

MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW
OLSZTYN, 5- - 8-6-2014

Konkurencja 28
2014-06-07 - 18:30

M czynn, 400m dowolny

Open
Wyniki Finał

Rekord Polski	3:45.71	STA CZYK Przemysław
Minimum ME (Berlin)	3:52.80	
Minimum ME dla Juniorów (Berlin)	3:54.04	
Minimum MEJ (Dordrecht)	3:57.14	

Punkty: FINA 2014

Pozycja		Rok ur.						Czas	Pkt.
Finał A									
1.	ZABOROWSKI Filip	94	MKP Szczecin					3:49.66	879
	<i>minimum ME</i>								
	50m: 27.51 27.51	150m: 1:25.74	29.20	250m: 2:23.70	28.90	350m: 3:21.34	28.58		
	100m: 56.54 29.03	200m: 1:54.80	29.06	300m: 2:52.76	29.06	400m: 3:49.66	28.32		
2.	WOJDAK Wojciech SO	96	UKP Unia O wi cim					3:51.20	862
	<i>minimum MEJ, ME</i>								
	50m: 27.24 27.24	150m: 1:24.79	28.68	250m: 2:22.76	29.01	350m: 3:21.82	29.62		
	100m: 56.11 28.87	200m: 1:53.75	28.96	300m: 2:52.20	29.44	400m: 3:51.20	29.38		
3.	FURTEK Paweł SSz	95	MKP Szczecin					3:52.83	844
	50m: 27.86 27.86	150m: 1:26.56	29.33	250m: 2:25.43	29.32	350m: 3:24.48	29.46		
	100m: 57.23 29.37	200m: 1:56.11	29.55	300m: 2:55.02	29.59	400m: 3:52.83	28.35		
4.	KACZMARSKI Marcin	94	MKP Szczecin					3:53.04	842
	50m: 27.66 27.66	150m: 1:26.59	29.55	250m: 2:25.79	29.49	350m: 3:24.77	29.32		
	100m: 57.04 29.38	200m: 1:56.30	29.71	300m: 2:55.45	29.66	400m: 3:53.04	28.27		
5.	KLICH Kacper	94	WKS I sk Wrocław					3:54.52	826
	50m: 27.48 27.48	150m: 1:26.53	29.58	250m: 2:25.72	29.57	350m: 3:25.50	29.88		
	100m: 56.95 29.47	200m: 1:56.15	29.62	300m: 2:55.62	29.90	400m: 3:54.52	29.02		
6.	SZUBA Michał	93	WKS I sk Wrocław					3:55.08	820
	50m: 27.64 27.64	150m: 1:26.29	29.17	250m: 2:25.26	29.60	350m: 3:25.81	30.42		
	100m: 57.12 29.48	200m: 1:55.66	29.37	300m: 2:55.39	30.13	400m: 3:55.08	29.27		
7.	PIELOWSKI Krzysztof	91	AZS UWM Olsztyn					3:55.74	813
	50m: 27.43 27.43	150m: 1:26.66	29.53	250m: 2:26.22	29.53	350m: 3:26.09	29.94		
	100m: 57.13 29.70	200m: 1:56.69	30.03	300m: 2:56.15	29.93	400m: 3:55.74	29.65		
8.	GŁYK Wojciech	92	AZS AWF Katowice					3:57.97	790
	50m: 27.61 27.61	150m: 1:26.95	29.86	250m: 2:26.80	29.99	350m: 3:27.34	30.50		
	100m: 57.09 29.48	200m: 1:56.81	29.86	300m: 2:56.84	30.04	400m: 3:57.97	30.63		
9.	KU WIK Maciej SSz	96	MKP Szczecin					3:58.43	786
	50m: 28.03 28.03	150m: 1:27.65	29.91	250m: 2:28.05	30.17	350m: 3:28.97	30.48		
	100m: 57.74 29.71	200m: 1:57.88	30.23	300m: 2:58.49	30.44	400m: 3:58.43	29.46		
10.	DUBIEL Adam	93	KORNER Zielona Góra					4:03.17	741
	50m: 27.39 27.39	150m: 1:27.53	30.22	250m: 2:29.15	30.92	350m: 3:31.91	31.48		
	100m: 57.31 29.92	200m: 1:58.23	30.70	300m: 3:00.43	31.28	400m: 4:03.17	31.26		
Finał B									
11.	STANISZEWSKI Adam SS	97	MKS Trójka Łód					3:59.44	776
	50m: 28.05 28.05	150m: 1:29.20	30.47	250m: 2:29.75	30.00	350m: 3:29.85	29.77		
	100m: 58.73 30.68	200m: 1:59.75	30.55	300m: 3:00.08	30.33	400m: 3:59.44	29.59		
12.	JURA Maciej SWR	96	UKS Jagiellonka Warszawa					4:00.68	764
	50m: 28.43 28.43	150m: 1:29.52	30.45	250m: 2:31.26	31.08	350m: 3:32.63	30.22		
	100m: 59.07 30.64	200m: 2:00.18	30.66	300m: 3:02.41	31.15	400m: 4:00.68	28.05		
13.	KOŁODZIEJSKI Filip SZG	96	KORNER Zielona Góra					4:01.00	761
	50m: 28.49 28.49	150m: 1:29.93	30.75	250m: 2:30.96	30.32	350m: 3:31.74	29.99		
	100m: 59.18 30.69	200m: 2:00.64	30.71	300m: 3:01.75	30.79	400m: 4:01.00	29.26		
14.	GOLENIEC Łukasz SO	97	UKP Unia O wi cim					4:02.04	751
	50m: 28.19 28.19	150m: 1:28.92	30.57	250m: 2:30.27	30.82	350m: 3:32.11	30.89		
	100m: 58.35 30.16	200m: 1:59.45	30.53	300m: 3:01.22	30.95	400m: 4:02.04	29.93		

