

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 21. - 22.6.2024

Konkurencja 14
22.06.2024 - 9:48

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

| | | | | | |
|------------------|---------|-------------------|-------|---------------------|------------|
| Rekord LOZP Open | 4:17.84 | KOWALSKA Klara | 03103 | Belgrade (SRB) | 09.07.2023 |
| Rekord LOZP 19 + | 4:18.01 | BARZYCKA Paulina | 01403 | Ostrowiec Sw. | 05.04.2008 |
| Rekord LOZP 18 | 4:17.84 | KOWALSKA Klara | 03103 | Belgrade (SRB) | 09.07.2023 |
| Rekord LOZP 17 | 4:19.24 | GEORGES Daniela | 01403 | Mission Viejo (USA) | 27.06.2014 |
| Rekord LOZP 16 | 4:22.12 | KOWALSKA Klara | 03103 | Warsaw | 17.07.2021 |
| Rekord LOZP 15 | 4:25.12 | GEORGES Daniela | 01403 | Mission Viejo (USA) | 20.04.2012 |
| Rekord LOZP 14 | 4:29.93 | SADŁO Kamila | 00303 | Oswiecim | 05.07.2008 |
| Rekord LOZP 13 | 4:40.12 | RUDAWSKA Adrianna | 00503 | Gorzow Wlkp. | 04.07.2009 |
| Rekord LOZP 12 | 4:49.11 | RUDAWSKA Adrianna | 00503 | Debica | 28.06.2008 |

Punkty: FINA 2024

Pozycja Wiek Czas Pkt.

MŁODZIK

| | | | | |
|----------------------|---------------------|-------------------------------|---------------------|-----|
| 1. TATARA Patrycja | 13 | MKS AVIA widnik | 5:01.16 | 477 |
| 50m: 33.21 33.21 | 150m: 1:49.13 39.09 | 250m: 3:07.27 39.00 | 350m: 4:24.81 38.98 | |
| 100m: 1:10.04 36.83 | 200m: 2:28.27 39.14 | 300m: 3:45.83 38.56 | 400m: 5:01.16 36.35 | |
| 2. S KOWSKA Hanna | 13 | UKS „ORKA” Zamo | 5:16.33 | 411 |
| 50m: 34.53 34.53 | 150m: 1:54.62 41.20 | 250m: 3:17.53 41.35 | 350m: 4:39.78 40.89 | |
| 100m: 1:13.42 38.89 | 200m: 2:36.18 41.56 | 300m: 3:58.89 41.36 | 400m: 5:16.33 36.55 | |
| 3. MAZUREK Lena | 12 | KS „Wisła” Puławy | 5:31.91 | 356 |
| 50m: 34.89 34.89 | 150m: 1:57.28 42.16 | 250m: 3:24.22 43.71 | 350m: 4:50.94 42.93 | |
| 100m: 1:15.12 40.23 | 200m: 2:40.51 43.23 | 300m: 4:08.01 43.79 | 400m: 5:31.91 40.97 | |
| 4. DOMAGALSKA Oliwia | 13 | MTP „Lublinianka” | 5:44.25 | 319 |
| 50m: 36.70 36.70 | 150m: 2:05.87 45.03 | 250m: 3:35.65 44.93 | 350m: 5:03.45 43.91 | |
| 100m: 1:20.84 44.14 | 200m: 2:50.72 44.85 | 300m: 4:19.54 43.89 | 400m: 5:44.25 40.80 | |
| 5. PLOTTKE Lilia | 13 | UKS Szkoła Pływania 23 Lublin | 5:51.13 | 301 |
| 50m: 38.50 38.50 | 150m: 2:05.64 43.60 | 250m: 3:36.51 45.91 | 350m: 5:08.12 45.33 | |
| 100m: 1:22.04 43.54 | 200m: 2:50.60 44.96 | 300m: 4:22.79 46.28 | 400m: 5:51.13 43.01 | |
| 6. MAJCHER Hanna | 12 | RWKS Sparta Biłgoraj | 5:53.83 | 294 |
| 50m: 39.88 39.88 | 150m: 2:11.68 46.09 | 250m: 3:43.39 46.13 | 350m: 5:12.56 44.94 | |
| 100m: 1:25.59 45.71 | 200m: 2:57.26 45.58 | 300m: 4:27.62 44.23 | 400m: 5:53.83 41.27 | |
| 7. MAZUR Maria | 12 | UKS „ORKA” Zamo | 5:55.08 | 291 |
| 50m: 40.66 40.66 | 150m: 2:11.09 45.90 | 250m: 3:43.42 46.35 | 350m: 5:15.14 45.86 | |
| 100m: 1:25.19 44.53 | 200m: 2:57.07 45.98 | 300m: 4:29.28 45.86 | 400m: 5:55.08 39.94 | |
| 8. KANIA Joanna | 12 | MKS AVIA widnik | 5:56.06 | 288 |
| 50m: 39.41 39.41 | 150m: 2:10.25 45.82 | 250m: 3:42.77 45.96 | 350m: 5:14.59 45.52 | |
| 100m: 1:24.43 45.02 | 200m: 2:56.81 46.56 | 300m: 4:29.07 46.30 | 400m: 5:56.06 41.47 | |
| 9. KUDYK Magdalena | 13 | UKS „ORKA” Zamo | 5:59.02 | 281 |
| 50m: 39.62 39.62 | 150m: 2:10.32 46.10 | 250m: 3:43.61 46.71 | 350m: 5:16.39 46.47 | |
| 100m: 1:24.22 44.60 | 200m: 2:56.90 46.58 | 300m: 4:29.92 46.31 | 400m: 5:59.02 42.63 | |
| 10. DZIAK Zofia | 13 | UKS Olimpijczyk 23 | 7:34.10 | 139 |
| 50m: 46.07 46.07 | 150m: 2:39.41 59.98 | 250m: 4:38.58 1:00.07 | 350m: 6:38.59 59.86 | |
| 100m: 1:39.43 53.36 | 200m: 3:38.51 59.10 | 300m: 5:38.73 1:00.15 | 400m: 7:34.10 55.51 | |

