

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
OLSZTYN, 5- - 8-6-2014

Konkurencja 17
2014-06-06 - 18:08

Kobiet, 400m zmienny

Open
Wyniki Finał

Rekord Polski	4:36.95	BARANOWSKA Katarzyna
Minimum ME (Berlin)	4:49.31	
Minimum MEJ (Dordrecht)	4:59.94	

Punkty: FINA 2014

Pozycja		Rok ur.			Czas	Pkt.
Finał A						
1.	TCHÓRZ Alicja	92	MKS Juvenia Wrocław		4:49.84	794
	50m: 30.43 30.43	150m: 1:43.33	37.62	250m: 3:02.52	41.52	350m: 4:18.12 33.92
	100m: 1:05.71 35.28	200m: 2:21.00	37.67	300m: 3:44.20	41.68	400m: 4:49.84 31.72
2.	SZCZEPANIAK Karolina	92	AZS AWF Katowice		4:49.99	793
	50m: 30.76 30.76	150m: 1:42.85	36.87	250m: 3:00.71	41.86	350m: 4:17.24 33.89
	100m: 1:05.98 35.22	200m: 2:18.85	36.00	300m: 3:43.35	42.64	400m: 4:49.99 32.75
3.	SIE CZYK Jowita SK	97	ak Biała Podlaska		4:54.69	755
	50m: 31.34 31.34	150m: 1:45.55	38.19	250m: 3:04.29	41.36	350m: 4:20.48 35.01
	100m: 1:07.36 36.02	200m: 2:22.93	37.38	300m: 3:45.47	41.18	400m: 4:54.69 34.21
4.	ZBROJEWSKA Michalina SS	96	UKS "Pi tka" Konstancynów Łódź		4:56.87	739
	50m: 31.43 31.43	150m: 1:46.80	39.54	250m: 3:06.22	40.82	350m: 4:22.66 34.99
	100m: 1:07.26 35.83	200m: 2:25.40	38.60	300m: 3:47.67	41.45	400m: 4:56.87 34.21
5.	SIKORA Paulina	93	AZS Warszawa		4:59.13	722
	50m: 31.03 31.03	150m: 1:45.97	38.99	250m: 3:08.24	43.26	350m: 4:25.32 33.27
	100m: 1:06.98 35.95	200m: 2:24.98	39.01	300m: 3:52.05	43.81	400m: 4:59.13 33.81
6.	SZPUCHA Katarzyna	96	MKS Trójka Łódź		5:00.79	710
	50m: 32.16 32.16	150m: 1:46.47	38.28	250m: 3:06.24	41.86	350m: 4:25.23 36.24
	100m: 1:08.19 36.03	200m: 2:24.38	37.91	300m: 3:48.99	42.75	400m: 5:00.79 35.56
7.	PIECHOTA Paulina	99	UKS 190 Łódź		5:03.94	688
	50m: 32.02 32.02	150m: 1:47.41	38.78	250m: 3:10.33	44.69	350m: 4:30.41 34.73
	100m: 1:08.63 36.61	200m: 2:25.64	38.23	300m: 3:55.68	45.35	400m: 5:03.94 33.53
8.	OLCZAK Mirella	93	AZS Warszawa		5:06.56	671
	50m: 30.64 30.64	150m: 1:45.93	40.38	250m: 3:09.10	43.78	350m: 4:30.57 37.64
	100m: 1:05.55 34.91	200m: 2:25.32	39.39	300m: 3:52.93	43.83	400m: 5:06.56 35.99
9.	OKAJ Oliwia SWR	96	WKS I sk Wrocław		5:09.40	653
	50m: 31.35 31.35	150m: 1:48.68	40.27	250m: 3:12.38	44.32	350m: 4:34.79 36.85
	100m: 1:08.41 37.06	200m: 2:28.06	39.38	300m: 3:57.94	45.56	400m: 5:09.40 34.61
10.	ADAMCZYK Julia	99	MTP Lublinianka Lublin		5:14.44	622
	50m: 33.21 33.21	150m: 1:52.20	40.22	250m: 3:15.01	43.85	350m: 4:37.95 37.83
	100m: 1:11.98 38.77	200m: 2:31.16	38.96	300m: 4:00.12	45.11	400m: 5:14.44 36.49
Finał B						
11.	MAGNER Agata SK	97	Jordan Kraków		5:02.28	700
	50m: 31.94 31.94	150m: 1:45.79	37.99	250m: 3:08.16	45.85	350m: 4:28.49 34.86
	100m: 1:07.80 35.86	200m: 2:22.31	36.52	300m: 3:53.63	45.47	400m: 5:02.28 33.79
12.	SPROSKA Magdalena	97	Zryw Opole		5:12.72	632
	50m: 32.26 32.26	150m: 1:50.63	41.13	250m: 3:16.66	45.83	350m: 4:38.28 35.70
	100m: 1:09.50 37.24	200m: 2:30.83	40.20	300m: 4:02.58	45.92	400m: 5:12.72 34.44
13.	KWIATEK Miriam	98	MUKS Gilus Gilowice		5:13.38	628
	50m: 31.79 31.79	150m: 1:48.25	39.59	250m: 3:13.14	45.07	350m: 4:36.55 37.04
	100m: 1:08.66 36.87	200m: 2:28.07	39.82	300m: 3:59.51	46.37	400m: 5:13.38 36.83
14.	TERESKO Anna	97	CSIR MOS D browa Górnicza		5:13.80	625
	50m: 33.09 33.09	150m: 1:51.83	41.30	250m: 3:17.89	46.03	350m: 4:40.03 35.96
	100m: 1:10.53 37.44	200m: 2:31.86	40.03	300m: 4:04.07	46.18	400m: 5:13.80 33.77
15.	GIEDZICZ Katarzyna	98	MKS Juvenia Białystok		5:16.21	611
	50m: 32.70 32.70	150m: 1:51.31	41.47	250m: 3:18.66	45.91	350m: 4:40.74 36.59
	100m: 1:09.84 37.14	200m: 2:32.75	41.44	300m: 4:04.15	45.49	400m: 5:16.21 35.47

