



Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Olsztyn, 6- - 8-3-2015

Konkurencja 11  
2015-03-06 - 19:09

Dziewcz t, 400m zmienny

14 lat  
Wyniki Finał

Rekord Polski Open 4:31.89 BARANOWSKA Katarzyna 00116 Debrecen (HUN) 2007-12-16  
Rekord Polski 14 4:53.86 SIE CZYK Jowita 00903 Poznan 2011-12-18

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
<b>Finał A</b>			
1. MAZURKIEWICZ Barbara	01 Integracyjny KS Konstancin	<b>5:05.54</b>	622
50m: 31.71 31.71	150m: 1:48.17 40.50	250m: 3:11.66 43.88	350m: 4:31.79 35.53
100m: 1:07.67 35.96	200m: 2:27.78 39.61	300m: 3:56.26 44.60	400m: 5:05.54 33.75
2. WETT Oliwia	01 MKS SAMBOR Tczew	<b>5:08.36</b>	605
50m: 33.05 33.05	150m: 1:51.45 40.34	250m: 3:14.51 44.26	350m: 4:34.42 35.12
100m: 1:11.11 38.06	200m: 2:30.25 38.80	300m: 3:59.30 44.79	400m: 5:08.36 33.94
3. HALICKA Lidia	01 WKS L SK Wrocław	<b>5:11.32</b>	588
50m: 33.54 33.54	150m: 1:53.40 40.57	250m: 3:17.09 43.28	350m: 4:36.64 36.49
100m: 1:12.83 39.29	200m: 2:33.81 40.41	300m: 4:00.15 43.06	400m: 5:11.32 34.68
4. WOLEK Oliwia SOc	01 KS KSZO Ostrowiec wi tokrzysk	<b>5:11.57</b>	586
50m: 33.47 33.47	150m: 1:52.50 39.83	250m: 3:15.99 44.35	350m: 4:36.18 35.99
100m: 1:12.67 39.20	200m: 2:31.64 39.14	300m: 4:00.19 44.20	400m: 5:11.57 35.39
5. LITWIN Andrea	01 MKS Ikar Mielec	<b>5:12.63</b>	580
50m: 33.00 33.00	150m: 1:52.20 41.10	250m: 3:16.10 44.79	350m: 4:38.28 35.63
100m: 1:11.10 38.10	200m: 2:31.31 39.11	300m: 4:02.65 46.55	400m: 5:12.63 34.35
6. LEWANDOWSKA Natalia SO	01 UKP Unia O wi cim	<b>5:17.29</b>	555
50m: 32.72 32.72	150m: 1:50.29 39.23	250m: 3:14.55 45.48	350m: 4:39.54 38.91
100m: 1:11.06 38.34	200m: 2:29.07 38.78	300m: 4:00.63 46.08	400m: 5:17.29 37.75
7. KEMPA Anna SO	01 MMKS K dzierzyn Ko le	<b>5:21.67</b>	533
50m: 34.71 34.71	150m: 1:57.08 41.37	250m: 3:21.80 43.51	350m: 4:45.94 38.12
100m: 1:15.71 41.00	200m: 2:38.29 41.21	300m: 4:07.82 46.02	400m: 5:21.67 35.73
8. BIENIECKA Natalia	01 MKS POLONIA Warszawa	<b>5:23.14</b>	526
50m: 33.65 33.65	150m: 1:56.43 42.45	250m: 3:23.32 45.37	350m: 4:47.08 38.18
100m: 1:13.98 40.33	200m: 2:37.95 41.52	300m: 4:08.90 45.58	400m: 5:23.14 36.06
9. WOJTANEK Wiktoria	01 UKS KAPRY ARMEXIM Pruszków	<b>5:25.29</b>	515
50m: 35.16 35.16	150m: 1:58.11 41.29	250m: 3:24.65 46.31	350m: 4:48.84 38.63
100m: 1:16.82 41.66	200m: 2:38.34 40.23	300m: 4:10.21 45.56	400m: 5:25.29 36.45
10. SUDAK Zuzanna	01 UKS G-8 Bielany Warszawa	<b>5:34.81</b>	472
50m: 35.35 35.35	150m: 2:02.20 44.59	250m: 3:32.46 46.35	350m: 4:57.50 38.64
100m: 1:17.61 42.26	200m: 2:46.11 43.91	300m: 4:18.86 46.40	400m: 5:34.81 37.31
<b>Finał B</b>			
11. CZORNIK Julia	01 KS PI TKA Chorzów	<b>5:22.72</b>	528
50m: 34.70 34.70	150m: 1:55.31 40.52	250m: 3:23.14 47.76	350m: 4:48.08 37.08
100m: 1:14.79 40.09	200m: 2:35.38 40.07	300m: 4:11.00 47.86	400m: 5:22.72 34.64
12. WEGRZYNOWSKA Aleksandra	01 WKS L SK Wrocław	<b>5:25.43</b>	514
50m: 33.75 33.75	150m: 1:54.61 41.74	250m: 3:22.93 46.87	350m: 4:48.47 38.17
100m: 1:12.87 39.12	200m: 2:36.06 41.45	300m: 4:10.30 47.37	400m: 5:25.43 36.96
13. WÓJCIK Zuzanna	01 MKS JUVENIA Wrocław	<b>5:30.26</b>	492
50m: 34.52 34.52	150m: 2:00.67 45.06	250m: 3:29.15 45.63	350m: 4:53.86 38.65
100m: 1:15.61 41.09	200m: 2:43.52 42.85	300m: 4:15.21 46.06	400m: 5:30.26 36.40
14. CICHOWSKA Julia	01 WKS L SK Wrocław	<b>5:31.30</b>	488
50m: 34.63 34.63	150m: 2:03.34 44.51	250m: 3:30.28 44.77	350m: 4:55.09 40.22
100m: 1:18.83 44.20	200m: 2:45.51 42.17	300m: 4:14.87 44.59	400m: 5:31.30 36.21
15. OSI SKA Wiktoria	01 UKS SP 149 Łódź	<b>5:31.34</b>	487
50m: 33.97 33.97	150m: 1:57.41 42.42	250m: 3:28.90 50.45	350m: 4:56.40 37.86
100m: 1:14.99 41.02	200m: 2:38.45 41.04	300m: 4:18.54 49.64	400m: 5:31.34 34.94
16. SKROK Zuzanna	01 SP MOTYL MOSiR Stalowa Wola	<b>5:31.94</b>	485
50m: 35.31 35.31	150m: 2:01.05 43.78	250m: 3:30.12 45.15	350m: 4:55.77 39.23
100m: 1:17.27 41.96	200m: 2:44.97 43.92	300m: 4:16.54 46.42	400m: 5:31.94 36.17

