

Indywidualne Mistrzostwa Województwa Kujawsko-Pomorskiego
Rypin, 2.3.2019

Event 14 Men, 400m Freestyle 12 years and older
02.03.2019 Results

Points: FINA 2018

Rank			YB					Time	Pts		
16 years and older											
1.	SZCZEPANSKI, Kacper		99	MUKS "Pietnastka"				4:13.46	587		
	50m:	27.88 27.88	150m:	1:31.69	32.32	250m:	2:37.17	32.81	350m:	3:42.27	32.30
	100m:	59.37 31.49	200m:	2:04.36	32.67	300m:	3:09.97	32.80	400m:	4:13.46	31.19
2.	BIELAS, Jakub		02	UKS Ruch Grudziadz				4:14.20	582		
	50m:	27.35 27.35	150m:	1:30.97	32.91	250m:	2:38.74	33.73	350m:	3:43.43	32.38
	100m:	58.06 30.71	200m:	2:05.01	34.04	300m:	3:11.05	32.31	400m:	4:14.20	30.77
3.	JELINSKI, Marcel		03	MUKS "Pietnastka"				4:23.18	524		
	50m:	29.17 29.17	150m:	1:35.50	33.57	250m:	2:43.49	33.61	350m:	3:50.57	33.77
	100m:	1:01.93 32.76	200m:	2:09.88	34.38	300m:	3:16.80	33.31	400m:	4:23.18	32.61
4.	SOBOWIEC, Mateusz		03	MUKS "Pietnastka"				4:34.37	462		
	50m:	28.45 28.45	150m:	1:34.84	34.21	250m:	2:45.73	36.08	350m:	3:59.49	36.61
	100m:	1:00.63 32.18	200m:	2:09.65	34.81	300m:	3:22.88	37.15	400m:	4:34.37	34.88
14 - 15 years											
1.	MINISZEWSKI, Sebastian		04	MUKS "Pietnastka"				4:17.14	562		
	50m:	29.01 29.01	150m:	1:32.22	32.12	250m:	2:37.48	32.77	350m:	3:43.51	33.06
	100m:	1:00.10 31.09	200m:	2:04.71	32.49	300m:	3:10.45	32.97	400m:	4:17.14	33.63
2.	KRUSZEWSKI, Adrian		04	MTKP Delfin Torun				4:26.77	503		
	50m:	29.93 29.93	150m:	1:35.64	33.41	250m:	2:44.79	35.22	350m:	3:54.12	34.40
	100m:	1:02.23 32.30	200m:	2:09.57	33.93	300m:	3:19.72	34.93	400m:	4:26.77	32.65
3.	BRONCZYK, Hubert		04	MTKP Delfin Torun				4:30.21	484		
	50m:	30.36 30.36	150m:	1:37.01	33.93	250m:	2:46.96	35.28	350m:	3:55.33	33.74
	100m:	1:03.08 32.72	200m:	2:11.68	34.67	300m:	3:21.59	34.63	400m:	4:30.21	34.88
