27.59 | 29.93 | 31.13 | 30.17 |
| 5. | MADEY Konrad | 17 | UKS GOS Raszyn | 2:00.85 | 601 +0,70 | 27.27 | 30.35 | | |
| 6. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 2:01.76 | 587 +0,77 | 28.25 | 31.12 | 31.61 | 30.78 |
| 7. | NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 2:02.12 | 582 +0,68 | 27.79 | 31.20 | 31.62 | 31.51 |
| 8. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 2:04.59 | 548 +0,78 | 28.44 | 31.46 | 32.62 | 32.07 |
| 9. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 2:05.89 | 531 +0,69 | 29.62 | 31.76 | 32.69 | 31.82 |
| 10. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 2:06.35 | 526 +0,65 | 28.33 | 32.40 | 32.96 | 32.66 |
| 11. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 2:09.02 | 494 +0,76 | 29.33 | 32.90 | 33.41 | 33.38 |
| 12. | JANKIEWICZ DELGADO J. | 17 | UKS Nawa Skierniewice | 2:11.34 | 468 +0,77 | 30.17 | 33.08 | 34.36 | 33.73 |
| 13. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 2:11.66 | 464 +0,72 | 30.69 | 33.47 | 34.29 | 33.21 |
| 14. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 2:14.49 | 436 +0,67 | 29.41 | 33.88 | 35.30 | 35.90 |
| 15. | KRYSZCZUK Karol | 17 | UKS Piłka Konstanyńów | 2:22.03 | 370 +0,70 | 32.29 | 35.87 | 38.15 | 35.72 |

OPEN

| | | | | | | | | | |
|-----|------------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MAJCHRZAK Kacper | 31 | KS Warta Pozna | 1:50.20 | 792 +0,67 | 24.88 | 27.38 | 28.60 | 29.34 |
| 2. | SIERADZKI Kamil | 21 | AZS AWF Katowice | 1:52.06 | 754 +0,70 | 25.95 | 28.13 | 28.99 | 28.99 |
| 3. | KRASKA Jakub | 23 | AZS Łódź | 1:53.44 | 726 +0,74 | 26.07 | 28.77 | 29.75 | 28.85 |
| 4. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi | 1:54.31 | 710 +0,72 | 27.03 | 29.55 | 29.33 | 28.40 |
| 5. | KALU Y SKI Antoni | 24 | Ku Azs Uw | 1:54.47 | 707 +0,74 | 26.87 | 29.10 | 29.39 | 29.11 |
| 6. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 1:55.66 | 685 +0,65 | 27.39 | 29.70 | 29.68 | 28.89 |
| 7. | PRUSZY SKI Michał | 19 | TP Zielona Góra | 1:56.03 | 679 +0,67 | 27.82 | 29.69 | 30.01 | 28.51 |
| 8. | HEBEL Maciej | 18 | AZS AWF Katowice | 1:56.41 | 672 +0,65 | 27.68 | 29.56 | 29.96 | 29.21 |
| 9. | SIENKIEWICZ Aleksander | 20 | AZS AWF Katowice | 1:57.82 | 648 +0,67 | 26.81 | 29.18 | 30.86 | 30.97 |
| 10. | GRZEGORCZYK Wiktor | 21 | AZS AWF Warszawa | 1:58.34 | 640 +0,71 | 28.25 | 30.12 | 29.71 | 30.26 |
| 11. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 1:58.56 | 636 +0,74 | 27.85 | 30.37 | 30.77 | 29.57 |
| 12. | REDZI SKI VEL RYDZY | 16 | M.KU AZS UMCS Lublin | 1:58.77 | 633 +0,63 | 28.11 | 30.39 | 30.56 | 29.71 |
| 13. | YEVDOKIMOV Dmytro | 17 | Mokotowski UKP Warszawa | 1:58.82 | 632 +0,71 | 27.59 | 29.93 | 31.13 | 30.17 |
| 14. | CIESIELSKI Artur | 19 | AZS Łódź | 2:00.16 | 611 +0,77 | 26.84 | 29.65 | 31.41 | 32.26 |
| 15. | MADEY Konrad | 17 | UKS GOS Raszyn | 2:00.85 | 601 +0,70 | 27.27 | 30.35 | | |
| 16. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 2:01.55 | 590 +0,64 | 28.21 | 30.88 | 31.71 | 30.75 |
| 17. | RADZIKOWSKI Szymon | 15 | WKS I sk | 2:01.63 | 589 +0,49 | 27.48 | 30.76 | 32.16 | 31.23 |
| 18. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawa | 2:01.73 | 588 +0,70 | 28.53 | 30.49 | 32.14 | 30.57 |
| 19. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 2:01.76 | 587 +0,77 | 28.25 | 31.12 | 31.61 | 30.78 |
| 20. | NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 2:02.12 | 582 +0,68 | 27.79 | 31.20 | 31.62 | 31.51 |
| 21. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 2:03.34 | 565 +0,69 | 27.88 | 31.23 | 32.32 | 31.91 |
| 22. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 2:03.46 | 563 +0,65 | 28.55 | 31.14 | 32.20 | 31.57 |
| 23. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 2:03.59 | 562 +0,64 | 28.41 | 31.82 | 33.10 | 30.26 |
| 24. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:03.76 | 559 +0,62 | 28.66 | 31.84 | 32.07 | 31.19 |
| 25. | LIWKA Jakub | 19 | AZS AWF Katowice | 2:04.47 | 550 +0,71 | 28.71 | 32.15 | 32.03 | 31.58 |
| 26. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 2:04.59 | 548 +0,78 | 28.44 | 31.46 | 32.62 | 32.07 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 4, M cyczn, 200m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|----------------------------|------|---|----------------|------|-------|-------|-------|-------|-------|
| 27. WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 2:04.89 | 544 | +0,70 | 28.13 | 31.41 | 32.84 | 32.51 |
| 28. KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawa | 2:05.32 | 539 | +0,63 | 27.37 | 32.10 | 33.49 | 32.36 |
| 29. KRYSZY SKI Aleksander | 19 | KS AZS AGH Kraków | 2:05.46 | 537 | +0,71 | 28.52 | 31.08 | 32.91 | 32.95 |
| 30. DZIK Kamil | 16 | UKP „Polonia Warszawa” | 2:05.58 | 535 | +0,72 | 27.23 | 30.63 | 34.72 | 33.00 |
| 31. HANF Szymon | 20 | KS AZS AGH Kraków | 2:05.87 | 532 | +0,70 | 28.30 | 31.62 | 33.13 | 32.82 |
| 32. CHODA Maciej | 17 | MTP Kormoran Olsztyn | 2:05.89 | 531 | +0,69 | 29.62 | 31.76 | 32.69 | 31.82 |
| 33. LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 2:06.35 | 526 | +0,65 | 28.33 | 32.40 | 32.96 | 32.66 |
| 34. BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 2:06.49 | 524 | +0,62 | 27.66 | 32.12 | 33.50 | 33.21 |
| 35. RÓ ALSKI Marcin | 19 | KS AZS AGH Kraków | 2:06.73 | 521 | +0,67 | 28.91 | 31.46 | 33.13 | 33.23 |
| 36. WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 2:06.89 | 519 | +0,68 | 28.82 | 31.88 | 33.44 | 32.75 |
| 37. LINARD Bartosz | 19 | IKS Konstancin | 2:07.45 | 512 | +0,72 | 28.33 | 33.08 | 34.22 | 31.82 |
| 38. ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 2:08.04 | 505 | +0,74 | 29.87 | 32.48 | 33.44 | 32.25 |
| 39. PAWLAK Dawid | 15 | UKS 190 Łód | 2:08.38 | 501 | +0,79 | 29.93 | 32.91 | 33.52 | 32.02 |
| 40. MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 2:09.02 | 494 | +0,76 | 29.33 | 32.90 | 33.41 | 33.38 |
| 41. OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 2:09.62 | 487 | +0,76 | 28.66 | 31.75 | 34.96 | 34.25 |
| 42. SKULSKI Ryszard | 15 | UKS Olympic Warka | 2:10.70 | 475 | +0,72 | 28.97 | 33.32 | 34.64 | 33.77 |
| 43. JANKIEWICZ DELGADO J. | 17 | UKS Nawa Skierniewice | 2:11.34 | 468 | +0,77 | 30.17 | 33.08 | 34.36 | 33.73 |
| 44. SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 2:11.66 | 464 | +0,72 | 30.69 | 33.47 | 34.29 | 33.21 |
| 45. MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 2:11.97 | 461 | +0,74 | 30.19 | 33.40 | 34.62 | 33.76 |
| 46. JANUS Tymon | 14 | UKP „Polonia Warszawa” | 2:12.03 | 461 | +0,64 | 30.47 | 34.96 | 35.21 | 31.39 |
| 47. MADEY Ryszard | 15 | UKS GOS Raszyn | 2:12.28 | 458 | +0,66 | 29.06 | 32.86 | 35.80 | 34.56 |
| 48. GEBAUER Wolfgang | 15 | MTP Kormoran Olsztyn | 2:14.16 | 439 | +0,73 | 30.64 | 34.23 | 35.44 | 33.85 |
| 49. KRUPA Borys | 17 | UKP „Polonia Warszawa” | 2:14.49 | 436 | +0,67 | 29.41 | 33.88 | 35.30 | 35.90 |
| 50. LENARD Radosław | 16 | MTP „Lublinianka” | 2:14.55 | 435 | +0,68 | 30.79 | 33.82 | 35.80 | 34.14 |
| 51. MAJEWSKI Piotr | 15 | KP Raw-Swim | 2:16.26 | 419 | +0,71 | 29.59 | 34.65 | 36.54 | 35.48 |
| 52. ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 2:17.55 | 407 | +0,74 | 30.72 | 34.62 | 36.29 | 35.92 |
| 53. PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 2:20.88 | 379 | +0,69 | 31.56 | 36.65 | 37.77 | 34.90 |
| 54. KRYSZCZUK Karol | 17 | UKS Pi tka Konstanyńów | 2:22.03 | 370 | +0,70 | 32.29 | 35.87 | 38.15 | 35.72 |
| DYSKW. SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | | | | |

O1 - Pływak zainicjował start przed sygnałem startu - 4.4

NW ADAMCZYK Jan 20 KS AZS AGH Kraków
NW JA KIEWICZ Adrian 21 UKS G-8 Bielany Warszawa

Konkurencja 12
04.11.2023 - 17:00

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|-----------------|------------|
| Rekord Polski Open | 4:04.23 | JEDRZEJCZAK Otylia | 00114 | Melbourne (AUS) | 25.03.2007 |
| Rekord Polski 19 - 23 | 4:05.84 | JEDRZEJCZAK Otylia | 00114 | Budapeszt (HUN) | 03.08.2006 |
| Rekord Polski 18 | 4:12.62 | UKOWSKA Paula | 00107 | Doha (UAE) | 09.12.2009 |
| Rekord Polski 17 | 4:12.62 | UKOWSKA Paula | 00107 | Doha (UAE) | 09.12.2009 |
| Rekord Polski 16 | 4:12.62 | ZUKOWSKA Paula | 00107 | Doha (QAT) | 09.12.2009 |
| Rekord Polski 15 | 4:16.14 | KNOP Aleksandra | 01605 | Łód | 26.05.2018 |
| Rekord Polski 14 | 4:16.54 | KILIJA SKA Donata | 00612 | Tampere (FIN) | 20.07.2009 |

Minimum - IO - Pary (Francja) Open: 4:07.90 / Minimum - M - Doha (Katar) Open: 4:10.57
Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | | | | | | |
|------------------------------|---------|------------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | | |
| 1. RESZKO Lena | 14 | UKP „Polonia Warszawa” | 4:31.44 | 660 | +0,78 | | | | | | |
| 50m: | 31.17 | 31.17 | 150m: | 1:39.65 | 34.12 | 250m: | 2:49.32 | 34.48 | 350m: | 3:58.31 | 34.24 |
| 100m: | 1:05.53 | 34.36 | 200m: | 2:14.84 | 35.19 | 300m: | 3:24.07 | 34.75 | 400m: | 4:31.44 | 33.13 |
| 2. KUCZMAR Aleksandra | 14 | UKP „Polonia Warszawa” | 4:42.65 | 585 | +0,74 | | | | | | |
| 50m: | 31.59 | 31.59 | 150m: | 1:42.84 | 35.80 | 250m: | 2:55.10 | 36.21 | 350m: | 4:08.28 | 36.81 |
| 100m: | 1:07.04 | 35.45 | 200m: | 2:18.89 | 36.05 | 300m: | 3:31.47 | 36.37 | 400m: | 4:42.65 | 34.37 |
| 3. RUTKOWSKA Maja | 14 | UKS SP-149 Łód | 4:53.38 | 523 | +0,77 | | | | | | |
| 50m: | 33.41 | 33.41 | 150m: | 1:50.24 | 38.72 | 250m: | 3:04.50 | 36.43 | 350m: | 4:18.22 | 36.77 |
| 100m: | 1:11.52 | 38.11 | 200m: | 2:28.07 | 37.83 | 300m: | 3:41.45 | 36.95 | 400m: | 4:53.38 | 35.16 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Dziewcz t, 400m dowolny, JUNIOR MŁODSZY 14 LAT

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|------------------|---------------|-------|--------------------|-------|-------|---------|----------------|-------|---------------|
| 4. | GNA Nadia | | 14 | UKS Tri-Team Rumia | | | | 4:54.54 | 517 | +0,80 |
| | 50m: | 33.28 33.28 | 150m: | 1:47.31 | 37.23 | 250m: | 3:02.44 | 37.73 | 350m: | 4:17.80 37.55 |
| | 100m: | 1:10.08 36.80 | 200m: | 2:24.71 | 37.40 | 300m: | 3:40.25 | 37.81 | 400m: | 4:54.54 36.74 |
| 5. | KOCHANIK Izabela | | 14 | UKS Tri-Team Rumia | | | | 4:56.03 | 509 | +0,67 |
| | 50m: | 33.79 33.79 | 150m: | 1:47.71 | 37.31 | 250m: | 3:03.36 | 37.81 | 350m: | 4:19.71 38.04 |
| | 100m: | 1:10.40 36.61 | 200m: | 2:25.55 | 37.84 | 300m: | 3:41.67 | 38.31 | 400m: | 4:56.03 36.32 |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | |
|----|--------------------|---------------|-------|------------------------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | STUKOVA Yevheniia | | 15 | KS „OLIMPIA” Lublin | | | | 4:44.64 | 572 | +0,66 |
| | 50m: | 33.63 33.63 | 150m: | 1:48.01 | 36.82 | 250m: | 2:59.81 | 35.37 | 350m: | 4:10.90 34.70 |
| | 100m: | 1:11.19 37.56 | 200m: | 2:24.44 | 36.43 | 300m: | 3:36.20 | 36.39 | 400m: | 4:44.64 33.74 |
| 2. | ORNOWSKA Zuzanna | | 15 | UKP „Polonia Warszawa” | | | | 4:49.40 | 545 | +0,77 |
| | 50m: | 32.42 32.42 | 150m: | 1:45.43 | 37.19 | 250m: | 2:59.45 | 37.38 | 350m: | 4:13.89 37.02 |
| | 100m: | 1:08.24 35.82 | 200m: | 2:22.07 | 36.64 | 300m: | 3:36.87 | 37.42 | 400m: | 4:49.40 35.51 |
| 3. | BATYRA Julia | | 15 | UKS SP5 Swim | | | | 4:52.41 | 528 | +0,96 |
| | 50m: | 33.24 33.24 | 150m: | 1:46.70 | 36.93 | 250m: | 3:00.49 | 36.86 | 350m: | 4:15.90 37.65 |
| | 100m: | 1:09.77 36.53 | 200m: | 2:23.63 | 36.93 | 300m: | 3:38.25 | 37.76 | 400m: | 4:52.41 36.51 |
| 4. | BRZozowska Julia | | 15 | KU AZS UMCS Lublin | | | | 4:52.74 | 526 | +0,76 |
| | 50m: | 34.11 34.11 | 150m: | 1:49.32 | 37.62 | 250m: | 3:04.05 | 37.38 | 350m: | 4:17.77 36.14 |
| | 100m: | 1:11.70 37.59 | 200m: | 2:26.67 | 37.35 | 300m: | 3:41.63 | 37.58 | 400m: | 4:52.74 34.97 |
| 5. | KAZANOWSKA Klaudia | | 15 | KU AZS UMCS Lublin | | | | 4:55.51 | 511 | +0,70 |
| | 50m: | 32.79 32.79 | 150m: | 1:46.20 | 36.89 | 250m: | 3:01.32 | 37.78 | 350m: | 4:18.55 38.60 |
| | 100m: | 1:09.31 36.52 | 200m: | 2:23.54 | 37.34 | 300m: | 3:39.95 | 38.63 | 400m: | 4:55.51 36.96 |
| 6. | JABŁO SKA Natalia | | 15 | MTP Kormoran Olsztyn | | | | 4:56.30 | 507 | +0,67 |
| | 50m: | 34.03 34.03 | 150m: | 1:48.48 | 37.45 | 250m: | 3:04.08 | 37.71 | 350m: | 4:19.76 37.71 |
| | 100m: | 1:11.03 37.00 | 200m: | 2:26.37 | 37.89 | 300m: | 3:42.05 | 37.97 | 400m: | 4:56.30 36.54 |
| 7. | SKORYKOW Lena | | 15 | Mokotowski UKP Warszawianka- Wodny | | | | 5:05.89 | 461 | +0,74 |
| | 50m: | 33.59 33.59 | 150m: | 1:50.25 | 38.95 | 250m: | 3:08.87 | 39.40 | 350m: | 4:28.03 39.65 |
| | 100m: | 1:11.30 37.71 | 200m: | 2:29.47 | 39.22 | 300m: | 3:48.38 | 39.51 | 400m: | 5:05.89 37.86 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | | |
|----|-------------------|---------------|-------|-----------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | POPPE Marta | | 16 | KU AZS UMCS Lublin | | | | 4:31.55 | 659 | +0,76 |
| | 50m: | 31.40 31.40 | 150m: | 1:39.84 | 34.34 | 250m: | 2:49.37 | 34.47 | 350m: | 3:58.49 34.52 |
| | 100m: | 1:05.50 34.10 | 200m: | 2:14.90 | 35.06 | 300m: | 3:23.97 | 34.60 | 400m: | 4:31.55 33.06 |
| 2. | WIERNICKA Julia | | 16 | KU AZS UMCS Lublin | | | | 4:33.80 | 643 | +0,81 |
| | 50m: | 31.29 31.29 | 150m: | 1:40.26 | 34.71 | 250m: | 2:49.92 | 34.73 | 350m: | 3:59.90 34.81 |
| | 100m: | 1:05.55 34.26 | 200m: | 2:15.19 | 34.93 | 300m: | 3:25.09 | 35.17 | 400m: | 4:33.80 33.90 |
| 3. | WŁADYCZKA Amelia | | 16 | WKS I sk | | | | 4:36.64 | 624 | +0,75 |
| | 50m: | 30.94 30.94 | 150m: | 1:39.22 | 34.31 | 250m: | 2:49.28 | 35.27 | 350m: | 4:02.10 36.85 |
| | 100m: | 1:04.91 33.97 | 200m: | 2:14.01 | 34.79 | 300m: | 3:25.25 | 35.97 | 400m: | 4:36.64 34.54 |
| 4. | DU KO Julia | | 16 | RWKS Sparta Biłgoraj | | | | 4:37.98 | 615 | +0,76 |
| | 50m: | 32.61 32.61 | 150m: | 1:43.62 | 35.76 | 250m: | 2:53.86 | 34.94 | 350m: | 4:04.41 34.93 |
| | 100m: | 1:07.86 35.25 | 200m: | 2:18.92 | 35.30 | 300m: | 3:29.48 | 35.62 | 400m: | 4:37.98 33.57 |
| 5. | WO AKOWSKA Zofia | | 16 | KU AZS UMCS Lublin | | | | 4:46.04 | 564 | +0,74 |
| | 50m: | 31.98 31.98 | 150m: | 1:44.08 | 36.60 | 250m: | 2:57.40 | 36.67 | 350m: | 4:10.03 36.07 |
| | 100m: | 1:07.48 35.50 | 200m: | 2:20.73 | 36.65 | 300m: | 3:33.96 | 36.56 | 400m: | 4:46.04 36.01 |
| 6. | ZAKRZEWSKA Oliwia | | 16 | UKS Nawa Skierniewice | | | | 4:54.55 | 516 | +0,80 |
| | 50m: | 34.04 34.04 | 150m: | 1:48.97 | 37.74 | 250m: | 3:04.65 | 38.01 | 350m: | 4:19.10 37.00 |
| | 100m: | 1:11.23 37.19 | 200m: | 2:26.64 | 37.67 | 300m: | 3:42.10 | 37.45 | 400m: | 4:54.55 35.45 |
| 7. | DANILEWICZ Julia | | 16 | KS „OLIMPIA” Lublin | | | | 5:10.39 | 441 | +0,75 |
| | 50m: | 33.55 33.55 | 150m: | 1:51.14 | 39.45 | 250m: | 3:11.26 | 40.24 | 350m: | 4:32.04 39.96 |
| | 100m: | 1:11.69 38.14 | 200m: | 2:31.02 | 39.88 | 300m: | 3:52.08 | 40.82 | 400m: | 5:10.39 38.35 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny

JUNIOR 17-18 LAT

| | | | | | | |
|-----|---------------------|---------------------|--------------------------|---------------------|-----|-------|
| 1. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 4:25.66 | 704 | +0,65 |
| | 50m: 30.76 30.76 | 150m: 1:38.16 33.65 | 250m: 2:45.27 33.54 | 350m: 3:52.57 33.62 | | |
| | 100m: 1:04.51 33.75 | 200m: 2:11.73 33.57 | 300m: 3:18.95 33.68 | 400m: 4:25.66 33.09 | | |
| 2. | MACIAK Julia | 17 | IUKS „Muszelka” Warszawa | 4:32.77 | 650 | +0,76 |
| | 50m: 31.15 31.15 | 150m: 1:41.14 35.05 | 250m: 2:50.98 34.87 | 350m: 4:00.07 34.38 | | |
| | 100m: 1:06.09 34.94 | 200m: 2:16.11 34.97 | 300m: 3:25.69 34.71 | 400m: 4:32.77 32.70 | | |
| 3. | KRÓL Gabriela | 17 | KS „Wisła” Puławy | 4:37.72 | 616 | +0,71 |
| | 50m: 31.04 31.04 | 150m: 1:41.62 35.54 | 250m: 2:52.09 34.74 | 350m: 4:02.62 35.13 | | |
| | 100m: 1:06.08 35.04 | 200m: 2:17.35 35.73 | 300m: 3:27.49 35.40 | 400m: 4:37.72 35.10 | | |
| 4. | SAMORAJ Oliwia | 18 | MKS Piaseczno | 4:38.21 | 613 | +0,77 |
| | 50m: 31.93 31.93 | 150m: 1:42.34 35.53 | 250m: 2:53.55 35.44 | 350m: 4:04.82 35.67 | | |
| | 100m: 1:06.81 34.88 | 200m: 2:18.11 35.77 | 300m: 3:29.15 35.60 | 400m: 4:38.21 33.39 | | |
| 5. | RYFKA Maja | 17 | UKP Fala Kra nik | 4:38.38 | 612 | +0,84 |
| | 50m: 30.97 30.97 | 150m: 1:41.62 35.48 | 250m: 2:53.20 35.53 | 350m: 4:04.43 35.25 | | |
| | 100m: 1:06.14 35.17 | 200m: 2:17.67 36.05 | 300m: 3:29.18 35.98 | 400m: 4:38.38 33.95 | | |
| 6. | GAWĘŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 4:40.08 | 601 | +0,63 |
| | 50m: 32.39 32.39 | 150m: 1:43.98 36.02 | 250m: 2:55.22 35.69 | 350m: 4:06.36 35.69 | | |
| | 100m: 1:07.96 35.57 | 200m: 2:19.53 35.55 | 300m: 3:30.67 35.45 | 400m: 4:40.08 33.72 | | |
| 7. | KOSSOWSKA Julita | 18 | UKS 190 Łód | 4:42.16 | 588 | +0,80 |
| | 50m: 32.62 32.62 | 150m: 1:43.34 35.45 | 250m: 2:54.85 35.83 | 350m: 4:07.39 36.18 | | |
| | 100m: 1:07.89 35.27 | 200m: 2:19.02 35.68 | 300m: 3:31.21 36.36 | 400m: 4:42.16 34.77 | | |
| 8. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 4:47.24 | 557 | +0,68 |
| | 50m: 32.46 32.46 | 150m: 1:43.21 35.86 | 250m: 2:56.17 36.49 | 350m: 4:11.48 37.93 | | |
| | 100m: 1:07.35 34.89 | 200m: 2:19.68 36.47 | 300m: 3:33.55 37.38 | 400m: 4:47.24 35.76 | | |
| 9. | SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 4:50.08 | 541 | +0,70 |
| | 50m: 33.18 33.18 | 150m: 1:47.43 37.27 | 250m: 3:01.78 37.26 | 350m: 4:15.14 35.41 | | |
| | 100m: 1:10.16 36.98 | 200m: 2:24.52 37.09 | 300m: 3:39.73 37.95 | 400m: 4:50.08 34.94 | | |
| 10. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 5:02.21 | 478 | +0,65 |
| | 50m: 33.37 33.37 | 150m: 1:50.54 39.30 | 250m: 3:08.22 38.83 | 350m: 4:26.07 38.95 | | |
| | 100m: 1:11.24 37.87 | 200m: 2:29.39 38.85 | 300m: 3:47.12 38.90 | 400m: 5:02.21 36.14 | | |
| 11. | SOSNÓWKA Oliwia | 18 | UKP Fala Kra nik | 5:04.79 | 466 | +0,79 |
| | 50m: 34.70 34.70 | 150m: 1:51.54 38.85 | 250m: 3:09.19 38.58 | 350m: 4:27.20 38.64 | | |
| | 100m: 1:12.69 37.99 | 200m: 2:30.61 39.07 | 300m: 3:48.56 39.37 | 400m: 5:04.79 37.59 | | |
| 12. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 5:16.11 | 418 | +0,72 |
| | 50m: 35.12 35.12 | 150m: 1:52.70 39.44 | 250m: 3:13.14 40.04 | 350m: 4:35.63 41.57 | | |
| | 100m: 1:13.26 38.14 | 200m: 2:33.10 40.40 | 300m: 3:54.06 40.92 | 400m: 5:16.11 40.48 | | |

OPEN

| | | | | | | |
|----|---------------------|---------------------|--------------------------|---------------------|-----|-------|
| 1. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 4:25.66 | 704 | +0,65 |
| | 50m: 30.76 30.76 | 150m: 1:38.16 33.65 | 250m: 2:45.27 33.54 | 350m: 3:52.57 33.62 | | |
| | 100m: 1:04.51 33.75 | 200m: 2:11.73 33.57 | 300m: 3:18.95 33.68 | 400m: 4:25.66 33.09 | | |
| 2. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 4:31.44 | 660 | +0,78 |
| | 50m: 31.17 31.17 | 150m: 1:39.65 34.12 | 250m: 2:49.32 34.48 | 350m: 3:58.31 34.24 | | |
| | 100m: 1:05.53 34.36 | 200m: 2:14.84 35.19 | 300m: 3:24.07 34.75 | 400m: 4:31.44 33.13 | | |
| 3. | POPPE Marta | 16 | KU AZS UMCS Lublin | 4:31.55 | 659 | +0,76 |
| | 50m: 31.40 31.40 | 150m: 1:39.84 34.34 | 250m: 2:49.37 34.47 | 350m: 3:58.49 34.52 | | |
| | 100m: 1:05.50 34.10 | 200m: 2:14.90 35.06 | 300m: 3:23.97 34.60 | 400m: 4:31.55 33.06 | | |
| 4. | MACIAK Julia | 17 | IUKS „Muszelka” Warszawa | 4:32.77 | 650 | +0,76 |
| | 50m: 31.15 31.15 | 150m: 1:41.14 35.05 | 250m: 2:50.98 34.87 | 350m: 4:00.07 34.38 | | |
| | 100m: 1:06.09 34.94 | 200m: 2:16.11 34.97 | 300m: 3:25.69 34.71 | 400m: 4:32.77 32.70 | | |
| 5. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 4:33.80 | 643 | +0,81 |
| | 50m: 31.29 31.29 | 150m: 1:40.26 34.71 | 250m: 2:49.92 34.73 | 350m: 3:59.90 34.81 | | |
| | 100m: 1:05.55 34.26 | 200m: 2:15.19 34.93 | 300m: 3:25.09 35.17 | 400m: 4:33.80 33.90 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR | |
|---------|--------------------|---------------|-------|------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 6. | ŁUCZAK Dominika | | 21 | TP Zielona Góra | | | | 4:35.41 | 632 | +0,70 | |
| | 50m: | 31.90 31.90 | 150m: | 1:41.08 | 34.66 | 250m: | 2:50.98 | 35.07 | 350m: | 4:01.27 | 35.13 |
| | 100m: | 1:06.42 34.52 | 200m: | 2:15.91 | 34.83 | 300m: | 3:26.14 | 35.16 | 400m: | 4:35.41 | 34.14 |
| 7. | WŁADYCZKA Amelia | | 16 | WKS I sk | | | | 4:36.64 | 624 | +0,75 | |
| | 50m: | 30.94 30.94 | 150m: | 1:39.22 | 34.31 | 250m: | 2:49.28 | 35.27 | 350m: | 4:02.10 | 36.85 |
| | 100m: | 1:04.91 33.97 | 200m: | 2:14.01 | 34.79 | 300m: | 3:25.25 | 35.97 | 400m: | 4:36.64 | 34.54 |
| 8. | KRÓL Gabriela | | 17 | KS „Wisła” Puławy | | | | 4:37.72 | 616 | +0,71 | |
| | 50m: | 31.04 31.04 | 150m: | 1:41.62 | 35.54 | 250m: | 2:52.09 | 34.74 | 350m: | 4:02.62 | 35.13 |
| | 100m: | 1:06.08 35.04 | 200m: | 2:17.35 | 35.73 | 300m: | 3:27.49 | 35.40 | 400m: | 4:37.72 | 35.10 |
| 9. | DU KO Julia | | 16 | RWKS Sparta Biłgoraj | | | | 4:37.98 | 615 | +0,76 | |
| | 50m: | 32.61 32.61 | 150m: | 1:43.62 | 35.76 | 250m: | 2:53.86 | 34.94 | 350m: | 4:04.41 | 34.93 |
| | 100m: | 1:07.86 35.25 | 200m: | 2:18.92 | 35.30 | 300m: | 3:29.48 | 35.62 | 400m: | 4:37.98 | 33.57 |
| 10. | SAMORAJ Oliwia | | 18 | MKS Piaseczno | | | | 4:38.21 | 613 | +0,77 | |
| | 50m: | 31.93 31.93 | 150m: | 1:42.34 | 35.53 | 250m: | 2:53.55 | 35.44 | 350m: | 4:04.82 | 35.67 |
| | 100m: | 1:06.81 34.88 | 200m: | 2:18.11 | 35.77 | 300m: | 3:29.15 | 35.60 | 400m: | 4:38.21 | 33.39 |
| 11. | RYFKA Maja | | 17 | UKP Fala Kra nik | | | | 4:38.38 | 612 | +0,84 | |
| | 50m: | 30.97 30.97 | 150m: | 1:41.62 | 35.48 | 250m: | 2:53.20 | 35.53 | 350m: | 4:04.43 | 35.25 |
| | 100m: | 1:06.14 35.17 | 200m: | 2:17.67 | 36.05 | 300m: | 3:29.18 | 35.98 | 400m: | 4:38.38 | 33.95 |
| 12. | GAWEŁKO Zuzanna | | 17 | KU AZS UMCS Lublin | | | | 4:40.08 | 601 | +0,63 | |
| | 50m: | 32.39 32.39 | 150m: | 1:43.98 | 36.02 | 250m: | 2:55.22 | 35.69 | 350m: | 4:06.36 | 35.69 |
| | 100m: | 1:07.96 35.57 | 200m: | 2:19.53 | 35.55 | 300m: | 3:30.67 | 35.45 | 400m: | 4:40.08 | 33.72 |
| 13. | SIWKO Natalia | | 19 | KU AZS UMCS Lublin | | | | 4:41.48 | 592 | +0,74 | |
| | 50m: | 32.08 32.08 | 150m: | 1:43.68 | 35.83 | 250m: | 2:55.41 | 35.94 | 350m: | 4:06.96 | 35.78 |
| | 100m: | 1:07.85 35.77 | 200m: | 2:19.47 | 35.79 | 300m: | 3:31.18 | 35.77 | 400m: | 4:41.48 | 34.52 |
| 14. | KOSSOWSKA Julita | | 18 | UKS 190 Łód | | | | 4:42.16 | 588 | +0,80 | |
| | 50m: | 32.62 32.62 | 150m: | 1:43.34 | 35.45 | 250m: | 2:54.85 | 35.83 | 350m: | 4:07.39 | 36.18 |
| | 100m: | 1:07.89 35.27 | 200m: | 2:19.02 | 35.68 | 300m: | 3:31.21 | 36.36 | 400m: | 4:42.16 | 34.77 |
| 15. | KUCZMAR Aleksandra | | 14 | UKP „Polonia Warszawa” | | | | 4:42.65 | 585 | +0,74 | |
| | 50m: | 31.59 31.59 | 150m: | 1:42.84 | 35.80 | 250m: | 2:55.10 | 36.21 | 350m: | 4:08.28 | 36.81 |
| | 100m: | 1:07.04 35.45 | 200m: | 2:18.89 | 36.05 | 300m: | 3:31.47 | 36.37 | 400m: | 4:42.65 | 34.37 |
| 16. | STUKOVA Yevheniia | | 15 | KS „OLIMPIA” Lublin | | | | 4:44.64 | 572 | +0,66 | |
| | 50m: | 33.63 33.63 | 150m: | 1:48.01 | 36.82 | 250m: | 2:59.81 | 35.37 | 350m: | 4:10.90 | 34.70 |
| | 100m: | 1:11.19 37.56 | 200m: | 2:24.44 | 36.43 | 300m: | 3:36.20 | 36.39 | 400m: | 4:44.64 | 33.74 |
| 17. | WO AKOWSKA Zofia | | 16 | KU AZS UMCS Lublin | | | | 4:46.04 | 564 | +0,74 | |
| | 50m: | 31.98 31.98 | 150m: | 1:44.08 | 36.60 | 250m: | 2:57.40 | 36.67 | 350m: | 4:10.03 | 36.07 |
| | 100m: | 1:07.48 35.50 | 200m: | 2:20.73 | 36.65 | 300m: | 3:33.96 | 36.56 | 400m: | 4:46.04 | 36.01 |
| 18. | KRASZEWSKA Martyna | | 18 | MTP Kormoran Olsztyn | | | | 4:47.24 | 557 | +0,68 | |
| | 50m: | 32.46 32.46 | 150m: | 1:43.21 | 35.86 | 250m: | 2:56.17 | 36.49 | 350m: | 4:11.48 | 37.93 |
| | 100m: | 1:07.35 34.89 | 200m: | 2:19.68 | 36.47 | 300m: | 3:33.55 | 37.38 | 400m: | 4:47.24 | 35.76 |
| 19. | ORNOWSKA Zuzanna | | 15 | UKP „Polonia Warszawa” | | | | 4:49.40 | 545 | +0,77 | |
| | 50m: | 32.42 32.42 | 150m: | 1:45.43 | 37.19 | 250m: | 2:59.45 | 37.38 | 350m: | 4:13.89 | 37.02 |
| | 100m: | 1:08.24 35.82 | 200m: | 2:22.07 | 36.64 | 300m: | 3:36.87 | 37.42 | 400m: | 4:49.40 | 35.51 |
| 20. | SOJKA Oliwia | | 17 | UKS Aqua Team Mikołów | | | | 4:50.08 | 541 | +0,70 | |
| | 50m: | 33.18 33.18 | 150m: | 1:47.43 | 37.27 | 250m: | 3:01.78 | 37.26 | 350m: | 4:15.14 | 35.41 |
| | 100m: | 1:10.16 36.98 | 200m: | 2:24.52 | 37.09 | 300m: | 3:39.73 | 37.95 | 400m: | 4:50.08 | 34.94 |
| 21. | BATYRA Julia | | 15 | UKS SP5 Swim | | | | 4:52.41 | 528 | +0,96 | |
| | 50m: | 33.24 33.24 | 150m: | 1:46.70 | 36.93 | 250m: | 3:00.49 | 36.86 | 350m: | 4:15.90 | 37.65 |
| | 100m: | 1:09.77 36.53 | 200m: | 2:23.63 | 36.93 | 300m: | 3:38.25 | 37.76 | 400m: | 4:52.41 | 36.51 |
| 22. | BRZozowska Julia | | 15 | KU AZS UMCS Lublin | | | | 4:52.74 | 526 | +0,76 | |
| | 50m: | 34.11 34.11 | 150m: | 1:49.32 | 37.62 | 250m: | 3:04.05 | 37.38 | 350m: | 4:17.77 | 36.14 |
| | 100m: | 1:11.70 37.59 | 200m: | 2:26.67 | 37.35 | 300m: | 3:41.63 | 37.58 | 400m: | 4:52.74 | 34.97 |
| 23. | RUTKOWSKA Maja | | 14 | UKS SP-149 Łód | | | | 4:53.38 | 523 | +0,77 | |
| | 50m: | 33.41 33.41 | 150m: | 1:50.24 | 38.72 | 250m: | 3:04.50 | 36.43 | 350m: | 4:18.22 | 36.77 |
| | 100m: | 1:11.52 38.11 | 200m: | 2:28.07 | 37.83 | 300m: | 3:41.45 | 36.95 | 400m: | 4:53.38 | 35.16 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|---------------------|---------------------|------------------------------------|---------------------|-----|-------|--|------|------|----|
| 24. | GNA Nadia | 14 | UKS Tri-Team Rumia | 4:54.54 | 517 | +0,80 | | | | |
| | 50m: 33.28 33.28 | 150m: 1:47.31 37.23 | 250m: 3:02.44 37.73 | 350m: 4:17.80 37.55 | | | | | | |
| | 100m: 1:10.08 36.80 | 200m: 2:24.71 37.40 | 300m: 3:40.25 37.81 | 400m: 4:54.54 36.74 | | | | | | |
| 25. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 4:54.55 | 516 | +0,80 | | | | |
| | 50m: 34.04 34.04 | 150m: 1:48.97 37.74 | 250m: 3:04.65 38.01 | 350m: 4:19.10 37.00 | | | | | | |
| | 100m: 1:11.23 37.19 | 200m: 2:26.64 37.67 | 300m: 3:42.10 37.45 | 400m: 4:54.55 35.45 | | | | | | |
| 26. | KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 4:55.51 | 511 | +0,70 | | | | |
| | 50m: 32.79 32.79 | 150m: 1:46.20 36.89 | 250m: 3:01.32 37.78 | 350m: 4:18.55 38.60 | | | | | | |
| | 100m: 1:09.31 36.52 | 200m: 2:23.54 37.34 | 300m: 3:39.95 38.63 | 400m: 4:55.51 36.96 | | | | | | |
| 27. | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 4:56.03 | 509 | +0,67 | | | | |
| | 50m: 33.79 33.79 | 150m: 1:47.71 37.31 | 250m: 3:03.36 37.81 | 350m: 4:19.71 38.04 | | | | | | |
| | 100m: 1:10.40 36.61 | 200m: 2:25.55 37.84 | 300m: 3:41.67 38.31 | 400m: 4:56.03 36.32 | | | | | | |
| 28. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 4:56.30 | 507 | +0,67 | | | | |
| | 50m: 34.03 34.03 | 150m: 1:48.48 37.45 | 250m: 3:04.08 37.71 | 350m: 4:19.76 37.71 | | | | | | |
| | 100m: 1:11.03 37.00 | 200m: 2:26.37 37.89 | 300m: 3:42.05 37.97 | 400m: 4:56.30 36.54 | | | | | | |
| 29. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 5:02.21 | 478 | +0,65 | | | | |
| | 50m: 33.37 33.37 | 150m: 1:50.54 39.30 | 250m: 3:08.22 38.83 | 350m: 4:26.07 38.95 | | | | | | |
| | 100m: 1:11.24 37.87 | 200m: 2:29.39 38.85 | 300m: 3:47.12 38.90 | 400m: 5:02.21 36.14 | | | | | | |
| 30. | SOSNÓWKA Oliwia | 18 | UKP Fala Kra nik | 5:04.79 | 466 | +0,79 | | | | |
| | 50m: 34.70 34.70 | 150m: 1:51.54 38.85 | 250m: 3:09.19 38.58 | 350m: 4:27.20 38.64 | | | | | | |
| | 100m: 1:12.69 37.99 | 200m: 2:30.61 39.07 | 300m: 3:48.56 39.37 | 400m: 5:04.79 37.59 | | | | | | |
| 31. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | 5:05.89 | 461 | +0,74 | | | | |
| | 50m: 33.59 33.59 | 150m: 1:50.25 38.95 | 250m: 3:08.87 39.40 | 350m: 4:28.03 39.65 | | | | | | |
| | 100m: 1:11.30 37.71 | 200m: 2:29.47 39.22 | 300m: 3:48.38 39.51 | 400m: 5:05.89 37.86 | | | | | | |
| 32. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 5:10.39 | 441 | +0,75 | | | | |
| | 50m: 33.55 33.55 | 150m: 1:51.14 39.45 | 250m: 3:11.26 40.24 | 350m: 4:32.04 39.96 | | | | | | |
| | 100m: 1:11.69 38.14 | 200m: 2:31.02 39.88 | 300m: 3:52.08 40.82 | 400m: 5:10.39 38.35 | | | | | | |
| 33. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 5:16.11 | 418 | +0,72 | | | | |
| | 50m: 35.12 35.12 | 150m: 1:52.70 39.44 | 250m: 3:13.14 40.04 | 350m: 4:35.63 41.57 | | | | | | |
| | 100m: 1:13.26 38.14 | 200m: 2:33.10 40.40 | 300m: 3:54.06 40.92 | 400m: 5:16.11 40.48 | | | | | | |

Konkurencja 13

M czyzn, 400m dowolny

14 lat i starsi

04.11.2023 - 17:17

Wyniki

| | | | | | |
|-----------------------|---------|---------------------|-------|-----------------|------------|
| Rekord Polski Open | 3:45.71 | STANCZYK Przemyslaw | 00116 | Chiba (JPN) | 21.08.2007 |
| Rekord Polski 19 - 23 | 3:45.71 | STANCZYK Przemyslaw | 00116 | Chiba (JPN) | 21.08.2007 |
| Rekord Polski 18 | 3:49.21 | WOJDAK Wojciech | | Dordrecht (NED) | 09.07.2014 |
| Rekord Polski 17 | 3:51.80 | WOJDAK Wojciech | 03106 | Poznan | 10.07.2013 |
| Rekord Polski 16 | 3:56.29 | DASZKIEWICZ Michał | 01006 | Lublin | 11.07.2019 |
| Rekord Polski 15 | 4:00.04 | DASZKIEWICZ Michał | 01006 | Oswiecim | 14.07.2018 |
| Rekord Polski 14 | 4:07.63 | ORLICZ Filip | 05114 | Olsztyn | 09.07.2016 |

Minimum - IO - Pary (Francja) Open: 3:46.78 / Minimum - M - Doha (Katar) Open: 3:48.15

Punkty: FINA 2023

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|------------------------------|-------------------------|---------------------|------------------------|---------------------|-----|-------|--|------|------|----|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | |
| 1. | NOWACKI Mieszko | 14 | KU AZS UMCS Lublin | 4:25.43 | 569 | +0,69 | | | | |
| | 50m: 29.99 29.99 | 150m: 1:37.11 33.43 | 250m: 2:44.66 33.68 | 350m: 3:52.49 33.59 | | | | | | |
| | 100m: 1:03.68 33.69 | 200m: 2:10.98 33.87 | 300m: 3:18.90 34.24 | 400m: 4:25.43 32.94 | | | | | | |
| 2. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 4:28.32 | 551 | +0,68 | | | | |
| | 50m: 30.42 30.42 | 150m: 1:38.37 34.58 | 250m: 2:47.35 34.44 | 350m: 3:55.56 33.79 | | | | | | |
| | 100m: 1:03.79 33.37 | 200m: 2:12.91 34.54 | 300m: 3:21.77 34.42 | 400m: 4:28.32 32.76 | | | | | | |
| 3. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 4:35.22 | 511 | +0,74 | | | | |
| | 50m: 31.33 31.33 | 150m: 1:42.50 36.20 | 250m: 2:54.35 35.42 | 350m: 4:03.98 34.66 | | | | | | |
| | 100m: 1:06.30 34.97 | 200m: 2:18.93 36.43 | 300m: 3:29.32 34.97 | 400m: 4:35.22 31.24 | | | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, Chłopców, 400m dowolny, JUNIOR MŁODSZY 14 LAT

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-------------------|---------------|-------|--|-------|-------|---------|----------------|-------|---------------|
| 4. | SKOCZYLAS Bartosz | | 14 | KU AZS UMCS Lublin | | | | 4:39.60 | 487 | +0,67 |
| | 50m: | 31.54 31.54 | 150m: | 1:42.68 | 35.80 | 250m: | 2:54.22 | 35.65 | 350m: | 4:05.86 35.64 |
| | 100m: | 1:06.88 35.34 | 200m: | 2:18.57 | 35.89 | 300m: | 3:30.22 | 36.00 | 400m: | 4:39.60 33.74 |
| 5. | FRONCZEK Błażej | | 14 | KU AZS UMCS Lublin | | | | 4:40.34 | 483 | +0,54 |
| | 50m: | 31.76 31.76 | 150m: | 1:43.85 | 36.11 | 250m: | 2:56.27 | 36.18 | 350m: | 4:07.40 35.24 |
| | 100m: | 1:07.74 35.98 | 200m: | 2:20.09 | 36.24 | 300m: | 3:32.16 | 35.89 | 400m: | 4:40.34 32.94 |
| 6. | WŁODARCZYK Michał | | 14 | UKP „Polonia Warszawa” | | | | 4:43.91 | 465 | +0,67 |
| | 50m: | 30.78 30.78 | 150m: | 1:41.91 | 35.75 | 250m: | 2:53.93 | 36.20 | 350m: | 4:07.36 36.76 |
| | 100m: | 1:06.16 35.38 | 200m: | 2:17.73 | 35.82 | 300m: | 3:30.60 | 36.67 | 400m: | 4:43.91 36.55 |
| 7. | SAPKOWSKI Michał | | 14 | Mi. dzyszkołny UKS „Olimpijczyk” Suwałki | | | | 4:57.47 | 404 | +0,67 |
| | 50m: | 30.73 30.73 | 150m: | 1:45.48 | 38.32 | 250m: | 3:03.72 | 38.95 | 350m: | 4:21.17 38.62 |
| | 100m: | 1:07.16 36.43 | 200m: | 2:24.77 | 39.29 | 300m: | 3:42.55 | 38.83 | 400m: | 4:57.47 36.30 |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | |
|----|-----------------------|---------------|-------|------------------------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | CHARKOT Krzysztof | | 15 | KU AZS UMCS Lublin | | | | 4:16.82 | 629 | +0,70 |
| | 50m: | 29.46 29.46 | 150m: | 1:34.25 | 32.70 | 250m: | 2:40.02 | 33.13 | 350m: | 3:46.02 32.85 |
| | 100m: | 1:01.55 32.09 | 200m: | 2:06.89 | 32.64 | 300m: | 3:13.17 | 33.15 | 400m: | 4:16.82 30.80 |
| 2. | GWIAZDOWSKI Krzysztof | | 15 | MKS Piaseczno | | | | 4:19.26 | 611 | +0,60 |
| | 50m: | 29.58 29.58 | 150m: | 1:35.04 | 33.23 | 250m: | 2:41.56 | 33.04 | 350m: | 3:47.68 33.10 |
| | 100m: | 1:01.81 32.23 | 200m: | 2:08.52 | 33.48 | 300m: | 3:14.58 | 33.02 | 400m: | 4:19.26 31.58 |
| 3. | KRAWCZYK Jakub | | 15 | Mokotowski UKP Warszawianka- Wodny | | | | 4:20.76 | 601 | +0,75 |
| | 50m: | 29.22 29.22 | 150m: | 1:34.76 | 33.39 | 250m: | 2:41.12 | 33.24 | 350m: | 3:48.14 33.67 |
| | 100m: | 1:01.37 32.15 | 200m: | 2:07.88 | 33.12 | 300m: | 3:14.47 | 33.35 | 400m: | 4:20.76 32.62 |
| 4. | WASILEWSKI Mateusz | | 15 | KU AZS UMCS Lublin | | | | 4:22.32 | 590 | +0,71 |
| | 50m: | 29.42 29.42 | 150m: | 1:35.40 | 33.47 | 250m: | 2:42.81 | 33.95 | 350m: | 3:50.60 33.73 |
| | 100m: | 1:01.93 32.51 | 200m: | 2:08.86 | 33.46 | 300m: | 3:16.87 | 34.06 | 400m: | 4:22.32 31.72 |
| 5. | OL DZKI Daniel | | 15 | UKP „Polonia Warszawa” | | | | 4:29.26 | 545 | +0,77 |
| | 50m: | 29.67 29.67 | 150m: | 1:37.19 | 34.40 | 250m: | 2:47.22 | 34.94 | 350m: | 3:58.08 35.43 |
| | 100m: | 1:02.79 33.12 | 200m: | 2:12.28 | 35.09 | 300m: | 3:22.65 | 35.43 | 400m: | 4:29.26 31.18 |
| 6. | KARWAT Bartłomiej | | 15 | UKS Nawa Skierniewice | | | | 4:32.63 | 525 | +0,64 |
| | 50m: | 29.46 29.46 | 150m: | 1:37.99 | 34.87 | 250m: | 2:48.92 | 35.41 | 350m: | 3:59.02 34.36 |
| | 100m: | 1:03.12 33.66 | 200m: | 2:13.51 | 35.52 | 300m: | 3:24.66 | 35.74 | 400m: | 4:32.63 33.61 |
| 7. | FRONCZEK Miłosz | | 15 | KU AZS UMCS Lublin | | | | 4:33.00 | 523 | +0,65 |
| | 50m: | 31.18 31.18 | 150m: | 1:39.96 | 35.08 | 250m: | 2:49.77 | 35.03 | 350m: | 3:59.64 35.35 |
| | 100m: | 1:04.88 33.70 | 200m: | 2:14.74 | 34.78 | 300m: | 3:24.29 | 34.52 | 400m: | 4:33.00 33.36 |
| 8. | JOACHIMOWICZ Patryk | | 15 | KU AZS UMCS Lublin | | | | 4:35.61 | 509 | +0,69 |
| | 50m: | 28.94 28.94 | 150m: | 1:36.98 | 34.88 | 250m: | 2:48.45 | 35.97 | 350m: | 4:00.68 36.27 |
| | 100m: | 1:02.10 33.16 | 200m: | 2:12.48 | 35.50 | 300m: | 3:24.41 | 35.96 | 400m: | 4:35.61 34.93 |
| 9. | GEBAUER Wolfgang | | 15 | MTP Kormoran Olsztyn | | | | 4:40.02 | 485 | +0,74 |
| | 50m: | 31.14 31.14 | 150m: | 1:42.20 | 35.92 | 250m: | 2:54.83 | 36.48 | 350m: | 4:06.44 35.36 |
| | 100m: | 1:06.28 35.14 | 200m: | 2:18.35 | 36.15 | 300m: | 3:31.08 | 36.25 | 400m: | 4:40.02 33.58 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | | |
|----|---------------------------------|---------------|-------|--------------------|-------|-------|---------|----------------|-------|---------------|
| 1. | PONIEWA Oliwier | | 16 | KU AZS UMCS Lublin | | | | 4:15.00 | 642 | +0,68 |
| | 50m: | 29.37 29.37 | 150m: | 1:33.08 | 32.30 | 250m: | 2:38.45 | 31.71 | 350m: | |
| | 100m: | 1:00.78 31.41 | 200m: | 2:06.74 | 33.66 | 300m: | 3:12.28 | 33.83 | 400m: | 4:15.00 |
| 2. | REDZI SKI VEL RYDZY SKI Mateusz | | 16 | KU AZS UMCS Lublin | | | | 4:17.75 | 622 | +0,67 |
| | 50m: | 29.03 29.03 | 150m: | 1:34.83 | 33.24 | 250m: | 2:40.94 | 32.93 | 350m: | 3:46.72 32.94 |
| | 100m: | 1:01.59 32.56 | 200m: | 2:08.01 | 33.18 | 300m: | 3:13.78 | 32.84 | 400m: | 4:17.75 31.03 |
| 3. | KRASKA Mateusz | | 16 | KU AZS UMCS Lublin | | | | 4:18.52 | 616 | +0,64 |
| | 50m: | 28.93 28.93 | 150m: | 1:33.75 | 32.91 | 250m: | 2:40.87 | 33.51 | 350m: | 3:47.21 32.70 |
| | 100m: | 1:00.84 31.91 | 200m: | 2:07.36 | 33.61 | 300m: | 3:14.51 | 33.64 | 400m: | 4:18.52 31.31 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, Chłopców, 400m dowolny, JUNIOR MŁODSZY 16 LAT

| Pozycja | | | Wiek | | | | | | Czas | Pkt. | CR |
|---------|---------------------|---------------|------------------------|---------------|-------|---------------|----------------|-----|-------|------|----|
| 4. | KANCZKOWSKI Szymon | 16 | UKS Tri-Team Rumia | | | | 4:25.54 | 569 | +0,83 | | |
| | 50m: 30.97 30.97 | 150m: 1:39.03 | 34.35 | 250m: 2:47.41 | 33.97 | 350m: 3:54.63 | 33.20 | | | | |
| | 100m: 1:04.68 33.71 | 200m: 2:13.44 | 34.41 | 300m: 3:21.43 | 34.02 | 400m: 4:25.54 | 30.91 | | | | |
| 5. | ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | | | | 4:26.98 | 560 | +0,72 | | |
| | 50m: 29.36 29.36 | 150m: 1:36.21 | 33.81 | 250m: 2:45.16 | 34.36 | 350m: 3:53.70 | 34.24 | | | | |
| | 100m: 1:02.40 33.04 | 200m: 2:10.80 | 34.59 | 300m: 3:19.46 | 34.30 | 400m: 4:26.98 | 33.28 | | | | |
| 6. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | | | | 4:29.05 | 547 | +0,62 | | |
| | 50m: 28.11 28.11 | 150m: 1:35.98 | 34.70 | 250m: 2:45.79 | 35.25 | 350m: 3:56.29 | 35.31 | | | | |
| | 100m: 1:01.28 33.17 | 200m: 2:10.54 | 34.56 | 300m: 3:20.98 | 35.19 | 400m: 4:29.05 | 32.76 | | | | |
| 7. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | | | | 4:41.64 | 477 | +0,76 | | |
| | 50m: 29.81 29.81 | 150m: 1:41.72 | 36.76 | 250m: 2:55.12 | 36.86 | 350m: 4:07.24 | 35.60 | | | | |
| | 100m: 1:04.96 35.15 | 200m: 2:18.26 | 36.54 | 300m: 3:31.64 | 36.52 | 400m: 4:41.64 | 34.40 | | | | |
| 8. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | | | | 4:51.23 | 431 | +0,80 | | |
| | 50m: 33.26 33.26 | 150m: 1:46.39 | 36.50 | 250m: 3:00.94 | 37.27 | 350m: 4:15.43 | 36.91 | | | | |
| | 100m: 1:09.89 36.63 | 200m: 2:23.67 | 37.28 | 300m: 3:38.52 | 37.58 | 400m: 4:51.23 | 35.80 | | | | |

