

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików  
Olsztyn, 18- - 19-3-2016

Konkurencja 7 Dziewcz t, 400m dowolny 12 - 13 lat  
2016-03-18 - 14:49 Wyniki

Top Times "Warm-Maz OZP" 12	4:51.45	MACIESZA Agata	00813	Elk	2008-12-14
Top Times "Warm-Maz OZP" 13	4:42.75	ZGIET Karina	00813	Elk	2008-12-14
Top Times "Poland" 12	4:35.51	KOWALSKA Agata	00914	Plock	2005-11-19
Top Times "Poland" 13	4:25.38	SOKOŁOWSKA Diana	00309	Białystok	2009-12-23

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. GRYGIENCZA Iga	04	<b>5:02.15</b>	467
50m: 32.22 32.22	150m: 1:47.58 38.22	250m: 3:05.67 38.86	350m: 4:24.91 39.69
100m: 1:09.36 37.14	200m: 2:26.81 39.23	300m: 3:45.22 39.55	400m: 5:02.15 37.24
2. ROGOWICZ Zuzanna	04	<b>5:26.75</b>	369
50m: 36.11 36.11	150m: 1:59.75 42.50	250m: 3:25.28 42.70	350m: 4:49.39 41.79
100m: 1:17.25 41.14	200m: 2:42.58 42.83	300m: 4:07.60 42.32	400m: 5:26.75 37.36
3. OŁDYTOWSKA Jagoda	04	<b>5:27.45</b>	367
50m: 35.60 35.60	150m: 1:58.53 42.42	250m: 3:25.44 43.80	350m: 4:50.78 42.57
100m: 1:16.11 40.51	200m: 2:41.64 43.11	300m: 4:08.21 42.77	400m: 5:27.45 36.67
4. WA NIEWSKA Martyna	04	<b>5:30.79</b>	356
50m: 36.34 36.34	150m: 2:00.21 42.66	250m: 3:26.47 43.09	350m: 4:51.76 41.49
100m: 1:17.55 41.21	200m: 2:43.38 43.17	300m: 4:10.27 43.80	400m: 5:30.79 39.03
5. POTRYKUS Julia	04	<b>5:30.97</b>	355
50m: 37.15 37.15	150m: 2:01.31 42.42	250m: 3:27.06 42.89	350m: 4:52.33 42.34
100m: 1:18.89 41.74	200m: 2:44.17 42.86	300m: 4:09.99 42.93	400m: 5:30.97 38.64
6. GUTOWSKA Maria	04	<b>5:33.12</b>	348
50m: 38.12 38.12	150m: 2:02.44 42.78	250m: 3:28.22 42.75	350m: 4:53.48 42.48
100m: 1:19.66 41.54	200m: 2:45.47 43.03	300m: 4:11.00 42.78	400m: 5:33.12 39.64
7. YŁA Natalia	04	<b>5:42.22</b>	321
50m: 37.34 37.34	150m: 2:03.82 43.96	250m: 3:33.41 44.27	350m: 5:00.39 43.46
100m: 1:19.86 42.52	200m: 2:49.14 45.32	300m: 4:16.93 43.52	400m: 5:42.22 41.83
8. RAFAŁOWSKA Maria	04	<b>5:44.77</b>	314
50m: 36.74 36.74	150m: 2:04.04 45.15	250m: 3:33.09 44.73	350m: 5:02.19 44.00
100m: 1:18.89 42.15	200m: 2:48.36 44.32	300m: 4:18.19 45.10	400m: 5:44.77 42.58
9. TYLKIE Dominika	04	<b>5:45.49</b>	312
50m: 39.28 39.28	150m: 2:09.80 45.65	250m: 3:39.12 44.63	350m: 5:07.90 44.19
100m: 1:24.15 44.87	200m: 2:54.49 44.69	300m: 4:23.71 44.59	400m: 5:45.49 37.59
10. KRUPI SKA Lila	04	<b>5:50.79</b>	298
50m: 37.48 37.48	150m: 2:06.89 45.18	250m: 3:39.41 46.01	350m: 5:11.64 45.68
100m: 1:21.71 44.23	200m: 2:53.40 46.51	300m: 4:25.96 46.55	400m: 5:50.79 39.15
11. NIESZCZERZEWSKA Weronika	04	<b>5:52.37</b>	294
50m: 40.85 40.85	150m: 2:11.79 45.83	250m: 3:42.59 45.88	350m: 5:11.39 44.58
100m: 1:25.96 45.11	200m: 2:56.71 44.92	300m: 4:26.81 44.22	400m: 5:52.37 40.98
12. BIE KOWSKA Aleksandra	04	<b>5:55.57</b>	286
50m: 39.67 39.67	150m: 2:10.96 45.61	250m: 3:43.29 45.57	350m: 5:13.46 44.08
100m: 1:25.35 45.68	200m: 2:57.72 46.76	300m: 4:29.38 46.09	400m: 5:55.57 42.11
13. SZAŁKOWSKA Oliwia	04	<b>5:59.73</b>	277
50m: 38.16 38.16	150m: 2:08.00 46.14	250m: 3:39.87 46.09	350m: 5:12.88 45.91
100m: 1:21.86 43.70	200m: 2:53.78 45.78	300m: 4:26.97 47.10	400m: 5:59.73 46.85
14. SZTUKOWSKA Zuzanna	04	<b>6:04.55</b>	266
50m: 39.45 39.45	150m: 2:12.36 47.15	250m: 3:47.05 47.80	350m: 5:21.34 46.72
100m: 1:25.21 45.76	200m: 2:59.25 46.89	300m: 4:34.62 47.57	400m: 6:04.55 43.21
15. GERWEL Julita	04	<b>6:06.37</b>	262
50m: 40.10 40.10	150m: 2:13.52 47.33	250m: 3:46.82 45.97	350m: 5:20.82 46.31
100m: 1:26.19 46.09	200m: 3:00.85 47.33	300m: 4:34.51 47.69	400m: 6:06.37 45.55

