

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
OLSZTYN, 5- - 8-6-2014

Event 18 Men, 400m Medley Open
2014-06-06 - 11:36 Results Prelim

Minimum ME (Berlin) 4:18.77
Minimum ME dla Juniorów (Berlin) 4:21.70
Minimum MEJ (Dordrecht) 4:28.49

Points: FINA 2014

Rank					YB					Time	Pts	
1.	DUBIEL Adam				93	KORNER Zielona Gora				4:28.65	747	A
	50m:	28.05	28.05	150m:	1:34.41	33.86	250m:	2:46.07	38.60	350m:	3:57.46	31.53
	100m:	1:00.55	32.50	200m:	2:07.47	33.06	300m:	3:25.93	39.86	400m:	4:28.65	31.19
2.	SZWEDZKI Dawid				94	UKS "Piatka" Konstantynow Lodz				4:28.95	745	A
	50m:	29.23	29.23	150m:	1:37.44	34.84	250m:	2:47.36	36.69	350m:	3:57.20	32.48
	100m:	1:02.60	33.37	200m:	2:10.67	33.23	300m:	3:24.72	37.36	400m:	4:28.95	31.75
3.	ZACZYNSKI Karol				91	WKS Slask Wroclaw				4:30.23	734	A
	50m:	27.98	27.98	150m:	1:35.52	34.46	250m:	2:48.15	37.85	350m:	3:58.98	31.88
	100m:	1:01.06	33.08	200m:	2:10.30	34.78	300m:	3:27.10	38.95	400m:	4:30.23	31.25
4.	STEPIEN Konrad				96	MKS Polonia Warszawa				4:31.09	727	A
	50m:	27.86	27.86	150m:	1:35.26	35.19	250m:	2:48.63	37.62	350m:	3:59.78	32.60
	100m:	1:00.07	32.21	200m:	2:11.01	35.75	300m:	3:27.18	38.55	400m:	4:31.09	31.31
5.	KUBKOWSKI Bartłomiej SWR				95	WKS Slask Wroclaw				4:31.39	725	A
	50m:	28.76	28.76	150m:	1:37.60	35.73	250m:	2:50.90	38.20	350m:	4:01.21	31.86
	100m:	1:01.87	33.11	200m:	2:12.70	35.10	300m:	3:29.35	38.45	400m:	4:31.39	30.18
6.	ZBUTOWICZ Karol				98	MTP KORMORAN Olsztyn				4:31.55	724	A
	50m:	28.80	28.80	150m:	1:36.58	35.00	250m:	2:49.33	38.55	350m:	4:00.29	32.33
	100m:	1:01.58	32.78	200m:	2:10.78	34.20	300m:	3:27.96	38.63	400m:	4:31.55	31.26
7.	URBANIAK Jan Sp				95	KS Warta Poznan				4:32.01	720	A
	50m:	29.10	29.10	150m:	1:36.87	35.46	250m:	2:49.56	38.85	350m:	4:01.37	32.01
	100m:	1:01.41	32.31	200m:	2:10.71	33.84	300m:	3:29.36	39.80	400m:	4:32.01	30.64
8.	CZARNOTA Mateusz				91	UKP Unia Oswiecim				4:33.87	705	A
	50m:	28.16	28.16	150m:	1:36.60	35.88	250m:	2:49.88	38.34	350m:	4:02.01	32.37
	100m:	1:00.72	32.56	200m:	2:11.54	34.94	300m:	3:29.64	39.76	400m:	4:33.87	31.86
9.	SOBCZYK Maciej				95	MKS Trojka Lodz				4:34.39	701	A
	50m:	29.03	29.03	150m:	1:38.88	35.81	250m:	2:52.54	37.88	350m:	4:03.59	32.61
	100m:	1:03.07	34.04	200m:	2:14.66	35.78	300m:	3:30.98	38.44	400m:	4:34.39	30.80
10.	FALIS Dawid				96	CSIR MOS Dabrowa Gornicza				4:36.87	683	A
