

Zimowe Mistrzostwa Polski Juniorów Młodszych-14L
Olsztyn, 4- - 6-3-2016

Konkurencja 19
2016-03-05 - 9:56

Dziewcz t, 400m dowolny

14 lat
Wyniki Eliminacje

Rekord Polski Open	4:05.77	BARZYCKA, Paulina	00114	Gorzow	2005-11-26
Rekord Polski 14	4:16.92	KILIJA SKA, Donata	00612	Gorzow Wielkopolski	2009-11-28

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
1.	TRAMBOWICZ, Zuzanna		02	MKS SP-63 Bydgoszcz			4:27.72	672 A	
	50m: 30.03	30.03	150m: 1:37.53	34.29	250m: 2:46.11	34.12	350m: 3:55.26	34.36	
	100m: 1:03.24	33.21	200m: 2:11.99	34.46	300m: 3:20.90	34.79	400m: 4:27.72	32.46	
2.	PIKO, Natalia		02	Mks Jedyńka Łód			4:32.95	634 A	
	50m: 30.75	30.75	150m: 1:39.61	34.71	250m: 2:49.94	35.29	350m: 3:58.95	34.06	
	100m: 1:04.90	34.15	200m: 2:14.65	35.04	300m: 3:24.89	34.95	400m: 4:32.95	34.00	
3.	ZARBA-PARADOWSKA, Julia		02	BUWAR Warszawa			4:33.15	632 A	
	50m: 31.78	31.78	150m: 1:40.58	34.62	250m: 2:49.83	34.19	350m: 3:59.44	35.02	
	100m: 1:05.96	34.18	200m: 2:15.64	35.06	300m: 3:24.42	34.59	400m: 4:33.15	33.71	
4.	HERASIMOWICZ, Zuzanna		02	Dwójka Morena Gdańsk			4:34.42	624 A	
	50m: 32.00	32.00	150m: 1:40.52	34.82	250m: 2:50.68	35.05	350m: 4:00.66	34.85	
	100m: 1:05.70	33.70	200m: 2:15.63	35.11	300m: 3:25.81	35.13	400m: 4:34.42	33.76	
5.	SKIBIAK, Klaudia		02	Dwójka Morena Gdańsk			4:37.22	605 A	
	50m: 31.45	31.45	150m: 1:40.66	34.97	250m: 2:51.71	35.65	350m: 4:03.19	35.57	
	100m: 1:05.69	34.24	200m: 2:16.06	35.40	300m: 3:27.62	35.91	400m: 4:37.22	34.03	
6.	KRYSZKOWSKA, Natalia		02	MZOS Płock			4:38.08	599 A	
	50m: 31.22	31.22	150m: 1:40.92	35.45	250m: 2:52.13	35.69	350m: 4:03.97	35.72	
	100m: 1:05.47	34.25	200m: 2:16.44	35.52	300m: 3:28.25	36.12	400m: 4:38.08	34.11	
7.	SZYMCZAK, Patrycja		02	UKS MANTA Kochłowice			4:38.60	596 A	
	50m: 31.05	31.05	150m: 1:40.26	34.94	250m: 2:51.37	35.33	350m: 4:03.40	36.44	
	100m: 1:05.32	34.27	200m: 2:16.04	35.78	300m: 3:26.96	35.59	400m: 4:38.60	35.20	
8.	KUCHTA, Maria		02	Sambor Tczew			4:39.68	589 A	
	50m: 32.31	32.31	150m: 1:43.56	35.99	250m: 2:55.58	36.02	350m: 4:06.34	35.33	
	100m: 1:07.57	35.26	200m: 2:19.56	36.00	300m: 3:31.01	35.43	400m: 4:39.68	33.34	
9.	JASZCZUK, Ewa SOL		02	MTP KORMORAN Olsztyn			4:39.74	589 A	
	50m: 31.22	31.22	150m: 1:42.21	35.79	250m: 2:53.66	35.34	350m: 4:05.00	35.79	
	100m: 1:06.42	35.20	200m: 2:18.32	36.11	300m: 3:29.21	35.55	400m: 4:39.74	34.74	
