

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
OLSZTYN, 5- - 8-6-2014

Konkurencja 28
2014-06-07 - 11:22

M czynn, 400m dowolny

Open
Wyniki Eliminacje

Rekord Polski	3:45.71	STA CZYK Przemysław
Minimum ME (Berlin)	3:52.80	
Minimum ME dla Juniorów (Berlin)	3:54.04	
Minimum MEJ (Dordrecht)	3:57.14	

Punkty: FINA 2014

Pozycja			Rok ur.			Czas	Pkt.		
1.	KU WIK Maciej SSz		96	MKP Szczecin		3:56.41	806	A	
	<i>minimum MEJ</i>								
	50m:	27.72 27.72	150m:	1:26.94 29.72	250m:	2:26.54 29.94	350m:	3:27.01 30.53	
	100m:	57.22 29.50	200m:	1:56.60 29.66	300m:	2:56.48 29.94	400m:	3:56.41 29.40	
2.	FURTEK Paweł SSz		95	MKP Szczecin		3:56.59	804	A	
	50m:	28.20 28.20	150m:	1:27.95 29.62	250m:	2:27.77 29.90	350m:	3:27.60 29.86	
	100m:	58.33 30.13	200m:	1:57.87 29.92	300m:	2:57.74 29.97	400m:	3:56.59 28.99	
3.	SZUBA Michał		93	WKS I sk Wrocław		3:56.71	803	A	
	50m:	27.85 27.85	150m:	1:27.34 29.75	250m:	2:26.91 29.62	350m:	3:27.22 30.11	
	100m:	57.59 29.74	200m:	1:57.29 29.95	300m:	2:57.11 30.20	400m:	3:56.71 29.49	
4.	KACZMARSKI Marcin		94	MKP Szczecin		3:56.95	801	A	
	50m:	28.06 28.06	150m:	1:28.06 30.10	250m:	2:28.20 29.89	350m:	3:28.02 29.77	
	100m:	57.96 29.90	200m:	1:58.31 30.25	300m:	2:58.25 30.05	400m:	3:56.95 28.93	
5.	KLICH Kacper		94	WKS I sk Wrocław		3:56.99	800	A	
	50m:	27.59 27.59	150m:	1:27.08 29.69	250m:	2:26.86 29.77	350m:	3:27.61 30.56	
	100m:	57.39 29.80	200m:	1:57.09 30.01	300m:	2:57.05 30.19	400m:	3:56.99 29.38	
6.	ZABOROWSKI Filip		94	MKP Szczecin		3:57.04	800	A	
	50m:	28.19 28.19	150m:	1:27.97 30.10	250m:	2:27.86 29.90	350m:	3:27.83 29.90	
	100m:	57.87 29.68	200m:	1:57.96 29.99	300m:	2:57.93 30.07	400m:	3:57.04 29.21	
7.	WOJDAK Wojciech SO		96	UKP Unia O wi cim		3:57.31	797	A	
	50m:	27.38 27.38	150m:	1:26.75 29.74	250m:	2:26.61 29.87	350m:	3:27.52 30.56	
	100m:	57.01 29.63	200m:	1:56.74 29.99	300m:	2:56.96 30.35	400m:	3:57.31 29.79	
8.	PIELOWSKI Krzysztof		91	AZS UWM Olsztyn		3:57.81	792	A	
	50m:	28.14 28.14	150m:	1:27.88 29.80	250m:	2:27.75 29.75	350m:	3:27.95 30.06	
	100m:	58.08 29.94	200m:	1:58.00 30.12	300m:	2:57.89 30.14	400m:	3:57.81 29.86	
9.	DUBIEL Adam		93	KORNER Zielona Góra		3:58.09	789	A	
	50m:	27.68 27.68	150m:	1:27.81 30.11	250m:	2:28.17 30.12	350m:	3:28.61 30.40	
	100m:	57.70 30.02	200m:	1:58.05 30.24	300m:	2:58.21 30.04	400m:	3:58.09 29.48	
10.	SAWRYMOWICZ Mateusz		87	MKP Szczecin		3:58.46	786	A	