JUNIOR 17-18 LAT

| | | | | | | | | | |
|-----|-----------------------------|---------------|--------------------------|---------------|-------|---------------|----------------|-----|-------|
| 1. | RYNKIEWICZ Jakub | 18 | KU AZS UMCS Lublin | | | | 4:04.37 | 730 | +0,64 |
| | 50m: 28.01 28.01 | 150m: 1:29.97 | 31.23 | 250m: 2:32.61 | 31.29 | 350m: 3:34.95 | 31.02 | | |
| | 100m: 58.74 30.73 | 200m: 2:01.32 | 31.35 | 300m: 3:03.93 | 31.32 | 400m: 4:04.37 | 29.42 | | |
| 2. | LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | | | | 4:07.17 | 705 | +0,72 |
| | 50m: 28.73 28.73 | 150m: 1:30.54 | 31.20 | 250m: 2:33.22 | 31.29 | 350m: 3:36.44 | 31.60 | | |
| | 100m: 59.34 30.61 | 200m: 2:01.93 | 31.39 | 300m: 3:04.84 | 31.62 | 400m: 4:07.17 | 30.73 | | |
| 3. | HEBEL Maciej | 18 | AZS AWF Katowice | | | | 4:08.59 | 693 | +0,67 |
| | 50m: 28.62 28.62 | 150m: 1:31.07 | 31.65 | 250m: 2:34.10 | 31.45 | 350m: 3:37.26 | 31.54 | | |
| | 100m: 59.42 30.80 | 200m: 2:02.65 | 31.58 | 300m: 3:05.72 | 31.62 | 400m: 4:08.59 | 31.33 | | |
| 4. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | | | | 4:15.10 | 642 | +0,80 |
| | 50m: 29.51 29.51 | 150m: 1:33.74 | 32.64 | 250m: 2:39.50 | 33.22 | 350m: 3:45.75 | 33.11 | | |
| | 100m: 1:01.10 31.59 | 200m: 2:06.28 | 32.54 | 300m: 3:12.64 | 33.14 | 400m: 4:15.10 | 29.35 | | |
| 5. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | | | | 4:15.98 | 635 | +0,77 |
| | 50m: 29.18 29.18 | 150m: 1:35.68 | 33.46 | 250m: 2:40.87 | 32.56 | 350m: 3:45.49 | 31.97 | | |
| | 100m: 1:02.22 33.04 | 200m: 2:08.31 | 32.63 | 300m: 3:13.52 | 32.65 | 400m: 4:15.98 | 30.49 | | |
| 6. | KOWALI SKI Adrian | 17 | WKS I sk | | | | 4:21.73 | 594 | +0,72 |
| | 50m: 29.68 29.68 | 150m: 1:34.48 | 33.06 | 250m: 2:40.80 | 33.53 | 350m: 3:48.86 | 34.21 | | |
| | 100m: 1:01.42 31.74 | 200m: 2:07.27 | 32.79 | 300m: 3:14.65 | 33.85 | 400m: 4:21.73 | 32.87 | | |
| 7. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | | | | 4:22.08 | 592 | +0,67 |
| | 50m: 30.50 30.50 | 150m: 1:35.88 | 32.95 | 250m: 2:42.30 | 33.20 | 350m: 3:49.25 | 33.37 | | |
| | 100m: 1:02.93 32.43 | 200m: 2:09.10 | 33.22 | 300m: 3:15.88 | 33.58 | 400m: 4:22.08 | 32.83 | | |
| 8. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | | | | 4:22.18 | 591 | +0,77 |
| | 50m: 29.28 29.28 | 150m: 1:35.40 | 33.54 | 250m: 2:42.22 | 33.70 | 350m: 3:49.47 | 33.55 | | |
| | 100m: 1:01.86 32.58 | 200m: 2:08.52 | 33.12 | 300m: 3:15.92 | 33.70 | 400m: 4:22.18 | 32.71 | | |
| 9. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | | | | 4:27.82 | 554 | +0,81 |
| | 50m: 30.33 30.33 | 150m: 1:38.41 | 33.76 | 250m: 2:46.88 | 34.12 | 350m: 3:55.21 | 33.70 | | |
| | 100m: 1:04.65 34.32 | 200m: 2:12.76 | 34.35 | 300m: 3:21.51 | 34.63 | 400m: 4:27.82 | 32.61 | | |
| 10. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | | | | 4:30.98 | 535 | +0,71 |
| | 50m: 30.62 30.62 | 150m: 1:39.28 | 34.65 | 250m: 2:48.80 | 34.59 | 350m: 3:57.72 | 34.21 | | |
| | 100m: 1:04.63 34.01 | 200m: 2:14.21 | 34.93 | 300m: 3:23.51 | 34.71 | 400m: 4:30.98 | 33.26 | | |
| 11. | JANKIEWICZ DELGADO Jarosław | 17 | UKS Nawa Skierniewice | | | | 4:40.29 | 484 | +0,71 |
| | 50m: 30.51 30.51 | 150m: 1:38.79 | 34.72 | 250m: 2:50.30 | 36.09 | 350m: 4:04.19 | 37.38 | | |
| | 100m: 1:04.07 33.56 | 200m: 2:14.21 | 35.42 | 300m: 3:26.81 | 36.51 | 400m: 4:40.29 | 36.10 | | |
| 12. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | | | | 5:04.38 | 377 | +0,68 |
| | 50m: 32.17 32.17 | 150m: 1:47.46 | 38.31 | 250m: 3:06.29 | 39.71 | 350m: 4:27.22 | 40.22 | | |
| | 100m: 1:09.15 36.98 | 200m: 2:26.58 | 39.12 | 300m: 3:47.00 | 40.71 | 400m: 5:04.38 | 37.16 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, M czyzn, 400m dowolny

OPEN

| | | | | | | |
|-----|---------------------------------|---------------------|------------------------------------|---------------------|-----|-------|
| 1. | SIERADZKI Kamil | 21 | AZS AWF Katowice | 4:01.88 | 753 | +0,72 |
| | 50m: 27.33 27.33 | 150m: 1:28.57 30.76 | 250m: 2:31.02 31.41 | 350m: 3:32.87 30.84 | | |
| | 100m: 57.81 30.48 | 200m: 1:59.61 31.04 | 300m: 3:02.03 31.01 | 400m: 4:01.88 29.01 | | |
| 2. | CHRZANOWSKI Damian | 25 | WKS I sk | 4:02.45 | 747 | +0,65 |
| | 50m: 27.69 27.69 | 150m: 1:28.98 30.94 | 250m: 2:31.02 30.99 | 350m: 3:33.05 30.88 | | |
| | 100m: 58.04 30.35 | 200m: 2:00.03 31.05 | 300m: 3:02.17 31.15 | 400m: 4:02.45 29.40 | | |
| 3. | RYNKIEWICZ Jakub | 18 | KU AZS UMCS Lublin | 4:04.37 | 730 | +0,64 |
| | 50m: 28.01 28.01 | 150m: 1:29.97 31.23 | 250m: 2:32.61 31.29 | 350m: 3:34.95 31.02 | | |
| | 100m: 58.74 30.73 | 200m: 2:01.32 31.35 | 300m: 3:03.93 31.32 | 400m: 4:04.37 29.42 | | |
| 4. | LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | 4:07.17 | 705 | +0,72 |
| | 50m: 28.73 28.73 | 150m: 1:30.54 31.20 | 250m: 2:33.22 31.29 | 350m: 3:36.44 31.60 | | |
| | 100m: 59.34 30.61 | 200m: 2:01.93 31.39 | 300m: 3:04.84 31.62 | 400m: 4:07.17 30.73 | | |
| 5. | GRZEGORCZYK Wiktor | 21 | AZS AWF Warszawa | 4:08.02 | 698 | +0,68 |
| | 50m: 28.72 28.72 | 150m: 1:32.20 31.80 | 250m: 2:36.60 32.38 | 350m: 3:38.14 30.58 | | |
| | 100m: 1:00.40 31.68 | 200m: 2:04.22 32.02 | 300m: 3:07.56 30.96 | 400m: 4:08.02 29.88 | | |
| 6. | HEBEL Maciej | 18 | AZS AWF Katowice | 4:08.59 | 693 | +0,67 |
| | 50m: 28.62 28.62 | 150m: 1:31.07 31.65 | 250m: 2:34.10 31.45 | 350m: 3:37.26 31.54 | | |
| | 100m: 59.42 30.80 | 200m: 2:02.65 31.58 | 300m: 3:05.72 31.62 | 400m: 4:08.59 31.33 | | |
| 7. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 4:15.00 | 642 | +0,68 |
| | 50m: 29.37 29.37 | 150m: 1:33.08 32.30 | 250m: 2:38.45 31.71 | 350m: | | |
| | 100m: 1:00.78 31.41 | 200m: 2:06.74 33.66 | 300m: 3:12.28 33.83 | 400m: 4:15.00 | | |
| 8. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 4:15.10 | 642 | +0,80 |
| | 50m: 29.51 29.51 | 150m: 1:33.74 32.64 | 250m: 2:39.50 33.22 | 350m: 3:45.75 33.11 | | |
| | 100m: 1:01.10 31.59 | 200m: 2:06.28 32.54 | 300m: 3:12.64 33.14 | 400m: 4:15.10 29.35 | | |
| 9. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 4:15.98 | 635 | +0,77 |
| | 50m: 29.18 29.18 | 150m: 1:35.68 33.46 | 250m: 2:40.87 32.56 | 350m: 3:45.49 31.97 | | |
| | 100m: 1:02.22 33.04 | 200m: 2:08.31 32.63 | 300m: 3:13.52 32.65 | 400m: 4:15.98 30.49 | | |
| 10. | CHARKOT Krzysztof | 15 | KU AZS UMCS Lublin | 4:16.82 | 629 | +0,70 |
| | 50m: 29.46 29.46 | 150m: 1:34.25 32.70 | 250m: 2:40.02 33.13 | 350m: 3:46.02 32.85 | | |
| | 100m: 1:01.55 32.09 | 200m: 2:06.89 32.64 | 300m: 3:13.17 33.15 | 400m: 4:16.82 30.80 | | |
| 11. | REDZI SKI VEL RYDZY SKI Mateusz | 16 | KU AZS UMCS Lublin | 4:17.75 | 622 | +0,67 |
| | 50m: 29.03 29.03 | 150m: 1:34.83 33.24 | 250m: 2:40.94 32.93 | 350m: 3:46.72 32.94 | | |
| | 100m: 1:01.59 32.56 | 200m: 2:08.01 33.18 | 300m: 3:13.78 32.84 | 400m: 4:17.75 31.03 | | |
| 12. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 4:18.52 | 616 | +0,64 |
| | 50m: 28.93 28.93 | 150m: 1:33.75 32.91 | 250m: 2:40.87 33.51 | 350m: 3:47.21 32.70 | | |
| | 100m: 1:00.84 31.91 | 200m: 2:07.36 33.61 | 300m: 3:14.51 33.64 | 400m: 4:18.52 31.31 | | |
| 13. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 4:19.26 | 611 | +0,60 |
| | 50m: 29.58 29.58 | 150m: 1:35.04 33.23 | 250m: 2:41.56 33.04 | 350m: 3:47.68 33.10 | | |
| | 100m: 1:01.81 32.23 | 200m: 2:08.52 33.48 | 300m: 3:14.58 33.02 | 400m: 4:19.26 31.58 | | |
| 14. | CHAŁAT Wojciech | 19 | KU AZS UMCS Lublin | 4:19.43 | 610 | +0,72 |
| | 50m: 29.74 29.74 | 150m: 1:35.35 33.06 | 250m: 2:41.81 33.08 | 350m: 3:47.50 32.60 | | |
| | 100m: 1:02.29 32.55 | 200m: 2:08.73 33.38 | 300m: 3:14.90 33.09 | 400m: 4:19.43 31.93 | | |
| 15. | GOŁACKI Sergiusz | 19 | UKS 190 Łódź | 4:19.87 | 607 | +0,70 |
| | 50m: 29.84 29.84 | 150m: 1:36.45 33.47 | 250m: 2:42.46 32.65 | 350m: 3:47.94 32.70 | | |
| | 100m: 1:02.98 33.14 | 200m: 2:09.81 33.36 | 300m: 3:15.24 32.78 | 400m: 4:19.87 31.93 | | |
| 16. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wodny | 4:20.76 | 601 | +0,75 |
| | 50m: 29.22 29.22 | 150m: 1:34.76 33.39 | 250m: 2:41.12 33.24 | 350m: 3:48.14 33.67 | | |
| | 100m: 1:01.37 32.15 | 200m: 2:07.88 33.12 | 300m: 3:14.47 33.35 | 400m: 4:20.76 32.62 | | |
| 17. | KOWALI SKI Adrian | 17 | WKS I sk | 4:21.73 | 594 | +0,72 |
| | 50m: 29.68 29.68 | 150m: 1:34.48 33.06 | 250m: 2:40.80 33.53 | 350m: 3:48.86 34.21 | | |
| | 100m: 1:01.42 31.74 | 200m: 2:07.27 32.79 | 300m: 3:14.65 33.85 | 400m: 4:21.73 32.87 | | |
| 18. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 4:22.08 | 592 | +0,67 |
| | 50m: 30.50 30.50 | 150m: 1:35.88 32.95 | 250m: 2:42.30 33.20 | 350m: 3:49.25 33.37 | | |
| | 100m: 1:02.93 32.43 | 200m: 2:09.10 33.22 | 300m: 3:15.88 33.58 | 400m: 4:22.08 32.83 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, M czynn, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-------------------------|---------------|------------------------|----------------|-------|---------------|-------|------|------|----|
| 19. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 4:22.18 | 591 | +0,77 | | | | |
| | 50m: 29.28 29.28 | 150m: 1:35.40 | 33.54 | 250m: 2:42.22 | 33.70 | 350m: 3:49.47 | 33.55 | | | |
| | 100m: 1:01.86 32.58 | 200m: 2:08.52 | 33.12 | 300m: 3:15.92 | 33.70 | 400m: 4:22.18 | 32.71 | | | |
| 20. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 4:22.32 | 590 | +0,71 | | | | |
| | 50m: 29.42 29.42 | 150m: 1:35.40 | 33.47 | 250m: 2:42.81 | 33.95 | 350m: 3:50.60 | 33.73 | | | |
| | 100m: 1:01.93 32.51 | 200m: 2:08.86 | 33.46 | 300m: 3:16.87 | 34.06 | 400m: 4:22.32 | 31.72 | | | |
| 21. | NOWACKI Mieszko | 14 | KU AZS UMCS Lublin | 4:25.43 | 569 | +0,69 | | | | |
| | 50m: 29.99 29.99 | 150m: 1:37.11 | 33.43 | 250m: 2:44.66 | 33.68 | 350m: 3:52.49 | 33.59 | | | |
| | 100m: 1:03.68 33.69 | 200m: 2:10.98 | 33.87 | 300m: 3:18.90 | 34.24 | 400m: 4:25.43 | 32.94 | | | |
| 22. | KANCZKOWSKI Szymon | 16 | UKS Tri-Team Rumia | 4:25.54 | 569 | +0,83 | | | | |
| | 50m: 30.97 30.97 | 150m: 1:39.03 | 34.35 | 250m: 2:47.41 | 33.97 | 350m: 3:54.63 | 33.20 | | | |
| | 100m: 1:04.68 33.71 | 200m: 2:13.44 | 34.41 | 300m: 3:21.43 | 34.02 | 400m: 4:25.54 | 30.91 | | | |
| 23. | ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 4:26.98 | 560 | +0,72 | | | | |
| | 50m: 29.36 29.36 | 150m: 1:36.21 | 33.81 | 250m: 2:45.16 | 34.36 | 350m: 3:53.70 | 34.24 | | | |
| | 100m: 1:02.40 33.04 | 200m: 2:10.80 | 34.59 | 300m: 3:19.46 | 34.30 | 400m: 4:26.98 | 33.28 | | | |
| 24. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 4:27.82 | 554 | +0,81 | | | | |
| | 50m: 30.33 30.33 | 150m: 1:38.41 | 33.76 | 250m: 2:46.88 | 34.12 | 350m: 3:55.21 | 33.70 | | | |
| | 100m: 1:04.65 34.32 | 200m: 2:12.76 | 34.35 | 300m: 3:21.51 | 34.63 | 400m: 4:27.82 | 32.61 | | | |
| 25. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 4:28.32 | 551 | +0,68 | | | | |
| | 50m: 30.42 30.42 | 150m: 1:38.37 | 34.58 | 250m: 2:47.35 | 34.44 | 350m: 3:55.56 | 33.79 | | | |
| | 100m: 1:03.79 33.37 | 200m: 2:12.91 | 34.54 | 300m: 3:21.77 | 34.42 | 400m: 4:28.32 | 32.76 | | | |
| 26. | BIELI SKI Bartosz | 16 | KU AZS UMCS Lublin | 4:29.05 | 547 | +0,62 | | | | |
| | 50m: 28.11 28.11 | 150m: 1:35.98 | 34.70 | 250m: 2:45.79 | 35.25 | 350m: 3:56.29 | 35.31 | | | |
| | 100m: 1:01.28 33.17 | 200m: 2:10.54 | 34.56 | 300m: 3:20.98 | 35.19 | 400m: 4:29.05 | 32.76 | | | |
| 27. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 4:29.26 | 545 | +0,77 | | | | |
| | 50m: 29.67 29.67 | 150m: 1:37.19 | 34.40 | 250m: 2:47.22 | 34.94 | 350m: 3:58.08 | 35.43 | | | |
| | 100m: 1:02.79 33.12 | 200m: 2:12.28 | 35.09 | 300m: 3:22.65 | 35.43 | 400m: 4:29.26 | 31.18 | | | |
| 28. | KRYSTY SKI Aleksander | 19 | KS AZS AGH Kraków | 4:30.70 | 537 | +0,74 | | | | |
| | 50m: 29.82 29.82 | 150m: 1:38.02 | 35.01 | 250m: 2:47.62 | 34.65 | 350m: 3:56.81 | 34.85 | | | |
| | 100m: 1:03.01 33.19 | 200m: 2:12.97 | 34.95 | 300m: 3:21.96 | 34.34 | 400m: 4:30.70 | 33.89 | | | |
| 29. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 4:30.98 | 535 | +0,71 | | | | |
| | 50m: 30.62 30.62 | 150m: 1:39.28 | 34.65 | 250m: 2:48.80 | 34.59 | 350m: 3:57.72 | 34.21 | | | |
| | 100m: 1:04.63 34.01 | 200m: 2:14.21 | 34.93 | 300m: 3:23.51 | 34.71 | 400m: 4:30.98 | 33.26 | | | |
| 30. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 4:32.63 | 525 | +0,64 | | | | |
| | 50m: 29.46 29.46 | 150m: 1:37.99 | 34.87 | 250m: 2:48.92 | 35.41 | 350m: 3:59.02 | 34.36 | | | |
| | 100m: 1:03.12 33.66 | 200m: 2:13.51 | 35.52 | 300m: 3:24.66 | 35.74 | 400m: 4:32.63 | 33.61 | | | |
| 31. | RÓ ALSKI Marcin | 19 | KS AZS AGH Kraków | 4:32.78 | 525 | +0,69 | | | | |
| | 50m: 30.26 30.26 | 150m: 1:38.24 | 34.43 | 250m: 2:47.81 | 34.58 | 350m: 3:58.56 | 35.16 | | | |
| | 100m: 1:03.81 33.55 | 200m: 2:13.23 | 34.99 | 300m: 3:23.40 | 35.59 | 400m: 4:32.78 | 34.22 | | | |
| 32. | FRONCZEK Miłosz | 15 | KU AZS UMCS Lublin | 4:33.00 | 523 | +0,65 | | | | |
| | 50m: 31.18 31.18 | 150m: 1:39.96 | 35.08 | 250m: 2:49.77 | 35.03 | 350m: 3:59.64 | 35.35 | | | |
| | 100m: 1:04.88 33.70 | 200m: 2:14.74 | 34.78 | 300m: 3:24.29 | 34.52 | 400m: 4:33.00 | 33.36 | | | |
| 33. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 4:35.22 | 511 | +0,74 | | | | |
| | 50m: 31.33 31.33 | 150m: 1:42.50 | 36.20 | 250m: 2:54.35 | 35.42 | 350m: 4:03.98 | 34.66 | | | |
| | 100m: 1:06.30 34.97 | 200m: 2:18.93 | 36.43 | 300m: 3:29.32 | 34.97 | 400m: 4:35.22 | 31.24 | | | |
| 34. | JOACHIMOWICZ Patryk | 15 | KU AZS UMCS Lublin | 4:35.61 | 509 | +0,69 | | | | |
| | 50m: 28.94 28.94 | 150m: 1:36.98 | 34.88 | 250m: 2:48.45 | 35.97 | 350m: 4:00.68 | 36.27 | | | |
| | 100m: 1:02.10 33.16 | 200m: 2:12.48 | 35.50 | 300m: 3:24.41 | 35.96 | 400m: 4:35.61 | 34.93 | | | |
| 35. | SKOCZYLAS Bartosz | 14 | KU AZS UMCS Lublin | 4:39.60 | 487 | +0,67 | | | | |
| | 50m: 31.54 31.54 | 150m: 1:42.68 | 35.80 | 250m: 2:54.22 | 35.65 | 350m: 4:05.86 | 35.64 | | | |
| | 100m: 1:06.88 35.34 | 200m: 2:18.57 | 35.89 | 300m: 3:30.22 | 36.00 | 400m: 4:39.60 | 33.74 | | | |
| 36. | GEBAUER Wolfgang | 15 | MTP Kormoran Olsztyn | 4:40.02 | 485 | +0,74 | | | | |
| | 50m: 31.14 31.14 | 150m: 1:42.20 | 35.92 | 250m: 2:54.83 | 36.48 | 350m: 4:06.44 | 35.36 | | | |
| | 100m: 1:06.28 35.14 | 200m: 2:18.35 | 36.15 | 300m: 3:31.08 | 36.25 | 400m: 4:40.02 | 33.58 | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, Mężczyzn, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-----------------------------|---------------|---|----------------|-------|---------------|-------|------|------|----|
| 37. | JANKIEWICZ DELGADO Jarosław | 17 | UKS Nawa Skierniewice | 4:40.29 | 484 | +0,71 | | | | |
| | 50m: 30.51 30.51 | 150m: 1:38.79 | 34.72 | 250m: 2:50.30 | 36.09 | 350m: 4:04.19 | 37.38 | | | |
| | 100m: 1:04.07 33.56 | 200m: 2:14.21 | 35.42 | 300m: 3:26.81 | 36.51 | 400m: 4:40.29 | 36.10 | | | |
| 38. | FRONCZEK Błażej | 14 | KU AZS UMCS Lublin | 4:40.34 | 483 | +0,54 | | | | |
| | 50m: 31.76 31.76 | 150m: 1:43.85 | 36.11 | 250m: 2:56.27 | 36.18 | 350m: 4:07.40 | 35.24 | | | |
| | 100m: 1:07.74 35.98 | 200m: 2:20.09 | 36.24 | 300m: 3:32.16 | 35.89 | 400m: 4:40.34 | 32.94 | | | |
| 39. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 4:41.64 | 477 | +0,76 | | | | |
| | 50m: 29.81 29.81 | 150m: 1:41.72 | 36.76 | 250m: 2:55.12 | 36.86 | 350m: 4:07.24 | 35.60 | | | |
| | 100m: 1:04.96 35.15 | 200m: 2:18.26 | 36.54 | 300m: 3:31.64 | 36.52 | 400m: 4:41.64 | 34.40 | | | |
| 40. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 4:43.91 | 465 | +0,67 | | | | |
| | 50m: 30.78 30.78 | 150m: 1:41.91 | 35.75 | 250m: 2:53.93 | 36.20 | 350m: 4:07.36 | 36.76 | | | |
| | 100m: 1:06.16 35.38 | 200m: 2:17.73 | 35.82 | 300m: 3:30.60 | 36.67 | 400m: 4:43.91 | 36.55 | | | |
| 41. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 4:51.23 | 431 | +0,80 | | | | |
| | 50m: 33.26 33.26 | 150m: 1:46.39 | 36.50 | 250m: 3:00.94 | 37.27 | 350m: 4:15.43 | 36.91 | | | |
| | 100m: 1:09.89 36.63 | 200m: 2:23.67 | 37.28 | 300m: 3:38.52 | 37.58 | 400m: 4:51.23 | 35.80 | | | |
| 42. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 4:57.47 | 404 | +0,67 | | | | |
| | 50m: 30.73 30.73 | 150m: 1:45.48 | 38.32 | 250m: 3:03.72 | 38.95 | 350m: 4:21.17 | 38.62 | | | |
| | 100m: 1:07.16 36.43 | 200m: 2:24.77 | 39.29 | 300m: 3:42.55 | 38.83 | 400m: 4:57.47 | 36.30 | | | |
| 43. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 5:04.38 | 377 | +0,68 | | | | |
| | 50m: 32.17 32.17 | 150m: 1:47.46 | 38.31 | 250m: 3:06.29 | 39.71 | 350m: 4:27.22 | 40.22 | | | |
| | 100m: 1:09.15 36.98 | 200m: 2:26.58 | 39.12 | 300m: 3:47.00 | 40.71 | 400m: 5:04.38 | 37.16 | | | |

DYSKW. KAŁUŃSKI Antoni 24 Ku Ażs Uw
04 - Pływak podci gał si na linie torowej (dodatkowy ruch nap dowy) - 10.7

Konkurencja 14 Kobiet, 100m klasyczny 14 lat i starsi
04.11.2023 - 17:32 Wyniki

| | | | | | |
|-----------------------|---------|---------------------|-------|---------------|------------|
| Rekord Polski Open | 1:06.42 | SZTANDERA Dominika | 00101 | Fukuoka (JPN) | 25.07.2023 |
| Rekord Polski 19 - 23 | 1:07.92 | SZTANDERA Dominika | 00101 | Lublin | 21.05.2017 |
| Rekord Polski 18 | 1:08.25 | HALLMANN Weronika | 00114 | Łódź | 27.05.2018 |
| Rekord Polski 17 | 1:08.73 | PIECHOWICZ Karolina | 01813 | Lima (PER) | 02.09.2022 |
| Rekord Polski 16 | 1:08.93 | PIECHOWICZ Karolina | 01813 | Rzym (ITA) | 11.07.2021 |
| Rekord Polski 15 | 1:10.43 | ZACHOSZCZ Paulina | 00416 | Gorzów Wlkp. | 13.07.2008 |
| Rekord Polski 14 | 1:11.81 | CHRZAN Zofia | 03310 | Olsztyn | 16.05.2019 |

Minimum - IO - Pary (Francja) Open: 1:06.79 / Minimum - M - Doha (Katar) Open: 1:07.35

Punkty: FINA 2023

| Pozycja | | | Wiek | Czas | Pkt. | CR | 50m | 100m |
|------------------------------|------------------|----|---|----------------|------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | |
| 1. | MILANCEJ Elbieta | 14 | UKP „Polonia Warszawa” | 1:18.18 | 551 | +0,66 | 36.50 | 41.68 |
| 2. | STY Zuzanna | 14 | UKP „Polonia Warszawa” | 1:19.87 | 517 | +0,83 | 38.54 | 41.33 |
| 3. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:22.30 | 473 | +0,71 | 38.83 | 43.47 |
| 4. | KOZAK Lena | 14 | UKP Jedyńka Elbl g | 1:22.49 | 469 | +0,69 | 38.51 | 43.98 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | |
| 1. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 1:16.61 | 586 | +0,67 | 35.98 | 40.63 |
| 2. | OBERMAN Zuzanna | 15 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 1:25.17 | 426 | +0,68 | 39.57 | 45.60 |
| 3. | KLIM Oliwia | 15 | KU AZS UMCS Lublin | 1:27.10 | 399 | +0,84 | 40.81 | 46.29 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 14, Kobiet, 100m klasyczny

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | |
|----|-----------------|----|---------------------------------|----------------|--------|-------|-------|-------|
| 1. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wc | 1:13.73 | rk 658 | +0,68 | 33.95 | 39.78 |
| 2. | PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 1:15.96 | 601 | +0,74 | 35.80 | 40.16 |
| 3. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 1:16.60 | 586 | +0,75 | 35.58 | 41.02 |
| 4. | KOT Emilia | 16 | TP Zielona Góra | 1:17.51 | 566 | +0,67 | 36.28 | 41.23 |
| 5. | DU KO Julia | 16 | RWKS Sparta Biłgoraj | 1:19.26 | 529 | +0,77 | 37.37 | 41.89 |
| 6. | TURBA SKA Marta | 16 | WKS I sk | 1:19.32 | 528 | +0,75 | 36.32 | 43.00 |
| 7. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wc | 1:21.30 | rk 490 | +0,69 | 37.66 | 43.64 |

JUNIOR 17-18 LAT

| | | | | | | | | |
|----|---------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | BAŁDA Aleksandra | 18 | MKS Piaseczno | 1:13.46 | 665 | +0,71 | 34.21 | 39.25 |
| 2. | SULAK Antonina | 17 | UKS Pi tka Konstantynów Łódzki | 1:18.52 | 544 | +0,71 | 37.90 | 40.62 |
| 3. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 1:18.70 | 541 | +0,68 | 37.48 | 41.22 |
| 4. | BIELAWA Anna | 17 | WKS I sk | 1:19.25 | 529 | +0,57 | 37.45 | 41.80 |
| 5. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 1:20.06 | 513 | +0,79 | 39.18 | 40.88 |
| 6. | BORUSZEWSKA Zuzanna | 18 | UKS SP-149 Łód | 1:22.05 | 477 | +0,71 | 38.69 | 43.36 |
| 7. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:29.15 | 372 | +0,75 | 41.83 | 47.32 |

OPEN

| | | | | | | | | |
|-----|----------------------|----|------------------------------------|----------------|--------|-------|-------|-------|
| 1. | MAZURKIEWICZ Barbara | 22 | Ku Azs Uw | 1:08.61 | 816 | +0,72 | 32.47 | 36.14 |
| 2. | HALLMANN Weronika | 23 | Ku Azs Uw | 1:10.21 | 762 | +0,68 | 33.19 | 37.02 |
| 3. | PARADOWSKA Kinga | 22 | Stowarzyszenie AZS WSG | 1:13.26 | 670 | +0,66 | 35.00 | 38.26 |
| 4. | BAŁDA Aleksandra | 18 | MKS Piaseczno | 1:13.46 | 665 | +0,71 | 34.21 | 39.25 |
| 5. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wc | 1:13.73 | rk 658 | +0,68 | 33.95 | 39.78 |
| 6. | PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 1:15.96 | 601 | +0,74 | 35.80 | 40.16 |
| 7. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 1:16.60 | 586 | +0,75 | 35.58 | 41.02 |
| 8. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 1:16.61 | 586 | +0,67 | 35.98 | 40.63 |
| 9. | OBAJTEK Aleksandra | 20 | Ku Azs Uw | 1:17.04 | 576 | +0,62 | 36.03 | 41.01 |
| 10. | KOT Emilia | 16 | TP Zielona Góra | 1:17.51 | 566 | +0,67 | 36.28 | 41.23 |
| 11. | MILANCEJ EI bieta | 14 | UKP „Polonia Warszawa” | 1:18.18 | 551 | +0,66 | 36.50 | 41.68 |
| 12. | SULAK Antonina | 17 | UKS Pi tka Konstantynów Łódzki | 1:18.52 | 544 | +0,71 | 37.90 | 40.62 |
| 13. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 1:18.70 | 541 | +0,68 | 37.48 | 41.22 |
| 14. | BIELAWA Anna | 17 | WKS I sk | 1:19.25 | 529 | +0,57 | 37.45 | 41.80 |
| 15. | DU KO Julia | 16 | RWKS Sparta Biłgoraj | 1:19.26 | 529 | +0,77 | 37.37 | 41.89 |
| 16. | TURBA SKA Marta | 16 | WKS I sk | 1:19.32 | 528 | +0,75 | 36.32 | 43.00 |
| 17. | STY Zuzanna | 14 | UKP „Polonia Warszawa” | 1:19.87 | 517 | +0,83 | 38.54 | 41.33 |
| 18. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 1:20.06 | 513 | +0,79 | 39.18 | 40.88 |
| 19. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wc | 1:21.30 | rk 490 | +0,69 | 37.66 | 43.64 |
| 20. | BORUSZEWSKA Zuzanna | 18 | UKS SP-149 Łód | 1:22.05 | 477 | +0,71 | 38.69 | 43.36 |
| 21. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:22.30 | 473 | +0,71 | 38.83 | 43.47 |
| 22. | KOZAK Lena | 14 | UKP Jedyńka Elbl g | 1:22.49 | 469 | +0,69 | 38.51 | 43.98 |
| 23. | OBERMAN Zuzanna | 15 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:25.17 | 426 | +0,68 | 39.57 | 45.60 |
| 24. | KLIM Oliwia | 15 | KU AZS UMCS Lublin | 1:27.10 | 399 | +0,84 | 40.81 | 46.29 |
| 25. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:29.15 | 372 | +0,75 | 41.83 | 47.32 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 15
04.11.2023 - 17:38

M czyzn, 50m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|------------------|-------|-----------------|------------|
| Rekord Polski Open | 24.44 | MASIUK Ksawery | | Lima (PER) | 30.08.2022 |
| Rekord Polski 19 - 23 | 24.44 | MASIUK Ksawery | | Lima (PER) | 30.08.2022 |
| Rekord Polski 18 | 24.44 | MASIUK Ksawery | 05114 | Lima (PER) | 30.08.2022 |
| Rekord Polski 17 | 25.05 | MASIUK Ksawery | 05114 | Budapeszt (HUN) | 17.05.2021 |
| Rekord Polski 16 | 25.73 | MASIUK Ksawery | 05114 | Lublin | 05.09.2020 |
| Rekord Polski 15 | 26.37 | MRÓZ Szymon | | Lublin | 16.07.2022 |
| Rekord Polski 14 | 27.54 | STAWICKI Mateusz | | Ostrowiec w. | 08.07.2023 |

Minimum - M - Doha (Katar) Open: 24.80

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------------------------|----|------------------------------------|--------------|-----------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 29.64 | 511 +0,63 |
| 2. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 30.92 | 450 +0,64 |
| 3. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 31.76 | 416 +0,68 |
| 4. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 32.63 | 383 +0,76 |
| 5. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 34.02 | 338 +0,64 |
| JUNIOR MŁODSZY 15 LAT | | | | | |
| 1. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 27.71 | 626 +0,58 |
| 2. | POLONIUS Filip | 15 | KS Górnik Radlin | 28.33 | 586 +0,69 |
| 3. | MADEY Ryszard | 15 | UKS GOS Raszyn | 31.10 | 443 +0,65 |
| 4. | TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 31.22 | 438 +0,70 |
| 5. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 32.72 | 380 +0,77 |
| 6. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 34.41 | 327 +0,60 |
| JUNIOR MŁODSZY 16 LAT | | | | | |
| 1. | KOLUCH Franciszek | 16 | UKS Kapry-Armexim Pruszków | 29.01 | 545 +0,60 |
| 2. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | 29.12 | 539 +0,56 |
| 3. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 29.94 | 496 +0,64 |
| 4. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 32.61 | 384 +0,72 |
| 5. | UKLEJA Szymon | 16 | UKS Olympic Warka | 33.71 | 347 +0,74 |
| JUNIOR 17-18 LAT | | | | | |
| 1. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 29.88 | 499 +0,63 |
| 2. | NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 30.19 | 484 +0,63 |
| 3. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 30.22 | 482 +0,60 |
| 4. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 31.25 | 436 +0,56 |
| 5. | WICKOWSKI Piotr | 17 | UKS Delfin Garwolin | 31.60 | 422 +0,68 |
| OPEN | | | | | |
| 1. | MASIUK Ksawery | 19 | UKS G-8 Bielany Warszawa | 24.86 | 867 +0,56 |
| 2. | SIENKIEWICZ Aleksander | 20 | AZS AWF Katowice | 26.52 | 714 +0,55 |
| 3. | KOSI SKI Filip | 19 | AZS AWF Warszawa | 26.62 | 706 +0,56 |
| 4. | KRÓL Jan | 21 | KS AZS AGH Kraków | 26.65 | 704 +0,60 |
| 5. | PRUSZY SKI Michał | 19 | TP Zielona Góra | 26.73 | 697 +0,51 |
| 6. | KAW CKI Radosław | 32 | AZS AWF Warszawa | 26.89 | 685 +0,61 |
| 7. | SAGAN Jakub | 21 | AZS AWF Katowice | 27.27 | 657 +0,59 |
| 8. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 27.71 | 626 +0,58 |
| 9. | POLONIUS Filip | 15 | KS Górnik Radlin | 28.33 | 586 +0,69 |
| 10. | LE NIEWSKI Patryk | 20 | UKS Piłkarska Konstantynów Łódzki | 28.95 | 549 +0,62 |
| 11. | KOLUCH Franciszek | 16 | UKS Kapry-Armexim Pruszków | 29.01 | 545 +0,60 |
| 12. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | 29.12 | 539 +0,56 |
| 13. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 29.64 | 511 +0,63 |
| 14. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 29.88 | 499 +0,63 |

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Konkurencja 15, M czynn, 50m grzbietowy, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR |
|-----------------------|------|------------------------|--------------|------|-------|
| 15. STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 29.94 | 496 | +0,64 |
| 16. NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 30.19 | 484 | +0,63 |
| 17. LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 30.22 | 482 | +0,60 |
| 18. ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 30.92 | 450 | +0,64 |
| 19. MADEY Ryszard | 15 | UKS GOS Raszyn | 31.10 | 443 | +0,65 |
| 20. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 31.22 | 438 | +0,70 |
| 21. LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 31.25 | 436 | +0,56 |
| 22. WI CKOWSKI Piotr | 17 | UKS Delfin Garwolin | 31.60 | 422 | +0,68 |
| 23. KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 31.76 | 416 | +0,68 |
| 24. MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 32.61 | 384 | +0,72 |
| 25. SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 32.63 | 383 | +0,76 |
| 26. SKULSKI Ryszard | 15 | UKS Olympic Warka | 32.72 | 380 | +0,77 |
| 27. UKLEJA Szymon | 16 | UKS Olympic Warka | 33.71 | 347 | +0,74 |
| 28. NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 34.02 | 338 | +0,64 |
| 29. ZERA Jan | 15 | MTP Kormoran Olsztyn | 34.41 | 327 | +0,60 |
| PK LUSTIUK Tymofii | 13 | Ukraine | 31.43 | 429 | +0,70 |

Konkurencja 16

Kobiet, 200m motylkowy

14 lat i starsi

04.11.2023 - 17:41

Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|----------------|------------|
| Rekord Polski Open | 2:05.61 | JEDRZEJCZAK Otylia | POL | Montreal (CAN) | 28.07.2005 |
| Rekord Polski 19 - 23 | 2:05.61 | JEDRZEJCZAK Otylia | POL | Montreal (CAN) | 28.07.2005 |
| Rekord Polski 18 | 2:07.81 | JEDRZEJCZAK Otylia | 00811 | Sydney (AUS) | 19.08.2000 |
| Rekord Polski 17 | 2:07.81 | JEDRZEJCZAK Otylia | 00114 | Sydney (AUS) | 19.09.2000 |
| Rekord Polski 16 | 2:08.72 | OLCZAK Mirela | 00104 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 15 | 2:11.36 | OLCZAK Mirela | 00104 | Belgrade (SRB) | 30.07.2008 |
| Rekord Polski 14 | 2:16.27 | OLCZAK Mirela | 00104 | Drzonkow | 08.07.2007 |

Minimum - IO - Pary (Francja) Open: 2:08.43 / Minimum - M - Doha (Katar) Open: 2:09.21

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|------------------------------|------|--------------------------|----------------|------|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. SZABAŁA Antonina | 14 | UKS SP5 Swim | 2:23.87 | 606 | +0,75 | 31.07 | 36.98 | 37.53 | 38.29 |
| 2. RUTKOWSKA Maja | 14 | UKS SP-149 Łódź | 2:34.72 | 487 | +0,77 | 33.29 | 39.99 | 40.07 | 41.37 |
| 3. KUCZMAR Aleksandra | 14 | UKP „Polonia Warszawa” | 2:36.44 | 472 | +0,75 | 34.60 | 39.84 | 41.49 | 40.51 |
| 4. ŁUCZAK Anika | 14 | UKS SP-149 Łódź | 2:56.57 | 328 | +0,75 | 36.53 | 44.72 | 47.62 | 47.70 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | |
| 1. RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 2:24.00 | 605 | +0,74 | 31.32 | 36.35 | 38.03 | 38.30 |
| 2. BOBROVSKA Alina | 15 | KS KSZO Ostrowiec w. | 2:30.06 | 534 | +0,72 | 32.79 | 38.60 | 39.60 | 39.07 |
| 3. MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawii | 2:47.32 | 385 | +0,85 | 35.89 | 42.63 | 46.27 | 42.53 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | | | |
| 1. GRZESIAK Oliwia | 16 | WKS I sk | 2:28.80 | 548 | +0,81 | 33.52 | 37.83 | 39.18 | 38.27 |
| 2. RYKHLINSKA Anastasiia | 16 | KS „OLIMPIA” Lublin | 2:33.71 | 497 | +0,72 | 33.32 | 38.84 | 41.07 | 40.48 |
| 3. SOSNÓWKA Milena | 16 | UKP Fala Krańnik | 2:39.80 | 442 | +0,79 | 33.84 | 38.29 | 42.03 | 45.64 |
| 4. ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 2:48.96 | 374 | +0,68 | 36.97 | 43.90 | 44.48 | 43.61 |
| JUNIOR 17-18 LAT | | | | | | | | | |
| 1. KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 2:19.47 | 666 | +0,67 | 31.24 | 35.35 | 36.59 | 36.29 |
| 2. WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:30.77 | 527 | +0,79 | 34.04 | 39.16 | 39.17 | 38.40 |
| 3. SOSNÓWKA Oliwia | 18 | UKP Fala Krańnik | 2:40.99 | 433 | +0,78 | 36.78 | 41.53 | 41.75 | 40.93 |

Arena Grand Prix Puchar Polski
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Konkurencja 16, Kobiet, 200m motylkowy

OPEN

| | | | | | | | | | |
|-----|-----------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | KNOP Aleksandra | 20 | UKS 190 Łód | 2:15.71 | 723 +0,53 | 30.71 | 34.28 | 35.16 | 35.56 |
| 2. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 2:19.47 | 666 +0,67 | 31.24 | 35.35 | 36.59 | 36.29 |
| 3. | SZABAŁA Antonina | 14 | UKS SP5 Swim | 2:23.87 | 606 +0,75 | 31.07 | 36.98 | 37.53 | 38.29 |
| 4. | RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 2:24.00 | 605 +0,74 | 31.32 | 36.35 | 38.03 | 38.30 |
| 5. | GRZESIAK Oliwia | 16 | WKS I sk | 2:28.80 | 548 +0,81 | 33.52 | 37.83 | 39.18 | 38.27 |
| 6. | BOBROVSKA Alina | 15 | KS KSZO Ostrowiec w. | 2:30.06 | 534 +0,72 | 32.79 | 38.60 | 39.60 | 39.07 |
| 7. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:30.77 | 527 +0,79 | 34.04 | 39.16 | 39.17 | 38.40 |
| 8. | RYKHLINSKA Anastasiia | 16 | KS „OLIMPIA” Lublin | 2:33.71 | 497 +0,72 | 33.32 | 38.84 | 41.07 | 40.48 |
| 9. | RUTKOWSKA Maja | 14 | UKS SP-149 Łód | 2:34.72 | 487 +0,77 | 33.29 | 39.99 | 40.07 | 41.37 |
| 10. | HAŁADYN Kamila | 19 | UKS SP-149 Łód | 2:35.24 | 483 +0,70 | 34.20 | 39.11 | 40.45 | 41.48 |
| 11. | KUCZMAR Aleksandra | 14 | UKP „Polonia Warszawa” | 2:36.44 | 472 +0,75 | 34.60 | 39.84 | 41.49 | 40.51 |
| 12. | SOSNÓWKA Milena | 16 | UKP Fala Kra nik | 2:39.80 | 442 +0,79 | 33.84 | 38.29 | 42.03 | 45.64 |
| 13. | SOSNÓWKA Oliwia | 18 | UKP Fala Kra nik | 2:40.99 | 433 +0,78 | 36.78 | 41.53 | 41.75 | 40.93 |
| 14. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawi | 2:47.32 | 385 +0,85 | 35.89 | 42.63 | 46.27 | 42.53 |
| 15. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 2:48.96 | 374 +0,68 | 36.97 | 43.90 | 44.48 | 43.61 |
| 16. | ŁUCZAK Anika | 14 | UKS SP-149 Łód | 2:56.57 | 328 +0,75 | 36.53 | 44.72 | 47.62 | 47.70 |

Konkurencja 17

04.11.2023 - 17:48

M czyzn, 50m dowolny

14 lat i starsi

Wyniki

| | | | | | |
|-----------------------|-------|-------------------|-------|-----------------|------------|
| Rekord Polski Open | 21.47 | JURASZEK Paweł | 00701 | Budapest (HUN) | 29.07.2017 |
| Rekord Polski 19 - 23 | 21.47 | JURASZEK Paweł | 00701 | Budapest (HUN) | 29.07.2017 |
| Rekord Polski 18 | 22.45 | HOŁUB Jan | 00601 | Dordrecht (NED) | 13.07.2014 |
| Rekord Polski 17 | 22.69 | HOŁUB Jan | 00303 | Dubai (UAE) | 28.08.2013 |
| Rekord Polski 16 | 22.90 | CHOWANIEC Mateusz | 01711 | Baku (KAZ) | 25.07.2019 |
| Rekord Polski 15 | 23.61 | ORLICZ Filip | 05114 | Warsaw | 01.12.2017 |
| Rekord Polski 14 | 24.13 | STAWICKI Mateusz | | Ostrowiec w. | 07.07.2023 |

Minimum - IO - Pary (Francja) Open: 21.96 / Minimum - M - Doha (Katar) Open: 22.12

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------------------------|----|---|--------------|-----------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 25.51 | 550 +0,64 |
| 2. | GRZESIK Franciszek | 14 | KS KSZO Ostrowiec w. | 25.72 | 537 +0,66 |
| 3. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 26.47 | 492 +0,68 |
| 4. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 26.72 | 479 +0,67 |
| 5. | GRABI SKI Szymon | 14 | WKS I sk | 26.81 | 474 +0,59 |
| 6. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 27.21 | 453 +0,66 |
| 7. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 27.25 | 451 +0,67 |
| 8. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 27.61 | 434 +0,67 |
| 9. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 28.10 | 412 +0,70 |
| 10. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | 28.48 | 395 +0,66 |
| 11. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 28.61 | 390 +0,77 |
| 12. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 28.75 | 384 +0,76 |
| 13. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródnie cie | 28.76 | 384 +0,71 |
| 14. | FRONCZEK Bła ej | 14 | KU AZS UMCS Lublin | 28.95 | 376 +0,60 |
| 15. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 29.59 | 352 +0,58 |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|----|-----------------------|----|------------------------|--------------|-----------|
| 1. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 24.80 | 599 +0,63 |
| 2. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 25.20 | 571 +0,61 |
| 3. | RADZIKOWSKI Szymon | 15 | WKS I sk | 25.22 | 569 +0,67 |
| 4. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 25.34 | 561 +0,64 |
| 5. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 25.38 | 559 +0,65 |
| 6. | POLONIUS Filip | 15 | KS Górnik Radlin | 25.40 | 557 +0,65 |
| 7. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 25.45 | 554 +0,70 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17, Chłopców, 50m dowolny, JUNIOR MŁODSZY 15 LAT

| Pozycja | Wiek | | Czas | Pkt. | CR |
|---------|------|------------------------------------|---------------|------|-------|
| 8. | 15 | Mokotowski UKP Warszawianka- Wodny | F25.51 | 550 | +0,67 |
| 9. | 15 | KS „OLIMPIA” Lublin | 26.10 | 514 | +0,62 |
| 10. | 15 | UKS GOS Raszyn | 26.28 | 503 | +0,66 |
| 11. | 15 | SWIMLAND Olsztyn | 26.58 | 486 | +0,79 |
| 12. | 15 | KU AZS UMCS Lublin | 26.90 | 469 | +0,71 |
| 13. | 15 | UKS Nawa Skierniewice | 26.93 | 468 | +0,68 |
| 14. | 15 | KP Raw-Swim | 27.00 | 464 | +0,69 |
| 15. | 15 | SWIMLAND Olsztyn | 27.03 | 462 | +0,71 |
| 16. | 15 | UKP Jedyńka Elbl g | 27.26 | 451 | +0,75 |
| 17. | 15 | MTP „Lublinianka” | 27.28 | 450 | +0,61 |
| | 15 | UKP „Polonia Warszawa” | 27.28 | 450 | +0,72 |
| 19. | 15 | MTP Kormoran Olsztyn | 31.22 | 300 | +0,63 |

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|-----|----|------------------------------------|---------------|-----|-------|
| 1. | 16 | MKP „Wodnik 29” Tychy | 23.98 | 663 | +0,62 |
| 2. | 16 | KU AZS UMCS Lublin | 25.36 | 560 | +0,66 |
| 3. | 16 | UKP „Polonia Warszawa” | 25.40 | 557 | +0,71 |
| 4. | 16 | Mokotowski UKP Warszawianka- Wodny | F25.53 | 549 | +0,64 |
| 5. | 16 | KU AZS UMCS Lublin | 26.27 | 504 | +0,69 |
| 6. | 16 | UKS Olympic Warka | 26.43 | 495 | +0,67 |
| 7. | 16 | UKS Tri-Team Rumia | 26.96 | 466 | +0,76 |
| 8. | 16 | MTP „Lublinianka” | 27.16 | 456 | +0,69 |
| 9. | 16 | UKP „Polonia Warszawa” | 27.50 | 439 | +0,74 |
| 10. | 16 | UKS Nawa Skierniewice | 27.59 | 435 | +0,70 |
| 11. | 16 | UKS Nawa Skierniewice | 29.21 | 366 | +0,67 |

JUNIOR 17-18 LAT

| | | | | | |
|-----|----|------------------------------------|---------------|-----|-------|
| 1. | 17 | UKS GOS Raszyn | 23.55 | 699 | +0,63 |
| 2. | 18 | MKS Piaseczno | 23.57 | 698 | +0,65 |
| 3. | 18 | UKP „Polonia Warszawa” | 24.33 | 634 | +0,65 |
| 4. | 17 | KU AZS UMCS Lublin | 24.50 | 621 | +0,66 |
| 5. | 17 | KU AZS UMCS Lublin | 24.69 | 607 | +0,68 |
| 6. | 17 | UKS 48 Warszawa ródmi cie | 24.82 | 597 | +0,61 |
| 7. | 17 | KU AZS UMCS Lublin | 25.09 | 578 | +0,66 |
| 8. | 17 | Mokotowski UKP Warszawianka- Wodny | F25.10 | 578 | +0,66 |
| 9. | 17 | UKS 48 Warszawa ródmi cie | 25.32 | 563 | +0,62 |
| 10. | 17 | UKP „Polonia Warszawa” | 25.43 | 555 | +0,61 |
| 11. | 17 | UKS Olympic Warka | 25.87 | 528 | +0,65 |
| 12. | 18 | KU AZS UMCS Lublin | 26.26 | 504 | +0,65 |
| 13. | 18 | AZS AWF Warszawa | 26.39 | 497 | +0,73 |
| 14. | 18 | MTP Kormoran Olsztyn | 26.49 | 491 | +0,74 |
| 15. | 17 | UKS Nawa Skierniewice | 26.52 | 490 | +0,69 |
| 16. | 18 | Mokotowski UKP Warszawianka- Wodny | F26.62 | 484 | +0,67 |
| 17. | 17 | UKP „Polonia Warszawa” | 26.95 | 467 | +0,66 |
| 18. | 17 | UKS Nawa Skierniewice | 27.81 | 425 | +0,70 |
| 19. | 17 | MTP Kormoran Olsztyn | 28.12 | 411 | +0,64 |
| 20. | 17 | UKS Pi tka Konstantynów Łódzki | 28.19 | 408 | +0,69 |

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Konkurencja 17, M czynn, 50m dowolny

OPEN

| | | | | | | |
|-----|---------------------------------|----|------------------------------------|---------------|-----|-------|
| 1. | JURASZEK Paweł | 29 | MKS Dziewotka Dzieżoniów | 22.63 | 788 | +0,59 |
| 2. | CHOWANIEC Mateusz | 20 | AZS AWF Katowice | 22.78 | 773 | +0,62 |
| 3. | MAJCHRZAK Kacper | 31 | KS Warta Pozna | 22.89 | 762 | +0,66 |
| 4. | DUDYS Dominik | 21 | AZS AWF Katowice | 22.98 | 753 | +0,65 |
| 5. | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 23.08 | 743 | +0,64 |
| 6. | W GROWSKI Marcel | 24 | AZS Łód | 23.16 | 735 | +0,69 |
| 7. | MADEY Konrad | 17 | UKS GOS Raszyn | 23.55 | 699 | +0,63 |
| 8. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 23.57 | 698 | +0,63 |
| | TKACZ Wiktor | 18 | MKS Piaseczno | 23.57 | 698 | +0,65 |
| 10. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 23.98 | 663 | +0,62 |
| 11. | GULI SKI Maciej | 19 | Ku Azs Uw | 24.01 | 660 | +0,65 |
| 12. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 24.33 | 634 | +0,65 |
| 13. | WARZOCHA Gustaw | 19 | KS Warta Pozna | 24.34 | 634 | +0,70 |
| 14. | HANF Szymon | 20 | KS AZS AGH Kraków | 24.45 | 625 | +0,70 |
| 15. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 24.50 | 621 | +0,66 |
| 16. | CIESIELSKI Artur | 19 | AZS Łód | 24.61 | 613 | +0,70 |
| | CIARCZY SKI Janusz | 22 | MKP Szczecin | 24.61 | 613 | +0,72 |
| 18. | PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 24.69 | 607 | +0,68 |
| 19. | ISKRA Szymon | 19 | UKS Pi tka Konstantynów Łódzki | 24.73 | 604 | +0,59 |
| 20. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 24.80 | 599 | +0,63 |
| 21. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródemie cie | 24.82 | 597 | +0,61 |
| 22. | SKÓRA Bartosz | 20 | UKS Pi tka Konstantynów Łódzki | 24.83 | 597 | +0,65 |
| 23. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 25.09 | 578 | +0,66 |
| 24. | YEVDOKIMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | F25.10 | 578 | +0,66 |
| 25. | SAGAN Jakub | 21 | AZS AWF Katowice | 25.16 | 574 | +0,64 |
| 26. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 25.20 | 571 | +0,61 |
| 27. | RADZIKOWSKI Szymon | 15 | WKS I sk | 25.22 | 569 | +0,67 |
| 28. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródemie cie | 25.32 | 563 | +0,62 |
| 29. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 25.34 | 561 | +0,64 |
| 30. | REDZI SKI VEL RYDZY SKI Mateusz | 16 | KU AZS UMCS Lublin | 25.36 | 560 | +0,66 |
| 31. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 25.38 | 559 | +0,65 |
| 32. | POLONIUS Filip | 15 | KS Górnik Radlin | 25.40 | 557 | +0,65 |
| | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 25.40 | 557 | +0,71 |
| 34. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 25.43 | 555 | +0,61 |
| 35. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 25.45 | 554 | +0,70 |
| 36. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wodny | F25.51 | 550 | +0,67 |
| | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 25.51 | 550 | +0,64 |
| 38. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | F25.53 | 549 | +0,64 |
| 39. | JURCZAK Kacper | 22 | SWIMLAND Olsztyn | 25.57 | 546 | +0,68 |
| 40. | GRZESIK Franciszek | 14 | KS KSZO Ostrowiec w. | 25.72 | 537 | +0,66 |
| 41. | LE NIEWSKI Patryk | 20 | UKS Pi tka Konstantynów Łódzki | 25.74 | 536 | +0,66 |
| 42. | OGRODNIK Wojciech | 20 | KU AZS UMCS Lublin | 25.82 | 531 | +0,62 |
| 43. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 25.87 | 528 | +0,65 |
| 44. | RÓ ALSKI Marcin | 19 | KS AZS AGH Kraków | 26.02 | 518 | +0,63 |
| 45. | TURCHAK Dmytro | 15 | KS „OLIMPIA” Lublin | 26.10 | 514 | +0,62 |
| 46. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 26.26 | 504 | +0,65 |
| 47. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 26.27 | 504 | +0,69 |
| 48. | MADEY Ryszard | 15 | UKS GOS Raszyn | 26.28 | 503 | +0,66 |
| 49. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 26.39 | 497 | +0,73 |
| 50. | UKLEJA Szymon | 16 | UKS Olympic Warka | 26.43 | 495 | +0,67 |
| 51. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 26.47 | 492 | +0,68 |
| 52. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 26.49 | 491 | +0,74 |
| 53. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 26.52 | 490 | +0,69 |
| 54. | SUCHOCKI Jan | 15 | SWIMLAND Olsztyn | 26.58 | 486 | +0,79 |
| 55. | KULIKOVSKYI Vladyslav | 18 | Mokotowski UKP Warszawianka- Wodny | F26.62 | 484 | +0,67 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17, M czyzn, 50m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | |
|---------|-----------------------------|----|--|--------------|-----|-------|
| 56. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 26.72 | 479 | +0,67 |
| 57. | GRABI SKI Szymon | 14 | WKS I sk | 26.81 | 474 | +0,59 |
| 58. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 26.90 | 469 | +0,71 |
| 59. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 26.93 | 468 | +0,68 |
| 60. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 26.95 | 467 | +0,66 |
| 61. | KANCZKOWSKI Szymon | 16 | UKS Tri-Team Rumia | 26.96 | 466 | +0,76 |
| 62. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 27.00 | 464 | +0,69 |
| 63. | CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 27.03 | 462 | +0,71 |
| 64. | LENARD Radosław | 16 | MTP „Lublinianka” | 27.16 | 456 | +0,69 |
| 65. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 27.21 | 453 | +0,66 |
| 66. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 27.25 | 451 | +0,67 |
| 67. | D BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 27.26 | 451 | +0,75 |
| 68. | D BEK Aleksander | 15 | MTP „Lublinianka” | 27.28 | 450 | +0,61 |
| | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 27.28 | 450 | +0,72 |
| 70. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 27.50 | 439 | +0,74 |
| 71. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 27.59 | 435 | +0,70 |
| 72. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 27.61 | 434 | +0,67 |
| 73. | JANKIEWICZ DELGADO Jarosław | 17 | UKS Nawa Skierniewice | 27.81 | 425 | +0,70 |
| 74. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 28.10 | 412 | +0,70 |
| 75. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 28.12 | 411 | +0,64 |
| 76. | KRYSZCZUK Karol | 17 | UKS Pi tka Konstantynów Łódzki | 28.19 | 408 | +0,69 |
| 77. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 28.48 | 395 | +0,66 |
| 78. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 28.61 | 390 | +0,77 |
| 79. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 28.75 | 384 | +0,76 |
| 80. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródemie cie | 28.76 | 384 | +0,71 |
| 81. | FRONCZEK Bła ej | 14 | KU AZS UMCS Lublin | 28.95 | 376 | +0,60 |
| 82. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 29.21 | 366 | +0,67 |
| 83. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 29.59 | 352 | +0,58 |
| 84. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 31.22 | 300 | +0,63 |
| NW | KAŁU Y SKI Antoni | 24 | Ku Azs Uw | | | |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | | |
| PK | LUSTIUK Tymofii | 13 | Ukraine | 27.49 | 440 | +0,86 |

