

Senior Games 2014 / W-M Międzynarodowy Meeting Pływacki Masters  
Olsztyn, 28- - 30-8-2014

Konkurencja 12  
2014-08-28 - 18:35

Mężczyzn, 400m zmienny

20 lat i starsi  
Wyniki

|                               |          |                        |              |            |
|-------------------------------|----------|------------------------|--------------|------------|
| Rekord Polski Masters 25 - 29 | 4:57.06  | RADOMSKI Grzegorz      | Pozna        | 2009-06-21 |
| Rekord Polski Masters 30 - 34 | 5:00.77  | RADOMSKI Grzegorz      | Olsztyn      | 2014-06-28 |
| Rekord Polski Masters 35 - 39 | 4:46.79  | WOLNY Dariusz          | Casablanca   | 1998-06-21 |
| Rekord Polski Masters 40 - 44 | 4:49.62  | WOLNY Dariusz          | Monachium    | 2000-08-02 |
| Rekord Polski Masters 45 - 49 | 5:34.05  | MONCZAK Piotr          | D bica       | 2013-06-15 |
| Rekord Polski Masters 50 - 54 | 5:15.44  | WOLNY Dariusz          | Göteborg     | 2010-08-02 |
| Rekord Polski Masters 55 - 59 | 6:19.52  | BASTEK Ewald           | Pilzno       | 1995-05-20 |
| Rekord Polski Masters 60 - 64 | 6:27.92  | RACZY SKI Marian       | Casablanca   | 1998-06-21 |
| Rekord Polski Masters 65 - 69 | 6:46.69  | RACZY SKI Marian       | Christchurch | 2002-03-28 |
| Rekord Polski Masters 70 - 74 | 7:01.33  | BASTEK Ewald           | Göteborg     | 2010-08-02 |
| Rekord Polski Masters 75 - 79 | 9:10.13  | PRZ DO Lucjan          | Warszawa     | 2007-06-02 |
| Rekord Polski Masters 80 - 84 | 8:20.62  | KROKOSZY SKI Stanisław | Gliwice      | 2011-06-18 |
| Rekord Polski Masters 85 - 89 | 15:00.00 |                        |              |            |