	50m:	28.05 28.05	150m:	1:28.42 30.38	250m:	2:29.14 30.36	350m:	3:29.28 29.62	
	100m:	58.04 29.99	200m:	1:58.78 30.36	300m:	2:59.66 30.52	400m:	3:58.46 29.18	
11.	GŁYK Wojciech		92	AZS AWF Katowice		3:58.68	783	B	
	50m:	27.96 27.96	150m:	1:28.04 30.06	250m:	2:27.89 29.74	350m:	3:28.64 30.46	
	100m:	57.98 30.02	200m:	1:58.15 30.11	300m:	2:58.18 30.29	400m:	3:58.68 30.04	
12.	SMEJA Sławomir		94	AZS AWF Katowice		3:59.66	774	B	
	50m:	27.78 27.78	150m:	1:28.64 30.27	250m:	2:29.22 30.18	350m:	3:30.29 30.48	
	100m:	58.37 30.59	200m:	1:59.04 30.40	300m:	2:59.81 30.59	400m:	3:59.66 29.37	
13.	STANISZEWSKI Adam SS		97	MKS Trójka Łód		4:00.85	762	B	
	50m:	28.14 28.14	150m:	1:28.70 30.53	250m:	2:29.75 30.48	350m:	3:31.08 30.70	
	100m:	58.17 30.03	200m:	1:59.27 30.57	300m:	3:00.38 30.63	400m:	4:00.85 29.77	
14.	BI Daniel		95	AZS Warszawa		4:01.49	756	B	
	50m:	28.33 28.33	150m:	1:28.07 29.67	250m:	2:28.53 30.19	350m:	3:30.14 31.19	
	100m:	58.40 30.07	200m:	1:58.34 30.27	300m:	2:58.95 30.42	400m:	4:01.49 31.35	
15.	KSI EK Sebastian SOc		96	KSZO Ostrowiec w.		4:01.72	754	B	
	50m:	28.36 28.36	150m:	1:29.67 30.73	250m:	2:30.90 30.29	350m:	3:32.31 30.70	
	100m:	58.94 30.58	200m:	2:00.61 30.94	300m:	3:01.61 30.71	400m:	4:01.72 29.41	
16.	KOŁODZIEJSKI Filip SZG		96	KORNER Zielona Góra		4:02.13	750	B	
	50m:	27.61 27.61	150m:	1:28.70 30.56	250m:	2:30.30 30.69	350m:	3:31.97 30.58	
	100m:	58.14 30.53	200m:	1:59.61 30.91	300m:	3:01.39 31.09	400m:	4:02.13 30.16	

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
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Pozycja			Rok ur.						Czas	Pkt.		
17.	JURA Maciej	SWR	96	UKS Jagiellonka Warszawa				4:02.39	748	B		
	50m:	28.62	28.62	150m:	1:30.05	30.74	250m:	2:31.66	30.87	350m:	3:33.66	30.97
	100m:	59.31	30.69	200m:	2:00.79	30.74	300m:	3:02.69	31.03	400m:	4:02.39	28.73
18.	SZARLI SKI Filip		92	AZS Warszawa				4:02.91	743	B		
	50m:	27.85	27.85	150m:	1:29.07	30.78	250m:	2:31.05	30.65	350m:	3:33.00	30.46
	100m:	58.29	30.44	200m:	2:00.40	31.33	300m:	3:02.54	31.49	400m:	4:02.91	29.91
19.	GOLENIEC Łukasz	SO	97	UKP Unia O wi cim				4:03.32	739	B		
	50m:	28.12	28.12	150m:	1:29.13	30.73	250m:	2:31.31	31.15	350m:	3:33.47	30.76
	100m:	58.40	30.28	200m:	2:00.16	31.03	300m:	3:02.71	31.40	400m:	4:03.32	29.85
20.	JASZCZAK Wiktor	SWR	97	WKS I sk Wrocław				4:03.45	738	B		
	50m:	28.17	28.17	150m:	1:29.03	30.55	250m:	2:31.09	31.10	350m:	3:33.80	31.25
	100m:	58.48	30.31	200m:	1:59.99	30.96	300m:	3:02.55	31.46	400m:	4:03.45	29.65