10.	RAJCA, Oliwia		02	UKS190 Łód			4:39.78	588 A	
	50m: 32.36	32.36	150m: 1:43.49	35.95	250m: 2:54.81	35.64	350m: 4:06.14	35.62	
	100m: 1:07.54	35.18	200m: 2:19.17	35.68	300m: 3:30.52	35.71	400m: 4:39.78	33.64	
11.	MICIAK, Agata		02	M.K.P."Słowianka" Gorzów Wlkp.			4:40.54	584 B	
	50m: 30.89	30.89	150m: 1:40.17	35.18	250m: 2:53.08	36.75	350m: 4:06.08	36.46	
	100m: 1:04.99	34.10	200m: 2:16.33	36.16	300m: 3:29.62	36.54	400m: 4:40.54	34.46	
12.	PAWŁOWSKA, Barbara		02	UKS190 Łód			4:40.72	583 B	
	50m: 31.87	31.87	150m: 1:41.81	35.65	250m: 2:53.59	36.05	350m: 4:05.74	36.08	
	100m: 1:06.16	34.29	200m: 2:17.54	35.73	300m: 3:29.66	36.07	400m: 4:40.72	34.98	
13.	CERLICH, Oliwia		02	Mks Ikar Mielec			4:40.94	581 B	
	50m: 31.81	31.81	150m: 1:42.38	35.56	250m: 2:55.13	36.69	350m: 4:07.44	36.40	
	100m: 1:06.82	35.01	200m: 2:18.44	36.06	300m: 3:31.04	35.91	400m: 4:40.94	33.50	
14.	JABŁONOWSKA, Nikola		02	UKS G-8 Bielany			4:41.27	579 B	
	50m: 31.31	31.31	150m: 1:40.81	35.01	250m: 2:52.75	36.09	350m: 4:05.15	36.17	
	100m: 1:05.80	34.49	200m: 2:16.66	35.85	300m: 3:28.98	36.23	400m: 4:41.27	36.12	
15.	PLUTA, Emilia		02	UKS Aligator Gorzyce			4:41.43	578 B	
	50m: 32.41	32.41	150m: 1:43.02	35.84	250m: 2:54.90	35.74	350m: 4:06.93	35.71	
	100m: 1:07.18	34.77	200m: 2:19.16	36.14	300m: 3:31.22	36.32	400m: 4:41.43	34.50	
16.	SPIK, Vanessa		02	DOKiS SP "Vega" Dobrodzie			4:43.35	566 B	
	50m: 31.50	31.50	150m: 1:43.46	36.38	250m: 2:56.14	36.02	350m: 4:08.47	36.05	
	100m: 1:07.08	35.58	200m: 2:20.12	36.66	300m: 3:32.42	36.28	400m: 4:43.35	34.88	

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	ZAJ C, Wiktoria		02	Uks,, oliborz" Warszawa				4:43.77	564 B
	50m: 31.30	31.30	150m: 1:42.06	36.03	250m: 2:55.61	36.97	350m: 4:09.50	37.03	
	100m: 1:06.03	34.73	200m: 2:18.64	36.58	300m: 3:32.47	36.86	400m: 4:43.77	34.27	
18.	KASPRZYK, Wiktoria		02	K.S. Górnik Sosnowiec				4:44.51	560 B
	50m: 31.45	31.45	150m: 1:42.14	35.99	250m: 2:55.15	36.57	350m: 4:08.55	36.72	
	100m: 1:06.15	34.70	200m: 2:18.58	36.44	300m: 3:31.83	36.68	400m: 4:44.51	35.96	
19.	MOZOŁOWSKA, Emilia		02	Uks,, oliborz" Warszawa				4:44.54	559 B
	50m: 31.82	31.82	150m: 1:42.95	36.13	250m: 2:56.63	36.97	350m: 4:09.49	36.31	
	100m: 1:06.82	35.00	200m: 2:19.66	36.71	300m: 3:33.18	36.55	400m: 4:44.54	35.05	
