

GRAND PRIX PUCHAR POLSKI
OLSZTYN, 24 - 25-5-2014

Konkurencja 2
2014-05-24 - 9:14

M cyczn, 400m zmienny

14 lat i starsi
Wyniki

Top Times "Poland" Open	4:12.28	Matczak Mateusz	00905	Belgrade (SRB)	2009-07-11
Top Times "Poland" 14	4:42.16	Cie lak Marcin	00414	Gorzow	2006-11-24
Top Times "Poland" 15	4:32.62	Cie lak Marcin	03914	Gorzow Wlkp.	2007-11-30
Top Times "Poland" 16	4:27.40	Cie lak Marcin	03914	Prague - Podoli (CZE)	2008-12-05
Top Times "Poland" 17	4:20.27	Matczak Mateusz	00905	Palma de Mallorca (ESP)	2006-07-06
Top Times "Poland" 18	4:18.40	Matczak Mateusz	00905	Antwerp (BEL)	2007-07-22
Top Times "Poland" 19 +	4:12.28	Matczak Mateusz	00905	Belgrade (SRB)	2009-07-11

Punkty: FINA 2014

Pozycja			Rok ur.						Czas	Pkt.		
1.	Szwedzki Dawid		94	UKS "Pi tka" Konstantynów Łódz					4:30.58	731		
	50m:	29.35	29.35	150m:	1:37.02	34.26	250m:	2:48.39	37.90	350m:	3:59.47	32.96
	100m:	1:02.76	33.41	200m:	2:10.49	33.47	300m:	3:26.51	38.12	400m:	4:30.58	31.11
2.	Dubiel Adam		93	KORNER Zielona Góra					4:32.03	720		
	50m:	28.24	28.24	150m:	1:34.78	33.86	250m:	2:47.99	39.94	350m:	4:01.31	31.80
	100m:	1:00.92	32.68	200m:	2:08.05	33.27	300m:	3:29.51	41.52	400m:	4:32.03	30.72
3.	St pie Konrad		96	MMS Polonia W-wa					4:38.80	669		
	50m:	29.04	29.04	150m:	1:39.57	36.97	250m:	2:53.71	38.39	350m:	4:06.44	33.12
	100m:	1:02.60	33.56	200m:	2:15.32	35.75	300m:	3:33.32	39.61	400m:	4:38.80	32.36
4.	Hulbój Marcin SZG		96	MKP Szczecin					4:42.94	640		
	50m:	27.89	27.89	150m:	1:40.09	39.55	250m:	2:56.22	39.02	350m:	4:09.56	34.48
	100m:	1:00.54	32.65	200m:	2:17.20	37.11	300m:	3:35.08	38.86	400m:	4:42.94	33.38
5.	G sior Patryk		94	AZS Warszawa					4:42.99	639		
	50m:	29.49	29.49	150m:	1:40.70	37.45	250m:	2:57.94	40.34	350m:	4:11.58	33.20
	100m:	1:03.25	33.76	200m:	2:17.60	36.90	300m:	3:38.38	40.44	400m:	4:42.99	31.41
6.	Pietrzak Dawid		97	MUKS Pi tnostka Bydgoszcz					4:44.37	630		
	50m:	28.81	28.81	150m:	1:37.50	35.75	250m:	2:54.69	41.52	350m:	4:11.52	34.08