JUNIOR MŁODSZY

| | | | | |
|-----------------------|---------------------|---------------------|---------------------|-----|
| 1. MAZUREK Dagmara | 15 | KU AZS UMCS Lublin | 4:48.16 | 545 |
| 50m: 32.24 32.24 | 150m: 1:43.68 36.18 | 250m: 2:57.51 37.12 | 350m: 4:12.05 37.25 | |
| 100m: 1:07.50 35.26 | 200m: 2:20.39 36.71 | 300m: 3:34.80 37.29 | 400m: 4:48.16 36.11 | |
| 2. GORDZIEJKO Joanna | 14 | MTP „Lublinianka” | 4:49.87 | 535 |
| 50m: 32.19 32.19 | 150m: 1:44.29 36.71 | 250m: 2:58.92 36.65 | 350m: 4:13.36 37.22 | |
| 100m: 1:07.58 35.39 | 200m: 2:22.27 37.98 | 300m: 3:36.14 37.22 | 400m: 4:49.87 36.51 | |
| 3. WOŁ CEWICZ Natalia | 14 | MTP „Lublinianka” | 4:54.61 | 509 |
| 50m: 32.53 32.53 | 150m: 1:44.71 36.59 | 250m: 2:59.77 37.33 | 350m: 4:16.72 38.59 | |
| 100m: 1:08.12 35.59 | 200m: 2:22.44 37.73 | 300m: 3:38.13 38.36 | 400m: 4:54.61 37.89 | |