20.	JASIORSKA, Aleksandra		02	Iuks Muszelka Warszawa				4:44.79	558 B
	50m: 32.01	32.01	150m: 1:42.51	35.64	250m: 2:55.21	36.79	350m: 4:09.73	37.33	
	100m: 1:06.87	34.86	200m: 2:18.42	35.91	300m: 3:32.40	37.19	400m: 4:44.79	35.06	
21.	KUSION, Weronika		02	BOSiR Brzesko				4:44.94	557 R
	50m: 32.27	32.27	150m: 1:44.18	36.04	250m: 2:57.04	36.44	350m: 4:09.67	36.22	
	100m: 1:08.14	35.87	200m: 2:20.60	36.42	300m: 3:33.45	36.41	400m: 4:44.94	35.27	
22.	SIENKIEWICZ, Kaja		02	BUWAR Warszawa				4:44.98	557 R
	50m: 31.34	31.34	150m: 1:42.03	35.92	250m: 2:55.92	36.86	350m: 4:08.55	36.11	
	100m: 1:06.11	34.77	200m: 2:19.06	37.03	300m: 3:32.44	36.52	400m: 4:44.98	36.43	
23.	NOWAKOWSKA, Małgorzata		02	UKS190 Łódź				4:45.25	555
	50m: 32.31	32.31	150m: 1:44.76	36.47	250m: 2:56.99	36.64	350m: 4:11.30	37.26	
	100m: 1:08.29	35.98	200m: 2:20.35	35.59	300m: 3:34.04	37.05	400m: 4:45.25	33.95	
24.	KRYPA, Marta		02	UKS Manta Warszawa Włochy				4:45.33	555
	50m: 31.60	31.60	150m: 1:43.36	36.27	250m: 2:56.29	36.64	350m: 4:09.89	37.01	
	100m: 1:07.09	35.49	200m: 2:19.65	36.29	300m: 3:32.88	36.59	400m: 4:45.33	35.44	
25.	SOBIAK, Zuzanna		02	KS Warta Poznań				4:45.96	551
	50m: 32.01	32.01	150m: 1:43.73	36.14	250m: 2:57.69	37.22	350m: 4:10.48	36.01	
	100m: 1:07.59	35.58	200m: 2:20.47	36.74	300m: 3:34.47	36.78	400m: 4:45.96	35.48	
26.	ZAREMBIK, Katarzyna SR		02	MKS-SMS Victoria Racibórz				4:46.86	546
	50m: 32.66	32.66	150m: 1:44.34	36.34	250m: 2:57.43	36.40	350m: 4:11.48	37.10	
	100m: 1:08.00	35.34	200m: 2:21.03	36.69	300m: 3:34.38	36.95	400m: 4:46.86	35.38	
27.	HAŁAWCZAK, Marcelina		02	Mkp Szczecin				4:47.24	544
	50m: 31.99	31.99	150m: 1:43.59	36.48	250m: 2:58.33	37.55	350m: 4:12.34	36.55	
	100m: 1:07.11	35.12	200m: 2:20.78	37.19	300m: 3:35.79	37.46	400m: 4:47.24	34.90	
28.	KUPIS, Aleksandra		02	Mkp Szczecin				4:47.76	541
	50m: 33.20	33.20	150m: 1:46.23	36.92	250m: 2:59.81	37.09	350m: 4:13.44	36.33	
	100m: 1:09.31	36.11	200m: 2:22.72	36.49	300m: 3:37.11	37.30	400m: 4:47.76	34.32	
29.	ŁUCZAK, Dominika		02	KORNER Zielona Góra				4:48.02	539
	50m: 32.63	32.63	150m: 1:46.54	37.39	250m: 2:59.98	36.85	350m: 4:13.75	36.68	
	100m: 1:09.15	36.52	200m: 2:23.13	36.59	300m: 3:37.07	37.09	400m: 4:48.02	34.27	
30.	WILCZEWSKA, Aleksandra		02	KS OLIMPIA Lublin				4:48.03	539
	50m: 32.59	32.59	150m: 1:45.05	36.56	250m: 2:59.22	37.12	350m: 4:12.74	36.49	