4.	BANIA, Karol		05	MUKS "Pietnastka"				4:35.45	457		
	50m:	31.05 31.05	150m:	1:39.63	34.74	250m:	2:50.14	35.29	350m:	4:01.07	35.36
	100m:	1:04.89 33.84	200m:	2:14.85	35.22	300m:	3:25.71	35.57	400m:	4:35.45	34.38
5.	MALKOWSKI, Hubert		05	MTKP Delfin Torun				4:36.88	450		
	50m:	1:03.97 1:03.97	150m:	2:14.25	35.48	250m:	3:24.69	35.64	350m:		
	100m:	1:38.77 34.80	200m:	2:49.05	34.80	300m:	4:00.74	36.05	400m:	4:36.88	
6.	PIATEK, Olivier		04	UKP Wodnik Wloclawek				4:42.73	423		
	50m:	30.61 30.61	150m:	1:40.37	35.48	250m:	2:53.98	37.20	350m:	4:08.74	37.50
	100m:	1:04.89 34.28	200m:	2:16.78	36.41	300m:	3:31.24	37.26	400m:	4:42.73	33.99
7.	POLITOWSKI, Filip		05	MTKP Delfin Torun				4:55.61	370		
	50m:	32.66 32.66	150m:	1:46.01	37.47	250m:	3:01.89	38.14	350m:	4:19.50	38.81
	100m:	1:08.54 35.88	200m:	2:23.75	37.74	300m:	3:40.69	38.80	400m:	4:55.61	36.11
8.	ZUKOWSKI, Antoni		05	MUKS "Pietnastka"				5:05.42	335		
	50m:	33.62 33.62	150m:	1:50.70	39.38	250m:	3:11.01	40.42	350m:	4:28.35	38.90
	100m:	1:11.32 37.70	200m:	2:30.59	39.89	300m:	3:49.45	38.44	400m:	5:05.42	37.07
9.	OSINSKI, Igor		05	MTKP Delfin Torun				5:27.78	271		
	50m:	34.55 34.55	150m:	1:56.86	42.17	250m:	3:23.17	42.62	350m:		
	100m:	1:14.69 40.14	200m:	2:40.55	43.69	300m:	4:47.69	1:24.52	400m:	5:27.78	
10.	DZIURLIKOWSKI, Tomasz		04	MTKP Delfin Torun				5:27.79	271		
	50m:	34.76 34.76	150m:	1:56.13	41.55	250m:	3:23.05	43.94	350m:	4:48.17	41.78
	100m:	1:14.58 39.82	200m:	2:39.11	42.98	300m:	4:06.39	43.34	400m:	5:27.79	39.62
11.	TOMCZAK, Michal		05	MUKS "Pietnastka"				5:58.55	207		
	50m:	39.37 39.37	150m:	2:11.57	46.22	250m:	3:45.36	46.86	350m:	5:16.67	44.36
	100m:	1:25.35 45.98	200m:	2:58.50	46.93	300m:	4:32.31	46.95	400m:	5:58.55	41.88

