

Mistrzostwa Polski OPEN i Młodzie owców
Lublin, 25. - 28.4.2024

Konkurencja 18 M czyzn, 400m zmienny OPEN
26.04.2024 - 11:42 Wyniki Eliminacje

Rekord Polski Open	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 19 - 23	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 18	4:18.40	MATCZAK Mateusz	00905	Antwerp (BEL)	22.07.2007
Rekord Polski 17	4:20.27	MATCZAK Mateusz	00905	Palma de Mallorca (ESP)	06.07.2006
Rekord Polski 16	4:26.91	KĄŁUSOWSKI Jan	00905	Ostrowiec Sw	15.07.2016
Rekord Polski 15	4:30.55	KĄŁUSOWSKI Jan	00905	Ostrowiec Sw	10.07.2015
Rekord Polski 14	4:39.38	SOBEK Nikodem	02303	Berlin (GER)	16.12.2016

Minimum kwalifikacyjne ME Juniorów - Wilno 2024 14 - 18: 4:30.20 / Olimpijski Czas Kwalifikacji OQT - Pary 2024 Open: 4:12.50 /
Minimum kwalifikacyjne ME Seniorów - Belgrad 2024 Open: 4:20.05

Punkty: FINA 2024

Pozycja			Wiek			Czas	Pkt.		
1.	KNOP Amadeusz		20	UKS "GIM 92 Ursynów"		4:29.66	727	A	
	50m:	27.87	27.87	150m:	1:34.23	34.31	250m:	2:46.67	39.33
	100m:	59.92	32.05	200m:	2:07.34	33.11	300m:	3:26.64	39.97
							350m:	3:58.91	32.27
							400m:	4:29.66	30.75
2.	MAJOR Erik		17	MKS Park Wodny Tarnowskie Góry		4:30.13	723	A	
	<i>minimum kwalifikacyjne ME Juniorów</i>								
	50m:	28.31	28.31	150m:	1:37.07	35.59	250m:	2:49.24	37.29
	100m:	1:01.48	33.17	200m:	2:11.95	34.88	300m:	3:28.80	39.56
							350m:	4:00.13	31.33
							400m:	4:30.13	30.00
3.	KAPAŁA Bartosz		18	MTP Kormoran Olsztyn		4:31.79	710	A	
	50m:	29.59	29.59	150m:	1:38.01	36.13	250m:	2:51.69	39.55
	100m:	1:01.88	32.29	200m:	2:12.14	34.13	300m:	3:30.95	39.26
							350m:	4:02.09	31.14
							400m:	4:31.79	29.70
4.	PIELA Michał		20	UKP Unia O wi cim		4:33.67	695	A	
	50m:	28.47	28.47	150m:	1:37.50	36.26	250m:	2:52.95	40.12
	100m:	1:01.24	32.77	200m:	2:12.83	35.33	300m:	3:31.27	38.32
							350m:	4:02.78	31.51
							400m:	4:33.67	30.89
5.	KRY Radosław		17	MKP Szczecin		4:34.14	692	A	
	50m:	28.57	28.57	150m:	1:36.16	35.12	250m:	2:50.11	39.35
	100m:	1:01.04	32.47	200m:	2:10.76	34.60	300m:	3:30.11	40.00
							350m:	4:02.56	32.45
							400m:	4:34.14	31.58
6.	POPIEL Mikołaj		18	KU AZS UMCS Lublin		4:34.26	691	A	
	50m:	28.02	28.02	150m:	1:37.45	36.46	250m:	2:52.32	38.87
	100m:	1:00.99	32.97	200m:	2:13.45	36.00	300m:	3:31.33	39.01
							350m:	4:04.28	32.95
							400m:	4:34.26	29.98
7.	MILKOWSKI Mikołaj		17	AZS AWF Warszawa		4:35.00	685	A	
	50m:	27.75	27.75	150m:	1:35.21	35.59	250m:	2:49.82	39.56
	100m:	59.62	31.87	200m:	2:10.26	35.05	300m:	3:30.91	41.09
							350m:	4:03.22	32.31
							400m:	4:35.00	31.78
8.	NOWACKI Bła ej		19	KU AZS UMCS Lublin		4:35.38	682	A	
	50m:	27.63	27.63	150m:	1:36.47	36.41	250m:	2:50.83	38.28
	100m:	1:00.06	32.43	200m:	2:12.55	36.08	300m:	3:30.61	39.78
							350m:	4:03.50	32.89
							400m:	4:35.38	31.88
9.	MRÓZ Adam		21	KU AZS UMCS Lublin		4:36.45	674	A	
	50m:	28.71	28.71	150m:	1:38.47	36.52	250m:	2:53.81	38.87
	100m:	1:01.95	33.24	200m:	2:14.94	36.47	300m:	3:33.53	39.72
							350m:	4:05.72	32.19
							400m:	4:36.45	30.73
10.	OŁOWNIA Ignacy		17	KS Delfin Gdynia		4:37.83	664	A	
	50m:	29.70	29.70	150m:	1:39.61	35.99	250m:	2:54.89	40.66
	100m:	1:03.62	33.92	200m:	2:14.23	34.62	300m:	3:35.66	40.77
							350m:	4:07.64	31.98
							400m:	4:37.83	30.19
11.	LARY Jerzy		18	IUKS „Muszelka” Warszawa		4:37.95	664	B	
	50m:	29.98	29.98	150m:	1:39.96	36.88	250m:	2:55.18	39.78
	100m:	1:03.08	33.10	200m:	2:15.40	35.44	300m:	3:35.64	40.46
							350m:	4:07.65	32.01
							400m:	4:37.95	30.30
12.	TARCZY SKI Bartosz		17	UKS 190 Łód		4:37.98	663	B	
	50m:	28.45	28.45	150m:	1:40.36	38.52	250m:	2:54.67	38.34
	100m:	1:01.84	33.39	200m:	2:16.33	35.97	300m:	3:33.10	38.43
							350m:	4:06.73	33.63
							400m:	4:37.98	31.25