	50m:	28.28	28.28	150m:	1:36.99	35.98	250m:	2:52.92	40.54	350m:	4:06.13	32.56
	100m:	1:01.01	32.73	200m:	2:12.38	35.39	300m:	3:33.57	40.65	400m:	4:36.87	30.74
11.	SUZIN Marcin				93	AZS AGH Krakow				4:37.14	681	B
	50m:	28.65	28.65	150m:	1:37.61	35.92	250m:	2:50.31	36.77	350m:	4:02.31	33.47
	100m:	1:01.69	33.04	200m:	2:13.54	35.93	300m:	3:28.84	38.53	400m:	4:37.14	34.83
12.	PIETRZAK Dawid				97	MUKS Pietnastka Bydgoszcz				4:39.80	661	B
	50m:	28.43	28.43	150m:	1:36.55	35.39	250m:	2:52.11	40.82	350m:	4:07.15	33.42
	100m:	1:01.16	32.73	200m:	2:11.29	34.74	300m:	3:33.73	41.62	400m:	4:39.80	32.65
13.	OSSES Arkadiusz				95	KS Warta Poznan				4:39.85	661	B
	50m:	28.96	28.96	150m:	1:36.51	35.18	250m:	2:53.80	42.56	350m:	4:08.26	32.39
	100m:	1:01.33	32.37	200m:	2:11.24	34.73	300m:	3:35.87	42.07	400m:	4:39.85	31.59
14.	ADAMCZYK PATRYK SSz				97	MKP Szczecin				4:41.34	651	B
	50m:	28.45	28.45	150m:	1:41.25	38.32	250m:	2:59.16	40.81	350m:	4:11.80	31.55
	100m:	1:02.93	34.48	200m:	2:18.35	37.10	300m:	3:40.25	41.09	400m:	4:41.34	29.54
15.	LITWA Krzysztof				96	Jordan Krakow				4:42.40	643	B
	50m:	29.18	29.18	150m:	1:39.97	36.99	250m:	2:56.42	40.89	350m:	4:10.71	32.64
	100m:	1:02.98	33.80	200m:	2:15.53	35.56	300m:	3:38.07	41.65	400m:	4:42.40	31.69
16.	GASIOR Patryk				94	AZS Warsaw				4:43.72	634	B
	50m:	28.72	28.72	150m:	1:39.12	36.76	250m:	2:55.33	40.40	350m:	4:09.84	33.56
	100m:	1:02.36	33.64	200m:	2:14.93	35.81	300m:	3:36.28	40.95	400m:	4:43.72	33.88

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
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Rank					YB					Time	Pts	
17.	PALMI-KUKIELKO Mieszko				93	MKS ROS Pisz				4:45.11	625	B
	50m:	29.25	29.25	150m:	1:42.25	38.76	250m:	3:01.01	40.66	350m:	4:15.25	32.40
	100m:	1:03.49	34.24	200m:	2:20.35	38.10	300m:	3:42.85	41.84	400m:	4:45.11	29.86
18.	URBANSKI Michal				97	MUKS Pietnastka Bydgoszcz				4:45.97	619	B
	50m:	29.18	29.18	150m:	1:42.79	39.36	250m:	2:59.95	39.31	350m:	4:13.40	33.63
	100m:	1:03.43	34.25	200m:	2:20.64	37.85	300m:	3:39.77	39.82	400m:	4:45.97	32.57
19.	GOLINSKI Patryk				97	BUKS Warszawa				4:45.98	619	B
	50m:	29.50	29.50	150m:	1:41.48	37.20	250m:	2:57.62	39.91	350m:	4:13.38	33.84
	100m:	1:04.28	34.78	200m:	2:17.71	36.23	300m:	3:39.54	41.92	400m:	4:45.98	32.60
20.	WERTEPNY Damian				96	UKS Shark Rudna				4:46.26	618	B
	50m:	29.90	29.90	150m:	1:41.23	36.68	250m:	2:57.56	40.51	350m:	4:13.01	33.22
