

Zimowe Mistrzostwa Polski Juniorów Młodszych-14L
Olsztyn, 4- - 6-3-2016

Konkurencja 12
2016-03-04 - 19:28

Chłopców, 400m zmienny

14 lat
Wyniki Finał

Rekord Polski Open	4:03.20	WOJT, Lukasz	POL	Berlin (GER)	2009-11-14
Rekord Polski 14	4:31.51	KĄŁUSOWSKI, Jan	00905	Ostrowiec Sw	2014-12-19

Punkty: FINA 2015

Pozycja		Rok ur.			Czas	Pkt.
Finał A						
1.	RABAN, Maciej	02	Integracyjny KS Konstancin		4:38.91	601
	50m: 29.32 29.32	150m: 1:38.04	34.96	250m: 2:52.73	41.12	350m: 4:07.73 33.16
	100m: 1:03.08 33.76	200m: 2:11.61	33.57	300m: 3:34.57	41.84	400m: 4:38.91 31.18
2.	JA KIEWICZ, Adrian	02	Iuks Muszelka Warszawa		4:44.77	565
	50m: 29.08 29.08	150m: 1:38.80	35.95	250m: 2:55.99	41.86	350m: 4:12.08 32.98
	100m: 1:02.85 33.77	200m: 2:14.13	35.33	300m: 3:39.10	43.11	400m: 4:44.77 32.69
3.	RAJCA, Wiktor	02	UKS190 Łód		4:47.65	548
	50m: 30.58 30.58	150m: 1:42.47	37.40	250m: 3:00.00	41.21	350m: 4:15.14 33.73
	100m: 1:05.07 34.49	200m: 2:18.79	36.32	300m: 3:41.41	41.41	400m: 4:47.65 32.51
4.	SYNOWIEC, Mikołaj	02	OMEGA Olkusz		4:49.69	537
	50m: 31.30 31.30	150m: 1:45.72	38.04	250m: 3:03.16	40.31	350m: 4:17.20 33.44
	100m: 1:07.68 36.38	200m: 2:22.85	37.13	300m: 3:43.76	40.60	400m: 4:49.69 32.49
5.	KSI NICKI, Dawid	02	Mks Ikar Mielec		4:52.64	521
	50m: 31.69 31.69	150m: 1:46.75	37.99	250m: 3:03.96	39.11	350m: 4:19.43 34.73
	100m: 1:08.76 37.07	200m: 2:24.85	38.10	300m: 3:44.70	40.74	400m: 4:52.64 33.21
6.	JACKOWSKI, Tomasz	02	WKS L SK		4:55.76	504
	50m: 31.77 31.77	150m: 1:47.78	37.31	250m: 3:08.75	43.59	350m: 4:24.14 32.63
	100m: 1:10.47 38.70	200m: 2:25.16	37.38	300m: 3:51.51	42.76	400m: 4:55.76 31.62
7.	MENCEL, Miłosz	02	UKS Aligator Gorzyce		4:56.78	499
	50m: 31.39 31.39	150m: 1:47.90	38.96	250m: 3:07.18	41.58	350m: 4:24.23 34.24
	100m: 1:08.94 37.55	200m: 2:25.60	37.70	300m: 3:49.99	42.81	400m: 4:56.78 32.55
8.	BLACHURA, Oskar SO	02	Ukp „Unia” O wi cim		4:56.86	499
	50m: 32.94 32.94	150m: 1:51.74	40.78	250m: 3:08.86	38.51	350m: 4:22.98 35.02
	100m: 1:10.96 38.02	200m: 2:30.35	38.61	300m: 3:47.96	39.10	400m: 4:56.86 33.88
9.	DOŁOWY, Grzegorz	02	Iuks Muszelka Warszawa		5:00.17	482
	50m: 31.77 31.77	150m: 1:45.97	38.73	250m: 3:10.06	45.80	350m: 4:27.92 32.79
	100m: 1:07.24 35.47	200m: 2:24.26	38.29	300m: 3:55.13	45.07	400m: 5:00.17 32.25
DYSKW.	FERENC, Filip	02	WKS L SK			
	Z2 K15					
Finał B						
11.	WORONKO, Krzysztof	02	MKS Medyk Gi ycko		4:57.82	494
	50m: 30.56 30.56	150m: 1:44.40	37.48	250m: 3:04.44	43.27	350m: 4:23.98 34.82
	100m: 1:06.92 36.36	200m: 2:21.17	36.77	300m: 3:49.16	44.72	400m: 4:57.82 33.84
12.	RUTA, Kamil	02	Iuks Muszelka Warszawa		5:00.07	483
	50m: 31.24 31.24	150m: 1:45.46	37.84	250m: 3:07.84	44.10	350m: 4:27.10 34.01
	100m: 1:07.62 36.38	200m: 2:23.74	38.28	300m: 3:53.09	45.25	400m: 5:00.07 32.97
13.	KRZYWANIA, Oskar	02	UKS SP 149 Łód		5:01.95	474
	50m: 31.28 31.28	150m: 1:46.07	38.13	250m: 3:08.52	44.12	350m: 4:28.53 34.97
	100m: 1:07.94 36.66	200m: 2:24.40	38.33	300m: 3:53.56	45.04	400m: 5:01.95 33.42
14.	GAŁUSZKA, Bruno SO	02	Ukp „Unia” O wi cim		5:06.93	451
	50m: 34.40 34.40	150m: 1:52.20	39.27	250m: 3:12.65	41.27	350m: 4:31.97 36.67
	100m: 1:12.93 38.53	200m: 2:31.38	39.18	300m: 3:55.30	42.65	400m: 5:06.93 34.96
15.	GAŁA, Kornel	02	K.S. Górnik Sosnowiec		5:08.88	443
	50m: 33.61 33.61	150m: 1:52.46	40.33	250m: 3:14.85	43.74	350m: 4:36.35 35.96
	100m: 1:12.13 38.52	200m: 2:31.11	38.65	300m: 4:00.39	45.54	400m: 5:08.88 32.53
16.	KRZYSZTY SKI, Jan	02	Galicja Kraków		5:08.95	442
	50m: 33.12 33.12	150m: 1:49.90	39.23	250m: 3:13.52	45.30	350m: 4:35.55 36.30
	100m: 1:10.67 37.55	200m: 2:28.22	38.32	300m: 3:59.25	45.73	400m: 5:08.95 33.40

