

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 5- - 8-6-2014

Event 17 Women, 400m Medley Open  
2014-06-06 - 11:16 Results Prelim

Minimum ME (Berlin) 4:49.31  
Minimum ME dla Juniorów (Berlin) 4:52.31  
Minimum MEJ (Dordrecht) 4:59.94

Points: FINA 2014

Rank			YB							Time	Pts	
1.	SZCZEPANIAK Karolina		92	AZS AWF Katowice						<b>4:58.77</b>	725	A
	50m:	31.54 31.54	150m:	1:46.43	38.70	250m:	3:06.22	41.96	350m:	4:24.71	35.56	
	100m:	1:07.73 36.19	200m:	2:24.26	37.83	300m:	3:49.15	42.93	400m:	4:58.77	34.06	
2.	TCHORZ Alicja		92	MKS Juvenia Wroclaw						<b>5:01.06</b>	708	A
	50m:	30.86 30.86	150m:	1:46.36	39.64	250m:	3:07.61	42.02	350m:	4:25.97	36.00	
	100m:	1:06.72 35.86	200m:	2:25.59	39.23	300m:	3:49.97	42.36	400m:	5:01.06	35.09	
3.	SIENCZYK Jowita		97	Zak Biala Podlaska						<b>5:01.20</b>	707	A
	50m:	31.45 31.45	150m:	1:46.98	38.62	250m:	3:08.11	42.69	350m:	4:25.96	35.23	
	100m:	1:08.36 36.91	200m:	2:25.42	38.44	300m:	3:50.73	42.62	400m:	5:01.20	35.24	
4.	OLCZAK Mirella		93	AZS Warsaw						<b>5:03.28</b>	693	A
	50m:	30.89 30.89	150m:	1:46.63	39.91	250m:	3:09.36	43.88	350m:	4:28.49	35.23	
	100m:	1:06.72 35.83	200m:	2:25.48	38.85	300m:	3:53.26	43.90	400m:	5:03.28	34.79	
5.	SIKORA Paulina		93	AZS Warsaw						<b>5:03.59</b>	691	A
	50m:	31.31 31.31	150m:	1:47.68	39.25	250m:	3:09.82	43.41	350m:	4:28.70	34.65	
	100m:	1:08.43 37.12	200m:	2:26.41	38.73	300m:	3:54.05	44.23	400m:	5:03.59	34.89	
6.	ZBROJEWSKA Michalina SS		96	UKS "Piatka" Konstantinow Lodz						<b>5:04.09</b>	687	A
	50m:	31.34 31.34	150m:	1:47.88	39.97	250m:	3:09.60	42.50	350m:	4:29.28	36.51	
	100m:	1:07.91 36.57	200m:	2:27.10	39.22	300m:	3:52.77	43.17	400m:	5:04.09	34.81	
7.	SZPUCHA Katarzyna		96	MKS Trojka Lodz						<b>5:04.21</b>	687	A
	50m:	32.66 32.66	150m:	1:47.95	39.17	250m:	3:09.40	42.37	350m:	4:28.81	36.69	
	100m:	1:08.78 36.12	200m:	2:27.03	39.08	300m:	3:52.12	42.72	400m:	5:04.21	35.40	
8.	PIECHOTA Paulina		99	UKS 190 Lodz						<b>5:06.40</b>	672	A