Konkurencja 18

Kobiet, 100m grzbietowy

14 lat i starsi

04.11.2023 - 17:54

Wyniki

| | | | | | |
|-----------------------|---------|------------------|-------|--------------|------------|
| Rekord Polski Open | 59.75 | PEDA Paulina | 00611 | Łód | 03.05.2022 |
| Rekord Polski 19 - 23 | 59.76 | PISKORSKA Adela | 03103 | Olsztyn | 27.04.2023 |
| Rekord Polski 18 | 1:01.37 | PISKORSKA Adela | 02201 | Bydgoszcz | 12.06.2021 |
| Rekord Polski 17 | 1:01.49 | NAZI BŁO Klaudia | 00101 | Doha (UAE) | 11.12.2009 |
| Rekord Polski 16 | 1:01.49 | NAZI BŁO Klaudia | 00101 | Doha (QAT) | 10.12.2009 |
| Rekord Polski 15 | 1:03.13 | NAZI BŁO Klaudia | 00101 | Gorzow Wlkp. | 13.07.2008 |
| Rekord Polski 14 | 1:03.37 | LEFANOWICZ Iwona | 01003 | Gorzow | 24.11.2006 |

Minimum - IO - Pary (Francja) Open: 59.99 / Minimum - M - Doha (Katar) Open: 1:00.59

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | |
|------------------------------|------------------|----|------------------------|----------------|-----|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | |
| 1. | GIL Laura | 14 | KS KSZO Ostrowiec w. | 1:07.76 | 609 | +0,66 | 32.76 | 35.00 |
| 2. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 1:09.23 | 571 | +0,62 | 33.71 | 35.52 |
| 3. | SZKIŁ D Klaudia | 14 | UKP „Polonia Warszawa” | 1:09.91 | 554 | +0,61 | 33.29 | 36.62 |
| 4. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 1:10.34 | 544 | +0,74 | 33.78 | 36.56 |
| 5. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:15.33 | 443 | +0,71 | 36.87 | 38.46 |
| 6. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 1:15.43 | 441 | +0,65 | 36.39 | 39.04 |
| 7. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 1:23.84 | 321 | +0,58 | 39.67 | 44.17 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 18, Kobiet, 100m grzbietowy

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | |
|----|------------------------|----|------------------------|----------------|-----|-------|-------|-------|
| 1. | NAPIERALCZYK Martyna | 15 | WKS I sk | 1:08.61 | 587 | +0,56 | 33.62 | 34.99 |
| 2. | TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 1:12.05 | 506 | +0,68 | 34.80 | 37.25 |
| 3. | FR CZEK Łucja | 15 | UKP Bychawa | 1:12.31 | 501 | +0,66 | 35.12 | 37.19 |
| 4. | GR CZAK Oliwia | 15 | UKS SP5 Swim | 1:13.35 | 480 | +0,67 | 35.46 | 37.89 |
| 5. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 1:19.65 | 375 | | 37.69 | 41.96 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | |
|----|----------------------|----|------------------------|----------------|-----|-------|-------|-------|
| 1. | DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 1:07.97 | 603 | +0,64 | 33.05 | 34.92 |
| 2. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 1:08.50 | 589 | | 33.23 | 35.27 |
| 3. | SARNA Inez | 16 | UKS Nawa Skierniewice | 1:08.91 | 579 | +0,49 | 32.88 | 36.03 |
| 4. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 1:10.34 | 544 | +0,67 | 33.46 | 36.88 |
| 5. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 1:10.65 | 537 | +0,72 | 33.99 | 36.66 |
| 6. | BARTO Wiktoria | 16 | UKS SP5 Swim | 1:13.26 | 482 | +0,64 | 35.48 | 37.78 |
| 7. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 1:15.54 | 439 | +0,65 | 34.72 | 40.82 |
| 8. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 1:19.65 | 375 | +0,62 | 38.84 | 40.81 |

JUNIOR 17-18 LAT

| | | | | | | | | |
|----|-------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 1:01.84 | 801 | +0,70 | 30.17 | 31.67 |
| 2. | WŁODARCZYK Elena | 17 | AZS AWF Warszawa | 1:07.44 | 618 | +0,67 | 32.27 | 35.17 |
| 3. | SULAK Antonina | 17 | UKS Pi tka Konstancyńów Łódzki | 1:08.89 | 579 | +0,71 | 33.88 | 35.01 |
| 4. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:09.47 | 565 | +0,69 | 33.45 | 36.02 |
| 5. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 1:11.01 | 529 | +0,71 | 34.61 | 36.40 |
| 6. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:11.52 | 518 | +0,69 | 34.37 | 37.15 |
| 7. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 1:24.06 | 319 | +0,82 | 39.92 | 44.14 |

OPEN

| | | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | PISKORSKA Adela | 20 | KU AZS UMCS Lublin | 1:00.97 | 836 | +0,65 | 29.67 | 31.30 |
| 2. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 1:01.84 | 801 | +0,70 | 30.17 | 31.67 |
| 3. | PEDA Paulina | 25 | AZS AWF Katowice | 1:01.90 | 799 | +0,60 | 30.39 | 31.51 |
| 4. | WÓJTOWICZ Gabriela | 28 | SWIMLAND Olsztyn | 1:03.96 | 724 | | 30.68 | 33.28 |
| 5. | WŁODARCZYK Elena | 17 | AZS AWF Warszawa | 1:07.44 | 618 | +0,67 | 32.27 | 35.17 |
| 6. | GIL Laura | 14 | KS KSZO Ostrowiec w. | 1:07.76 | 609 | +0,66 | 32.76 | 35.00 |
| 7. | DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 1:07.97 | 603 | +0,64 | 33.05 | 34.92 |
| 8. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 1:08.50 | 589 | | 33.23 | 35.27 |
| 9. | NAPIERALCZYK Martyna | 15 | WKS I sk | 1:08.61 | 587 | +0,56 | 33.62 | 34.99 |
| 10. | SULAK Antonina | 17 | UKS Pi tka Konstancyńów Łódzki | 1:08.89 | 579 | +0,71 | 33.88 | 35.01 |
| 11. | SARNA Inez | 16 | UKS Nawa Skierniewice | 1:08.91 | 579 | +0,49 | 32.88 | 36.03 |
| 12. | WI NIEWSKA Aleksandra | 19 | KU AZS UMCS Lublin | 1:09.19 | 572 | +0,66 | 33.29 | 35.90 |
| 13. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 1:09.23 | 571 | +0,62 | 33.71 | 35.52 |
| 14. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:09.47 | 565 | +0,69 | 33.45 | 36.02 |
| 15. | SZKIŁ D Klaudia | 14 | UKP „Polonia Warszawa” | 1:09.91 | 554 | +0,61 | 33.29 | 36.62 |
| 16. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 1:10.34 | 544 | +0,67 | 33.46 | 36.88 |
| | BATORY Helena | 14 | UKP „Polonia Warszawa” | 1:10.34 | 544 | +0,74 | 33.78 | 36.56 |
| 18. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 1:10.65 | 537 | +0,72 | 33.99 | 36.66 |
| 19. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 1:11.01 | 529 | +0,71 | 34.61 | 36.40 |
| 20. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:11.52 | 518 | +0,69 | 34.37 | 37.15 |
| 21. | TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 1:12.05 | 506 | +0,68 | 34.80 | 37.25 |
| 22. | FR CZEK Łucja | 15 | UKP Bychawa | 1:12.31 | 501 | +0,66 | 35.12 | 37.19 |
| 23. | BARTO Wiktoria | 16 | UKS SP5 Swim | 1:13.26 | 482 | +0,64 | 35.48 | 37.78 |
| 24. | GR CZAK Oliwia | 15 | UKS SP5 Swim | 1:13.35 | 480 | +0,67 | 35.46 | 37.89 |
| 25. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:15.33 | 443 | +0,71 | 36.87 | 38.46 |
| 26. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 1:15.43 | 441 | +0,65 | 36.39 | 39.04 |
| 27. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 1:15.54 | 439 | +0,65 | 34.72 | 40.82 |
| 28. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 1:19.65 | 375 | +0,62 | 38.84 | 40.81 |
| | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 1:19.65 | 375 | | 37.69 | 41.96 |
| 30. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 1:23.84 | 321 | +0,58 | 39.67 | 44.17 |
| 31. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 1:24.06 | 319 | +0,82 | 39.92 | 44.14 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 19
04.11.2023 - 18:01

M czynn, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|-----------------|-------|----------------|------------|
| Rekord Polski Open | 2:09.99 | WIEKIERA Dawid | | Lublin | 09.04.2022 |
| Rekord Polski 19 - 23 | 2:09.99 | WIEKIERA Dawid | | Lublin | 09.04.2022 |
| Rekord Polski 18 | 2:13.45 | KAŁUSOWSKI Jan | 00905 | Helsinki (FIN) | 07.06.2014 |
| Rekord Polski 17 | 2:14.13 | KUSTO Rafał | 02101 | Szczecin | 29.05.2016 |
| Rekord Polski 16 | 2:15.63 | MACHNIK Mikołaj | 01111 | Tampere (FIN) | 21.07.2009 |
| Rekord Polski 15 | 2:18.70 | ZBUTOWICZ Karol | 00213 | Utrecht (NED) | 19.07.2013 |
| Rekord Polski 14 | 2:24.39 | SIEMI SKI Piotr | 02314 | Debica | 05.07.2014 |

Minimum - IO - Pary (Francja) Open: 2:09.68 / Minimum - M - Doha (Katar) Open: 2:10.92

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---|---------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 2:39.00 | 497 +0,61 | 34.69 | 40.96 | 42.10 | 41.25 |
| 2. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 2:43.95 | 453 +0,67 | 35.58 | 42.09 | 42.91 | 43.37 |
| DYSKW. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | | | | | | |
| <i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu - 7.6</i> | | | | | | | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | |
|----|---------------------|----|--------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 2:27.25 | 625 +0,67 | 33.14 | 38.66 | 38.30 | 37.15 |
| 2. | JUREKO Marcel | 15 | UKP Jedyńka Elbl g | 2:28.64 | 608 +0,67 | 34.39 | 37.36 | 39.49 | 37.40 |
| 3. | RADZIKOWSKI Szymon | 15 | WKS I sk | 2:31.22 | 577 +0,69 | 33.80 | 38.29 | 39.83 | 39.30 |
| 4. | GINALSKI Paweł | 15 | KS Swim2Win Krosno | 2:37.17 | 514 +0,68 | 30.85 | 34.69 | 48.65 | 42.98 |
| 5. | LESZCZY SKI Filip | 15 | UKS 190 Łód | 2:39.82 | 489 +0,75 | 36.50 | 40.75 | 41.52 | 41.05 |
| 6. | JOACHIMOWICZ Patryk | 15 | KU AZS UMCS Lublin | 2:45.85 | 437 +0,74 | 36.16 | 42.88 | 43.70 | 43.11 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | |
|----|----------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 2:29.91 | 593 +0,69 | 33.65 | 38.86 | 39.20 | 38.20 |
| 2. | BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 2:35.48 | 531 +0,72 | 34.66 | 40.85 | 41.19 | 38.78 |
| 3. | OLSZY SKI Maksymilin | 16 | MTP Kormoran Olsztyn | 2:39.39 | 493 +0,72 | 36.37 | 41.30 | 41.59 | 40.13 |
| 4. | DZI GIELEWSKI Dawid | 16 | UKP Fala Kra nik | 2:51.64 | 395 +0,76 | 37.19 | 43.19 | 45.47 | 45.79 |

JUNIOR 17-18 LAT

| | | | | | | | | | |
|----|-------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MISZTAL Oliwier | 18 | Ku Azs Uw | 2:21.69 | 702 +0,75 | 32.64 | 35.71 | 36.91 | 36.43 |
| 2. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 2:31.22 | 577 +0,71 | 34.59 | 38.80 | 38.99 | 38.84 |
| 3. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 2:33.29 | 554 +0,66 | 34.28 | 39.59 | 40.49 | 38.93 |
| 4. | R YSKI Michał | 17 | SWIMLAND Olsztyn | 2:35.94 | 526 +0,66 | 33.68 | 39.28 | 41.27 | 41.71 |
| 5. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 2:36.96 | 516 +0,69 | 35.51 | 40.55 | 40.81 | 40.09 |
| NW | JEDLI SKI Mateusz | 17 | UKP „Polonia Warszawa” | | | | | | |

OPEN

| | | | | | | | | | |
|-----|--------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | WIEKIERA Dawid | 21 | MKP „Wodnik 29” Tychy | 2:14.74 | 816 +0,70 | 30.60 | 34.54 | 34.86 | 34.74 |
| 2. | MISZTAL Oliwier | 18 | Ku Azs Uw | 2:21.69 | 702 +0,75 | 32.64 | 35.71 | 36.91 | 36.43 |
| 3. | LINARD Bartosz | 19 | IKS Konstancin | 2:26.85 | 630 +0,68 | 32.49 | 37.25 | 38.32 | 38.79 |
| 4. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 2:27.25 | 625 +0,67 | 33.14 | 38.66 | 38.30 | 37.15 |
| 5. | JUREKO Marcel | 15 | UKP Jedyńka Elbl g | 2:28.64 | 608 +0,67 | 34.39 | 37.36 | 39.49 | 37.40 |
| 6. | LIWKA Jakub | 19 | AZS AWF Katowice | 2:29.28 | 600 +0,66 | 33.04 | 38.37 | 38.84 | 39.03 |
| 7. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 2:29.91 | 593 +0,69 | 33.65 | 38.86 | 39.20 | 38.20 |
| 8. | WARZOCHA Gustaw | 19 | KS Warta Pozna | 2:31.21 | 577 +0,76 | 34.04 | 37.71 | 39.35 | 40.11 |
| 9. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 2:31.22 | 577 +0,71 | 34.59 | 38.80 | 38.99 | 38.84 |
| | RADZIKOWSKI Szymon | 15 | WKS I sk | 2:31.22 | 577 +0,69 | 33.80 | 38.29 | 39.83 | 39.30 |
| 11. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 2:33.29 | 554 +0,66 | 34.28 | 39.59 | 40.49 | 38.93 |
| 12. | PLEWKA Przemysław | 19 | KS AZS AGH Kraków | 2:35.32 | 533 +0,68 | 33.29 | 39.73 | 40.95 | 41.35 |
| 13. | BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 2:35.48 | 531 +0,72 | 34.66 | 40.85 | 41.19 | 38.78 |
| 14. | R YSKI Michał | 17 | SWIMLAND Olsztyn | 2:35.94 | 526 +0,66 | 33.68 | 39.28 | 41.27 | 41.71 |
| 15. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 2:36.96 | 516 +0,69 | 35.51 | 40.55 | 40.81 | 40.09 |
| 16. | GINALSKI Paweł | 15 | KS Swim2Win Krosno | 2:37.17 | 514 +0,68 | 30.85 | 34.69 | 48.65 | 42.98 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 19, M czynn, 200m klasyczny, OPEN

| Pozycja | Wiek | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|--------------------------|------|------------------------|----------------|-----------|-------|-------|-------|-------|
| 17. KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 2:39.00 | 497 +0,61 | 34.69 | 40.96 | 42.10 | 41.25 |
| 18. OLSZY SKI Maksymilin | 16 | MTP Kormoran Olsztyn | 2:39.39 | 493 +0,72 | 36.37 | 41.30 | 41.59 | 40.13 |
| 19. LESZCZY SKI Filip | 15 | UKS 190 Łódź | 2:39.82 | 489 +0,75 | 36.50 | 40.75 | 41.52 | 41.05 |
| 20. GIRU Michał | 14 | RWKS Sparta Biłgoraj | 2:43.95 | 453 +0,67 | 35.58 | 42.09 | 42.91 | 43.37 |
| 21. JOACHIMOWICZ Patryk | 15 | KU AZS UMCS Lublin | 2:45.85 | 437 +0,74 | 36.16 | 42.88 | 43.70 | 43.11 |
| 22. DZI GIELEWSKI Dawid | 16 | UKP Fala Krańców | 2:51.64 | 395 +0,76 | 37.19 | 43.19 | 45.47 | 45.79 |
| DYSKW. JANUS Tymon | 14 | UKP „Polonia Warszawa” | | | | | | |

K16 - Pływak dotknął ciana nierównocześnie nie dwiema dłońmi przy nawrocie lub na zakończeniu wyścigu - 7.6

| | | | | | | | | |
|-------------------------|----|------------------------|--|--|--|--|--|--|
| NW LEMIASHEUSKI Mikhail | 22 | KS AZS AGH Kraków | | | | | | |
| NW JEDLI SKI Mateusz | 17 | UKP „Polonia Warszawa” | | | | | | |

Konkurencja 20

Kobiet, 50m dowolny

14 lat i starsi

04.11.2023 - 18:11

Wyniki

| | | | | | |
|-----------------------|-------|----------------------|-------|-----------------|------------|
| Rekord Polski Open | 24.11 | WASICK Katarzyna | 00611 | Budapeszt (HUN) | 20.06.2022 |
| Rekord Polski 19 - 23 | 25.05 | FIEDKIEWICZ Kornelia | | Dublin (IRL) | 12.08.2023 |
| Rekord Polski 18 | 25.31 | WILK Katarzyna | 00106 | Ostrowiec w. | 21.05.2009 |
| Rekord Polski 17 | 25.31 | WILK Katarzyna | 00106 | Ostrowiec Sw. | 21.05.2009 |
| Rekord Polski 16 | 25.54 | KORC Agata | POL | Berlin (GER) | 04.08.2002 |
| Rekord Polski 15 | 25.84 | KORC Agata | 00201 | Valetta (MLT) | 08.07.2001 |
| Rekord Polski 14 | 26.24 | CELMER Natalia | | Olsztyn | 02.07.2021 |

Minimum - IO - Pary (Francja) Open: 24.70 / Minimum - M - Doha (Katar) Open: 25.04

Punkty: FINA 2023

| Pozycja | Wiek | Czas | Pkt. | CR |
|------------------------------|------|------------------------|--------------|-----------|
| JUNIOR MŁODSZY 14 LAT | | | | |
| 1. GIL Laura | 14 | KS KSZO Ostrowiec w. | 27.74 | 621 +0,66 |
| 2. RESZKO Lena | 14 | UKP „Polonia Warszawa” | 27.81 | 616 +0,78 |
| 3. MILANCEJ Elbieta | 14 | UKP „Polonia Warszawa” | 28.73 | 559 +0,66 |
| 4. LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 28.79 | 555 +0,71 |
| 5. BATORY Helena | 14 | UKP „Polonia Warszawa” | 28.82 | 554 +0,77 |
| 6. KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 29.36 | 523 +0,70 |
| 7. DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 29.52 | 515 +0,73 |
| 8. SZKIŁ D Klaudia | 14 | UKP „Polonia Warszawa” | 29.68 | 507 +0,63 |
| 9. STY Zuzanna | 14 | UKP „Polonia Warszawa” | 30.76 | 455 +0,75 |
| 10. TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 30.90 | 449 +0,66 |
| 11. M DRY Maja | 14 | AZS AWF Warszawa | 30.95 | 447 +0,75 |
| 12. ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 33.30 | 359 +0,68 |

JUNIOR MŁODSZY 15 LAT

| | | | | |
|---------------------------|----|------------------------------------|---------------|-----------|
| 1. STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 27.78 | 618 +0,61 |
| 2. LESIAK Weronika | 15 | UKS Nawa Skierniewice | 28.41 | 578 +0,66 |
| 3. RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 29.15 | 535 +0,75 |
| 4. KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 29.36 | 523 +0,72 |
| 5. ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 29.50 | 516 +0,68 |
| 6. SAMBORSKA Dagmara | 15 | AZS AWF Warszawa | 29.74 | 504 +0,67 |
| 7. TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 29.77 | 502 +0,73 |
| 8. SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | F30.60 | 462 +0,69 |
| 9. MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wodny | F32.23 | 396 +0,84 |
| 10. GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 32.48 | 387 +0,73 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 20, Kobiet, 50m dowolny

JUNIOR MŁODSZY 16 LAT

| | | | | | | |
|----|----------------------|----|------------------------------------|---------------|-----|-------|
| 1. | KŁOS Oliwia | 16 | KP Raw-Swim | 27.59 | 631 | +0,66 |
| 2. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wodny | F27.80 | 617 | +0,68 |
| 3. | SARNA Inez | 16 | UKS Nawa Skierniewice | 28.15 | 594 | +0,68 |
| 4. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 28.53 | 571 | +0,69 |
| 5. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 29.82 | 500 | +0,79 |
| 6. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 30.36 | 473 | +0,79 |
| 7. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wodny | F30.40 | 472 | +0,69 |
| 8. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 32.68 | 379 | +0,74 |
| 9. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 36.75 | 267 | +0,69 |

JUNIOR 17-18 LAT

| | | | | | | |
|----|---------------------|----|------------------------------------|---------------|-----|-------|
| 1. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 27.01 | 673 | +0,74 |
| 2. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 28.19 | 591 | +0,66 |
| 3. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 28.65 | 563 | +0,77 |
| 4. | BIELAWA Anna | 17 | WKS I sk | 28.79 | 555 | +0,70 |
| 5. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 29.29 | 527 | +0,67 |
| 6. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wodny | F29.51 | 516 | +0,61 |
| 7. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 30.03 | 489 | +0,75 |
| 8. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 31.67 | 417 | +0,72 |
| 9. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 32.60 | 382 | +0,79 |
| NW | MOSE Sara | 17 | AZS AWF Warszawa | | | |

OPEN

| | | | | | | |
|-----|-----------------------|----|------------------------------------|---------------|-----|-------|
| 1. | DOWGIERT Anna | 33 | KS Warta Pozna | 25.37 | 812 | +0,65 |
| 2. | PIOTROWSKA Wiktoria | 20 | AZS AWF Warszawa | 26.34 | 725 | +0,61 |
| 3. | CIEPLAK Aleksandra | 22 | AZS AWF Katowice | 26.39 | 721 | +0,67 |
| 4. | WI TEK Joanna | 21 | UKS "Feniks" D bica | 26.65 | 700 | +0,67 |
| 5. | WÓJTOWICZ Gabriela | 28 | SWIMLAND Olsztyn | 26.80 | 688 | +0,69 |
| 6. | WO NIAK Zofia | 22 | Ku Azs Uw | 26.90 | 681 | +0,67 |
| 7. | JABŁO SKA Martyna | 20 | MKS Piaseczno | 26.92 | 679 | +0,71 |
| 8. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 27.01 | 673 | +0,74 |
| 9. | KŁOS Oliwia | 16 | KP Raw-Swim | 27.59 | 631 | +0,66 |
| 10. | SOLAK Anna | 23 | KS AZS AGH Kraków | 27.63 | 628 | +0,66 |
| 11. | GIL Laura | 14 | KS KSZO Ostrowiec w. | 27.74 | 621 | +0,66 |
| 12. | STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 27.78 | 618 | +0,61 |
| 13. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wodny | F27.80 | 617 | +0,68 |
| 14. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 27.81 | 616 | +0,78 |
| 15. | SARNA Inez | 16 | UKS Nawa Skierniewice | 28.15 | 594 | +0,68 |
| 16. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 28.19 | 591 | +0,66 |
| 17. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 28.41 | 578 | +0,66 |
| 18. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 28.53 | 571 | +0,69 |
| 19. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 28.65 | 563 | +0,77 |
| 20. | MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 28.73 | 559 | +0,66 |
| 21. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 28.79 | 555 | +0,71 |
| | BIELAWA Anna | 17 | WKS I sk | 28.79 | 555 | +0,70 |
| 23. | WI NIEWSKA Aleksandra | 19 | KU AZS UMCS Lublin | 28.80 | 555 | +0,73 |
| 24. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 28.82 | 554 | +0,77 |
| 25. | RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 29.15 | 535 | +0,75 |
| 26. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 29.29 | 527 | +0,67 |
| 27. | KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 29.36 | 523 | +0,72 |
| | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 29.36 | 523 | +0,70 |
| 29. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 29.50 | 516 | +0,68 |
| 30. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wodny | F29.51 | 516 | +0,61 |
| 31. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 29.52 | 515 | +0,73 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 20, Kobiet, 50m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | |
|---------|------------------------|----|------------------------------------|---------------|-----|-------|
| 32. | SZKIŁ D Klaudia | 14 | UKP „Polonia Warszawa” | 29.68 | 507 | +0,63 |
| 33. | SAMBORSKA Dagmara | 15 | AZS AWF Warszawa | 29.74 | 504 | +0,67 |
| 34. | TOBOŁA PERTKIEWICZ Ewa | 15 | AZS AWF Warszawa | 29.77 | 502 | +0,73 |
| 35. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 29.82 | 500 | +0,79 |
| 36. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 30.03 | 489 | +0,75 |
| 37. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 30.36 | 473 | +0,79 |
| 38. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wodny | F30.40 | 472 | +0,69 |
| 39. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | F30.60 | 462 | +0,69 |
| 40. | STY Zuzanna | 14 | UKP „Polonia Warszawa” | 30.76 | 455 | +0,75 |
| 41. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 30.90 | 449 | +0,66 |
| 42. | M DRY Maja | 14 | AZS AWF Warszawa | 30.95 | 447 | +0,75 |
| 43. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 31.67 | 417 | +0,72 |
| 44. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wodny | F32.23 | 396 | +0,84 |
| 45. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 32.48 | 387 | +0,73 |
| 46. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 32.60 | 382 | +0,79 |
| 47. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 32.68 | 379 | +0,74 |
| 48. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 33.30 | 359 | +0,68 |
| 49. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 36.75 | 267 | +0,69 |
| NW | MOSE Sara | 17 | AZS AWF Warszawa | | | |

Konkurencja 21

04.11.2023 - 18:17

M czyzn, 200m motylkowy

14 lat i starsi

Wyniki

| | | | | | |
|-----------------------|---------|-----------------------|-------|-----------------|------------|
| Rekord Polski Open | 1:53.23 | KORZENIOWSKI Pawel | 00114 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 19 - 23 | 1:53.62 | CHMIELEWSKI Krzysztof | | Fukuoka (JPN) | 26.07.2023 |
| Rekord Polski 18 | 1:55.01 | CHMIELEWSKI Krzysztof | 05614 | Budapeszt (HUN) | 20.06.2022 |
| Rekord Polski 17 | 1:55.29 | CHMIELEWSKI Krzysztof | 05614 | Tokyo (JPN) | 27.07.2021 |
| Rekord Polski 16 | 1:58.88 | CHMIELEWSKI Krzysztof | 05614 | Lublin | 05.12.2020 |
| Rekord Polski 15 | 2:01.06 | CHMIELEWSKI Krzysztof | 05614 | Baku (KAZ) | 24.07.2019 |
| Rekord Polski 14 | 2:06.79 | URYNIUK Paweł | 05114 | Warsaw | 01.12.2017 |

Minimum - IO - Pary (Francja) Open: 1:55.78 / Minimum - M - Doha (Katar) Open: 1:56.71

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m | |
|------------------------------|-------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | |
| 1. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 2:16.57 | 527 | +0,70 | 29.37 | 34.62 | 35.76 | 36.82 |
| 2. | POTRZEBOWSKI F. | 14 | UKP „Polonia Warszawa” | 2:19.46 | 495 | +0,60 | 32.10 | 36.73 | 35.59 | 35.04 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | | |
| 1. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:17.23 | 519 | +0,62 | 30.19 | 35.46 | 35.62 | 35.96 |
| 2. | PAWLAK Dawid | 15 | UKS 190 Łód | 2:20.27 | 486 | +0,83 | 31.11 | 36.04 | 37.86 | 35.26 |
| 3. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 2:25.90 | 432 | +0,66 | 29.78 | 37.58 | 39.85 | 38.69 |
| 4. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 2:44.63 | 301 | +0,71 | 32.77 | 40.63 | 44.31 | 46.92 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | | | | |
| 1. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 2:35.47 | 357 | +0,72 | 33.15 | 39.37 | 40.26 | 42.69 |
| JUNIOR 17-18 LAT | | | | | | | | | | |
| 1. | MICHTA Bartosz | 18 | KS KSZO Ostrowiec w. | 2:07.39 | 649 | +0,70 | 28.57 | 32.21 | 33.31 | 33.30 |
| 2. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 2:08.16 | 638 | +0,66 | 28.82 | 33.09 | 33.63 | 32.62 |
| 3. | PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 2:12.60 | 576 | +0,71 | 28.49 | 33.14 | 34.79 | 36.18 |
| 4. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 2:13.00 | 571 | +0,69 | 28.65 | 33.62 | 35.52 | 35.21 |
| 5. | RYNKIEWICZ Jakub | 18 | KU AZS UMCS Lublin | 2:13.76 | 561 | +0,67 | 28.35 | 34.02 | 36.19 | 35.20 |
| 6. | KOZAK Jan | 17 | UKS SP5 Swim | 2:19.62 | 493 | +0,66 | 31.57 | 35.73 | 36.25 | 36.07 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 21, M czyzn, 200m motylkowy

OPEN

| | | | | | | | | | |
|-----|--------------------|----|--------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | JA KIEWICZ Adrian | 21 | UKS G-8 Bielany Warszawa | 1:58.85 | 800 +0,71 | 26.54 | 29.46 | 31.28 | 31.57 |
| 2. | CHRZANOWSKI Damian | 25 | WKS I sk | 2:03.37 | 715 +0,66 | 27.45 | 32.14 | 32.72 | 31.06 |
| 3. | POPRAWA Michał | 29 | AZS AWF Katowice | 2:04.18 | 701 +0,65 | 28.15 | 30.84 | 33.03 | 32.16 |
| 4. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 2:04.75 | 691 +0,68 | 27.28 | 31.76 | 33.20 | 32.51 |
| 5. | MICHTA Bartosz | 18 | KS KSZO Ostrowiec w. | 2:07.39 | 649 +0,70 | 28.57 | 32.21 | 33.31 | 33.30 |
| 6. | WARZOCHA Albert | 22 | KS Warta Pozna | 2:07.44 | 649 +0,72 | 28.02 | 31.97 | 33.01 | 34.44 |
| 7. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 2:08.16 | 638 +0,66 | 28.82 | 33.09 | 33.63 | 32.62 |
| 8. | MRÓZ Adam | 20 | KU AZS UMCS Lublin | 2:11.52 | 590 +0,74 | 28.84 | 33.55 | 34.69 | 34.44 |
| 9. | PASZKOWSKI Bła ej | 17 | KU AZS UMCS Lublin | 2:12.60 | 576 +0,71 | 28.49 | 33.14 | 34.79 | 36.18 |
| 10. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 2:13.00 | 571 +0,69 | 28.65 | 33.62 | 35.52 | 35.21 |
| 11. | RYNKIEWICZ Jakub | 18 | KU AZS UMCS Lublin | 2:13.76 | 561 +0,67 | 28.35 | 34.02 | 36.19 | 35.20 |
| 12. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 2:16.57 | 527 +0,70 | 29.37 | 34.62 | 35.76 | 36.82 |
| 13. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:17.23 | 519 +0,62 | 30.19 | 35.46 | 35.62 | 35.96 |
| 14. | POTRZEBOWSKI F. | 14 | UKP „Polonia Warszawa” | 2:19.46 | 495 +0,60 | 32.10 | 36.73 | 35.59 | 35.04 |
| 15. | KOZAK Jan | 17 | UKS SP5 Swim | 2:19.62 | 493 +0,66 | 31.57 | 35.73 | 36.25 | 36.07 |
| 16. | PAWLAK Dawid | 15 | UKS 190 Łód | 2:20.27 | 486 +0,83 | 31.11 | 36.04 | 37.86 | 35.26 |
| 17. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 2:25.90 | 432 +0,66 | 29.78 | 37.58 | 39.85 | 38.69 |
| 18. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 2:35.47 | 357 +0,72 | 33.15 | 39.37 | 40.26 | 42.69 |
| 19. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 2:44.63 | 301 +0,71 | 32.77 | 40.63 | 44.31 | 46.92 |

Konkurencja 22
04.11.2023 - 18:23

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|----------------------|-------|---------------|------------|
| Rekord Polski Open | 4:36.95 | BARANOWSKA Katarzyna | 00116 | Beijing (CHN) | 09.08.2008 |
| Rekord Polski 19 - 23 | 4:36.95 | BARANOWSKA Katarzyna | 00116 | Beijing (CHN) | 09.08.2008 |
| Rekord Polski 18 | 4:43.39 | BARANOWSKA Katarzyna | 00116 | Debica | 20.05.2005 |
| Rekord Polski 17 | 4:45.13 | SZCZEPANIAK Karolina | 00114 | Rome (ITA) | 02.08.2009 |
| Rekord Polski 16 | 4:45.38 | KNOP Aleksandra | 01605 | Łód | 25.05.2018 |
| Rekord Polski 15 | 4:45.38 | KNOP Aleksandra | 01605 | Łód | 25.05.2018 |
| Rekord Polski 14 | 4:52.05 | KNOP Aleksandra | 01605 | Lublin | 19.05.2017 |

Minimum - IO - Pary (Francja) Open: 4:38.53 / Minimum - M - Doha (Katar) Open: 4:43.06

Punkty: FINA 2023

Pozycja Wiek Czas Pkt. CR

JUNIOR MŁODSZY 14 LAT

| | | | | | | |
|----|---------------------|---------------------|------------------------|---------------------|-----|-------|
| 1. | KUCZMAR Aleksandra | 14 | UKP „Polonia Warszawa” | 5:25.52 | 547 | +0,73 |
| | 50m: 33.56 33.56 | 150m: 1:56.16 42.63 | 250m: 3:25.13 47.49 | 350m: 4:50.04 36.75 | | |
| | 100m: 1:13.53 39.97 | 200m: 2:37.64 41.48 | 300m: 4:13.29 48.16 | 400m: 5:25.52 35.48 | | |
| 2. | STY Zuzanna | 14 | UKP „Polonia Warszawa” | 5:31.73 | 517 | +0,85 |
| | 50m: 34.98 34.98 | 150m: 2:03.51 46.23 | 250m: 3:34.24 46.76 | 350m: 4:57.24 38.01 | | |
| | 100m: 1:17.28 42.30 | 200m: 2:47.48 43.97 | 300m: 4:19.23 44.99 | 400m: 5:31.73 34.49 | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | |
|----|---------------------|---------------------|------------------------|---------------------|-----|-------|
| 1. | BRZOZOWSKA Julia | 15 | KU AZS UMCS Lublin | 5:22.04 | 565 | +0,76 |
| | 50m: 34.70 34.70 | 150m: 1:54.58 39.71 | 250m: 3:22.54 47.45 | 350m: 4:47.07 37.29 | | |
| | 100m: 1:14.87 40.17 | 200m: 2:35.09 40.51 | 300m: 4:09.78 47.24 | 400m: 5:22.04 34.97 | | |
| 2. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 5:34.71 | 503 | +0,69 |
| | 50m: 35.34 35.34 | 150m: 2:01.83 43.80 | 250m: 3:31.94 48.39 | 350m: 4:57.90 38.04 | | |
| | 100m: 1:18.03 42.69 | 200m: 2:43.55 41.72 | 300m: 4:19.86 47.92 | 400m: 5:34.71 36.81 | | |
| 3. | ORNOWSKA Zuzanna | 15 | UKP „Polonia Warszawa” | 5:38.48 | 487 | +0,73 |
| | 50m: 37.79 37.79 | 150m: 2:07.18 43.72 | 250m: 3:36.57 47.31 | 350m: 5:02.07 38.11 | | |
| | 100m: 1:23.46 45.67 | 200m: 2:49.26 42.08 | 300m: 4:23.96 47.39 | 400m: 5:38.48 36.41 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 22, Kobiet, 400m zmienny

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|----------------------|---------------------|-----------------------|---------------------|-----|-------|
| 1. PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 5:01.76 | 687 | +0,72 |
| 50m: 32.55 32.55 | 150m: 1:50.24 39.66 | 250m: 3:09.94 41.40 | 350m: 4:27.19 35.42 | | |
| 100m: 1:10.58 38.03 | 200m: 2:28.54 38.30 | 300m: 3:51.77 41.83 | 400m: 5:01.76 34.57 | | |
| 2. GLI SKA Oliwia | 16 | TP Zielona Góra | 5:02.91 | 679 | +0,76 |
| 50m: 32.31 32.31 | 150m: 1:47.06 37.79 | 250m: 3:08.70 44.27 | 350m: 4:28.33 35.62 | | |
| 100m: 1:09.27 36.96 | 200m: 2:24.43 37.37 | 300m: 3:52.71 44.01 | 400m: 5:02.91 34.58 | | |
| 3. SKROK Julia | 16 | WKS I sk | 5:22.00 | 566 | +0,70 |
| 50m: 32.97 32.97 | 150m: 1:56.37 43.29 | 250m: 3:22.57 44.86 | 350m: 4:45.81 38.09 | | |
| 100m: 1:13.08 40.11 | 200m: 2:37.71 41.34 | 300m: 4:07.72 45.15 | 400m: 5:22.00 36.19 | | |
| 4. PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 5:23.07 | 560 | +0,82 |
| 50m: 33.69 33.69 | 150m: 1:58.49 44.97 | 250m: 3:24.05 42.51 | 350m: 4:46.60 38.89 | | |
| 100m: 1:13.52 39.83 | 200m: 2:41.54 43.05 | 300m: 4:07.71 43.66 | 400m: 5:23.07 36.47 | | |

JUNIOR 17-18 LAT

| | | | | | |
|---------------------|---------------------|--------------------------|---------------------|-----|-------|
| 1. KRÓL Gabriela | 17 | KS „Wisła” Puławy | 5:18.06 | 587 | +0,73 |
| 50m: 31.97 31.97 | 150m: 1:50.55 42.09 | 250m: 3:17.48 46.77 | 350m: 4:40.89 37.40 | | |
| 100m: 1:08.46 36.49 | 200m: 2:30.71 40.16 | 300m: 4:03.49 46.01 | 400m: 5:18.06 37.17 | | |
| 2. TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 5:22.53 | 563 | +0,73 |
| 50m: 32.38 32.38 | 150m: 1:53.88 42.68 | 250m: 3:22.15 46.84 | 350m: 4:45.91 37.13 | | |
| 100m: 1:11.20 38.82 | 200m: 2:35.31 41.43 | 300m: 4:08.78 46.63 | 400m: 5:22.53 36.62 | | |
| 3. MACIAK Julia | 17 | IUKS „Muszelka” Warszawa | 5:23.07 | 560 | +0,74 |
| 50m: 32.59 32.59 | 150m: 1:53.20 42.02 | 250m: 3:22.61 49.57 | 350m: 4:48.45 36.66 | | |
| 100m: 1:11.18 38.59 | 200m: 2:33.04 39.84 | 300m: 4:11.79 49.18 | 400m: 5:23.07 34.62 | | |
| 4. SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 5:23.54 | 557 | +0,70 |
| 50m: 33.11 33.11 | 150m: 1:55.08 42.60 | 250m: 3:23.31 46.68 | 350m: 4:47.99 37.82 | | |
| 100m: 1:12.48 39.37 | 200m: 2:36.63 41.55 | 300m: 4:10.17 46.86 | 400m: 5:23.54 35.55 | | |

OPEN

| | | | | | |
|----------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. FAMULOK Zuzanna | 20 | AZS AWF Katowice | 4:55.66 | 731 | +0,67 |
| 50m: 31.67 31.67 | 150m: 1:45.75 39.53 | 250m: 3:06.39 42.10 | 350m: 4:23.04 34.66 | | |
| 100m: 1:06.22 34.55 | 200m: 2:24.29 38.54 | 300m: 3:48.38 41.99 | 400m: 4:55.66 32.62 | | |
| 2. PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 5:01.76 | 687 | +0,72 |
| 50m: 32.55 32.55 | 150m: 1:50.24 39.66 | 250m: 3:09.94 41.40 | 350m: 4:27.19 35.42 | | |
| 100m: 1:10.58 38.03 | 200m: 2:28.54 38.30 | 300m: 3:51.77 41.83 | 400m: 5:01.76 34.57 | | |
| 3. KNOP Aleksandra | 20 | UKS 190 Łódź | 5:02.54 | 682 | +0,55 |
| 50m: 31.15 31.15 | 150m: 1:46.22 39.57 | 250m: 3:08.35 44.75 | 350m: 4:28.94 35.05 | | |
| 100m: 1:06.65 35.50 | 200m: 2:23.60 37.38 | 300m: 3:53.89 45.54 | 400m: 5:02.54 33.60 | | |
| 4. GLI SKA Oliwia | 16 | TP Zielona Góra | 5:02.91 | 679 | +0,76 |
| 50m: 32.31 32.31 | 150m: 1:47.06 37.79 | 250m: 3:08.70 44.27 | 350m: 4:28.33 35.62 | | |
| 100m: 1:09.27 36.96 | 200m: 2:24.43 37.37 | 300m: 3:52.71 44.01 | 400m: 5:02.91 34.58 | | |
| 5. PISKORSKA Adela | 20 | KU AZS UMCS Lublin | 5:04.50 | 669 | +0,69 |
| 50m: 31.16 31.16 | 150m: 1:45.49 37.66 | 250m: 3:07.71 45.64 | 350m: 4:29.30 36.52 | | |
| 100m: 1:07.83 36.67 | 200m: 2:22.07 36.58 | 300m: 3:52.78 45.07 | 400m: 5:04.50 35.20 | | |
| 6. KRÓL Gabriela | 17 | KS „Wisła” Puławy | 5:18.06 | 587 | +0,73 |
| 50m: 31.97 31.97 | 150m: 1:50.55 42.09 | 250m: 3:17.48 46.77 | 350m: 4:40.89 37.40 | | |
| 100m: 1:08.46 36.49 | 200m: 2:30.71 40.16 | 300m: 4:03.49 46.01 | 400m: 5:18.06 37.17 | | |
| 7. SKROK Julia | 16 | WKS I sk | 5:22.00 | 566 | +0,70 |
| 50m: 32.97 32.97 | 150m: 1:56.37 43.29 | 250m: 3:22.57 44.86 | 350m: 4:45.81 38.09 | | |
| 100m: 1:13.08 40.11 | 200m: 2:37.71 41.34 | 300m: 4:07.72 45.15 | 400m: 5:22.00 36.19 | | |
| 8. BRZOZOWSKA Julia | 15 | KU AZS UMCS Lublin | 5:22.04 | 565 | +0,76 |
| 50m: 34.70 34.70 | 150m: 1:54.58 39.71 | 250m: 3:22.54 47.45 | 350m: 4:47.07 37.29 | | |
| 100m: 1:14.87 40.17 | 200m: 2:35.09 40.51 | 300m: 4:09.78 47.24 | 400m: 5:22.04 34.97 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 22, Kobiet, 400m zmienny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|--------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------------|
| 9. | TUPALSKA Oliwia | | 18 | UKP „Polonia Warszawa” | | | | 5:22.53 | 563 | +0,73 |
| | 50m: | 32.38 32.38 | 150m: | 1:53.88 | 42.68 | 250m: | 3:22.15 | 46.84 | 350m: | 4:45.91 37.13 |
| | 100m: | 1:11.20 38.82 | 200m: | 2:35.31 | 41.43 | 300m: | 4:08.78 | 46.63 | 400m: | 5:22.53 36.62 |
| 10. | MACIAK Julia | | 17 | IUKS „Muszelka” Warszawa | | | | 5:23.07 | 560 | +0,74 |
| | 50m: | 32.59 32.59 | 150m: | 1:53.20 | 42.02 | 250m: | 3:22.61 | 49.57 | 350m: | 4:48.45 36.66 |
| | 100m: | 1:11.18 38.59 | 200m: | 2:33.04 | 39.84 | 300m: | 4:11.79 | 49.18 | 400m: | 5:23.07 34.62 |
| | PIETRZYK Hanna | | 16 | UKS Nawa Skierniewice | | | | 5:23.07 | 560 | +0,82 |
| | 50m: | 33.69 33.69 | 150m: | 1:58.49 | 44.97 | 250m: | 3:24.05 | 42.51 | 350m: | 4:46.60 38.89 |
| | 100m: | 1:13.52 39.83 | 200m: | 2:41.54 | 43.05 | 300m: | 4:07.71 | 43.66 | 400m: | 5:23.07 36.47 |
| 12. | SOJKA Oliwia | | 17 | UKS Aqua Team Mikołów | | | | 5:23.54 | 557 | +0,70 |
| | 50m: | 33.11 33.11 | 150m: | 1:55.08 | 42.60 | 250m: | 3:23.31 | 46.68 | 350m: | 4:47.99 37.82 |
| | 100m: | 1:12.48 39.37 | 200m: | 2:36.63 | 41.55 | 300m: | 4:10.17 | 46.86 | 400m: | 5:23.54 35.55 |
| 13. | KUCZMAR Aleksandra | | 14 | UKP „Polonia Warszawa” | | | | 5:25.52 | 547 | +0,73 |
| | 50m: | 33.56 33.56 | 150m: | 1:56.16 | 42.63 | 250m: | 3:25.13 | 47.49 | 350m: | 4:50.04 36.75 |
| | 100m: | 1:13.53 39.97 | 200m: | 2:37.64 | 41.48 | 300m: | 4:13.29 | 48.16 | 400m: | 5:25.52 35.48 |
| 14. | STY Zuzanna | | 14 | UKP „Polonia Warszawa” | | | | 5:31.73 | 517 | +0,85 |
| | 50m: | 34.98 34.98 | 150m: | 2:03.51 | 46.23 | 250m: | 3:34.24 | 46.76 | 350m: | 4:57.24 38.01 |
| | 100m: | 1:17.28 42.30 | 200m: | 2:47.48 | 43.97 | 300m: | 4:19.23 | 44.99 | 400m: | 5:31.73 34.49 |
| 15. | JABŁO SKA Natalia | | 15 | MTP Kormoran Olsztyn | | | | 5:34.71 | 503 | +0,69 |
| | 50m: | 35.34 35.34 | 150m: | 2:01.83 | 43.80 | 250m: | 3:31.94 | 48.39 | 350m: | 4:57.90 38.04 |
| | 100m: | 1:18.03 42.69 | 200m: | 2:43.55 | 41.72 | 300m: | 4:19.86 | 47.92 | 400m: | 5:34.71 36.81 |
| 16. | ORNOWSKA Zuzanna | | 15 | UKP „Polonia Warszawa” | | | | 5:38.48 | 487 | +0,73 |
| | 50m: | 37.79 37.79 | 150m: | 2:07.18 | 43.72 | 250m: | 3:36.57 | 47.31 | 350m: | 5:02.07 38.11 |
| | 100m: | 1:23.46 45.67 | 200m: | 2:49.26 | 42.08 | 300m: | 4:23.96 | 47.39 | 400m: | 5:38.48 36.41 |

Konkurencja 23

04.11.2023 - 18:36

M czyzn, 400m zmienny

14 lat i starsi

Wyniki

| | | | | | |
|-----------------------|---------|-----------------|-------|-------------------------|------------|
| Rekord Polski Open | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB) | 11.07.2009 |
| Rekord Polski 19 - 23 | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB) | 11.07.2009 |
| Rekord Polski 18 | 4:18.40 | MATCZAK Mateusz | 00905 | Antwerp (BEL) | 22.07.2007 |
| Rekord Polski 17 | 4:20.27 | MATCZAK Mateusz | 00905 | Palma de Mallorca (ESP) | 06.07.2006 |
| Rekord Polski 16 | 4:26.91 | KĄŁUSOWSKI Jan | 00905 | Ostrowiec Sw | 15.07.2016 |
| Rekord Polski 15 | 4:30.55 | KĄŁUSOWSKI Jan | 00905 | Ostrowiec Sw | 10.07.2015 |
| Rekord Polski 14 | 4:39.38 | SOBEK Nikodem | 02303 | Berlin (GER) | 16.12.2016 |

Minimum - IO - Pary (Francja) Open: 4:12.50 / Minimum - M - Doha (Katar) Open: 4:17.48

Punkty: FINA 2023

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|------------------------------|--------------------|---------------|-------|---------------------------|-------|-------|---------|----------------|-------|---------------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | |
| 1. | MARYJOWSKI Marcin | | 14 | WKS I sk | | | | 5:06.15 | 505 | +0,67 |
| | 50m: | 29.56 29.56 | 150m: | 1:46.15 | 40.53 | 250m: | 3:11.97 | 46.05 | 350m: | 4:33.23 35.58 |
| | 100m: | 1:05.62 36.06 | 200m: | 2:25.92 | 39.77 | 300m: | 3:57.65 | 45.68 | 400m: | 5:06.15 32.92 |
| 2. | SZCZEPANIAK Maciej | | 14 | UKS 48 Warszawa ródmi cie | | | | 5:27.59 | 412 | +0,75 |
| | 50m: | 32.68 32.68 | 150m: | 1:56.50 | 44.30 | 250m: | 3:25.90 | 47.22 | 350m: | 4:51.63 37.85 |
| | 100m: | 1:12.20 39.52 | 200m: | 2:38.68 | 42.18 | 300m: | 4:13.78 | 47.88 | 400m: | 5:27.59 35.96 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | | |
| 1. | TUPALSKI Natan | | 15 | UKP „Polonia Warszawa” | | | | 5:15.46 | 461 | +0,74 |
| | 50m: | 32.31 32.31 | 150m: | 1:52.14 | 40.92 | 250m: | 3:16.06 | 43.95 | 350m: | 4:39.22 37.46 |
| | 100m: | 1:11.22 38.91 | 200m: | 2:32.11 | 39.97 | 300m: | 4:01.76 | 45.70 | 400m: | 5:15.46 36.24 |
| 2. | PAWLAK Dawid | | 15 | UKS 190 Łód | | | | 5:16.78 | 456 | +0,80 |
| | 50m: | 33.11 33.11 | 150m: | 1:57.80 | 45.08 | 250m: | 3:25.56 | 45.26 | 350m: | 4:44.27 34.48 |
| | 100m: | 1:12.72 39.61 | 200m: | 2:40.30 | 42.50 | 300m: | 4:09.79 | 44.23 | 400m: | 5:16.78 32.51 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 23, M czyzn, 400m zmienny

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|----------------------|---------------|----------------------|----------------|---------------|-------|
| 1. BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 4:46.56 | 616 | +0,72 |
| 50m: 29.21 29.21 | 150m: 1:42.48 | 38.19 250m: 2:59.02 | 39.95 | 350m: 4:14.33 | 35.30 |
| 100m: 1:04.29 35.08 | 200m: 2:19.07 | 36.59 300m: 3:39.03 | 40.01 | 400m: 4:46.56 | 32.23 |
| 2. ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 5:04.28 | 514 | +0,75 |
| 50m: 31.19 31.19 | 150m: 1:47.07 | 39.41 250m: 3:10.06 | 44.39 | 350m: 4:29.88 | 35.26 |
| 100m: 1:07.66 36.47 | 200m: 2:25.67 | 38.60 300m: 3:54.62 | 44.56 | 400m: 5:04.28 | 34.40 |

JUNIOR 17-18 LAT

| | | | | | |
|---------------------|---------------|--------------------------|----------------|---------------|-------|
| 1. LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | 4:45.21 | 624 | +0,76 |
| 50m: 30.44 30.44 | 150m: 1:41.94 | 38.04 250m: 2:59.96 | 41.50 | 350m: 4:14.71 | 32.35 |
| 100m: 1:03.90 33.46 | 200m: 2:18.46 | 36.52 300m: 3:42.36 | 42.40 | 400m: 4:45.21 | 30.50 |

OPEN

| | | | | | |
|-----------------------|---------------|----------------------------|----------------|---------------|-------|
| 1. MRÓZ Adam | 20 | KU AZS UMCS Lublin | 4:39.68 | 662 | +0,70 |
| 50m: 29.30 29.30 | 150m: 1:39.66 | 36.90 250m: 2:54.79 | 38.44 | 350m: 4:07.78 | 33.69 |
| 100m: 1:02.76 33.46 | 200m: 2:16.35 | 36.69 300m: 3:34.09 | 39.30 | 400m: 4:39.68 | 31.90 |
| 2. LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | 4:45.21 | 624 | +0,76 |
| 50m: 30.44 30.44 | 150m: 1:41.94 | 38.04 250m: 2:59.96 | 41.50 | 350m: 4:14.71 | 32.35 |
| 100m: 1:03.90 33.46 | 200m: 2:18.46 | 36.52 300m: 3:42.36 | 42.40 | 400m: 4:45.21 | 30.50 |
| 3. BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 4:46.56 | 616 | +0,72 |
| 50m: 29.21 29.21 | 150m: 1:42.48 | 38.19 250m: 2:59.02 | 39.95 | 350m: 4:14.33 | 35.30 |
| 100m: 1:04.29 35.08 | 200m: 2:19.07 | 36.59 300m: 3:39.03 | 40.01 | 400m: 4:46.56 | 32.23 |
| 4. ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 5:04.28 | 514 | +0,75 |
| 50m: 31.19 31.19 | 150m: 1:47.07 | 39.41 250m: 3:10.06 | 44.39 | 350m: 4:29.88 | 35.26 |
| 100m: 1:07.66 36.47 | 200m: 2:25.67 | 38.60 300m: 3:54.62 | 44.56 | 400m: 5:04.28 | 34.40 |
| 5. MARYJOWSKI Marcin | 14 | WKS I sk | 5:06.15 | 505 | +0,67 |
| 50m: 29.56 29.56 | 150m: 1:46.15 | 40.53 250m: 3:11.97 | 46.05 | 350m: 4:33.23 | 35.58 |
| 100m: 1:05.62 36.06 | 200m: 2:25.92 | 39.77 300m: 3:57.65 | 45.68 | 400m: 5:06.15 | 32.92 |
| 6. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 5:15.46 | 461 | +0,74 |
| 50m: 32.31 32.31 | 150m: 1:52.14 | 40.92 250m: 3:16.06 | 43.95 | 350m: 4:39.22 | 37.46 |
| 100m: 1:11.22 38.91 | 200m: 2:32.11 | 39.97 300m: 4:01.76 | 45.70 | 400m: 5:15.46 | 36.24 |
| 7. PAWLAK Dawid | 15 | UKS 190 Łód | 5:16.78 | 456 | +0,80 |
| 50m: 33.11 33.11 | 150m: 1:57.80 | 45.08 250m: 3:25.56 | 45.26 | 350m: 4:44.27 | 34.48 |
| 100m: 1:12.72 39.61 | 200m: 2:40.30 | 42.50 300m: 4:09.79 | 44.23 | 400m: 5:16.78 | 32.51 |
| 8. SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródnie cie | 5:27.59 | 412 | +0,75 |
| 50m: 32.68 32.68 | 150m: 1:56.50 | 44.30 250m: 3:25.90 | 47.22 | 350m: 4:51.63 | 37.85 |
| 100m: 1:12.20 39.52 | 200m: 2:38.68 | 42.18 300m: 4:13.78 | 47.88 | 400m: 5:27.59 | 35.96 |
| NW ADAMCZYK Jan | 20 | KS AZS AGH Kraków | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12
04.11.2023 - 18:42

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|-----------------|------------|
| Rekord Polski Open | 4:04.23 | JEDRZEJCZAK Otylia | 00114 | Melbourne (AUS) | 25.03.2007 |
| Rekord Polski 19 - 23 | 4:05.84 | JEDRZEJCZAK Otylia | 00114 | Budapeszt (HUN) | 03.08.2006 |
| Rekord Polski 18 | 4:12.62 | UKOWSKA Paula | 00107 | Doha (UAE) | 09.12.2009 |
| Rekord Polski 17 | 4:12.62 | UKOWSKA Paula | 00107 | Doha (UAE) | 09.12.2009 |
| Rekord Polski 16 | 4:12.62 | ZUKOWSKA Paula | 00107 | Doha (QAT) | 09.12.2009 |
| Rekord Polski 15 | 4:16.14 | KNOP Aleksandra | 01605 | Łódź | 26.05.2018 |
| Rekord Polski 14 | 4:16.54 | KILIJA SKA Donata | 00612 | Tampere (FIN) | 20.07.2009 |