	100m: 1:08.49	35.90	200m: 2:22.10	37.05	300m: 3:36.25	37.03	400m: 4:48.03	35.29	
31.	DOM OL, Zuzanna		02	KKS WŁÓKNIARZ 1925 Kalisz				4:49.15	533
	50m: 32.21	32.21	150m: 1:44.60	36.64	250m: 2:58.80	37.29	350m: 4:13.28	37.19	
	100m: 1:07.96	35.75	200m: 2:21.51	36.91	300m: 3:36.09	37.29	400m: 4:49.15	35.87	
32.	PAKUŁA, Alicja		02	UKS Pirania Targówek				4:49.27	532
	50m: 30.74	30.74	150m: 1:43.13	36.54	250m: 2:58.04	37.53	350m: 4:13.27	37.15	
	100m: 1:06.59	35.85	200m: 2:20.51	37.38	300m: 3:36.12	38.08	400m: 4:49.27	36.00	
33.	MUZYKA, Izabela SOL		02	MTP KORMORAN Olsztyn				4:49.71	530
	50m: 33.47	33.47	150m: 1:47.27	36.88	250m: 3:00.87	36.69	350m: 4:14.75	36.86	
	100m: 1:10.39	36.92	200m: 2:24.18	36.91	300m: 3:37.89	37.02	400m: 4:49.71	34.96	
34.	BIAŁAS, Aniela		02	MKS POLONIA Warszawa				4:49.98	528
	50m: 32.75	32.75	150m: 1:46.14	37.26	250m: 2:59.68	37.02	350m: 4:13.96	37.23	
	100m: 1:08.88	36.13	200m: 2:22.66	36.52	300m: 3:36.73	37.05	400m: 4:49.98	36.02	

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Pozycja			Rok ur.					Czas	Pkt.
35.	WIELI SKA, Paulina		02	Klub Sportowy WANKAN Legnica				4:50.25	527
	50m: 31.61	31.61	150m: 1:43.72	36.81	250m: 2:58.93	38.00	350m: 4:13.78	37.25	
	100m: 1:06.91	35.30	200m: 2:20.93	37.21	300m: 3:36.53	37.60	400m: 4:50.25	36.47	
36.	MIKSA, Paulina		02	UKS190 Łód				4:51.13	522
	50m: 33.52	33.52	150m: 1:46.65	36.67	250m: 3:00.07	36.40	350m: 4:14.88	37.41	
	100m: 1:09.98	36.46	200m: 2:23.67	37.02	300m: 3:37.47	37.40	400m: 4:51.13	36.25	
37.	SKARWECKA, Wiktoria SO		02	Ukp „Unia” O wi cim				4:51.31	521
	50m: 32.06	32.06	150m: 1:45.16	37.20	250m: 3:00.21	37.65	350m: 4:15.55	37.90	
	100m: 1:07.96	35.90	200m: 2:22.56	37.40	300m: 3:37.65	37.44	400m: 4:51.31	35.76	
38.	WRÓBLEWSKA, Wiktoria		02	UKS Gos Raszyn				4:52.44	515
	50m: 32.64	32.64	150m: 1:45.27	36.84	250m: 2:59.46	37.65	350m: 4:15.29	37.93	
	100m: 1:08.43	35.79	200m: 2:21.81	36.54	300m: 3:37.36	37.90	400m: 4:52.44	37.15	
39.	KRAWCZYK, Paulina		02	Integracyjny KS Konstancin				4:52.55	515
	50m: 32.16	32.16	150m: 1:44.81	36.93	250m: 3:00.13	37.70	350m: 4:15.72	37.89	
	100m: 1:07.88	35.72	200m: 2:22.43	37.62	300m: 3:37.83	37.70	400m: 4:52.55	36.83	
40.	KUMOREK, Kamila SO		02	Ukp „Unia” O wi cim				4:54.47	505
	50m: 32.60	32.60	150m: 1:46.93	37.63	250m: 3:02.42	37.73	350m: 4:18.96	38.01	