Indywidualne Mistrzostwa Województwa Kujawsko-Pomorskiego
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Event 14, Men, 400m Freestyle

12 - 13 years

1.	CIECHOMSKI, Rafal	06	UKS Tytan-65 Bydgoszcz	4:42.00	426
	50m: 30.83 30.83	150m: 1:42.11	35.97 250m: 2:55.33	36.17 350m: 4:08.78	36.38
	100m: 1:06.14 35.31	200m: 2:19.16	37.05 300m: 3:32.40	37.07 400m: 4:42.00	33.22
2.	GRZYWINSKI, Jakub	07	Wloclawski Klub Nurkowy Jacque	5:13.26	311
	50m: 35.37 35.37	150m: 1:55.20	39.94 250m: 3:16.47	40.79 350m:	
	100m: 1:15.26 39.89	200m: 2:35.68	40.48 300m: 3:57.07	40.60 400m: 5:13.26	
3.	ROSTKOWSKI, Kacper	06	MUKS Rekin Bydgoszcz	5:25.75	276
	50m: 34.87 34.87	150m: 1:58.81	42.47 250m: 3:25.37	43.65 350m: 4:47.97	40.14
	100m: 1:16.34 41.47	200m: 2:41.72	42.91 300m: 4:07.83	42.46 400m: 5:25.75	37.78
4.	OCHENDAL, Oliwier	06	Uks Czworka Naklo	5:30.84	264
	50m: 38.31 38.31	150m: 2:01.60	41.78 250m: 3:26.64	42.97 350m: 4:50.21	41.53
	100m: 1:19.82 41.51	200m: 2:43.67	42.07 300m: 4:08.68	42.04 400m: 5:30.84	40.63
5.	JENDRUSZEWSKI, Jakub	07	MUKS "Pietnastka"	5:45.13	232
	50m: 37.93 37.93	150m: 2:07.37	44.62 250m: 3:35.87	43.68 350m: 5:04.18	44.77
	100m: 1:22.75 44.82	200m: 2:52.19	44.82 300m: 4:19.41	43.54 400m: 5:45.13	40.95
6.	JANUSZEWSKI, Bartosz	06	UKS „Deby Osielsko"	5:47.12	228
	50m: 37.47 37.47	150m: 2:06.09	45.92 250m: 3:36.85	45.71 350m: 5:47.18	1:25.49
	100m: 1:20.17 42.70	200m: 2:51.14	45.05 300m: 4:21.69	44.84 400m: 5:47.12	
7.	KONIECZNY, Krzysztof	06	UKP Wodnik Wloclawek	5:50.60	221
	50m: 39.60 39.60	150m: 2:10.13	45.68 250m: 3:42.45	45.81 350m: 5:12.41	43.48
	100m: 1:24.45 44.85	200m: 2:56.64	46.51 300m: 4:28.93	46.48 400m: 5:50.60	38.19
8.	ZAWADZKI, Mikolaj	07	MUKS "Pietnastka"	5:52.29	218
	50m: 38.36 38.36	150m: 2:08.77	45.83 250m: 3:41.79	46.35 350m: 5:11.45	44.62
	100m: 1:22.94 44.58	200m: 2:55.44	46.67 300m: 4:26.83	45.04 400m: 5:52.29	40.84
9.	KROL, Igor	06	UKP Wodnik Wloclawek	5:53.92	215
	50m: 37.98 37.98	150m: 2:06.81	45.02 250m: 3:38.54	45.40 350m: 5:10.39	46.45
	100m: 1:21.79 43.81	200m: 2:53.14	46.33 300m: 4:23.94	45.40 400m: 5:53.92	43.53
10.	SIEPRAWSKI, Oskar	06	MTKP Delfin Torun	6:02.70	200
	50m: 39.54 39.54	150m: 2:12.33	46.94 250m: 3:44.52	45.17 350m: 5:18.57	46.89
	100m: 1:25.39 45.85	200m: 2:59.35	47.02 300m: 4:31.68	47.16 400m: 6:02.70	44.13
11.	BALINOWSKI, Oskar	07	MTKP Delfin Torun	6:03.53	199
	50m: 38.57 38.57	150m: 2:11.02	47.07 250m: 3:45.92	47.69 350m: 5:21.68	48.18
	100m: 1:23.95 45.38	200m: 2:58.23	47.21 300m: 4:33.50	47.58 400m: 6:03.53	41.85
12.	DOMBROWSKI, Kamil	06	MUKS Rekin Bydgoszcz	6:04.70	197
	50m: 39.46 39.46	150m: 2:11.83	46.60 250m: 3:45.97	46.73 350m: 5:20.80	47.63
	100m: 1:25.23 45.77	200m: 2:59.24	47.41 300m: 4:33.17	47.20 400m: 6:04.70	43.90
13.	SOBCZAK, Tymoteusz	06	Uks Czworka Naklo	6:08.64	190
	50m: 43.31 43.31	150m: 2:17.01	46.77 250m: 3:52.12	48.03 350m: 5:27.55	46.68
	100m: 1:30.24 46.93	200m: 3:04.09	47.08 300m: 4:40.87	48.75 400m: 6:08.64	41.09
14.	DANIEL, Aleksander	07	MKS SP 63 Bydgoszcz	6:14.25	182
	50m: 43.88 43.88	150m: 2:19.71	48.40 250m: 3:55.14	47.53 350m: 5:28.14	44.75
	100m: 1:31.31 47.43	200m: 3:07.61	47.90 300m: 4:43.39	48.25 400m: 6:14.25	46.11
15.	KOPCZYNSKI, Krystian	06	MTKP Delfin Torun	6:14.30	182
	50m: 40.93 40.93	150m: 2:15.15	48.10 250m: 3:51.12	48.48 350m: 5:27.75	48.53
	100m: 1:27.05 46.12	200m: 3:02.64	47.49 300m: 4:39.22	48.10 400m: 6:14.30	46.55