21.	URBANIAK Jan	Sp	95	KS Warta Pozna				4:04.03	733	R		
	50m:	28.49	28.49	150m:	1:29.74	30.68	250m:	2:31.32	30.98	350m:	3:33.37	31.10
	100m:	59.06	30.57	200m:	2:00.34	30.60	300m:	3:02.27	30.95	400m:	4:04.03	30.66
22.	PTASZY SKI Mikołaj	SZG	95	KORNER Zielona Góra				4:04.65	727	R		
	50m:	27.60	27.60	150m:	1:29.03	31.16	250m:	2:31.77	31.33	350m:	3:34.89	31.18
	100m:	57.87	30.27	200m:	2:00.44	31.41	300m:	3:03.71	31.94	400m:	4:04.65	29.76
23.	CIESIELSKI Filip		96	MUKS Pi tnastrka Bydgoszcz				4:04.82	726			
	50m:	28.24	28.24	150m:	1:29.36	30.62	250m:	2:31.87	31.21	350m:	3:34.22	30.85
	100m:	58.74	30.50	200m:	2:00.66	31.30	300m:	3:03.37	31.50	400m:	4:04.82	30.60
24.	R YSKI Marcin		94	AZS UWM Olsztyn				4:06.22	714			
	50m:	28.96	28.96	150m:	1:31.78	31.21	250m:	2:33.37	30.13	350m:	3:35.06	31.11
	100m:	1:00.57	31.61	200m:	2:03.24	31.46	300m:	3:03.95	30.58	400m:	4:06.22	31.16
25.	OSSES Arkadiusz		95	KS Warta Pozna				4:07.00	707			
	50m:	29.37	29.37	150m:	1:31.48	31.20	250m:	2:34.65	31.48	350m:	3:36.80	31.06
	100m:	1:00.28	30.91	200m:	2:03.17	31.69	300m:	3:05.74	31.09	400m:	4:07.00	30.20
26.	LASSEK Bartłomiej		94	AZS Uł Pł Łod				4:07.20	705			
	50m:	27.72	27.72	150m:	1:28.22	30.29	250m:	2:30.54	31.55	350m:	3:35.31	32.43
	100m:	57.93	30.21	200m:	1:58.99	30.77	300m:	3:02.88	32.34	400m:	4:07.20	31.89
27.	KAŁU Y SKI Antoni		99	UKS Gim 92 Ursynów				4:07.45	703			
	50m:	28.49	28.49	150m:	1:31.68	32.02	250m:	2:35.19	31.49	350m:	3:37.41	30.53
	100m:	59.66	31.17	200m:	2:03.70	32.02	300m:	3:06.88	31.69	400m:	4:07.45	30.04
28.	BOROWICZ SKONECZNY Sylwester		92	AZS UWM Olsztyn				4:07.99	698			
	50m:	28.64	28.64	150m:	1:30.63	31.17	250m:	2:33.22	31.18	350m:	3:36.54	31.58
	100m:	59.46	30.82	200m:	2:02.04	31.41	300m:	3:04.96	31.74	400m:	4:07.99	31.45
29.	DERE Kacper		98	MKS 9. Dzier oniów				4:08.14	697			
	50m:	28.55	28.55	150m:	1:29.99	31.10	250m:	2:34.02	32.09	350m:	3:38.26	31.92
	100m:	58.89	30.34	200m:	2:01.93	31.94	300m:	3:06.34	32.32	400m:	4:08.14	29.88
30.	OLENDER Karol		96	MKP Gda sk				4:08.66	693			
	50m:	28.99	28.99	150m:	1:31.77	31.47	250m:	2:35.15	31.57	350m:	3:38.00	31.29
	100m:	1:00.30	31.31	200m:	2:03.58	31.81	300m:	3:06.71	31.56	400m:	4:08.66	30.66
31.	BURZAWA Mateusz		96	CSIR MOS D browa Górnicza				4:08.78	692			
	50m:	27.81	27.81	150m:	1:29.63	31.21	250m:	2:33.60	32.03	350m:	3:37.57	31.96
	100m:	58.42	30.61	200m:	2:01.57	31.94	300m:	3:05.61	32.01	400m:	4:08.78	31.21