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Konkurencja 18, M czynn, 400m zmienny, Eliminacje, OPEN

Pozycja					Wiek					Czas	Pkt.	
13.	KUCZAK Adam				24	AZS AWF Katowice				4:38.33	661	B
	50m:	28.47	28.47	150m:	1:38.20	36.19	250m:	2:53.59	39.37	350m:	4:07.61	33.17
	100m:	1:02.01	33.54	200m:	2:14.22	36.02	300m:	3:34.44	40.85	400m:	4:38.33	30.72
14.	TARASIEWICZ Piotr				15	UKP "Polonia Warszawa"				4:38.46	660	B
	50m:	29.61	29.61	150m:	1:41.75	37.21	250m:	2:56.13	37.79	350m:	4:06.86	31.75
	100m:	1:04.54	34.93	200m:	2:18.34	36.59	300m:	3:35.11	38.98	400m:	4:38.46	31.60
15.	KOZŁOWSKI Igor				19	KU AZS UMCS Lublin				4:40.05	649	B
	50m:	28.21	28.21	150m:	1:38.40	37.16	250m:	2:54.48	40.18	350m:	4:08.68	33.80
	100m:	1:01.24	33.03	200m:	2:14.30	35.90	300m:	3:34.88	40.40	400m:	4:40.05	31.37
16.	WIRASZKA Piotr				15	UKS "GIM 92 Ursynów"				4:41.75	637	B
	50m:	29.12	29.12	150m:	1:40.63	37.59	250m:	2:56.73	39.77	350m:	4:09.58	31.76
	100m:	1:03.04	33.92	200m:	2:16.96	36.33	300m:	3:37.82	41.09	400m:	4:41.75	32.17
17.	WIDERSKI Miłosz				16	MKS Jedyńka Łód				4:43.62	625	B
	50m:	28.40	28.40	150m:	1:38.37	36.67	250m:	2:55.18	40.47	350m:	4:10.94	33.71
	100m:	1:01.70	33.30	200m:	2:14.71	36.34	300m:	3:37.23	42.05	400m:	4:43.62	32.68
18.	WI NIEWSKI Wiktor				17	UKP Unia O wi cim				4:43.87	623	B
	50m:	28.17	28.17	150m:	1:40.98	39.13	250m:	2:58.61	39.87	350m:	4:12.67	33.24
	100m:	1:01.85	33.68	200m:	2:18.74	37.76	300m:	3:39.43	40.82	400m:	4:43.87	31.20
19.	JARCZEWSKI Franciszek				19	MKS Jedyńka Łód				4:47.52	599	B
	50m:	29.50	29.50	150m:	1:41.28	37.78	250m:	3:00.31	41.41	350m:	4:15.58	33.34
	100m:	1:03.50	34.00	200m:	2:18.90	37.62	300m:	3:42.24	41.93	400m:	4:47.52	31.94
20.	DZIEDZIC Michał				15	UKS "ORKA" Luba				4:48.88	591	B
	50m:	28.87	28.87	150m:	1:40.88	38.34	250m:	3:00.99	42.68	350m:	4:16.85	32.65
	100m:	1:02.54	33.67	200m:	2:18.31	37.43	300m:	3:44.20	43.21	400m:	4:48.88	32.03
21.	HALKIEWICZ Maciej				16	UKS "Omega" Olkusz				4:48.96	591	R
	50m:	28.63	28.63	150m:	1:39.73	36.90	250m:	2:58.51	42.45	350m:	4:16.01	34.65
	100m:	1:02.83	34.20	200m:	2:16.06	36.33	300m:	3:41.36	42.85	400m:	4:48.96	32.95
22.	PORWIK Kacper				18	UKP Unia O wi cim				4:50.06	584	R
	50m:	28.70	28.70	150m:	1:40.12	36.66	250m:	2:57.00	40.50	350m:	4:15.16	35.69
	100m:	1:03.46	34.76	200m:	2:16.50	36.38	300m:	3:39.47	42.47	400m:	4:50.06	34.90
23.	KNOPP Jarosław				20	MUKS "Pi tnałka"				4:50.85	579	
	50m:	28.26	28.26	150m:	1:40.90	37.70	250m:	3:00.35	41.58	350m:	4:18.11	34.79
	100m:	1:03.20	34.94	200m:	2:18.77	37.87	300m:	3:43.32	42.97	400m:	4:50.85	32.74
24.	ZIELI SKI Szymon				15	MKP Szczecin				4:51.16	577	
	50m:	28.62	28.62	150m:	1:42.15	40.02	250m:	3:01.30	40.42	350m:	4:18.18	33.44
	100m:	1:02.13	33.51	200m:	2:20.88	38.73	300m:	3:44.74	43.44	400m:	4:51.16	32.98
25.	SZYMA SKI Igor				19	MUKS "Pi tnałka"				4:52.04	572	
	50m:	30.13	30.13	150m:	1:47.28	41.21	250m:	3:06.08	38.14	350m:	4:19.24	34.17
	100m:	1:06.07	35.94	200m:	2:27.94	40.66	300m:	3:45.07	38.99	400m:	4:52.04	32.80
26.	DZIERKACZ Igor				19	MKS SP 63 Bydgoszcz				4:53.79	562	
	50m:	29.83	29.83	150m:	1:44.39	39.43	250m:	3:07.77	43.32	350m:	4:23.00	31.16
	100m:	1:04.96	35.13	200m:	2:24.45	40.06	300m:	3:51.84	44.07	400m:	4:53.79	30.79
27.	KARWAT Bartłomiej				16	UKS Nawa Skierniewice				4:55.54	552	
	50m:	30.59	30.59	150m:	1:45.18	38.75	250m:	3:05.99	43.49	350m:	4:23.40	34.36
	100m:	1:06.43	35.84	200m:	2:22.50	37.32	300m:	3:49.04	43.05	400m:	4:55.54	32.14
28.	CZY Adam				18	Stowarzyszenie SIEMACHA				4:56.59	546	
	50m:	29.55	29.55	150m:	1:45.18	39.86	250m:	3:05.93	42.62	350m:	4:23.41	34.59
	100m:	1:05.32	35.77	200m:	2:23.31	38.13	300m:	3:48.82	42.89	400m:	4:56.59	33.18

