

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 21. - 22.6.2024

Konkurencja 12
21.06.2024 - 17:50

M czyzn, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP Open	4:19.87	WITKOWSKI Jan	01003	Szczecin	28.05.2016
Rekord LOZP 19 +	4:19.87	WITKOWSKI Jan	01003	Szczecin	28.05.2016
Rekord LOZP 18	4:25.01	WITKOWSKI Jan	01003	Oswiecim	18.07.2012
Rekord LOZP 17	4:28.77	POPIEL Mikołaj	03103	Olsztyn	27.04.2023
Rekord LOZP 16	4:34.48	CERTA Maciej	00603	Gorzow Wlkp.	30.11.2007
Rekord LOZP 15	4:38.80	SOBEK Nikodem	02503	Lublin	14.07.2017
Rekord LOZP 14	4:39.38	SOBEK Nikodem	02303	Berlin (GER)	16.12.2016
Rekord LOZP 13	4:58.51	SOBEK Nikodem	02303	Berlin (GER)	18.12.2015
Rekord LOZP 12	5:40.45	KLIZA Mateusz	00303	Krasnik	17.06.2006

Punkty: FINA 2024

Pozycja			Wiek					Czas	Pkt.
MŁODZIK									
1.	DANYLUK Piotr		12	MKS AVIA widnik				6:02.48	299
	50m:	40.18 40.18	150m:	2:17.30 48.29	250m:	3:55.01 51.77	350m:	5:25.96 41.02	
	100m:	1:29.01 48.83	200m:	3:03.24 45.94	300m:	4:44.94 49.93	400m:	6:02.48 36.52	
2.	PALKA Dominik		12	RWKS Sparta Biłgoraj				6:02.87	298
	50m:	41.17 41.17	150m:	2:16.90 47.21	250m:	3:54.28 51.35	350m:	5:25.75 41.17	
	100m:	1:29.69 48.52	200m:	3:02.93 46.03	300m:	4:44.58 50.30	400m:	6:02.87 37.12	
3.	KORONA Ignacy		13	MKS AVIA widnik				6:31.72	237
	50m:	39.87 39.87	150m:	2:21.14 52.15	250m:	4:05.60 54.29	350m:	5:50.27 46.94	
	100m:	1:28.99 49.12	200m:	3:11.31 50.17	300m:	5:03.33 57.73	400m:	6:31.72 41.45	

JUNIOR MŁODSZY

1.	JABŁO SKI Maciej		14	MKS AVIA widnik				5:19.22	438
	50m:	34.85 34.85	150m:	1:54.97 40.27	250m:	3:19.70 45.20	350m:	4:42.80 38.24	
	100m:	1:14.70 39.85	200m:	2:34.50 39.53	300m:	4:04.56 44.86	400m:	5:19.22 36.42	
2.	WRONKA Adam		14	KS „Wisła” Puławy				5:34.59	380
	50m:	35.42 35.42	150m:	2:00.99 44.17	250m:	3:33.09 49.89	350m:	4:59.52 36.92	
	100m:	1:16.82 41.40	200m:	2:43.20 42.21	300m:	4:22.60 49.51	400m:	5:34.59 35.07	
3.	NOWICKI Filip		14	KU AZS UMCS Lublin				5:37.87	369
	50m:	33.74 33.74	150m:	1:59.26 45.28	250m:	3:32.20 48.19	350m:	5:00.96 39.00	
	100m:	1:13.98 40.24	200m:	2:44.01 44.75	300m:	4:21.96 49.76	400m:	5:37.87 36.91	
4.	MIAZEK Michał		15	MKS AVIA widnik				5:49.10	335
	50m:	35.65 35.65	150m:	2:03.90 44.82	250m:	3:37.02 48.56	350m:	5:08.38 42.60	
	100m:	1:19.08 43.43	200m:	2:48.46 44.56	300m:	4:25.78 48.76	400m:	5:49.10 40.72	
5.	LESZKOWICZ Hubert		14	UKS „ORKA” Zamo				5:54.96	318
	50m:	35.70 35.70	150m:	2:07.69 47.63	250m:	3:43.49 48.45	350m:	5:15.96 41.16	
	100m:	1:20.06 44.36	200m:	2:55.04 47.35	300m:	4:34.80 51.31	400m:	5:54.96 39.00	
6.	MAZUR Alan		15	UKS „ORKA” Zamo				6:07.97	286
	50m:	36.12 36.12	150m:	2:07.91 48.13	250m:	3:49.84 54.80	350m:	5:29.39 43.19	
	100m:	1:19.78 43.66	200m:	2:55.04 47.13	300m:	4:46.20 56.36	400m:	6:07.97 38.58	

