

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 5- - 8-6-2014

Event 17 Women, 400m Medley Open  
2014-06-06 - 18:08 Results Finals

Rekord Polski 4:36.95 BARANOWSKA Katarzyna  
Minimum ME (Berlin) 4:49.31  
Minimum MEJ (Dordrecht) 4:59.94

Points: FINA 2014

Rank			YB					Time	Pts
<b>Final A</b>									
1.	TCHORZ Alicja		92	MKS Juvenia Wroclaw				<b>4:49.84</b>	794
	50m:	30.43 30.43	150m:	1:43.33 37.62	250m:	3:02.52 41.52	350m:	4:18.12 33.92	
	100m:	1:05.71 35.28	200m:	2:21.00 37.67	300m:	3:44.20 41.68	400m:	4:49.84 31.72	
2.	SZCZEPANIAK Karolina		92	AZS AWF Katowice				<b>4:49.99</b>	793
	50m:	30.76 30.76	150m:	1:42.85 36.87	250m:	3:00.71 41.86	350m:	4:17.24 33.89	
	100m:	1:05.98 35.22	200m:	2:18.85 36.00	300m:	3:43.35 42.64	400m:	4:49.99 32.75	
3.	SIENCZYK Jowita		97	Zak Biala Podlaska				<b>4:54.69</b>	755
	50m:	31.34 31.34	150m:	1:45.55 38.19	250m:	3:04.29 41.36	350m:	4:20.48 35.01	
	100m:	1:07.36 36.02	200m:	2:22.93 37.38	300m:	3:45.47 41.18	400m:	4:54.69 34.21	
4.	ZBROJEWSKA Michalina SS		96	UKS "Piatka" Konstanynow Lodz				<b>4:56.87</b>	739
	50m:	31.43 31.43	150m:	1:46.80 39.54	250m:	3:06.22 40.82	350m:	4:22.66 34.99	
	100m:	1:07.26 35.83	200m:	2:25.40 38.60	300m:	3:47.67 41.45	400m:	4:56.87 34.21	
5.	SIKORA Paulina		93	AZS Warsaw				<b>4:59.13</b>	722
	50m:	31.03 31.03	150m:	1:45.97 38.99	250m:	3:08.24 43.26	350m:	4:25.32 33.27	
	100m:	1:06.98 35.95	200m:	2:24.98 39.01	300m:	3:52.05 43.81	400m:	4:59.13 33.81	
6.	SZPUCHA Katarzyna		96	MKS Trojka Lodz				<b>5:00.79</b>	710
	50m:	32.16 32.16	150m:	1:46.47 38.28	250m:	3:06.24 41.86	350m:	4:25.23 36.24	
	100m:	1:08.19 36.03	200m:	2:24.38 37.91	300m:	3:48.99 42.75	400m:	5:00.79 35.56	
7.	PIECHOTA Paulina		99	UKS 190 Lodz				<b>5:03.94</b>	688
	50m:	32.02 32.02	150m:	1:47.41 38.78	250m:	3:10.33 44.69	350m:	4:30.41 34.73	
	100m:	1:08.63 36.61	200m:	2:25.64 38.23	300m:	3:55.68 45.35	400m:	5:03.94 33.53	
8.	OLCZAK Mirella		93	AZS Warsaw				<b>5:06.56</b>	671
	50m:	30.64 30.64	150m:	1:45.93 40.38	250m:	3:09.10 43.78	350m:	4:30.57 37.64	
	100m:	1:05.55 34.91	200m:	2:25.32 39.39	300m:	3:52.93 43.83	400m:	5:06.56 35.99	
9.	OKAJ Oliwia SWR		96	WKS Slask Wroclaw				<b>5:09.40</b>	653
	50m:	31.35 31.35	150m:	1:48.68 40.27	250m:	3:12.38 44.32	350m:	4:34.79 36.85	
	100m:	1:08.41 37.06	200m:	2:28.06 39.38	300m:	3:57.94 45.56	400m:	5:09.40 34.61	
10.	ADAMCZYK Julia		99	MTP Lublinianka Lublin				<b>5:14.44</b>	622
	50m:	33.21 33.21	150m:	1:52.20 40.22	250m:	3:15.01 43.85	350m:	4:37.95 37.83	
	100m:	1:11.98 38.77	200m:	2:31.16 38.96	300m:	4:00.12 45.11	400m:	5:14.44 36.49	
<b>Final B</b>									
11.	MAGNER Agata		97	Jordan Krakow				<b>5:02.28</b>	700
	50m:	31.94 31.94	150m:	1:45.79 37.99	250m:	3:08.16 45.85	350m:	4:28.49 34.86	
	100m:	1:07.80 35.86	200m:	2:22.31 36.52	300m:	3:53.63 45.47	400m:	5:02.28 33.79	
12.	SPROSKA Magdalena		97	MKS Zryw Opole				<b>5:12.72</b>	632
	50m:	32.26 32.26	150m:	1:50.63 41.13	250m:	3:16.66 45.83	350m:	4:38.28 35.70	
	100m:	1:09.50 37.24	200m:	2:30.83 40.20	300m:	4:02.58 45.92	400m:	5:12.72 34.44	
13.	KWIATEK Miriam		98	MUKS Gilus Gilowice				<b>5:13.38</b>	628
	50m:	31.79 31.79	150m:	1:48.25 39.59	250m:	3:13.14 45.07	350m:	4:36.55 37.04	
	100m:	1:08.66 36.87	200m:	2:28.07 39.82	300m:	3:59.51 46.37	400m:	5:13.38 36.83	
14.	TERESKO Anna		97	CSIR MOS Dabrowa Gornicza				<b>5:13.80</b>	625
	50m:	33.09 33.09	150m:	1:51.83 41.30	250m:	3:17.89 46.03	350m:	4:40.03 35.96	
	100m:	1:10.53 37.44	200m:	2:31.86 40.03	300m:	4:04.07 46.18	400m:	5:13.80 33.77	
15.	GIEDZICZ Katarzyna		98	MKS Juvenia Bialystok				<b>5:16.21</b>	611
	50m:	32.70 32.70	150m:	1:51.31 41.47	250m:	3:18.66 45.91	350m:	4:40.74 36.59	
	100m:	1:09.84 37.14	200m:	2:32.75 41.44	300m:	4:04.15 45.49	400m:	5:16.21 35.47	