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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2015-03-07 22:50 - Strona 1





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Olsztyn, 6- - 8-3-2015

Konkurencja 11, Dziewcz t, 400m zmienny, Finał, 14 lat

Pozycja			Rok ur.						Czas	Pkt.		
17.	KRÓTKI Magdalena		01	UKS ALIGATOR Gorzyce					<b>5:32.08</b>	484		
	50m:	35.63	35.63	150m:	2:01.99	44.39	250m:	3:31.35	46.12	350m:	4:55.90	37.36
	100m:	1:17.60	41.97	200m:	2:45.23	43.24	300m:	4:18.54	47.19	400m:	5:32.08	36.18
18.	HOJÓŁ Agata		01	UKS SMS Galicja Kraków					<b>5:36.82</b>	464		
	50m:	34.23	34.23	150m:	1:58.27	44.38	250m:	3:30.33	48.36	350m:	5:00.35	39.27
	100m:	1:13.89	39.66	200m:	2:41.97	43.70	300m:	4:21.08	50.75	400m:	5:36.82	36.47
19.	KRZYŻ A SKA Karolina		01	MKP Szczecin					<b>5:36.93</b>	464		
	50m:	35.95	35.95	150m:	2:01.84	43.69	250m:	3:32.14	47.70	350m:	4:59.73	39.33
	100m:	1:18.15	42.20	200m:	2:44.44	42.60	300m:	4:20.40	48.26	400m:	5:36.93	37.20
20.	SM TEK Wiktoria		01	MMKS K dzierzyn-Ko le					<b>5:42.37</b>	442		
	50m:	37.42	37.42	150m:	2:05.40	42.55	250m:	3:33.64	46.91	350m:	5:02.39	41.35
	100m:	1:22.85	45.43	200m:	2:46.73	41.33	300m:	4:21.04	47.40	400m:	5:42.37	39.98