

Mistrzostwa Województwa Warmi sko- Mazurskiego OZP  
w Olsztynie, 5- 6-12-2014

Konkurencja 32  
2014-12-06 - 12:08

M czyzn, 400m dowolny

Open  
Wyniki

Rekord Okr gu Open	3:46.88	PIELOWSKI Krzysztof	00213	Gorzow Wielkopolski	2009-11-26
Rekord Okr gu 18	3:46.88	PIELOWSKI Krzysztof	00213	Gorzow Wielkopolski	2009-11-26
Rekord Okr gu 17	3:52.32	PIELOWSKI Krzysztof	00213	Gorzow Wlkp.	2008-11-27
Rekord Okr gu 16	3:54.82	BOROWICZ SKONECZNY Sylweste	00213	Gorzow Wlkp.	2008-11-27
Rekord Okr gu 15	3:59.06	BOROWICZ SKONECZNY Sylweste	00213	Elblag	2007-11-24
Rekord Okr gu 14	4:06.68	KUBKOWSKI Bartlomiej	00713	Warsaw	2009-12-19
Rekord Okr gu 13	4:19.73	KUBKOWSKI Bartlomiej	00713	Elk	2008-12-14
Rekord Okr gu 12	4:34.37	PŁACHTA Emil	00213	Elk	2008-12-14
Rekord Okr gu - 11	5:10.86	PŁACHTA Emil	00213	Gizycko	2007-12-08

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
<b>10 lat i młodszy</b>									
1.	NIEWIADOMSKI Oliwier		04	UKP Jedylnka Elbl g				<b>6:24.68</b>	167
	50m:	41.97 41.97	150m:	2:20.60	49.93	250m:	3:59.47	48.92	350m: 5:40.09 50.07
	100m:	1:30.67 48.70	200m:	3:10.55	49.95	300m:	4:50.02	50.55	400m: 6:24.68 44.59
<b>11 lat</b>									
1.	TECLAW Igor		03	KS Płetwal Szczytno				<b>5:38.58</b>	246
	50m:	36.64 36.64	150m:	2:02.32	43.14	250m:	3:29.78	44.17	350m: 4:57.06 43.39
	100m:	1:19.18 42.54	200m:	2:45.61	43.29	300m:	4:13.67	43.89	400m: 5:38.58 41.52
2.	KAPAŁA Szymon		03	MTP Kormoran Olsztyn				<b>5:54.31</b>	214
	50m:	39.70 39.70	150m:	2:10.94	46.67	250m:	3:43.73	46.61	350m: 5:13.84 44.60
	100m:	1:24.27 44.57	200m:	2:57.12	46.18	300m:	4:29.24	45.51	400m: 5:54.31 40.47
3.	MAKSYMOWICZ Krzysztof		03	UKP Jedylnka Elbl g				<b>6:05.55</b>	195
	50m:	40.89 40.89	150m:	2:13.40	46.84	250m:	3:46.90	47.23	350m: 5:21.13 46.56
	100m:	1:26.56 45.67	200m:	2:59.67	46.27	300m:	4:34.57	47.67	400m: 6:05.55 44.42
4.	STANEK Maksymilian		03	MTP Kormoran Olsztyn				<b>7:03.69</b>	125
	50m:	47.69 47.69	150m:	2:37.44	55.50	250m:	4:27.47	54.62	350m: 6:16.22 53.30
	100m:	1:41.94 54.25	200m:	3:32.85	55.41	300m:	5:22.92	55.45	400m: 7:03.69 47.47
<b>12 lat</b>									
1.	SOBOLEWSKI Dawid		02	MUKS PIORUN Gołdap				<b>4:52.97</b>	380
	50m:	31.76 31.76	150m:	1:46.32	37.94	250m:	3:02.51	38.32	350m: 4:16.85 36.81
	100m:	1:08.38 36.62	200m:	2:24.19	37.87	300m:	3:40.04	37.53	400m: 4:52.97 36.12
2.	KOPICZKO Maksymilian		02	MKS Medyk Gi ycko				<b>4:55.90</b>	369
	50m:	32.24 32.24	150m:	1:47.29	38.35	250m:	3:04.58	38.81	350m: 4:20.33 37.41
	100m:	1:08.94 36.70	200m:	2:25.77	38.48	300m:	3:42.92	38.34	400m: 4:55.90 35.57
3.	WORONKO Krzysztof		02	MKS Medyk Gi ycko				<b>4:59.06</b>	357
	50m:	32.79 32.79	150m:	1:49.26	38.60	250m:	3:06.83	38.53	350m: 4:22.90 37.51
	100m:	1:10.66 37.87	200m:	2:28.30	39.04	300m:	3:45.39	38.56	400m: 4:59.06 36.16
4.	LEWANDOWSKI Jakub		02	UKP Jedylnka Elbl g				<b>4:59.25</b>	356
	50m:	33.20 33.20	150m:	1:49.30	38.65	250m:	3:06.57	38.33	350m: 4:22.80 37.90
	100m:	1:10.65 37.45	200m:	2:28.24	38.94	300m:	3:44.90	38.33	400m: 4:59.25 36.45
5.	BRUZDEWICZ Hubert		02	MTP Kormoran Olsztyn				<b>5:11.21</b>	317
	50m:	34.58 34.58	150m:	1:53.72	39.70	250m:	3:13.84	39.74	350m: 4:33.32 39.24
	100m:	1:14.02 39.44	200m:	2:34.10	40.38	300m:	3:54.08	40.24	400m: 5:11.21 37.89
6.	MIERZEJEK Igor		02	MTP Kormoran Olsztyn				<b>5:19.84</b>	292
	50m:	34.79 34.79	150m:	1:56.35	41.90	250m:	3:17.85	41.28	350m: 4:39.46 41.09
	100m:	1:14.45 39.66	200m:	2:36.57	40.22	300m:	3:58.37	40.52	400m: 5:19.84 40.38
7.	TOMCZUK Kamil		02	MTP Kormoran Olsztyn				<b>5:46.34</b>	230
	50m:	36.78 36.78	150m:	2:03.14	43.62	250m:	3:32.80	44.95	350m: 5:03.74 45.80
	100m:	1:19.52 42.74	200m:	2:47.85	44.71	300m:	4:17.94	45.14	400m: 5:46.34 42.60
8.	PIEKARSKI Szymon		02	MTP Kormoran Olsztyn				<b>5:54.63</b>	214
	50m:	39.82 39.82	150m:	2:09.72	46.01	250m:	3:42.64	45.82	350m: 5:11.86 44.44
	100m:	1:23.71 43.89	200m:	2:56.82	47.10	300m:	4:27.42	44.78	400m: 5:54.63 42.77