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików  
Olsztyn, 18- - 19-3-2016

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
16.	BIEŁŁO Oliwia			04	MTP Kormoran Olsztyn				<b>6:09.66</b>	255		
	50m:	40.33	40.33	150m:	2:13.55	47.31	250m:	3:50.33	48.66	350m:	5:26.75	48.41
	100m:	1:26.24	45.91	200m:	3:01.67	48.12	300m:	4:38.34	48.01	400m:	6:09.66	42.91
17.	SUDER Julia			04	MTP Kormoran Olsztyn				<b>6:19.67</b>	235		
	50m:	40.04	40.04	150m:	2:16.64	49.43	250m:	3:55.53	49.27	350m:	5:34.15	49.06
	100m:	1:27.21	47.17	200m:	3:06.26	49.62	300m:	4:45.09	49.56	400m:	6:19.67	45.52
18.	MURASZKO Martyna			04	MTP Kormoran Olsztyn				<b>6:23.42</b>	228		
	50m:	41.28	41.28	150m:	2:17.15	49.01	250m:	3:55.80	49.46	350m:	5:33.99	48.93
	100m:	1:28.14	46.86	200m:	3:06.34	49.19	300m:	4:45.06	49.26	400m:	6:23.42	49.43
19.	SOBIESKA Agata			04	MTP Kormoran Olsztyn				<b>6:31.99</b>	214		
	50m:	46.36	46.36	150m:	2:28.27	51.35	250m:	4:10.42	50.71	350m:	5:48.65	47.91
	100m:	1:36.92	50.56	200m:	3:19.71	51.44	300m:	5:00.74	50.32	400m:	6:31.99	43.34
20.	MASALSKA Kinga			04	MKP Wodnik Bielsk Podlaski				<b>6:32.87</b>	212		
	50m:	42.63	42.63	150m:	2:21.02	50.31	250m:	4:03.71	50.75	350m:	5:46.50	51.15
	100m:	1:30.71	48.08	200m:	3:12.96	51.94	300m:	4:55.35	51.64	400m:	6:32.87	46.37
21.	WIERZCHOWSKA Maja			04	MTP Kormoran Olsztyn				<b>6:35.31</b>	208		
	50m:	44.07	44.07	150m:	2:26.36	51.71	250m:	4:10.00	52.05	350m:	5:48.40	49.46
	100m:	1:34.65	50.58	200m:	3:17.95	51.59	300m:	4:58.94	48.94	400m:	6:35.31	46.91
22.	WISZNIEWSKA Julia			04	MKS Medyk Gi ycko				<b>6:39.93</b>	201		
	50m:	43.42	43.42	150m:	2:26.75	52.18	250m:	4:11.43	53.44	350m:	5:57.56	54.92
	100m:	1:34.57	51.15	200m:	3:17.99	51.24	300m:	5:02.64	51.21	400m:	6:39.93	42.37
23.	SOKOŁOWSKA Małgorzata			04	MTP Kormoran Olsztyn				<b>6:40.07</b>	201		
	50m:	39.75	39.75	150m:	2:19.05	51.25	250m:	4:02.86	52.73	350m:	5:49.81	55.31