Minimum - IO - Pary (Francja) Open: 4:07.90 / Minimum - M - Doha (Katar) Open: 4:10.57

Punkty: FINA 2023

| Pozycja | Wiek | | | | Czas | Pkt. | CR |
|---------|------|--|--|--|------|------|----|
|---------|------|--|--|--|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|-----------------------|---------------------|------------------------|---------------------|-----|-------|
| 1. RESZKO Lena | 14 | UKP „Polonia Warszawa” | 4:31.44 | 660 | +0,78 |
| 50m: 31.17 31.17 | 150m: 1:39.65 34.12 | 250m: 2:49.32 34.48 | 350m: 3:58.31 34.24 | | |
| 100m: 1:05.53 34.36 | 200m: 2:14.84 35.19 | 300m: 3:24.07 34.75 | 400m: 4:31.44 33.13 | | |
| 2. KUCZMAR Aleksandra | 14 | UKP „Polonia Warszawa” | 4:42.65 | 585 | +0,74 |
| 50m: 31.59 31.59 | 150m: 1:42.84 35.80 | 250m: 2:55.10 36.21 | 350m: 4:08.28 36.81 | | |
| 100m: 1:07.04 35.45 | 200m: 2:18.89 36.05 | 300m: 3:31.47 36.37 | 400m: 4:42.65 34.37 | | |
| 3. RUTKOWSKA Maja | 14 | UKS SP-149 Łódź | 4:53.38 | 523 | +0,77 |
| 50m: 33.41 33.41 | 150m: 1:50.24 38.72 | 250m: 3:04.50 36.43 | 350m: 4:18.22 36.77 | | |
| 100m: 1:11.52 38.11 | 200m: 2:28.07 37.83 | 300m: 3:41.45 36.95 | 400m: 4:53.38 35.16 | | |
| 4. GNA Nadia | 14 | UKS Tri-Team Rumia | 4:54.54 | 517 | +0,80 |
| 50m: 33.28 33.28 | 150m: 1:47.31 37.23 | 250m: 3:02.44 37.73 | 350m: 4:17.80 37.55 | | |
| 100m: 1:10.08 36.80 | 200m: 2:24.71 37.40 | 300m: 3:40.25 37.81 | 400m: 4:54.54 36.74 | | |
| 5. KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 4:56.03 | 509 | +0,67 |
| 50m: 33.79 33.79 | 150m: 1:47.71 37.31 | 250m: 3:03.36 37.81 | 350m: 4:19.71 38.04 | | |
| 100m: 1:10.40 36.61 | 200m: 2:25.55 37.84 | 300m: 3:41.67 38.31 | 400m: 4:56.03 36.32 | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|-----------------------|---------------------|------------------------------------|---------------------|-----|-------|
| 1. STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 4:44.64 | 572 | +0,66 |
| 50m: 33.63 33.63 | 150m: 1:48.01 36.82 | 250m: 2:59.81 35.37 | 350m: 4:10.90 34.70 | | |
| 100m: 1:11.19 37.56 | 200m: 2:24.44 36.43 | 300m: 3:36.20 36.39 | 400m: 4:44.64 33.74 | | |
| 2. ORNOWSKA Zuzanna | 15 | UKP „Polonia Warszawa” | 4:49.40 | 545 | +0,77 |
| 50m: 32.42 32.42 | 150m: 1:45.43 37.19 | 250m: 2:59.45 37.38 | 350m: 4:13.89 37.02 | | |
| 100m: 1:08.24 35.82 | 200m: 2:22.07 36.64 | 300m: 3:36.87 37.42 | 400m: 4:49.40 35.51 | | |
| 3. BATYRA Julia | 15 | UKS SP5 Swim | 4:52.41 | 528 | +0,96 |
| 50m: 33.24 33.24 | 150m: 1:46.70 36.93 | 250m: 3:00.49 36.86 | 350m: 4:15.90 37.65 | | |
| 100m: 1:09.77 36.53 | 200m: 2:23.63 36.93 | 300m: 3:38.25 37.76 | 400m: 4:52.41 36.51 | | |
| 4. BRZOZOWSKA Julia | 15 | KU AZS UMCS Lublin | 4:52.74 | 526 | +0,76 |
| 50m: 34.11 34.11 | 150m: 1:49.32 37.62 | 250m: 3:04.05 37.38 | 350m: 4:17.77 36.14 | | |
| 100m: 1:11.70 37.59 | 200m: 2:26.67 37.35 | 300m: 3:41.63 37.58 | 400m: 4:52.74 34.97 | | |
| 5. KAZANOWSKA Klaudia | 15 | KU AZS UMCS Lublin | 4:55.51 | 511 | +0,70 |
| 50m: 32.79 32.79 | 150m: 1:46.20 36.89 | 250m: 3:01.32 37.78 | 350m: 4:18.55 38.60 | | |
| 100m: 1:09.31 36.52 | 200m: 2:23.54 37.34 | 300m: 3:39.95 38.63 | 400m: 4:55.51 36.96 | | |
| 6. JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 4:56.30 | 507 | +0,67 |
| 50m: 34.03 34.03 | 150m: 1:48.48 37.45 | 250m: 3:04.08 37.71 | 350m: 4:19.76 37.71 | | |
| 100m: 1:11.03 37.00 | 200m: 2:26.37 37.89 | 300m: 3:42.05 37.97 | 400m: 4:56.30 36.54 | | |
| 7. SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wodny | 5:05.89 | 461 | +0,74 |
| 50m: 33.59 33.59 | 150m: 1:50.25 38.95 | 250m: 3:08.87 39.40 | 350m: 4:28.03 39.65 | | |
| 100m: 1:11.30 37.71 | 200m: 2:29.47 39.22 | 300m: 3:48.38 39.51 | 400m: 5:05.89 37.86 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny

JUNIOR MŁODSZY 16 LAT

| | | | | | | |
|----|---------------------|---------------------|-----------------------|---------------------|-----|-------|
| 1. | POPPE Marta | 16 | KU AZS UMCS Lublin | 4:31.55 | 659 | +0,76 |
| | 50m: 31.40 31.40 | 150m: 1:39.84 34.34 | 250m: 2:49.37 34.47 | 350m: 3:58.49 34.52 | | |
| | 100m: 1:05.50 34.10 | 200m: 2:14.90 35.06 | 300m: 3:23.97 34.60 | 400m: 4:31.55 33.06 | | |
| 2. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 4:33.80 | 643 | +0,81 |
| | 50m: 31.29 31.29 | 150m: 1:40.26 34.71 | 250m: 2:49.92 34.73 | 350m: 3:59.90 34.81 | | |
| | 100m: 1:05.55 34.26 | 200m: 2:15.19 34.93 | 300m: 3:25.09 35.17 | 400m: 4:33.80 33.90 | | |
| 3. | WŁADYCZKA Amelia | 16 | WKS I sk | 4:36.64 | 624 | +0,75 |
| | 50m: 30.94 30.94 | 150m: 1:39.22 34.31 | 250m: 2:49.28 35.27 | 350m: 4:02.10 36.85 | | |
| | 100m: 1:04.91 33.97 | 200m: 2:14.01 34.79 | 300m: 3:25.25 35.97 | 400m: 4:36.64 34.54 | | |
| 4. | DU KO Julia | 16 | RWKS Sparta Biłgoraj | 4:37.98 | 615 | +0,76 |
| | 50m: 32.61 32.61 | 150m: 1:43.62 35.76 | 250m: 2:53.86 34.94 | 350m: 4:04.41 34.93 | | |
| | 100m: 1:07.86 35.25 | 200m: 2:18.92 35.30 | 300m: 3:29.48 35.62 | 400m: 4:37.98 33.57 | | |
| 5. | WO AKOWSKA Zofia | 16 | KU AZS UMCS Lublin | 4:46.04 | 564 | +0,74 |
| | 50m: 31.98 31.98 | 150m: 1:44.08 36.60 | 250m: 2:57.40 36.67 | 350m: 4:10.03 36.07 | | |
| | 100m: 1:07.48 35.50 | 200m: 2:20.73 36.65 | 300m: 3:33.96 36.56 | 400m: 4:46.04 36.01 | | |
| 6. | ZAKRZEWSKA Oliwia | 16 | UKS Nawa Skierniewice | 4:54.55 | 516 | +0,80 |
| | 50m: 34.04 34.04 | 150m: 1:48.97 37.74 | 250m: 3:04.65 38.01 | 350m: 4:19.10 37.00 | | |
| | 100m: 1:11.23 37.19 | 200m: 2:26.64 37.67 | 300m: 3:42.10 37.45 | 400m: 4:54.55 35.45 | | |
| 7. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 5:10.39 | 441 | +0,75 |
| | 50m: 33.55 33.55 | 150m: 1:51.14 39.45 | 250m: 3:11.26 40.24 | 350m: 4:32.04 39.96 | | |
| | 100m: 1:11.69 38.14 | 200m: 2:31.02 39.88 | 300m: 3:52.08 40.82 | 400m: 5:10.39 38.35 | | |

JUNIOR 17-18 LAT

| | | | | | | |
|-----|---------------------|---------------------|--------------------------|---------------------|-----|-------|
| 1. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 4:25.66 | 704 | +0,65 |
| | 50m: 30.76 30.76 | 150m: 1:38.16 33.65 | 250m: 2:45.27 33.54 | 350m: 3:52.57 33.62 | | |
| | 100m: 1:04.51 33.75 | 200m: 2:11.73 33.57 | 300m: 3:18.95 33.68 | 400m: 4:25.66 33.09 | | |
| 2. | MACIAK Julia | 17 | IUKS „Muszelka” Warszawa | 4:32.77 | 650 | +0,76 |
| | 50m: 31.15 31.15 | 150m: 1:41.14 35.05 | 250m: 2:50.98 34.87 | 350m: 4:00.07 34.38 | | |
| | 100m: 1:06.09 34.94 | 200m: 2:16.11 34.97 | 300m: 3:25.69 34.71 | 400m: 4:32.77 32.70 | | |
| 3. | KRÓL Gabriela | 17 | KS „Wisła” Puławy | 4:37.72 | 616 | +0,71 |
| | 50m: 31.04 31.04 | 150m: 1:41.62 35.54 | 250m: 2:52.09 34.74 | 350m: 4:02.62 35.13 | | |
| | 100m: 1:06.08 35.04 | 200m: 2:17.35 35.73 | 300m: 3:27.49 35.40 | 400m: 4:37.72 35.10 | | |
| 4. | SAMORAJ Oliwia | 18 | MKS Piaseczno | 4:38.21 | 613 | +0,77 |
| | 50m: 31.93 31.93 | 150m: 1:42.34 35.53 | 250m: 2:53.55 35.44 | 350m: 4:04.82 35.67 | | |
| | 100m: 1:06.81 34.88 | 200m: 2:18.11 35.77 | 300m: 3:29.15 35.60 | 400m: 4:38.21 33.39 | | |
| 5. | RYFKA Maja | 17 | UKP Fala Kra nik | 4:38.38 | 612 | +0,84 |
| | 50m: 30.97 30.97 | 150m: 1:41.62 35.48 | 250m: 2:53.20 35.53 | 350m: 4:04.43 35.25 | | |
| | 100m: 1:06.14 35.17 | 200m: 2:17.67 36.05 | 300m: 3:29.18 35.98 | 400m: 4:38.38 33.95 | | |
| 6. | GAWEŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 4:40.08 | 601 | +0,63 |
| | 50m: 32.39 32.39 | 150m: 1:43.98 36.02 | 250m: 2:55.22 35.69 | 350m: 4:06.36 35.69 | | |
| | 100m: 1:07.96 35.57 | 200m: 2:19.53 35.55 | 300m: 3:30.67 35.45 | 400m: 4:40.08 33.72 | | |
| 7. | KOSSOWSKA Julita | 18 | UKS 190 Łód | 4:42.16 | 588 | +0,80 |
| | 50m: 32.62 32.62 | 150m: 1:43.34 35.45 | 250m: 2:54.85 35.83 | 350m: 4:07.39 36.18 | | |
| | 100m: 1:07.89 35.27 | 200m: 2:19.02 35.68 | 300m: 3:31.21 36.36 | 400m: 4:42.16 34.77 | | |
| 8. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 4:47.24 | 557 | +0,68 |
| | 50m: 32.46 32.46 | 150m: 1:43.21 35.86 | 250m: 2:56.17 36.49 | 350m: 4:11.48 37.93 | | |
| | 100m: 1:07.35 34.89 | 200m: 2:19.68 36.47 | 300m: 3:33.55 37.38 | 400m: 4:47.24 35.76 | | |
| 9. | SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 4:50.08 | 541 | +0,70 |
| | 50m: 33.18 33.18 | 150m: 1:47.43 37.27 | 250m: 3:01.78 37.26 | 350m: 4:15.14 35.41 | | |
| | 100m: 1:10.16 36.98 | 200m: 2:24.52 37.09 | 300m: 3:39.73 37.95 | 400m: 4:50.08 34.94 | | |
| 10. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 5:02.21 | 478 | +0,65 |
| | 50m: 33.37 33.37 | 150m: 1:50.54 39.30 | 250m: 3:08.22 38.83 | 350m: 4:26.07 38.95 | | |
| | 100m: 1:11.24 37.87 | 200m: 2:29.39 38.85 | 300m: 3:47.12 38.90 | 400m: 5:02.21 36.14 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny, JUNIOR 17-18 LAT

| Pozycja | | | Wiek | | | | Czas | | Pkt. | CR | |
|---------|--------------------|---------------|-------|--------------------------|-------|-------|----------------|-------|-------|---------|-------|
| 11. | SOSNÓWKA Oliwia | | 18 | UKP Fala Kra nik | | | 5:04.79 | 466 | +0,79 | | |
| | 50m: | 34.70 34.70 | 150m: | 1:51.54 | 38.85 | 250m: | 3:09.19 | 38.58 | 350m: | 4:27.20 | 38.64 |
| | 100m: | 1:12.69 37.99 | 200m: | 2:30.61 | 39.07 | 300m: | 3:48.56 | 39.37 | 400m: | 5:04.79 | 37.59 |
| 12. | PABISIAK Helena | | 18 | UKP „Polonia Warszawa" | | | 5:16.11 | 418 | +0,72 | | |
| | 50m: | 35.12 35.12 | 150m: | 1:52.70 | 39.44 | 250m: | 3:13.14 | 40.04 | 350m: | 4:35.63 | 41.57 |
| | 100m: | 1:13.26 38.14 | 200m: | 2:33.10 | 40.40 | 300m: | 3:54.06 | 40.92 | 400m: | 5:16.11 | 40.48 |
| OPEN | | | | | | | | | | | |
| 1. | KOWALSKA Klara | | 18 | KU AZS UMCS Lublin | | | 4:25.66 | 704 | +0,65 | | |
| | 50m: | 30.76 30.76 | 150m: | 1:38.16 | 33.65 | 250m: | 2:45.27 | 33.54 | 350m: | 3:52.57 | 33.62 |
| | 100m: | 1:04.51 33.75 | 200m: | 2:11.73 | 33.57 | 300m: | 3:18.95 | 33.68 | 400m: | 4:25.66 | 33.09 |
| 2. | RESZKO Lena | | 14 | UKP „Polonia Warszawa" | | | 4:31.44 | 660 | +0,78 | | |
| | 50m: | 31.17 31.17 | 150m: | 1:39.65 | 34.12 | 250m: | 2:49.32 | 34.48 | 350m: | 3:58.31 | 34.24 |
| | 100m: | 1:05.53 34.36 | 200m: | 2:14.84 | 35.19 | 300m: | 3:24.07 | 34.75 | 400m: | 4:31.44 | 33.13 |
| 3. | POPPE Marta | | 16 | KU AZS UMCS Lublin | | | 4:31.55 | 659 | +0,76 | | |
| | 50m: | 31.40 31.40 | 150m: | 1:39.84 | 34.34 | 250m: | 2:49.37 | 34.47 | 350m: | 3:58.49 | 34.52 |
| | 100m: | 1:05.50 34.10 | 200m: | 2:14.90 | 35.06 | 300m: | 3:23.97 | 34.60 | 400m: | 4:31.55 | 33.06 |
| 4. | MACIAK Julia | | 17 | IUKS „Muszelka" Warszawa | | | 4:32.77 | 650 | +0,76 | | |
| | 50m: | 31.15 31.15 | 150m: | 1:41.14 | 35.05 | 250m: | 2:50.98 | 34.87 | 350m: | 4:00.07 | 34.38 |
| | 100m: | 1:06.09 34.94 | 200m: | 2:16.11 | 34.97 | 300m: | 3:25.69 | 34.71 | 400m: | 4:32.77 | 32.70 |
| 5. | WIERNICKA Julia | | 16 | KU AZS UMCS Lublin | | | 4:33.80 | 643 | +0,81 | | |
| | 50m: | 31.29 31.29 | 150m: | 1:40.26 | 34.71 | 250m: | 2:49.92 | 34.73 | 350m: | 3:59.90 | 34.81 |
| | 100m: | 1:05.55 34.26 | 200m: | 2:15.19 | 34.93 | 300m: | 3:25.09 | 35.17 | 400m: | 4:33.80 | 33.90 |
| 6. | ŁUCZAK Dominika | | 21 | TP Zielona Góra | | | 4:35.41 | 632 | +0,70 | | |
| | 50m: | 31.90 31.90 | 150m: | 1:41.08 | 34.66 | 250m: | 2:50.98 | 35.07 | 350m: | 4:01.27 | 35.13 |
| | 100m: | 1:06.42 34.52 | 200m: | 2:15.91 | 34.83 | 300m: | 3:26.14 | 35.16 | 400m: | 4:35.41 | 34.14 |
| 7. | WŁADYCZKA Amelia | | 16 | WKS I sk | | | 4:36.64 | 624 | +0,75 | | |
| | 50m: | 30.94 30.94 | 150m: | 1:39.22 | 34.31 | 250m: | 2:49.28 | 35.27 | 350m: | 4:02.10 | 36.85 |
| | 100m: | 1:04.91 33.97 | 200m: | 2:14.01 | 34.79 | 300m: | 3:25.25 | 35.97 | 400m: | 4:36.64 | 34.54 |
| 8. | KRÓL Gabriela | | 17 | KS „Wisła" Puławy | | | 4:37.72 | 616 | +0,71 | | |
| | 50m: | 31.04 31.04 | 150m: | 1:41.62 | 35.54 | 250m: | 2:52.09 | 34.74 | 350m: | 4:02.62 | 35.13 |
| | 100m: | 1:06.08 35.04 | 200m: | 2:17.35 | 35.73 | 300m: | 3:27.49 | 35.40 | 400m: | 4:37.72 | 35.10 |
| 9. | DU KO Julia | | 16 | RWKS Sparta Biłgoraj | | | 4:37.98 | 615 | +0,76 | | |
| | 50m: | 32.61 32.61 | 150m: | 1:43.62 | 35.76 | 250m: | 2:53.86 | 34.94 | 350m: | 4:04.41 | 34.93 |
| | 100m: | 1:07.86 35.25 | 200m: | 2:18.92 | 35.30 | 300m: | 3:29.48 | 35.62 | 400m: | 4:37.98 | 33.57 |
| 10. | SAMORAJ Oliwia | | 18 | MKS Piaseczno | | | 4:38.21 | 613 | +0,77 | | |
| | 50m: | 31.93 31.93 | 150m: | 1:42.34 | 35.53 | 250m: | 2:53.55 | 35.44 | 350m: | 4:04.82 | 35.67 |
| | 100m: | 1:06.81 34.88 | 200m: | 2:18.11 | 35.77 | 300m: | 3:29.15 | 35.60 | 400m: | 4:38.21 | 33.39 |
| 11. | RYFKA Maja | | 17 | UKP Fala Kra nik | | | 4:38.38 | 612 | +0,84 | | |
| | 50m: | 30.97 30.97 | 150m: | 1:41.62 | 35.48 | 250m: | 2:53.20 | 35.53 | 350m: | 4:04.43 | 35.25 |
| | 100m: | 1:06.14 35.17 | 200m: | 2:17.67 | 36.05 | 300m: | 3:29.18 | 35.98 | 400m: | 4:38.38 | 33.95 |
| 12. | GAWEŁKO Zuzanna | | 17 | KU AZS UMCS Lublin | | | 4:40.08 | 601 | +0,63 | | |
| | 50m: | 32.39 32.39 | 150m: | 1:43.98 | 36.02 | 250m: | 2:55.22 | 35.69 | 350m: | 4:06.36 | 35.69 |
| | 100m: | 1:07.96 35.57 | 200m: | 2:19.53 | 35.55 | 300m: | 3:30.67 | 35.45 | 400m: | 4:40.08 | 33.72 |
| 13. | SIWKO Natalia | | 19 | KU AZS UMCS Lublin | | | 4:41.48 | 592 | +0,74 | | |
| | 50m: | 32.08 32.08 | 150m: | 1:43.68 | 35.83 | 250m: | 2:55.41 | 35.94 | 350m: | 4:06.96 | 35.78 |
| | 100m: | 1:07.85 35.77 | 200m: | 2:19.47 | 35.79 | 300m: | 3:31.18 | 35.77 | 400m: | 4:41.48 | 34.52 |
| 14. | KOSSOWSKA Julita | | 18 | UKS 190 Łód | | | 4:42.16 | 588 | +0,80 | | |
| | 50m: | 32.62 32.62 | 150m: | 1:43.34 | 35.45 | 250m: | 2:54.85 | 35.83 | 350m: | 4:07.39 | 36.18 |
| | 100m: | 1:07.89 35.27 | 200m: | 2:19.02 | 35.68 | 300m: | 3:31.21 | 36.36 | 400m: | 4:42.16 | 34.77 |
| 15. | KUCZMAR Aleksandra | | 14 | UKP „Polonia Warszawa" | | | 4:42.65 | 585 | +0,74 | | |
| | 50m: | 31.59 31.59 | 150m: | 1:42.84 | 35.80 | 250m: | 2:55.10 | 36.21 | 350m: | 4:08.28 | 36.81 |
| | 100m: | 1:07.04 35.45 | 200m: | 2:18.89 | 36.05 | 300m: | 3:31.47 | 36.37 | 400m: | 4:42.65 | 34.37 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 12, Kobiet, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR | | |
|---------|-------------|-------------|-------|------------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 16. | STUKOVA | Yevheniia | 15 | KS „OLIMPIA” Lublin | | | | 4:44.64 | 572 | +0,66 | | |
| | 50m: | 33.63 | 33.63 | 150m: | 1:48.01 | 36.82 | 250m: | 2:59.81 | 35.37 | 350m: | 4:10.90 | 34.70 |
| | 100m: | 1:11.19 | 37.56 | 200m: | 2:24.44 | 36.43 | 300m: | 3:36.20 | 36.39 | 400m: | 4:44.64 | 33.74 |
| 17. | WO AKOWSKA | Zofia | 16 | KU AZS UMCS Lublin | | | | 4:46.04 | 564 | +0,74 | | |
| | 50m: | 31.98 | 31.98 | 150m: | 1:44.08 | 36.60 | 250m: | 2:57.40 | 36.67 | 350m: | 4:10.03 | 36.07 |
| | 100m: | 1:07.48 | 35.50 | 200m: | 2:20.73 | 36.65 | 300m: | 3:33.96 | 36.56 | 400m: | 4:46.04 | 36.01 |
| 18. | KRASZEWSKA | Martyna | 18 | MTP Kormoran Olsztyn | | | | 4:47.24 | 557 | +0,68 | | |
| | 50m: | 32.46 | 32.46 | 150m: | 1:43.21 | 35.86 | 250m: | 2:56.17 | 36.49 | 350m: | 4:11.48 | 37.93 |
| | 100m: | 1:07.35 | 34.89 | 200m: | 2:19.68 | 36.47 | 300m: | 3:33.55 | 37.38 | 400m: | 4:47.24 | 35.76 |
| 19. | ORNOWSKA | Zuzanna | 15 | UKP „Polonia Warszawa” | | | | 4:49.40 | 545 | +0,77 | | |
| | 50m: | 32.42 | 32.42 | 150m: | 1:45.43 | 37.19 | 250m: | 2:59.45 | 37.38 | 350m: | 4:13.89 | 37.02 |
| | 100m: | 1:08.24 | 35.82 | 200m: | 2:22.07 | 36.64 | 300m: | 3:36.87 | 37.42 | 400m: | 4:49.40 | 35.51 |
| 20. | SOJKA | Oliwia | 17 | UKS Aqua Team Mikołów | | | | 4:50.08 | 541 | +0,70 | | |
| | 50m: | 33.18 | 33.18 | 150m: | 1:47.43 | 37.27 | 250m: | 3:01.78 | 37.26 | 350m: | 4:15.14 | 35.41 |
| | 100m: | 1:10.16 | 36.98 | 200m: | 2:24.52 | 37.09 | 300m: | 3:39.73 | 37.95 | 400m: | 4:50.08 | 34.94 |
| 21. | BATYRA | Julia | 15 | UKS SP5 Swim | | | | 4:52.41 | 528 | +0,96 | | |
| | 50m: | 33.24 | 33.24 | 150m: | 1:46.70 | 36.93 | 250m: | 3:00.49 | 36.86 | 350m: | 4:15.90 | 37.65 |
| | 100m: | 1:09.77 | 36.53 | 200m: | 2:23.63 | 36.93 | 300m: | 3:38.25 | 37.76 | 400m: | 4:52.41 | 36.51 |
| 22. | BRZOZOWSKA | Julia | 15 | KU AZS UMCS Lublin | | | | 4:52.74 | 526 | +0,76 | | |
| | 50m: | 34.11 | 34.11 | 150m: | 1:49.32 | 37.62 | 250m: | 3:04.05 | 37.38 | 350m: | 4:17.77 | 36.14 |
| | 100m: | 1:11.70 | 37.59 | 200m: | 2:26.67 | 37.35 | 300m: | 3:41.63 | 37.58 | 400m: | 4:52.74 | 34.97 |
| 23. | RUTKOWSKA | Maja | 14 | UKS SP-149 Łódź | | | | 4:53.38 | 523 | +0,77 | | |
| | 50m: | 33.41 | 33.41 | 150m: | 1:50.24 | 38.72 | 250m: | 3:04.50 | 36.43 | 350m: | 4:18.22 | 36.77 |
| | 100m: | 1:11.52 | 38.11 | 200m: | 2:28.07 | 37.83 | 300m: | 3:41.45 | 36.95 | 400m: | 4:53.38 | 35.16 |
| 24. | GNA | Nadia | 14 | UKS Tri-Team Rumia | | | | 4:54.54 | 517 | +0,80 | | |
| | 50m: | 33.28 | 33.28 | 150m: | 1:47.31 | 37.23 | 250m: | 3:02.44 | 37.73 | 350m: | 4:17.80 | 37.55 |
| | 100m: | 1:10.08 | 36.80 | 200m: | 2:24.71 | 37.40 | 300m: | 3:40.25 | 37.81 | 400m: | 4:54.54 | 36.74 |
| 25. | ZAKRZEWSKA | Oliwia | 16 | UKS Nawa Skierniewice | | | | 4:54.55 | 516 | +0,80 | | |
| | 50m: | 34.04 | 34.04 | 150m: | 1:48.97 | 37.74 | 250m: | 3:04.65 | 38.01 | 350m: | 4:19.10 | 37.00 |
| | 100m: | 1:11.23 | 37.19 | 200m: | 2:26.64 | 37.67 | 300m: | 3:42.10 | 37.45 | 400m: | 4:54.55 | 35.45 |
| 26. | KAZANOWSKA | Klaudia | 15 | KU AZS UMCS Lublin | | | | 4:55.51 | 511 | +0,70 | | |
| | 50m: | 32.79 | 32.79 | 150m: | 1:46.20 | 36.89 | 250m: | 3:01.32 | 37.78 | 350m: | 4:18.55 | 38.60 |
| | 100m: | 1:09.31 | 36.52 | 200m: | 2:23.54 | 37.34 | 300m: | 3:39.95 | 38.63 | 400m: | 4:55.51 | 36.96 |
| 27. | KOCHANIK | Izabela | 14 | UKS Tri-Team Rumia | | | | 4:56.03 | 509 | +0,67 | | |
| | 50m: | 33.79 | 33.79 | 150m: | 1:47.71 | 37.31 | 250m: | 3:03.36 | 37.81 | 350m: | 4:19.71 | 38.04 |
| | 100m: | 1:10.40 | 36.61 | 200m: | 2:25.55 | 37.84 | 300m: | 3:41.67 | 38.31 | 400m: | 4:56.03 | 36.32 |
| 28. | JABŁO | SKA Natalia | 15 | MTP Kormoran Olsztyn | | | | 4:56.30 | 507 | +0,67 | | |
| | 50m: | 34.03 | 34.03 | 150m: | 1:48.48 | 37.45 | 250m: | 3:04.08 | 37.71 | 350m: | 4:19.76 | 37.71 |
| | 100m: | 1:11.03 | 37.00 | 200m: | 2:26.37 | 37.89 | 300m: | 3:42.05 | 37.97 | 400m: | 4:56.30 | 36.54 |
| 29. | WISZNIEWSKA | Zuzanna | 17 | UKP „Polonia Warszawa” | | | | 5:02.21 | 478 | +0,65 | | |
| | 50m: | 33.37 | 33.37 | 150m: | 1:50.54 | 39.30 | 250m: | 3:08.22 | 38.83 | 350m: | 4:26.07 | 38.95 |
| | 100m: | 1:11.24 | 37.87 | 200m: | 2:29.39 | 38.85 | 300m: | 3:47.12 | 38.90 | 400m: | 5:02.21 | 36.14 |
| 30. | SOSNÓWKA | Oliwia | 18 | UKP Fala Kra nik | | | | 5:04.79 | 466 | +0,79 | | |
| | 50m: | 34.70 | 34.70 | 150m: | 1:51.54 | 38.85 | 250m: | 3:09.19 | 38.58 | 350m: | 4:27.20 | 38.64 |
| | 100m: | 1:12.69 | 37.99 | 200m: | 2:30.61 | 39.07 | 300m: | 3:48.56 | 39.37 | 400m: | 5:04.79 | 37.59 |
| 31. | SKORYKOW | Lena | 15 | Mokotowski UKP Warszawianka- Wodny | | | | 5:05.89 | 461 | +0,74 | | |
| | 50m: | 33.59 | 33.59 | 150m: | 1:50.25 | 38.95 | 250m: | 3:08.87 | 39.40 | 350m: | 4:28.03 | 39.65 |
| | 100m: | 1:11.30 | 37.71 | 200m: | 2:29.47 | 39.22 | 300m: | 3:48.38 | 39.51 | 400m: | 5:05.89 | 37.86 |
| 32. | DANILEWICZ | Julia | 16 | KS „OLIMPIA” Lublin | | | | 5:10.39 | 441 | +0,75 | | |
| | 50m: | 33.55 | 33.55 | 150m: | 1:51.14 | 39.45 | 250m: | 3:11.26 | 40.24 | 350m: | 4:32.04 | 39.96 |
| | 100m: | 1:11.69 | 38.14 | 200m: | 2:31.02 | 39.88 | 300m: | 3:52.08 | 40.82 | 400m: | 5:10.39 | 38.35 |
| 33. | PABISIAK | Helena | 18 | UKP „Polonia Warszawa” | | | | 5:16.11 | 418 | +0,72 | | |
| | 50m: | 35.12 | 35.12 | 150m: | 1:52.70 | 39.44 | 250m: | 3:13.14 | 40.04 | 350m: | 4:35.63 | 41.57 |
| | 100m: | 1:13.26 | 38.14 | 200m: | 2:33.10 | 40.40 | 300m: | 3:54.06 | 40.92 | 400m: | 5:16.11 | 40.48 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13
04.11.2023 - 18:48

M czynn, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|---------------------|-------|-----------------|------------|
| Rekord Polski Open | 3:45.71 | STANCZYK Przemyslaw | 00116 | Chiba (JPN) | 21.08.2007 |
| Rekord Polski 19 - 23 | 3:45.71 | STANCZYK Przemyslaw | 00116 | Chiba (JPN) | 21.08.2007 |
| Rekord Polski 18 | 3:49.21 | WOJDAK Wojciech | | Dordrecht (NED) | 09.07.2014 |
| Rekord Polski 17 | 3:51.80 | WOJDAK Wojciech | 03106 | Poznan | 10.07.2013 |
| Rekord Polski 16 | 3:56.29 | DASZKIEWICZ Michał | 01006 | Lublin | 11.07.2019 |
| Rekord Polski 15 | 4:00.04 | DASZKIEWICZ Michał | 01006 | Oswiecim | 14.07.2018 |
| Rekord Polski 14 | 4:07.63 | ORLICZ Filip | 05114 | Olsztyn | 09.07.2016 |

Minimum - IO - Pary (Francja) Open: 3:46.78 / Minimum - M - Doha (Katar) Open: 3:48.15

Punkty: FINA 2023

| Pozycja | Wiek | Czas | Pkt. | CR |
|---------|------|------|------|----|
|---------|------|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|----------------------------|---------------------|---|---------------------|-----|-------|
| 1. NOWACKI Mieszko | 14 | KU AZS UMCS Lublin | 4:25.43 | 569 | +0,69 |
| 50m: 29.99 29.99 | 150m: 1:37.11 33.43 | 250m: 2:44.66 33.68 | 350m: 3:52.49 33.59 | | |
| 100m: 1:03.68 33.69 | 200m: 2:10.98 33.87 | 300m: 3:18.90 34.24 | 400m: 4:25.43 32.94 | | |
| 2. TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 4:28.32 | 551 | +0,68 |
| 50m: 30.42 30.42 | 150m: 1:38.37 34.58 | 250m: 2:47.35 34.44 | 350m: 3:55.56 33.79 | | |
| 100m: 1:03.79 33.37 | 200m: 2:12.91 34.54 | 300m: 3:21.77 34.42 | 400m: 4:28.32 32.76 | | |
| 3. POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 4:35.22 | 511 | +0,74 |
| 50m: 31.33 31.33 | 150m: 1:42.50 36.20 | 250m: 2:54.35 35.42 | 350m: 4:03.98 34.66 | | |
| 100m: 1:06.30 34.97 | 200m: 2:18.93 36.43 | 300m: 3:29.32 34.97 | 400m: 4:35.22 31.24 | | |
| 4. SKOCZYLAŚ Bartosz | 14 | KU AZS UMCS Lublin | 4:39.60 | 487 | +0,67 |
| 50m: 31.54 31.54 | 150m: 1:42.68 35.80 | 250m: 2:54.22 35.65 | 350m: 4:05.86 35.64 | | |
| 100m: 1:06.88 35.34 | 200m: 2:18.57 35.89 | 300m: 3:30.22 36.00 | 400m: 4:39.60 33.74 | | |
| 5. FRONCZEK Błażej | 14 | KU AZS UMCS Lublin | 4:40.34 | 483 | +0,54 |
| 50m: 31.76 31.76 | 150m: 1:43.85 36.11 | 250m: 2:56.27 36.18 | 350m: 4:07.40 35.24 | | |
| 100m: 1:07.74 35.98 | 200m: 2:20.09 36.24 | 300m: 3:32.16 35.89 | 400m: 4:40.34 32.94 | | |
| 6. WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 4:43.91 | 465 | +0,67 |
| 50m: 30.78 30.78 | 150m: 1:41.91 35.75 | 250m: 2:53.93 36.20 | 350m: 4:07.36 36.76 | | |
| 100m: 1:06.16 35.38 | 200m: 2:17.73 35.82 | 300m: 3:30.60 36.67 | 400m: 4:43.91 36.55 | | |
| 7. SAPKOWSKI Michał | 14 | Mi dzyszkołny UKS „Olimpijczyk” Suwałki | 4:57.47 | 404 | +0,67 |
| 50m: 30.73 30.73 | 150m: 1:45.48 38.32 | 250m: 3:03.72 38.95 | 350m: 4:21.17 38.62 | | |
| 100m: 1:07.16 36.43 | 200m: 2:24.77 39.29 | 300m: 3:42.55 38.83 | 400m: 4:57.47 36.30 | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|--------------------------|---------------------|------------------------------------|---------------------|-----|-------|
| 1. CHARKOT Krzysztof | 15 | KU AZS UMCS Lublin | 4:16.82 | 629 | +0,70 |
| 50m: 29.46 29.46 | 150m: 1:34.25 32.70 | 250m: 2:40.02 33.13 | 350m: 3:46.02 32.85 | | |
| 100m: 1:01.55 32.09 | 200m: 2:06.89 32.64 | 300m: 3:13.17 33.15 | 400m: 4:16.82 30.80 | | |
| 2. GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 4:19.26 | 611 | +0,60 |
| 50m: 29.58 29.58 | 150m: 1:35.04 33.23 | 250m: 2:41.56 33.04 | 350m: 3:47.68 33.10 | | |
| 100m: 1:01.81 32.23 | 200m: 2:08.52 33.48 | 300m: 3:14.58 33.02 | 400m: 4:19.26 31.58 | | |
| 3. KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wodny | 4:20.76 | 601 | +0,75 |
| 50m: 29.22 29.22 | 150m: 1:34.76 33.39 | 250m: 2:41.12 33.24 | 350m: 3:48.14 33.67 | | |
| 100m: 1:01.37 32.15 | 200m: 2:07.88 33.12 | 300m: 3:14.47 33.35 | 400m: 4:20.76 32.62 | | |
| 4. WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 4:22.32 | 590 | +0,71 |
| 50m: 29.42 29.42 | 150m: 1:35.40 33.47 | 250m: 2:42.81 33.95 | 350m: 3:50.60 33.73 | | |
| 100m: 1:01.93 32.51 | 200m: 2:08.86 33.46 | 300m: 3:16.87 34.06 | 400m: 4:22.32 31.72 | | |
| 5. OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 4:29.26 | 545 | +0,77 |
| 50m: 29.67 29.67 | 150m: 1:37.19 34.40 | 250m: 2:47.22 34.94 | 350m: 3:58.08 35.43 | | |
| 100m: 1:02.79 33.12 | 200m: 2:12.28 35.09 | 300m: 3:22.65 35.43 | 400m: 4:29.26 31.18 | | |
| 6. KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 4:32.63 | 525 | +0,64 |
| 50m: 29.46 29.46 | 150m: 1:37.99 34.87 | 250m: 2:48.92 35.41 | 350m: 3:59.02 34.36 | | |
| 100m: 1:03.12 33.66 | 200m: 2:13.51 35.52 | 300m: 3:24.66 35.74 | 400m: 4:32.63 33.61 | | |
| 7. FRONCZEK Miłosz | 15 | KU AZS UMCS Lublin | 4:33.00 | 523 | +0,65 |
| 50m: 31.18 31.18 | 150m: 1:39.96 35.08 | 250m: 2:49.77 35.03 | 350m: 3:59.64 35.35 | | |
| 100m: 1:04.88 33.70 | 200m: 2:14.74 34.78 | 300m: 3:24.29 34.52 | 400m: 4:33.00 33.36 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, Chłopców, 400m dowolny, JUNIOR MŁODSZY 15 LAT

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR | |
|---------|---------------------|---------------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 8. | JOACHIMOWICZ Patryk | | 15 | KU AZS UMCS Lublin | | | | 4:35.61 | 509 | +0,69 | |
| | 50m: | 28.94 28.94 | 150m: | 1:36.98 | 34.88 | 250m: | 2:48.45 | 35.97 | 350m: | 4:00.68 | 36.27 |
| | 100m: | 1:02.10 33.16 | 200m: | 2:12.48 | 35.50 | 300m: | 3:24.41 | 35.96 | 400m: | 4:35.61 | 34.93 |
| 9. | GEBAUER Wolfgang | | 15 | MTP Kormoran Olsztyn | | | | 4:40.02 | 485 | +0,74 | |
| | 50m: | 31.14 31.14 | 150m: | 1:42.20 | 35.92 | 250m: | 2:54.83 | 36.48 | 350m: | 4:06.44 | 35.36 |
| | 100m: | 1:06.28 35.14 | 200m: | 2:18.35 | 36.15 | 300m: | 3:31.08 | 36.25 | 400m: | 4:40.02 | 33.58 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | | | |
|----|--------------------|---------------|-------------|------------------------|--------------------|-------|---------|----------------|----------------|---------|-------|
| 1. | PONIEWA Oliwier | | 16 | KU AZS UMCS Lublin | | | | 4:15.00 | 642 | +0,68 | |
| | 50m: | 29.37 29.37 | 150m: | 1:33.08 | 32.30 | 250m: | 2:38.45 | 31.71 | 350m: | 3:47.21 | 32.70 |
| | 100m: | 1:00.78 31.41 | 200m: | 2:06.74 | 33.66 | 300m: | 3:12.28 | 33.83 | 400m: | 4:15.00 | 31.31 |
| 2. | REDZI | SKI VEL RYDZY | SKI Mateusz | 16 | KU AZS UMCS Lublin | | | | 4:17.75 | 622 | +0,67 |
| | 50m: | 29.03 29.03 | 150m: | 1:34.83 | 33.24 | 250m: | 2:40.94 | 32.93 | 350m: | 3:46.72 | 32.94 |
| | 100m: | 1:01.59 32.56 | 200m: | 2:08.01 | 33.18 | 300m: | 3:13.78 | 32.84 | 400m: | 4:17.75 | 31.03 |
| 3. | KRASKA Mateusz | | 16 | KU AZS UMCS Lublin | | | | 4:18.52 | 616 | +0,64 | |
| | 50m: | 28.93 28.93 | 150m: | 1:33.75 | 32.91 | 250m: | 2:40.87 | 33.51 | 350m: | 3:47.21 | 32.70 |
| | 100m: | 1:00.84 31.91 | 200m: | 2:07.36 | 33.61 | 300m: | 3:14.51 | 33.64 | 400m: | 4:18.52 | 31.31 |
| 4. | KANCZKOWSKI Szymon | | 16 | UKS Tri-Team Rumia | | | | 4:25.54 | 569 | +0,83 | |
| | 50m: | 30.97 30.97 | 150m: | 1:39.03 | 34.35 | 250m: | 2:47.41 | 33.97 | 350m: | 3:54.63 | 33.20 |
| | 100m: | 1:04.68 33.71 | 200m: | 2:13.44 | 34.41 | 300m: | 3:21.43 | 34.02 | 400m: | 4:25.54 | 30.91 |
| 5. | ŁOJEWSKI Adam | | 16 | MTP Kormoran Olsztyn | | | | 4:26.98 | 560 | +0,72 | |
| | 50m: | 29.36 29.36 | 150m: | 1:36.21 | 33.81 | 250m: | 2:45.16 | 34.36 | 350m: | 3:53.70 | 34.24 |
| | 100m: | 1:02.40 33.04 | 200m: | 2:10.80 | 34.59 | 300m: | 3:19.46 | 34.30 | 400m: | 4:26.98 | 33.28 |
| 6. | BIELI SKI Bartosz | | 16 | KU AZS UMCS Lublin | | | | 4:29.05 | 547 | +0,62 | |
| | 50m: | 28.11 28.11 | 150m: | 1:35.98 | 34.70 | 250m: | 2:45.79 | 35.25 | 350m: | 3:56.29 | 35.31 |
| | 100m: | 1:01.28 33.17 | 200m: | 2:10.54 | 34.56 | 300m: | 3:20.98 | 35.19 | 400m: | 4:29.05 | 32.76 |
| 7. | STAWIARSKI Oskar | | 16 | UKP „Polonia Warszawa” | | | | 4:41.64 | 477 | +0,76 | |
| | 50m: | 29.81 29.81 | 150m: | 1:41.72 | 36.76 | 250m: | 2:55.12 | 36.86 | 350m: | 4:07.24 | 35.60 |
| | 100m: | 1:04.96 35.15 | 200m: | 2:18.26 | 36.54 | 300m: | 3:31.64 | 36.52 | 400m: | 4:41.64 | 34.40 |
| 8. | MIELCZAREK Maciej | | 16 | UKP „Polonia Warszawa” | | | | 4:51.23 | 431 | +0,80 | |
| | 50m: | 33.26 33.26 | 150m: | 1:46.39 | 36.50 | 250m: | 3:00.94 | 37.27 | 350m: | 4:15.43 | 36.91 |
| | 100m: | 1:09.89 36.63 | 200m: | 2:23.67 | 37.28 | 300m: | 3:38.52 | 37.58 | 400m: | 4:51.23 | 35.80 |

JUNIOR 17-18 LAT

| | | | | | | | | | | | |
|----|-------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | RYNKIEWICZ Jakub | | 18 | KU AZS UMCS Lublin | | | | 4:04.37 | 730 | +0,64 | |
| | 50m: | 28.01 28.01 | 150m: | 1:29.97 | 31.23 | 250m: | 2:32.61 | 31.29 | 350m: | 3:34.95 | 31.02 |
| | 100m: | 58.74 30.73 | 200m: | 2:01.32 | 31.35 | 300m: | 3:03.93 | 31.32 | 400m: | 4:04.37 | 29.42 |
| 2. | LARY Jerzy | | 17 | IUKS „Muszelka” Warszawa | | | | 4:07.17 | 705 | +0,72 | |
| | 50m: | 28.73 28.73 | 150m: | 1:30.54 | 31.20 | 250m: | 2:33.22 | 31.29 | 350m: | 3:36.44 | 31.60 |
| | 100m: | 59.34 30.61 | 200m: | 2:01.93 | 31.39 | 300m: | 3:04.84 | 31.62 | 400m: | 4:07.17 | 30.73 |
| 3. | HEBEL Maciej | | 18 | AZS AWF Katowice | | | | 4:08.59 | 693 | +0,67 | |
| | 50m: | 28.62 28.62 | 150m: | 1:31.07 | 31.65 | 250m: | 2:34.10 | 31.45 | 350m: | 3:37.26 | 31.54 |
| | 100m: | 59.42 30.80 | 200m: | 2:02.65 | 31.58 | 300m: | 3:05.72 | 31.62 | 400m: | 4:08.59 | 31.33 |
| 4. | NOWACKI Jacek | | 18 | MTP Kormoran Olsztyn | | | | 4:15.10 | 642 | +0,80 | |
| | 50m: | 29.51 29.51 | 150m: | 1:33.74 | 32.64 | 250m: | 2:39.50 | 33.22 | 350m: | 3:45.75 | 33.11 |
| | 100m: | 1:01.10 31.59 | 200m: | 2:06.28 | 32.54 | 300m: | 3:12.64 | 33.14 | 400m: | 4:15.10 | 29.35 |
| 5. | KUCHARSKI Paweł | | 18 | AZS AWF Katowice | | | | 4:15.98 | 635 | +0,77 | |
| | 50m: | 29.18 29.18 | 150m: | 1:35.68 | 33.46 | 250m: | 2:40.87 | 32.56 | 350m: | 3:45.49 | 31.97 |
| | 100m: | 1:02.22 33.04 | 200m: | 2:08.31 | 32.63 | 300m: | 3:13.52 | 32.65 | 400m: | 4:15.98 | 30.49 |
| 6. | KOWALI SKI Adrian | | 17 | WKS I sk | | | | 4:21.73 | 594 | +0,72 | |
| | 50m: | 29.68 29.68 | 150m: | 1:34.48 | 33.06 | 250m: | 2:40.80 | 33.53 | 350m: | 3:48.86 | 34.21 |
| | 100m: | 1:01.42 31.74 | 200m: | 2:07.27 | 32.79 | 300m: | 3:14.65 | 33.85 | 400m: | 4:21.73 | 32.87 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, Chłopców, 400m dowolny, JUNIOR 17-18 LAT

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR | | |
|---------|--------------------|------------|-------|------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 7. | CHODA | Maciej | 17 | MTP Kormoran Olsztyn | | | | 4:22.08 | 592 | +0,67 | | |
| | 50m: | 30.50 | 30.50 | 150m: | 1:35.88 | 32.95 | 250m: | 2:42.30 | 33.20 | 350m: | 3:49.25 | 33.37 |
| | 100m: | 1:02.93 | 32.43 | 200m: | 2:09.10 | 33.22 | 300m: | 3:15.88 | 33.58 | 400m: | 4:22.08 | 32.83 |
| 8. | SIENKIEWICZ | Ignacy | 18 | AZS AWF Warszawa | | | | 4:22.18 | 591 | +0,77 | | |
| | 50m: | 29.28 | 29.28 | 150m: | 1:35.40 | 33.54 | 250m: | 2:42.22 | 33.70 | 350m: | 3:49.47 | 33.55 |
| | 100m: | 1:01.86 | 32.58 | 200m: | 2:08.52 | 33.12 | 300m: | 3:15.92 | 33.70 | 400m: | 4:22.18 | 32.71 |
| 9. | MASZEWSKI | Mikołaj | 17 | UKS Nawa Skierniewice | | | | 4:27.82 | 554 | +0,81 | | |
| | 50m: | 30.33 | 30.33 | 150m: | 1:38.41 | 33.76 | 250m: | 2:46.88 | 34.12 | 350m: | 3:55.21 | 33.70 |
| | 100m: | 1:04.65 | 34.32 | 200m: | 2:12.76 | 34.35 | 300m: | 3:21.51 | 34.63 | 400m: | 4:27.82 | 32.61 |
| 10. | SOKOŁOWSKI | Franciszek | 17 | MTP Kormoran Olsztyn | | | | 4:30.98 | 535 | +0,71 | | |
| | 50m: | 30.62 | 30.62 | 150m: | 1:39.28 | 34.65 | 250m: | 2:48.80 | 34.59 | 350m: | 3:57.72 | 34.21 |
| | 100m: | 1:04.63 | 34.01 | 200m: | 2:14.21 | 34.93 | 300m: | 3:23.51 | 34.71 | 400m: | 4:30.98 | 33.26 |
| 11. | JANKIEWICZ DELGADO | Jarosław | 17 | UKS Nawa Skierniewice | | | | 4:40.29 | 484 | +0,71 | | |
| | 50m: | 30.51 | 30.51 | 150m: | 1:38.79 | 34.72 | 250m: | 2:50.30 | 36.09 | 350m: | 4:04.19 | 37.38 |
| | 100m: | 1:04.07 | 33.56 | 200m: | 2:14.21 | 35.42 | 300m: | 3:26.81 | 36.51 | 400m: | 4:40.29 | 36.10 |
| 12. | KRUPA | Borys | 17 | UKP „Polonia Warszawa” | | | | 5:04.38 | 377 | +0,68 | | |
| | 50m: | 32.17 | 32.17 | 150m: | 1:47.46 | 38.31 | 250m: | 3:06.29 | 39.71 | 350m: | 4:27.22 | 40.22 |
| | 100m: | 1:09.15 | 36.98 | 200m: | 2:26.58 | 39.12 | 300m: | 3:47.00 | 40.71 | 400m: | 5:04.38 | 37.16 |