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13 lat

1.	BAŁDYGA Marceli	01	MTP Kormoran Olsztyn	<b>4:48.55</b>	397
	50m: 32.06 32.06	150m: 1:45.32 37.20	250m: 3:00.64 37.68	350m: 4:13.54 35.53	
	100m: 1:08.12 36.06	200m: 2:22.96 37.64	300m: 3:38.01 37.37	400m: 4:48.55 35.01	
2.	LINDE Miłosz	01	MTP Kormoran Olsztyn	<b>4:55.88</b>	369
	50m: 33.35 33.35	150m: 1:48.65 38.28	250m: 3:04.59 37.73	350m: 4:20.30 37.72	
	100m: 1:10.37 37.02	200m: 2:26.86 38.21	300m: 3:42.58 37.99	400m: 4:55.88 35.58	
3.	JEDNASZEWSKI Mikołaj	01	MTP Kormoran Olsztyn	<b>5:01.37</b>	349
	50m: 33.73 33.73	150m: 1:50.34 38.66	250m: 3:08.13 38.51	350m: 4:24.92 38.13	
	100m: 1:11.68 37.95	200m: 2:29.62 39.28	300m: 3:46.79 38.66	400m: 5:01.37 36.45	
DYSKW.	URAWSKI Jakub	01	MTP Kormoran Olsztyn	<b>5:05.85</b>	
	50m: 34.33 34.33	150m: 1:53.30 39.87	250m: 3:11.65 39.37	350m: 4:29.70 38.76	
	100m: 1:13.43 39.10	200m: 2:32.28 38.98	300m: 3:50.94 39.29	400m: 5:05.85 36.15	

14 lat

1.	KOZIEJKO Bartłomiej	00	MTP Kormoran Olsztyn	<b>4:12.76</b>	592
	50m: 29.33 29.33	150m: 1:32.94 31.97	250m: 2:37.61 32.36	350m: 3:41.77 31.98	
	100m: 1:00.97 31.64	200m: 2:05.25 32.31	300m: 3:09.79 32.18	400m: 4:12.76 30.99	
2.	W SOWSKI J dźrzej	00	MTP Kormoran Olsztyn	<b>4:16.14</b>	568
	50m: 29.77 29.77	150m: 1:34.80 32.74	250m: 2:39.94 32.11	350m: 3:44.85 32.19	
	100m: 1:02.06 32.29	200m: 2:07.83 33.03	300m: 3:12.66 32.72	400m: 4:16.14 31.29	
3.	MAKSYMOWICZ Tomasz	00	UKP Jedyńka Elbl g	<b>4:42.39</b>	424
	50m: 31.42 31.42	150m: 1:41.51 35.63	250m: 2:54.65 36.45	350m: 4:07.29 35.86	
	100m: 1:05.88 34.46	200m: 2:18.20 36.69	300m: 3:31.43 36.78	400m: 4:42.39 35.10	
4.	MICHAŁOWSKI Remigiusz	00	UKP Jedyńka Elbl g	<b>5:12.37</b>	313
	50m: 32.93 32.93	150m: 1:52.50 40.48	250m: 3:13.59 40.43	350m: 4:33.70 39.99	
	100m: 1:12.02 39.09	200m: 2:33.16 40.66	300m: 3:53.71 40.12	400m: 5:12.37 38.67	