	100m: 1:09.30	36.70	200m: 2:24.69	37.76	300m: 3:40.95	38.53	400m: 4:54.47	35.51	
41.	STRUGAŁA, Oliwia		02	Mks Ikar Mielec				4:54.70	503
	50m: 32.64	32.64	150m: 1:46.47	36.92	250m: 3:02.28	38.19	350m: 4:19.63	38.95	
	100m: 1:09.55	36.91	200m: 2:24.09	37.62	300m: 3:40.68	38.40	400m: 4:54.70	35.07	
42.	KAPCI SKA, Maja SO		02	Ukp „Unia” O wi cim				4:54.81	503
	50m: 33.79	33.79	150m: 1:48.87	37.70	250m: 3:05.04	37.89	350m: 4:19.70	36.73	
	100m: 1:11.17	37.38	200m: 2:27.15	38.28	300m: 3:42.97	37.93	400m: 4:54.81	35.11	
43.	KULISIEWICZ, Adrianna		02	Galicja Kraków				4:55.02	502
	50m: 33.89	33.89	150m: 1:48.44	37.63	250m: 3:03.56	37.70	350m: 4:18.87	37.57	
	100m: 1:10.81	36.92	200m: 2:25.86	37.42	300m: 3:41.30	37.74	400m: 4:55.02	36.15	
44.	CHOŁUJ, Julia		02	Mkp Szczecin				4:55.09	501
	50m: 33.19	33.19	150m: 1:46.63	37.02	250m: 3:02.80	38.76	350m: 4:18.39	37.76	
	100m: 1:09.61	36.42	200m: 2:24.04	37.41	300m: 3:40.63	37.83	400m: 4:55.09	36.70	
45.	ORŁOWSKA, Zuzanna		02	UKS NAWA Skierniewice				4:55.26	501
	50m: 32.85	32.85	150m: 1:46.53	37.21	250m: 3:02.51	38.03	350m: 4:19.65	38.68	
	100m: 1:09.32	36.47	200m: 2:24.48	37.95	300m: 3:40.97	38.46	400m: 4:55.26	35.61	
46.	DEDO, Katarzyna		02	SIEMACHA ASP Kraków				4:55.52	499
	50m: 33.12	33.12	150m: 1:47.74	37.61	250m: 3:03.95	38.14	350m: 4:19.23	37.74	
	100m: 1:10.13	37.01	200m: 2:25.81	38.07	300m: 3:41.49	37.54	400m: 4:55.52	36.29	
47.	PALONKA, Zuzanna		02	WKS L SK				4:55.86	498
	50m: 34.15	34.15	150m: 1:48.84	37.67	250m: 3:04.12	37.44	350m: 4:19.40	37.37	
	100m: 1:11.17	37.02	200m: 2:26.68	37.84	300m: 3:42.03	37.91	400m: 4:55.86	36.46	
48.	SZYDŁOWSKA, Patrycja		02	Mks Ikar Mielec				4:56.02	497
	50m: 33.31	33.31	150m: 1:48.17	37.84	250m: 3:04.59	38.63	350m: 4:21.28	37.34	
	100m: 1:10.33	37.02	200m: 2:25.96	37.79	300m: 3:43.94	39.35	400m: 4:56.02	34.74	
49.	FIGURSKA, Natalia		02	UKS G-8 Bielany				4:56.29	495
	50m: 33.19	33.19	150m: 1:47.74	37.84	250m: 3:04.33	38.39	350m: 4:20.11	37.07	
	100m: 1:09.90	36.71	200m: 2:25.94	38.20	300m: 3:43.04	38.71	400m: 4:56.29	36.18	
50.	KURZEPA, Adrianna		02	UKS Pirania Targówek				4:57.14	491
	50m: 34.39	34.39	150m: 1:48.68	37.44	250m: 3:03.61	37.57	350m: 4:20.21	38.90	
	100m: 1:11.24	36.85	200m: 2:26.04	37.36	300m: 3:41.31	37.70	400m: 4:57.14	36.93	
51.	PROCHOWNIK, Martyna SO		02	Ukp „Unia” O wi cim				4:57.63	489