OPEN

| | | | | | | | | | | | | |
|-----|-------------|---------------|-------------|--------------------------|--------------------|-------|-------|----------------|----------------|-------|---------|-------|
| 1. | SIERADZKI | Kamil | 21 | AZS AWF Katowice | | | | 4:01.88 | 753 | +0,72 | | |
| | 50m: | 27.33 | 27.33 | 150m: | 1:28.57 | 30.76 | 250m: | 2:31.02 | 31.41 | 350m: | 3:32.87 | 30.84 |
| | 100m: | 57.81 | 30.48 | 200m: | 1:59.61 | 31.04 | 300m: | 3:02.03 | 31.01 | 400m: | 4:01.88 | 29.01 |
| 2. | CHRZANOWSKI | Damian | 25 | WKS I sk | | | | 4:02.45 | 747 | +0,65 | | |
| | 50m: | 27.69 | 27.69 | 150m: | 1:28.98 | 30.94 | 250m: | 2:31.02 | 30.99 | 350m: | 3:33.05 | 30.88 |
| | 100m: | 58.04 | 30.35 | 200m: | 2:00.03 | 31.05 | 300m: | 3:02.17 | 31.15 | 400m: | 4:02.45 | 29.40 |
| 3. | RYNKIEWICZ | Jakub | 18 | KU AZS UMCS Lublin | | | | 4:04.37 | 730 | +0,64 | | |
| | 50m: | 28.01 | 28.01 | 150m: | 1:29.97 | 31.23 | 250m: | 2:32.61 | 31.29 | 350m: | 3:34.95 | 31.02 |
| | 100m: | 58.74 | 30.73 | 200m: | 2:01.32 | 31.35 | 300m: | 3:03.93 | 31.32 | 400m: | 4:04.37 | 29.42 |
| 4. | LARY | Jerzy | 17 | IUKS „Muszelka” Warszawa | | | | 4:07.17 | 705 | +0,72 | | |
| | 50m: | 28.73 | 28.73 | 150m: | 1:30.54 | 31.20 | 250m: | 2:33.22 | 31.29 | 350m: | 3:36.44 | 31.60 |
| | 100m: | 59.34 | 30.61 | 200m: | 2:01.93 | 31.39 | 300m: | 3:04.84 | 31.62 | 400m: | 4:07.17 | 30.73 |
| 5. | GRZEGORCZYK | Wiktor | 21 | AZS AWF Warszawa | | | | 4:08.02 | 698 | +0,68 | | |
| | 50m: | 28.72 | 28.72 | 150m: | 1:32.20 | 31.80 | 250m: | 2:36.60 | 32.38 | 350m: | 3:38.14 | 30.58 |
| | 100m: | 1:00.40 | 31.68 | 200m: | 2:04.22 | 32.02 | 300m: | 3:07.56 | 30.96 | 400m: | 4:08.02 | 29.88 |
| 6. | HEBEL | Maciej | 18 | AZS AWF Katowice | | | | 4:08.59 | 693 | +0,67 | | |
| | 50m: | 28.62 | 28.62 | 150m: | 1:31.07 | 31.65 | 250m: | 2:34.10 | 31.45 | 350m: | 3:37.26 | 31.54 |
| | 100m: | 59.42 | 30.80 | 200m: | 2:02.65 | 31.58 | 300m: | 3:05.72 | 31.62 | 400m: | 4:08.59 | 31.33 |
| 7. | PONIEWA | Oliwier | 16 | KU AZS UMCS Lublin | | | | 4:15.00 | 642 | +0,68 | | |
| | 50m: | 29.37 | 29.37 | 150m: | 1:33.08 | 32.30 | 250m: | 2:38.45 | 31.71 | 350m: | | |
| | 100m: | 1:00.78 | 31.41 | 200m: | 2:06.74 | 33.66 | 300m: | 3:12.28 | 33.83 | 400m: | 4:15.00 | |
| 8. | NOWACKI | Jacek | 18 | MTP Kormoran Olsztyn | | | | 4:15.10 | 642 | +0,80 | | |
| | 50m: | 29.51 | 29.51 | 150m: | 1:33.74 | 32.64 | 250m: | 2:39.50 | 33.22 | 350m: | 3:45.75 | 33.11 |
| | 100m: | 1:01.10 | 31.59 | 200m: | 2:06.28 | 32.54 | 300m: | 3:12.64 | 33.14 | 400m: | 4:15.10 | 29.35 |
| 9. | KUCHARSKI | Paweł | 18 | AZS AWF Katowice | | | | 4:15.98 | 635 | +0,77 | | |
| | 50m: | 29.18 | 29.18 | 150m: | 1:35.68 | 33.46 | 250m: | 2:40.87 | 32.56 | 350m: | 3:45.49 | 31.97 |
| | 100m: | 1:02.22 | 33.04 | 200m: | 2:08.31 | 32.63 | 300m: | 3:13.52 | 32.65 | 400m: | 4:15.98 | 30.49 |
| 10. | CHARKOT | Krzysztof | 15 | KU AZS UMCS Lublin | | | | 4:16.82 | 629 | +0,70 | | |
| | 50m: | 29.46 | 29.46 | 150m: | 1:34.25 | 32.70 | 250m: | 2:40.02 | 33.13 | 350m: | 3:46.02 | 32.85 |
| | 100m: | 1:01.55 | 32.09 | 200m: | 2:06.89 | 32.64 | 300m: | 3:13.17 | 33.15 | 400m: | 4:16.82 | 30.80 |
| 11. | REDZI | SKI VEL RYDZY | SKI Mateusz | 16 | KU AZS UMCS Lublin | | | | 4:17.75 | 622 | +0,67 | |
| | 50m: | 29.03 | 29.03 | 150m: | 1:34.83 | 33.24 | 250m: | 2:40.94 | 32.93 | 350m: | 3:46.72 | 32.94 |
| | 100m: | 1:01.59 | 32.56 | 200m: | 2:08.01 | 33.18 | 300m: | 3:13.78 | 32.84 | 400m: | 4:17.75 | 31.03 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, M czynn, 400m dowolny, OPEN

| Pozycja | | | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-----------------------|---------|-------|-------|---------|------------------------------------|-------|---------|-------|----------------|---------|-------|
| 12. | KRASKA Mateusz | | | | 16 | KU AZS UMCS Lublin | | | | 4:18.52 | 616 | +0,64 |
| | 50m: | 28.93 | 28.93 | 150m: | 1:33.75 | 32.91 | 250m: | 2:40.87 | 33.51 | 350m: | 3:47.21 | 32.70 |
| | 100m: | 1:00.84 | 31.91 | 200m: | 2:07.36 | 33.61 | 300m: | 3:14.51 | 33.64 | 400m: | 4:18.52 | 31.31 |
| 13. | GWIAZDOWSKI Krzysztof | | | | 15 | MKS Piaseczno | | | | 4:19.26 | 611 | +0,60 |
| | 50m: | 29.58 | 29.58 | 150m: | 1:35.04 | 33.23 | 250m: | 2:41.56 | 33.04 | 350m: | 3:47.68 | 33.10 |
| | 100m: | 1:01.81 | 32.23 | 200m: | 2:08.52 | 33.48 | 300m: | 3:14.58 | 33.02 | 400m: | 4:19.26 | 31.58 |
| 14. | CHAŁAT Wojciech | | | | 19 | KU AZS UMCS Lublin | | | | 4:19.43 | 610 | +0,72 |
| | 50m: | 29.74 | 29.74 | 150m: | 1:35.35 | 33.06 | 250m: | 2:41.81 | 33.08 | 350m: | 3:47.50 | 32.60 |
| | 100m: | 1:02.29 | 32.55 | 200m: | 2:08.73 | 33.38 | 300m: | 3:14.90 | 33.09 | 400m: | 4:19.43 | 31.93 |
| 15. | GOŁACKI Sergiusz | | | | 19 | UKS 190 Łódź | | | | 4:19.87 | 607 | +0,70 |
| | 50m: | 29.84 | 29.84 | 150m: | 1:36.45 | 33.47 | 250m: | 2:42.46 | 32.65 | 350m: | 3:47.94 | 32.70 |
| | 100m: | 1:02.98 | 33.14 | 200m: | 2:09.81 | 33.36 | 300m: | 3:15.24 | 32.78 | 400m: | 4:19.87 | 31.93 |
| 16. | KRAWCZYK Jakub | | | | 15 | Mokotowski UKP Warszawianka- Wodny | | | | 4:20.76 | 601 | +0,75 |
| | 50m: | 29.22 | 29.22 | 150m: | 1:34.76 | 33.39 | 250m: | 2:41.12 | 33.24 | 350m: | 3:48.14 | 33.67 |
| | 100m: | 1:01.37 | 32.15 | 200m: | 2:07.88 | 33.12 | 300m: | 3:14.47 | 33.35 | 400m: | 4:20.76 | 32.62 |
| 17. | KOWALI SKI Adrian | | | | 17 | WKS I sk | | | | 4:21.73 | 594 | +0,72 |
| | 50m: | 29.68 | 29.68 | 150m: | 1:34.48 | 33.06 | 250m: | 2:40.80 | 33.53 | 350m: | 3:48.86 | 34.21 |
| | 100m: | 1:01.42 | 31.74 | 200m: | 2:07.27 | 32.79 | 300m: | 3:14.65 | 33.85 | 400m: | 4:21.73 | 32.87 |
| 18. | CHODA Maciej | | | | 17 | MTP Kormoran Olsztyn | | | | 4:22.08 | 592 | +0,67 |
| | 50m: | 30.50 | 30.50 | 150m: | 1:35.88 | 32.95 | 250m: | 2:42.30 | 33.20 | 350m: | 3:49.25 | 33.37 |
| | 100m: | 1:02.93 | 32.43 | 200m: | 2:09.10 | 33.22 | 300m: | 3:15.88 | 33.58 | 400m: | 4:22.08 | 32.83 |
| 19. | SIENKIEWICZ Ignacy | | | | 18 | AZS AWF Warszawa | | | | 4:22.18 | 591 | +0,77 |
| | 50m: | 29.28 | 29.28 | 150m: | 1:35.40 | 33.54 | 250m: | 2:42.22 | 33.70 | 350m: | 3:49.47 | 33.55 |
| | 100m: | 1:01.86 | 32.58 | 200m: | 2:08.52 | 33.12 | 300m: | 3:15.92 | 33.70 | 400m: | 4:22.18 | 32.71 |
| 20. | WASILEWSKI Mateusz | | | | 15 | KU AZS UMCS Lublin | | | | 4:22.32 | 590 | +0,71 |
| | 50m: | 29.42 | 29.42 | 150m: | 1:35.40 | 33.47 | 250m: | 2:42.81 | 33.95 | 350m: | 3:50.60 | 33.73 |
| | 100m: | 1:01.93 | 32.51 | 200m: | 2:08.86 | 33.46 | 300m: | 3:16.87 | 34.06 | 400m: | 4:22.32 | 31.72 |
| 21. | NOWACKI Mieszko | | | | 14 | KU AZS UMCS Lublin | | | | 4:25.43 | 569 | +0,69 |
| | 50m: | 29.99 | 29.99 | 150m: | 1:37.11 | 33.43 | 250m: | 2:44.66 | 33.68 | 350m: | 3:52.49 | 33.59 |
| | 100m: | 1:03.68 | 33.69 | 200m: | 2:10.98 | 33.87 | 300m: | 3:18.90 | 34.24 | 400m: | 4:25.43 | 32.94 |
| 22. | KANCZKOWSKI Szymon | | | | 16 | UKS Tri-Team Rumia | | | | 4:25.54 | 569 | +0,83 |
| | 50m: | 30.97 | 30.97 | 150m: | 1:39.03 | 34.35 | 250m: | 2:47.41 | 33.97 | 350m: | 3:54.63 | 33.20 |
| | 100m: | 1:04.68 | 33.71 | 200m: | 2:13.44 | 34.41 | 300m: | 3:21.43 | 34.02 | 400m: | 4:25.54 | 30.91 |
| 23. | ŁOJEWSKI Adam | | | | 16 | MTP Kormoran Olsztyn | | | | 4:26.98 | 560 | +0,72 |
| | 50m: | 29.36 | 29.36 | 150m: | 1:36.21 | 33.81 | 250m: | 2:45.16 | 34.36 | 350m: | 3:53.70 | 34.24 |
| | 100m: | 1:02.40 | 33.04 | 200m: | 2:10.80 | 34.59 | 300m: | 3:19.46 | 34.30 | 400m: | 4:26.98 | 33.28 |
| 24. | MASZEWSKI Mikołaj | | | | 17 | UKS Nawa Skierniewice | | | | 4:27.82 | 554 | +0,81 |
| | 50m: | 30.33 | 30.33 | 150m: | 1:38.41 | 33.76 | 250m: | 2:46.88 | 34.12 | 350m: | 3:55.21 | 33.70 |
| | 100m: | 1:04.65 | 34.32 | 200m: | 2:12.76 | 34.35 | 300m: | 3:21.51 | 34.63 | 400m: | 4:27.82 | 32.61 |
| 25. | TARASIEWICZ Piotr | | | | 14 | UKP „Polonia Warszawa” | | | | 4:28.32 | 551 | +0,68 |
| | 50m: | 30.42 | 30.42 | 150m: | 1:38.37 | 34.58 | 250m: | 2:47.35 | 34.44 | 350m: | 3:55.56 | 33.79 |
| | 100m: | 1:03.79 | 33.37 | 200m: | 2:12.91 | 34.54 | 300m: | 3:21.77 | 34.42 | 400m: | 4:28.32 | 32.76 |
| 26. | BIELI SKI Bartosz | | | | 16 | KU AZS UMCS Lublin | | | | 4:29.05 | 547 | +0,62 |
| | 50m: | 28.11 | 28.11 | 150m: | 1:35.98 | 34.70 | 250m: | 2:45.79 | 35.25 | 350m: | 3:56.29 | 35.31 |
| | 100m: | 1:01.28 | 33.17 | 200m: | 2:10.54 | 34.56 | 300m: | 3:20.98 | 35.19 | 400m: | 4:29.05 | 32.76 |
| 27. | OL DZKI Daniel | | | | 15 | UKP „Polonia Warszawa” | | | | 4:29.26 | 545 | +0,77 |
| | 50m: | 29.67 | 29.67 | 150m: | 1:37.19 | 34.40 | 250m: | 2:47.22 | 34.94 | 350m: | 3:58.08 | 35.43 |
| | 100m: | 1:02.79 | 33.12 | 200m: | 2:12.28 | 35.09 | 300m: | 3:22.65 | 35.43 | 400m: | 4:29.26 | 31.18 |
| 28. | KRYSTY SKI Aleksander | | | | 19 | KS AZS AGH Kraków | | | | 4:30.70 | 537 | +0,74 |
| | 50m: | 29.82 | 29.82 | 150m: | 1:38.02 | 35.01 | 250m: | 2:47.62 | 34.65 | 350m: | 3:56.81 | 34.85 |
| | 100m: | 1:03.01 | 33.19 | 200m: | 2:12.97 | 34.95 | 300m: | 3:21.96 | 34.34 | 400m: | 4:30.70 | 33.89 |
| 29. | SOKOŁOWSKI Franciszek | | | | 17 | MTP Kormoran Olsztyn | | | | 4:30.98 | 535 | +0,71 |
| | 50m: | 30.62 | 30.62 | 150m: | 1:39.28 | 34.65 | 250m: | 2:48.80 | 34.59 | 350m: | 3:57.72 | 34.21 |
| | 100m: | 1:04.63 | 34.01 | 200m: | 2:14.21 | 34.93 | 300m: | 3:23.51 | 34.71 | 400m: | 4:30.98 | 33.26 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 13, M czynn, 400m dowolny, OPEN

| Pozycja | | | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|--------------------|------------|-------|---|---------|----------------|-------|---------|-------|-------|---------|-------|
| 30. | KARWAT | Bartłomiej | 15 | UKS Nawa Skierniewice | | 4:32.63 | 525 | +0,64 | | | | |
| | 50m: | 29.46 | 29.46 | 150m: | 1:37.99 | 34.87 | 250m: | 2:48.92 | 35.41 | 350m: | 3:59.02 | 34.36 |
| | 100m: | 1:03.12 | 33.66 | 200m: | 2:13.51 | 35.52 | 300m: | 3:24.66 | 35.74 | 400m: | 4:32.63 | 33.61 |
| 31. | RÓ ALSKI | Marcin | 19 | KS AZS AGH Kraków | | 4:32.78 | 525 | +0,69 | | | | |
| | 50m: | 30.26 | 30.26 | 150m: | 1:38.24 | 34.43 | 250m: | 2:47.81 | 34.58 | 350m: | 3:58.56 | 35.16 |
| | 100m: | 1:03.81 | 33.55 | 200m: | 2:13.23 | 34.99 | 300m: | 3:23.40 | 35.59 | 400m: | 4:32.78 | 34.22 |
| 32. | FRONCZEK | Miłosz | 15 | KU AZS UMCS Lublin | | 4:33.00 | 523 | +0,65 | | | | |
| | 50m: | 31.18 | 31.18 | 150m: | 1:39.96 | 35.08 | 250m: | 2:49.77 | 35.03 | 350m: | 3:59.64 | 35.35 |
| | 100m: | 1:04.88 | 33.70 | 200m: | 2:14.74 | 34.78 | 300m: | 3:24.29 | 34.52 | 400m: | 4:33.00 | 33.36 |
| 33. | POTRZEBOWSKI | Franciszek | 14 | UKP „Polonia Warszawa” | | 4:35.22 | 511 | +0,74 | | | | |
| | 50m: | 31.33 | 31.33 | 150m: | 1:42.50 | 36.20 | 250m: | 2:54.35 | 35.42 | 350m: | 4:03.98 | 34.66 |
| | 100m: | 1:06.30 | 34.97 | 200m: | 2:18.93 | 36.43 | 300m: | 3:29.32 | 34.97 | 400m: | 4:35.22 | 31.24 |
| 34. | JOACHIMOWICZ | Patryk | 15 | KU AZS UMCS Lublin | | 4:35.61 | 509 | +0,69 | | | | |
| | 50m: | 28.94 | 28.94 | 150m: | 1:36.98 | 34.88 | 250m: | 2:48.45 | 35.97 | 350m: | 4:00.68 | 36.27 |
| | 100m: | 1:02.10 | 33.16 | 200m: | 2:12.48 | 35.50 | 300m: | 3:24.41 | 35.96 | 400m: | 4:35.61 | 34.93 |
| 35. | SKOCZYLAS | Bartosz | 14 | KU AZS UMCS Lublin | | 4:39.60 | 487 | +0,67 | | | | |
| | 50m: | 31.54 | 31.54 | 150m: | 1:42.68 | 35.80 | 250m: | 2:54.22 | 35.65 | 350m: | 4:05.86 | 35.64 |
| | 100m: | 1:06.88 | 35.34 | 200m: | 2:18.57 | 35.89 | 300m: | 3:30.22 | 36.00 | 400m: | 4:39.60 | 33.74 |
| 36. | GEBAUER | Wolfgang | 15 | MTP Kormoran Olsztyn | | 4:40.02 | 485 | +0,74 | | | | |
| | 50m: | 31.14 | 31.14 | 150m: | 1:42.20 | 35.92 | 250m: | 2:54.83 | 36.48 | 350m: | 4:06.44 | 35.36 |
| | 100m: | 1:06.28 | 35.14 | 200m: | 2:18.35 | 36.15 | 300m: | 3:31.08 | 36.25 | 400m: | 4:40.02 | 33.58 |
| 37. | JANKIEWICZ DELGADO | Jarosław | 17 | UKS Nawa Skierniewice | | 4:40.29 | 484 | +0,71 | | | | |
| | 50m: | 30.51 | 30.51 | 150m: | 1:38.79 | 34.72 | 250m: | 2:50.30 | 36.09 | 350m: | 4:04.19 | 37.38 |
| | 100m: | 1:04.07 | 33.56 | 200m: | 2:14.21 | 35.42 | 300m: | 3:26.81 | 36.51 | 400m: | 4:40.29 | 36.10 |
| 38. | FRONCZEK | Bła ej | 14 | KU AZS UMCS Lublin | | 4:40.34 | 483 | +0,54 | | | | |
| | 50m: | 31.76 | 31.76 | 150m: | 1:43.85 | 36.11 | 250m: | 2:56.27 | 36.18 | 350m: | 4:07.40 | 35.24 |
| | 100m: | 1:07.74 | 35.98 | 200m: | 2:20.09 | 36.24 | 300m: | 3:32.16 | 35.89 | 400m: | 4:40.34 | 32.94 |
| 39. | STAWIARSKI | Oskar | 16 | UKP „Polonia Warszawa” | | 4:41.64 | 477 | +0,76 | | | | |
| | 50m: | 29.81 | 29.81 | 150m: | 1:41.72 | 36.76 | 250m: | 2:55.12 | 36.86 | 350m: | 4:07.24 | 35.60 |
| | 100m: | 1:04.96 | 35.15 | 200m: | 2:18.26 | 36.54 | 300m: | 3:31.64 | 36.52 | 400m: | 4:41.64 | 34.40 |
| 40. | WŁODARCZYK | Michał | 14 | UKP „Polonia Warszawa” | | 4:43.91 | 465 | +0,67 | | | | |
| | 50m: | 30.78 | 30.78 | 150m: | 1:41.91 | 35.75 | 250m: | 2:53.93 | 36.20 | 350m: | 4:07.36 | 36.76 |
| | 100m: | 1:06.16 | 35.38 | 200m: | 2:17.73 | 35.82 | 300m: | 3:30.60 | 36.67 | 400m: | 4:43.91 | 36.55 |
| 41. | MIELCZAREK | Maciej | 16 | UKP „Polonia Warszawa” | | 4:51.23 | 431 | +0,80 | | | | |
| | 50m: | 33.26 | 33.26 | 150m: | 1:46.39 | 36.50 | 250m: | 3:00.94 | 37.27 | 350m: | 4:15.43 | 36.91 |
| | 100m: | 1:09.89 | 36.63 | 200m: | 2:23.67 | 37.28 | 300m: | 3:38.52 | 37.58 | 400m: | 4:51.23 | 35.80 |
| 42. | SAPKOWSKI | Michał | 14 | Mi dzyszkołny UKS „Olimpijczyk” Suwałki | | 4:57.47 | 404 | +0,67 | | | | |
| | 50m: | 30.73 | 30.73 | 150m: | 1:45.48 | 38.32 | 250m: | 3:03.72 | 38.95 | 350m: | 4:21.17 | 38.62 |
| | 100m: | 1:07.16 | 36.43 | 200m: | 2:24.77 | 39.29 | 300m: | 3:42.55 | 38.83 | 400m: | 4:57.47 | 36.30 |
| 43. | KRUPA | Borys | 17 | UKP „Polonia Warszawa” | | 5:04.38 | 377 | +0,68 | | | | |
| | 50m: | 32.17 | 32.17 | 150m: | 1:47.46 | 38.31 | 250m: | 3:06.29 | 39.71 | 350m: | 4:27.22 | 40.22 |
| | 100m: | 1:09.15 | 36.98 | 200m: | 2:26.58 | 39.12 | 300m: | 3:47.00 | 40.71 | 400m: | 5:04.38 | 37.16 |

DYSKW. KAŁU Y SKI Antoni 24 Ku Azs Uw
O4 - Pływak podci gał si na linie torowej (dodatkowy ruch nap dowy) - 10.7

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17
04.11.2023 - 18:59

Mężczyzn, 50m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|-------------------|-------|-----------------|------------|
| Rekord Polski Open | 21.47 | JURASZEK Paweł | 00701 | Budapest (HUN) | 29.07.2017 |
| Rekord Polski 19 - 23 | 21.47 | JURASZEK Paweł | 00701 | Budapest (HUN) | 29.07.2017 |
| Rekord Polski 18 | 22.45 | HOŁUB Jan | 00601 | Dordrecht (NED) | 13.07.2014 |
| Rekord Polski 17 | 22.69 | HOŁUB Jan | 00303 | Dubai (UAE) | 28.08.2013 |
| Rekord Polski 16 | 22.90 | CHOWANIEC Mateusz | 01711 | Baku (KAZ) | 25.07.2019 |
| Rekord Polski 15 | 23.61 | ORLICZ Filip | 05114 | Warsaw | 01.12.2017 |
| Rekord Polski 14 | 24.13 | STAWICKI Mateusz | | Ostrowiec w. | 07.07.2023 |

Minimum - IO - Pary (Francja) Open: 21.96 / Minimum - M - Doha (Katar) Open: 22.12

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------|--|--------------|------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | 14 | JANUS Tymon UKP „Polonia Warszawa” | 25.51 | 550 | +0,64 |
| 2. | 14 | GRZESIK Franciszek KS KSZO Ostrowiec w. | 25.72 | 537 | +0,66 |
| 3. | 14 | WŁODARCZYK Michał UKP „Polonia Warszawa” | 26.47 | 492 | +0,68 |
| 4. | 14 | JONCZAK Marcel RWKS Sparta Biłgoraj | 26.72 | 479 | +0,67 |
| 5. | 14 | GRABI SKI Szymon WKS I sk | 26.81 | 474 | +0,59 |
| 6. | 14 | KULANIN Kornel RWKS Sparta Biłgoraj | 27.21 | 453 | +0,66 |
| 7. | 14 | SZUBERT-OLSZACKI Piotr KP Raw-Swim | 27.25 | 451 | +0,67 |
| 8. | 14 | KAMIE SKI Stanisław UKP „Polonia Warszawa” | 27.61 | 434 | +0,67 |
| 9. | 14 | ZGODA Bartosz UKP „Polonia Warszawa” | 28.10 | 412 | +0,70 |
| 10. | 14 | SAPKOWSKI Michał Mi dzyszkołny UKS „Olimpijczyk” Suwałki | 28.48 | 395 | +0,66 |
| 11. | 14 | GRASZA Mateusz RWKS Sparta Biłgoraj | 28.61 | 390 | +0,77 |
| 12. | 14 | SIECZEK Bartosz UKP „Polonia Warszawa” | 28.75 | 384 | +0,76 |
| 13. | 14 | SZCZEPANIAK Maciej UKS 48 Warszawa ródnie cie | 28.76 | 384 | +0,71 |
| 14. | 14 | FRONCZEK Błażej KU AZS UMCS Lublin | 28.95 | 376 | +0,60 |
| 15. | 14 | NADOLNY Jerzy UKP „Polonia Warszawa” | 29.59 | 352 | +0,58 |
| NW | 14 | LIPI SKI Krystian MTP Kormoran Olsztyn | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|-----|----|---|--------------|-----|-------|
| 1. | 15 | SZYMCZYK Michał UKS GOS Raszyn | 24.80 | 599 | +0,63 |
| 2. | 15 | GWIAZDOWSKI Krzysztof MKS Piaseczno | 25.20 | 571 | +0,61 |
| 3. | 15 | RADZIKOWSKI Szymon WKS I sk | 25.22 | 569 | +0,67 |
| 4. | 15 | POLKOWSKI Piotr UKP „Polonia Warszawa” | 25.34 | 561 | +0,64 |
| 5. | 15 | KUMANOWSKI Jan KP Raw-Swim | 25.38 | 559 | +0,65 |
| 6. | 15 | POLONIUS Filip KS Górnik Radlin | 25.40 | 557 | +0,65 |
| 7. | 15 | SKULSKI Ryszard UKS Olympic Warka | 25.45 | 554 | +0,70 |
| 8. | 15 | KRAWCZYK Jakub Mokotowski UKP Warszawianka- Wodny F | 25.51 | 550 | +0,67 |
| 9. | 15 | TURCHAK Dmytro KS „OLIMPIA” Lublin | 26.10 | 514 | +0,62 |
| 10. | 15 | MADEY Ryszard UKS GOS Raszyn | 26.28 | 503 | +0,66 |
| 11. | 15 | SUCHOCKI Jan SWIMLAND Olsztyn | 26.58 | 486 | +0,79 |
| 12. | 15 | WASILEWSKI Mateusz KU AZS UMCS Lublin | 26.90 | 469 | +0,71 |
| 13. | 15 | PIETROWSKI Julian UKS Nawa Skierniewice | 26.93 | 468 | +0,68 |
| 14. | 15 | MAJEWSKI Piotr KP Raw-Swim | 27.00 | 464 | +0,69 |
| 15. | 15 | CHOROSZEWSKI Ignacy SWIMLAND Olsztyn | 27.03 | 462 | +0,71 |
| 16. | 15 | D BROWSKI Wojciech UKP Jedyńka Elbl g | 27.26 | 451 | +0,75 |
| 17. | 15 | D BEK Aleksander MTP „Lublinianka” | 27.28 | 450 | +0,61 |
| | 15 | OL DZKI Daniel UKP „Polonia Warszawa” | 27.28 | 450 | +0,72 |
| 19. | 15 | ZERA Jan MTP Kormoran Olsztyn | 31.22 | 300 | +0,63 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17, M czynn, 50m dowolny

JUNIOR MŁODSZY 16 LAT

| | | | | | | |
|-----|---------------------------------|----|------------------------------------|--------------|-----|-------|
| 1. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 23.98 | 663 | +0,62 |
| 2. | REDZI SKI VEL RYDZY SKI Mateusz | 16 | KU AZS UMCS Lublin | 25.36 | 560 | +0,66 |
| 3. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 25.40 | 557 | +0,71 |
| 4. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | 25.53 | 549 | +0,64 |
| 5. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 26.27 | 504 | +0,69 |
| 6. | UKLEJA Szymon | 16 | UKS Olympic Warka | 26.43 | 495 | +0,67 |
| 7. | KANCZKOWSKI Szymon | 16 | UKS Tri-Team Rumia | 26.96 | 466 | +0,76 |
| 8. | LENARD Radosław | 16 | MTP „Lublinianka” | 27.16 | 456 | +0,69 |
| 9. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 27.50 | 439 | +0,74 |
| 10. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 27.59 | 435 | +0,70 |
| 11. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 29.21 | 366 | +0,67 |

JUNIOR 17-18 LAT

| | | | | | | |
|-----|-----------------------------|----|------------------------------------|--------------|-----|-------|
| 1. | MADEY Konrad | 17 | UKS GOS Raszyn | 23.55 | 699 | +0,63 |
| 2. | TKACZ Wiktor | 18 | MKS Piaseczno | 23.57 | 698 | +0,65 |
| 3. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 24.33 | 634 | +0,65 |
| 4. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 24.50 | 621 | +0,66 |
| 5. | PASZKOWSKI Błażej | 17 | KU AZS UMCS Lublin | 24.69 | 607 | +0,68 |
| 6. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi cie | 24.82 | 597 | +0,61 |
| 7. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 25.09 | 578 | +0,66 |
| 8. | YEVDOKYMOW Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | 25.10 | 578 | +0,66 |
| 9. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi cie | 25.32 | 563 | +0,62 |
| 10. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 25.43 | 555 | +0,61 |
| 11. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 25.87 | 528 | +0,65 |
| 12. | NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 26.26 | 504 | +0,65 |
| 13. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 26.39 | 497 | +0,73 |
| 14. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 26.49 | 491 | +0,74 |
| 15. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 26.52 | 490 | +0,69 |
| 16. | KULIKOVSKYI Vladyslav | 18 | Mokotowski UKP Warszawianka- Wodny | 26.62 | 484 | +0,67 |
| 17. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 26.95 | 467 | +0,66 |
| 18. | JANKIEWICZ DELGADO Jarosław | 17 | UKS Nawa Skierniewice | 27.81 | 425 | +0,70 |
| 19. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 28.12 | 411 | +0,64 |
| 20. | KRYSZCZUK Karol | 17 | UKS Piłka Konstantynów Łódzki | 28.19 | 408 | +0,69 |

OPEN

| | | | | | | |
|-----|--------------------|----|-------------------------------|--------------|-----|-------|
| 1. | JURASZEK Paweł | 29 | MKS Dziewięćka Dzieńców | 22.63 | 788 | +0,59 |
| 2. | CHOWANIEC Mateusz | 20 | AZS AWF Katowice | 22.78 | 773 | +0,62 |
| 3. | MAJCHRZAK Kacper | 31 | KS Warta Poznań | 22.89 | 762 | +0,66 |
| 4. | DUDYS Dominik | 21 | AZS AWF Katowice | 22.98 | 753 | +0,65 |
| 5. | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 23.08 | 743 | +0,64 |
| 6. | W GROWSKI Marcel | 24 | AZS Łódź | 23.16 | 735 | +0,69 |
| 7. | MADEY Konrad | 17 | UKS GOS Raszyn | 23.55 | 699 | +0,63 |
| 8. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 23.57 | 698 | +0,63 |
| | TKACZ Wiktor | 18 | MKS Piaseczno | 23.57 | 698 | +0,65 |
| 10. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 23.98 | 663 | +0,62 |
| 11. | GULI SKI Maciej | 19 | KU AZS Uw | 24.01 | 660 | +0,65 |
| 12. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 24.33 | 634 | +0,65 |
| 13. | WARZOCHA Gustaw | 19 | KS Warta Poznań | 24.34 | 634 | +0,70 |
| 14. | HANF Szymon | 20 | KS AZS AGH Kraków | 24.45 | 625 | +0,70 |
| 15. | POPIEL Mikołaj | 17 | KU AZS UMCS Lublin | 24.50 | 621 | +0,66 |
| 16. | CIESIELSKI Artur | 19 | AZS Łódź | 24.61 | 613 | +0,70 |
| | CIARCZY SKI Janusz | 22 | MKP Szczecin | 24.61 | 613 | +0,72 |
| 18. | PASZKOWSKI Błażej | 17 | KU AZS UMCS Lublin | 24.69 | 607 | +0,68 |
| 19. | ISKRA Szymon | 19 | UKS Piłka Konstantynów Łódzki | 24.73 | 604 | +0,59 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17, M czyzn, 50m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR |
|---------|------|------------------------------------|---------------|------|-------|
| 20. | 15 | UKS GOS Raszyn | 24.80 | 599 | +0,63 |
| 21. | 17 | UKS 48 Warszawa ródnie cie | 24.82 | 597 | +0,61 |
| 22. | 20 | UKS Pi tka Konstantynów Łódzki | 24.83 | 597 | +0,65 |
| 23. | 17 | KU AZS UMCS Lublin | 25.09 | 578 | +0,66 |
| 24. | 17 | Mokotowski UKP Warszawianka- Wodny | F25.10 | 578 | +0,66 |
| 25. | 21 | AZS AWF Katowice | 25.16 | 574 | +0,64 |
| 26. | 15 | MKS Piaseczno | 25.20 | 571 | +0,61 |
| 27. | 15 | WKS I sk | 25.22 | 569 | +0,67 |
| 28. | 17 | UKS 48 Warszawa ródnie cie | 25.32 | 563 | +0,62 |
| 29. | 15 | UKP „Polonia Warszawa” | 25.34 | 561 | +0,64 |
| 30. | 16 | KU AZS UMCS Lublin | 25.36 | 560 | +0,66 |
| 31. | 15 | KP Raw-Swim | 25.38 | 559 | +0,65 |
| 32. | 15 | KS Górnik Radlin | 25.40 | 557 | +0,65 |
| | 16 | UKP „Polonia Warszawa” | 25.40 | 557 | +0,71 |
| 34. | 17 | UKP „Polonia Warszawa” | 25.43 | 555 | +0,61 |
| 35. | 15 | UKS Olympic Warka | 25.45 | 554 | +0,70 |
| 36. | 15 | Mokotowski UKP Warszawianka- Wodny | F25.51 | 550 | +0,67 |
| | 14 | UKP „Polonia Warszawa” | 25.51 | 550 | +0,64 |
| 38. | 16 | Mokotowski UKP Warszawianka- Wodny | F25.53 | 549 | +0,64 |
| 39. | 22 | SWIMLAND Olsztyn | 25.57 | 546 | +0,68 |
| 40. | 14 | KS KSZO Ostrowiec w. | 25.72 | 537 | +0,66 |
| 41. | 20 | UKS Pi tka Konstantynów Łódzki | 25.74 | 536 | +0,66 |
| 42. | 20 | KU AZS UMCS Lublin | 25.82 | 531 | +0,62 |
| 43. | 17 | UKS Olympic Warka | 25.87 | 528 | +0,65 |
| 44. | 19 | KS AZS AGH Kraków | 26.02 | 518 | +0,63 |
| 45. | 15 | KS „OLIMPIA” Lublin | 26.10 | 514 | +0,62 |
| 46. | 18 | KU AZS UMCS Lublin | 26.26 | 504 | +0,65 |
| 47. | 16 | KU AZS UMCS Lublin | 26.27 | 504 | +0,69 |
| 48. | 15 | UKS GOS Raszyn | 26.28 | 503 | +0,66 |
| 49. | 18 | AZS AWF Warszawa | 26.39 | 497 | +0,73 |
| 50. | 16 | UKS Olympic Warka | 26.43 | 495 | +0,67 |
| 51. | 14 | UKP „Polonia Warszawa” | 26.47 | 492 | +0,68 |
| 52. | 18 | MTP Kormoran Olsztyn | 26.49 | 491 | +0,74 |
| 53. | 17 | UKS Nawa Skierniewice | 26.52 | 490 | +0,69 |
| 54. | 15 | SWIMLAND Olsztyn | 26.58 | 486 | +0,79 |
| 55. | 18 | Mokotowski UKP Warszawianka- Wodny | F26.62 | 484 | +0,67 |
| 56. | 14 | RWKS Sparta Biłgoraj | 26.72 | 479 | +0,67 |
| 57. | 14 | WKS I sk | 26.81 | 474 | +0,59 |
| 58. | 15 | KU AZS UMCS Lublin | 26.90 | 469 | +0,71 |
| 59. | 15 | UKS Nawa Skierniewice | 26.93 | 468 | +0,68 |
| 60. | 17 | UKP „Polonia Warszawa” | 26.95 | 467 | +0,66 |
| 61. | 16 | UKS Tri-Team Rumia | 26.96 | 466 | +0,76 |
| 62. | 15 | KP Raw-Swim | 27.00 | 464 | +0,69 |
| 63. | 15 | SWIMLAND Olsztyn | 27.03 | 462 | +0,71 |
| 64. | 16 | MTP „Lublinianka” | 27.16 | 456 | +0,69 |
| 65. | 14 | RWKS Sparta Biłgoraj | 27.21 | 453 | +0,66 |
| 66. | 14 | KP Raw-Swim | 27.25 | 451 | +0,67 |
| 67. | 15 | UKP Jedyńka Elbl g | 27.26 | 451 | +0,75 |
| 68. | 15 | MTP „Lublinianka” | 27.28 | 450 | +0,61 |
| | 15 | UKP „Polonia Warszawa” | 27.28 | 450 | +0,72 |
| 70. | 16 | UKP „Polonia Warszawa” | 27.50 | 439 | +0,74 |
| 71. | 16 | UKS Nawa Skierniewice | 27.59 | 435 | +0,70 |
| 72. | 14 | UKP „Polonia Warszawa” | 27.61 | 434 | +0,67 |
| 73. | 17 | UKS Nawa Skierniewice | 27.81 | 425 | +0,70 |
| 74. | 14 | UKP „Polonia Warszawa” | 28.10 | 412 | +0,70 |
| 75. | 17 | MTP Kormoran Olsztyn | 28.12 | 411 | +0,64 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 17, M czynn, 50m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR |
|---------|------|---|--------------|------|-------|
| 76. | 17 | UKS Piłka Konstantynów Łódzki | 28.19 | 408 | +0,69 |
| 77. | 14 | Międzyszkolny UKS „Olimpijczyk” Suwałki | 28.48 | 395 | +0,66 |
| 78. | 14 | RWKS Sparta Biłgoraj | 28.61 | 390 | +0,77 |
| 79. | 14 | UKP „Polonia Warszawa” | 28.75 | 384 | +0,76 |
| 80. | 14 | UKS 48 Warszawa - rodzimcy | 28.76 | 384 | +0,71 |
| 81. | 14 | KU AZS UMCS Lublin | 28.95 | 376 | +0,60 |
| 82. | 16 | UKS Nawa Skierniewice | 29.21 | 366 | +0,67 |
| 83. | 14 | UKP „Polonia Warszawa” | 29.59 | 352 | +0,58 |
| 84. | 15 | MTP Kormoran Olsztyn | 31.22 | 300 | +0,63 |
| NW | 24 | Ku Azs Uw | | | |
| NW | 14 | MTP Kormoran Olsztyn | | | |
| PK | 13 | Ukraine | 27.49 | 440 | +0,86 |

Konkurencja 24
05.11.2023 - 9:00

Kobiet, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|----------------------|-------|---------------|------------|
| Rekord Polski Open | 2:26.84 | BIE KOWSKA Wiktoria | 00110 | Prague (CZE) | 10.07.2009 |
| Rekord Polski 19 - 23 | 2:26.84 | BIE KOWSKA Wiktoria | 00110 | Praga (CZE) | 10.07.2009 |
| Rekord Polski 18 | 2:26.84 | BIE SKOWSKA Wiktoria | 00110 | Praga (CZE) | 09.07.2009 |
| Rekord Polski 17 | 2:26.84 | BIE KOWSKA Wiktoria | 00110 | Praga (CZE) | 10.07.2009 |
| Rekord Polski 16 | 2:26.84 | BIE KOWSKA Wiktoria | 00110 | Prague (CZE) | 10.07.2009 |
| Rekord Polski 15 | 2:29.47 | ZACHOSZCZ Paulina | 00416 | Gorzow Wlkp. | 12.07.2008 |
| Rekord Polski 14 | 2:34.33 | OTREMBA Justyna | 00902 | Tampere (FIN) | 20.07.2009 |

Minimum - IO - Pary (Francja) Open: 2:23.91 / Minimum - M - Doha (Katar) Open: 2:25.91

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|------------------------------|------|---|----------------|------|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | 14 | UKP „Polonia Warszawa” | 2:48.38 | 561 | +0,69 | 37.33 | 43.26 | 43.90 | 43.89 |
| 2. | 14 | UKS Tri-Team Rumia | 2:58.66 | 470 | +0,77 | 40.57 | 45.50 | 46.85 | 45.74 |
| 3. | 14 | UKP Jedyńka Elbląg | 2:59.51 | 463 | +0,71 | 40.46 | 45.97 | 46.90 | 46.18 |
| 4. | 14 | UKP „Polonia Warszawa” | 3:05.60 | 419 | +0,70 | 41.92 | 47.55 | 48.04 | 48.09 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | | | |
| 1. | 15 | UKS Nawa Skierniewice | 2:52.12 | 526 | +0,67 | 38.76 | 43.89 | 44.83 | 44.64 |
| 2. | 15 | UKS SP5 Swim | 2:57.51 | 479 | +0,72 | 38.63 | 44.61 | 46.29 | 47.98 |
| 3. | 15 | Międzyszkolny UKS „Olimpijczyk” Suwałki | 3:07.82 | 404 | +0,54 | 42.62 | 48.14 | 48.87 | 48.19 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | | | |
| 1. | 16 | KU AZS UMCS Lublin | 2:41.21 | 640 | +0,73 | 37.13 | 40.30 | 41.73 | 42.05 |
| 2. | 16 | UKS Nawa Skierniewice | 2:46.63 | 579 | +0,75 | 37.38 | 42.05 | 44.00 | 43.20 |
| 3. | 16 | KU AZS UMCS Lublin | 2:48.53 | 560 | +0,77 | 38.66 | 42.57 | 43.22 | 44.08 |
| 4. | 16 | TP Zielona Góra | 2:49.06 | 555 | +0,67 | 38.07 | 42.73 | 44.71 | 43.55 |
| 5. | 16 | KU AZS UMCS Lublin | 2:50.25 | 543 | +0,75 | 38.22 | 43.03 | 44.22 | 44.78 |
| 6. | 16 | UKS Nawa Skierniewice | 2:50.95 | 536 | +0,77 | 38.67 | 43.85 | 44.29 | 44.14 |
| 7. | 16 | Mokotowski UKP Warszawa | 2:58.57 | 471 | +0,71 | 38.66 | 46.33 | 47.11 | 46.47 |
| 8. | 16 | WKS I sk | 2:59.76 | 461 | +0,72 | 39.74 | 45.41 | 47.65 | 46.96 |
| JUNIOR 17-18 LAT | | | | | | | | | |
| 1. | 18 | MKS Piaseczno | 2:39.53 | 660 | +0,72 | 35.23 | 40.32 | 41.83 | 42.15 |
| 2. | 17 | MTP Kormoran Olsztyn | 2:48.51 | 560 | +0,70 | 37.98 | 42.37 | 45.03 | 43.13 |
| 3. | 17 | UKS Aqua Team Mikołów | 2:54.40 | 505 | +0,72 | 40.23 | 44.36 | 45.21 | 44.60 |
| 4. | 17 | MTP Kormoran Olsztyn | 2:54.94 | 501 | +0,77 | 39.34 | 44.17 | 46.33 | 45.10 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 24, Kobiet, 200m klasyczny

OPEN

| | | | | | | | | | |
|-----|-------------------|----|---------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | PARADOWSKA Kinga | 22 | Stowarzyszenie AZS WSG | 2:34.43 | 728 +0,69 | 35.75 | 39.43 | 39.64 | 39.61 |
| 2. | BAŁDA Aleksandra | 18 | MKS Piaseczno | 2:39.53 | 660 +0,72 | 35.23 | 40.32 | 41.83 | 42.15 |
| 3. | HALLMANN Weronika | 23 | Ku Azs Uw | 2:39.83 | 657 +0,70 | 35.90 | 41.11 | 41.39 | 41.43 |
| 4. | PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 2:41.21 | 640 +0,73 | 37.13 | 40.30 | 41.73 | 42.05 |
| 5. | PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 2:46.63 | 579 +0,75 | 37.38 | 42.05 | 44.00 | 43.20 |
| 6. | MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 2:48.38 | 561 +0,69 | 37.33 | 43.26 | 43.90 | 43.89 |
| 7. | CHOJNACKA Kinga | 17 | MTP Kormoran Olsztyn | 2:48.51 | 560 +0,70 | 37.98 | 42.37 | 45.03 | 43.13 |
| 8. | ZIELI SKA Maja | 16 | KU AZS UMCS Lublin | 2:48.53 | 560 +0,77 | 38.66 | 42.57 | 43.22 | 44.08 |
| 9. | KOT Emilia | 16 | TP Zielona Góra | 2:49.06 | 555 +0,67 | 38.07 | 42.73 | 44.71 | 43.55 |
| 10. | WO AKOWSKA Zofia | 16 | KU AZS UMCS Lublin | 2:50.25 | 543 +0,75 | 38.22 | 43.03 | 44.22 | 44.78 |
| 11. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 2:50.95 | 536 +0,77 | 38.67 | 43.85 | 44.29 | 44.14 |
| 12. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 2:52.12 | 526 +0,67 | 38.76 | 43.89 | 44.83 | 44.64 |
| 13. | SOJKA Oliwia | 17 | UKS Aqua Team Mikołów | 2:54.40 | 505 +0,72 | 40.23 | 44.36 | 45.21 | 44.60 |
| 14. | SOBEK Iga | 17 | MTP Kormoran Olsztyn | 2:54.94 | 501 +0,77 | 39.34 | 44.17 | 46.33 | 45.10 |
| 15. | LESIAK Kamila | 15 | UKS SP5 Swim | 2:57.51 | 479 +0,72 | 38.63 | 44.61 | 46.29 | 47.98 |
| 16. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawi | 2:58.57 | 471 +0,71 | 38.66 | 46.33 | 47.11 | 46.47 |
| 17. | GNA Nadia | 14 | UKS Tri-Team Rumia | 2:58.66 | 470 +0,77 | 40.57 | 45.50 | 46.85 | 45.74 |
| 18. | KOZAK Lena | 14 | UKP Jedyńka Elbl g | 2:59.51 | 463 +0,71 | 40.46 | 45.97 | 46.90 | 46.18 |
| 19. | TURBA SKA Marta | 16 | WKS I sk | 2:59.76 | 461 +0,72 | 39.74 | 45.41 | 47.65 | 46.96 |
| 20. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 3:05.60 | 419 +0,70 | 41.92 | 47.55 | 48.04 | 48.09 |
| 21. | OBERMAN Zuzanna | 15 | Mi dzyszkołny UKS „Olimpi | 3:07.82 | 404 +0,54 | 42.62 | 48.14 | 48.87 | 48.19 |

Konkurencja 25
05.11.2023 - 9:11

M czyzn, 100m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|----------------|-------|-----------------|------------|
| Rekord Polski Open | 52.58 | MASIUK Ksawery | | Budapeszt (HUN) | 19.06.2022 |
| Rekord Polski 19 - 23 | 52.58 | MASIUK Ksawery | | Budapeszt (HUN) | 19.06.2022 |
| Rekord Polski 18 | 52.58 | MASIUK Ksawery | 05114 | Budapeszt (HUN) | 19.06.2022 |
| Rekord Polski 17 | 53.91 | MASIUK Ksawery | 05114 | Rzym (ITA) | 07.07.2021 |
| Rekord Polski 16 | 55.38 | MASIUK Ksawery | 05114 | Warszawa | 05.12.2020 |
| Rekord Polski 15 | 56.78 | KOSI SKI Filip | 00109 | Baku (KAZ) | 23.07.2019 |
| Rekord Polski 14 | 59.12 | GORAJ Marcin | 03606 | Olsztyn | 05.07.2015 |

Minimum - IO - Pary (Francja) Open: 53.74 / Minimum - M - Doha (Katar) Open: 54.03

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|------------------------------|------|---------------------------|----------------|------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | |
| 1. | 14 | RWKS Sparta Biłgoraj | 1:06.19 | 473 | +0,64 | 31.50 | 34.69 |
| 2. | 14 | UKP „Polonia Warszawa” | 1:06.51 | 466 | | 31.87 | 34.64 |
| 3. | 14 | RWKS Sparta Biłgoraj | 1:12.33 | 363 | +0,62 | 33.27 | 39.06 |
| 4. | 14 | UKP „Polonia Warszawa” | 1:13.99 | 339 | +0,61 | 35.37 | 38.62 |
| JUNIOR MŁODSZY 15 LAT | | | | | | | |
| 1. | 15 | UKS GOS Raszyn | 1:01.89 | 579 | +0,55 | 30.50 | 31.39 |
| 2. | 15 | KS Górnik Radlin | 1:02.16 | 572 | +0,67 | 29.94 | 32.22 |
| 3. | 15 | MTP Kormoran Olsztyn | 1:14.11 | 337 | | 35.96 | 38.15 |
| JUNIOR MŁODSZY 16 LAT | | | | | | | |
| 1. | 16 | UKP „Polonia Warszawa” | 1:05.50 | 488 | +0,63 | 31.74 | 33.76 |
| JUNIOR 17-18 LAT | | | | | | | |
| 1. | 17 | UKS 48 Warszawa ródmi cie | 1:01.38 | 594 | +0,62 | 29.32 | 32.06 |
| 2. | 18 | KU AZS UMCS Lublin | 1:06.01 | 477 | +0,59 | 32.10 | 33.91 |
| 3. | 18 | MTP Kormoran Olsztyn | 1:08.57 | 426 | +0,77 | 32.97 | 35.60 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 25, M czynn, 100m grzbietowy

OPEN

| | | | | | | | | |
|-----|------------------------|----|-----------------------------|----------------|-----|-------|-------|-------|
| 1. | MASIUK Ksawery | 19 | UKS G-8 Bielany Warszawa | 54.34 | 856 | | 26.40 | 27.94 |
| 2. | KAW CKI Radosław | 32 | AZS AWF Warszawa | 56.24 | 772 | +0,62 | 27.40 | 28.84 |
| 3. | KOSI SKI Filip | 19 | AZS AWF Warszawa | 56.40 | 765 | +0,58 | 27.53 | 28.87 |
| 4. | SIENKIEWICZ Aleksander | 20 | AZS AWF Katowice | 56.99 | 742 | +0,58 | 27.15 | 29.84 |
| 5. | KRÓL Jan | 21 | KS AZS AGH Kraków | 57.91 | 707 | | 27.85 | 30.06 |
| 6. | PRUSZY SKI Michał | 19 | TP Zielona Góra | 59.35 | 657 | +0,53 | 28.48 | 30.87 |
| 7. | SAGAN Jakub | 21 | AZS AWF Katowice | 1:01.21 | 599 | +0,54 | 28.31 | 32.90 |
| 8. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródemie cie | 1:01.38 | 594 | +0,62 | 29.32 | 32.06 |
| 9. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 1:01.89 | 579 | +0,55 | 30.50 | 31.39 |
| 10. | POLONIUS Filip | 15 | KS Górnik Radlin | 1:02.16 | 572 | +0,67 | 29.94 | 32.22 |
| 11. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 1:05.50 | 488 | +0,63 | 31.74 | 33.76 |
| 12. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 1:06.01 | 477 | +0,59 | 32.10 | 33.91 |
| 13. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 1:06.19 | 473 | +0,64 | 31.50 | 34.69 |
| 14. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 1:06.51 | 466 | | 31.87 | 34.64 |
| 15. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 1:08.57 | 426 | +0,77 | 32.97 | 35.60 |
| 16. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 1:12.33 | 363 | +0,62 | 33.27 | 39.06 |
| 17. | NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 1:13.99 | 339 | +0,61 | 35.37 | 38.62 |
| 18. | ZERA Jan | 15 | MTP Kormoran Olsztyn | 1:14.11 | 337 | | 35.96 | 38.15 |
| PK | LUSTIUK Tymofii | 13 | Ukraine | 1:08.50 | 427 | +0,77 | 32.90 | 35.60 |

Konkurencja 26
05.11.2023 - 9:14

Kobiet, 50m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|------------------|-------|---------------|------------|
| Rekord Polski Open | 25.91 | DOWGIERT Anna | 00601 | Kazan (RUS) | 07.08.2015 |
| Rekord Polski 19 - 23 | 26.20 | PEDA Paulina | | Zagrzeb (CRO) | 27.06.2021 |
| Rekord Polski 18 | 26.85 | KAZOL Flawia | | Lublin | 02.06.2022 |
| Rekord Polski 17 | 26.85 | KAMZOL Flawia | | Lublin | 02.06.2022 |
| Rekord Polski 16 | 26.85 | KAMZOL Flawia | | Lublin | 02.06.2022 |
| Rekord Polski 15 | 26.85 | KAMZOL Flawia | 03606 | Lublin | 02.06.2022 |
| Rekord Polski 14 | 27.49 | SZABAŁA Antonina | | Lublin | 25.02.2023 |

Minimum - M - Doha (Katar) Open: 25.77

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------|------------------------------------|---------------|------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | 14 | UKS SP-149 Łód | 30.31 | 523 | +0,79 |
| 2. | 14 | UKP „Polonia Warszawa” | 31.47 | 467 | +0,72 |
| 3. | 14 | UKP „Polonia Warszawa” | 32.16 | 438 | +0,70 |
| JUNIOR MŁODSZY 15 LAT | | | | | |
| 1. | 15 | UKS Nawa Skierniewice | 29.34 | 577 | +0,72 |
| 2. | 15 | SWIMLAND Olsztyn | 30.51 | 513 | +0,63 |
| 3. | 15 | UKS SP5 Swim | 31.90 | 449 | +0,74 |
| 4. | 15 | AZS AWF Warszawa | 32.26 | 434 | +0,65 |
| 5. | 15 | Mokotowski UKP Warszawianka- Wodny | F33.65 | 382 | +0,85 |
| 6. | 15 | UKP „Polonia Warszawa” | 34.11 | 367 | +0,73 |
| JUNIOR MŁODSZY 16 LAT | | | | | |
| 1. | 16 | Mokotowski UKP Warszawianka- Wodny | F29.32 | 578 | +0,65 |
| 2. | 16 | AZS AWF Warszawa | 29.68 | 557 | +0,63 |
| 3. | 16 | WKS I sk | 30.12 | 533 | +0,74 |
| 4. | 16 | UKS SP5 Swim | 31.14 | 482 | +0,71 |
| 5. | 16 | UKS Nawa Skierniewice | 31.15 | 482 | +0,68 |
| 6. | 16 | KS „OLIMPIA” Lublin | 31.28 | 476 | +0,68 |
| 7. | 16 | UKP „Polonia Warszawa” | 31.83 | 452 | +0,78 |
| 8. | 16 | MTP Kormoran Olsztyn | 35.06 | 338 | +0,74 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 26, Kobiet, 50m motylkowy

JUNIOR 17-18 LAT

| | | | | | | |
|----|-------------------|----|------------------------------------|---------------|-----|-------|
| 1. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 29.67 | 558 | +0,78 |
| 2. | RYFKA Maja | 17 | UKP Fala Kra nik | 29.79 | 551 | +0,75 |
| 3. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 30.62 | 507 | +0,72 |
| 4. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wodny | F30.67 | 505 | +0,62 |
| 5. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 30.93 | 492 | +0,69 |
| 6. | SULAK Antonina | 17 | UKS Pi tka Konstantynów Łódzki | 32.38 | 429 | +0,66 |
| 7. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 32.51 | 424 | +0,75 |
| 8. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 33.88 | 374 | +0,67 |
| 9. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 35.40 | 328 | +0,83 |

OPEN

| | | | | | | |
|-----|---------------------|----|------------------------------------|---------------|-----|-------|
| 1. | DOWGIERT Anna | 33 | KS Warta Pozna | 26.47 | 786 | +0,69 |
| 2. | PEDA Paulina | 25 | AZS AWF Katowice | 26.88 | 750 | +0,64 |
| 3. | PIOTROWSKA Wiktoria | 20 | AZS AWF Warszawa | 26.94 | 745 | +0,61 |
| 4. | CIEPLAK Aleksandra | 22 | AZS AWF Katowice | 27.59 | 694 | +0,69 |
| 5. | JABŁO SKA Martyna | 20 | MKS Piaseczno | 28.67 | 618 | +0,71 |
| 6. | SOLAK Anna | 23 | KS AZS AGH Kraków | 29.09 | 592 | +0,67 |
| 7. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wodny | F29.32 | 578 | +0,65 |
| 8. | RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 29.34 | 577 | +0,72 |
| 9. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 29.67 | 558 | +0,78 |
| 10. | MARKIEWICZ Weronika | 16 | AZS AWF Warszawa | 29.68 | 557 | +0,63 |
| 11. | RYFKA Maja | 17 | UKP Fala Kra nik | 29.79 | 551 | +0,75 |
| 12. | GRZESIAK Oliwia | 16 | WKS I sk | 30.12 | 533 | +0,74 |
| 13. | RUTKOWSKA Maja | 14 | UKS SP-149 Łód | 30.31 | 523 | +0,79 |
| 14. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 30.51 | 513 | +0,63 |
| 15. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 30.62 | 507 | +0,72 |
| 16. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wodny | F30.67 | 505 | +0,62 |
| 17. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 30.93 | 492 | +0,69 |
| 18. | BRZYSZKO Paula | 16 | UKS SP5 Swim | 31.14 | 482 | +0,71 |
| 19. | SARNA Inez | 16 | UKS Nawa Skierniewice | 31.15 | 482 | +0,68 |
| 20. | DANILEWICZ Julia | 16 | KS „OLIMPIA” Lublin | 31.28 | 476 | +0,68 |
| 21. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 31.47 | 467 | +0,72 |
| 22. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 31.83 | 452 | +0,78 |
| 23. | GR CZAK Oliwia | 15 | UKS SP5 Swim | 31.90 | 449 | +0,74 |
| 24. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 32.16 | 438 | +0,70 |
| 25. | SAMBORSKA Dagmara | 15 | AZS AWF Warszawa | 32.26 | 434 | +0,65 |
| 26. | SULAK Antonina | 17 | UKS Pi tka Konstantynów Łódzki | 32.38 | 429 | +0,66 |
| 27. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 32.51 | 424 | +0,75 |
| 28. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wodny | F33.65 | 382 | +0,85 |
| 29. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 33.88 | 374 | +0,67 |
| 30. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 34.11 | 367 | +0,73 |
| 31. | URBA SKA Zuzanna | 16 | MTP Kormoran Olsztyn | 35.06 | 338 | +0,74 |
| 32. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 35.40 | 328 | +0,83 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 27
05.11.2023 - 9:19

M cyczn, 100m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|-------------------|-------|------------------|------------|
| Rekord Polski Open | 48.22 | CZERNIAK Konrad | 00603 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 19 - 23 | 48.22 | CZERNIAK Konrad | 00603 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 18 | 49.20 | CHOWANIEC Mateusz | 01711 | Lublin | 01.05.2021 |
| Rekord Polski 17 | 49.35 | KRASKA Jakub | 01305 | Netanya (ISR) | 30.06.2017 |
| Rekord Polski 16 | 50.10 | ORLICZ Filip | 05114 | Łód | 25.05.2018 |
| Rekord Polski 15 | 50.97 | ORLICZ Filip | 05114 | Targoviste (ROU) | 08.12.2017 |
| Rekord Polski 14 | 52.64 | STAWICKI Mateusz | | Ostrowiec w. | 09.07.2023 |

Minimum - IO - Pary (Francja) Open: 48.34 / Minimum - M - Doha (Katar) Open: 48.51