15 lat

1.	KRÓLAK Hubert	99	MTP Kormoran Olsztyn	<b>4:24.69</b>	515
	50m: 29.50 29.50	150m: 1:36.07 33.57	250m: 2:43.85 33.84	350m: 3:51.85 33.83	
	100m: 1:02.50 33.00	200m: 2:10.01 33.94	300m: 3:18.02 34.17	400m: 4:24.69 32.84	
2.	GIER Oliwer	99	MTP Kormoran Olsztyn	<b>4:27.54</b>	499
	50m: 29.41 29.41	150m: 1:36.43 33.69	250m: 2:44.84 34.46	350m: 3:54.49 34.56	
	100m: 1:02.74 33.33	200m: 2:10.38 33.95	300m: 3:19.93 35.09	400m: 4:27.54 33.05	
3.	KUBI SKI Arkadiusz	99	UKS PIRAT Elbl g	<b>4:37.07</b>	449
	50m: 31.85 31.85	150m: 1:42.20 35.42	250m: 2:52.84 34.30	350m: 4:03.01 35.66	
	100m: 1:06.78 34.93	200m: 2:18.54 36.34	300m: 3:27.35 34.51	400m: 4:37.07 34.06	

16 lat i starsi

1.	SZPOJANKOWSKI Kacper	98	MTP Kormoran Olsztyn	<b>4:03.65</b>	661
	50m: 28.48 28.48	150m: 1:30.48 31.02	250m: 2:32.76 31.05	350m: 3:33.96 30.48	
	100m: 59.46 30.98	200m: 2:01.71 31.23	300m: 3:03.48 30.72	400m: 4:03.65 29.69	
2.	SINITCHINE Radosław	98	MTP Kormoran Olsztyn	<b>4:05.97</b>	642
	50m: 28.25 28.25	150m: 1:30.60 31.15	250m: 2:33.67 31.58	350m: 3:36.38 31.31	
	100m: 59.45 31.20	200m: 2:02.09 31.49	300m: 3:05.07 31.40	400m: 4:05.97 29.59	
3.	ZIELI SKI Cezary	97	MKS Medyk Gi ycko	<b>4:06.23</b>	640
	50m: 28.75 28.75	150m: 1:31.63 31.59	250m: 2:34.15 31.45	350m: 3:36.99 31.11	
	100m: 1:00.04 31.29	200m: 2:02.70 31.07	300m: 3:05.88 31.73	400m: 4:06.23 29.24	
4.	BRU DZIAK Maciej SOL	98	MTP Kormoran Olsztyn	<b>4:18.54</b>	553
	50m: 28.98 28.98	150m: 1:34.01 32.81	250m: 2:39.69 32.93	350m: 3:46.60 33.33	
	100m: 1:01.20 32.22	200m: 2:06.76 32.75	300m: 3:13.27 33.58	400m: 4:18.54 31.94	

Mistrzostwa Województwa Warmi sko- Mazurskiego OZP  
w Olsztynie, 5- - 6-12-2014

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Konkurencja 32, M czyn, 400m dowolny

PK KRAWCZYK Paweł	99	BUKS Warszawa	<b>4:06.57</b>	637	
50m: 28.76 28.76	150m: 1:30.45	30.57 250m: 2:33.17	31.43	350m: 3:36.24	31.58
100m: 59.88 31.12	200m: 2:01.74	31.29 300m: 3:04.66	31.49	400m: 4:06.57	30.33
PK STERNAK Piotr SOL	98	KP MZOS Płock	<b>4:17.21</b>	561	
50m: 29.00 29.00	150m: 1:31.86	31.88 250m: 2:39.00	33.51	350m: 3:45.33	32.85
100m: 59.98 30.98	200m: 2:05.49	33.63 300m: 3:12.48	33.48	400m: 4:17.21	31.88
PK LUBA SKI Sebastian	99	BUKS Warszawa	<b>4:56.98</b>	365	
50m: 33.24 33.24	150m: 1:48.82	38.14 250m: 3:06.07	38.25	350m: 4:21.84	37.39
100m: 1:10.68 37.44	200m: 2:27.82	39.00 300m: 3:44.45	38.38	400m: 4:56.98	35.14
PK POPŁONYK Jakub	02	BUKS Warszawa	<b>5:24.40</b>	280	
50m: 35.34 35.34	150m: 1:58.21	42.30 250m: 3:22.14	41.67	350m: 4:46.32	42.11
100m: 1:15.91 40.57	200m: 2:40.47	42.26 300m: 4:04.21	42.07	400m: 5:24.40	38.08
PK TRYLSKI Wiktor	03	TRI-Team Rumia	<b>5:29.48</b>	267	
50m: 38.29 38.29	150m: 2:02.96	42.51 250m: 3:26.38	41.21	350m: 4:49.88	41.10
100m: 1:20.45 42.16	200m: 2:45.17	42.21 300m: 4:08.78	42.40	400m: 5:29.48	39.60