	100m:	1:04.55	34.65	200m:	2:17.05	35.82	300m:	3:39.79	42.23	400m:	4:46.26	33.25
21.	SODEL Dominik				97	AZS AWF Katowice				4:47.38	610	R
	50m:	30.71	30.71	150m:	1:45.79	38.65	250m:	3:03.43	40.25	350m:	4:17.09	33.16
	100m:	1:07.14	36.43	200m:	2:23.18	37.39	300m:	3:43.93	40.50	400m:	4:47.38	30.29
22.	SALIK Jakub				96	MKS Juvenia Wroclaw				4:48.49	603	R
	50m:	30.70	30.70	150m:	1:44.68	38.79	250m:	3:01.42	38.81	350m:	4:15.17	33.59
	100m:	1:05.89	35.19	200m:	2:22.61	37.93	300m:	3:41.58	40.16	400m:	4:48.49	33.32
23.	OLENDER Karol				96	MKP Gdansk				4:49.68	596	
	50m:	30.07	30.07	150m:	1:42.53	38.33	250m:	3:02.22	41.94	350m:	4:17.82	32.47
	100m:	1:04.20	34.13	200m:	2:20.28	37.75	300m:	3:45.35	43.13	400m:	4:49.68	31.86
24.	DEBSKI Dominik				98	MKS Trojka Lodz				4:50.04	594	
	50m:	30.70	30.70	150m:	1:44.86	38.53	250m:	3:03.42	41.63	350m:	4:19.66	33.43
	100m:	1:06.33	35.63	200m:	2:21.79	36.93	300m:	3:46.23	42.81	400m:	4:50.04	30.38
25.	KACZOROWSKI Jakub				97	UKS Zoliborz Warszawa				4:51.01	588	
	50m:	31.78	31.78	150m:	1:46.95	38.19	250m:	3:06.09	41.60	350m:	4:20.27	31.79
	100m:	1:08.76	36.98	200m:	2:24.49	37.54	300m:	3:48.48	42.39	400m:	4:51.01	30.74
26.	JANICKI Wojciech				96	MTS Kwidzyn				4:51.33	586	
	50m:	28.68	28.68	150m:	1:43.11	40.44	250m:	3:04.75	41.43	350m:	4:20.70	34.19
	100m:	1:02.67	33.99	200m:	2:23.32	40.21	300m:	3:46.51	41.76	400m:	4:51.33	30.63
27.	ROMANOWSKI Kamil				97	Delfin Torun				4:52.16	581	
	50m:	30.06	30.06	150m:	1:45.21	38.76	250m:	3:03.91	39.81	350m:	4:18.85	33.68
	100m:	1:06.45	36.39	200m:	2:24.10	38.89	300m:	3:45.17	41.26	400m:	4:52.16	33.31
28.	KOREK Jakub				97	UKS Zoliborz Warszawa				4:52.84	577	
	50m:	29.46	29.46	150m:	1:44.25	40.13	250m:	3:02.91	39.52	350m:	4:18.87	35.12
	100m:	1:04.12	34.66	200m:	2:23.39	39.14	300m:	3:43.75	40.84	400m:	4:52.84	33.97
29.	KALUSOWKI Jan				00	MKS Trojka Lodz				4:53.22	575	
	50m:	31.10	31.10	150m:	1:48.40	41.46	250m:	3:06.17	39.30	350m:	4:20.41	33.99
	100m:	1:06.94	35.84	200m:	2:26.87	38.47	300m:	3:46.42	40.25	400m:	4:53.22	32.81
30.	KIRYLUK Damian				98	Dwojka Morena Gdansk				4:55.16	563	
	50m:	29.91	29.91	150m:	1:44.49	39.40	250m:	3:05.10	42.99	350m:	4:24.09	35.19
	100m:	1:05.09	35.18	200m:	2:22.11	37.62	300m:	3:48.90	43.80	400m:	4:55.16	31.07
31.	SRAMA Gabriel				99	KS Warta Poznan				4:55.82	560	