	100m:	1:27.80	48.05	200m:	3:10.13	51.08	300m:	4:54.50	51.64	400m:	6:40.07	50.26
24.	KALINOWSKA Alicja			04	UKP Jedyńka Elbl g				<b>6:41.68</b>	199		
	50m:	43.38	43.38	150m:	2:27.67	53.01	250m:	4:13.25	52.79	350m:	5:56.60	50.53
	100m:	1:34.66	51.28	200m:	3:20.46	52.79	300m:	5:06.07	52.82	400m:	6:41.68	45.08
25.	ANSZCZAK Ewa			04	MTP Kormoran Olsztyn				<b>6:42.29</b>	198		
	50m:			150m:			250m:			350m:	5:56.47	51.19
	100m:			200m:			300m:	5:05.28		400m:	6:42.29	45.82
26.	MICHAŁOWSKA Adriana			04	UKP Jedyńka Elbl g				<b>6:43.07</b>	196		
	50m:	41.70	41.70	150m:	2:21.12	51.42	250m:	4:08.64	52.69	350m:	5:54.09	51.33
	100m:	1:29.70	48.00	200m:	3:15.95	54.83	300m:	5:02.76	54.12	400m:	6:43.07	48.98
27.	STEFA SKA Karolina			04	UKP Jedyńka Elbl g				<b>6:46.08</b>	192		
	50m:	45.01	45.01	150m:	2:28.71	52.52	250m:	4:13.02	51.97	350m:	5:58.76	52.77
	100m:	1:36.19	51.18	200m:	3:21.05	52.34	300m:	5:05.99	52.97	400m:	6:46.08	47.32
28.	GOSIEWSKA Laura			04	MTP Kormoran Olsztyn				<b>7:05.56</b>	167		
	50m:	46.00	46.00	150m:	2:32.38	53.84	250m:	4:23.89	55.78	350m:	6:14.26	55.66
	100m:	1:38.54	52.54	200m:	3:28.11	55.73	300m:	5:18.60	54.71	400m:	7:05.56	51.30
29.	DZIATKOWIAK Zofia			04	Klub Sportowy Płetwal Szczytno				<b>7:17.74</b>	153		
	50m:	45.85	45.85	150m:	2:35.31	55.10	250m:	4:29.45	57.86	350m:	6:24.15	56.72
	100m:	1:40.21	54.36	200m:	3:31.59	56.28	300m:	5:27.43	57.98	400m:	7:17.74	53.59
30.	PIÓRKOWSKA Zuzanna			04	Klub Sportowy Płetwal Szczytno				<b>7:25.52</b>	145		
	50m:	47.32	47.32	150m:	2:40.24	57.99	250m:	4:35.35	57.29	350m:	6:33.16	58.32
	100m:	1:42.25	54.93	200m:	3:38.06	57.82	300m:	5:34.84	59.49	400m:	7:25.52	52.36
31.	ZAMOJSKA Alicja			04	UKP Jedyńka Elbl g				<b>7:56.78</b>	119		
	50m:	51.73	51.73	150m:	2:52.38	1:00.37	250m:	4:57.96	1:02.04	350m:	7:01.15	1:00.70
	100m:	1:52.01	1:00.28	200m:	3:55.92	1:03.54	300m:	6:00.45	1:02.49	400m:	7:56.78	55.63

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików  
Olsztyn, 18- - 19-3-2016