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 21. - 22.6.2024

Konkurencja 14, Dziewcz t, 400m dowolny, JUNIOR MŁODSZY

| Pozycja | | | Wiek | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|-------|--------------------|-------|---------------|-------|----------------|------|
| 4. | CZOPEK Lena | | 14 | UKS Olimpijczyk 23 | | | | 4:56.42 | 500 |
| | 50m: | 34.18 34.18 | 150m: | 1:48.54 37.31 | 250m: | 3:05.27 38.27 | 350m: | 4:21.58 38.19 | |
| | 100m: | 1:11.23 37.05 | 200m: | 2:27.00 38.46 | 300m: | 3:43.39 38.12 | 400m: | 4:56.42 34.84 | |
| 5. | STARKIEWICZ Zuzanna | | 15 | KU AZS UMCS Lublin | | | | 5:01.77 | 474 |
| | 50m: | 33.14 33.14 | 150m: | 1:50.13 39.46 | 250m: | 3:08.16 39.43 | 350m: | 4:26.81 39.02 | |
| | 100m: | 1:10.67 37.53 | 200m: | 2:28.73 38.60 | 300m: | 3:47.79 39.63 | 400m: | 5:01.77 34.96 | |
| 6. | BONDYRA Zuzanna | | 14 | UKS „ORKA” Zamo | | | | 5:09.89 | 438 |
| | 50m: | 34.39 34.39 | 150m: | 1:52.20 39.72 | 250m: | 3:12.47 40.30 | 350m: | 4:32.52 39.83 | |
| | 100m: | 1:12.48 38.09 | 200m: | 2:32.17 39.97 | 300m: | 3:52.69 40.22 | 400m: | 5:09.89 37.37 | |
| 7. | WILCZEK Lena | | 14 | UKS Olimpijczyk 23 | | | | 5:14.05 | 421 |
| | 50m: | 34.97 34.97 | 150m: | 1:54.93 40.72 | 250m: | 3:17.32 41.05 | 350m: | 4:37.11 39.27 | |
| | 100m: | 1:14.21 39.24 | 200m: | 2:36.27 41.34 | 300m: | 3:57.84 40.52 | 400m: | 5:14.05 36.94 | |
| 8. | WÓJCIK Agata | | 14 | KU AZS UMCS Lublin | | | | 5:17.61 | 407 |
| | 50m: | 34.84 34.84 | 150m: | 1:55.28 41.35 | 250m: | 3:17.56 41.20 | 350m: | 4:39.72 40.41 | |
| | 100m: | 1:13.93 39.09 | 200m: | 2:36.36 41.08 | 300m: | 3:59.31 41.75 | 400m: | 5:17.61 37.89 | |
| 9. | WOJCIECHOWSKA Klaudia | | 14 | MTP „Lublinianka” | | | | 5:18.64 | 403 |
| | 50m: | 35.63 35.63 | 150m: | 1:56.51 41.80 | 250m: | 3:18.59 40.70 | 350m: | 4:39.07 39.18 | |
| | 100m: | 1:14.71 39.08 | 200m: | 2:37.89 41.38 | 300m: | 3:59.89 41.30 | 400m: | 5:18.64 39.57 | |
| 10. | SZEWCZAK Weronika | | 14 | Uks Skarpa Lublin | | | | 5:59.08 | 281 |
| | 50m: | 41.80 41.80 | 150m: | 2:14.09 45.22 | 250m: | 3:46.35 46.63 | 350m: | 5:18.52 46.06 | |
| | 100m: | 1:28.87 47.07 | 200m: | 2:59.72 45.63 | 300m: | 4:32.46 46.11 | 400m: | 5:59.08 40.56 | |