	100m:	1:01.75	32.94	200m:	2:13.17	35.67	300m:	3:37.44	42.75	400m:	4:44.37	32.85
7.	Buczowski Kamil SZG		96	KORNER Zielona Góra					4:47.72	608		
	50m:	29.84	29.84	150m:	1:41.99	37.22	250m:	3:01.37	41.75	350m:	4:16.12	31.66
	100m:	1:04.77	34.93	200m:	2:19.62	37.63	300m:	3:44.46	43.09	400m:	4:47.72	31.60
8.	Bodzioch Andrzej		98	MUKS Pi tnostka Bydgoszcz					4:49.13	599		
	50m:	29.42	29.42	150m:	1:40.34	36.45	250m:	2:57.67	41.42	350m:	4:15.62	35.06
	100m:	1:03.89	34.47	200m:	2:16.25	35.91	300m:	3:40.56	42.89	400m:	4:49.13	33.51
9.	Palmi-Kukielko Mieszko		93	MKS Ro Pisz					4:50.30	592		
	50m:	29.19	29.19	150m:	1:42.01	38.96	250m:	3:02.41	41.45	350m:	4:17.66	33.27
	100m:	1:03.05	33.86	200m:	2:20.96	38.95	300m:	3:44.39	41.98	400m:	4:50.30	32.64
10.	Romanowski Kamil		97	MTPK Delfin Toru					4:54.31	568		
	50m:	28.89	28.89	150m:	1:42.79	38.77	250m:	3:02.58	39.90	350m:	4:18.63	35.38
	100m:	1:04.02	35.13	200m:	2:22.68	39.89	300m:	3:43.25	40.67	400m:	4:54.31	35.68
11.	Wolaneck Szymon		96	AZS Uł Pł Łód					4:54.79	565		
	50m:	29.33	29.33	150m:	1:43.23	39.75	250m:	3:05.03	43.31	350m:	4:22.61	33.44
	100m:	1:03.48	34.15	200m:	2:21.72	38.49	300m:	3:49.17	44.14	400m:	4:54.79	32.18
12.	Janicki Wojciech		96	MTS Kwidzyn					4:56.62	555		
	50m:	29.28	29.28	150m:	1:44.52	41.47	250m:	3:06.56	41.33	350m:	4:23.45	35.56
	100m:	1:03.05	33.77	200m:	2:25.23	40.71	300m:	3:47.89	41.33	400m:	4:56.62	33.17
13.	Pietrzak Krzysztof		96	KS Delfin Gdynia					4:56.77	554		
	50m:	30.73	30.73	150m:	1:43.56	37.09	250m:	3:03.89	42.85	350m:	4:23.43	34.80
	100m:	1:06.47	35.74	200m:	2:21.04	37.48	300m:	3:48.63	44.74	400m:	4:56.77	33.34
14.	Pecyna Maciej		99	IKS Konstancin					4:57.26	551		
	50m:	29.55	29.55	150m:	1:44.73	40.49	250m:	3:05.09	41.56	350m:	4:23.16	35.65
	100m:	1:04.24	34.69	200m:	2:23.53	38.80	300m:	3:47.51	42.42	400m:	4:57.26	34.10
15.	Solak Łukasz		99	PSP Swim Płock					4:57.82	548		
	50m:	30.41	30.41	150m:	1:46.69	39.48	250m:	3:06.76	41.61	350m:	4:24.15	35.69
	100m:	1:07.21	36.80	200m:	2:25.15	38.46	300m:	3:48.46	41.70	400m:	4:57.82	33.67