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Pozycja			Rok ur.						Czas	Pkt.
16.	LIWI SKA	Marta	97	CSIR MOS D	browa Górnicza			5:17.65	603	
	50m:	32.93 32.93	150m:	1:52.84 42.04	250m:	3:19.91 46.64	350m:	4:43.79 36.46		
	100m:	1:10.80 37.87	200m:	2:33.27 40.43	300m:	4:07.33 47.42	400m:	5:17.65 33.86		
17.	PROCHOWNIK	Olimpia SO	99	UKP Unia O	wi cim			5:17.86	602	
	50m:	33.88 33.88	150m:	1:57.39 44.73	250m:	3:22.59 42.78	350m:	4:42.68 37.79		
	100m:	1:12.66 38.78	200m:	2:39.81 42.42	300m:	4:04.89 42.30	400m:	5:17.86 35.18		
18.	BŁOCKA	Agnieszka	96	UKS Jagiellonka	Warszawa			5:19.86	591	
	50m:	33.22 33.22	150m:	1:53.90 41.54	250m:	3:19.76 44.44	350m:	4:43.91 37.68		
	100m:	1:12.36 39.14	200m:	2:35.32 41.42	300m:	4:06.23 46.47	400m:	5:19.86 35.95		
19.	KARASZKIEWICZ	Daria	99	MTS Kwidzyn				5:23.95	568	
	50m:	34.16 34.16	150m:	1:55.05 40.95	250m:	3:21.11 47.37	350m:	4:47.52 37.12		
	100m:	1:14.10 39.94	200m:	2:33.74 38.69	300m:	4:10.40 49.29	400m:	5:23.95 36.43		
20.	ŁUKASIK	Wiktoria	99	MKS Medyk Gi	ycko			5:25.56	560	
	50m:	33.48 33.48	150m:	1:54.97 42.11	250m:	3:22.74 46.41	350m:	4:49.30 38.53		
	100m:	1:12.86 39.38	200m:	2:36.33 41.36	300m:	4:10.77 48.03	400m:	5:25.56 36.26		