OPEN

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|-----|-----------------------|---------------|-------|---------------------|-------|---------------|-------|----------------|-----|
| 1. | POPPE Marta | | 17 | KU AZS UMCS Lublin | | | | 4:30.28 | 660 |
| | 50m: | 31.74 31.74 | 150m: | 1:39.98 34.27 | 250m: | 2:48.21 34.01 | 350m: | 3:56.55 34.24 | |
| | 100m: | 1:05.71 33.97 | 200m: | 2:14.20 34.22 | 300m: | 3:22.31 34.10 | 400m: | 4:30.28 33.73 | |
| 2. | WIERNICKA Julia | | 17 | KU AZS UMCS Lublin | | | | 4:34.63 | 629 |
| | 50m: | 31.66 31.66 | 150m: | 1:40.29 34.77 | 250m: | 2:49.25 34.62 | 350m: | 3:59.49 35.71 | |
| | 100m: | 1:05.52 33.86 | 200m: | 2:14.63 34.34 | 300m: | 3:23.78 34.53 | 400m: | 4:34.63 35.14 | |
| 3. | KAZANOWSKA Klaudia | | 16 | KU AZS UMCS Lublin | | | | 4:41.65 | 583 |
| | 50m: | 32.27 32.27 | 150m: | 1:42.70 35.55 | 250m: | 2:54.01 35.40 | 350m: | 4:06.27 36.55 | |
| | 100m: | 1:07.15 34.88 | 200m: | 2:18.61 35.91 | 300m: | 3:29.72 35.71 | 400m: | 4:41.65 35.38 | |
| 4. | WO AKOWSKA Zofia | | 17 | KU AZS UMCS Lublin | | | | 4:44.32 | 567 |
| | 50m: | 31.68 31.68 | 150m: | 1:41.37 35.40 | 250m: | 2:53.90 36.59 | 350m: | 4:07.65 36.68 | |
| | 100m: | 1:05.97 34.29 | 200m: | 2:17.31 35.94 | 300m: | 3:30.97 37.07 | 400m: | 4:44.32 36.67 | |
| 5. | RYKHLINSKA Anastasiia | | 17 | KS „OLIMPIA” Lublin | | | | 4:45.83 | 558 |
| | 50m: | 32.20 32.20 | 150m: | 1:43.18 35.91 | 250m: | 2:56.10 36.63 | 350m: | 4:09.78 36.89 | |
| | 100m: | 1:07.27 35.07 | 200m: | 2:19.47 36.29 | 300m: | 3:32.89 36.79 | 400m: | 4:45.83 36.05 | |
| 6. | MAZUREK Dagmara | | 15 | KU AZS UMCS Lublin | | | | 4:48.16 | 545 |
| | 50m: | 32.24 32.24 | 150m: | 1:43.68 36.18 | 250m: | 2:57.51 37.12 | 350m: | 4:12.05 37.25 | |
| | 100m: | 1:07.50 35.26 | 200m: | 2:20.39 36.71 | 300m: | 3:34.80 37.29 | 400m: | 4:48.16 36.11 | |
| 7. | GORDZIEJKO Joanna | | 14 | MTP „Lublinianka” | | | | 4:49.87 | 535 |
| | 50m: | 32.19 32.19 | 150m: | 1:44.29 36.71 | 250m: | 2:58.92 36.65 | 350m: | 4:13.36 37.22 | |
| | 100m: | 1:07.58 35.39 | 200m: | 2:22.27 37.98 | 300m: | 3:36.14 37.22 | 400m: | 4:49.87 36.51 | |
| 8. | BATYRA Julia | | 16 | UKS SP5 Swim | | | | 4:51.67 | 525 |
| | 50m: | 33.28 33.28 | 150m: | 1:45.85 36.83 | 250m: | 3:00.17 37.13 | 350m: | 4:15.28 37.41 | |
| | 100m: | 1:09.02 35.74 | 200m: | 2:23.04 37.19 | 300m: | 3:37.87 37.70 | 400m: | 4:51.67 36.39 | |
| 9. | WOŁ CEWICZ Natalia | | 14 | MTP „Lublinianka” | | | | 4:54.61 | 509 |
| | 50m: | 32.53 32.53 | 150m: | 1:44.71 36.59 | 250m: | 2:59.77 37.33 | 350m: | 4:16.72 38.59 | |
| | 100m: | 1:08.12 35.59 | 200m: | 2:22.44 37.73 | 300m: | 3:38.13 38.36 | 400m: | 4:54.61 37.89 | |
| 10. | CZOPEK Lena | | 14 | UKS Olimpijczyk 23 | | | | 4:56.42 | 500 |
| | 50m: | 34.18 34.18 | 150m: | 1:48.54 37.31 | 250m: | 3:05.27 38.27 | 350m: | 4:21.58 38.19 | |
| | 100m: | 1:11.23 37.05 | 200m: | 2:27.00 38.46 | 300m: | 3:43.39 38.12 | 400m: | 4:56.42 34.84 | |

