

4th CMAS FINISWIMMING WORLD CUP
Olsztyn, 11- - 12-4-2015

Event 32
2015-04-12 - 9:59

Women, 400m Surface

B,C,D
Results

Rank	nazwisko, imi	rok ur	klub	kraj	czas	punkty	zgl.
1.	KASPEREK, Aleksandra	1998	KS Nautilus Jastrzebie	POL	3:43.29	50	3:39.96
	50m: 24.23 24.23	150m: 1:20.59 29.06	250m: 2:20.09 29.74	350m: 3:18.04 28.35			
	100m: 51.53 27.30	200m: 1:50.35 29.76	300m: 2:49.69 29.60	400m: 3:43.29 25.25			
2.	RETTIG, Agata	2000	UKS Delfinek 1 Chodziej	POL	3:44.68	46	3:46.67
	50m: 24.72 24.72	150m: 1:20.73 29.22	250m: 2:20.82 29.81	350m: 3:19.10 28.62			
	100m: 51.51 26.79	200m: 1:51.01 30.28	300m: 2:50.48 29.66	400m: 3:44.68 25.58			
3.	STRACHANOWSKA, Helena	1999	UKS Delfin Jastarnia	POL	3:51.67	42	3:47.35
	50m: 25.43 25.43	150m: 1:23.18 29.76	250m: 2:23.95 30.32	350m: 3:24.94 30.00			
	100m: 53.42 27.99	200m: 1:53.63 30.45	300m: 2:54.94 30.99	400m: 3:51.67 26.73			
4.	NOWAK, Julia	2001	UKS Delfinek 1 Chodziej	POL	3:55.87	39	3:58.20
	50m: 25.68 25.68	150m: 1:25.46 30.53	250m: 2:26.89 30.46	350m: 3:27.19 30.00			
	100m: 54.93 29.25	200m: 1:56.43 30.97	300m: 2:57.19 30.30	400m: 3:55.87 28.68			
5.	DEMSKA, Zuzanna	2002	K.S. Laguna 24 Torun	POL	4:16.86	36	4:10.00
	50m: 28.99 28.99	150m: 1:35.11 33.45	250m: 2:41.77 33.38	350m: 3:46.85 31.83			
	100m: 1:01.66 32.67	200m: 2:08.39 33.28	300m: 3:15.02 33.25	400m: 4:16.86 30.01			
6.	SZYMANSKA, Anna	1999	Klub Sportowy W.M."Bars"Gorzow	POL	4:37.16	33	4:33.59
	50m: 28.67 28.67	150m: 1:37.99 35.91	250m: 2:50.94 37.22	350m: 4:04.89 36.95			
	100m: 1:02.08 33.41	200m: 2:13.72 35.73	300m: 3:27.94 37.00	400m: 4:37.16 32.27			
7.	MYSZKOWIAK, Katarzyna	2001	UKS Delfin Jastarnia	POL	4:46.52	30	5:00.98
	50m: 29.94 29.94	150m: 1:41.85 36.73	250m: 2:58.04 38.00	350m: 4:12.20 37.02			
	100m: 1:05.12 35.18	200m: 2:20.04 38.19	300m: 3:35.18 37.14	400m: 4:46.52 34.32			