	50m:	31.31	31.31	150m:	1:45.45	36.94	250m:	3:05.97	43.36	350m:	4:24.50	33.92
	100m:	1:08.51	37.20	200m:	2:22.61	37.16	300m:	3:50.58	44.61	400m:	4:55.82	31.32
32.	KLOS Grzegorz				95	AZS AWF Katowice				4:55.93	559	
	50m:	30.24	30.24	150m:	1:44.58	40.09	250m:	3:04.73	41.07	350m:	4:21.99	36.15
	100m:	1:04.49	34.25	200m:	2:23.66	39.08	300m:	3:45.84	41.11	400m:	4:55.93	33.94
33.	SZOLOCH Robert				94	MKP Gdansk				4:56.59	555	
	50m:	29.53	29.53	150m:	1:43.32	38.71	250m:	3:04.11	42.97	350m:	4:21.99	34.73
	100m:	1:04.61	35.08	200m:	2:21.14	37.82	300m:	3:47.26	43.15	400m:	4:56.59	34.60
34.	JANUSZANIS Jakub				98	Olimijczyk Suwalki				4:57.26	551	
	50m:	29.87	29.87	150m:	1:47.21	40.52	250m:	3:07.71	40.40	350m:	4:23.98	34.08
	100m:	1:06.69	36.82	200m:	2:27.31	40.10	300m:	3:49.90	42.19	400m:	4:57.26	33.28

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
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Rank					YB					Time	Pts	
35.	OLLER Krzysztof				00	MTP KORMORAN Olsztyn				4:59.74	538	
	50m:	31.84	31.84	150m:	1:48.70	41.55	250m:	3:10.35	41.68	350m:	4:27.73	34.20
	100m:	1:07.15	35.31	200m:	2:28.67	39.97	300m:	3:53.53	43.18	400m:	4:59.74	32.01
36.	ZIELINSKI Cezary				97	MKS Medyk Gizycko				4:59.86	537	
	50m:	31.38	31.38	150m:	1:47.39	40.35	250m:	3:11.34	44.51	350m:	4:28.84	33.17
	100m:	1:07.04	35.66	200m:	2:26.83	39.44	300m:	3:55.67	44.33	400m:	4:59.86	31.02
37.	CZOP Michal				00	MTS Kwidzyn				5:02.14	525	
	50m:	32.42	32.42	150m:	1:50.09	39.50	250m:	3:09.44	40.75	350m:	4:27.05	35.90
	100m:	1:10.59	38.17	200m:	2:28.69	38.60	300m:	3:51.15	41.71	400m:	5:02.14	35.09
38.	MANKA Filip				00	UKS 190 Lodz				5:04.77	512	
	50m:	32.34	32.34	150m:	1:50.59	40.34	250m:	3:12.11	43.63	350m:	4:31.43	35.25
	100m:	1:10.25	37.91	200m:	2:28.48	37.89	300m:	3:56.18	44.07	400m:	5:04.77	33.34
39.	FALBOGOWSKI Maciej				99	KS Warta Poznan				5:07.45	498	
	50m:	31.83	31.83	150m:	1:49.64	41.02	250m:	3:12.51	43.87	350m:	4:32.99	35.62
	100m:	1:08.62	36.79	200m:	2:28.64	39.00	300m:	3:57.37	44.86	400m:	5:07.45	34.46
40.	SIEMINSKI Piotr				00	UKS Zoliborz Warszawa				5:07.54	498	
	50m:	32.04	32.04	150m:	1:53.48	42.81	250m:	3:15.18	40.69	350m:	4:33.44	35.92
	100m:	1:10.67	38.63	200m:	2:34.49	41.01	300m:	3:57.52	42.34	400m:	5:07.54	34.10
41.	BRUZDZIAK Maciej				98	Dwojka Morena Gdansk				5:09.25	490	
	50m:	31.42	31.42	150m:	1:49.61	41.42	250m:	3:10.55	40.92	350m:	4:32.87	39.22