GRAND PRIX PUCHAR POLSKI
OLSZTYN, 24 - 25-5-2014

Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.	
16. Szołoch Robert	94 MKP Gda sk								4:58.57	544	
50m:	29.27	29.27	150m:	1:42.87	39.75	250m:	3:04.63	43.17	350m:	4:23.56	35.14
100m:	1:03.12	33.85	200m:	2:21.46	38.59	300m:	3:48.42	43.79	400m:	4:58.57	35.01
17. Karwat Krzysztof	96 UKS NAWA Skierniewice								5:00.59	533	
50m:	29.70	29.70	150m:	1:42.30	37.33	250m:	3:04.72	46.01	350m:	4:27.03	35.43
100m:	1:04.97	35.27	200m:	2:18.71	36.41	300m:	3:51.60	46.88	400m:	5:00.59	33.56
18. Oller Krzysztof	00 MTP KORMORAN Olsztyn								5:03.61	518	
50m:	32.63	32.63	150m:	1:49.48	39.70	250m:	3:11.60	43.92	350m:	4:30.75	35.81
100m:	1:09.78	37.15	200m:	2:27.68	38.20	300m:	3:54.94	43.34	400m:	5:03.61	32.86
19. Kuleszko Mikołaj	98 MTKP Delfin Toru								5:04.85	511	
50m:	29.11	29.11	150m:	1:44.47	39.34	250m:	3:07.72	44.32	350m:	4:30.58	37.05
100m:	1:05.13	36.02	200m:	2:23.40	38.93	300m:	3:53.53	45.81	400m:	5:04.85	34.27
20. Orłowski Kamil SOc	00 KSZO Ostrowiec								5:04.95	511	
50m:	31.84	31.84	150m:	1:47.60	38.93	250m:	3:10.39	44.43	350m:	4:31.24	34.71
100m:	1:08.67	36.83	200m:	2:25.96	38.36	300m:	3:56.53	46.14	400m:	5:04.95	33.71
21. Bujak Kacper	98 MTP Lublinianka Lublin								5:06.75	502	
50m:	32.59	32.59	150m:	1:47.30	38.01	250m:	3:11.86	46.77	350m:	4:34.02	34.79
100m:	1:09.29	36.70	200m:	2:25.09	37.79	300m:	3:59.23	47.37	400m:	5:06.75	32.73
22. Szmit Kacper	97 MTP KORMORAN Olsztyn								5:10.20	485	
50m:	31.55	31.55	150m:	1:51.33	42.18	250m:	3:13.65	41.77	350m:	4:35.10	37.27
100m:	1:09.15	37.60	200m:	2:31.88	40.55	300m:	3:57.83	44.18	400m:	5:10.20	35.10
23. Orzechowski Kacper	00 UKS NAWA Skierniewice								5:11.24	480	
50m:	31.93	31.93	150m:	1:50.53	41.39	250m:	3:12.32	40.89	350m:	4:34.59	39.14
100m:	1:09.14	37.21	200m:	2:31.43	40.90	300m:	3:55.45	43.13	400m:	5:11.24	36.65
24. Ma ka Filip	00 UKS 190 Łód								5:12.17	476	
50m:	32.90	32.90	150m:	1:51.00	40.36	250m:	3:16.04	44.59	350m:	4:36.98	35.89
100m:	1:10.64	37.74	200m:	2:31.45	40.45	300m:	4:01.09	45.05	400m:	5:12.17	35.19
25. Czop Michał	00 MTS Kwidzyn								5:13.37	471	
50m:	30.47	30.47	150m:	1:48.36	40.87	250m:	3:13.86	44.66	350m:	4:36.24	37.66
100m:	1:07.49	37.02	200m:	2:29.20	40.84	300m:	3:58.58	44.72	400m:	5:13.37	37.13
26. Kwiasowski Jakub	00 MKS Jedyńka Łód								5:16.64	456	
50m:	32.05	32.05	150m:	1:50.55	42.52	250m:	3:20.09	48.37	350m:	4:43.71	35.13
100m:	1:08.03	35.98	200m:	2:31.72	41.17	300m:	4:08.58	48.49	400m:	5:16.64	32.93
27. Kostowski Michał	99 MTP KORMORAN Olsztyn								5:18.20	450	
50m:	32.15	32.15	150m:	1:52.64	42.05	250m:	3:18.63	45.39	350m:	4:42.48	37.58
100m:	1:10.59	38.44	200m:	2:33.24	40.60	300m:	4:04.90	46.27	400m:	5:18.20	35.72
28. Pietrzyk Cezary SOc	00 KSZO Ostrowiec								5:23.99	426	
50m:	32.01	32.01	150m:	1:53.98	43.93	250m:	3:23.64	46.75	350m:	4:48.25	38.26
100m:	1:10.05	38.04	200m:	2:36.89	42.91	300m:	4:09.99	46.35	400m:	5:23.99	35.74
29. Cierpikowski Robert	00 UKS "Pi tka" Konstancynów Łódz								5:35.49	383	
50m:	34.74	34.74	150m:	2:01.74	44.88	250m:	3:33.84	48.51	350m:	5:00.05	37.27
100m:	1:16.86	42.12	200m:	2:45.33	43.59	300m:	4:22.78	48.94	400m:	5:35.49	35.44