

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 5- - 8-6-2014

Konkurencja 27  
2014-06-07 - 18:11

Kobiet, 400m dowolny

Open  
Wyniki Finał

Rekord Polski	4:04.23	J DRZEJCZAK Otylia
Minimum ME (Berlin)	4:11.13	
Minimum ME dla Juniorów (Berlin)	4:14.95	
Minimum MEJ (Dordrecht)	4:22.05	

Punkty: FINA 2014

Pozycja		Rok ur.			Czas	Pkt.
<b>Finał A</b>						
1.	KILIJA SKA Donata SWR	95	KSZO Ostrowiec w.		<b>4:15.00</b>	824
	50m: 29.63 29.63	150m: 1:34.65	32.44	250m: 2:39.06	31.79	350m: 3:42.89 31.81
	100m: 1:02.21 32.58	200m: 2:07.27	32.62	300m: 3:11.08	32.02	400m: 4:15.00 32.11
2.	ZACHOSZCZ Joanna	93	AZS UWM Olsztyn		<b>4:15.96</b>	815
	50m: 30.83 30.83	150m: 1:35.01	32.06	250m: 2:39.48	32.29	350m: 3:44.34 32.52
	100m: 1:02.95 32.12	200m: 2:07.19	32.18	300m: 3:11.82	32.34	400m: 4:15.96 31.62
3.	CZERNIAK Monika	92	AZS UWM Olsztyn		<b>4:16.50</b>	810
	50m: 30.62 30.62	150m: 1:34.95	32.15	250m: 2:39.89	32.45	350m: 3:44.91 32.59
	100m: 1:02.80 32.18	200m: 2:07.44	32.49	300m: 3:12.32	32.43	400m: 4:16.50 31.59
4.	WASILEWSKA Barbara	94	LKS Omega Kleszczów		<b>4:19.83</b>	779
	50m: 31.16 31.16	150m: 1:36.90	32.85	250m: 2:42.80	32.87	350m: 3:48.30 32.73
	100m: 1:04.05 32.89	200m: 2:09.93	33.03	300m: 3:15.57	32.77	400m: 4:19.83 31.53
5.	WIKIEŁ Manuela	92	AZS UWM Olsztyn		<b>4:20.50</b>	773
	50m: 30.89 30.89	150m: 1:35.72	32.47	250m: 2:41.02	32.65	350m: 3:48.11 33.60
	100m: 1:03.25 32.36	200m: 2:08.37	32.65	300m: 3:14.51	33.49	400m: 4:20.50 32.39
6.	BURSKA Justyna	95	UKS "Pi tka" Konstancynów Łódź		<b>4:20.51</b>	773
	50m: 30.84 30.84	150m: 1:36.11	32.49	250m: 2:41.89	33.01	350m: 3:48.00 33.24
	100m: 1:03.62 32.78	200m: 2:08.88	32.77	300m: 3:14.76	32.87	400m: 4:20.51 32.51
7.	KARPISZ Milena	97	UKS "Pi tka" Konstancynów Łódź		<b>4:21.37</b>	766
	50m: 31.04 31.04	150m: 1:36.61	32.75	250m: 2:43.12	33.11	350m: 3:49.93 33.26
	100m: 1:03.86 32.82	200m: 2:10.01	33.40	300m: 3:16.67	33.55	400m: 4:21.37 31.44
8.	ORCZYKOWSKA Wioletta SK	97	KS Limanowa-Swim		<b>4:22.55</b>	755
	50m: 30.09 30.09	150m: 1:35.53	32.70	250m: 2:41.65	33.41	350m: 3:49.13 34.05
	100m: 1:02.83 32.74	200m: 2:08.24	32.71	300m: 3:15.08	33.43	400m: 4:22.55 33.42
9.	PIECHOTA Paulina	99	UKS 190 Łódź		<b>4:23.06</b>	751
	50m: 30.92 30.92	150m: 1:36.87	32.93	250m: 2:43.30	33.30	350m: 3:50.35 33.54
	100m: 1:03.94 33.02	200m: 2:10.00	33.13	300m: 3:16.81	33.51	400m: 4:23.06 32.71
10.	JANKOWSKA Klaudia	98	UKS Gim 92 Ursynów		<b>4:28.16</b>	709
	50m: 30.11 30.11	150m: 1:35.60	33.12	250m: 2:43.12	34.00	350m: 3:53.61 35.52
	100m: 1:02.48 32.37	200m: 2:09.12	33.52	300m: 3:18.09	34.97	400m: 4:28.16 34.55
<b>Finał B</b>						
11.	KASPEREK Katarzyna	96	MKP Szczecin		<b>4:23.65</b>	746
	50m: 29.81 29.81	150m: 1:36.15	33.48	250m: 2:43.96	33.95	350m: 3:51.34 33.52
	100m: 1:02.67 32.86	200m: 2:10.01	33.86	300m: 3:17.82	33.86	400m: 4:23.65 32.31
12.	ADAMCZYK Julia	99	MTP Lublinianka Lublin		<b>4:30.00</b>	694
	50m: 31.14 31.14	150m: 1:39.60	34.30	250m: 2:48.08	34.17	350m: 3:56.49 34.27
	100m: 1:05.30 34.16	200m: 2:13.91	34.31	300m: 3:22.22	34.14	400m: 4:30.00 33.51
13.	NOWAK Julia	97	MKP Słowianka		<b>4:30.78</b>	688
	50m: 30.32 30.32	150m: 1:38.40	34.46	250m: 2:48.05	34.93	350m: 3:58.02 34.92
	100m: 1:03.94 33.62	200m: 2:13.12	34.72	300m: 3:23.10	35.05	400m: 4:30.78 32.76
14.	SZCZYTKO Alicja	95	Olimijczyk Suwałki		<b>4:32.43</b>	676
	50m: 31.14 31.14	150m: 1:40.31	34.96	250m: 2:50.04	35.15	350m: 3:59.52 34.75
	100m: 1:05.35 34.21	200m: 2:14.89	34.58	300m: 3:24.77	34.73	400m: 4:32.43 32.91
15.	WOŁOSZYN Sonia SOc	95	KSZO Ostrowiec w.		<b>4:33.30</b>	670
	50m: 31.49 31.49	150m: 1:40.48	34.72	250m: 2:50.26	34.80	350m: 3:59.36 34.32
	100m: 1:05.76 34.27	200m: 2:15.46	34.98	300m: 3:25.04	34.78	400m: 4:33.30 33.94

