

Ogólnopolski Sprawdzian Wytrzymało ci w Pływaniu Dzieci 11,12 letnich  
Olsztyn, 7-12-2012

Konkurencja 5  
2012-12-07 - 9:45

Dziewcz t, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2011

Pozycja			Wiek					Czas	Pkt.
1.	TYLKIE Karolina		11	UKP Jedyńka Elbl g			<b>5:58.38</b>	281	
	50m: 41.60 41.60	150m: 2:12.96		46.29	250m: 350m: 5:17.75		46.26		
	100m: 1:26.67 45.07	200m: 400m: 5:58.38			300m: 4:31.49		40.63		
2.	PŁACHTA Zuzanna		11	MTP KORMORAN Olsztyn			<b>6:23.74</b>	229	
	50m: 38.52 38.52	150m: 2:17.69		51.45	250m: 3:57.51 50.41		350m: 5:37.43	49.72	
	100m: 1:26.24 47.72	200m: 3:07.10		49.41	300m: 4:47.71 50.20		400m: 6:23.74	46.31	
3.	CHEREK Natalia		11	UKP Jedyńka Elbl g			<b>6:26.73</b>	224	
	50m: 43.68 43.68	150m: 2:20.98		49.16	250m: 4:00.51 50.04		350m: 5:39.97	49.82	
	100m: 1:31.82 48.14	200m: 3:10.47		49.49	300m: 4:50.15 49.64		400m: 6:26.73	46.76	
4.	SZELUGA Wiktoria		11	MTP KORMORAN Olsztyn			<b>6:38.77</b>	204	
	50m: 40.36 40.36	150m: 2:18.05		49.52	250m: 4:00.50 52.49		350m: 5:45.70	53.16	
	100m: 1:28.53 48.17	200m: 3:08.01		49.96	300m: 4:52.54 52.04		400m: 6:38.77	53.07	
5.	CZERNIEWICZ Julia		11	MTP KORMORAN Olsztyn			<b>6:50.82</b>	186	
	50m: 41.69 41.69	150m: 2:24.67		52.67	250m: 4:11.43 53.47		350m: 5:58.33	53.66	
	100m: 1:32.00 50.31	200m: 3:17.96		53.29	300m: 5:04.67 53.24		400m: 6:50.82	52.49	
6.	KARCZEWSKA Patrycja		11	MTP KORMORAN Olsztyn			<b>7:08.19</b>	165	
	50m: 46.10 46.10	150m: 2:33.07		53.98	250m: 4:24.14 55.50		350m: 6:14.05	55.28	
	100m: 1:39.09 52.99	200m: 3:28.64		55.57	300m: 5:18.77 54.63		400m: 7:08.19	54.14	
7.	SUCHOCKA Klaudia		11	MUKS PIORUN Gołdap			<b>7:09.77</b>	163	
	50m: 46.56 46.56	150m: 2:35.87		54.72	250m: 4:29.14 56.95		350m: 6:19.63	54.22	
	100m: 1:41.15 54.59	200m: 3:32.19		56.32	300m: 5:25.41 56.27		400m: 7:09.77	50.14	
8.	KALINOWSKA Maja		11	UKP Jedyńka Elbl g			<b>7:10.75</b>	162	
	50m: 46.02 46.02	150m: 2:33.45		54.36	250m: 4:25.75 56.01		350m: 6:17.05	55.47	
	100m: 1:39.09 53.07	200m: 3:29.74		56.29	300m: 5:21.58 55.83		400m: 7:10.75	53.70	