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 OLSZTYN, 5- - 8-6-2014

Konkurencja 28, M czynn, 400m dowolny, Finał, Open

Pozycja	Rok ur.								Czas	Pkt.	
15. SZARLI SKI Filip	92 AZS Warszawa								4:02.52	747	
50m:	27.82	27.82	150m:	1:29.32	30.66	250m:	2:30.77	30.65	350m:	3:32.65	30.78
100m:	58.66	30.84	200m:	2:00.12	30.80	300m:	3:01.87	31.10	400m:	4:02.52	29.87
16. JASZCZAK Wiktor SWR	97 WKS I sk Wrocław								4:02.53	747	
50m:	28.16	28.16	150m:	1:29.24	30.46	250m:	2:30.99	30.57	350m:	3:32.82	30.74
100m:	58.78	30.62	200m:	2:00.42	31.18	300m:	3:02.08	31.09	400m:	4:02.53	29.71
17. PTASZY SKI Mikołaj SZG	95 KORNER Zielona Góra								4:05.48	720	
50m:	28.84	28.84	150m:	1:31.37	31.25	250m:	2:32.89	30.70	350m:	3:35.20	30.92
100m:	1:00.12	31.28	200m:	2:02.19	30.82	300m:	3:04.28	31.39	400m:	4:05.48	30.28
18. CIESIELSKI Filip	96 MUKS Pi tnastka Bydgoszcz								4:05.63	719	
50m:	28.18	28.18	150m:	1:29.34	30.88	250m:	2:32.33	31.22	350m:	3:35.08	31.28
100m:	58.46	30.28	200m:	2:01.11	31.77	300m:	3:03.80	31.47	400m:	4:05.63	30.55
19. KSI EK Sebastian SOc	96 KSZO Ostrowiec w.								4:05.69	718	
50m:	28.30	28.30	150m:	1:29.88	31.04	250m:	2:31.84	30.88	350m:	3:34.86	31.54
100m:	58.84	30.54	200m:	2:00.96	31.08	300m:	3:03.32	31.48	400m:	4:05.69	30.83
20. URBANIAK Jan Sp	95 KS Warta Pozna								4:06.34	712	
50m:	28.42	28.42	150m:	1:29.62	31.08	250m:	2:32.74	31.64	350m:	3:36.27	31.65
100m:	58.54	30.12	200m:	2:01.10	31.48	300m:	3:04.62	31.88	400m:	4:06.34	30.07