32.	CHRZANOWSKI Damian		98	MZOS Płock				4:09.52	686			
	50m:	28.89	28.89	150m:	1:32.01	31.80	250m:	2:35.62	31.50	350m:	3:38.85	31.19
	100m:	1:00.21	31.32	200m:	2:04.12	32.11	300m:	3:07.66	32.04	400m:	4:09.52	30.67
33.	SZYMULA Kamil		96	KP AVIA widnik				4:09.84	683			
	50m:	28.32	28.32	150m:	1:31.19	31.81	250m:	2:34.20	31.19	350m:	3:37.90	32.05
	100m:	59.38	31.06	200m:	2:03.01	31.82	300m:	3:05.85	31.65	400m:	4:09.84	31.94
34.	ZONIUK Maciej		94	WKS I sk Wrocław				4:10.70	676			
	50m:	28.14	28.14	150m:	1:29.37	30.58	250m:	2:32.04	31.38	350m:	3:37.93	33.01
	100m:	58.79	30.65	200m:	2:00.66	31.29	300m:	3:04.92	32.88	400m:	4:10.70	32.77

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Pozycja			Rok ur.					Czas	Pkt.
35.	BUJAK Piotr		97	SL Salos Cortile Kielce			4:12.53	661	
	50m: 29.35	29.35	150m: 1:32.94	31.92	250m: 2:38.03	32.63	350m: 3:42.55	31.81	
	100m: 1:01.02	31.67	200m: 2:05.40	32.46	300m: 3:10.74	32.71	400m: 4:12.53	29.98	
36.	SINITCHINE Radoslaw		98	MTP KORMORAN Olsztyn			4:12.68	660	
	50m: 28.59	28.59	150m: 1:32.81	32.38	250m: 2:37.95	32.64	350m: 3:42.85	32.15	
	100m: 1:00.43	31.84	200m: 2:05.31	32.50	300m: 3:10.70	32.75	400m: 4:12.68	29.83	
37.	LELEK Mateusz		96	MKS Polonia Warszawa			4:12.98	658	
	50m: 28.99	28.99	150m: 1:32.78	32.28	250m: 2:37.80	32.46	350m: 3:42.11	31.84	
	100m: 1:00.50	31.51	200m: 2:05.34	32.56	300m: 3:10.27	32.47	400m: 4:12.98	30.87	
38.	BUCZKOWSKI Kamil SZG		96	KORNER Zielona Góra			4:13.04	657	
	50m: 28.77	28.77	150m: 1:31.99	31.75	250m: 2:35.58	31.47	350m: 3:40.58	32.42	
	100m: 1:00.24	31.47	200m: 2:04.11	32.12	300m: 3:08.16	32.58	400m: 4:13.04	32.46	
39.	KACZOROWSKI Jakub		97	UKS oliborz Warszawa			4:14.21	648	
	50m: 28.88	28.88	150m: 1:33.64	32.29	250m: 2:38.33	32.15	350m: 3:43.05	32.19	
	100m: 1:01.35	32.47	200m: 2:06.18	32.54	300m: 3:10.86	32.53	400m: 4:14.21	31.16	
40.	KASZTELAN Mateusz		98	UKS Mos Elk			4:15.59	638	
	50m: 28.47	28.47	150m: 1:32.50	32.09	250m: 2:37.75	32.63	350m: 3:43.57	32.84	
	100m: 1:00.41	31.94	200m: 2:05.12	32.62	300m: 3:10.73	32.98	400m: 4:15.59	32.02	
41.	SAFIN Konrad SK		96	UKS Delfin Tarnobrzeg			4:15.83	636	
	50m: 29.07	29.07	150m: 1:33.37	32.50	250m: 2:38.61	32.57	350m: 3:43.77	32.08	
	100m: 1:00.87	31.80	200m: 2:06.04	32.67	300m: 3:11.69	33.08	400m: 4:15.83	32.06	
42.	SUMARA Benjamin		99	CSIR MOS D browa Górnicza			4:16.56	631	