Zimowe Mistrzostwa Polski Juniorów Młodszych-14L
Olsztyn, 4- - 6-3-2016

Konkurencja 12, Chłopców, 400m zmienny, Finał, 14 lat

Pozycja		Rok ur.						Czas	Pkt.
17.	RYBACKI, Maksymilian	02	KS Warta Pozna					5:09.92	438
	50m: 34.27 34.27	150m: 1:53.49	39.07	250m: 3:15.04	43.92	350m: 4:35.85	36.20		
	100m: 1:14.42 40.15	200m: 2:31.12	37.63	300m: 3:59.65	44.61	400m: 5:09.92	34.07		
18.	MALINOWSKI, Paweł	02	M.K.P."Słowianka" Gorzów Wlkp.					5:13.55	423
	50m: 33.25 33.25	150m: 1:54.60	41.79	250m: 3:19.25	42.33	350m: 4:39.47	36.29		
	100m: 1:12.81 39.56	200m: 2:36.92	42.32	300m: 4:03.18	43.93	400m: 5:13.55	34.08		
19.	MORYL, Wojciech SO	02	Mmks K dzierzyn Ko le					5:13.60	423
	50m: 32.90 32.90	150m: 1:51.86	40.38	250m: 3:18.61	47.14	350m: 4:40.19	34.97		
	100m: 1:11.48 38.58	200m: 2:31.47	39.61	300m: 4:05.22	46.61	400m: 5:13.60	33.41		
20.	BRANIA, Radosław SO	02	Ukp „Unia" O wi cim					5:18.04	406
	50m: 34.02 34.02	150m: 1:54.24	42.40	250m: 3:20.02	44.43	350m: 4:42.79	37.40		
	100m: 1:11.84 37.82	200m: 2:35.59	41.35	300m: 4:05.39	45.37	400m: 5:18.04	35.25		