	100m:	1:08.19	36.77	200m:	2:29.63	40.02	300m:	3:53.65	43.10	400m:	5:09.25	36.38
42.	SZMIT Kacper				97	MTP KORMORAN Olsztyn				5:11.36	480	
	50m:	32.37	32.37	150m:	1:52.99	42.34	250m:	3:14.77	41.56	350m:	4:34.59	37.47
	100m:	1:10.65	38.28	200m:	2:33.21	40.22	300m:	3:57.12	42.35	400m:	5:11.36	36.77
43.	PANOW Oliwer				99	Siodemka Sopot				5:12.17	476	
	50m:	30.98	30.98	150m:	1:48.65	40.51	250m:	3:14.39	45.85	350m:	4:37.66	36.04
	100m:	1:08.14	37.16	200m:	2:28.54	39.89	300m:	4:01.62	47.23	400m:	5:12.17	34.51
44.	KALINA Radoslaw SK				96	KPP Bobry Debica				5:15.03	463	
	50m:	31.70	31.70	150m:	1:49.06	40.55	250m:	3:15.26	46.03	350m:	4:37.91	36.28
	100m:	1:08.51	36.81	200m:	2:29.23	40.17	300m:	4:01.63	46.37	400m:	5:15.03	37.12
45.	WIORKO Patryk				98	Orka Zamosc				5:21.68	435	
	50m:	30.62	30.62	150m:	1:53.95	44.06	250m:	3:19.53	42.94	350m:	4:45.64	38.30
	100m:	1:09.89	39.27	200m:	2:36.59	42.64	300m:	4:07.34	47.81	400m:	5:21.68	36.04
46.	PAWLACZYK Patryk				00	UKS 190 Lodz				5:22.06	434	
	50m:	33.33	33.33	150m:	1:55.15	43.08	250m:	3:22.69	47.46	350m:	4:48.12	36.30
	100m:	1:12.07	38.74	200m:	2:35.23	40.08	300m:	4:11.82	49.13	400m:	5:22.06	33.94
47.	KRZYZANIAK Krystian				00	MKS Juvenia Bialystok				5:24.80	423	
	50m:	33.44	33.44	150m:	1:56.80	43.85	250m:	3:26.43	47.45	350m:	4:50.90	36.62
	100m:	1:12.95	39.51	200m:	2:38.98	42.18	300m:	4:14.28	47.85	400m:	5:24.80	33.90
48.	SUCHORZ Wiktor				99	Siodemka Sopot				5:26.96	414	
	50m:	31.83	31.83	150m:	1:53.66	44.24	250m:	3:23.23	46.45	350m:	4:49.90	39.37
	100m:	1:09.42	37.59	200m:	2:36.78	43.12	300m:	4:10.53	47.30	400m:	5:26.96	37.06
49.	CIERPIKOWSKI Robert				00	UKS "Piatka" Konstantinow Lodz				5:29.54	405	
	50m:	34.12	34.12	150m:	1:57.55	42.98	250m:	3:28.04	48.51	350m:	4:53.74	36.57
	100m:	1:14.57	40.45	200m:	2:39.53	41.98	300m:	4:17.17	49.13	400m:	5:29.54	35.80
50.	SKUBA Marcin				98	Orka Zamosc				5:33.00	392	
	50m:	32.48	32.48	150m:	1:55.87	44.03	250m:	3:26.66	48.21	350m:	4:55.60	38.63
	100m:	1:11.84	39.36	200m:	2:38.45	42.58	300m:	4:16.97	50.31	400m:	5:33.00	37.40
DSQ	BUJAK Kacper				98	MTP Lublinianka Lublin						
	Z 2 / G 8											
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:		

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Rank		YB		Time	Pts
DSQ	DOBRZYNSKI Tomasz	98	UKS G-8 Bielany Warszawa		
	Z2 / G8				
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	