9.	ZDUNIEWICZ Julia		11	MUKS PIORUN Gołdap			<b>7:13.06</b>	159	
	50m: 45.70 45.70	150m: 2:35.77		55.34	250m: 4:28.33 56.67		350m: 6:19.90	55.54	
	100m: 1:40.43 54.73	200m: 3:31.66		55.89	300m: 5:24.36 56.03		400m: 7:13.06	53.16	
10.	TRUSKOLAWSKA Olga		11	MTP KORMORAN Olsztyn			<b>7:14.57</b>	157	
	50m: 42.83 42.83	150m: 2:34.37		56.32	250m: 4:27.89 57.70		350m: 6:14.76	50.62	
	100m: 1:38.05 55.22	200m: 3:30.19		55.82	300m: 5:24.14 56.25		400m: 7:14.57	59.81	
11.	HARNISZ Aleksandra		11	MTP KORMORAN Olsztyn			<b>7:16.03</b>	156	
	50m: 47.06 47.06	150m: 2:34.84		54.58	250m: 4:25.05 56.11		350m: 6:18.07	56.36	
	100m: 1:40.26 53.20	200m: 3:28.94		54.10	300m: 5:21.71 56.66		400m: 7:16.03	57.96	
12.	TROIA Delfina		11	MTP KORMORAN Olsztyn			<b>7:16.06</b>	156	
	50m: 44.97 44.97	150m: 2:34.40		55.25	250m: 4:28.26 57.19		350m: 6:20.72	55.47	
	100m: 1:39.15 54.18	200m: 3:31.07		56.67	300m: 5:25.25 56.99		400m: 7:16.06	55.34	
13.	TYPA SKA Julia		11	UKS Pirat Elbl g			<b>7:16.47</b>	155	
	50m: 44.96 44.96	150m: 2:35.06		55.71	250m: 4:28.25 56.40		350m: 6:22.78	57.11	
	100m: 1:39.35 54.39	200m: 3:31.85		56.79	300m: 5:25.67 57.42		400m: 7:16.47	53.69	
14.	ADAMCZYK Sandra		11	MTP KORMORAN Olsztyn			<b>7:19.65</b>	152	
	50m: 46.14 46.14	150m: 2:36.94		56.94	250m: 4:30.96 57.75		350m: 6:25.68	57.40	
	100m: 1:40.00 53.86	200m: 3:33.21		56.27	300m: 5:28.28 57.32		400m: 7:19.65	53.97	
15.	CHACHUŁA Anna		11	MTP KORMORAN Olsztyn			<b>7:25.34</b>	146	
	50m: 44.28 44.28	150m: 2:36.26		57.13	250m: 4:30.82 57.83		350m: 6:26.53	57.83	
	100m: 1:39.13 54.85	200m: 3:32.99		56.73	300m: 5:28.70 57.88		400m: 7:25.34	58.81	
16.	HOFMEISTER Zuzanna		11	MTP KORMORAN Olsztyn			<b>7:32.94</b>	139	
	50m: 48.27 48.27	150m: 2:45.85		57.92	250m: 4:42.15 56.37		350m: 6:36.76	56.14	
	100m: 1:47.93 59.66	200m: 3:45.78		59.93	300m: 5:40.62 58.47		400m: 7:32.94	56.18	
17.	GERLICH Olga		11	MTP KORMORAN Olsztyn			<b>7:37.92</b>	135	
	50m: 47.73 47.73	150m: 2:43.59		58.15	250m: 6:45.15 2:01.18		350m: 8:15.46	37.17	
	100m: 1:45.44 57.71	200m: 4:43.97		2:00.38	300m: 7:38.29 53.14		400m: 7:37.92		

