

Grand Prix Puchar Polski w Pływaniu
Olsztyn, 1- - 2-6-2013

Konkurencja 1	Kobiet, 400m zmienny				14 lat i starsi
2013-06-01 - 9:00					Wyniki
Top Times "Poland" Open	4:36.95	Baranowska Katarzyna	00116	Beijing (CHN)	2008-08-09
Top Times "Poland" 14	4:56.38	Szczepaniak Karolina	00914	Ostrowiec	2006-05-19
Top Times "Poland" 15	4:49.27	Szczepaniak Karolina	00114	Gorzow Wlkp.	2007-11-30
Top Times "Poland" 16	4:50.40	Szczepaniak Karolina	00114	Prague (CZE)	2008-06-21
Top Times "Poland" 16	4:50.40	Zukowska Paula	00107	Ostrowiec Sw.	2009-05-22
Top Times "Poland" 17	4:45.13	Szczepaniak Karolina	00114	Rome (ITA)	2009-08-02
Top Times "Poland" 18	4:43.39	Baranowska Katarzyna	00116	Debica	2005-05-20
Top Times "Poland" 19 +	4:36.95	Baranowska Katarzyna	00116	Beijing (CHN)	2008-08-09

Punkty: FINA 2012

Pozycja	Rok ur.			Czas	Pkt.	100m	200m	300m	400m		
1. Szczepaniak Karolina	92	AZS AWF Katowice		4:53.67	772	1:06.70	1:16.14	1:24.62	1:06.21		
50m:	31.19	31.19	150m:	1:45.04	38.34	250m:	3:04.94	42.10	350m:	4:21.61	34.15
100m:	1:06.70	35.51	200m:	2:22.84	37.80	300m:	3:47.46	42.52	400m:	4:53.67	32.06
2. Nienakowska Natalia	96	Mks Polonia Warszawa		5:08.97	663	1:09.45	1:18.48	1:30.86	1:10.18		
50m:	32.25	32.25	150m:	1:48.20	38.75	250m:	3:12.59	44.66	350m:	4:34.82	36.03
100m:	1:09.45	37.20	200m:	2:27.93	39.73	300m:	3:58.79	46.20	400m:	5:08.97	34.15
3. Piechota Paulina	99	Uks 190 Łód		5:09.95	656	1:09.64	1:19.83	1:29.36	1:11.12		
50m:	31.95	31.95	150m:	1:49.63	39.99	250m:	3:14.29	44.82	350m:	4:34.97	36.14
100m:	1:09.64	37.69	200m:	2:29.47	39.84	300m:	3:58.83	44.54	400m:	5:09.95	34.98
4. Bakies Gabriela	96	UKS "Pi tka" Konstancynów		5:12.12	643	1:08.99	1:19.42	1:33.43	1:10.28		
50m:	32.05	32.05	150m:	1:48.68	39.69	250m:	3:14.25	45.84	350m:	4:37.49	35.65
100m:	1:08.99	36.94	200m:	2:28.41	39.73	300m:	4:01.84	47.59	400m:	5:12.12	34.63
5. Biedrzycka Iga	97	MKS "Ros" Pisz		5:16.64	616	1:11.11	1:21.47	1:30.75	1:13.31		
50m:	32.75	32.75	150m:	1:51.75	40.64	250m:	3:17.06	44.48	350m:	4:40.43	37.10
100m:	1:11.11	38.36	200m:	2:32.58	40.83	300m:	4:03.33	46.27	400m:	5:16.64	36.21
6. Muzolf Weronika	98	MTS Kwidzyn		5:28.11	553	1:11.06	1:25.80	1:33.26	1:17.99		
50m:	32.50	32.50	150m:	1:53.66	42.60	250m:	3:22.06	45.20	350m:	4:49.28	39.16
100m:	1:11.06	38.56	200m:	2:36.86	43.20	300m:	4:10.12	48.06	400m:	5:28.11	38.83
7. Bartniak Dorota	97	MKS Trójka Łód		5:30.33	542	1:16.57	1:23.95	1:33.54	1:16.27		
50m:	35.94	35.94	150m:	1:59.28	42.71	250m:	3:26.78	46.26	350m:	4:52.89	38.83
100m:	1:16.57	40.63	200m:	2:40.52	41.24	300m:	4:14.06	47.28	400m:	5:30.33	37.44
8. Szmit Dominika	95	MTP KORMORAN Olsztyn		5:32.23	533	1:15.89	1:23.33	1:37.73	1:15.28		
50m:	34.65	34.65	150m:	1:58.43	42.54	250m:	3:27.87	48.65	350m:	4:55.22	38.27
100m:	1:15.89	41.24	200m:	2:39.22	40.79	300m:	4:16.95	49.08	400m:	5:32.23	37.01
9. Karaszewicz Daria	99	MTS Kwidzyn		5:35.18	519	1:13.23	1:24.85	1:40.92	1:16.18		
50m:	33.19	33.19	150m:	1:55.74	42.51	250m:	3:27.21	49.13	350m:	4:57.50	38.50
100m:	1:13.23	40.04	200m:	2:38.08	42.34	300m:	4:19.00	51.79	400m:	5:35.18	37.68
10. Bagi ska Zofia	97	MOSiR Sopot		5:38.06	506	1:15.96	1:28.66	1:35.65	1:17.79		
50m:	35.01	35.01	150m:	2:01.15	45.19	250m:	3:32.26	47.64	350m:	4:59.12	38.85
100m:	1:15.96	40.95	200m:	2:44.62	43.47	300m:	4:20.27	48.01	400m:	5:38.06	38.94
11. Michałowska Martyna	99	UKS "Pi tka" Konstancynów		5:49.03	460	1:24.94	1:25.05	1:36.38	1:22.66		
50m:	38.93	38.93	150m:	2:07.60	42.66	250m:	3:37.44	47.45	350m:	5:08.31	41.94
100m:	1:24.94	46.01	200m:	2:49.99	42.39	300m:	4:26.37	48.93	400m:	5:49.03	40.72