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|------------------------------|------|---|----------------|------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | |
| 1. | 14 | POTRZEBOWSKI Franciszek UKP „Polonia Warszawa” | 57.15 | 551 | +0,70 | 27.57 | 29.58 |
| 2. | 14 | MARYJOWSKI Marcin WKS I sk | 57.44 | 542 | +0,67 | 27.76 | 29.68 |
| 3. | 14 | WŁODARCZYK Michał UKP „Polonia Warszawa” | 57.49 | 541 | +0,66 | 27.36 | 30.13 |
| 4. | 14 | GRABI SKI Szymon WKS I sk | 57.62 | 537 | +0,58 | 27.76 | 29.86 |
| 5. | 14 | ZGODA Bartosz UKP „Polonia Warszawa” | 1:00.34 | 468 | | 29.11 | 31.23 |
| 6. | 14 | SZUBERT-OLSZACKI Piotr KP Raw-Swim | 1:00.79 | 458 | | 29.56 | 31.23 |
| 7. | 14 | SAPKOWSKI Michał Mi dzyszkolny UKS „Olimpijczyk” Sl | 1:01.75 | 437 | | 30.08 | 31.67 |
| 8. | 14 | SZCZEPANIAK Maciej UKS 48 Warszawa ródnie cie | 1:03.36 | 404 | | 30.00 | 33.36 |
| 9. | 14 | SIECZEK Bartosz UKP „Polonia Warszawa” | 1:04.01 | 392 | | 30.30 | 33.71 |
| NW | 14 | LIPI SKI Krystian MTP Kormoran Olsztyn | | | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | |
|-----|----|---|----------------|-----|-------|-------|-------|
| 1. | 15 | RADZIKOWSKI Szymon WKS I sk | 54.76 | 626 | +0,71 | 26.53 | 28.23 |
| 2. | 15 | GWIAZDOWSKI Krzysztof MKS Piaseczno | 54.82 | 624 | +0,62 | 26.50 | 28.32 |
| 3. | 15 | POLKOWSKI Piotr UKP „Polonia Warszawa” | 55.82 | 591 | +0,70 | 26.46 | 29.36 |
| 4. | 15 | SKULSKI Ryszard UKS Olympic Warka | 56.22 | 579 | +0,72 | 26.51 | 29.71 |
| 5. | 15 | KRAWCZYK Jakub Mokotowski UKP Warszawianka- Wod | 56.26 | 577 | +0,70 | 26.69 | 29.57 |
| 6. | 15 | KUMANOWSKI Jan KP Raw-Swim | 56.90 | 558 | +0,63 | 27.43 | 29.47 |
| 7. | 15 | WASILEWSKI Mateusz KU AZS UMCS Lublin | 57.64 | 537 | +0,72 | 27.63 | 30.01 |
| 8. | 15 | OL DZKI Daniel UKP „Polonia Warszawa” | 57.98 | 527 | +0,74 | 27.18 | 30.80 |
| 9. | 15 | MADEY Ryszard UKS GOS Raszyn | 58.67 | 509 | +0,64 | 27.59 | 31.08 |
| 10. | 15 | SUCHOCKI Jan SWIMLAND Olsztyn | 59.50 | 488 | +0,75 | 28.41 | 31.09 |
| 11. | 15 | PIETROWSKI Julian UKS Nawa Skierniewice | 1:00.38 | 467 | +0,69 | 28.65 | 31.73 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | |
|----|----|---|----------------|-----|-------|-------|-------|
| 1. | 16 | REDZI SKI VEL RYDZY SKI M6 KU AZS UMCS Lublin | 54.71 | 628 | +0,66 | 26.36 | 28.35 |
| 2. | 16 | KOZAKIEWICZ Aleksander Mokotowski UKP Warszawianka- Wod | 55.54 | 600 | +0,66 | 26.77 | 28.77 |
| 3. | 16 | DZIK Kamil UKP „Polonia Warszawa” | 55.68 | 596 | +0,73 | 26.12 | 29.56 |
| 4. | 16 | PONIEWA Oliwier KU AZS UMCS Lublin | 57.23 | 548 | +0,65 | 27.44 | 29.79 |
| 5. | 16 | KRASKA Mateusz KU AZS UMCS Lublin | 58.18 | 522 | +0,62 | 27.68 | 30.50 |
| 6. | 16 | MIELCZAREK Maciej UKP „Polonia Warszawa” | 59.00 | 501 | +0,81 | 28.55 | 30.45 |
| 7. | 16 | UKLEJA Szymon UKS Olympic Warka | 59.50 | 488 | | 27.27 | 32.23 |
| 8. | 16 | LENARD Radosław MTP „Lublinianka” | 1:01.51 | 442 | | 29.85 | 31.66 |

JUNIOR 17-18 LAT

| | | | | | | | |
|-----|----|--|--------------|-----|-------|-------|-------|
| 1. | 17 | MIENICKI Rafał UKS 48 Warszawa ródnie cie | 52.61 | 706 | +0,66 | 25.54 | 27.07 |
| 2. | 18 | TKACZ Wiktor MKS Piaseczno | 52.90 | 695 | +0,67 | 24.82 | 28.08 |
| 3. | 18 | OLEWNICZAK Maciej UKP „Polonia Warszawa” | 53.32 | 678 | +0,70 | 26.02 | 27.30 |
| 4. | 17 | YEVDOKYMOV Dmytro Mokotowski UKP Warszawianka- Wod | 54.21 | 645 | +0,70 | 26.39 | 27.82 |
| 5. | 18 | HEBEL Maciej AZS AWF Katowice | 54.29 | 643 | +0,67 | 26.49 | 27.80 |
| 6. | 18 | KUCHARSKI Paweł AZS AWF Katowice | 55.34 | 607 | +0,74 | 26.54 | 28.80 |
| 7. | 17 | LE NIEWSKI Wiktor UKP „Polonia Warszawa” | 55.52 | 601 | +0,63 | 26.90 | 28.62 |
| 8. | 17 | DUBINIAK Kacper UKS 48 Warszawa ródnie cie | 56.14 | 581 | +0,66 | 27.34 | 28.80 |
| 9. | 18 | SIENKIEWICZ Ignacy AZS AWF Warszawa | 56.52 | 569 | +0,73 | 27.11 | 29.41 |
| 10. | 17 | OKTABOWICZ Piotr UKS Olympic Warka | 56.94 | 557 | +0,61 | 26.78 | 30.16 |
| 11. | 17 | MASZEWSKI Mikołaj UKS Nawa Skierniewice | 57.43 | 543 | +0,76 | 27.45 | 29.98 |
| 12. | 18 | NOWACKI Jacek MTP Kormoran Olsztyn | 57.83 | 532 | +0,76 | 27.64 | 30.19 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 27, Chłopców, 100m dowolny, JUNIOR 17-18 LAT

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|---------|------|---------------------------------|----------------|------|-------|-------|-------|
| 13. | 17 | UKP „Polonia Warszawa” | 59.41 | 490 | +0,67 | 28.05 | 31.36 |
| 14. | 17 | MTP Kormoran Olsztyn | 59.69 | 483 | +0,68 | 28.84 | 30.85 |
| 15. | 17 | UKS Pi tka Konstantynów Łódzki | 1:02.25 | 426 | | 29.81 | 32.44 |
| 16. | 17 | MTP Kormoran Olsztyn | 1:03.01 | 411 | | 30.28 | 32.73 |
| 17. | 18 | Mokotowski UKP Warszawianka- Wc | 1:04.28 | 387 | | 30.11 | 34.17 |

OPEN

| | | | | | | | | |
|-----|---------------------------|----|----------------------------------|----------------|-----|-------|-------|-------|
| 1. | MAJCHRZAK Kacper | 31 | KS Warta Pozna | 49.40 | 853 | +0,69 | 23.99 | 25.41 |
| 2. | DUDYS Dominik | 21 | AZS AWF Katowice | 49.71 | 837 | +0,66 | 23.99 | 25.72 |
| 3. | CHOWANIEC Mateusz | 20 | AZS AWF Katowice | 49.80 | 833 | +0,60 | 24.19 | 25.61 |
| 4. | SIERADZKI Kamil | 21 | AZS AWF Katowice | 49.95 | 825 | +0,71 | 24.08 | 25.87 |
| 5. | KRASKA Jakub | 23 | AZS Łód | 50.34 | 806 | +0,74 | 24.41 | 25.93 |
| 6. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 50.35 | 806 | +0,68 | 24.57 | 25.78 |
| 7. | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 50.80 | 784 | +0,63 | 23.71 | 27.09 |
| 8. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 51.83 | 739 | +0,62 | 24.83 | 27.00 |
| 9. | GULI SKI Maciej | 19 | Ku Asz Uw | 51.95 | 733 | +0,61 | 24.73 | 27.22 |
| 10. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi cie | 52.61 | 706 | +0,66 | 25.54 | 27.07 |
| 11. | KAŁU Y SKI Antoni | 24 | Ku Asz Uw | 52.73 | 701 | +0,75 | 25.25 | 27.48 |
| 12. | TKACZ Wiktor | 18 | MKS Piaseczno | 52.90 | 695 | +0,67 | 24.82 | 28.08 |
| 13. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 53.32 | 678 | +0,70 | 26.02 | 27.30 |
| 14. | CHRZANOWSKI Damian | 25 | WKS I sk | 53.46 | 673 | +0,63 | 25.95 | 27.51 |
| 15. | HANF Szymon | 20 | KS AZS AGH Kraków | 54.17 | 647 | +0,70 | 25.98 | 28.19 |
| 16. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wod | 54.21 | 645 | +0,70 | 26.39 | 27.82 |
| 17. | HEBEL Maciej | 18 | AZS AWF Katowice | 54.29 | 643 | +0,67 | 26.49 | 27.80 |
| 18. | REDZI SKI VEL RYDZY SKI M | 16 | KU AZS UMCS Lublin | 54.71 | 628 | +0,66 | 26.36 | 28.35 |
| 19. | RADZIKOWSKI Szymon | 15 | WKS I sk | 54.76 | 626 | +0,71 | 26.53 | 28.23 |
| 20. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 54.82 | 624 | +0,62 | 26.50 | 28.32 |
| 21. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 55.34 | 607 | +0,74 | 26.54 | 28.80 |
| 22. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 55.52 | 601 | +0,63 | 26.90 | 28.62 |
| 23. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wod | 55.54 | 600 | +0,66 | 26.77 | 28.77 |
| 24. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 55.68 | 596 | +0,73 | 26.12 | 29.56 |
| 25. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 55.82 | 591 | +0,70 | 26.46 | 29.36 |
| 26. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi cie | 56.14 | 581 | +0,66 | 27.34 | 28.80 |
| 27. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 56.22 | 579 | +0,72 | 26.51 | 29.71 |
| 28. | KRYSTY SKI Aleksander | 19 | KS AZS AGH Kraków | 56.24 | 578 | +0,71 | 26.62 | 29.62 |
| 29. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wod | 56.26 | 577 | +0,70 | 26.69 | 29.57 |
| 30. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 56.52 | 569 | +0,73 | 27.11 | 29.41 |
| 31. | SERGA Andrii | 20 | KS „OLIMPIA” Lublin | 56.83 | 560 | +0,67 | 27.08 | 29.75 |
| 32. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 56.90 | 558 | +0,63 | 27.43 | 29.47 |
| 33. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 56.94 | 557 | +0,61 | 26.78 | 30.16 |
| 34. | PRUSZY SKI Michał | 19 | TP Zielona Góra | 57.13 | 551 | +0,68 | 26.63 | 30.50 |
| 35. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 57.15 | 551 | +0,70 | 27.57 | 29.58 |
| 36. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 57.23 | 548 | +0,65 | 27.44 | 29.79 |
| 37. | LE NIEWSKI Patryk | 20 | UKS Pi tka Konstantynów Łódzki | 57.40 | 544 | +0,67 | 27.12 | 30.28 |
| 38. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 57.43 | 543 | +0,76 | 27.45 | 29.98 |
| 39. | MARYJOWSKI Marcin | 14 | WKS I sk | 57.44 | 542 | +0,67 | 27.76 | 29.68 |
| 40. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 57.49 | 541 | +0,66 | 27.36 | 30.13 |
| 41. | GRABI SKI Szymon | 14 | WKS I sk | 57.62 | 537 | +0,58 | 27.76 | 29.86 |
| 42. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 57.64 | 537 | +0,72 | 27.63 | 30.01 |
| 43. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 57.83 | 532 | +0,76 | 27.64 | 30.19 |
| 44. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 57.98 | 527 | +0,74 | 27.18 | 30.80 |
| 45. | JURCZAK Kacper | 22 | SWIMLAND Olsztyn | 58.07 | 525 | +0,64 | 26.78 | 31.29 |
| 46. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 58.18 | 522 | +0,62 | 27.68 | 30.50 |
| 47. | MADEY Ryszard | 15 | UKS GOS Raszyn | 58.67 | 509 | +0,64 | 27.59 | 31.08 |
| 48. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 59.00 | 501 | +0,81 | 28.55 | 30.45 |
| 49. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 59.41 | 490 | +0,67 | 28.05 | 31.36 |
| 50. | SUCHOCKI Jan | 15 | SWIMLAND Olsztyn | 59.50 | 488 | +0,75 | 28.41 | 31.09 |
| | UKLEJA Szymon | 16 | UKS Olympic Warka | 59.50 | 488 | | 27.27 | 32.23 |
| 52. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 59.69 | 483 | +0,68 | 28.84 | 30.85 |
| 53. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 1:00.34 | 468 | | 29.11 | 31.23 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 27, M czynn, 100m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|---------|------|------------------------------------|----------------|------|-------|-------|-------|
| 54. | 15 | UKS Nawa Skierniewice | 1:00.38 | 467 | +0,69 | 28.65 | 31.73 |
| 55. | 14 | KP Raw-Swim | 1:00.79 | 458 | | 29.56 | 31.23 |
| 56. | 16 | MTP „Lublinianka” | 1:01.51 | 442 | | 29.85 | 31.66 |
| 57. | 14 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:01.75 | 437 | | 30.08 | 31.67 |
| 58. | 17 | UKS Pi tka Konstantynów Łódzki | 1:02.25 | 426 | | 29.81 | 32.44 |
| 59. | 17 | MTP Kormoran Olsztyn | 1:03.01 | 411 | | 30.28 | 32.73 |
| 60. | 14 | UKS 48 Warszawa ródmi cie | 1:03.36 | 404 | | 30.00 | 33.36 |
| 61. | 14 | UKP „Polonia Warszawa” | 1:04.01 | 392 | | 30.30 | 33.71 |
| 62. | 18 | Mokotowski UKP Warszawianka- Wc | 1:04.28 | 387 | | 30.11 | 34.17 |
| NW | 14 | MTP Kormoran Olsztyn | | | | | |

Konkurencja 28

Kobiet, 200m grzbietowy

14 lat i starsi

05.11.2023 - 9:27

Wyniki

| | | | | | |
|-----------------------|---------|---------------|-------|---------------|------------|
| Rekord Polski Open | 2:08.96 | BERNAT Laura | 03103 | Fukuoka (JPN) | 29.07.2023 |
| Rekord Polski 19 - 23 | 2:08.96 | BERNAT Laura | 03103 | Fukuoka (JPN) | 29.07.2023 |
| Rekord Polski 18 | 2:08.96 | BERNAT Laura | 03103 | Fukuoka (JPN) | 29.07.2023 |
| Rekord Polski 17 | 2:09.74 | TCHÓRZ Alicja | 00104 | Rome (ITA) | 31.07.2009 |
| Rekord Polski 16 | 2:09.81 | BERNAT Laura | 03103 | Lublin | 28.03.2021 |
| Rekord Polski 15 | 2:11.71 | BERNAT Laura | | Lublin | 08.02.2020 |
| Rekord Polski 14 | 2:14.08 | BERNAT Laura | 01403 | Baku (KAZ) | 22.07.2019 |

Minimum - IO - Pary (Francja) Open: 2:10.39 / Minimum - M - Doha (Katar) Open: 2:11.08

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

JUNIOR MŁODSZY 14 LAT

| | | | | | | | | | | |
|----|------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 2:32.04 | 534 | +0,59 | 35.23 | 38.78 | 39.88 | 38.15 |
| 2. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 2:34.54 | 508 | +0,67 | 34.79 | 39.41 | 40.84 | 39.50 |
| 3. | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 2:35.78 | 496 | +0,62 | 37.11 | 39.03 | 40.97 | 38.67 |
| 4. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 2:46.76 | 404 | +0,67 | 38.42 | 41.59 | 44.07 | 42.68 |
| 5. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 2:59.23 | 325 | +0,56 | 39.74 | 45.16 | 46.83 | 47.50 |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | | | |
|----|----------------------|----|------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | NAPIERALCZYK Martyna | 15 | WKS I sk | 2:30.86 | 546 | +0,51 | 36.02 | 37.89 | 39.27 | 37.68 |
| 2. | TOBÓŁA PERTKIEWICZ E | 15 | AZS AWF Warszawa | 2:35.94 | 494 | +0,67 | 35.58 | 39.74 | 40.61 | 40.01 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | | | |
|----|---------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | GLI SKA Oliwia | 16 | TP Zielona Góra | 2:26.27 | 599 | | 34.35 | 36.72 | 38.00 | 37.20 |
| 2. | PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 2:28.14 | 577 | +0,74 | 34.72 | 37.97 | 37.87 | 37.58 |
| 3. | DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 2:28.54 | 572 | +0,64 | 34.36 | 36.96 | 38.57 | 38.65 |
| 4. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 2:32.25 | 531 | +0,59 | 34.38 | 38.63 | 40.50 | 38.74 |
| 5. | PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 2:41.56 | 445 | +0,67 | 37.70 | 41.03 | 42.79 | 40.04 |

JUNIOR 17-18 LAT

| | | | | | | | | | | |
|----|--|----|------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 2:10.96 | 835 | +0,68 | 31.20 | 33.87 | 33.21 | 32.68 |
| | <i>minimum kwalifikacyjne M Doha (Katar)</i> | | | | | | | | | |
| 2. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 2:36.44 | 490 | +0,71 | 35.89 | 39.66 | 41.30 | 39.59 |
| 3. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:39.87 | 459 | +0,88 | 38.24 | 40.82 | 41.09 | 39.72 |

OPEN

| | | | | | | | | | | |
|----|--|----|-----------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. | BERNAT Laura | 18 | KU AZS UMCS Lublin | 2:10.96 | 835 | +0,68 | 31.20 | 33.87 | 33.21 | 32.68 |
| | <i>minimum kwalifikacyjne M Doha (Katar)</i> | | | | | | | | | |
| 2. | PISKORSKA Adela | 20 | KU AZS UMCS Lublin | 2:16.16 | 743 | +0,66 | 31.46 | 33.96 | 35.87 | 34.87 |
| 3. | GLI SKA Oliwia | 16 | TP Zielona Góra | 2:26.27 | 599 | | 34.35 | 36.72 | 38.00 | 37.20 |
| 4. | PRZYBYLSKA Oliwia | 16 | KU AZS UMCS Lublin | 2:28.14 | 577 | +0,74 | 34.72 | 37.97 | 37.87 | 37.58 |
| 5. | DENISIEWICZ Zuzanna | 16 | UKS Nawa Skierniewice | 2:28.54 | 572 | +0,64 | 34.36 | 36.96 | 38.57 | 38.65 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 28, Kobiety, 200m grzbietowy, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|----------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 6. | NAPIERALCZYK Martyna | 15 | WKS I sk | 2:30.86 | 546 +0,51 | 36.02 | 37.89 | 39.27 | 37.68 |
| 7. | DUDKIEWICZ Maja | 14 | UKP „Polonia Warszawa” | 2:32.04 | 534 +0,59 | 35.23 | 38.78 | 39.88 | 38.15 |
| 8. | ADAMOWSKA Nadia | 16 | KU AZS UMCS Lublin | 2:32.25 | 531 +0,59 | 34.38 | 38.63 | 40.50 | 38.74 |
| 9. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 2:34.54 | 508 +0,67 | 34.79 | 39.41 | 40.84 | 39.50 |
| 10. | KOCHANIK Izabela | 14 | UKS Tri-Team Rumia | 2:35.78 | 496 +0,62 | 37.11 | 39.03 | 40.97 | 38.67 |
| 11. | TOBOLA PERTKIEWICZ E | 15 | AZS AWF Warszawa | 2:35.94 | 494 +0,67 | 35.58 | 39.74 | 40.61 | 40.01 |
| 12. | SOLI SKA Patrycja | 17 | UKP „Polonia Warszawa” | 2:36.44 | 490 +0,71 | 35.89 | 39.66 | 41.30 | 39.59 |
| 13. | WIDERSKA Joanna | 18 | UKS Nawa Skierniewice | 2:39.87 | 459 +0,88 | 38.24 | 40.82 | 41.09 | 39.72 |
| 14. | PIETRZYK Hanna | 16 | UKS Nawa Skierniewice | 2:41.56 | 445 +0,67 | 37.70 | 41.03 | 42.79 | 40.04 |
| 15. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 2:46.76 | 404 +0,67 | 38.42 | 41.59 | 44.07 | 42.68 |
| 16. | ZDUNIAK Ewa | 14 | MTP Kormoran Olsztyn | 2:59.23 | 325 +0,56 | 39.74 | 45.16 | 46.83 | 47.50 |

Konkurencja 29
05.11.2023 - 9:34

M czynn, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|---------------|------------|
| Rekord Polski Open | 59.86 | KALUSOWSKI Jan | | Chengdu (CHN) | 02.08.2023 |
| Rekord Polski 19 - 23 | 59.86 | KALUSOWSKI Jan | | Chengdu (CHN) | 02.08.2023 |
| Rekord Polski 18 | 1:01.91 | SKORA Bartosz | 01305 | Rzym (ITA) | 08.07.2021 |
| Rekord Polski 17 | 1:02.25 | TOKARSKI Krzysztof | 01311 | Dubai (UAE) | 26.08.2013 |
| Rekord Polski 16 | 1:02.45 | MACHNIK Mikołaj | 01111 | Ostrowiec Sw. | 24.05.2009 |
| Rekord Polski 15 | 1:04.16 | GINALSKI Paweł | | Lublin | 15.07.2023 |
| Rekord Polski 14 | 1:06.89 | GINALSKI Paweł | | Olsztyn | 09.07.2022 |

Minimum - IO - Pary (Francja) Open: 59.49 / Minimum - M - Doha (Katar) Open: 59.75

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

JUNIOR MŁODSZY 14 LAT

| | | | | | | | |
|----|------------------------|----|------------------------|----------------|-----------|-------|-------|
| 1. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 1:09.77 | 541 +0,66 | 33.06 | 36.71 |
| 2. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 1:11.50 | 503 +0,71 | 33.03 | 38.47 |
| 3. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 1:12.19 | 489 +0,66 | 33.77 | 38.42 |
| 4. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 1:14.14 | 451 +0,67 | 33.98 | 40.16 |
| 5. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 1:17.98 | 388 +0,67 | 36.17 | 41.81 |
| 6. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 1:19.89 | 360 +0,76 | 37.14 | 42.75 |

JUNIOR MŁODSZY 15 LAT

| | | | | | | | |
|----|---------------------|----|--------------------|----------------|-----------|-------|-------|
| 1. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 1:06.37 | 629 +0,64 | 31.04 | 35.33 |
| 2. | JUREKO Marcel | 15 | UKP Jedyńka Elbl g | 1:07.68 | 593 +0,67 | 32.39 | 35.29 |
| 3. | LESZCZY SKI Filip | 15 | UKS 190 Łód | 1:14.24 | 449 +0,76 | 35.04 | 39.20 |
| 4. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 1:16.30 | 414 +0,68 | 36.40 | 39.90 |
| 5. | CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 1:18.27 | 383 +0,72 | 35.41 | 42.86 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | |
|----|----------------------|----|-----------------------|----------------|-----------|-------|-------|
| 1. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 1:09.89 | 539 +0,70 | 32.90 | 36.99 |
| 2. | OLSZY SKI Maksymilin | 16 | MTP Kormoran Olsztyn | 1:12.47 | 483 +0,72 | 33.65 | 38.82 |
| 3. | BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 1:14.30 | 448 +0,72 | 34.50 | 39.80 |
| 4. | DZI GIELEWSKI Dawid | 16 | UKP Fala Kra nik | 1:20.02 | 359 +0,79 | 37.22 | 42.80 |

JUNIOR 17-18 LAT

| | | | | | | | |
|----|-------------------|----|------------------------|----------------|-----------|-------|-------|
| 1. | MISZTAL Oliwier | 18 | Ku Azs Uw | 1:05.40 | 657 +0,72 | 30.65 | 34.75 |
| 2. | TKACZ Wiktor | 18 | MKS Piaseczno | 1:06.57 | 623 +0,71 | 30.74 | 35.83 |
| 3. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 1:10.18 | 532 +0,71 | 32.86 | 37.32 |
| 4. | R YSKI Michał | 17 | SWIMLAND Olsztyn | 1:11.21 | 509 +0,63 | 33.09 | 38.12 |
| 5. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 1:11.45 | 504 +0,70 | 33.31 | 38.14 |
| 6. | MADEY Konrad | 17 | UKS GOS Raszyn | 1:12.65 | 479 +0,73 | 33.46 | 39.19 |
| 7. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 1:19.89 | 360 +0,69 | 37.81 | 42.08 |
| NW | JEDLI SKI Mateusz | 17 | UKP „Polonia Warszawa” | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 29, M czynn, 100m klasyczny

OPEN

| | | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | WIEKIERA Dawid | 21 | MKP „Wodnik 29” Tychy | 1:02.47 | 754 | +0,69 | 29.43 | 33.04 |
| 2. | SKÓRA Bartosz | 20 | UKS Pi tka Konstantynów Łódzki | 1:04.04 | 700 | +0,70 | 29.39 | 34.65 |
| 3. | MISZTAL Oliwier | 18 | Ku Azs Uw | 1:05.40 | 657 | +0,72 | 30.65 | 34.75 |
| 4. | ISKRA Szymon | 19 | UKS Pi tka Konstantynów Łódzki | 1:05.50 | 654 | +0,63 | 30.25 | 35.25 |
| 5. | LIS Jan | 19 | Ku Azs Uw | 1:06.00 | 640 | +0,73 | 30.87 | 35.13 |
| 6. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 1:06.37 | 629 | +0,64 | 31.04 | 35.33 |
| 7. | TKACZ Wiktor | 18 | MKS Piaseczno | 1:06.57 | 623 | +0,71 | 30.74 | 35.83 |
| 8. | WARZOCHA Albert | 22 | KS Warta Pozna | 1:06.82 | 616 | +0,67 | 31.11 | 35.71 |
| 9. | WARZOCHA Gustaw | 19 | KS Warta Pozna | 1:07.59 | 595 | +0,70 | 31.75 | 35.84 |
| 10. | JUREKO Marcel | 15 | UKP Jedyńka Elbl g | 1:07.68 | 593 | +0,67 | 32.39 | 35.29 |
| 11. | LIWKA Jakub | 19 | AZS AWF Katowice | 1:08.82 | 564 | +0,74 | 32.44 | 36.38 |
| 12. | JANUS Tymon | 14 | UKP „Polonia Warszawa” | 1:09.77 | 541 | +0,66 | 33.06 | 36.71 |
| 13. | GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 1:09.89 | 539 | +0,70 | 32.90 | 36.99 |
| 14. | KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 1:10.18 | 532 | +0,71 | 32.86 | 37.32 |
| 15. | SERGA Andrii | 20 | KS „OLIMPIA” Lublin | 1:10.25 | 530 | +0,66 | 32.61 | 37.64 |
| 16. | PLEWKA Przemysław | 19 | KS AZS AGH Kraków | 1:10.89 | 516 | +0,66 | 33.11 | 37.78 |
| 17. | R YSKI Michał | 17 | SWIMLAND Olsztyn | 1:11.21 | 509 | +0,63 | 33.09 | 38.12 |
| 18. | KAPU NIAK Maksym | 17 | KU AZS UMCS Lublin | 1:11.45 | 504 | +0,70 | 33.31 | 38.14 |
| 19. | TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 1:11.50 | 503 | +0,71 | 33.03 | 38.47 |
| 20. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 1:12.19 | 489 | +0,66 | 33.77 | 38.42 |
| 21. | OLSZY SKI Maksymilin | 16 | MTP Kormoran Olsztyn | 1:12.47 | 483 | +0,72 | 33.65 | 38.82 |
| 22. | MADEY Konrad | 17 | UKS GOS Raszyn | 1:12.65 | 479 | +0,73 | 33.46 | 39.19 |
| 23. | GIRU Michał | 14 | RWKS Sparta Biłgoraj | 1:14.14 | 451 | +0,67 | 33.98 | 40.16 |
| 24. | LESZCZY SKI Filip | 15 | UKS 190 Łód | 1:14.24 | 449 | +0,76 | 35.04 | 39.20 |
| 25. | BORUSZEWSKI Filip | 16 | UKS SP-149 Łód | 1:14.30 | 448 | +0,72 | 34.50 | 39.80 |
| 26. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 1:16.30 | 414 | +0,68 | 36.40 | 39.90 |
| 27. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 1:17.98 | 388 | +0,67 | 36.17 | 41.81 |
| 28. | CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 1:18.27 | 383 | +0,72 | 35.41 | 42.86 |
| 29. | NOWACKI Bła ej | 18 | KU AZS UMCS Lublin | 1:19.89 | 360 | +0,69 | 37.81 | 42.08 |
| | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 1:19.89 | 360 | +0,76 | 37.14 | 42.75 |
| 31. | DZI GIELEWSKI Dawid | 16 | UKP Fała Kra nik | 1:20.02 | 359 | +0,79 | 37.22 | 42.80 |
| NW | LEMIASHEUSKI Mikhail | 22 | KS AZS AGH Kraków | | | | | |
| NW | JEDLI SKI Mateusz | 17 | UKP „Polonia Warszawa” | | | | | |
| PK | LUSTIUK Tymofii | 13 | Ukraine | 1:20.18 | 357 | +0,81 | 36.60 | 43.58 |

Konkurencja 30

Kobiet, 100m dowolny

14 lat i starsi

05.11.2023 - 9:41

Wyniki

| | | | | | |
|-----------------------|-------|---------------------|-------|-----------------|------------|
| Rekord Polski Open | 54.22 | WASICK Katarzyna | 00611 | Olsztyn | 16.05.2019 |
| Rekord Polski 19 - 23 | 54.82 | POLA SKA Aleksandra | | Lublin | 03.06.2022 |
| Rekord Polski 18 | 54.95 | WILK Katarzyna | 00106 | Budapest (HUN) | 10.08.2010 |
| Rekord Polski 17 | 55.29 | WILK Katarzyna | 00106 | Ostrowiec Sw. | 24.05.2009 |
| Rekord Polski 16 | 56.48 | WILK Katarzyna | 00106 | Monterrey (MEX) | 09.07.2008 |
| Rekord Polski 15 | 56.75 | KORC Agata | POL | Warszawa | 01.05.2001 |
| Rekord Polski 14 | 57.34 | SOKOŁOWSKA Diana | 00309 | Belgrade (SRB) | 10.12.2010 |

Minimum - IO - Pary (Francja) Open: 53.61 / Minimum - M - Doha (Katar) Open: 54.25

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | |
|------------------------------|-------------------|----|------------------------|----------------|-----|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | |
| 1. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 1:00.99 | 609 | +0,79 | 28.81 | 32.18 |
| 2. | MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 1:03.62 | 536 | +0,67 | 30.22 | 33.40 |
| 3. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 1:05.43 | 493 | +0,73 | 30.62 | 34.81 |
| 4. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:07.55 | 448 | +0,69 | 32.40 | 35.15 |
| 5. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 1:07.63 | 446 | +0,75 | 32.01 | 35.62 |
| 6. | M DRY Maja | 14 | AZS AWF Warszawa | 1:08.02 | 439 | +0,73 | 32.28 | 35.74 |
| 7. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 1:08.26 | 434 | +0,67 | 32.34 | 35.92 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 30, Kobiet, 100m dowolny

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | |
|----|-------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 59.24 | 665 | +0,63 | 28.72 | 30.52 |
| 2. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 1:02.94 | 554 | +0,68 | 29.99 | 32.95 |
| 3. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wc | 1:05.76 | 486 | +0,75 | 31.70 | 34.06 |
| 4. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 1:06.22 | 476 | +0,68 | 31.71 | 34.51 |
| 5. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 1:10.11 | 401 | +0,66 | 32.95 | 37.16 |
| 6. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 1:11.82 | 373 | +0,77 | 33.39 | 38.43 |
| 7. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wc | 1:12.20 | 367 | +0,88 | 35.00 | 37.20 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | WŁADYCZKA Amelia | 16 | WKS I sk | 1:00.47 | 625 | +0,74 | 29.12 | 31.35 |
| 2. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wc | 1:01.82 | 585 | +0,67 | 29.35 | 32.47 |
| 3. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 1:02.34 | 570 | +0,81 | 29.99 | 32.35 |
| 4. | SKROK Julia | 16 | WKS I sk | 1:02.71 | 560 | +0,70 | 29.58 | 33.13 |
| 5. | SARNA Inez | 16 | UKS Nawa Skierniewice | 1:02.95 | 554 | +0,68 | 29.53 | 33.42 |
| 6. | POPPE Marta | 16 | KU AZS UMCS Lublin | 1:03.31 | 544 | +0,77 | 30.55 | 32.76 |
| 7. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 1:04.53 | 514 | +0,79 | 30.94 | 33.59 |
| 8. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 1:05.28 | 497 | +0,68 | 30.84 | 34.44 |
| 9. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 1:06.80 | 463 | +0,75 | 31.56 | 35.24 |
| 10. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wc | 1:08.44 | 431 | +0,69 | 32.10 | 36.34 |

JUNIOR 17-18 LAT

| | | | | | | | | |
|-----|---------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 1:00.50 | 624 | +0,66 | 28.91 | 31.59 |
| 2. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:00.84 | 613 | +0,79 | 29.34 | 31.50 |
| 3. | GAWĘŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 1:01.81 | 585 | +0,65 | 29.84 | 31.97 |
| 4. | BIELAWA Anna | 17 | WKS I sk | 1:03.26 | 546 | +0,72 | 30.39 | 32.87 |
| 5. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:03.84 | 531 | +0,72 | 30.00 | 33.84 |
| 6. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 1:05.81 | 485 | +0,69 | 30.64 | 35.17 |
| 7. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wc | 1:06.19 | 476 | +0,63 | 31.11 | 35.08 |
| 8. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:06.61 | 467 | +0,72 | 31.34 | 35.27 |
| 9. | BORUSZEWSKA Zuzanna | 18 | UKS SP-149 Łód | 1:08.76 | 425 | +0,73 | 33.06 | 35.70 |
| 10. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 1:08.88 | 423 | +0,69 | 33.16 | 35.72 |
| 11. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 1:12.41 | 364 | +0,82 | 33.83 | 38.58 |
| NW | MOSE Sara | 17 | AZS AWF Warszawa | | | | | |

OPEN

| | | | | | | | | |
|-----|-----------------------|----|---------------------------------|----------------|-----|-------|-------|-------|
| 1. | FAMUŁOK Zuzanna | 20 | AZS AWF Katowice | 56.11 | 782 | +0,67 | 27.87 | 28.24 |
| 2. | DOWGIERT Anna | 33 | KS Warta Pozna | 57.53 | 726 | +0,63 | 27.58 | 29.95 |
| 3. | JABŁO SKA Martyna | 20 | MKS Piaseczno | 58.46 | 692 | +0,71 | 28.42 | 30.04 |
| 4. | WÓJTOWICZ Gabriela | 28 | SWIMLAND Olsztyn | 59.20 | 666 | +0,71 | 28.67 | 30.53 |
| 5. | STUKOVA Yevheniia | 15 | KS „OLIMPIA” Lublin | 59.24 | 665 | +0,63 | 28.72 | 30.52 |
| 6. | PISKORSKA Adela | 20 | KU AZS UMCS Lublin | 59.53 | 655 | +0,69 | 29.15 | 30.38 |
| 7. | CIEPLAK Aleksandra | 22 | AZS AWF Katowice | 59.64 | 651 | +0,69 | 28.59 | 31.05 |
| 8. | WO NIAK Zofia | 22 | Ku Azs Uw | 59.70 | 649 | +0,72 | 28.60 | 31.10 |
| 9. | SOLAK Anna | 23 | KS AZS AGH Kraków | 1:00.46 | 625 | +0,65 | 29.33 | 31.13 |
| 10. | WŁADYCZKA Amelia | 16 | WKS I sk | 1:00.47 | 625 | +0,74 | 29.12 | 31.35 |
| 11. | KRASZEWSKA Martyna | 18 | MTP Kormoran Olsztyn | 1:00.50 | 624 | +0,66 | 28.91 | 31.59 |
| 12. | RYFKA Maja | 17 | UKP Fala Kra nik | 1:00.84 | 613 | +0,79 | 29.34 | 31.50 |
| 13. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 1:00.99 | 609 | +0,79 | 28.81 | 32.18 |
| 14. | GAWĘŁKO Zuzanna | 17 | KU AZS UMCS Lublin | 1:01.81 | 585 | +0,65 | 29.84 | 31.97 |
| 15. | BONECKA Anna | 16 | Mokotowski UKP Warszawianka- Wc | 1:01.82 | 585 | +0,67 | 29.35 | 32.47 |
| 16. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 1:02.34 | 570 | +0,81 | 29.99 | 32.35 |
| 17. | SKROK Julia | 16 | WKS I sk | 1:02.71 | 560 | +0,70 | 29.58 | 33.13 |
| 18. | WI NIEWSKA Aleksandra | 19 | KU AZS UMCS Lublin | 1:02.75 | 559 | +0,72 | 30.06 | 32.69 |
| 19. | LESIAK Weronika | 15 | UKS Nawa Skierniewice | 1:02.94 | 554 | +0,68 | 29.99 | 32.95 |
| 20. | SARNA Inez | 16 | UKS Nawa Skierniewice | 1:02.95 | 554 | +0,68 | 29.53 | 33.42 |
| 21. | BIELAWA Anna | 17 | WKS I sk | 1:03.26 | 546 | +0,72 | 30.39 | 32.87 |
| 22. | POPPE Marta | 16 | KU AZS UMCS Lublin | 1:03.31 | 544 | +0,77 | 30.55 | 32.76 |
| 23. | MILANCEJ El bieta | 14 | UKP „Polonia Warszawa” | 1:03.62 | 536 | +0,67 | 30.22 | 33.40 |

Arena Grand Prix Puchar Polski
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Konkurencja 30, Kobiet, 100m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | |
|---------|----------------------|----|---------------------------------|-------------------|-----|-------|-------|-------|
| 24. | TUPALSKA Oliwia | 18 | UKP „Polonia Warszawa” | 1:03.84 | 531 | +0,72 | 30.00 | 33.84 |
| 25. | TOMKIEL Anna | 16 | UKP „Polonia Warszawa” | 1:04.53 | 514 | +0,79 | 30.94 | 33.59 |
| 26. | SIEDLEWSKA Marcelina | 16 | UKP „Polonia Warszawa” | 1:05.28 | 497 | +0,68 | 30.84 | 34.44 |
| 27. | LIPKOWSKA Paulina | 14 | UKP „Polonia Warszawa” | 1:05.43 | 493 | +0,73 | 30.62 | 34.81 |
| 28. | SKORYKOW Lena | 15 | Mokotowski UKP Warszawianka- Wc | 1:05.76 rk | 486 | +0,75 | 31.70 | 34.06 |
| 29. | WISZNIEWSKA Zuzanna | 17 | UKP „Polonia Warszawa” | 1:05.81 | 485 | +0,69 | 30.64 | 35.17 |
| 30. | MURAS Oliwia | 17 | Mokotowski UKP Warszawianka- Wc | 1:06.19 rk | 476 | +0,63 | 31.11 | 35.08 |
| 31. | JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 1:06.22 | 476 | +0,68 | 31.71 | 34.51 |
| 32. | PODPORA Marta | 17 | UKP „Polonia Warszawa” | 1:06.61 | 467 | +0,72 | 31.34 | 35.27 |
| 33. | DR KIEWICZ Pola | 16 | UKS Nawa Skierniewice | 1:06.80 | 463 | +0,75 | 31.56 | 35.24 |
| 34. | ZALEWSKA Zofia | 14 | UKP „Polonia Warszawa” | 1:07.55 | 448 | +0,69 | 32.40 | 35.15 |
| 35. | BATORY Helena | 14 | UKP „Polonia Warszawa” | 1:07.63 | 446 | +0,75 | 32.01 | 35.62 |
| 36. | M DRY Maja | 14 | AZS AWF Warszawa | 1:08.02 | 439 | +0,73 | 32.28 | 35.74 |
| 37. | TOMASZEWSKA Kaja | 14 | UKP „Polonia Warszawa” | 1:08.26 | 434 | +0,67 | 32.34 | 35.92 |
| 38. | VYSATA Zuzanna | 16 | Mokotowski UKP Warszawianka- Wc | 1:08.44 rk | 431 | +0,69 | 32.10 | 36.34 |
| 39. | BORUSZEWSKA Zuzanna | 18 | UKS SP-149 Łódź | 1:08.76 | 425 | +0,73 | 33.06 | 35.70 |
| 40. | PABISIAK Helena | 18 | UKP „Polonia Warszawa” | 1:08.88 | 423 | +0,69 | 33.16 | 35.72 |
| 41. | ZBUTOWICZ Julia | 15 | SWIMLAND Olsztyn | 1:10.11 | 401 | +0,66 | 32.95 | 37.16 |
| 42. | GODLEWSKA Pola | 15 | UKP „Polonia Warszawa” | 1:11.82 | 373 | +0,77 | 33.39 | 38.43 |
| 43. | MARKOWSKA Justyna | 15 | Mokotowski UKP Warszawianka- Wc | 1:12.20 rk | 367 | +0,88 | 35.00 | 37.20 |
| 44. | KOWALSKA Sandra | 17 | UKS Olympic Warka | 1:12.41 | 364 | +0,82 | 33.83 | 38.58 |
| NW | MOSE Sara | 17 | AZS AWF Warszawa | | | | | |

Konkurencja 31

M czynn, 50m motylkowy

14 lat i starsi

05.11.2023 - 9:50

Wyniki

| | | | | | |
|-----------------------|-------|-----------------|-------|-------------|------------|
| Rekord Polski Open | 23.07 | CZERNIAK Konrad | 00603 | Kazan (RUS) | 02.08.2015 |
| Rekord Polski 19 - 23 | 23.32 | SMOLI SKI Paweł | | Łódź | 01.05.2022 |
| Rekord Polski 18 | 23.59 | MASIUK Ksawery | | Łódź | 01.05.2022 |
| Rekord Polski 17 | 23.95 | CZAPLA Kacper | 00316 | Lublin | 30.04.2021 |
| Rekord Polski 16 | 24.48 | MASIUK Ksawery | 05114 | Ravne (SLO) | 02.08.2020 |
| Rekord Polski 15 | 24.54 | CZAPLA Kacper | 00316 | Oswi cim | 06.07.2019 |
| Rekord Polski 14 | 25.21 | BRZÓSKA Jan | 05114 | Warszawa | 04.12.2020 |

Minimum - M - Doha (Katar) Open: 23.05

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------------------------|----|----------------------------|--------------|-----------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 27.76 | 516 +0,68 |
| 2. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 28.56 | 474 +0,62 |
| 3. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 28.93 | 456 +0,68 |
| 4. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródnie cie | 29.43 | 433 +0,73 |
| 5. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 29.63 | 424 +0,66 |
| 6. | GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 30.04 | 407 +0,73 |
| 7. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 30.69 | 382 +0,69 |
| 8. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 34.61 | 266 +0,80 |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|----|-----------------------|----|------------------------|--------------|-----------|
| 1. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 25.44 | 670 +0,61 |
| 2. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 26.07 | 623 +0,65 |
| 3. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 26.85 | 570 +0,65 |
| 4. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 27.07 | 556 +0,60 |
| 5. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 27.31 | 542 +0,62 |
| 6. | POLONIUS Filip | 15 | KS Górnik Radlin | 27.35 | 539 +0,71 |
| 7. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 27.36 | 539 +0,62 |
| 8. | TURCHAK Dmytro | 15 | KS „OLIMPIA” Lublin | 27.57 | 527 +0,60 |
| 9. | MADEY Ryszard | 15 | UKS GOS Raszyn | 28.05 | 500 +0,63 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 31, Chłopców, 50m motylkowy, JUNIOR MŁODSZY 15 LAT

| Pozycja | | Wiek | | Czas | Pkt. | CR |
|---------|---------------------|------|------------------------|--------------|------|-------|
| 10. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 28.12 | 496 | +0,71 |
| 11. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 28.18 | 493 | +0,68 |
| 12. | SKULSKI Ryszard | 15 | UKS Olimpic Warka | 28.28 | 488 | +0,69 |
| 13. | LESZCZY SKI Filip | 15 | UKS 190 Łódź | 28.96 | 454 | +0,73 |
| 14. | D BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 29.04 | 450 | +0,75 |
| 15. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 29.34 | 437 | +0,74 |
| 16. | TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 29.92 | 412 | +0,75 |
| 17. | CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 31.50 | 353 | +0,71 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | |
|----|------------------------|----|------------------------------------|--------------|-----|-------|
| 1. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 25.26 | 685 | +0,63 |
| 2. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 26.41 | 599 | +0,71 |
| 3. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | 27.88 | 509 | +0,67 |
| 4. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 29.29 | 439 | +0,67 |
| 5. | BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 29.95 | 411 | +0,72 |
| 6. | UKLEJA Szymon | 16 | UKS Olimpic Warka | 30.71 | 381 | +0,71 |

JUNIOR 17-18 LAT

| | | | | | | |
|----|-------------------|----|------------------------------------|--------------|-----|-------|
| 1. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 25.85 | 639 | +0,66 |
| 2. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródemie cie | 26.50 | 593 | +0,66 |
| 3. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | 26.95 | 564 | +0,66 |
| 4. | MADEY Konrad | 17 | UKS GOS Raszyn | 27.07 | 556 | +0,64 |
| 5. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 27.39 | 537 | +0,63 |
| 6. | OKTABOWICZ Piotr | 17 | UKS Olimpic Warka | 27.54 | 528 | +0,61 |
| 7. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 27.96 | 505 | +0,71 |
| 8. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 29.46 | 431 | +0,62 |
| 9. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 30.08 | 405 | +0,65 |

OPEN

| | | | | | | |
|-----|-----------------------|----|------------------------------------|--------------|-----|-------|
| 1. | JA KIEWICZ Adrian | 21 | UKS G-8 Bielany Warszawa | 23.89 | 810 | +0,67 |
| 2. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 24.14 | 785 | +0,66 |
| 3. | KOSI SKI Filip | 19 | AZS AWF Warszawa | 24.86 | 718 | +0,70 |
| 4. | GULI SKI Maciej | 19 | Ku Azs Uw | 24.92 | 713 | +0,71 |
| 5. | DUDYS Dominik | 21 | AZS AWF Katowice | 24.96 | 710 | +0,63 |
| | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 24.96 | 710 | +0,63 |
| 7. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 25.26 | 685 | +0,63 |
| 8. | SAGAN Jakub | 21 | AZS AWF Katowice | 25.31 | 681 | +0,63 |
| 9. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 25.44 | 670 | +0,61 |
| 10. | WIEK Wiktor | 20 | Buks | 25.54 | 662 | +0,72 |
| 11. | CIARCZY SKI Janusz | 22 | MKP Szczecin | 25.75 | 646 | +0,73 |
| 12. | OGRODNIK Wojciech | 20 | KU AZS UMCS Lublin | 25.79 | 643 | +0,62 |
| 13. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 25.85 | 639 | +0,66 |
| 14. | HANF Szymon | 20 | KS AZS AGH Kraków | 26.04 | 625 | +0,71 |
| 15. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 26.07 | 623 | +0,65 |
| 16. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 26.41 | 599 | +0,71 |
| 17. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródemie cie | 26.50 | 593 | +0,66 |
| 18. | KRYSTY SKI Aleksander | 19 | KS AZS AGH Kraków | 26.63 | 584 | +0,70 |
| 19. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 26.85 | 570 | +0,65 |
| 20. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | 26.95 | 564 | +0,66 |
| 21. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 27.07 | 556 | +0,60 |
| | MADEY Konrad | 17 | UKS GOS Raszyn | 27.07 | 556 | +0,64 |
| 23. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 27.31 | 542 | +0,62 |
| 24. | POLONIUS Filip | 15 | KS Górnik Radlin | 27.35 | 539 | +0,71 |
| 25. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 27.36 | 539 | +0,62 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 31, M czynn, 50m motylkowy, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | | |
|---------|------------------|------------------|------|------------------------------------|--------------|-----|-------|
| 26. | LE | NIIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 27.39 | 537 | +0,63 |
| 27. | OKTABOWICZ | Piotr | 17 | UKS Olympic Warka | 27.54 | 528 | +0,61 |
| 28. | TURCHAK | Dmytro | 15 | KS „OLIMPIA” Lublin | 27.57 | 527 | +0,60 |
| 29. | JONCZAK | Marcel | 14 | RWKS Sparta Biłgoraj | 27.76 | 516 | +0,68 |
| 30. | KOZAKIEWICZ | Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | 27.88 | 509 | +0,67 |
| 31. | LESI | SKI Jakub | 18 | UKS Nawa Skierniewice | 27.96 | 505 | +0,71 |
| 32. | MADEY | Ryszard | 15 | UKS GOS Raszyn | 28.05 | 500 | +0,63 |
| 33. | PIETROWSKI | Julian | 15 | UKS Nawa Skierniewice | 28.12 | 496 | +0,71 |
| 34. | MAJEWSKI | Piotr | 15 | KP Raw-Swim | 28.18 | 493 | +0,68 |
| 35. | SKULSKI | Ryszard | 15 | UKS Olympic Warka | 28.28 | 488 | +0,69 |
| 36. | KULANIN | Kornel | 14 | RWKS Sparta Biłgoraj | 28.56 | 474 | +0,62 |
| 37. | WŁODARCZYK | Michał | 14 | UKP „Polonia Warszawa” | 28.93 | 456 | +0,68 |
| 38. | LESZCZY | SKI Filip | 15 | UKS 190 Łód | 28.96 | 454 | +0,73 |
| 39. | D | BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 29.04 | 450 | +0,75 |
| 40. | STAWIARSKI | Oskar | 16 | UKP „Polonia Warszawa” | 29.29 | 439 | +0,67 |
| 41. | OL | DZKI Daniel | 15 | UKP „Polonia Warszawa” | 29.34 | 437 | +0,74 |
| 42. | SZCZEPANIAK | Maciej | 14 | UKS 48 Warszawa ródemie cie | 29.43 | 433 | +0,73 |
| 43. | MASZEWSKI | Mikołaj | 17 | UKS Nawa Skierniewice | 29.46 | 431 | +0,62 |
| 44. | KAMIE | SKI Stanisław | 14 | UKP „Polonia Warszawa” | 29.63 | 424 | +0,66 |
| 45. | TUPALSKI | Natan | 15 | UKP „Polonia Warszawa” | 29.92 | 412 | +0,75 |
| 46. | BRODOWSKI | Michał | 16 | UKS Nawa Skierniewice | 29.95 | 411 | +0,72 |
| 47. | GRASZA | Mateusz | 14 | RWKS Sparta Biłgoraj | 30.04 | 407 | +0,73 |
| 48. | KRUPA | Borys | 17 | UKP „Polonia Warszawa” | 30.08 | 405 | +0,65 |
| 49. | SZUBERT-OLSZACKI | Piotr | 14 | KP Raw-Swim | 30.69 | 382 | +0,69 |
| 50. | UKLEJA | Szymon | 16 | UKS Olympic Warka | 30.71 | 381 | +0,71 |
| 51. | CHOROSZEWSKI | Ignacy | 15 | SWIMLAND Olsztyn | 31.50 | 353 | +0,71 |
| 52. | SIECZEK | Bartosz | 14 | UKP „Polonia Warszawa” | 34.61 | 266 | +0,80 |
| 53. | JURCZAK | Kacper | 22 | SWIMLAND Olsztyn | 35.98 | 237 | +0,82 |
| NW | SERGA | Andrii | 20 | KS „OLIMPIA” Lublin | | | |
| NW | LIPI | SKI Krystian | 14 | MTP Kormoran Olsztyn | | | |

Konkurencja 32

M czynn, 200m zmienny

14 lat i starsi

05.11.2023 - 9:56

Wyniki

| | | | | | |
|-----------------------|---------|-----------------|-------|-----------------------|------------|
| Rekord Polski Open | 1:58.14 | CIE LAK Marcin | 03914 | Kazan (RUS) | 06.08.2015 |
| Rekord Polski 19 - 23 | 1:58.14 | CIE LAK Marcin | 03914 | Kazan (RUS) | 06.08.2015 |
| Rekord Polski 18 | 2:02.77 | PIELA Michał | | Otopenia (ROU) | 07.07.2022 |
| Rekord Polski 17 | 2:03.70 | KĄŁUSOWSKI Jan | 00905 | Lublin | 20.05.2017 |
| Rekord Polski 16 | 2:04.29 | CIE LAK Marcin | 03914 | Prague - Podoli (CZE) | 07.12.2008 |
| Rekord Polski 15 | 2:07.19 | KONARSKI Maciej | 05214 | O wi cim | 06.07.2019 |
| Rekord Polski 14 | 2:10.91 | SOBEK Nikodem | 02303 | Berlin (GER) | 18.12.2016 |

Minimum - IO - Pary (Francja) Open: 1:57.94 / Minimum - M - Doha (Katar) Open: 1:59.53

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | 150m | 200m | | |
|------------------------------|--------------|------------|------|------------------------|----------------|-----|-------|-------|-------|-------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | | | |
| 1. | POTRZEBOWSKI | F. | 14 | UKP „Polonia Warszawa” | 2:24.03 | 495 | +0,71 | 29.52 | 40.54 | 42.26 | 31.71 |
| 2. | MARYJOWSKI | Marcin | 14 | WKS I sk | 2:24.85 | 487 | +0,68 | 29.47 | 37.99 | 45.40 | 31.99 |
| 3. | JANUS | Tymon | 14 | UKP „Polonia Warszawa” | 2:27.00 | 466 | +0,65 | 31.65 | 38.89 | 42.08 | 34.38 |
| 4. | GIRU | Michał | 14 | RWKS Sparta Biłgoraj | 2:30.35 | 435 | +0,73 | 31.01 | 39.66 | 43.40 | 36.28 |
| 5. | GRABI | SKI Szymon | 14 | WKS I sk | 2:33.05 | 413 | +0,61 | 30.83 | 42.01 | 46.64 | 33.57 |
| 6. | NADOLNY | Jerzy | 14 | UKP „Polonia Warszawa” | 2:38.78 | 370 | +0,57 | 33.64 | 41.90 | 44.91 | 38.33 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 32, M czynn, 200m zmienny

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | |
|-----------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. RADZIKOWSKI Szymon | 15 | WKS I sk | 2:14.80 | 604 +0,68 | 29.36 | 35.73 | 38.17 | 31.54 |
| 2. KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawa | 2:21.12 | 527 +0,73 | 28.23 | 37.00 | 43.88 | 32.01 |
| 3. KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:25.45 | 481 +0,63 | 30.00 | 38.26 | 44.30 | 32.89 |
| 4. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 2:28.51 | 452 +0,74 | 31.74 | 38.84 | 42.87 | 35.06 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | |
|--------------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. BORUSZEWSKI Filip | 16 | UKS SP-149 Łódź | 2:20.70 | 531 +0,72 | 29.68 | 38.42 | 39.23 | 33.37 |
| 2. GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 2:24.64 | 489 +0,74 | 32.31 | 40.80 | 39.15 | 32.38 |
| 3. ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 2:25.22 | 483 +0,73 | 29.61 | 36.96 | 44.54 | 34.11 |
| 4. OLSZY SKI Maksymilian | 16 | MTP Kormoran Olsztyn | 2:25.40 | 481 +0,70 | 30.92 | 41.03 | 39.88 | 33.57 |
| 5. BROWOŃSKI Michał | 16 | UKS Nawa Skierniewice | 2:41.53 | 351 +0,72 | 32.85 | 41.46 | 47.85 | 39.37 |

JUNIOR 17-18 LAT

| | | | | | | | | |
|---------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 2:18.19 | 561 +0,65 | 27.82 | 36.69 | 39.98 | 33.70 |
| 2. RYSKI Michał | 17 | SWIMLAND Olsztyn | 2:21.34 | 524 +0,67 | 29.70 | 39.50 | 39.37 | 32.77 |
| 3. KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 2:21.55 | 522 +0,71 | 29.04 | 42.36 | 36.92 | 33.23 |
| 4. KOZAK Jan | 17 | UKS SP5 Swim | 2:25.89 | 477 +0,66 | 30.53 | 39.33 | 41.50 | 34.53 |

DYSKW. WICKOWSKI Piotr 17 UKS Delfin Garwolin
Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu - 9.4

NW JEDLIŃSKI Mateusz 17 UKP „Polonia Warszawa”

OPEN

| | | | | | | | | |
|---------------------------|----|-------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. POPRAWA Michał | 29 | AZS AWF Katowice | 2:05.43 | 750 +0,69 | 26.59 | 32.40 | 36.94 | 29.50 |
| 2. RADZIKOWSKI Szymon | 15 | WKS I sk | 2:14.80 | 604 +0,68 | 29.36 | 35.73 | 38.17 | 31.54 |
| 3. MRÓZ Adam | 20 | KU AZS UMCS Lublin | 2:16.72 | 579 +0,71 | 28.67 | 36.04 | 40.53 | 31.48 |
| 4. NOWACKI Błażej | 18 | KU AZS UMCS Lublin | 2:18.19 | 561 +0,65 | 27.82 | 36.69 | 39.98 | 33.70 |
| 5. BORUSZEWSKI Filip | 16 | UKS SP-149 Łódź | 2:20.70 | 531 +0,72 | 29.68 | 38.42 | 39.23 | 33.37 |
| 6. KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawa | 2:21.12 | 527 +0,73 | 28.23 | 37.00 | 43.88 | 32.01 |
| 7. RYSKI Michał | 17 | SWIMLAND Olsztyn | 2:21.34 | 524 +0,67 | 29.70 | 39.50 | 39.37 | 32.77 |
| 8. KUCHARCZYK Paweł | 18 | UKP „Polonia Warszawa” | 2:21.55 | 522 +0,71 | 29.04 | 42.36 | 36.92 | 33.23 |
| 9. PLEWKA Przemysław | 19 | KS AZS AGH Kraków | 2:23.84 | 497 +0,69 | 30.02 | 41.53 | 41.63 | 30.66 |
| 10. POTRZEBOWSKI F. | 14 | UKP „Polonia Warszawa” | 2:24.03 | 495 +0,71 | 29.52 | 40.54 | 42.26 | 31.71 |
| 11. GŁOWACKI Sebastian | 16 | UKS Nawa Skierniewice | 2:24.64 | 489 +0,74 | 32.31 | 40.80 | 39.15 | 32.38 |
| 12. MARYJOWSKI Marcin | 14 | WKS I sk | 2:24.85 | 487 +0,68 | 29.47 | 37.99 | 45.40 | 31.99 |
| 13. ŁOJEWSKI Adam | 16 | MTP Kormoran Olsztyn | 2:25.22 | 483 +0,73 | 29.61 | 36.96 | 44.54 | 34.11 |
| 14. RÓŃSKI Marcin | 19 | KS AZS AGH Kraków | 2:25.25 | 483 +0,68 | 29.06 | 37.30 | 44.72 | 34.17 |
| 15. OLSZY SKI Maksymilian | 16 | MTP Kormoran Olsztyn | 2:25.40 | 481 +0,70 | 30.92 | 41.03 | 39.88 | 33.57 |
| 16. KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 2:25.45 | 481 +0,63 | 30.00 | 38.26 | 44.30 | 32.89 |
| 17. KOZAK Jan | 17 | UKS SP5 Swim | 2:25.89 | 477 +0,66 | 30.53 | 39.33 | 41.50 | 34.53 |
| 18. JANUS Tymon | 14 | UKP „Polonia Warszawa” | 2:27.00 | 466 +0,65 | 31.65 | 38.89 | 42.08 | 34.38 |
| 19. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 2:28.51 | 452 +0,74 | 31.74 | 38.84 | 42.87 | 35.06 |
| 20. GIRU Michał | 14 | RWKS Sparta Biłgoraj | 2:30.35 | 435 +0,73 | 31.01 | 39.66 | 43.40 | 36.28 |
| 21. GRABIŃSKI Szymon | 14 | WKS I sk | 2:33.05 | 413 +0,61 | 30.83 | 42.01 | 46.64 | 33.57 |
| 22. NADOLNY Jerzy | 14 | UKP „Polonia Warszawa” | 2:38.78 | 370 +0,57 | 33.64 | 41.90 | 44.91 | 38.33 |
| 23. BROWOŃSKI Michał | 16 | UKS Nawa Skierniewice | 2:41.53 | 351 +0,72 | 32.85 | 41.46 | 47.85 | 39.37 |