	50m: 33.98	33.98	150m: 1:49.57	38.14	250m: 3:05.13	37.34	350m: 4:22.48	38.65	
	100m: 1:11.43	37.45	200m: 2:27.79	38.22	300m: 3:43.83	38.70	400m: 4:57.63	35.15	
52.	GONET, Katarzyna		02	Klub Sportowy Swim2win Krosno				4:57.72	488
	50m: 34.33	34.33	150m: 1:48.33	37.04	250m: 3:03.09	37.47	350m: 4:18.48	37.87	
	100m: 1:11.29	36.96	200m: 2:25.62	37.29	300m: 3:40.61	37.52	400m: 4:57.72	39.24	

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Pozycja			Rok ur.					Czas	Pkt.
53.	LEWANDOWSKA, Magdalena	02	Uks abianka Gda sk					4:57.79	488
	50m: 33.40 33.40	150m: 1:48.73	38.04	250m: 3:04.86	38.11	350m: 4:20.72	37.95		
	100m: 1:10.69 37.29	200m: 2:26.75	38.02	300m: 3:42.77	37.91	400m: 4:57.79	37.07		
54.	RA NA, Aleksandra	02	SIEMACHA ASP Kraków					4:58.17	486
	50m: 33.81 33.81	150m: 1:48.75	37.67	250m: 3:04.96	38.11	350m: 4:20.77	37.91		
	100m: 1:11.08 37.27	200m: 2:26.85	38.10	300m: 3:42.86	37.90	400m: 4:58.17	37.40		
55.	BŁASZCZYK, Weronika	02	Uks Junior Kluczbork					4:59.22	481
	50m: 33.39 33.39	150m: 1:49.05	38.38	250m: 3:05.83	38.72	350m: 4:22.42	38.16		
	100m: 1:10.67 37.28	200m: 2:27.11	38.06	300m: 3:44.26	38.43	400m: 4:59.22	36.80		
56.	BORO , Paulina SOc	02	KS KSZO Ostrowiec w.					4:59.31	481
	50m:	150m: 1:50.14		250m: 3:07.81	38.75	350m: 4:24.00	37.57		
	100m:	200m: 2:29.06	38.92	300m: 3:46.43	38.62	400m: 4:59.31	35.31		
57.	WOJTASIK, Anita	02	UKS Aligator Gorzyce					4:59.34	480
	50m: 33.99 33.99	150m: 1:50.28	38.34	250m: 3:07.36	38.47	350m: 4:23.57	37.78		
	100m: 1:11.94 37.95	200m: 2:28.89	38.61	300m: 3:45.79	38.43	400m: 4:59.34	35.77		
58.	SZKODA, Klaudia	02	CSiR MOS D browa Górnicza					4:59.67	479
	50m: 33.82 33.82	150m: 1:47.94	37.56	250m: 3:04.76	38.74	350m: 4:21.77	38.38		
	100m: 1:10.38 36.56	200m: 2:26.02	38.08	300m: 3:43.39	38.63	400m: 4:59.67	37.90		
59.	FUKS, Emilia	02	UKS WODNIK Siemianowice laski					4:59.68	479
	50m: 33.71 33.71	150m: 1:49.21	38.14	250m: 3:07.11	39.02	350m: 4:23.94	38.90		
	100m: 1:11.07 37.36	200m: 2:28.09	38.88	300m: 3:45.04	37.93	400m: 4:59.68	35.74		
60.	GABOR, Martyna	02	UKS Shark Rudna					4:59.82	478
	50m: 32.77 32.77	150m: 1:46.88	37.84	250m: 3:03.57	38.32	350m: 4:22.08	39.40		
	100m: 1:09.04 36.27	200m: 2:25.25	38.37	300m: 3:42.68	39.11	400m: 4:59.82	37.74		
61.	NOWAK, Adrianna SOc	02	KS KSZO Ostrowiec w.					4:59.97	477