OPEN

1.	SUCHA SKI Filip		19	UKS 51 Lublin				4:43.38	626
	50m:	28.86 28.86	150m:	1:40.13 37.28	250m:	3:00.41 44.89	350m:	4:13.20 30.10	
	100m:	1:02.85 33.99	200m:	2:15.52 35.39	300m:	3:43.10 42.69	400m:	4:43.38 30.18	
2.	JOACHIMOWICZ Patryk		16	KU AZS UMCS Lublin				4:48.21	595
	50m:	29.17 29.17	150m:	1:43.36 39.35	250m:	3:02.50 41.16	350m:	4:16.04 32.65	
	100m:	1:04.01 34.84	200m:	2:21.34 37.98	300m:	3:43.39 40.89	400m:	4:48.21 32.17	
3.	JABŁO SKI Maciej		14	MKS AVIA widnik				5:19.22	438
	50m:	34.85 34.85	150m:	1:54.97 40.27	250m:	3:19.70 45.20	350m:	4:42.80 38.24	
	100m:	1:14.70 39.85	200m:	2:34.50 39.53	300m:	4:04.56 44.86	400m:	5:19.22 36.42	
4.	KRAKOWIAK Dawid		16	UKS SP5 Swim				5:33.76	383
	50m:	33.68 33.68	150m:	2:00.30 47.87	250m:	3:32.35 46.18	350m:	4:58.32 39.68	
	100m:	1:12.43 38.75	200m:	2:46.17 45.87	300m:	4:18.64 46.29	400m:	5:33.76 35.44	

Główne Mistrzostwa Województwa Lubelskiego
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Konkurencja 12, M czynn, 400m zmienny, OPEN

Pozycja					Wiek					Czas	Pkt.	
5.	WRONKA Adam				14	KS „Wisła” Puławy				5:34.59	380	
	50m:	35.42	35.42	150m:	2:00.99	44.17	250m:	3:33.09	49.89	350m:	4:59.52	36.92
	100m:	1:16.82	41.40	200m:	2:43.20	42.21	300m:	4:22.60	49.51	400m:	5:34.59	35.07
6.	NOWICKI Filip				14	KU AZS UMCS Lublin				5:37.87	369	
	50m:	33.74	33.74	150m:	1:59.26	45.28	250m:	3:32.20	48.19	350m:	5:00.96	39.00
	100m:	1:13.98	40.24	200m:	2:44.01	44.75	300m:	4:21.96	49.76	400m:	5:37.87	36.91
7.	MIAZEK Michał				15	MKS AVIA widnik				5:49.10	335	
	50m:	35.65	35.65	150m:	2:03.90	44.82	250m:	3:37.02	48.56	350m:	5:08.38	42.60
	100m:	1:19.08	43.43	200m:	2:48.46	44.56	300m:	4:25.78	48.76	400m:	5:49.10	40.72
8.	BARABAN Damian				16	KS „Wisła” Puławy				5:52.94	324	
	50m:	33.24	33.24	150m:	2:01.29	46.86	250m:	3:40.68	53.68	350m:	5:15.10	38.86
	100m:	1:14.43	41.19	200m:	2:47.00	45.71	300m:	4:36.24	55.56	400m:	5:52.94	37.84
9.	LESZKOWICZ Hubert				14	UKS „ORKA” Zamo				5:54.96	318	
	50m:	35.70	35.70	150m:	2:07.69	47.63	250m:	3:43.49	48.45	350m:	5:15.96	41.16
	100m:	1:20.06	44.36	200m:	2:55.04	47.35	300m:	4:34.80	51.31	400m:	5:54.96	39.00
10.	DANYLUK Piotr				12	MKS AVIA widnik				6:02.48	299	
	50m:	40.18	40.18	150m:	2:17.30	48.29	250m:	3:55.01	51.77	350m:	5:25.96	41.02
	100m:	1:29.01	48.83	200m:	3:03.24	45.94	300m:	4:44.94	49.93	400m:	6:02.48	36.52
11.	PALKA Dominik				12	RWKS Sparta Biłgoraj				6:02.87	298	
	50m:	41.17	41.17	150m:	2:16.90	47.21	250m:	3:54.28	51.35	350m:	5:25.75	41.17
	100m:	1:29.69	48.52	200m:	3:02.93	46.03	300m:	4:44.58	50.30	400m:	6:02.87	37.12
12.	MAZUR Alan				15	UKS „ORKA” Zamo				6:07.97	286	
	50m:	36.12	36.12	150m:	2:07.91	48.13	250m:	3:49.84	54.80	350m:	5:29.39	43.19
	100m:	1:19.78	43.66	200m:	2:55.04	47.13	300m:	4:46.20	56.36	400m:	6:07.97	38.58
13.	KORONA Ignacy				13	MKS AVIA widnik				6:31.72	237	
	50m:	39.87	39.87	150m:	2:21.14	52.15	250m:	4:05.60	54.29	350m:	5:50.27	46.94
	100m:	1:28.99	49.12	200m:	3:11.31	50.17	300m:	5:03.33	57.73	400m:	6:31.72	41.45