	50m: 29.54	29.54	150m: 1:34.70	32.73	250m: 2:40.81	32.77	350m: 3:45.77	32.13	
	100m: 1:01.97	32.43	200m: 2:08.04	33.34	300m: 3:13.64	32.83	400m: 4:16.56	30.79	
43.	ZIELI SKI Cezary		97	MKS Medyk Gi ycko			4:16.67	630	
	50m: 29.42	29.42	150m: 1:33.67	32.45	250m: 2:39.04	32.39	350m: 3:46.20	33.36	
	100m: 1:01.22	31.80	200m: 2:06.65	32.98	300m: 3:12.84	33.80	400m: 4:16.67	30.47	
44.	BRUCHAJZER Dominik		97	MZOS Płock			4:16.68	630	
	50m: 28.64	28.64	150m: 1:32.18	32.20	250m: 2:37.87	32.97	350m: 3:45.06	33.39	
	100m: 59.98	31.34	200m: 2:04.90	32.72	300m: 3:11.67	33.80	400m: 4:16.68	31.62	
45.	SMEJA Patryk		95	MKS Astoria Bydgoszcz			4:16.76	629	
	50m: 28.95	28.95	150m: 1:32.75	32.22	250m: 2:38.37	33.01	350m: 3:45.30	33.59	
	100m: 1:00.53	31.58	200m: 2:05.36	32.61	300m: 3:11.71	33.34	400m: 4:16.76	31.46	
46.	ZIMOWSKI Oskar		97	UKS Jagiellonka Warszawa			4:16.93	628	
	50m: 29.05	29.05	150m: 1:35.11	33.46	250m: 2:41.81	33.02	350m: 3:47.02	32.32	
	100m: 1:01.65	32.60	200m: 2:08.79	33.68	300m: 3:14.70	32.89	400m: 4:16.93	29.91	
47.	SOLA Kornel SOc		97	Fala Kra nik			4:17.02	627	
	50m: 29.84	29.84	150m: 1:35.16	32.79	250m: 2:40.86	32.61	350m: 3:46.48	32.61	
	100m: 1:02.37	32.53	200m: 2:08.25	33.09	300m: 3:13.87	33.01	400m: 4:17.02	30.54	
48.	DYTKOWSKI Jan SOc		97	KSZO Ostrowiec w.			4:17.20	626	
	50m: 27.98	27.98	150m: 1:31.63	32.43	250m: 2:36.95	32.36	350m: 3:44.17	33.86	
	100m: 59.20	31.22	200m: 2:04.59	32.96	300m: 3:10.31	33.36	400m: 4:17.20	33.03	
49.	SZPOJANKOWSKI Kacper		98	MTP KORMORAN Olsztyn			4:17.50	624	
	50m: 29.11	29.11	150m: 1:33.38	32.62	250m: 2:38.83	32.85	350m: 3:45.38	33.15	
	100m: 1:00.76	31.65	200m: 2:05.98	32.60	300m: 3:12.23	33.40	400m: 4:17.50	32.12	
50.	HODUR Filip		97	MKS Polonia Warszawa			4:17.84	621	
	50m: 29.51	29.51	150m: 1:33.33	31.98	250m: 2:38.91	32.75	350m: 3:44.88	32.72	
	100m: 1:01.35	31.84	200m: 2:06.16	32.83	300m: 3:12.16	33.25	400m: 4:17.84	32.96	
51.	DZIEDZIC Andrzej		93	UKS G-8 Bielany Warszawa			4:19.75	608	
	50m: 28.46	28.46	150m: 1:32.05	32.29	250m: 2:37.93	33.06	350m: 3:45.85	34.23	
	100m: 59.76	31.30	200m: 2:04.87	32.82	300m: 3:11.62	33.69	400m: 4:19.75	33.90	
52.	MŁYNARCZYK Karol		00	UKS G-8 Bielany Warszawa			4:21.11	598	
	50m: 28.46	28.46	150m: 1:33.61	32.90	250m: 2:40.78	33.38	350m: 3:48.62	33.90	
	100m: 1:00.71	32.25	200m: 2:07.40	33.79	300m: 3:14.72	33.94	400m: 4:21.11	32.49	

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Pozycja			Rok ur.					Czas	Pkt.