Punkty: FINA 2014

| Pozycja            | Nazwisko imi               | Kraj                  | Czas                  | Pkt.                |
|--------------------|----------------------------|-----------------------|-----------------------|---------------------|
| <b>30 - 34 lat</b> |                            |                       |                       |                     |
| 1.                 | <b>KOZIKOWSKI Michał</b>   |                       | <b>5:50.65</b>        | <b>336</b>          |
|                    | 50m: 36.55 36.55           | 150m: 2:06.78 45.08   | 250m: 3:36.18 45.14   | 350m: 5:07.64 45.45 |
|                    | 100m: 1:21.70 45.15        | 200m: 2:51.04 44.26   | 300m: 4:22.19 46.01   | 400m: 5:50.65 43.01 |
| <b>45 - 49 lat</b> |                            |                       |                       |                     |
| 1.                 | <b>TWAROWSKI Andrzej</b>   |                       | <b>7:20.26</b>        | <b>169</b>          |
|                    | 50m: 48.21 48.21           | 150m: 2:42.44 56.42   | 250m: 4:37.53 59.19   | 350m: 6:31.13 53.58 |
|                    | 100m: 1:46.02 57.81        | 200m: 3:38.34 55.90   | 300m: 5:37.55 1:00.02 | 400m: 7:20.26 49.13 |
| 2.                 | <b>KLAMRA Tomasz</b>       |                       | <b>8:02.67</b>        | <b>128</b>          |
|                    | 50m: 40.16 40.16           | 150m: 2:47.83 1:01.59 | 250m: 5:07.76 1:15.53 | 350m: 7:13.64 49.64 |
|                    | 100m: 1:46.24 1:06.08      | 200m: 3:52.23 1:04.40 | 300m: 6:24.00 1:16.24 | 400m: 8:02.67 49.03 |
| <b>50 - 54 lat</b> |                            |                       |                       |                     |
| 1.                 | <b>KO LIKOWSKI Marek</b>   |                       | <b>6:59.62</b>        | <b>196</b>          |
|                    | 50m: 46.53 46.53           | 150m: 2:42.63 58.67   | 250m: 4:34.61 53.54   | 350m: 6:15.77 45.62 |
|                    | 100m: 1:43.96 57.43        | 200m: 3:41.07 58.44   | 300m: 5:30.15 55.54   | 400m: 6:59.62 43.85 |
| 2.                 | <b>WISZNIEWSKI Andrzej</b> |                       | <b>8:13.97</b>        | <b>120</b>          |
|                    | 50m: 1:01.52 1:01.52       | 150m: 3:17.40 1:07.98 | 250m: 5:29.73 1:03.42 | 350m: 7:23.47 52.21 |
|                    | 100m: 2:09.42 1:07.90      | 200m: 4:26.31 1:08.91 | 300m: 6:31.26 1:01.53 | 400m: 8:13.97 50.50 |
| <b>55 - 59 lat</b> |                            |                       |                       |                     |
| 1.                 | <b>KAWECKI Krzysztof</b>   |                       | <b>6:55.24</b>        | <b>202</b>          |
|                    | 50m: 47.62 47.62           | 150m: 2:33.99 52.75   | 250m: 4:22.84 56.42   | 350m: 6:07.76 48.50 |
|                    | 100m: 1:41.24 53.62        | 200m: 3:26.42 52.43   | 300m: 5:19.26 56.42   | 400m: 6:55.24 47.48 |
| <b>60 - 64 lat</b> |                            |                       |                       |                     |
| 1.                 | <b>CIECIOR Jerzy</b>       |                       | <b>7:21.81</b>        | <b>168</b>          |
|                    | 50m: 46.80 46.80           | 150m: 2:40.45 58.96   | 250m: 4:43.36 1:05.35 | 350m: 6:35.97 47.57 |
|                    | 100m: 1:41.49 54.69        | 200m: 3:38.01 57.56   | 300m: 5:48.40 1:05.04 | 400m: 7:21.81 45.84 |



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65 - 69 lat

|                      |         |         |       |         |         |                |         |         |       |         |       |
|----------------------|---------|---------|-------|---------|---------|----------------|---------|---------|-------|---------|-------|
| 1. GUOGA Antanas     |         |         |       |         |         | <b>8:52.49</b> | 96      |         |       |         |       |
| 50m:                 | 1:00.51 | 1:00.51 | 150m: | 3:27.44 | 1:13.04 | 250m:          | 5:53.36 | 1:12.64 | 350m: | 7:59.79 | 52.19 |
| 100m:                | 2:14.40 | 1:13.89 | 200m: | 4:40.72 | 1:13.28 | 300m:          | 7:07.60 | 1:14.24 | 400m: | 8:52.49 | 52.70 |
| 2. KOZYNCHENKO Boris |         |         |       |         |         | <b>9:16.75</b> | 84      |         |       |         |       |
| 50m:                 | 1:05.47 | 1:05.47 | 150m: | 3:51.98 | 1:26.51 | 250m:          | 6:22.69 | 1:08.10 | 350m: | 8:25.90 | 54.90 |
| 100m:                | 2:25.47 | 1:20.00 | 200m: | 5:14.59 | 1:22.61 | 300m:          | 7:31.00 | 1:08.31 | 400m: | 9:16.75 | 50.85 |

70 - 74 lat

|                 |         |         |       |         |         |                |         |         |       |         |         |
|-----------------|---------|---------|-------|---------|---------|----------------|---------|---------|-------|---------|---------|
| 1. BUGLA Rudolf |         |         |       |         |         | <b>9:44.39</b> | 72      |         |       |         |         |
| 50m:            | 1:07.14 | 1:07.14 | 150m: | 3:38.60 | 1:14.24 | 250m:          | 6:08.17 | 1:13.98 | 350m: | 8:34.48 | 1:10.15 |
| 100m:           | 2:24.36 | 1:17.22 | 200m: | 4:54.19 | 1:15.59 | 300m:          | 7:24.33 | 1:16.16 | 400m: | 9:44.39 | 1:09.91 |