DYSKW. WICKOWSKI Piotr 17 UKS Delfin Garwolin
Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu - 9.4

NW KRASKA Jakub 23 AZS Łódź

NW ADAMCZYK Jan 20 KS AZS AGH Kraków

NW JEDLIŃSKI Mateusz 17 UKP „Polonia Warszawa”

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 33
05.11.2023 - 10:05

Kobiet, 800m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|---------|--------------------|-------|----------------|------------|
| Rekord Polski Open | 8:35.73 | JEDRZEJCZAK Otylia | 00114 | Ostrowiec Sw. | 17.05.2008 |
| Rekord Polski 19 - 23 | 8:35.94 | JEDRZEJCZAK Otylia | 00114 | Rijeka (CRO) | 17.05.2008 |
| Rekord Polski 18 | 8:39.55 | PIECHOTA Paulina | 01605 | Lublin | 18.05.2017 |
| Rekord Polski 17 | 8:40.48 | KILIJA SKA Donata | 00612 | Belgrad (SRB) | 06.07.2011 |
| Rekord Polski 16 | 8:40.48 | KILIJA SKA Donata | 00612 | Belgrade (SRB) | 06.07.2011 |
| Rekord Polski 15 | 8:44.81 | KILIJA SKA Donata | 00612 | Helsinki (FIN) | 16.07.2010 |
| Rekord Polski 14 | 8:47.93 | KILIJA SKA Donata | 00612 | Ostrowiec Sw | 12.12.2009 |

Minimum - IO - Pary (Francja) Open: 8:26.71 / Minimum - M - Doha (Katar) Open: 8:37.90

Punkty: FINA 2023

| Pozycja | | | Wiek | | | Czas | Pkt. | CR |
|---------|--|--|------|--|--|------|------|----|
|---------|--|--|------|--|--|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|-----------------------|---------------------|-------------------------------|----------------------|------------|--------------|
| 1. RESZKO Lena | 14 | UKP „Polonia Warszawa” | 9:31.51 | 610 | +0,80 |
| 50m: 32.78 32.78 | 250m: 2:57.37 35.79 | 450m: 5:22.33 36.30 | 650m: 7:47.49 35.73 | | |
| 100m: 1:08.97 36.19 | 300m: 3:33.37 36.00 | 500m: 5:58.52 36.19 | 700m: 8:23.86 36.37 | | |
| 150m: 1:44.89 35.92 | 350m: 4:09.47 36.10 | 550m: 6:35.33 36.81 | 750m: 8:59.18 35.32 | | |
| 200m: 2:21.58 36.69 | 400m: 4:46.03 36.56 | 600m: 7:11.76 36.43 | 800m: 9:31.51 32.33 | | |
| 2. GNA Nadia | 14 | UKS Tri-Team Rumia | 10:18.71 | 481 | +0,78 |
| 50m: 34.56 34.56 | 250m: 3:08.63 39.20 | 450m: 5:46.13 38.86 | 650m: 8:23.30 39.48 | | |
| 100m: 1:11.84 37.28 | 300m: 3:48.44 39.81 | 500m: 6:25.45 39.32 | 700m: 9:02.42 39.12 | | |
| 150m: 1:50.56 38.72 | 350m: 4:27.86 39.42 | 550m: 7:04.81 39.36 | 750m: 9:40.73 38.31 | | |
| 200m: 2:29.43 38.87 | 400m: 5:07.27 39.41 | 600m: 7:43.82 39.01 | 800m: 10:18.71 37.98 | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|-----------------------------|---------------------|------------------------------|----------------------|------------|--------------|
| 1. RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 9:33.07 | 605 | +0,76 |
| 50m: 33.30 33.30 | 250m: 2:57.07 35.76 | 450m: 5:21.26 36.30 | 650m: 7:46.33 36.43 | | |
| 100m: 1:08.76 35.46 | 300m: 3:32.97 35.90 | 500m: 5:57.50 36.24 | 700m: 8:22.37 36.04 | | |
| 150m: 1:45.21 36.45 | 350m: 4:09.13 36.16 | 550m: 6:34.17 36.67 | 750m: 8:58.22 35.85 | | |
| 200m: 2:21.31 36.10 | 400m: 4:44.96 35.83 | 600m: 7:09.90 35.73 | 800m: 9:33.07 34.85 | | |
| 2. BATYRA Julia | 15 | UKS SP5 Swim | 10:12.10 | 496 | +0,96 |
| 50m: 33.97 33.97 | 250m: 3:05.12 38.05 | 450m: 5:38.87 37.70 | 650m: 8:15.53 39.32 | | |
| 100m: 1:11.29 37.32 | 300m: 3:43.71 38.59 | 500m: 6:17.78 38.91 | 700m: 8:55.47 39.94 | | |
| 150m: 1:49.06 37.77 | 350m: 4:22.26 38.55 | 550m: 6:57.10 39.32 | 750m: 9:34.26 38.79 | | |
| 200m: 2:27.07 38.01 | 400m: 5:01.17 38.91 | 600m: 7:36.21 39.11 | 800m: 10:12.10 37.84 | | |
| 3. JABŁO SKA Natalia | 15 | MTP Kormoran Olsztyn | 10:16.60 | 486 | +0,67 |
| 50m: 34.60 34.60 | 250m: 3:09.75 39.20 | 450m: 5:46.21 39.24 | 650m: 8:22.24 39.02 | | |
| 100m: 1:12.52 37.92 | 300m: 3:49.04 39.29 | 500m: 6:25.18 38.97 | 700m: 9:01.13 38.89 | | |
| 150m: 1:51.40 38.88 | 350m: 4:27.80 38.76 | 550m: 7:04.32 39.14 | 750m: 9:39.74 38.61 | | |
| 200m: 2:30.55 39.15 | 400m: 5:06.97 39.17 | 600m: 7:43.22 38.90 | 800m: 10:16.60 36.86 | | |

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|---------------------------|---------------------|---------------------------|---------------------|------------|--------------|
| 1. POPPE Marta | 16 | KU AZS UMCS Lublin | 9:25.80 | 629 | +0,76 |
| 50m: 32.72 32.72 | 250m: 2:56.20 36.17 | 450m: 5:18.79 35.58 | 650m: 7:40.85 35.69 | | |
| 100m: 1:08.21 35.49 | 300m: 3:32.05 35.85 | 500m: 5:54.31 35.52 | 700m: 8:16.55 35.70 | | |
| 150m: 1:43.98 35.77 | 350m: 4:07.71 35.66 | 550m: 6:29.47 35.16 | 750m: 8:51.60 35.05 | | |
| 200m: 2:20.03 36.05 | 400m: 4:43.21 35.50 | 600m: 7:05.16 35.69 | 800m: 9:25.80 34.20 | | |
| 2. GLI SKA Oliwia | 16 | TP Zielona Góra | 9:28.12 | 621 | +0,78 |
| 50m: 32.90 32.90 | 250m: 2:54.88 35.88 | 450m: 5:19.00 36.26 | 650m: 7:41.92 35.64 | | |
| 100m: 1:08.21 35.31 | 300m: 3:30.83 35.95 | 500m: 5:54.94 35.94 | 700m: 8:17.36 35.44 | | |
| 150m: 1:43.66 35.45 | 350m: 4:06.71 35.88 | 550m: 6:30.74 35.80 | 750m: 8:53.11 35.75 | | |
| 200m: 2:19.00 35.34 | 400m: 4:42.74 36.03 | 600m: 7:06.28 35.54 | 800m: 9:28.12 35.01 | | |
| 3. WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 9:35.97 | 596 | +0,82 |
| 50m: 32.51 32.51 | 250m: 2:55.80 35.82 | 450m: 5:18.90 35.79 | 650m: 7:46.35 37.13 | | |
| 100m: 1:08.00 35.49 | 300m: 3:31.78 35.98 | 500m: 5:55.33 36.43 | 700m: 8:23.57 37.22 | | |
| 150m: 1:43.65 35.65 | 350m: 4:07.29 35.51 | 550m: 6:31.87 36.54 | 750m: 9:00.09 36.52 | | |
| 200m: 2:19.98 36.33 | 400m: 4:43.11 35.82 | 600m: 7:09.22 37.35 | 800m: 9:35.97 35.88 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 33, Dziewcz t, 800m dowolny, JUNIOR MŁODSZY 16 LAT

| Pozycja | | | Wiek | | | | Czas | | | | Pkt. | CR | |
|---------|-----------------------|---------------|-------|---------|-------|-------|-----------------------|-------|-------|----------|-----------------|-----|-------|
| 4. | WO AKOWSKA Zofia | | 16 | | | | KU AZS UMCS Lublin | | | | 9:55.82 | 538 | +0,76 |
| | 50m: | 32.68 32.68 | 250m: | 3:00.98 | 37.82 | 450m: | 5:31.32 | 38.07 | 650m: | 8:03.94 | 38.09 | | |
| | 100m: | 1:08.73 36.05 | 300m: | 3:38.06 | 37.08 | 500m: | 6:09.65 | 38.33 | 700m: | 8:41.31 | 37.37 | | |
| | 150m: | 1:46.05 37.32 | 350m: | 4:15.16 | 37.10 | 550m: | 6:48.14 | 38.49 | 750m: | 9:18.76 | 37.45 | | |
| | 200m: | 2:23.16 37.11 | 400m: | 4:53.25 | 38.09 | 600m: | 7:25.85 | 37.71 | 800m: | 9:55.82 | 37.06 | | |
| 5. | RYKHLINSKA Anastasiia | | 16 | | | | KS „OLIMPIA” Lublin | | | | 10:03.84 | 517 | +0,70 |
| | 50m: | 34.30 34.30 | 250m: | 3:07.18 | 38.46 | 450m: | 5:40.44 | 38.29 | 650m: | 8:11.54 | 38.18 | | |
| | 100m: | 1:12.14 37.84 | 300m: | 3:45.51 | 38.33 | 500m: | 6:18.42 | 37.98 | 700m: | 8:49.76 | 38.22 | | |
| | 150m: | 1:50.47 38.33 | 350m: | 4:24.06 | 38.55 | 550m: | 6:55.82 | 37.40 | 750m: | 9:27.69 | 37.93 | | |
| | 200m: | 2:28.72 38.25 | 400m: | 5:02.15 | 38.09 | 600m: | 7:33.36 | 37.54 | 800m: | 10:03.84 | 36.15 | | |
| 6. | ZAKRZEWSKA Oliwia | | 16 | | | | UKS Nawa Skierniewice | | | | 10:05.55 | 513 | +0,76 |
| | 50m: | 34.21 34.21 | 250m: | 3:06.52 | 38.47 | 450m: | 5:41.01 | 38.80 | 650m: | 8:14.72 | 38.16 | | |
| | 100m: | 1:11.57 37.36 | 300m: | 3:45.00 | 38.48 | 500m: | 6:19.60 | 38.59 | 700m: | 8:52.69 | 37.97 | | |
| | 150m: | 1:49.78 38.21 | 350m: | 4:23.64 | 38.64 | 550m: | 6:58.04 | 38.44 | 750m: | 9:29.63 | 36.94 | | |
| | 200m: | 2:28.05 38.27 | 400m: | 5:02.21 | 38.57 | 600m: | 7:36.56 | 38.52 | 800m: | 10:05.55 | 35.92 | | |
| 7. | DENISIEWICZ Zuzanna | | 16 | | | | UKS Nawa Skierniewice | | | | 11:11.75 | 375 | +0,73 |
| | 50m: | 36.38 36.38 | 250m: | 3:24.03 | 42.64 | 450m: | 6:15.18 | 41.92 | 650m: | 9:03.69 | 42.30 | | |
| | 100m: | 1:17.28 40.90 | 300m: | 4:07.15 | 43.12 | 500m: | 6:56.83 | 41.65 | 700m: | 9:46.45 | 42.76 | | |
| | 150m: | 1:59.23 41.95 | 350m: | 4:51.05 | 43.90 | 550m: | 7:39.14 | 42.31 | 750m: | 10:29.01 | 42.56 | | |
| | 200m: | 2:41.39 42.16 | 400m: | 5:33.26 | 42.21 | 600m: | 8:21.39 | 42.25 | 800m: | 11:11.75 | 42.74 | | |

JUNIOR 17-18 LAT

| | | | | | | | | | | | | | |
|----|------------------|---------------|-------|---------|-------|-------|--------------------------|-------|-------|----------|-----------------|-----|-------|
| 1. | KOWALSKA Klara | | 18 | | | | KU AZS UMCS Lublin | | | | 9:08.61 | 690 | +0,67 |
| | 50m: | 31.45 31.45 | 250m: | 2:49.04 | 34.29 | 450m: | 5:06.02 | 34.62 | 650m: | 7:25.30 | 35.13 | | |
| | 100m: | 1:05.95 34.50 | 300m: | 3:22.87 | 33.83 | 500m: | 5:40.57 | 34.55 | 700m: | 8:00.15 | 34.85 | | |
| | 150m: | 1:40.69 34.74 | 350m: | 3:57.34 | 34.47 | 550m: | 6:15.52 | 34.95 | 750m: | 8:35.18 | 35.03 | | |
| | 200m: | 2:14.75 34.06 | 400m: | 4:31.40 | 34.06 | 600m: | 6:50.17 | 34.65 | 800m: | 9:08.61 | 33.43 | | |
| 2. | MACIAK Julia | | 17 | | | | IUKS „Muszelka” Warszawa | | | | 9:31.95 | 608 | +0,76 |
| | 50m: | 32.45 32.45 | 250m: | 2:55.72 | 36.07 | 450m: | 5:20.24 | 36.43 | 650m: | 7:45.97 | 36.53 | | |
| | 100m: | 1:07.98 35.53 | 300m: | 3:31.54 | 35.82 | 500m: | 5:56.93 | 36.69 | 700m: | 8:21.95 | 35.98 | | |
| | 150m: | 1:44.02 36.04 | 350m: | 4:07.79 | 36.25 | 550m: | 6:33.29 | 36.36 | 750m: | 8:58.07 | 36.12 | | |
| | 200m: | 2:19.65 35.63 | 400m: | 4:43.81 | 36.02 | 600m: | 7:09.44 | 36.15 | 800m: | 9:31.95 | 33.88 | | |
| 3. | SAMORAJ Oliwia | | 18 | | | | MKS Piaseczno | | | | 9:37.65 | 591 | +0,78 |
| | 50m: | 32.88 32.88 | 250m: | 2:57.51 | 36.16 | 450m: | 5:22.81 | 36.44 | 650m: | 7:49.64 | 36.82 | | |
| | 100m: | 1:08.68 35.80 | 300m: | 3:33.46 | 35.95 | 500m: | 5:59.40 | 36.59 | 700m: | 8:26.18 | 36.54 | | |
| | 150m: | 1:44.85 36.17 | 350m: | 4:09.72 | 36.26 | 550m: | 6:35.95 | 36.55 | 750m: | 9:02.41 | 36.23 | | |
| | 200m: | 2:21.35 36.50 | 400m: | 4:46.37 | 36.65 | 600m: | 7:12.82 | 36.87 | 800m: | 9:37.65 | 35.24 | | |
| 4. | KOSSOWSKA Julita | | 18 | | | | UKS 190 Łódź | | | | 9:44.16 | 571 | +0,77 |
| | 50m: | 32.27 32.27 | 250m: | 2:56.57 | 36.29 | 450m: | 5:23.60 | 37.16 | 650m: | 7:53.63 | 37.57 | | |
| | 100m: | 1:07.93 35.66 | 300m: | 3:32.89 | 36.32 | 500m: | 6:00.94 | 37.34 | 700m: | 8:30.81 | 37.18 | | |
| | 150m: | 1:43.78 35.85 | 350m: | 4:09.48 | 36.59 | 550m: | 6:38.61 | 37.67 | 750m: | 9:07.69 | 36.88 | | |
| | 200m: | 2:20.28 36.50 | 400m: | 4:46.44 | 36.96 | 600m: | 7:16.06 | 37.45 | 800m: | 9:44.16 | 36.47 | | |
| 5. | GAWEŁKO Zuzanna | | 17 | | | | KU AZS UMCS Lublin | | | | 9:46.00 | 566 | +0,65 |
| | 50m: | 33.17 33.17 | 250m: | 3:00.11 | 37.05 | 450m: | 5:28.56 | 37.24 | 650m: | 7:56.83 | 37.17 | | |
| | 100m: | 1:09.13 35.96 | 300m: | 3:37.28 | 37.17 | 500m: | 6:05.37 | 36.81 | 700m: | 8:33.81 | 36.98 | | |
| | 150m: | 1:46.05 36.92 | 350m: | 4:14.22 | 36.94 | 550m: | 6:42.57 | 37.20 | 750m: | 9:10.65 | 36.84 | | |
| | 200m: | 2:23.06 37.01 | 400m: | 4:51.32 | 37.10 | 600m: | 7:19.66 | 37.09 | 800m: | 9:46.00 | 35.35 | | |
| 6. | SOJKA Oliwia | | 17 | | | | UKS Aqua Team Mikołów | | | | 10:07.51 | 508 | +0,74 |
| | 50m: | 34.11 34.11 | 250m: | 3:07.56 | 39.15 | 450m: | 5:41.66 | 38.38 | 650m: | 8:15.56 | 38.14 | | |
| | 100m: | 1:11.63 37.52 | 300m: | 3:46.32 | 38.76 | 500m: | 6:20.34 | 38.68 | 700m: | 8:54.39 | 38.83 | | |
| | 150m: | 1:49.75 38.12 | 350m: | 4:24.67 | 38.35 | 550m: | 6:58.70 | 38.36 | 750m: | 9:31.97 | 37.58 | | |
| | 200m: | 2:28.41 38.66 | 400m: | 5:03.28 | 38.61 | 600m: | 7:37.42 | 38.72 | 800m: | 10:07.51 | 35.54 | | |
| 7. | SOSNÓWKA Oliwia | | 18 | | | | UKP Fala Krańnik | | | | 10:30.55 | 454 | +0,77 |
| | 50m: | 34.92 34.92 | 250m: | 3:13.85 | 39.51 | 450m: | 5:52.82 | 40.46 | 650m: | 8:33.20 | 40.36 | | |
| | 100m: | 1:14.25 39.33 | 300m: | 3:53.66 | 39.81 | 500m: | 6:32.27 | 39.45 | 700m: | 9:13.31 | 40.11 | | |
| | 150m: | 1:54.83 40.58 | 350m: | 4:33.69 | 40.03 | 550m: | 7:12.43 | 40.16 | 750m: | 9:52.36 | 39.05 | | |
| | 200m: | 2:34.34 39.51 | 400m: | 5:12.36 | 38.67 | 600m: | 7:52.84 | 40.41 | 800m: | 10:30.55 | 38.19 | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 33, Kobiet, 800m dowolny

OPEN

| | | | | | | | |
|-----|---------------------|---------------|--------------------------|----------------|-------|---------------|-------|
| 1. | KNOP Aleksandra | 20 | UKS 190 Łódź | 9:02.58 | 713 | +0,52 | |
| | 50m: 32.24 32.24 | 250m: 2:48.26 | 34.00 | 450m: 5:03.92 | 34.01 | 650m: 7:20.72 | 34.26 |
| | 100m: 1:06.03 33.79 | 300m: 3:21.96 | 33.70 | 500m: 5:38.03 | 34.11 | 700m: 7:54.99 | 34.27 |
| | 150m: 1:40.43 34.40 | 350m: 3:56.12 | 34.16 | 550m: 6:12.24 | 34.21 | 750m: 8:29.22 | 34.23 |
| | 200m: 2:14.26 33.83 | 400m: 4:29.91 | 33.79 | 600m: 6:46.46 | 34.22 | 800m: 9:02.58 | 33.36 |
| 2. | KOWALSKA Klara | 18 | KU AZS UMCS Lublin | 9:08.61 | 690 | +0,67 | |
| | 50m: 31.45 31.45 | 250m: 2:49.04 | 34.29 | 450m: 5:06.02 | 34.62 | 650m: 7:25.30 | 35.13 |
| | 100m: 1:05.95 34.50 | 300m: 3:22.87 | 33.83 | 500m: 5:40.57 | 34.55 | 700m: 8:00.15 | 34.85 |
| | 150m: 1:40.69 34.74 | 350m: 3:57.34 | 34.47 | 550m: 6:15.52 | 34.95 | 750m: 8:35.18 | 35.03 |
| | 200m: 2:14.75 34.06 | 400m: 4:31.40 | 34.06 | 600m: 6:50.17 | 34.65 | 800m: 9:08.61 | 33.43 |
| 3. | POPPE Marta | 16 | KU AZS UMCS Lublin | 9:25.80 | 629 | +0,76 | |
| | 50m: 32.72 32.72 | 250m: 2:56.20 | 36.17 | 450m: 5:18.79 | 35.58 | 650m: 7:40.85 | 35.69 |
| | 100m: 1:08.21 35.49 | 300m: 3:32.05 | 35.85 | 500m: 5:54.31 | 35.52 | 700m: 8:16.55 | 35.70 |
| | 150m: 1:43.98 35.77 | 350m: 4:07.71 | 35.66 | 550m: 6:29.47 | 35.16 | 750m: 8:51.60 | 35.05 |
| | 200m: 2:20.03 36.05 | 400m: 4:43.21 | 35.50 | 600m: 7:05.16 | 35.69 | 800m: 9:25.80 | 34.20 |
| 4. | GLI SKA Oliwia | 16 | TP Zielona Góra | 9:28.12 | 621 | +0,78 | |
| | 50m: 32.90 32.90 | 250m: 2:54.88 | 35.88 | 450m: 5:19.00 | 36.26 | 650m: 7:41.92 | 35.64 |
| | 100m: 1:08.21 35.31 | 300m: 3:30.83 | 35.95 | 500m: 5:54.94 | 35.94 | 700m: 8:17.36 | 35.44 |
| | 150m: 1:43.66 35.45 | 350m: 4:06.71 | 35.88 | 550m: 6:30.74 | 35.80 | 750m: 8:53.11 | 35.75 |
| | 200m: 2:19.00 35.34 | 400m: 4:42.74 | 36.03 | 600m: 7:06.28 | 35.54 | 800m: 9:28.12 | 35.01 |
| 5. | RESZKO Lena | 14 | UKP „Polonia Warszawa” | 9:31.51 | 610 | +0,80 | |
| | 50m: 32.78 32.78 | 250m: 2:57.37 | 35.79 | 450m: 5:22.33 | 36.30 | 650m: 7:47.49 | 35.73 |
| | 100m: 1:08.97 36.19 | 300m: 3:33.37 | 36.00 | 500m: 5:58.52 | 36.19 | 700m: 8:23.86 | 36.37 |
| | 150m: 1:44.89 35.92 | 350m: 4:09.47 | 36.10 | 550m: 6:35.33 | 36.81 | 750m: 8:59.18 | 35.32 |
| | 200m: 2:21.58 36.69 | 400m: 4:46.03 | 36.56 | 600m: 7:11.76 | 36.43 | 800m: 9:31.51 | 32.33 |
| 6. | ŁUCZAK Dominika | 21 | TP Zielona Góra | 9:31.68 | 609 | +0,71 | |
| | 50m: 32.47 32.47 | 250m: 2:55.86 | 36.17 | 450m: 5:20.45 | 36.33 | 650m: 7:45.05 | 36.04 |
| | 100m: 1:08.15 35.68 | 300m: 3:31.89 | 36.03 | 500m: 5:56.73 | 36.28 | 700m: 8:21.12 | 36.07 |
| | 150m: 1:43.90 35.75 | 350m: 4:07.97 | 36.08 | 550m: 6:33.00 | 36.27 | 750m: 8:57.33 | 36.21 |
| | 200m: 2:19.69 35.79 | 400m: 4:44.12 | 36.15 | 600m: 7:09.01 | 36.01 | 800m: 9:31.68 | 34.35 |
| 7. | MACIAK Julia | 17 | IUKS „Muszelka” Warszawa | 9:31.95 | 608 | +0,76 | |
| | 50m: 32.45 32.45 | 250m: 2:55.72 | 36.07 | 450m: 5:20.24 | 36.43 | 650m: 7:45.97 | 36.53 |
| | 100m: 1:07.98 35.53 | 300m: 3:31.54 | 35.82 | 500m: 5:56.93 | 36.69 | 700m: 8:21.95 | 35.98 |
| | 150m: 1:44.02 36.04 | 350m: 4:07.79 | 36.25 | 550m: 6:33.29 | 36.36 | 750m: 8:58.07 | 36.12 |
| | 200m: 2:19.65 35.63 | 400m: 4:43.81 | 36.02 | 600m: 7:09.44 | 36.15 | 800m: 9:31.95 | 33.88 |
| 8. | RODZIEWICZ Alicja | 15 | UKS Nawa Skierniewice | 9:33.07 | 605 | +0,76 | |
| | 50m: 33.30 33.30 | 250m: 2:57.07 | 35.76 | 450m: 5:21.26 | 36.30 | 650m: 7:46.33 | 36.43 |
| | 100m: 1:08.76 35.46 | 300m: 3:32.97 | 35.90 | 500m: 5:57.50 | 36.24 | 700m: 8:22.37 | 36.04 |
| | 150m: 1:45.21 36.45 | 350m: 4:09.13 | 36.16 | 550m: 6:34.17 | 36.67 | 750m: 8:58.22 | 35.85 |
| | 200m: 2:21.31 36.10 | 400m: 4:44.96 | 35.83 | 600m: 7:09.90 | 35.73 | 800m: 9:33.07 | 34.85 |
| 9. | WIERNICKA Julia | 16 | KU AZS UMCS Lublin | 9:35.97 | 596 | +0,82 | |
| | 50m: 32.51 32.51 | 250m: 2:55.80 | 35.82 | 450m: 5:18.90 | 35.79 | 650m: 7:46.35 | 37.13 |
| | 100m: 1:08.00 35.49 | 300m: 3:31.78 | 35.98 | 500m: 5:55.33 | 36.43 | 700m: 8:23.57 | 37.22 |
| | 150m: 1:43.65 35.65 | 350m: 4:07.29 | 35.51 | 550m: 6:31.87 | 36.54 | 750m: 9:00.09 | 36.52 |
| | 200m: 2:19.98 36.33 | 400m: 4:43.11 | 35.82 | 600m: 7:09.22 | 37.35 | 800m: 9:35.97 | 35.88 |
| 10. | SAMORAJ Oliwia | 18 | MKS Piaseczno | 9:37.65 | 591 | +0,78 | |
| | 50m: 32.88 32.88 | 250m: 2:57.51 | 36.16 | 450m: 5:22.81 | 36.44 | 650m: 7:49.64 | 36.82 |
| | 100m: 1:08.68 35.80 | 300m: 3:33.46 | 35.95 | 500m: 5:59.40 | 36.59 | 700m: 8:26.18 | 36.54 |
| | 150m: 1:44.85 36.17 | 350m: 4:09.72 | 36.26 | 550m: 6:35.95 | 36.55 | 750m: 9:02.41 | 36.23 |
| | 200m: 2:21.35 36.50 | 400m: 4:46.37 | 36.65 | 600m: 7:12.82 | 36.87 | 800m: 9:37.65 | 35.24 |
| 11. | KOSSOWSKA Julita | 18 | UKS 190 Łódź | 9:44.16 | 571 | +0,77 | |
| | 50m: 32.27 32.27 | 250m: 2:56.57 | 36.29 | 450m: 5:23.60 | 37.16 | 650m: 7:53.63 | 37.57 |
| | 100m: 1:07.93 35.66 | 300m: 3:32.89 | 36.32 | 500m: 6:00.94 | 37.34 | 700m: 8:30.81 | 37.18 |
| | 150m: 1:43.78 35.85 | 350m: 4:09.48 | 36.59 | 550m: 6:38.61 | 37.67 | 750m: 9:07.69 | 36.88 |
| | 200m: 2:20.28 36.50 | 400m: 4:46.44 | 36.96 | 600m: 7:16.06 | 37.45 | 800m: 9:44.16 | 36.47 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 33, Kobiet, 800m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. | CR |
|---------|-----------------------|---------------|-------|-----------------------|-------|-------|---------|-----------------|-------|----------------|
| 12. | GAWEŁKO Zuzanna | | 17 | KU AZS UMCS Lublin | | | | 9:46.00 | 566 | +0,65 |
| | 50m: | 33.17 33.17 | 250m: | 3:00.11 | 37.05 | 450m: | 5:28.56 | 37.24 | 650m: | 7:56.83 37.17 |
| | 100m: | 1:09.13 35.96 | 300m: | 3:37.28 | 37.17 | 500m: | 6:05.37 | 36.81 | 700m: | 8:33.81 36.98 |
| | 150m: | 1:46.05 36.92 | 350m: | 4:14.22 | 36.94 | 550m: | 6:42.57 | 37.20 | 750m: | 9:10.65 36.84 |
| | 200m: | 2:23.06 37.01 | 400m: | 4:51.32 | 37.10 | 600m: | 7:19.66 | 37.09 | 800m: | 9:46.00 35.35 |
| 13. | WO AKOWSKA Zofia | | 16 | KU AZS UMCS Lublin | | | | 9:55.82 | 538 | +0,76 |
| | 50m: | 32.68 32.68 | 250m: | 3:00.98 | 37.82 | 450m: | 5:31.32 | 38.07 | 650m: | 8:03.94 38.09 |
| | 100m: | 1:08.73 36.05 | 300m: | 3:38.06 | 37.08 | 500m: | 6:09.65 | 38.33 | 700m: | 8:41.31 37.37 |
| | 150m: | 1:46.05 37.32 | 350m: | 4:15.16 | 37.10 | 550m: | 6:48.14 | 38.49 | 750m: | 9:18.76 37.45 |
| | 200m: | 2:23.16 37.11 | 400m: | 4:53.25 | 38.09 | 600m: | 7:25.85 | 37.71 | 800m: | 9:55.82 37.06 |
| 14. | RYKHLINSKA Anastasiia | | 16 | KS „OLIMPIA" Lublin | | | | 10:03.84 | 517 | +0,70 |
| | 50m: | 34.30 34.30 | 250m: | 3:07.18 | 38.46 | 450m: | 5:40.44 | 38.29 | 650m: | 8:11.54 38.18 |
| | 100m: | 1:12.14 37.84 | 300m: | 3:45.51 | 38.33 | 500m: | 6:18.42 | 37.98 | 700m: | 8:49.76 38.22 |
| | 150m: | 1:50.47 38.33 | 350m: | 4:24.06 | 38.55 | 550m: | 6:55.82 | 37.40 | 750m: | 9:27.69 37.93 |
| | 200m: | 2:28.72 38.25 | 400m: | 5:02.15 | 38.09 | 600m: | 7:33.36 | 37.54 | 800m: | 10:03.84 36.15 |
| 15. | ZAKRZEWSKA Oliwia | | 16 | UKS Nawa Skierniewice | | | | 10:05.55 | 513 | +0,76 |
| | 50m: | 34.21 34.21 | 250m: | 3:06.52 | 38.47 | 450m: | 5:41.01 | 38.80 | 650m: | 8:14.72 38.16 |
| | 100m: | 1:11.57 37.36 | 300m: | 3:45.00 | 38.48 | 500m: | 6:19.60 | 38.59 | 700m: | 8:52.69 37.97 |
| | 150m: | 1:49.78 38.21 | 350m: | 4:23.64 | 38.64 | 550m: | 6:58.04 | 38.44 | 750m: | 9:29.63 36.94 |
| | 200m: | 2:28.05 38.27 | 400m: | 5:02.21 | 38.57 | 600m: | 7:36.56 | 38.52 | 800m: | 10:05.55 35.92 |
| 16. | SOJKA Oliwia | | 17 | UKS Aqua Team Mikołów | | | | 10:07.51 | 508 | +0,74 |
| | 50m: | 34.11 34.11 | 250m: | 3:07.56 | 39.15 | 450m: | 5:41.66 | 38.38 | 650m: | 8:15.56 38.14 |
| | 100m: | 1:11.63 37.52 | 300m: | 3:46.32 | 38.76 | 500m: | 6:20.34 | 38.68 | 700m: | 8:54.39 38.83 |
| | 150m: | 1:49.75 38.12 | 350m: | 4:24.67 | 38.35 | 550m: | 6:58.70 | 38.36 | 750m: | 9:31.97 37.58 |
| | 200m: | 2:28.41 38.66 | 400m: | 5:03.28 | 38.61 | 600m: | 7:37.42 | 38.72 | 800m: | 10:07.51 35.54 |
| 17. | BATYRA Julia | | 15 | UKS SP5 Swim | | | | 10:12.10 | 496 | +0,96 |
| | 50m: | 33.97 33.97 | 250m: | 3:05.12 | 38.05 | 450m: | 5:38.87 | 37.70 | 650m: | 8:15.53 39.32 |
| | 100m: | 1:11.29 37.32 | 300m: | 3:43.71 | 38.59 | 500m: | 6:17.78 | 38.91 | 700m: | 8:55.47 39.94 |
| | 150m: | 1:49.06 37.77 | 350m: | 4:22.26 | 38.55 | 550m: | 6:57.10 | 39.32 | 750m: | 9:34.26 38.79 |
| | 200m: | 2:27.07 38.01 | 400m: | 5:01.17 | 38.91 | 600m: | 7:36.21 | 39.11 | 800m: | 10:12.10 37.84 |
| 18. | HAŁADYN Kamila | | 19 | UKS SP-149 Łódź | | | | 10:15.03 | 489 | +0,73 |
| | 50m: | 33.72 33.72 | 250m: | 3:04.30 | 38.11 | 450m: | 5:41.01 | 39.67 | 650m: | 8:22.37 39.89 |
| | 100m: | 1:10.55 36.83 | 300m: | 3:43.20 | 38.90 | 500m: | 6:21.91 | 40.90 | 700m: | 9:00.70 38.33 |
| | 150m: | 1:48.03 37.48 | 350m: | 4:22.22 | 39.02 | 550m: | 7:01.96 | 40.05 | 750m: | 9:39.38 38.68 |
| | 200m: | 2:26.19 38.16 | 400m: | 5:01.34 | 39.12 | 600m: | 7:42.48 | 40.52 | 800m: | 10:15.03 35.65 |
| 19. | JABŁO SKA Natalia | | 15 | MTP Kormoran Olsztyn | | | | 10:16.60 | 486 | +0,67 |
| | 50m: | 34.60 34.60 | 250m: | 3:09.75 | 39.20 | 450m: | 5:46.21 | 39.24 | 650m: | 8:22.24 39.02 |
| | 100m: | 1:12.52 37.92 | 300m: | 3:49.04 | 39.29 | 500m: | 6:25.18 | 38.97 | 700m: | 9:01.13 38.89 |
| | 150m: | 1:51.40 38.88 | 350m: | 4:27.80 | 38.76 | 550m: | 7:04.32 | 39.14 | 750m: | 9:39.74 38.61 |
| | 200m: | 2:30.55 39.15 | 400m: | 5:06.97 | 39.17 | 600m: | 7:43.22 | 38.90 | 800m: | 10:16.60 36.86 |
| 20. | GNA Nadia | | 14 | UKS Tri-Team Rumia | | | | 10:18.71 | 481 | +0,78 |
| | 50m: | 34.56 34.56 | 250m: | 3:08.63 | 39.20 | 450m: | 5:46.13 | 38.86 | 650m: | 8:23.30 39.48 |
| | 100m: | 1:11.84 37.28 | 300m: | 3:48.44 | 39.81 | 500m: | 6:25.45 | 39.32 | 700m: | 9:02.42 39.12 |
| | 150m: | 1:50.56 38.72 | 350m: | 4:27.86 | 39.42 | 550m: | 7:04.81 | 39.36 | 750m: | 9:40.73 38.31 |
| | 200m: | 2:29.43 38.87 | 400m: | 5:07.27 | 39.41 | 600m: | 7:43.82 | 39.01 | 800m: | 10:18.71 37.98 |
| 21. | SOSNÓWKA Oliwia | | 18 | UKP Fala Kra nik | | | | 10:30.55 | 454 | +0,77 |
| | 50m: | 34.92 34.92 | 250m: | 3:13.85 | 39.51 | 450m: | 5:52.82 | 40.46 | 650m: | 8:33.20 40.36 |
| | 100m: | 1:14.25 39.33 | 300m: | 3:53.66 | 39.81 | 500m: | 6:32.27 | 39.45 | 700m: | 9:13.31 40.11 |
| | 150m: | 1:54.83 40.58 | 350m: | 4:33.69 | 40.03 | 550m: | 7:12.43 | 40.16 | 750m: | 9:52.36 39.05 |
| | 200m: | 2:34.34 39.51 | 400m: | 5:12.36 | 38.67 | 600m: | 7:52.84 | 40.41 | 800m: | 10:30.55 38.19 |
| 22. | DENISIEWICZ Zuzanna | | 16 | UKS Nawa Skierniewice | | | | 11:11.75 | 375 | +0,73 |
| | 50m: | 36.38 36.38 | 250m: | 3:24.03 | 42.64 | 450m: | 6:15.18 | 41.92 | 650m: | 9:03.69 42.30 |
| | 100m: | 1:17.28 40.90 | 300m: | 4:07.15 | 43.12 | 500m: | 6:56.83 | 41.65 | 700m: | 9:46.45 42.76 |
| | 150m: | 1:59.23 41.95 | 350m: | 4:51.05 | 43.90 | 550m: | 7:39.14 | 42.31 | 750m: | 10:29.01 42.56 |
| | 200m: | 2:41.39 42.16 | 400m: | 5:33.26 | 42.21 | 600m: | 8:21.39 | 42.25 | 800m: | 11:11.75 42.74 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 34
05.11.2023 - 10:38

M czyzn, 1500m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|----------|---------------------|-------|-------------------------|------------|
| Rekord Polski Open | 14:45.94 | SAWRYMOWICZ Mateusz | 00116 | Melbourne (AUS) | 01.04.2007 |
| Rekord Polski 19 - 23 | 14:45.94 | SAWRYMOWICZ Mateusz | 00116 | Melbourne (AUS) | 01.04.2007 |
| Rekord Polski 18 | 14:59.38 | SAWRYMOWICZ Mateusz | POL | Montreal (CAN) | 31.07.2005 |
| Rekord Polski 17 | 15:11.93 | HRENIAK Maciej | 01102 | Palma de Mallorca (ESP) | 08.07.2006 |
| Rekord Polski 16 | 15:35.41 | PIELOWSKI Krzysztof | 00213 | Gorzow Wlkp. | 02.12.2007 |
| Rekord Polski 15 | 15:56.15 | BRUZDEWICZ Hubert | 00213 | Lublin | 16.07.2017 |
| Rekord Polski 14 | 16:09.47 | LARY Jerzy | 05614 | Lublin | 20.09.2020 |

Minimum - IO - Pary (Francja) Open: 15:00.99 / Minimum - M - Doha (Katar) Open: 15:04.64

Punkty: FINA 2023

| Pozycja | Wiek | Czas | Pkt. | CR |
|---------|------|------|------|----|
|---------|------|------|------|----|

JUNIOR MŁODSZY 14 LAT

| | | | | | |
|-----------------------------|---------------------|-------------------------------|-----------------------|------------|--------------|
| 1. WIRASZKA Piotr | 14 | UKS „GIM 92 Ursynów” | 17:16.23 | 593 | +0,70 |
| 50m: 31.04 31.04 | 450m: 5:06.40 34.90 | 850m: 9:44.51 34.38 | 1250m: 14:23.73 35.22 | | |
| 100m: 1:04.56 33.52 | 500m: 5:41.11 34.71 | 900m: 10:19.04 34.53 | 1300m: 14:58.83 35.10 | | |
| 150m: 1:39.13 34.57 | 550m: 6:16.06 34.95 | 950m: 10:53.77 34.73 | 1350m: 15:33.70 34.87 | | |
| 200m: 2:13.18 34.05 | 600m: 6:50.85 34.79 | 1000m: 11:28.86 35.09 | 1400m: 16:07.93 34.23 | | |
| 250m: 2:48.05 34.87 | 650m: 7:25.80 34.95 | 1050m: 12:03.70 34.84 | 1450m: 16:42.37 34.44 | | |
| 300m: 3:22.04 33.99 | 700m: 8:00.95 35.15 | 1100m: 12:38.58 34.88 | 1500m: 17:16.23 33.86 | | |
| 350m: 3:56.78 34.74 | 750m: 8:36.12 35.17 | 1150m: 13:13.40 34.82 | | | |
| 400m: 4:31.50 34.72 | 800m: 9:10.13 34.01 | 1200m: 13:48.51 35.11 | | | |
| 2. TARASIEWICZ Piotr | 14 | UKP „Polonia Warszawa” | 18:21.78 | 494 | +0,72 |
| 50m: 31.75 31.75 | 450m: 5:22.01 36.74 | 850m: 10:20.20 36.63 | 1250m: 15:19.62 37.60 | | |
| 100m: 1:07.08 35.33 | 500m: 5:59.11 37.10 | 900m: 10:57.25 37.05 | 1300m: 15:56.65 37.03 | | |
| 150m: 1:42.86 35.78 | 550m: 6:36.44 37.33 | 950m: 11:34.97 37.72 | 1350m: 16:33.22 36.57 | | |
| 200m: 2:19.04 36.18 | 600m: 7:13.85 37.41 | 1000m: 12:12.45 37.48 | 1400m: 17:10.49 37.27 | | |
| 250m: 2:55.03 35.99 | 650m: 7:51.36 37.51 | 1050m: 12:49.75 37.30 | 1450m: 17:46.98 36.49 | | |
| 300m: 3:31.55 36.52 | 700m: 8:28.65 37.29 | 1100m: 13:26.72 36.97 | 1500m: 18:21.78 34.80 | | |
| 350m: 4:08.36 36.81 | 750m: 9:06.15 37.50 | 1150m: 14:04.66 37.94 | | | |
| 400m: 4:45.27 36.91 | 800m: 9:43.57 37.42 | 1200m: 14:42.02 37.36 | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|-----------------------------|---------------------|---------------------------|-----------------------|------------|--------------|
| 1. CHARKOT Krzysztof | 15 | KU AZS UMCS Lublin | 17:10.15 | 604 | +0,71 |
| 50m: 30.14 30.14 | 450m: 5:00.45 33.88 | 850m: 9:36.97 34.93 | 1250m: 14:17.52 35.38 | | |
| 100m: 1:03.07 32.93 | 500m: 5:34.48 34.03 | 900m: 10:11.52 34.55 | 1300m: 14:52.38 34.86 | | |
| 150m: 1:36.83 33.76 | 550m: 6:08.17 33.69 | 950m: 10:46.57 35.05 | 1350m: 15:27.32 34.94 | | |
| 200m: 2:10.56 33.73 | 600m: 6:42.71 34.54 | 1000m: 11:21.59 35.02 | 1400m: 16:02.22 34.90 | | |
| 250m: 2:44.35 33.79 | 650m: 7:17.20 34.49 | 1050m: 11:56.62 35.03 | 1450m: 16:37.53 35.31 | | |
| 300m: 3:18.23 33.88 | 700m: 7:52.02 34.82 | 1100m: 12:31.90 35.28 | 1500m: 17:10.15 32.62 | | |
| 350m: 3:52.31 34.08 | 750m: 8:26.94 34.92 | 1150m: 13:07.14 35.24 | | | |
| 400m: 4:26.57 34.26 | 800m: 9:02.04 35.10 | 1200m: 13:42.14 35.00 | | | |
| 2. PAWLAK Dawid | 15 | UKS 190 Łódź | 17:51.60 | 537 | +0,82 |
| 50m: 30.35 30.35 | 450m: 5:11.90 36.02 | 850m: 10:01.16 36.52 | 1250m: 14:53.92 37.27 | | |
| 100m: 1:04.14 33.79 | 500m: 5:48.26 36.36 | 900m: 10:37.81 36.65 | 1300m: 15:31.22 37.30 | | |
| 150m: 1:38.96 34.82 | 550m: 6:23.84 35.58 | 950m: 11:14.81 37.00 | 1350m: 16:07.51 36.29 | | |
| 200m: 2:13.60 34.64 | 600m: 6:59.98 36.14 | 1000m: 11:50.88 36.07 | 1400m: 16:43.37 35.86 | | |
| 250m: 2:49.77 36.17 | 650m: 7:36.68 36.70 | 1050m: 12:26.77 35.89 | 1450m: 17:19.33 35.96 | | |
| 300m: 3:24.87 35.10 | 700m: 8:12.84 36.16 | 1100m: 13:02.90 36.13 | 1500m: 17:51.60 32.27 | | |
| 350m: 4:00.44 35.57 | 750m: 8:49.11 36.27 | 1150m: 13:40.41 37.51 | | | |
| 400m: 4:35.88 35.44 | 800m: 9:24.64 35.53 | 1200m: 14:16.65 36.24 | | | |

NW **GEBAUER Wolfgang** 15 **MTP Kormoran Olsztyn**

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|---------------------------|---------------------|---------------------------|-----------------------|------------|--------------|
| 1. PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 16:51.64 | 638 | +0,69 |
| 50m: 29.54 29.54 | 450m: 4:55.47 34.23 | 850m: 9:26.77 34.27 | 1250m: 14:00.83 33.91 | | |
| 100m: 1:01.92 32.38 | 500m: 5:29.27 33.80 | 900m: 10:01.44 34.67 | 1300m: 14:35.54 34.71 | | |
| 150m: 1:34.43 32.51 | 550m: 6:02.42 33.15 | 950m: 10:35.80 34.36 | 1350m: 15:09.84 34.30 | | |
| 200m: 2:07.56 33.13 | 600m: 6:36.44 34.02 | 1000m: 11:09.96 34.16 | 1400m: 15:44.22 34.38 | | |
| 250m: 2:40.57 33.01 | 650m: 7:10.36 33.92 | 1050m: 11:44.09 34.13 | 1450m: 16:18.57 34.35 | | |
| 300m: 3:13.91 33.34 | 700m: 7:44.69 34.33 | 1100m: 12:18.24 34.15 | 1500m: 16:51.64 33.07 | | |
| 350m: 3:47.69 33.78 | 750m: 8:18.77 34.08 | 1150m: 12:52.47 34.23 | | | |
| 400m: 4:21.24 33.55 | 800m: 8:52.50 33.73 | 1200m: 13:26.92 34.45 | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 34, Chłopców, 1500m dowolny, JUNIOR MŁODSZY 16 LAT

| Pozycja | | | Wiek | | | | Czas | | | | Pkt. | CR | |
|---------|--------------------|---------|-------|-------|---------|-------|--------------------|----------|-------|--------|-----------------|-------|-------|
| 2. | KANCZKOWSKI Szymon | | 16 | | | | UKS Tri-Team Rumia | | | | 17:08.80 | 606 | +0,79 |
| | 50m: | 30.88 | 30.88 | 450m: | 5:05.53 | 35.01 | 850m: | 9:46.10 | 34.58 | 1250m: | 14:23.19 | 34.15 | |
| | 100m: | 1:04.47 | 33.59 | 500m: | 5:40.64 | 35.11 | 900m: | 10:20.89 | 34.79 | 1300m: | 14:57.72 | 34.53 | |
| | 150m: | 1:38.23 | 33.76 | 550m: | 6:15.79 | 35.15 | 950m: | 10:55.85 | 34.96 | 1350m: | 15:31.89 | 34.17 | |
| | 200m: | 2:12.27 | 34.04 | 600m: | 6:50.95 | 35.16 | 1000m: | 11:30.80 | 34.95 | 1400m: | 16:05.79 | 33.90 | |
| | 250m: | 2:46.32 | 34.05 | 650m: | 7:25.93 | 34.98 | 1050m: | 12:05.51 | 34.71 | 1450m: | 16:39.03 | 33.24 | |
| | 300m: | 3:20.88 | 34.56 | 700m: | 8:00.92 | 34.99 | 1100m: | 12:40.20 | 34.69 | 1500m: | 17:08.80 | 29.77 | |
| | 350m: | 3:55.65 | 34.77 | 750m: | 8:36.12 | 35.20 | 1150m: | 13:14.63 | 34.43 | | | | |
| | 400m: | 4:30.52 | 34.87 | 800m: | 9:11.52 | 35.40 | 1200m: | 13:49.04 | 34.41 | | | | |

JUNIOR 17-18 LAT

| | | | | | | | | | | | | | |
|----|------------------|---------|-------|-------|---------|-------|------------------------|----------|-------|--------|-----------------|-------|-------|
| 1. | MISKINIS Dziugas | | 18 | | | | Kauno Plaukimo Mokykla | | | | 16:18.22 | 705 | +0,75 |
| | 50m: | 28.67 | 28.67 | 450m: | 4:44.18 | 32.44 | 850m: | 9:05.27 | 32.79 | 1250m: | 13:31.71 | 33.74 | |
| | 100m: | 59.85 | 31.18 | 500m: | 5:16.38 | 32.20 | 900m: | 9:38.21 | 32.94 | 1300m: | 14:05.35 | 33.64 | |
| | 150m: | 1:31.50 | 31.65 | 550m: | 5:49.02 | 32.64 | 950m: | 10:11.52 | 33.31 | 1350m: | 14:38.98 | 33.63 | |
| | 200m: | 2:03.53 | 32.03 | 600m: | 6:21.34 | 32.32 | 1000m: | 10:44.58 | 33.06 | 1400m: | 15:12.30 | 33.32 | |
| | 250m: | 2:35.70 | 32.17 | 650m: | 6:54.09 | 32.75 | 1050m: | 11:17.95 | 33.37 | 1450m: | 15:45.88 | 33.58 | |
| | 300m: | 3:07.69 | 31.99 | 700m: | 7:26.71 | 32.62 | 1100m: | 11:50.85 | 32.90 | 1500m: | 16:18.22 | 32.34 | |
| | 350m: | 3:39.82 | 32.13 | 750m: | 7:59.80 | 33.09 | 1150m: | 12:24.42 | 33.57 | | | | |
| | 400m: | 4:11.74 | 31.92 | 800m: | 8:32.48 | 32.68 | 1200m: | 12:57.97 | 33.55 | | | | |

| | | | | | | | | | | | | | |
|----|------------|---------|-------|-------|---------|-------|--------------------------|----------|-------|--------|-----------------|-------|-------|
| 2. | LARY Jerzy | | 17 | | | | IUKS „Muszelka” Warszawa | | | | 16:29.51 | 682 | +0,75 |
| | 50m: | 29.39 | 29.39 | 450m: | 4:51.38 | 32.94 | 850m: | 9:17.90 | 33.24 | 1250m: | 13:44.69 | 33.20 | |
| | 100m: | 1:01.41 | 32.02 | 500m: | 5:24.48 | 33.10 | 900m: | 9:51.38 | 33.48 | 1300m: | 14:18.05 | 33.36 | |
| | 150m: | 1:34.03 | 32.62 | 550m: | 5:57.54 | 33.06 | 950m: | 10:24.52 | 33.14 | 1350m: | 14:51.28 | 33.23 | |
| | 200m: | 2:06.62 | 32.59 | 600m: | 6:30.99 | 33.45 | 1000m: | 10:57.99 | 33.47 | 1400m: | 15:24.65 | 33.37 | |
| | 250m: | 2:39.24 | 32.62 | 650m: | 7:04.32 | 33.33 | 1050m: | 11:31.21 | 33.22 | 1450m: | 15:57.50 | 32.85 | |
| | 300m: | 3:12.05 | 32.81 | 700m: | 7:37.91 | 33.59 | 1100m: | 12:04.49 | 33.28 | 1500m: | 16:29.51 | 32.01 | |
| | 350m: | 3:45.10 | 33.05 | 750m: | 8:11.17 | 33.26 | 1150m: | 12:38.04 | 33.55 | | | | |
| | 400m: | 4:18.44 | 33.34 | 800m: | 8:44.66 | 33.49 | 1200m: | 13:11.49 | 33.45 | | | | |

| | | | | | | | | | | | | | |
|----|-------------------|---------|-------|-------|---------|-------|------------------------|----------|-------|--------|-----------------|-------|-------|
| 3. | VAITUKAITIS Titas | | 17 | | | | Kauno Plaukimo Mokykla | | | | 16:59.93 | 622 | +0,80 |
| | 50m: | 29.46 | 29.46 | 450m: | 4:56.64 | 34.30 | 850m: | 9:32.03 | 34.87 | 1250m: | 14:11.42 | 35.18 | |
| | 100m: | 1:02.05 | 32.59 | 500m: | 5:30.30 | 33.66 | 900m: | 10:07.04 | 35.01 | 1300m: | 14:45.80 | 34.38 | |
| | 150m: | 1:34.89 | 32.84 | 550m: | 6:04.90 | 34.60 | 950m: | 10:42.04 | 35.00 | 1350m: | 15:20.22 | 34.42 | |
| | 200m: | 2:07.76 | 32.87 | 600m: | 6:38.70 | 33.80 | 1000m: | 11:17.05 | 35.01 | 1400m: | 15:54.02 | 33.80 | |
| | 250m: | 2:41.33 | 33.57 | 650m: | 7:13.24 | 34.54 | 1050m: | 11:52.04 | 34.99 | 1450m: | 16:27.89 | 33.87 | |
| | 300m: | 3:14.58 | 33.25 | 700m: | 7:47.64 | 34.40 | 1100m: | 12:26.75 | 34.71 | 1500m: | 16:59.93 | 32.04 | |
| | 350m: | 3:48.81 | 34.23 | 750m: | 8:22.44 | 34.80 | 1150m: | 13:01.46 | 34.71 | | | | |
| | 400m: | 4:22.34 | 33.53 | 800m: | 8:57.16 | 34.72 | 1200m: | 13:36.24 | 34.78 | | | | |

| | | | | | | | | | | | | | |
|----|-------------------|---------|-------|-------|---------|-------|----------|----------|-------|--------|-----------------|-------|-------|
| 4. | KOWALI SKI Adrian | | 17 | | | | WKS I sk | | | | 17:41.47 | 552 | +0,72 |
| | 50m: | 30.54 | 30.54 | 450m: | 5:07.64 | 35.12 | 850m: | 9:50.77 | 35.48 | 1250m: | 14:41.50 | 36.52 | |
| | 100m: | 1:04.09 | 33.55 | 500m: | 5:42.82 | 35.18 | 900m: | 10:26.68 | 35.91 | 1300m: | 15:18.21 | 36.71 | |
| | 150m: | 1:38.35 | 34.26 | 550m: | 6:18.11 | 35.29 | 950m: | 11:02.88 | 36.20 | 1350m: | 15:54.57 | 36.36 | |
| | 200m: | 2:12.87 | 34.52 | 600m: | 6:53.59 | 35.48 | 1000m: | 11:39.00 | 36.12 | 1400m: | 16:31.05 | 36.48 | |
| | 250m: | 2:47.65 | 34.78 | 650m: | 7:28.88 | 35.29 | 1050m: | 12:15.22 | 36.22 | 1450m: | 17:06.91 | 35.86 | |
| | 300m: | 3:22.72 | 35.07 | 700m: | 8:04.33 | 35.45 | 1100m: | 12:51.73 | 36.51 | 1500m: | 17:41.47 | 34.56 | |
| | 350m: | 3:57.44 | 34.72 | 750m: | 8:39.56 | 35.23 | 1150m: | 13:28.38 | 36.65 | | | | |
| | 400m: | 4:32.52 | 35.08 | 800m: | 9:15.29 | 35.73 | 1200m: | 14:04.98 | 36.60 | | | | |

| | | | | | | | | | | | | | |
|----|-----------------------------|---------|-------|-------|----------|-------|-----------------------|----------|-------|--------|-----------------|-------|-------|
| 5. | JANKIEWICZ DELGADO Jarosław | | 17 | | | | UKS Nawa Skierniewice | | | | 18:59.51 | 446 | +0,73 |
| | 50m: | 32.89 | 32.89 | 450m: | 5:35.78 | 37.65 | 850m: | 10:39.41 | 37.98 | 1250m: | 15:46.98 | 38.34 | |
| | 100m: | 1:09.56 | 36.67 | 500m: | 6:14.08 | 38.30 | 900m: | 11:17.74 | 38.33 | 1300m: | 16:26.22 | 39.24 | |
| | 150m: | 1:47.27 | 37.71 | 550m: | 6:51.79 | 37.71 | 950m: | 11:55.72 | 37.98 | 1350m: | 17:04.48 | 38.26 | |
| | 200m: | 2:25.32 | 38.05 | 600m: | 7:29.54 | 37.75 | 1000m: | 12:33.90 | 38.18 | 1400m: | 17:43.53 | 39.05 | |
| | 250m: | 3:03.56 | 38.24 | 650m: | 8:07.05 | 37.51 | 1050m: | 13:12.36 | 38.46 | 1450m: | 18:22.16 | 38.63 | |
| | 300m: | 3:41.49 | 37.93 | 700m: | 8:44.94 | 37.89 | 1100m: | 13:50.80 | 38.44 | 1500m: | 18:59.51 | 37.35 | |
| | 350m: | 4:19.93 | 38.44 | 750m: | 9:23.04 | 38.10 | 1150m: | 14:29.26 | 38.46 | | | | |
| | 400m: | 4:58.13 | 38.20 | 800m: | 10:01.43 | 38.39 | 1200m: | 15:08.64 | 39.38 | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 34, M czynn, 1500m dowolny