	50m:	32.17 32.17	150m:	1:49.60	39.70	250m:	3:12.82	44.54	350m:	4:32.37	34.49	
	100m:	1:09.90 37.73	200m:	2:28.28	38.68	300m:	3:57.88	45.06	400m:	5:06.40	34.03	
9.	ADAMCZYK Julia		99	MTP Lublinianka Lublin						<b>5:09.50</b>	652	A
	50m:	33.08 33.08	150m:	1:51.07	40.11	250m:	3:14.10	44.25	350m:	4:35.56	37.07	
	100m:	1:10.96 37.88	200m:	2:29.85	38.78	300m:	3:58.49	44.39	400m:	5:09.50	33.94	
10.	OKAJ Oliwia SWR		96	WKS Slask Wroclaw						<b>5:09.80</b>	650	A
	50m:	31.60 31.60	150m:	1:49.63	40.64	250m:	3:13.42	44.12	350m:	4:34.84	36.49	
	100m:	1:08.99 37.39	200m:	2:29.30	39.67	300m:	3:58.35	44.93	400m:	5:09.80	34.96	
11.	MAGNER Agata		97	Jordan Krakow						<b>5:10.74</b>	644	B
	50m:	32.64 32.64	150m:	1:48.07	38.13	250m:	3:13.29	48.40	350m:	4:36.86	35.90	
	100m:	1:09.94 37.30	200m:	2:24.89	36.82	300m:	4:00.96	47.67	400m:	5:10.74	33.88	
12.	SPROSKA Magdalena		97	MKS Zryw Opole						<b>5:13.38</b>	628	B
	50m:	32.36 32.36	150m:	1:51.29	40.81	250m:	3:16.62	45.20	350m:	4:38.71	36.44	
	100m:	1:10.48 38.12	200m:	2:31.42	40.13	300m:	4:02.27	45.65	400m:	5:13.38	34.67	
13.	GIEDZICZ Katarzyna		98	MKS Juvenia Bialystok						<b>5:15.47</b>	616	B
	50m:	32.48 32.48	150m:	1:52.13	42.45	250m:	3:18.33	45.43	350m:	4:40.09	36.69	
	100m:	1:09.68 37.20	200m:	2:32.90	40.77	300m:	4:03.40	45.07	400m:	5:15.47	35.38	
14.	TERESKO Anna		97	CSIR MOS Dabrowa Gornicza						<b>5:15.54</b>	615	B
	50m:	32.80 32.80	150m:	1:52.42	41.45	250m:	3:18.98	45.94	350m:	4:41.56	36.10	
	100m:	1:10.97 38.17	200m:	2:33.04	40.62	300m:	4:05.46	46.48	400m:	5:15.54	33.98	
15.	WIERTEL Agata		95	MTP Lublinianka Lublin						<b>5:15.58</b>	615	B
	50m:	33.11 33.11	150m:	1:52.63	40.07	250m:	3:18.33	46.24	350m:	4:41.85	36.66	
	100m:	1:12.56 39.45	200m:	2:32.09	39.46	300m:	4:05.19	46.86	400m:	5:15.58	33.73	
16.	NIENALTOWSKA Natalia		96	MKS Polonia Warszawa						<b>5:15.63</b>	615	B
	50m:	32.62 32.62	150m:	1:49.78	39.71	250m:	3:15.33	45.93	350m:	4:39.57	37.69	
	100m:	1:10.07 37.45	200m:	2:29.40	39.62	300m:	4:01.88	46.55	400m:	5:15.63	36.06	