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Pozycja			Wiek				Czas				Pkt.	
29.	JOACHIMOWICZ Patryk		16	KU AZS UMCS Lublin			4:58.58				535	
	50m:	29.72	29.72	150m:	1:45.84	39.44	250m:	3:06.74	43.22	350m:	4:24.67	33.91
	100m:	1:06.40	36.68	200m:	2:23.52	37.68	300m:	3:50.76	44.02	400m:	4:58.58	33.91
30.	ZAWADZKI Jakub		18	UKS Ruch Grudzi dz			5:03.72				508	
	50m:	30.10	30.10	150m:	1:44.75	38.87	250m:	3:06.11	43.85	350m:	4:27.67	36.61
	100m:	1:05.88	35.78	200m:	2:22.26	37.51	300m:	3:51.06	44.95	400m:	5:03.72	36.05
31.	MURAS Szymon		18	MKS "IKAR" Stal Mielec			5:11.66				471	
	50m:	30.62	30.62	150m:	1:48.46	41.15	250m:	3:11.15	42.39	350m:	4:33.92	38.26
	100m:	1:07.31	36.69	200m:	2:28.76	40.30	300m:	3:55.66	44.51	400m:	5:11.66	37.74
32.	SIEMASZKO Leon		14	UKS "GIM 92 Ursynów"			5:18.40				441	
	50m:	31.50	31.50	150m:	1:53.90	43.48	250m:	3:17.66	40.52	350m:	4:40.00	38.47
	100m:	1:10.42	38.92	200m:	2:37.14	43.24	300m:	4:01.53	43.87	400m:	5:18.40	38.40
33.	OSTASZEWSKI Szymon		14	UKS "Skalar" Warszawa			5:22.23				426	
	50m:	32.32	32.32	150m:	1:55.16	42.83	250m:	3:24.09	46.59	350m:	4:47.48	37.39
	100m:	1:12.33	40.01	200m:	2:37.50	42.34	300m:	4:10.09	46.00	400m:	5:22.23	34.75
34.	JABŁO SKI Maciej		14	MKS AVIA widnik			5:36.43				374	
	50m:	35.27	35.27	150m:	2:02.05	45.22	250m:	3:32.57	48.83	350m:	5:00.64	40.37
	100m:	1:16.83	41.56	200m:	2:43.74	41.69	300m:	4:20.27	47.70	400m:	5:36.43	35.79
35.	NOWICKI Filip		14	KU AZS UMCS Lublin			5:47.96				338	
	50m:	33.48	33.48	150m:	2:01.25	46.40	250m:	3:34.88	48.26	350m:	5:08.31	41.53
	100m:	1:14.85	41.37	200m:	2:46.62	45.37	300m:	4:26.78	51.90	400m:	5:47.96	39.65