53.	KOZIEJKO Bartłomiej		00	MTP KORMORAN Olsztyn				4:21.50	596
	50m:	29.47 29.47	150m:	1:35.58 33.47	250m:	2:42.65 33.40	350m:	3:49.63 33.39	
	100m:	1:02.11 32.64	200m:	2:09.25 33.67	300m:	3:16.24 33.59	400m:	4:21.50 31.87	
54.	BUJAK Kacper		98	MTP Lublinianka Lublin				4:23.43	583
	50m:	29.79 29.79	150m:	1:35.29 32.95	250m:	2:42.80 33.70	350m:	3:50.77 34.00	
	100m:	1:02.34 32.55	200m:	2:09.10 33.81	300m:	3:16.77 33.97	400m:	4:23.43 32.66	
55.	KOWALSKI Patryk SOc		97	Unia Busko Zdrój				4:23.59	581
	50m:	29.20 29.20	150m:	1:35.21 33.34	250m:	2:42.87 33.80	350m:	3:50.94 33.83	
	100m:	1:01.87 32.67	200m:	2:09.07 33.86	300m:	3:17.11 34.24	400m:	4:23.59 32.65	
56.	DOMA SKI Gracjan		00	MKP Kołobrzeg				4:23.71	581
	50m:	29.10 29.10	150m:	1:35.82 33.80	250m:	2:44.21 34.23	350m:	3:52.10 33.64	
	100m:	1:02.02 32.92	200m:	2:09.98 34.16	300m:	3:18.46 34.25	400m:	4:23.71 31.61	
57.	PORWAT Michał		98	MZOS Płock				4:23.77	580
	50m:	30.00 30.00	150m:	1:36.81 33.64	250m:	2:44.98 34.27	350m:	3:52.73 33.47	
	100m:	1:03.17 33.17	200m:	2:10.71 33.90	300m:	3:19.26 34.28	400m:	4:23.77 31.04	
58.	W SOWSKI J drzej		00	MTP KORMORAN Olsztyn				4:23.95	579
	50m:	30.44 30.44	150m:	1:37.85 33.91	250m:	2:45.07 33.05	350m:	3:51.88 33.24	
	100m:	1:03.94 33.50	200m:	2:12.02 34.17	300m:	3:18.64 33.57	400m:	4:23.95 32.07	
59.	PIECHOWIAK Michał SZG		98	KORNER Zielona Góra				4:24.05	578
	50m:	29.40 29.40	150m:	1:35.51 33.29	250m:	2:42.73 33.85	350m:	3:51.88 34.68	
	100m:	1:02.22 32.82	200m:	2:08.88 33.37	300m:	3:17.20 34.47	400m:	4:24.05 32.17	
60.	KRÓL Bartosz		98	MTP KORMORAN Olsztyn				4:24.46	576
	50m:	28.91 28.91	150m:	1:34.98 34.13	250m:	2:44.24 34.84	350m:	3:53.81 34.30	
	100m:	1:00.85 31.94	200m:	2:09.40 34.42	300m:	3:19.51 35.27	400m:	4:24.46 30.65	
61.	ZAPALSKI Konrad		98	Fala Kra nik				4:24.87	573
	50m:	29.11 29.11	150m:	1:33.32 32.42	250m:	2:39.62 33.32	350m:	3:49.29 35.47	
	100m:	1:00.90 31.79	200m:	2:06.30 32.98	300m:	3:13.82 34.20	400m:	4:24.87 35.58	
62.	LEWI SKI Michał		99	Siódemka Sopot				4:24.93	573