	50m: 34.07 34.07	150m: 1:49.92	38.03	250m: 3:06.76	38.49	350m: 4:24.26	38.78		
	100m: 1:11.89 37.82	200m: 2:28.27	38.35	300m: 3:45.48	38.72	400m: 4:59.97	35.71		
62.	CHOMICKA, Zofia	02	UKS Pirania Targówek					5:00.43	475
	50m: 33.96 33.96	150m: 1:49.73	38.43	250m: 3:06.96	38.54	350m: 4:23.96	38.60		
	100m: 1:11.30 37.34	200m: 2:28.42	38.69	300m: 3:45.36	38.40	400m: 5:00.43	36.47		
63.	WIAZICKA, Aleksandra	02	Ukp Gryf D bica					5:03.10	463
	50m: 34.47 34.47	150m: 1:51.43	38.87	250m: 3:09.33	38.97	350m: 4:26.30	38.65		
	100m: 1:12.56 38.09	200m: 2:30.36	38.93	300m: 3:47.65	38.32	400m: 5:03.10	36.80		
64.	SZEWCZYK, Zofia	02	Fala Kra nik					5:03.58	461
	50m: 34.51 34.51	150m: 1:51.54	38.94	250m: 3:09.42	39.05	350m: 4:26.09	38.30		
	100m: 1:12.60 38.09	200m: 2:30.37	38.83	300m: 3:47.79	38.37	400m: 5:03.58	37.49		
65.	GONET, Barbara	02	Klub Sportowy Swim2win Krosno					5:04.81	455
	50m: 35.05 35.05	150m: 1:52.19	39.01	250m: 3:09.49	38.67	350m: 4:27.08	38.76		
	100m: 1:13.18 38.13	200m: 2:30.82	38.63	300m: 3:48.32	38.83	400m: 5:04.81	37.73		
66.	MIROWSKA, Zuzanna	02	TS Wiśła Kraków					5:05.83	450
	50m: 34.09 34.09	150m: 1:51.25	39.01	250m: 3:10.21	39.55	350m: 4:28.48	39.22		
	100m: 1:12.24 38.15	200m: 2:30.66	39.41	300m: 3:49.26	39.05	400m: 5:05.83	37.35		
67.	LISZTWAN, Alicja	02	Znicz Koszalin					5:07.81	442
	50m: 33.30 33.30	150m: 1:46.76	37.23	250m: 3:05.46	39.77	350m: 4:26.97	41.37		
	100m: 1:09.53 36.23	200m: 2:25.69	38.93	300m: 3:45.60	40.14	400m: 5:07.81	40.84		
68.	POLASIK, Natalia	02	MKS Medyk Gi ycko					5:08.60	438
	50m: 33.78 33.78	150m: 1:51.61	39.44	250m: 3:10.92	39.89	350m: 4:30.41	39.31		
	100m: 1:12.17 38.39	200m: 2:31.03	39.42	300m: 3:51.10	40.18	400m: 5:08.60	38.19		
69.	GRZEGOLEC, Weronika	02	M.K.P."Słowianka" Gorzów Wlkp.					5:10.19	432
	50m: 35.04 35.04	150m: 1:53.28	39.15	250m: 3:13.56	40.15	350m: 4:32.95	39.58		
	100m: 1:14.13 39.09	200m: 2:33.41	40.13	300m: 3:53.37	39.81	400m: 5:10.19	37.24		
70.	MICHALAK, Laura	02	Mosm Tychy					5:10.30	431
	50m: 34.13 34.13	150m: 1:52.80	40.32	250m: 3:13.16	40.46	350m: 4:33.68	40.50		
	100m: 1:12.48 38.35	200m: 2:32.70	39.90	300m: 3:53.18	40.02	400m: 5:10.30	36.62		

Zimowe Mistrzostwa Polski Juniorów Młodszych-14L
Olsztyn, 4- - 6-3-2016

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.				Czas				Pkt.