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 21. - 22.6.2024

Konkurencja 14, Kobiet, 400m dowolny, OPEN

| Pozycja | | | Wiek | | | | | Czas | Pkt. |
|---------|-----------------------|---------------|-------|-------------------------------|-------|-----------------|-------|----------------|------|
| 11. | SOSNÓWKA Milena | | 17 | UKP Fala Kra nik | | | | 5:00.99 | 478 |
| | 50m: | 32.86 32.86 | 150m: | 1:48.85 39.02 | 250m: | 3:06.94 39.19 | 350m: | 4:25.00 39.20 | |
| | 100m: | 1:09.83 36.97 | 200m: | 2:27.75 38.90 | 300m: | 3:45.80 38.86 | 400m: | 5:00.99 35.99 | |
| 12. | TATARA Patrycja | | 13 | MKS AVIA widnik | | | | 5:01.16 | 477 |
| | 50m: | 33.21 33.21 | 150m: | 1:49.13 39.09 | 250m: | 3:07.27 39.00 | 350m: | 4:24.81 38.98 | |
| | 100m: | 1:10.04 36.83 | 200m: | 2:28.27 39.14 | 300m: | 3:45.83 38.56 | 400m: | 5:01.16 36.35 | |
| 13. | STARKIEWICZ Zuzanna | | 15 | KU AZS UMCS Lublin | | | | 5:01.77 | 474 |
| | 50m: | 33.14 33.14 | 150m: | 1:50.13 39.46 | 250m: | 3:08.16 39.43 | 350m: | 4:26.81 39.02 | |
| | 100m: | 1:10.67 37.53 | 200m: | 2:28.73 38.60 | 300m: | 3:47.79 39.63 | 400m: | 5:01.77 34.96 | |
| 14. | BONDYRA Zuzanna | | 14 | UKS „ORKA” Zamo | | | | 5:09.89 | 438 |
| | 50m: | 34.39 34.39 | 150m: | 1:52.20 39.72 | 250m: | 3:12.47 40.30 | 350m: | 4:32.52 39.83 | |
| | 100m: | 1:12.48 38.09 | 200m: | 2:32.17 39.97 | 300m: | 3:52.69 40.22 | 400m: | 5:09.89 37.37 | |
| 15. | WILCZEK Lena | | 14 | UKS Olimpijczyk 23 | | | | 5:14.05 | 421 |
| | 50m: | 34.97 34.97 | 150m: | 1:54.93 40.72 | 250m: | 3:17.32 41.05 | 350m: | 4:37.11 39.27 | |
| | 100m: | 1:14.21 39.24 | 200m: | 2:36.27 41.34 | 300m: | 3:57.84 40.52 | 400m: | 5:14.05 36.94 | |
| 16. | S KOWSKA Hanna | | 13 | UKS „ORKA” Zamo | | | | 5:16.33 | 411 |
| | 50m: | 34.53 34.53 | 150m: | 1:54.62 41.20 | 250m: | 3:17.53 41.35 | 350m: | 4:39.78 40.89 | |
| | 100m: | 1:13.42 38.89 | 200m: | 2:36.18 41.56 | 300m: | 3:58.89 41.36 | 400m: | 5:16.33 36.55 | |
| 17. | WÓJCIK Agata | | 14 | KU AZS UMCS Lublin | | | | 5:17.61 | 407 |
| | 50m: | 34.84 34.84 | 150m: | 1:55.28 41.35 | 250m: | 3:17.56 41.20 | 350m: | 4:39.72 40.41 | |
| | 100m: | 1:13.93 39.09 | 200m: | 2:36.36 41.08 | 300m: | 3:59.31 41.75 | 400m: | 5:17.61 37.89 | |
| 18. | WOJCIECHOWSKA Klaudia | | 14 | MTP „Lublinianka” | | | | 5:18.64 | 403 |
| | 50m: | 35.63 35.63 | 150m: | 1:56.51 41.80 | 250m: | 3:18.59 40.70 | 350m: | 4:39.07 39.18 | |
| | 100m: | 1:14.71 39.08 | 200m: | 2:37.89 41.38 | 300m: | 3:59.89 41.30 | 400m: | 5:18.64 39.57 | |
| 19. | MAZUREK Lena | | 12 | KS „Wisła” Puławy | | | | 5:31.91 | 356 |
| | 50m: | 34.89 34.89 | 150m: | 1:57.28 42.16 | 250m: | 3:24.22 43.71 | 350m: | 4:50.94 42.93 | |