	50m:	29.08 29.08	150m:	1:35.82 33.91	250m:	2:44.20 34.11	350m:	3:53.05 34.25	
	100m:	1:01.91 32.83	200m:	2:10.09 34.27	300m:	3:18.80 34.60	400m:	4:24.93 31.88	
63.	KRUK Karol		99	Siódemka Sopot				4:25.11	572
	50m:	29.69 29.69	150m:	1:37.23 34.06	250m:	2:45.89 34.19	350m:	3:54.29 33.82	
	100m:	1:03.17 33.48	200m:	2:11.70 34.47	300m:	3:20.47 34.58	400m:	4:25.11 30.82	
64.	KIRYLUK Damian		98	Dwójka Morena Gda sk				4:25.66	568
	50m:	30.28 30.28	150m:	1:37.90 34.15	250m:	2:46.49 34.03	350m:	3:54.28 33.39	
	100m:	1:03.75 33.47	200m:	2:12.46 34.56	300m:	3:20.89 34.40	400m:	4:25.66 31.38	
65.	SZWEDA Mateusz		99	Siódemka Sopot				4:25.72	568
	50m:	28.92 28.92	150m:	1:35.63 33.89	250m:	2:43.72 34.05	350m:	3:52.69 34.04	
	100m:	1:01.74 32.82	200m:	2:09.67 34.04	300m:	3:18.65 34.93	400m:	4:25.72 33.03	
66.	KISIELEWSKI Marcin		97	MKS Juvenia Białystok				4:25.80	567
	50m:	28.77 28.77	150m:	1:35.85 34.22	250m:	2:44.81 34.69	350m:	3:54.13 34.66	
	100m:	1:01.63 32.86	200m:	2:10.12 34.27	300m:	3:19.47 34.66	400m:	4:25.80 31.67	
67.	FR CZEK Paweł		98	MKP Gda sk				4:26.05	565
	50m:	30.22 30.22	150m:	1:38.19 34.31	250m:	2:46.02 33.42	350m:	3:53.35 33.65	
	100m:	1:03.88 33.66	200m:	2:12.60 34.41	300m:	3:19.70 33.68	400m:	4:26.05 32.70	
68.	MICHNIEWSKI Tadeusz		98	UKS G-8 Bielany Warszawa				4:26.16	565
	50m:	30.38 30.38	150m:	1:38.15 34.13	250m:	2:46.58 34.31	350m:	3:55.03 33.73	
	100m:	1:04.02 33.64	200m:	2:12.27 34.12	300m:	3:21.30 34.72	400m:	4:26.16 31.13	
69.	BRZEZI SKI Wojciech		96	MKP Gda sk				4:29.38	545
	50m:	29.40 29.40	150m:	1:37.46 34.67	250m:	2:46.95 34.48	350m:	3:55.91 34.35	
	100m:	1:02.79 33.39	200m:	2:12.47 35.01	300m:	3:21.56 34.61	400m:	4:29.38 33.47	
70.	KOT Mateusz		99	UKS G-8 Bielany Warszawa				4:31.27	533
	50m:	30.23 30.23	150m:	1:39.21 34.55	250m:	2:48.16 34.37	350m:	3:57.45 34.21	
	100m:	1:04.66 34.43	200m:	2:13.79 34.58	300m:	3:23.24 35.08	400m:	4:31.27 33.82	

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
OLSZTYN, 5- - 8-6-2014

Konkurencja 28, M czynn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas	Pkt.
