

Zimowe Mistrzostwa Polski Juniorów Młodszych-14L
Olsztyn, 4- - 6-3-2016

Konkurencja 19
2016-03-05 - 17:40

Dziewcz t, 400m dowolny

14 lat
Wyniki Finał

Rekord Polski Open	4:05.77	BARZYCKA, Paulina	00114	Gorzow	2005-11-26
Rekord Polski 14	4:16.92	KILIJA SKA, Donata	00612	Gorzow Wielkopolski	2009-11-28

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1.	TRAMBOWICZ, Zuzanna	02 MKS SP-63 Bydgoszcz	4:26.25 683
	50m: 29.60 29.60	150m: 1:36.86 34.11 250m: 2:45.50 34.24	350m: 3:54.06 33.87
	100m: 1:02.75 33.15	200m: 2:11.26 34.40 300m: 3:20.19 34.69	400m: 4:26.25 32.19
2.	SKIBIAK, Klaudia	02 Dwójka Morena Gda sk	4:26.42 682
	50m: 30.84 30.84	150m: 1:37.99 33.98 250m: 2:46.82 34.53	350m: 3:54.88 33.70
	100m: 1:04.01 33.17	200m: 2:12.29 34.30 300m: 3:21.18 34.36	400m: 4:26.42 31.54
3.	PI KO , Natalia	02 Mks Jedyńka Łód	4:28.94 663
	50m: 29.88 29.88	150m: 1:36.80 34.03 250m: 2:45.73 34.18	350m: 3:54.81 34.46
	100m: 1:02.77 32.89	200m: 2:11.55 34.75 300m: 3:20.35 34.62	400m: 4:28.94 34.13
4.	HERASIMOWICZ, Zuzanna	02 Dwójka Morena Gda sk	4:34.01 626
	50m: 31.11 31.11	150m: 1:39.30 34.68 250m: 2:49.65 35.45	350m: 4:00.72 35.41
	100m: 1:04.62 33.51	200m: 2:14.20 34.90 300m: 3:25.31 35.66	400m: 4:34.01 33.29
5.	ZAR BA-PARADOWSKA, Julia	02 BUWAR Warszawa	4:35.04 619
	50m: 30.96 30.96	150m: 1:39.05 34.70 250m: 2:48.82 35.13	350m: 4:00.17 35.83
	100m: 1:04.35 33.39	200m: 2:13.69 34.64 300m: 3:24.34 35.52	400m: 4:35.04 34.87
6.	KRYSZKOWSKA, Natalia	02 MZOS Płock	4:36.90 607
	50m: 31.18 31.18	150m: 1:39.81 34.71 250m: 2:50.50 35.68	350m: 4:02.41 36.02
	100m: 1:05.10 33.92	200m: 2:14.82 35.01 300m: 3:26.39 35.89	400m: 4:36.90 34.49
7.	KUCHTA, Maria	02 Sambor Tczew	4:37.42 604
	50m: 31.88 31.88	150m: 1:42.02 35.40 250m: 2:53.43 35.78	350m: 4:04.16 35.19
	100m: 1:06.62 34.74	200m: 2:17.65 35.63 300m: 3:28.97 35.54	400m: 4:37.42 33.26
8.	RAJCA, Olivia	02 UKS190 Łód	4:40.91 581
	50m: 31.85 31.85	150m: 1:43.07 36.14 250m: 2:54.80 35.84	350m: 4:06.81 35.92
	100m: 1:06.93 35.08	200m: 2:18.96 35.89 300m: 3:30.89 36.09	400m: 4:40.91 34.10
9.	JASZCZUK, Ewa SOL	02 MTP KORMORAN Olsztyn	4:41.04 581
	50m: 30.84 30.84	150m: 1:41.16 35.84 250m: 2:53.77 36.23	350m: 4:06.01 36.03
	100m: 1:05.32 34.48	200m: 2:17.54 36.38 300m: 3:29.98 36.21	400m: 4:41.04 35.03