OPEN

| | | | | | |
|------------------------------|---------------------|---------------------------------|-----------------------|------------|--------------|
| 1. MRÓZ Adam | 20 | KU AZS UMCS Lublin | 16:10.91 | 722 | +0,74 |
| 50m: 29.53 29.53 | 450m: 4:46.87 32.82 | 850m: 9:06.90 33.04 | 1250m: 13:27.81 33.29 | | |
| 100m: 1:01.34 31.81 | 500m: 5:18.90 32.03 | 900m: 9:39.00 32.10 | 1300m: 14:00.17 32.36 | | |
| 150m: 1:33.57 32.23 | 550m: 5:51.70 32.80 | 950m: 10:12.05 33.05 | 1350m: 14:33.62 33.45 | | |
| 200m: 2:05.27 31.70 | 600m: 6:23.61 31.91 | 1000m: 10:44.75 32.70 | 1400m: 15:06.23 32.61 | | |
| 250m: 2:37.67 32.40 | 650m: 6:56.84 33.23 | 1050m: 11:17.67 32.92 | 1450m: 15:38.91 32.68 | | |
| 300m: 3:09.49 31.82 | 700m: 7:28.74 31.90 | 1100m: 11:49.47 31.80 | 1500m: 16:10.91 32.00 | | |
| 350m: 3:42.07 32.58 | 750m: 8:01.64 32.90 | 1150m: 12:21.58 32.11 | | | |
| 400m: 4:14.05 31.98 | 800m: 8:33.86 32.22 | 1200m: 12:54.52 32.94 | | | |
| 2. MISKINIS Dziugas | 18 | Kauno Plaukimo Mokykla | 16:18.22 | 705 | +0,75 |
| 50m: 28.67 28.67 | 450m: 4:44.18 32.44 | 850m: 9:05.27 32.79 | 1250m: 13:31.71 33.74 | | |
| 100m: 59.85 31.18 | 500m: 5:16.38 32.20 | 900m: 9:38.21 32.94 | 1300m: 14:05.35 33.64 | | |
| 150m: 1:31.50 31.65 | 550m: 5:49.02 32.64 | 950m: 10:11.52 33.31 | 1350m: 14:38.98 33.63 | | |
| 200m: 2:03.53 32.03 | 600m: 6:21.34 32.32 | 1000m: 10:44.58 33.06 | 1400m: 15:12.30 33.32 | | |
| 250m: 2:35.70 32.17 | 650m: 6:54.09 32.75 | 1050m: 11:17.95 33.37 | 1450m: 15:45.88 33.58 | | |
| 300m: 3:07.69 31.99 | 700m: 7:26.71 32.62 | 1100m: 11:50.85 32.90 | 1500m: 16:18.22 32.34 | | |
| 350m: 3:39.82 32.13 | 750m: 7:59.80 33.09 | 1150m: 12:24.42 33.57 | | | |
| 400m: 4:11.74 31.92 | 800m: 8:32.48 32.68 | 1200m: 12:57.97 33.55 | | | |
| 3. LARY Jerzy | 17 | IUKS „Muszelka” Warszawa | 16:29.51 | 682 | +0,75 |
| 50m: 29.39 29.39 | 450m: 4:51.38 32.94 | 850m: 9:17.90 33.24 | 1250m: 13:44.69 33.20 | | |
| 100m: 1:01.41 32.02 | 500m: 5:24.48 33.10 | 900m: 9:51.38 33.48 | 1300m: 14:18.05 33.36 | | |
| 150m: 1:34.03 32.62 | 550m: 5:57.54 33.06 | 950m: 10:24.52 33.14 | 1350m: 14:51.28 33.23 | | |
| 200m: 2:06.62 32.59 | 600m: 6:30.99 33.45 | 1000m: 10:57.99 33.47 | 1400m: 15:24.65 33.37 | | |
| 250m: 2:39.24 32.62 | 650m: 7:04.32 33.33 | 1050m: 11:31.21 33.22 | 1450m: 15:57.50 32.85 | | |
| 300m: 3:12.05 32.81 | 700m: 7:37.91 33.59 | 1100m: 12:04.49 33.28 | 1500m: 16:29.51 32.01 | | |
| 350m: 3:45.10 33.05 | 750m: 8:11.17 33.26 | 1150m: 12:38.04 33.55 | | | |
| 400m: 4:18.44 33.34 | 800m: 8:44.66 33.49 | 1200m: 13:11.49 33.45 | | | |
| 4. GRZEGORCZYK Wiktor | 21 | AZS AWF Warszawa | 16:30.02 | 681 | +0,71 |
| 50m: 29.86 29.86 | 450m: 4:51.11 32.92 | 850m: 9:16.10 33.41 | 1250m: 13:46.64 33.65 | | |
| 100m: 1:02.51 32.65 | 500m: 5:23.95 32.84 | 900m: 9:49.54 33.44 | 1300m: 14:20.50 33.86 | | |
| 150m: 1:35.30 32.79 | 550m: 5:56.87 32.92 | 950m: 10:23.37 33.83 | 1350m: 14:54.48 33.98 | | |
| 200m: 2:07.97 32.67 | 600m: 6:29.95 33.08 | 1000m: 10:57.16 33.79 | 1400m: 15:27.87 33.39 | | |
| 250m: 2:40.50 32.53 | 650m: 7:02.99 33.04 | 1050m: 11:31.22 34.06 | 1450m: 16:00.88 33.01 | | |
| 300m: 3:13.01 32.51 | 700m: 7:35.93 32.94 | 1100m: 12:05.03 33.81 | 1500m: 16:30.02 29.14 | | |
| 350m: 3:45.40 32.39 | 750m: 8:09.19 33.26 | 1150m: 12:39.01 33.98 | | | |
| 400m: 4:18.19 32.79 | 800m: 8:42.69 33.50 | 1200m: 13:12.99 33.98 | | | |
| 5. PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 16:51.64 | 638 | +0,69 |
| 50m: 29.54 29.54 | 450m: 4:55.47 34.23 | 850m: 9:26.77 34.27 | 1250m: 14:00.83 33.91 | | |
| 100m: 1:01.92 32.38 | 500m: 5:29.27 33.80 | 900m: 10:01.44 34.67 | 1300m: 14:35.54 34.71 | | |
| 150m: 1:34.43 32.51 | 550m: 6:02.42 33.15 | 950m: 10:35.80 34.36 | 1350m: 15:09.84 34.30 | | |
| 200m: 2:07.56 33.13 | 600m: 6:36.44 34.02 | 1000m: 11:09.96 34.16 | 1400m: 15:44.22 34.38 | | |
| 250m: 2:40.57 33.01 | 650m: 7:10.36 33.92 | 1050m: 11:44.09 34.13 | 1450m: 16:18.57 34.35 | | |
| 300m: 3:13.91 33.34 | 700m: 7:44.69 34.33 | 1100m: 12:18.24 34.15 | 1500m: 16:51.64 33.07 | | |
| 350m: 3:47.69 33.78 | 750m: 8:18.77 34.08 | 1150m: 12:52.47 34.23 | | | |
| 400m: 4:21.24 33.55 | 800m: 8:52.50 33.73 | 1200m: 13:26.92 34.45 | | | |
| 6. VAITUKAITIS Titas | 17 | Kauno Plaukimo Mokykla | 16:59.93 | 622 | +0,80 |
| 50m: 29.46 29.46 | 450m: 4:56.64 34.30 | 850m: 9:32.03 34.87 | 1250m: 14:11.42 35.18 | | |
| 100m: 1:02.05 32.59 | 500m: 5:30.30 33.66 | 900m: 10:07.04 35.01 | 1300m: 14:45.80 34.38 | | |
| 150m: 1:34.89 32.84 | 550m: 6:04.90 34.60 | 950m: 10:42.04 35.00 | 1350m: 15:20.22 34.42 | | |
| 200m: 2:07.76 32.87 | 600m: 6:38.70 33.80 | 1000m: 11:17.05 35.01 | 1400m: 15:54.02 33.80 | | |
| 250m: 2:41.33 33.57 | 650m: 7:13.24 34.54 | 1050m: 11:52.04 34.99 | 1450m: 16:27.89 33.87 | | |
| 300m: 3:14.58 33.25 | 700m: 7:47.64 34.40 | 1100m: 12:26.75 34.71 | 1500m: 16:59.93 32.04 | | |
| 350m: 3:48.81 34.23 | 750m: 8:22.44 34.80 | 1150m: 13:01.46 34.71 | | | |
| 400m: 4:22.34 33.53 | 800m: 8:57.16 34.72 | 1200m: 13:36.24 34.78 | | | |
| 7. GUVENIUS Pijus | 20 | Kauno Plaukimo Mokykla | 17:00.68 | 621 | +0,76 |
| 50m: 30.39 30.39 | 450m: 5:02.67 34.09 | 850m: 9:36.03 34.48 | 1250m: 14:11.83 34.91 | | |
| 100m: 1:03.65 33.26 | 500m: 5:36.64 33.97 | 900m: 10:10.53 34.50 | 1300m: 14:46.33 34.50 | | |
| 150m: 1:37.56 33.91 | 550m: 6:10.77 34.13 | 950m: 10:45.21 34.68 | 1350m: 15:20.59 34.26 | | |
| 200m: 2:11.48 33.92 | 600m: 6:44.53 33.76 | 1000m: 11:19.43 34.22 | 1400m: 15:55.04 34.45 | | |
| 250m: 2:45.84 34.36 | 650m: 7:18.56 34.03 | 1050m: 11:53.86 34.43 | 1450m: 16:29.00 33.96 | | |
| 300m: 3:19.97 34.13 | 700m: 7:52.56 34.00 | 1100m: 12:28.07 34.21 | 1500m: 17:00.68 31.68 | | |
| 350m: 3:54.63 34.66 | 750m: 8:27.23 34.67 | 1150m: 13:02.55 34.48 | | | |
| 400m: 4:28.58 33.95 | 800m: 9:01.55 34.32 | 1200m: 13:36.92 34.37 | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 34, M czynn, 1500m dowolny, OPEN

| Pozycja | | | Wiek | | | | Czas | | | | Pkt. | CR | |
|------------|---------------------------|---------|-----------|-------|---------|-------|-----------------------------|----------|-------|--------|-----------------|------------|--------------|
| 8. | GOŁACKI Sergiusz | | 19 | | | | UKS 190 Łód | | | | 17:05.95 | 611 | +0,68 |
| | 50m: | 30.21 | 30.21 | 450m: | 4:59.74 | 34.26 | 850m: | 9:36.26 | 34.91 | 1250m: | 14:15.00 | 34.54 | |
| | 100m: | 1:03.69 | 33.48 | 500m: | 5:33.65 | 33.91 | 900m: | 10:11.18 | 34.92 | 1300m: | 14:49.77 | 34.77 | |
| | 150m: | 1:37.32 | 33.63 | 550m: | 6:07.83 | 34.18 | 950m: | 10:46.19 | 35.01 | 1350m: | 15:24.19 | 34.42 | |
| | 200m: | 2:10.57 | 33.25 | 600m: | 6:42.30 | 34.47 | 1000m: | 11:20.79 | 34.60 | 1400m: | 15:58.12 | 33.93 | |
| | 250m: | 2:44.04 | 33.47 | 650m: | 7:16.95 | 34.65 | 1050m: | 11:56.00 | 35.21 | 1450m: | 16:32.35 | 34.23 | |
| | 300m: | 3:17.64 | 33.60 | 700m: | 7:51.40 | 34.45 | 1100m: | 12:30.86 | 34.86 | 1500m: | 17:05.95 | 33.60 | |
| | 350m: | 3:51.68 | 34.04 | 750m: | 8:26.37 | 34.97 | 1150m: | 13:05.47 | 34.61 | | | | |
| | 400m: | 4:25.48 | 33.80 | 800m: | 9:01.35 | 34.98 | 1200m: | 13:40.46 | 34.99 | | | | |
| 9. | KANCZKOWSKI Szymon | | 16 | | | | UKS Tri-Team Rumia | | | | 17:08.80 | 606 | +0,79 |
| | 50m: | 30.88 | 30.88 | 450m: | 5:05.53 | 35.01 | 850m: | 9:46.10 | 34.58 | 1250m: | 14:23.19 | 34.15 | |
| | 100m: | 1:04.47 | 33.59 | 500m: | 5:40.64 | 35.11 | 900m: | 10:20.89 | 34.79 | 1300m: | 14:57.72 | 34.53 | |
| | 150m: | 1:38.23 | 33.76 | 550m: | 6:15.79 | 35.15 | 950m: | 10:55.85 | 34.96 | 1350m: | 15:31.89 | 34.17 | |
| | 200m: | 2:12.27 | 34.04 | 600m: | 6:50.95 | 35.16 | 1000m: | 11:30.80 | 34.95 | 1400m: | 16:05.79 | 33.90 | |
| | 250m: | 2:46.32 | 34.05 | 650m: | 7:25.93 | 34.98 | 1050m: | 12:05.51 | 34.71 | 1450m: | 16:39.03 | 33.24 | |
| | 300m: | 3:20.88 | 34.56 | 700m: | 8:00.92 | 34.99 | 1100m: | 12:40.20 | 34.69 | 1500m: | 17:08.80 | 29.77 | |
| | 350m: | 3:55.65 | 34.77 | 750m: | 8:36.12 | 35.20 | 1150m: | 13:14.63 | 34.43 | | | | |
| | 400m: | 4:30.52 | 34.87 | 800m: | 9:11.52 | 35.40 | 1200m: | 13:49.04 | 34.41 | | | | |
| 10. | CHARKOT Krzysztof | | 15 | | | | KU AZS UMCS Lublin | | | | 17:10.15 | 604 | +0,71 |
| | 50m: | 30.14 | 30.14 | 450m: | 5:00.45 | 33.88 | 850m: | 9:36.97 | 34.93 | 1250m: | 14:17.52 | 35.38 | |
| | 100m: | 1:03.07 | 32.93 | 500m: | 5:34.48 | 34.03 | 900m: | 10:11.52 | 34.55 | 1300m: | 14:52.38 | 34.86 | |
| | 150m: | 1:36.83 | 33.76 | 550m: | 6:08.17 | 33.69 | 950m: | 10:46.57 | 35.05 | 1350m: | 15:27.32 | 34.94 | |
| | 200m: | 2:10.56 | 33.73 | 600m: | 6:42.71 | 34.54 | 1000m: | 11:21.59 | 35.02 | 1400m: | 16:02.22 | 34.90 | |
| | 250m: | 2:44.35 | 33.79 | 650m: | 7:17.20 | 34.49 | 1050m: | 11:56.62 | 35.03 | 1450m: | 16:37.53 | 35.31 | |
| | 300m: | 3:18.23 | 33.88 | 700m: | 7:52.02 | 34.82 | 1100m: | 12:31.90 | 35.28 | 1500m: | 17:10.15 | 32.62 | |
| | 350m: | 3:52.31 | 34.08 | 750m: | 8:26.94 | 34.92 | 1150m: | 13:07.14 | 35.24 | | | | |
| | 400m: | 4:26.57 | 34.26 | 800m: | 9:02.04 | 35.10 | 1200m: | 13:42.14 | 35.00 | | | | |
| 11. | WIRASZKA Piotr | | 14 | | | | UKS „GIM 92 Ursynów” | | | | 17:16.23 | 593 | +0,70 |
| | 50m: | 31.04 | 31.04 | 450m: | 5:06.40 | 34.90 | 850m: | 9:44.51 | 34.38 | 1250m: | 14:23.73 | 35.22 | |
| | 100m: | 1:04.56 | 33.52 | 500m: | 5:41.11 | 34.71 | 900m: | 10:19.04 | 34.53 | 1300m: | 14:58.83 | 35.10 | |
| | 150m: | 1:39.13 | 34.57 | 550m: | 6:16.06 | 34.95 | 950m: | 10:53.77 | 34.73 | 1350m: | 15:33.70 | 34.87 | |
| | 200m: | 2:13.18 | 34.05 | 600m: | 6:50.85 | 34.79 | 1000m: | 11:28.86 | 35.09 | 1400m: | 16:07.93 | 34.23 | |
| | 250m: | 2:48.05 | 34.87 | 650m: | 7:25.80 | 34.95 | 1050m: | 12:03.70 | 34.84 | 1450m: | 16:42.37 | 34.44 | |
| | 300m: | 3:22.04 | 33.99 | 700m: | 8:00.95 | 35.15 | 1100m: | 12:38.58 | 34.88 | 1500m: | 17:16.23 | 33.86 | |
| | 350m: | 3:56.78 | 34.74 | 750m: | 8:36.12 | 35.17 | 1150m: | 13:13.40 | 34.82 | | | | |
| | 400m: | 4:31.50 | 34.72 | 800m: | 9:10.13 | 34.01 | 1200m: | 13:48.51 | 35.11 | | | | |
| 12. | CHAŁAT Wojciech | | 19 | | | | KU AZS UMCS Lublin | | | | 17:16.68 | 593 | +0,72 |
| | 50m: | 30.33 | 30.33 | 450m: | 5:05.23 | 35.19 | 850m: | 9:46.96 | 35.13 | 1250m: | 14:22.74 | 35.01 | |
| | 100m: | 1:03.91 | 33.58 | 500m: | 5:40.34 | 35.11 | 900m: | 10:21.53 | 34.57 | 1300m: | 14:57.25 | 34.51 | |
| | 150m: | 1:37.96 | 34.05 | 550m: | 6:15.46 | 35.12 | 950m: | 10:55.74 | 34.21 | 1350m: | 15:32.40 | 35.15 | |
| | 200m: | 2:12.22 | 34.26 | 600m: | 6:50.80 | 35.34 | 1000m: | 11:30.15 | 34.41 | 1400m: | 16:07.03 | 34.63 | |
| | 250m: | 2:46.70 | 34.48 | 650m: | 7:25.91 | 35.11 | 1050m: | 12:04.35 | 34.20 | 1450m: | 16:42.66 | 35.63 | |
| | 300m: | 3:21.05 | 34.35 | 700m: | 8:01.69 | 35.78 | 1100m: | 12:38.95 | 34.60 | 1500m: | 17:16.68 | 34.02 | |
| | 350m: | 3:55.56 | 34.51 | 750m: | 8:36.89 | 35.20 | 1150m: | 13:13.28 | 34.33 | | | | |
| | 400m: | 4:30.04 | 34.48 | 800m: | 9:11.83 | 34.94 | 1200m: | 13:47.73 | 34.45 | | | | |
| 13. | KOWALI SKI Adrian | | 17 | | | | WKS I sk | | | | 17:41.47 | 552 | +0,72 |
| | 50m: | 30.54 | 30.54 | 450m: | 5:07.64 | 35.12 | 850m: | 9:50.77 | 35.48 | 1250m: | 14:41.50 | 36.52 | |
| | 100m: | 1:04.09 | 33.55 | 500m: | 5:42.82 | 35.18 | 900m: | 10:26.68 | 35.91 | 1300m: | 15:18.21 | 36.71 | |
| | 150m: | 1:38.35 | 34.26 | 550m: | 6:18.11 | 35.29 | 950m: | 11:02.88 | 36.20 | 1350m: | 15:54.57 | 36.36 | |
| | 200m: | 2:12.87 | 34.52 | 600m: | 6:53.59 | 35.48 | 1000m: | 11:39.00 | 36.12 | 1400m: | 16:31.05 | 36.48 | |
| | 250m: | 2:47.65 | 34.78 | 650m: | 7:28.88 | 35.29 | 1050m: | 12:15.22 | 36.22 | 1450m: | 17:06.91 | 35.86 | |
| | 300m: | 3:22.72 | 35.07 | 700m: | 8:04.33 | 35.45 | 1100m: | 12:51.73 | 36.51 | 1500m: | 17:41.47 | 34.56 | |
| | 350m: | 3:57.44 | 34.72 | 750m: | 8:39.56 | 35.23 | 1150m: | 13:28.38 | 36.65 | | | | |
| | 400m: | 4:32.52 | 35.08 | 800m: | 9:15.29 | 35.73 | 1200m: | 14:04.98 | 36.60 | | | | |
| 14. | PAWLAK Dawid | | 15 | | | | UKS 190 Łód | | | | 17:51.60 | 537 | +0,82 |
| | 50m: | 30.35 | 30.35 | 450m: | 5:11.90 | 36.02 | 850m: | 10:01.16 | 36.52 | 1250m: | 14:53.92 | 37.27 | |
| | 100m: | 1:04.14 | 33.79 | 500m: | 5:48.26 | 36.36 | 900m: | 10:37.81 | 36.65 | 1300m: | 15:31.22 | 37.30 | |
| | 150m: | 1:38.96 | 34.82 | 550m: | 6:23.84 | 35.58 | 950m: | 11:14.81 | 37.00 | 1350m: | 16:07.51 | 36.29 | |
| | 200m: | 2:13.60 | 34.64 | 600m: | 6:59.98 | 36.14 | 1000m: | 11:50.88 | 36.07 | 1400m: | 16:43.37 | 35.86 | |
| | 250m: | 2:49.77 | 36.17 | 650m: | 7:36.68 | 36.70 | 1050m: | 12:26.77 | 35.89 | 1450m: | 17:19.33 | 35.96 | |
| | 300m: | 3:24.87 | 35.10 | 700m: | 8:12.84 | 36.16 | 1100m: | 13:02.90 | 36.13 | 1500m: | 17:51.60 | 32.27 | |
| | 350m: | 4:00.44 | 35.57 | 750m: | 8:49.11 | 36.27 | 1150m: | 13:40.41 | 37.51 | | | | |
| | 400m: | 4:35.88 | 35.44 | 800m: | 9:24.64 | 35.53 | 1200m: | 14:16.65 | 36.24 | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 34, M czynn, 1500m dowolny, OPEN

| Pozycja | | | Wiek | | | | Czas | Pkt. | CR |
|---------|-----------------------------|---------------|-------|------------------------|--------|----------------|-----------------|----------------|-------|
| 15. | TARASIEWICZ Piotr | | 14 | UKP „Polonia Warszawa” | | | 18:21.78 | 494 | +0,72 |
| | 50m: | 31.75 31.75 | 450m: | 5:22.01 36.74 | 850m: | 10:20.20 36.63 | 1250m: | 15:19.62 37.60 | |
| | 100m: | 1:07.08 35.33 | 500m: | 5:59.11 37.10 | 900m: | 10:57.25 37.05 | 1300m: | 15:56.65 37.03 | |
| | 150m: | 1:42.86 35.78 | 550m: | 6:36.44 37.33 | 950m: | 11:34.97 37.72 | 1350m: | 16:33.22 36.57 | |
| | 200m: | 2:19.04 36.18 | 600m: | 7:13.85 37.41 | 1000m: | 12:12.45 37.48 | 1400m: | 17:10.49 37.27 | |
| | 250m: | 2:55.03 35.99 | 650m: | 7:51.36 37.51 | 1050m: | 12:49.75 37.30 | 1450m: | 17:46.98 36.49 | |
| | 300m: | 3:31.55 36.52 | 700m: | 8:28.65 37.29 | 1100m: | 13:26.72 36.97 | 1500m: | 18:21.78 34.80 | |
| | 350m: | 4:08.36 36.81 | 750m: | 9:06.15 37.50 | 1150m: | 14:04.66 37.94 | | | |
| | 400m: | 4:45.27 36.91 | 800m: | 9:43.57 37.42 | 1200m: | 14:42.02 37.36 | | | |
| 16. | JANKIEWICZ DELGADO Jarosław | | 17 | UKS Nawa Skierniewice | | | 18:59.51 | 446 | +0,73 |
| | 50m: | 32.89 32.89 | 450m: | 5:35.78 37.65 | 850m: | 10:39.41 37.98 | 1250m: | 15:46.98 38.34 | |
| | 100m: | 1:09.56 36.67 | 500m: | 6:14.08 38.30 | 900m: | 11:17.74 38.33 | 1300m: | 16:26.22 39.24 | |
| | 150m: | 1:47.27 37.71 | 550m: | 6:51.79 37.71 | 950m: | 11:55.72 37.98 | 1350m: | 17:04.48 38.26 | |
| | 200m: | 2:25.32 38.05 | 600m: | 7:29.54 37.75 | 1000m: | 12:33.90 38.18 | 1400m: | 17:43.53 39.05 | |
| | 250m: | 3:03.56 38.24 | 650m: | 8:07.05 37.51 | 1050m: | 13:12.36 38.46 | 1450m: | 18:22.16 38.63 | |
| | 300m: | 3:41.49 37.93 | 700m: | 8:44.94 37.89 | 1100m: | 13:50.80 38.44 | 1500m: | 18:59.51 37.35 | |
| | 350m: | 4:19.93 38.44 | 750m: | 9:23.04 38.10 | 1150m: | 14:29.26 38.46 | | | |
| | 400m: | 4:58.13 38.20 | 800m: | 10:01.43 38.39 | 1200m: | 15:08.64 39.38 | | | |
| 17. | CHOJNACKI Bartosz | | 19 | UKS Olympic Warka | | | 21:22.27 | 313 | +0,75 |
| | 50m: | 32.58 32.58 | 450m: | 5:56.49 43.62 | 850m: | 11:55.32 44.77 | 1250m: | 17:48.40 43.28 | |
| | 100m: | 1:08.84 36.26 | 500m: | 6:40.78 44.29 | 900m: | 12:39.65 44.33 | 1300m: | 18:32.26 43.86 | |
| | 150m: | 1:46.91 38.07 | 550m: | 7:26.08 45.30 | 950m: | 13:23.34 43.69 | 1350m: | 19:15.12 42.86 | |
| | 200m: | 2:26.13 39.22 | 600m: | 8:10.24 44.16 | 1000m: | 14:08.22 44.88 | 1400m: | 19:57.76 42.64 | |
| | 250m: | 3:07.14 41.01 | 650m: | 8:55.11 44.87 | 1050m: | 14:52.39 44.17 | 1450m: | 20:40.25 42.49 | |
| | 300m: | 3:47.94 40.80 | 700m: | 9:40.09 44.98 | 1100m: | 15:36.34 43.95 | 1500m: | 21:22.27 42.02 | |
| | 350m: | 4:30.00 42.06 | 750m: | 10:25.12 45.03 | 1150m: | 16:20.63 44.29 | | | |
| | 400m: | 5:12.87 42.87 | 800m: | 11:10.55 45.43 | 1200m: | 17:05.12 44.49 | | | |

NW GEBAUER Wolfgang 15 MTP Kormoran Olsztyn

Konkurencja 27 M czynn, 100m dowolny 14 lat i starsi
05.11.2023 - 11:15 Wyniki

| | | | | | |
|-----------------------|-------|-------------------|-------|------------------|------------|
| Rekord Polski Open | 48.22 | CZERNIAK Konrad | 00603 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 19 - 23 | 48.22 | CZERNIAK Konrad | 00603 | Rome (ITA) | 29.07.2009 |
| Rekord Polski 18 | 49.20 | CHOWANIEC Mateusz | 01711 | Lublin | 01.05.2021 |
| Rekord Polski 17 | 49.35 | KRASKA Jakub | 01305 | Netanya (ISR) | 30.06.2017 |
| Rekord Polski 16 | 50.10 | ORLICZ Filip | 05114 | Łódź | 25.05.2018 |
| Rekord Polski 15 | 50.97 | ORLICZ Filip | 05114 | Targoviste (ROU) | 08.12.2017 |
| Rekord Polski 14 | 52.64 | STAWICKI Mateusz | | Ostrowiec w. | 09.07.2023 |

Minimum - IO - Pary (Francja) Open: 48.34 / Minimum - M - Doha (Katar) Open: 48.51

Punkty: FINA 2023

| Pozycja | | | Wiek | | Czas | Pkt. | CR | 50m | 100m |
|------------------------------|-------------------------|--|------|------------------------------------|------|----------------|-----|-------|-------------|
| JUNIOR MŁODSZY 14 LAT | | | | | | | | | |
| 1. | POTRZEBOWSKI Franciszek | | 14 | UKP „Polonia Warszawa” | | 57.15 | 551 | +0,70 | 27.57 29.58 |
| 2. | MARYJOWSKI Marcin | | 14 | WKS I sk | | 57.44 | 542 | +0,67 | 27.76 29.68 |
| 3. | WŁODARCZYK Michał | | 14 | UKP „Polonia Warszawa” | | 57.49 | 541 | +0,66 | 27.36 30.13 |
| 4. | GRABI SKI Szymon | | 14 | WKS I sk | | 57.62 | 537 | +0,58 | 27.76 29.86 |
| 5. | ZGODA Bartosz | | 14 | UKP „Polonia Warszawa” | | 1:00.34 | 468 | | 29.11 31.23 |
| 6. | SZUBERT-OLSZACKI Piotr | | 14 | KP Raw-Swim | | 1:00.79 | 458 | | 29.56 31.23 |
| 7. | SAPKOWSKI Michał | | 14 | Mi dzyszkolny UKS „Olimpijczyk” St | | 1:01.75 | 437 | | 30.08 31.67 |
| 8. | SZCZEPANIAK Maciej | | 14 | UKS 48 Warszawa ródmi cie | | 1:03.36 | 404 | | 30.00 33.36 |
| 9. | SIECZEK Bartosz | | 14 | UKP „Polonia Warszawa” | | 1:04.01 | 392 | | 30.30 33.71 |
| NW | LIPI SKI Krystian | | 14 | MTP Kormoran Olsztyn | | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 27, M czynn, 100m dowolny

JUNIOR MŁODSZY 15 LAT

| | | | | | | | | |
|-----|-----------------------|----|----------------------------------|----------------|-----|-------|-------|-------|
| 1. | RADZIKOWSKI Szymon | 15 | WKS I sk | 54.76 | 626 | +0,71 | 26.53 | 28.23 |
| 2. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 54.82 | 624 | +0,62 | 26.50 | 28.32 |
| 3. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 55.82 | 591 | +0,70 | 26.46 | 29.36 |
| 4. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 56.22 | 579 | +0,72 | 26.51 | 29.71 |
| 5. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wod | 56.26 | 577 | +0,70 | 26.69 | 29.57 |
| 6. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 56.90 | 558 | +0,63 | 27.43 | 29.47 |
| 7. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 57.64 | 537 | +0,72 | 27.63 | 30.01 |
| 8. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 57.98 | 527 | +0,74 | 27.18 | 30.80 |
| 9. | MADEY Ryszard | 15 | UKS GOS Raszyn | 58.67 | 509 | +0,64 | 27.59 | 31.08 |
| 10. | SUCHOCKI Jan | 15 | SWIMLAND Olsztyn | 59.50 | 488 | +0,75 | 28.41 | 31.09 |
| 11. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 1:00.38 | 467 | +0,69 | 28.65 | 31.73 |

JUNIOR MŁODSZY 16 LAT

| | | | | | | | | |
|----|----------------------------|----|----------------------------------|----------------|-----|-------|-------|-------|
| 1. | REDZI SKI VEL RYDZY SKI M6 | 16 | KU AZS UMCS Lublin | 54.71 | 628 | +0,66 | 26.36 | 28.35 |
| 2. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wod | 55.54 | 600 | +0,66 | 26.77 | 28.77 |
| 3. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 55.68 | 596 | +0,73 | 26.12 | 29.56 |
| 4. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 57.23 | 548 | +0,65 | 27.44 | 29.79 |
| 5. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 58.18 | 522 | +0,62 | 27.68 | 30.50 |
| 6. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 59.00 | 501 | +0,81 | 28.55 | 30.45 |
| 7. | UKLEJA Szymon | 16 | UKS Olympic Warka | 59.50 | 488 | | 27.27 | 32.23 |
| 8. | LENARD Radosław | 16 | MTP „Lublinianka” | 1:01.51 | 442 | | 29.85 | 31.66 |

JUNIOR 17-18 LAT

| | | | | | | | | |
|-----|-----------------------|----|----------------------------------|----------------|-----|-------|-------|-------|
| 1. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi cie | 52.61 | 706 | +0,66 | 25.54 | 27.07 |
| 2. | TKACZ Wiktor | 18 | MKS Piaseczno | 52.90 | 695 | +0,67 | 24.82 | 28.08 |
| 3. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 53.32 | 678 | +0,70 | 26.02 | 27.30 |
| 4. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wod | 54.21 | 645 | +0,70 | 26.39 | 27.82 |
| 5. | HEBEL Maciej | 18 | AZS AWF Katowice | 54.29 | 643 | +0,67 | 26.49 | 27.80 |
| 6. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 55.34 | 607 | +0,74 | 26.54 | 28.80 |
| 7. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 55.52 | 601 | +0,63 | 26.90 | 28.62 |
| 8. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi cie | 56.14 | 581 | +0,66 | 27.34 | 28.80 |
| 9. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 56.52 | 569 | +0,73 | 27.11 | 29.41 |
| 10. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 56.94 | 557 | +0,61 | 26.78 | 30.16 |
| 11. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 57.43 | 543 | +0,76 | 27.45 | 29.98 |
| 12. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 57.83 | 532 | +0,76 | 27.64 | 30.19 |
| 13. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 59.41 | 490 | +0,67 | 28.05 | 31.36 |
| 14. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 59.69 | 483 | +0,68 | 28.84 | 30.85 |
| 15. | KRYSZCZUK Karol | 17 | UKS Pi tka Konstantynów Łódzki | 1:02.25 | 426 | | 29.81 | 32.44 |
| 16. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 1:03.01 | 411 | | 30.28 | 32.73 |
| 17. | KULIKOVSKYI Vladyslav | 18 | Mokotowski UKP Warszawianka- Wc | 1:04.28 | 387 | | 30.11 | 34.17 |

OPEN

| | | | | | | | | |
|-----|--------------------|----|----------------------------------|--------------|-----|-------|-------|-------|
| 1. | MAJCHRZAK Kacper | 31 | KS Warta Pozna | 49.40 | 853 | +0,69 | 23.99 | 25.41 |
| 2. | DUDYS Dominik | 21 | AZS AWF Katowice | 49.71 | 837 | +0,66 | 23.99 | 25.72 |
| 3. | CHOWANIEC Mateusz | 20 | AZS AWF Katowice | 49.80 | 833 | +0,60 | 24.19 | 25.61 |
| 4. | SIERADZKI Kamil | 21 | AZS AWF Katowice | 49.95 | 825 | +0,71 | 24.08 | 25.87 |
| 5. | KRASKA Jakub | 23 | AZS Łód | 50.34 | 806 | +0,74 | 24.41 | 25.93 |
| 6. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 50.35 | 806 | +0,68 | 24.57 | 25.78 |
| 7. | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 50.80 | 784 | +0,63 | 23.71 | 27.09 |
| 8. | JAWORSKI Szymon | 22 | AZS AWF Katowice | 51.83 | 739 | +0,62 | 24.83 | 27.00 |
| 9. | GULI SKI Maciej | 19 | Ku Azs Uw | 51.95 | 733 | +0,61 | 24.73 | 27.22 |
| 10. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródmi cie | 52.61 | 706 | +0,66 | 25.54 | 27.07 |
| 11. | KAŁU Y SKI Antoni | 24 | Ku Azs Uw | 52.73 | 701 | +0,75 | 25.25 | 27.48 |
| 12. | TKACZ Wiktor | 18 | MKS Piaseczno | 52.90 | 695 | +0,67 | 24.82 | 28.08 |
| 13. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 53.32 | 678 | +0,70 | 26.02 | 27.30 |
| 14. | CHRZANOWSKI Damian | 25 | WKS I sk | 53.46 | 673 | +0,63 | 25.95 | 27.51 |
| 15. | HANF Szymon | 20 | KS AZS AGH Kraków | 54.17 | 647 | +0,70 | 25.98 | 28.19 |
| 16. | YEVDOKYMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wod | 54.21 | 645 | +0,70 | 26.39 | 27.82 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 27, M czynn, 100m dowolny, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR | 50m | 100m | |
|---------|-----------------------------|--------------------|------------------------------------|----------------|-------|-------|-------|-------|
| 17. | HEBEL Maciej | 18 | AZS AWF Katowice | 54.29 | 643 | +0,67 | 26.49 | 27.80 |
| 18. | REDZI SKI VEL RYDZY SKI M16 | KU AZS UMCS Lublin | 54.71 | 628 | +0,66 | 26.36 | 28.35 | |
| 19. | RADZIKOWSKI Szymon | 15 | WKS I sk | 54.76 | 626 | +0,71 | 26.53 | 28.23 |
| 20. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 54.82 | 624 | +0,62 | 26.50 | 28.32 |
| 21. | KUCHARSKI Paweł | 18 | AZS AWF Katowice | 55.34 | 607 | +0,74 | 26.54 | 28.80 |
| 22. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 55.52 | 601 | +0,63 | 26.90 | 28.62 |
| 23. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wod | 55.54 | 600 | +0,66 | 26.77 | 28.77 |
| 24. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 55.68 | 596 | +0,73 | 26.12 | 29.56 |
| 25. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 55.82 | 591 | +0,70 | 26.46 | 29.36 |
| 26. | DUBINIAK Kacper | 17 | UKS 48 Warszawa ródmi cie | 56.14 | 581 | +0,66 | 27.34 | 28.80 |
| 27. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 56.22 | 579 | +0,72 | 26.51 | 29.71 |
| 28. | KRYSTY SKI Aleksander | 19 | KS AZS AGH Kraków | 56.24 | 578 | +0,71 | 26.62 | 29.62 |
| 29. | KRAWCZYK Jakub | 15 | Mokotowski UKP Warszawianka- Wod | 56.26 | 577 | +0,70 | 26.69 | 29.57 |
| 30. | SIENKIEWICZ Ignacy | 18 | AZS AWF Warszawa | 56.52 | 569 | +0,73 | 27.11 | 29.41 |
| 31. | SERGA Andrii | 20 | KS „OLIMPIA” Lublin | 56.83 | 560 | +0,67 | 27.08 | 29.75 |
| 32. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 56.90 | 558 | +0,63 | 27.43 | 29.47 |
| 33. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 56.94 | 557 | +0,61 | 26.78 | 30.16 |
| 34. | PRUSZY SKI Michał | 19 | TP Zielona Góra | 57.13 | 551 | +0,68 | 26.63 | 30.50 |
| 35. | POTRZEBOWSKI Franciszek | 14 | UKP „Polonia Warszawa” | 57.15 | 551 | +0,70 | 27.57 | 29.58 |
| 36. | PONIEWA Oliwier | 16 | KU AZS UMCS Lublin | 57.23 | 548 | +0,65 | 27.44 | 29.79 |
| 37. | LE NIEWSKI Patryk | 20 | UKS Pi tka Konstantynów Łódzki | 57.40 | 544 | +0,67 | 27.12 | 30.28 |
| 38. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 57.43 | 543 | +0,76 | 27.45 | 29.98 |
| 39. | MARYJOWSKI Marcin | 14 | WKS I sk | 57.44 | 542 | +0,67 | 27.76 | 29.68 |
| 40. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 57.49 | 541 | +0,66 | 27.36 | 30.13 |
| 41. | GRABI SKI Szymon | 14 | WKS I sk | 57.62 | 537 | +0,58 | 27.76 | 29.86 |
| 42. | WASILEWSKI Mateusz | 15 | KU AZS UMCS Lublin | 57.64 | 537 | +0,72 | 27.63 | 30.01 |
| 43. | NOWACKI Jacek | 18 | MTP Kormoran Olsztyn | 57.83 | 532 | +0,76 | 27.64 | 30.19 |
| 44. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 57.98 | 527 | +0,74 | 27.18 | 30.80 |
| 45. | JURCZAK Kacper | 22 | SWIMLAND Olsztyn | 58.07 | 525 | +0,64 | 26.78 | 31.29 |
| 46. | KRASKA Mateusz | 16 | KU AZS UMCS Lublin | 58.18 | 522 | +0,62 | 27.68 | 30.50 |
| 47. | MADEY Ryszard | 15 | UKS GOS Raszyn | 58.67 | 509 | +0,64 | 27.59 | 31.08 |
| 48. | MIELCZAREK Maciej | 16 | UKP „Polonia Warszawa” | 59.00 | 501 | +0,81 | 28.55 | 30.45 |
| 49. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 59.41 | 490 | +0,67 | 28.05 | 31.36 |
| 50. | SUCHOCKI Jan | 15 | SWIMLAND Olsztyn | 59.50 | 488 | +0,75 | 28.41 | 31.09 |
| | UKLEJA Szymon | 16 | UKS Olympic Warka | 59.50 | 488 | | 27.27 | 32.23 |
| 52. | CHODA Maciej | 17 | MTP Kormoran Olsztyn | 59.69 | 483 | +0,68 | 28.84 | 30.85 |
| 53. | ZGODA Bartosz | 14 | UKP „Polonia Warszawa” | 1:00.34 | 468 | | 29.11 | 31.23 |
| 54. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 1:00.38 | 467 | +0,69 | 28.65 | 31.73 |
| 55. | SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 1:00.79 | 458 | | 29.56 | 31.23 |
| 56. | LENARD Radosław | 16 | MTP „Lublinianka” | 1:01.51 | 442 | | 29.85 | 31.66 |
| 57. | SAPKOWSKI Michał | 14 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:01.75 | 437 | | 30.08 | 31.67 |
| 58. | KRYSZCZUK Karol | 17 | UKS Pi tka Konstantynów Łódzki | 1:02.25 | 426 | | 29.81 | 32.44 |
| 59. | SOKOŁOWSKI Franciszek | 17 | MTP Kormoran Olsztyn | 1:03.01 | 411 | | 30.28 | 32.73 |
| 60. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródmi cie | 1:03.36 | 404 | | 30.00 | 33.36 |
| 61. | SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 1:04.01 | 392 | | 30.30 | 33.71 |
| 62. | KULIKOVSKYI Vladyslav | 18 | Mokotowski UKP Warszawianka- Wc | 1:04.28 | 387 | | 30.11 | 34.17 |
| NW | LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | | | | |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 31
05.11.2023 - 11:18

M cyczn, 50m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|-----------------------|-------|-----------------|-------|-------------|------------|
| Rekord Polski Open | 23.07 | CZERNIAK Konrad | 00603 | Kazan (RUS) | 02.08.2015 |
| Rekord Polski 19 - 23 | 23.32 | SMOLI SKI Paweł | | Łódź | 01.05.2022 |
| Rekord Polski 18 | 23.59 | MASIUK Ksawery | | Łódź | 01.05.2022 |
| Rekord Polski 17 | 23.95 | CZAPLA Kacper | 00316 | Lublin | 30.04.2021 |
| Rekord Polski 16 | 24.48 | MASIUK Ksawery | 05114 | Ravne (SLO) | 02.08.2020 |
| Rekord Polski 15 | 24.54 | CZAPLA Kacper | 00316 | Oswi cim | 06.07.2019 |
| Rekord Polski 14 | 25.21 | BRZÓSKA Jan | 05114 | Warszawa | 04.12.2020 |

Minimum - M - Doha (Katar) Open: 23.05

Punkty: FINA 2023

| Pozycja | Wiek | | Czas | Pkt. | CR |
|------------------------------|------|---|--------------|------|-------|
| JUNIOR MŁODSZY 14 LAT | | | | | |
| 1. | 14 | JONCZAK Marcel RWKS Sparta Biłgoraj | 27.76 | 516 | +0,68 |
| 2. | 14 | KULANIN Kornel RWKS Sparta Biłgoraj | 28.56 | 474 | +0,62 |
| 3. | 14 | WŁODARCZYK Michał UKP „Polonia Warszawa” | 28.93 | 456 | +0,68 |
| 4. | 14 | SZCZEPANIAK Maciej UKS 48 Warszawa ródnie cie | 29.43 | 433 | +0,73 |
| 5. | 14 | KAMIE SKI Stanisław UKP „Polonia Warszawa” | 29.63 | 424 | +0,66 |
| 6. | 14 | GRASZA Mateusz RWKS Sparta Biłgoraj | 30.04 | 407 | +0,73 |
| 7. | 14 | SZUBERT-OLSZACKI Piotr KP Raw-Swim | 30.69 | 382 | +0,69 |
| 8. | 14 | SIECZEK Bartosz UKP „Polonia Warszawa” | 34.61 | 266 | +0,80 |
| NW | 14 | LIPI SKI Krystian MTP Kormoran Olsztyn | | | |

JUNIOR MŁODSZY 15 LAT

| | | | | | |
|-----|----|---|--------------|-----|-------|
| 1. | 15 | SZYMCZYK Michał UKS GOS Raszyn | 25.44 | 670 | +0,61 |
| 2. | 15 | POLKOWSKI Piotr UKP „Polonia Warszawa” | 26.07 | 623 | +0,65 |
| 3. | 15 | MAISTRUK Yehor UKS Tri-Team Rumia | 26.85 | 570 | +0,65 |
| 4. | 15 | GWIAZDOWSKI Krzysztof MKS Piaseczno | 27.07 | 556 | +0,60 |
| 5. | 15 | KARWAT Bartłomiej UKS Nawa Skierniewice | 27.31 | 542 | +0,62 |
| 6. | 15 | POLONIUS Filip KS Górnik Radlin | 27.35 | 539 | +0,71 |
| 7. | 15 | KUMANOWSKI Jan KP Raw-Swim | 27.36 | 539 | +0,62 |
| 8. | 15 | TURCHAK Dmytro KS „OLIMPIA” Lublin | 27.57 | 527 | +0,60 |
| 9. | 15 | MADEY Ryszard UKS GOS Raszyn | 28.05 | 500 | +0,63 |
| 10. | 15 | PIETROWSKI Julian UKS Nawa Skierniewice | 28.12 | 496 | +0,71 |
| 11. | 15 | MAJEWSKI Piotr KP Raw-Swim | 28.18 | 493 | +0,68 |
| 12. | 15 | SKULSKI Ryszard UKS Olympic Warka | 28.28 | 488 | +0,69 |
| 13. | 15 | LESZCZY SKI Filip UKS 190 Łódź | 28.96 | 454 | +0,73 |
| 14. | 15 | D BROWSKI Wojciech UKP Jedyńka Elbl g | 29.04 | 450 | +0,75 |
| 15. | 15 | OL DZKI Daniel UKP „Polonia Warszawa” | 29.34 | 437 | +0,74 |
| 16. | 15 | TUPALSKI Natan UKP „Polonia Warszawa” | 29.92 | 412 | +0,75 |
| 17. | 15 | CHOROSZEWSKI Ignacy SWIMLAND Olsztyn | 31.50 | 353 | +0,71 |

JUNIOR MŁODSZY 16 LAT

| | | | | | |
|----|----|---|--------------|-----|-------|
| 1. | 16 | MRÓZ Szymon MKP „Wodnik 29” Tychy | 25.26 | 685 | +0,63 |
| 2. | 16 | DZIK Kamil UKP „Polonia Warszawa” | 26.41 | 599 | +0,71 |
| 3. | 16 | KOZAKIEWICZ Aleksander Mokotowski UKP Warszawianka- Wodny | 27.88 | 509 | +0,67 |
| 4. | 16 | STAWIARSKI Oskar UKP „Polonia Warszawa” | 29.29 | 439 | +0,67 |
| 5. | 16 | BRODOWSKI Michał UKS Nawa Skierniewice | 29.95 | 411 | +0,72 |
| 6. | 16 | UKLEJA Szymon UKS Olympic Warka | 30.71 | 381 | +0,71 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 31, M czynn, 50m motylkowy

JUNIOR 17-18 LAT

| | | | | | | |
|----|-------------------|----|------------------------------------|---------------|-----|-------|
| 1. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 25.85 | 639 | +0,66 |
| 2. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródemie cie | 26.50 | 593 | +0,66 |
| 3. | YEVDOKIMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | F26.95 | 564 | +0,66 |
| 4. | MADEY Konrad | 17 | UKS GOS Raszyn | 27.07 | 556 | +0,64 |
| 5. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 27.39 | 537 | +0,63 |
| 6. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 27.54 | 528 | +0,61 |
| 7. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 27.96 | 505 | +0,71 |
| 8. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 29.46 | 431 | +0,62 |
| 9. | KRUPA Borys | 17 | UKP „Polonia Warszawa” | 30.08 | 405 | +0,65 |

OPEN

| | | | | | | |
|-----|------------------------|----|------------------------------------|---------------|-----|-------|
| 1. | JA KIEWICZ Adrian | 21 | UKS G-8 Bielany Warszawa | 23.89 | 810 | +0,67 |
| 2. | MAJERSKI Jakub | 23 | AZS AWF Katowice | 24.14 | 785 | +0,66 |
| 3. | KOSI SKI Filip | 19 | AZS AWF Warszawa | 24.86 | 718 | +0,70 |
| 4. | GULI SKI Maciej | 19 | Ku Azs Uw | 24.92 | 713 | +0,71 |
| 5. | DUDYS Dominik | 21 | AZS AWF Katowice | 24.96 | 710 | +0,63 |
| | SMOLI SKI Paweł | 22 | AZS AWF Katowice | 24.96 | 710 | +0,63 |
| 7. | MRÓZ Szymon | 16 | MKP „Wodnik 29” Tychy | 25.26 | 685 | +0,63 |
| 8. | SAGAN Jakub | 21 | AZS AWF Katowice | 25.31 | 681 | +0,63 |
| 9. | SZYMCZYK Michał | 15 | UKS GOS Raszyn | 25.44 | 670 | +0,61 |
| 10. | WIEK Wiktor | 20 | Buks | 25.54 | 662 | +0,72 |
| 11. | CIARCZY SKI Janusz | 22 | MKP Szczecin | 25.75 | 646 | +0,73 |
| 12. | OGRODNIK Wojciech | 20 | KU AZS UMCS Lublin | 25.79 | 643 | +0,62 |
| 13. | OLEWNICZAK Maciej | 18 | UKP „Polonia Warszawa” | 25.85 | 639 | +0,66 |
| 14. | HANF Szymon | 20 | KS AZS AGH Kraków | 26.04 | 625 | +0,71 |
| 15. | POLKOWSKI Piotr | 15 | UKP „Polonia Warszawa” | 26.07 | 623 | +0,65 |
| 16. | DZIK Kamil | 16 | UKP „Polonia Warszawa” | 26.41 | 599 | +0,71 |
| 17. | MIENICKI Rafał | 17 | UKS 48 Warszawa ródemie cie | 26.50 | 593 | +0,66 |
| 18. | KRYSTY SKI Aleksander | 19 | KS AZS AGH Kraków | 26.63 | 584 | +0,70 |
| 19. | MAISTRUK Yehor | 15 | UKS Tri-Team Rumia | 26.85 | 570 | +0,65 |
| 20. | YEVDOKIMOV Dmytro | 17 | Mokotowski UKP Warszawianka- Wodny | F26.95 | 564 | +0,66 |
| 21. | GWIAZDOWSKI Krzysztof | 15 | MKS Piaseczno | 27.07 | 556 | +0,60 |
| | MADEY Konrad | 17 | UKS GOS Raszyn | 27.07 | 556 | +0,64 |
| 23. | KARWAT Bartłomiej | 15 | UKS Nawa Skierniewice | 27.31 | 542 | +0,62 |
| 24. | POLONIUS Filip | 15 | KS Górnik Radlin | 27.35 | 539 | +0,71 |
| 25. | KUMANOWSKI Jan | 15 | KP Raw-Swim | 27.36 | 539 | +0,62 |
| 26. | LE NIEWSKI Wiktor | 17 | UKP „Polonia Warszawa” | 27.39 | 537 | +0,63 |
| 27. | OKTABOWICZ Piotr | 17 | UKS Olympic Warka | 27.54 | 528 | +0,61 |
| 28. | TURCHAK Dmytro | 15 | KS „OLIMPIA” Lublin | 27.57 | 527 | +0,60 |
| 29. | JONCZAK Marcel | 14 | RWKS Sparta Biłgoraj | 27.76 | 516 | +0,68 |
| 30. | KOZAKIEWICZ Aleksander | 16 | Mokotowski UKP Warszawianka- Wodny | F27.88 | 509 | +0,67 |
| 31. | LESI SKI Jakub | 18 | UKS Nawa Skierniewice | 27.96 | 505 | +0,71 |
| 32. | MADEY Ryszard | 15 | UKS GOS Raszyn | 28.05 | 500 | +0,63 |
| 33. | PIETROWSKI Julian | 15 | UKS Nawa Skierniewice | 28.12 | 496 | +0,71 |
| 34. | MAJEWSKI Piotr | 15 | KP Raw-Swim | 28.18 | 493 | +0,68 |
| 35. | SKULSKI Ryszard | 15 | UKS Olympic Warka | 28.28 | 488 | +0,69 |
| 36. | KULANIN Kornel | 14 | RWKS Sparta Biłgoraj | 28.56 | 474 | +0,62 |
| 37. | WŁODARCZYK Michał | 14 | UKP „Polonia Warszawa” | 28.93 | 456 | +0,68 |
| 38. | LESZCZY SKI Filip | 15 | UKS 190 Łódź | 28.96 | 454 | +0,73 |
| 39. | D BROWSKI Wojciech | 15 | UKP Jedyńka Elbl g | 29.04 | 450 | +0,75 |
| 40. | STAWIARSKI Oskar | 16 | UKP „Polonia Warszawa” | 29.29 | 439 | +0,67 |
| 41. | OL DZKI Daniel | 15 | UKP „Polonia Warszawa” | 29.34 | 437 | +0,74 |
| 42. | SZCZEPANIAK Maciej | 14 | UKS 48 Warszawa ródemie cie | 29.43 | 433 | +0,73 |
| 43. | MASZEWSKI Mikołaj | 17 | UKS Nawa Skierniewice | 29.46 | 431 | +0,62 |
| 44. | KAMIE SKI Stanisław | 14 | UKP „Polonia Warszawa” | 29.63 | 424 | +0,66 |

Arena Grand Prix Puchar Polski
Lublin, 4. - 5.11.2023

Konkurencja 31, M czynn, 50m motylkowy, OPEN

| Pozycja | Wiek | | Czas | Pkt. | CR |
|----------------------------|------|------------------------|--------------|------|-------|
| 45. TUPALSKI Natan | 15 | UKP „Polonia Warszawa” | 29.92 | 412 | +0,75 |
| 46. BRODOWSKI Michał | 16 | UKS Nawa Skierniewice | 29.95 | 411 | +0,72 |
| 47. GRASZA Mateusz | 14 | RWKS Sparta Biłgoraj | 30.04 | 407 | +0,73 |
| 48. KRUPA Borys | 17 | UKP „Polonia Warszawa” | 30.08 | 405 | +0,65 |
| 49. SZUBERT-OLSZACKI Piotr | 14 | KP Raw-Swim | 30.69 | 382 | +0,69 |
| 50. UKLEJA Szymon | 16 | UKS Olympic Warka | 30.71 | 381 | +0,71 |
| 51. CHOROSZEWSKI Ignacy | 15 | SWIMLAND Olsztyn | 31.50 | 353 | +0,71 |
| 52. SIECZEK Bartosz | 14 | UKP „Polonia Warszawa” | 34.61 | 266 | +0,80 |
| 53. JURCZAK Kacper | 22 | SWIMLAND Olsztyn | 35.98 | 237 | +0,82 |
| NW SERGA Andrii | 20 | KS „OLIMPIA” Lublin | | | |
| NW LIPI SKI Krystian | 14 | MTP Kormoran Olsztyn | | | |