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Rank					YB					Time	Pts	
17.	KWIATEK Miriam				98	MUKS Gilus Gilowice				<b>5:18.76</b>	597 B	
	50m:	32.81	32.81	150m:	1:51.78	40.82	250m:	3:19.01	46.08	350m:	4:42.37	36.80
	100m:	1:10.96	38.15	200m:	2:32.93	41.15	300m:	4:05.57	46.56	400m:	5:18.76	36.39
18.	PROCHOWNIK Olimpia SO				99	UKP Unia Oswiecim				<b>5:19.88</b>	590 B	
	50m:	34.39	34.39	150m:	1:59.04	44.26	250m:	3:23.37	42.19	350m:	4:44.09	37.93
	100m:	1:14.78	40.39	200m:	2:41.18	42.14	300m:	4:06.16	42.79	400m:	5:19.88	35.79
19.	BLOCKA Agnieszka				96	UKS Jagiellonka Warszawa				<b>5:20.09</b>	589 B	
	50m:	33.58	33.58	150m:	1:55.65	42.49	250m:	3:22.58	44.42	350m:	4:46.19	37.16
	100m:	1:13.16	39.58	200m:	2:38.16	42.51	300m:	4:09.03	46.45	400m:	5:20.09	33.90
20.	SLIWINSKA Marta				97	CSIR MOS Dabrowa Gornicza				<b>5:21.18</b>	583 B	
	50m:	33.13	33.13	150m:	1:53.02	41.98	250m:	3:21.42	48.03	350m:	4:45.95	36.81
	100m:	1:11.04	37.91	200m:	2:33.39	40.37	300m:	4:09.14	47.72	400m:	5:21.18	35.23
21.	KARASZKIEWICZ Daria				99	MTS Kwidzyn				<b>5:24.00</b>	568 R	
	50m:	33.73	33.73	150m:	1:54.09	40.58	250m:	3:21.90	47.52	350m:	4:47.99	37.26
	100m:	1:13.51	39.78	200m:	2:34.38	40.29	300m:	4:10.73	48.83	400m:	5:24.00	36.01
22.	LUKASIK Wiktoria				99	MKS Medyk Gizycko				<b>5:24.85</b>	564 R	
	50m:	33.23	33.23	150m:	1:53.16	41.14	250m:	3:21.64	46.33	350m:	4:47.58	37.47
	100m:	1:12.02	38.79	200m:	2:35.31	42.15	300m:	4:10.11	48.47	400m:	5:24.85	37.27
23.	HELBING Justyna SK				97	Jordan Krakow				<b>5:26.55</b>	555	
	50m:	32.85	32.85	150m:	1:54.27	42.63	250m:	3:23.00	46.53	350m:	4:48.63	37.63
	100m:	1:11.64	38.79	200m:	2:36.47	42.20	300m:	4:11.00	48.00	400m:	5:26.55	37.92
24.	KOLBER Roksana SO				98	UKP Unia Oswiecim				<b>5:32.74</b>	525	
	50m:	34.38	34.38	150m:	1:57.93	44.96	250m:	3:29.32	47.45	350m:	4:55.89	38.23
	100m:	1:12.97	38.59	200m:	2:41.87	43.94	300m:	4:17.66	48.34	400m:	5:32.74	36.85
25.	WIKIEL Zaklina				00	MTP KORMORAN Olsztyn				<b>5:33.11</b>	523	
	50m:	35.24	35.24	150m:	2:01.32	45.42	250m:	3:29.14	44.40	350m:	4:54.97	41.00
	100m:	1:15.90	40.66	200m:	2:44.74	43.42	300m:	4:13.97	44.83	400m:	5:33.11	38.14
26.	KRUSZEWSKA Kaja				00	MKS Juwenia Bialystok				<b>5:33.91</b>	519	
	50m:	35.26	35.26	150m:	2:03.69	47.10	250m:	3:35.73	47.90	350m:	4:59.74	36.92
	100m:	1:16.59	41.33	200m:	2:47.83	44.14	300m:	4:22.82	47.09	400m:	5:33.91	34.17
27.	DOMZALSKA Wiktoria				00	UKP Jedynka Elblag				<b>5:39.89</b>	492	
	50m:	34.87	34.87	150m:	2:01.40	44.06	250m:	3:32.32	48.32	350m:	5:01.96	40.85
	100m:	1:17.34	42.47	200m:	2:44.00	42.60	300m:	4:21.11	48.79	400m:	5:39.89	37.93
28.	SMOLUCHOWSKA Magdalena				98	Dwojka Morena Gdansk				<b>5:57.30</b>	424	
	50m:	36.73	36.73	150m:	2:08.79	45.89	250m:	3:45.19	51.21	350m:	5:18.51	39.95
	100m:	1:22.90	46.17	200m:	2:53.98	45.19	300m:	4:38.56	53.37	400m:	5:57.30	38.79