10.	SZYMCZAK, Patrycja	02 UKS MANTA Kochłowice	4:43.34 567
	50m: 30.83 30.83	150m: 1:40.22 35.32 250m: 2:54.05 37.16	350m: 4:07.36 36.70
	100m: 1:04.90 34.07	200m: 2:16.89 36.67 300m: 3:30.66 36.61	400m: 4:43.34 35.98
Finał B			
11.	PLUTA, Emilia	02 UKS Aligator Gorzyce	4:35.71 615
	50m: 31.73 31.73	150m: 1:42.56 35.91 250m: 2:52.50 34.31	350m: 4:02.41 34.56
	100m: 1:06.65 34.92	200m: 2:18.19 35.63 300m: 3:27.85 35.35	400m: 4:35.71 33.30
12.	SPIK, Vanessa	02 DOKiS SP "Vega" Dobrodzie	4:38.72 595
	50m: 30.55 30.55	150m: 1:40.87 35.94 250m: 2:52.49 35.96	350m: 4:04.56 35.88
	100m: 1:04.93 34.38	200m: 2:16.53 35.66 300m: 3:28.68 36.19	400m: 4:38.72 34.16
13.	PAWŁOWSKA, Barbara	02 UKS190 Łód	4:39.34 591
	50m: 31.40 31.40	150m: 1:41.35 35.26 250m: 2:53.32 36.20	350m: 4:05.47 35.98
	100m: 1:06.09 34.69	200m: 2:17.12 35.77 300m: 3:29.49 36.17	400m: 4:39.34 33.87
14.	MICIAK, Agata	02 M.K.P."Słowianka" Gorzów Wlkp.	4:39.48 590
	50m: 31.88 31.88	150m: 1:41.98 35.45 250m: 2:53.85 35.91	350m: 4:05.50 35.95
	100m: 1:06.53 34.65	200m: 2:17.94 35.96 300m: 3:29.55 35.70	400m: 4:39.48 33.98
15.	CERLICH, Oliwia	02 Mks Ikar Mielec	4:39.92 588
	50m: 31.73 31.73	150m: 1:41.76 35.36 250m: 2:54.31 36.08	350m: 4:06.34 35.97
	100m: 1:06.40 34.67	200m: 2:18.23 36.47 300m: 3:30.37 36.06	400m: 4:39.92 33.58
16.	KASPRZYK, Wiktoria	02 K.S. Górnik Sosnowiec	4:42.41 572
	50m: 31.64 31.64	150m: 1:42.65 35.88 250m: 2:54.92 36.28	350m: 4:07.58 36.16
	100m: 1:06.77 35.13	200m: 2:18.64 35.99 300m: 3:31.42 36.50	400m: 4:42.41 34.83

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Pozycja				Rok ur.					Czas	Pkt.		
17.	ZAJ C, Wiktoria			02	Uks,, oliborz" Warszawa				4:43.63	565		
	50m:	31.27	31.27	150m:	1:41.70	35.86	250m:	2:54.33	36.21	350m:	4:08.67	37.12
	100m:	1:05.84	34.57	200m:	2:18.12	36.42	300m:	3:31.55	37.22	400m:	4:43.63	34.96
18.	NOWAKOWSKA, Małgorzata			02	UKS190 Łód				4:46.07	550		
	50m:	31.93	31.93	150m:	1:43.05	36.11	250m:	2:55.85	36.50	350m:	4:10.16	36.89
	100m:	1:06.94	35.01	200m:	2:19.35	36.30	300m:	3:33.27	37.42	400m:	4:46.07	35.91
19.	JASIORSKA, Aleksandra			02	Iuks Muszelka Warszawa				4:46.59	547		
	50m:	31.14	31.14	150m:	1:40.30	35.51	250m:	2:53.82	37.12	350m:	4:09.41	37.96
	100m:	1:04.79	33.65	200m:	2:16.70	36.40	300m:	3:31.45	37.63	400m:	4:46.59	37.18