71.	TATARZY SKA, Agata		02	WKS L SK						5:15.23	411
	50m:	34.68 34.68	150m:	1:53.52 39.81	250m:	3:14.48 40.30	350m:	4:35.60 40.11			
	100m:	1:13.71 39.03	200m:	2:34.18 40.66	300m:	3:55.49 41.01	400m:	5:15.23 39.63			
72.	SZOŁTYSEK, Karolina		02	SiKReT Gliwice						5:16.11	408
	50m:	34.54 34.54	150m:	1:56.26 41.79	250m:	3:19.07 40.94	350m:	4:38.98 39.50			
	100m:	1:14.47 39.93	200m:	2:38.13 41.87	300m:	3:59.48 40.41	400m:	5:16.11 37.13			
73.	KURASI SKA, Oliwia SOc		02	KS KSZO Ostrowiec w.						5:16.50	406
	50m:	35.64 35.64	150m:	1:55.77 40.54	250m:	3:16.85 40.53	350m:	4:38.02 40.14			
	100m:	1:15.23 39.59	200m:	2:36.32 40.55	300m:	3:57.88 41.03	400m:	5:16.50 38.48			
74.	STROI SKA, Katarzyna		02	Extreme Team Oborniki						5:19.13	396
	50m:	35.18 35.18	150m:	1:56.47 41.57	250m:	3:19.50 41.60	350m:	4:41.74 40.60			
	100m:	1:14.90 39.72	200m:	2:37.90 41.43	300m:	4:01.14 41.64	400m:	5:19.13 37.39			
75.	PAWEŁAS, Martyna SOL		02	MTP KORMORAN Olsztyn						5:20.57	391
	50m:	35.50 35.50	150m:	1:55.96 40.84	250m:	3:19.47 42.05	350m:	4:42.27 41.29			
	100m:	1:15.12 39.62	200m:	2:37.42 41.46	300m:	4:00.98 41.51	400m:	5:20.57 38.30			
76.	REZNER, Julia		02	UKS KAPRY ARMEXIM Pruszków						5:21.31	388
	50m:	36.28 36.28	150m:	1:56.84 40.36	250m:	3:18.68 40.95	350m:	4:40.71 41.10			
	100m:	1:16.48 40.20	200m:	2:37.73 40.89	300m:	3:59.61 40.93	400m:	5:21.31 40.60			
77.	BOJARSKA, Zuzanna		02	UKS Manta Warszawa Włochy						5:30.20	358
	50m:	36.22 36.22	150m:	1:59.63 42.15	250m:	3:24.72 42.70	350m:	4:50.26 42.83			
	100m:	1:17.48 41.26	200m:	2:42.02 42.39	300m:	4:07.43 42.71	400m:	5:30.20 39.94			
78.	GRZELCZYK, Natalia		02	MUKS " WODNIK " Łask						5:33.77	346
	50m:	35.64 35.64	150m:	1:59.76 43.28	250m:	3:27.27 44.31	350m:	4:53.85 43.30			
	100m:	1:16.48 40.84	200m:	2:42.96 43.20	300m:	4:10.55 43.28	400m:	5:33.77 39.92			
NIE UK.	SKOWRON, Maja		02	Mkp Szczecin							
	50m:	31.74 31.74	150m:	1:45.04 37.55	250m:		350m:				
	100m:	1:07.49 35.75	200m:		300m:		400m:				