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Rank			YB					Time	Pts
16.	SLIWINSKA Marta		97	CSIR MOS Dabrowa Gornicza				<b>5:17.65</b>	603
	50m:	32.93 32.93	150m:	1:52.84	42.04	250m:	3:19.91 46.64	350m:	4:43.79 36.46
	100m:	1:10.80 37.87	200m:	2:33.27	40.43	300m:	4:07.33 47.42	400m:	5:17.65 33.86
17.	PROCHOWNIK Olimpia SO		99	UKP Unia Oswiecim				<b>5:17.86</b>	602
	50m:	33.88 33.88	150m:	1:57.39	44.73	250m:	3:22.59 42.78	350m:	4:42.68 37.79
	100m:	1:12.66 38.78	200m:	2:39.81	42.42	300m:	4:04.89 42.30	400m:	5:17.86 35.18
18.	BLOCKA Agnieszka		96	UKS Jagiellonka Warszawa				<b>5:19.86</b>	591
	50m:	33.22 33.22	150m:	1:53.90	41.54	250m:	3:19.76 44.44	350m:	4:43.91 37.68
	100m:	1:12.36 39.14	200m:	2:35.32	41.42	300m:	4:06.23 46.47	400m:	5:19.86 35.95
19.	KARASZKIEWICZ Daria		99	MTS Kwidzyn				<b>5:23.95</b>	568
	50m:	34.16 34.16	150m:	1:55.05	40.95	250m:	3:21.11 47.37	350m:	4:47.52 37.12
	100m:	1:14.10 39.94	200m:	2:33.74	38.69	300m:	4:10.40 49.29	400m:	5:23.95 36.43
20.	LUKASIK Wiktoria		99	MKS Medyk Gizycko				<b>5:25.56</b>	560
	50m:	33.48 33.48	150m:	1:54.97	42.11	250m:	3:22.74 46.41	350m:	4:49.30 38.53
	100m:	1:12.86 39.38	200m:	2:36.33	41.36	300m:	4:10.77 48.03	400m:	5:25.56 36.26