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Konkurencja 27, Kobiet, 400m dowolny, Finał, Open

Pozycja	Rok ur.								Czas	Pkt.	
16. ULATOWSKA Alicja SO	96 UKP Unia O wi cim								<b>4:35.29</b>	655	
50m:	31.07	31.07	150m:	1:40.28	34.91	250m:	2:50.14	34.86	350m:	4:00.77	35.37
100m:	1:05.37	34.30	200m:	2:15.28	35.00	300m:	3:25.40	35.26	400m:	4:35.29	34.52
17. LEO CZUK Sara	99 UKS G-8 Bielany Warszawa								<b>4:36.97</b>	643	
50m:	31.10	31.10	150m:	1:40.36	34.78	250m:	2:50.71	35.37	350m:	4:02.05	35.99
100m:	1:05.58	34.48	200m:	2:15.34	34.98	300m:	3:26.06	35.35	400m:	4:36.97	34.92
18. GRZEGORCZYK Izabella	93 KS Warta Pozna								<b>4:38.49</b>	633	
50m:	31.51	31.51	150m:	1:40.59	34.69	250m:	2:52.05	35.76	350m:	4:04.02	35.87
100m:	1:05.90	34.39	200m:	2:16.29	35.70	300m:	3:28.15	36.10	400m:	4:38.49	34.47
19. BAKUNIAK Hanna	96 MUKS Pi tnastka Bydgoszcz								<b>4:38.62</b>	632	
50m:	31.60	31.60	150m:	1:40.78	35.13	250m:	2:52.64	36.38	350m:	4:04.55	35.49
100m:	1:05.65	34.05	200m:	2:16.26	35.48	300m:	3:29.06	36.42	400m:	4:38.62	34.07
20. BARYŁA Julia	00 Dwójka Morena Gda sk								<b>4:42.47</b>	606	
50m:	30.98	30.98	150m:	1:41.46	36.04	250m:	2:53.71	36.12	350m:	4:07.74	37.19
100m:	1:05.42	34.44	200m:	2:17.59	36.13	300m:	3:30.55	36.84	400m:	4:42.47	34.73