| | 100m: | 1:15.12 40.23 | 200m: | 2:40.51 43.23 | 300m: | 4:08.01 43.79 | 400m: | 5:31.91 40.97 | |
| 20. | GWIAZDA Magdalena | | 16 | MTP „Lublinianka” | | | | 5:36.87 | 341 |
| | 50m: | 36.98 36.98 | 150m: | 2:00.27 42.64 | 250m: | 3:26.93 43.58 | 350m: | 4:54.84 44.26 | |
| | 100m: | 1:17.63 40.65 | 200m: | 2:43.35 43.08 | 300m: | 4:10.58 43.65 | 400m: | 5:36.87 42.03 | |
| 21. | DOMAGALSKA Oliwia | | 13 | MTP „Lublinianka” | | | | 5:44.25 | 319 |
| | 50m: | 36.70 36.70 | 150m: | 2:05.87 45.03 | 250m: | 3:35.65 44.93 | 350m: | 5:03.45 43.91 | |
| | 100m: | 1:20.84 44.14 | 200m: | 2:50.72 44.85 | 300m: | 4:19.54 43.89 | 400m: | 5:44.25 40.80 | |
| 22. | PLOTCKE Lilia | | 13 | UKS Szkoła Pływania 23 Lublin | | | | 5:51.13 | 301 |
| | 50m: | 38.50 38.50 | 150m: | 2:05.64 43.60 | 250m: | 3:36.51 45.91 | 350m: | 5:08.12 45.33 | |
| | 100m: | 1:22.04 43.54 | 200m: | 2:50.60 44.96 | 300m: | 4:22.79 46.28 | 400m: | 5:51.13 43.01 | |
| 23. | MAJCHER Hanna | | 12 | RWKS Sparta Biłgoraj | | | | 5:53.83 | 294 |
| | 50m: | 39.88 39.88 | 150m: | 2:11.68 46.09 | 250m: | 3:43.39 46.13 | 350m: | 5:12.56 44.94 | |
| | 100m: | 1:25.59 45.71 | 200m: | 2:57.26 45.58 | 300m: | 4:27.62 44.23 | 400m: | 5:53.83 41.27 | |
| 24. | MAZUR Maria | | 12 | UKS „ORKA” Zamo | | | | 5:55.08 | 291 |
| | 50m: | 40.66 40.66 | 150m: | 2:11.09 45.90 | 250m: | 3:43.42 46.35 | 350m: | 5:15.14 45.86 | |
| | 100m: | 1:25.19 44.53 | 200m: | 2:57.07 45.98 | 300m: | 4:29.28 45.86 | 400m: | 5:55.08 39.94 | |
| 25. | KANIA Joanna | | 12 | MKS AVIA widnik | | | | 5:56.06 | 288 |
| | 50m: | 39.41 39.41 | 150m: | 2:10.25 45.82 | 250m: | 3:42.77 45.96 | 350m: | 5:14.59 45.52 | |
| | 100m: | 1:24.43 45.02 | 200m: | 2:56.81 46.56 | 300m: | 4:29.07 46.30 | 400m: | 5:56.06 41.47 | |
| 26. | KUDYK Magdalena | | 13 | UKS „ORKA” Zamo | | | | 5:59.02 | 281 |
| | 50m: | 39.62 39.62 | 150m: | 2:10.32 46.10 | 250m: | 3:43.61 46.71 | 350m: | 5:16.39 46.47 | |
| | 100m: | 1:24.22 44.60 | 200m: | 2:56.90 46.58 | 300m: | 4:29.92 46.31 | 400m: | 5:59.02 42.63 | |
| 27. | SZEWCZAK Weronika | | 14 | Uks Skarpa Lublin | | | | 5:59.08 | 281 |
| | 50m: | 41.80 41.80 | 150m: | 2:14.09 45.22 | 250m: | 3:46.35 46.63 | 350m: | 5:18.52 46.06 | |
| | 100m: | 1:28.87 47.07 | 200m: | 2:59.72 45.63 | 300m: | 4:32.46 46.11 | 400m: | 5:59.08 40.56 | |
| 28. | DZIAK Zofia | | 13 | UKS Olimpijczyk 23 | | | | 7:34.10 | 139 |
| | 50m: | 46.07 46.07 | 150m: | 2:39.41 59.98 | 250m: | 4:38.58 1:00.07 | 350m: | 6:38.59 59.86 | |
| | 100m: | 1:39.43 53.36 | 200m: | 3:38.51 59.10 | 300m: | 5:38.73 1:00.15 | 400m: | 7:34.10 55.51 | |