Ogólnopolski Sprawdzian Wytrzymało ci w Pływaniu Dzieci 11,12 letnich  
Olsztyn, 7-12-2012

Konkurencja 5, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Wiek						Czas	Pkt.
18.	CHOMENTOWSKA Emma		11	MTP KORMORAN Olsztyn				<b>7:40.51</b>	132	
	50m: 50.99	50.99	150m: 2:49.00	59.74	250m: 4:46.64	58.60	350m: 6:45.23	59.07		
	100m: 1:49.26	58.27	200m: 3:48.04	59.04	300m: 5:46.16	59.52	400m: 7:40.51	55.28		
19.	SUŁKOWSKA Natalia		11	MTP KORMORAN Olsztyn				<b>7:42.15</b>	131	
	50m: 50.05	50.05	150m: 2:47.96	1:00.17	250m: 4:43.20	57.54	350m: 6:43.06	58.05		
	100m: 1:47.79	57.74	200m: 3:45.66	57.70	300m: 5:45.01	1:01.81	400m: 7:42.15	59.09		
20.	ŁUCKO Jagoda		11	MTP KORMORAN Olsztyn				<b>7:47.51</b>	126	
	50m: 50.27	50.27	150m: 2:48.90	1:00.65	250m: 4:52.03	1:02.28	350m: 6:50.51	58.18		
	100m: 1:48.25	57.98	200m: 3:49.75	1:00.85	300m: 5:52.33	1:00.30	400m: 7:47.51	57.00		
21.	TYPA Alicja		11	MTP KORMORAN Olsztyn				<b>7:53.20</b>	122	
	50m: 53.14	53.14	150m:		250m: 4:52.11	1:00.71	350m: 6:53.21	1:00.12		
	100m: 1:50.79	57.65	200m: 3:51.40		300m: 5:53.09	1:00.98	400m: 7:53.20	59.99		
22.	JANKOWSKA Malwina		11	MTP KORMORAN Olsztyn				<b>8:03.26</b>	114	
	50m: 51.43	51.43	150m: 2:52.28	1:01.42	250m: 4:57.33	1:02.76	350m: 7:03.51	1:02.62		
	100m: 1:50.86	59.43	200m: 3:54.57	1:02.29	300m: 6:00.89	1:03.56	400m: 8:03.26	59.75		
23.	HOFMEISTER Joanna		11	MTP KORMORAN Olsztyn				<b>8:09.26</b>	110	
	50m: 53.32	53.32	150m: 2:55.90	1:00.69	250m: 5:03.35	1:02.96	350m: 7:11.21	1:04.10		
	100m: 1:55.21	1:01.89	200m: 4:00.39	1:04.49	300m: 6:07.11	1:03.76	400m: 8:09.26	58.05		
24.	MIJEWSKA Katarzyna		11	MTP KORMORAN Olsztyn				<b>8:22.07</b>	102	
	50m: 50.86	50.86	150m: 2:56.80	1:04.27	250m: 5:05.78	1:04.10	350m: 7:17.65	1:05.84		
	100m: 1:52.53	1:01.67	200m: 4:01.68	1:04.88	300m: 6:11.81	1:06.03	400m: 8:22.07	1:04.42		
25.	KONOPKA Julia		11	MTP KORMORAN Olsztyn				<b>8:25.48</b>	100	
	50m: 54.45	54.45	150m: 3:03.86	1:03.02	250m: 5:12.23	1:03.77	350m: 7:21.72	1:03.81		
	100m: 2:00.84	1:06.39	200m: 4:08.46	1:04.60	300m: 6:17.91	1:05.68	400m: 8:25.48	1:03.76		
26.	WIKTOR Marika		11	MTP KORMORAN Olsztyn				<b>8:26.81</b>	99	
	50m: 54.70	54.70	150m: 3:05.08	1:07.07	250m: 5:19.63	1:08.68	350m: 7:27.60	1:02.09		
	100m: 1:58.01	1:03.31	200m: 4:10.95	1:05.87	300m: 6:25.51	1:05.88	400m: 8:26.81	59.21		
27.	SYDONOWICZ Julia		11	MTP KORMORAN Olsztyn				<b>8:47.04</b>	88	
	50m: 52.29	52.29	150m:		250m: 6:37.79	1:10.42	350m: 8:47.13	1:02.36		
	100m: 1:58.06	1:05.77	200m: 5:27.37		300m: 7:44.77	1:06.98	400m: 8:47.04			
28.	GÓRALSKA Aleksandra		11	MTP KORMORAN Olsztyn				<b>8:51.17</b>	86	
	50m: 53.50	53.50	150m: 3:06.82	1:08.34	250m: 5:27.25	1:10.65	350m: 7:44.10	1:06.75		
	100m: 1:58.48	1:04.98	200m: 4:16.60	1:09.78	300m: 6:37.35	1:10.10	400m: 8:51.17	1:07.07		
DYSKW.	KRE CZ Dominika		11	MTP KORMORAN Olsztyn				<b>7:05.64</b>		
	50m: 42.52	42.52	150m: 2:26.18	53.64	250m: 4:16.61	55.31	350m: 6:08.29	56.30		
	100m: 1:32.54	50.02	200m: 3:21.30	55.12	300m: 5:11.99	55.38	400m: 7:05.64	57.35		