71.	GIER Oliwer		99 MTP KORMORAN Olsztyn						4:33.98	518
	50m:	29.12 29.12	150m:	1:37.80 35.07	250m:	2:48.44 36.03	350m:	4:00.15 36.07		
	100m:	1:02.73 33.61	200m:	2:12.41 34.61	300m:	3:24.08 35.64	400m:	4:33.98 33.83		
72.	RUDNICKI Marcin		99 UKS oliborz Warszawa						4:34.74	513
	50m:	29.94 29.94	150m:	1:38.37 34.59	250m:	2:49.45 36.01	350m:	4:01.03 35.25		
	100m:	1:03.78 33.84	200m:	2:13.44 35.07	300m:	3:25.78 36.33	400m:	4:34.74 33.71		
73.	RUSSEK Filip		94 UKS oliborz Warszawa						4:35.07	512
	50m:	29.89 29.89	150m:	1:38.02 34.46	250m:	2:48.43 35.21	350m:	3:59.66 35.67		
	100m:	1:03.56 33.67	200m:	2:13.22 35.20	300m:	3:23.99 35.56	400m:	4:35.07 35.41		
74.	KARCZEWSKI Norbert		98 KP Delfin Inowrocław						4:35.63	508
	50m:	29.38 29.38	150m:	1:37.06 34.62	250m:	2:47.86 35.53	350m:	4:00.65 36.27		
	100m:	1:02.44 33.06	200m:	2:12.33 35.27	300m:	3:24.38 36.52	400m:	4:35.63 34.98		
75.	TOPOLSKI Dawid		00 MKS Trójka Łód						4:36.12	506
	50m:	31.26 31.26	150m:	1:40.73 34.77	250m:	2:51.55 35.52	350m:	4:02.72 35.37		
	100m:	1:05.96 34.70	200m:	2:16.03 35.30	300m:	3:27.35 35.80	400m:	4:36.12 33.40		
76.	KRÓLAK Hubert		99 MTP KORMORAN Olsztyn						4:39.20	489
	50m:	31.06 31.06	150m:	1:42.15 35.70	250m:	2:54.22 35.59	350m:	4:04.71 34.87		
	100m:	1:06.45 35.39	200m:	2:18.63 36.48	300m:	3:29.84 35.62	400m:	4:39.20 34.49		
77.	MIAROWSKI Beniamin		00 MTP KORMORAN Olsztyn						4:40.03	485
	50m:	30.87 30.87	150m:	1:41.61 35.59	250m:	2:54.00 36.30	350m:	4:05.68 35.67		
	100m:	1:06.02 35.15	200m:	2:17.70 36.09	300m:	3:30.01 36.01	400m:	4:40.03 34.35		
78.	PAWLACZYK Patryk		00 UKS 190 Łód						4:40.25	484
	50m:	31.51 31.51	150m:	1:42.21 35.80	250m:	2:53.93 36.06	350m:	4:06.30 36.11		
	100m:	1:06.41 34.90	200m:	2:17.87 35.66	300m:	3:30.19 36.26	400m:	4:40.25 33.95		
79.	KRZYŻANIAK Krystian		00 MKS Juvenia Białystok						4:40.32	483
	50m:	31.28 31.28	150m:	1:41.78 35.64	250m:	2:54.25 36.26	350m:	4:06.17 35.54		
	100m:	1:06.14 34.86	200m:	2:17.99 36.21	300m:	3:30.63 36.38	400m:	4:40.32 34.15		
80.	SZWEDZKI Jakub		00 UKS "Pi tka" Konstantynów Łódz						4:41.99	475
	50m:	31.46 31.46	150m:	1:43.03 36.06	250m:	2:55.98 36.50	350m:	4:08.22 35.38		
	100m:	1:06.97 35.51	200m:	2:19.48 36.45	300m:	3:32.84 36.86	400m:	4:41.99 33.77		
81.	FIKS Krzysztof		00 UKS 190 Łód						4:42.64	472
	50m:	33.39 33.39	150m:	1:45.21 36.15	250m:	2:58.10 36.15	350m:	4:10.49 35.83		
	100m:	1:09.06 35.67	200m:	2:21.95 36.74	300m:	3:34.66 36.56	400m:	4:42.64 32.15		
82.	BALCERAK Jakub		00 MKS Trójka Łód						4:43.75	466
	50m:	31.37 31.37	150m:	1:42.76 36.54	250m:	2:56.19 36.53	350m:	4:09.42 35.83		
	100m:	1:06.22 34.85	200m:	2:19.66 36.90	300m:	3:33.59 37.40	400m:	4:43.75 34.33		
83.	CISZEWSKI Jakub		00 UKS 190 Łód						4:49.99	437
	50m:	32.94 32.94	150m:	1:47.39 37.09	250m:	3:02.29 37.62	350m:	4:16.63 36.77		
	100m:	1:10.30 37.36	200m:	2:24.67 37.28	300m:	3:39.86 37.57	400m:	4:49.99 33.36		
84.	S DŁAK Wiktor		99 Orka Zamo						4:51.47	430
	50m:	32.99 32.99	150m:	1:47.40 37.77	250m:	3:02.13 37.53	350m:	4:16.52 36.75		
	100m:	1:09.63 36.64	200m:	2:24.60 37.20	300m:	3:39.77 37.64	400m:	4:51.47 34.95		