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	KUŁAKOWSKA Monika	03	MKS Medyk Gi ycko	<b>4:49.95</b>	529
	50m: 30.89 30.89	150m: 1:42.99 36.73	250m: 2:58.66 37.96	350m: 4:15.52 38.18	
	100m: 1:06.26 35.37	200m: 2:20.70 37.71	300m: 3:37.34 38.68	400m: 4:49.95 34.43	
2.	KULIK Wiktoria	03	MTP Kormoran Olsztyn	<b>4:50.89</b>	524
	50m: 31.82 31.82	150m: 1:42.86 36.20	250m: 2:58.18 38.12	350m: 4:14.94 38.35	
	100m: 1:06.66 34.84	200m: 2:20.06 37.20	300m: 3:36.59 38.41	400m: 4:50.89 35.95	
3.	ANCYPO Agnieszka	03	UKS OMEGA Sokółka	<b>4:56.10</b>	496
	50m: 31.72 31.72	150m: 1:45.21 37.51	250m: 3:02.78 38.43	350m: 4:20.19 38.53	
	100m: 1:07.70 35.98	200m: 2:24.35 39.14	300m: 3:41.66 38.88	400m: 4:56.10 35.91	
4.	OSTROWSKA Anna	03	MUKS Olimpijczyk	<b>5:08.19</b>	440
	50m: 35.43 35.43	150m: 1:52.32 38.74	250m: 3:11.83 39.91	350m: 4:30.84 39.36	
	100m: 1:13.58 38.15	200m: 2:31.92 39.60	300m: 3:51.48 39.65	400m: 5:08.19 37.35	
5.	ŁABAJ Zuzanna	03	MTP Kormoran Olsztyn	<b>5:09.73</b>	434
	50m: 35.54 35.54	150m: 1:54.54 40.20	250m: 3:14.26 40.44	350m: 4:32.35 38.80	
	100m: 1:14.34 38.80	200m: 2:33.82 39.28	300m: 3:53.55 39.29	400m: 5:09.73 37.38	
6.	DOMORADZKA Aleksandra	03	MUKS Olimpijczyk	<b>5:15.02</b>	412
	50m: 34.98 34.98	150m: 1:55.73 40.83	250m: 3:16.91 40.85	350m: 4:36.98 39.81	
	100m: 1:14.90 39.92	200m: 2:36.06 40.33	300m: 3:57.17 40.26	400m: 5:15.02 38.04	
7.	CHRZAN Daria	03	MTP Kormoran Olsztyn	<b>5:19.45</b>	395
	50m: 34.51 34.51	150m: 1:54.74 40.98	250m: 3:18.17 41.72	350m: 4:40.78 41.21	
	100m: 1:13.76 39.25	200m: 2:36.45 41.71	300m: 3:59.57 41.40	400m: 5:19.45 38.67	
8.	KWIATKOWSKA Zuzanna	03	MKP Wodnik Bielsk Podlaski	<b>5:21.82</b>	386
	50m: 33.79 33.79	150m: 1:51.95 40.15	250m: 3:15.07 42.03	350m: 4:40.24 42.16	
	100m: 1:11.80 38.01	200m: 2:33.04 41.09	300m: 3:58.08 43.01	400m: 5:21.82 41.58	
9.	TRYPUCKA Klaudia	03	MTP Kormoran Olsztyn	<b>5:22.55</b>	384
	50m: 34.26 34.26	150m: 1:56.04 41.39	250m: 3:19.82 41.25	350m: 4:43.33 41.81	
	100m: 1:14.65 40.39	200m: 2:38.57 42.53	300m: 4:01.52 41.70	400m: 5:22.55 39.22	
10.	SOŁONIEWICZ Julia	03	UKS OMEGA Sokółka	<b>5:24.43</b>	377
	50m: 34.64 34.64	150m: 1:55.75 41.37	250m: 3:20.31 42.40	350m: 4:44.53 42.20	
	100m: 1:14.38 39.74	200m: 2:37.91 42.16	300m: 4:02.33 42.02	400m: 5:24.43 39.90	
11.	CISZEWSKA Amelia	03	MUKS Olimpijczyk	<b>5:24.70</b>	376
	50m: 35.91 35.91	150m: 1:56.62 40.98	250m: 3:20.15 42.04	350m: 4:45.43 42.26	
	100m: 1:15.64 39.73	200m: 2:38.11 41.49	300m: 4:03.17 43.02	400m: 5:24.70 39.27	
12.	BIEDRZYCKA Adrianna	03	MKS "Ro " Pisz	<b>5:28.41</b>	364
	50m: 35.93 35.93	150m: 1:58.27 42.32	250m: 3:23.51 42.28	350m: 4:48.12 42.12	
	100m: 1:15.95 40.02	200m: 2:41.23 42.96	300m: 4:06.00 42.49	400m: 5:28.41 40.29	
13.	KIELAK Julia	03	MTP Kormoran Olsztyn	<b>5:31.78</b>	353
	50m: 37.96 37.96	150m: 2:04.16 43.26	250m: 3:30.09 42.46	350m: 4:53.22 40.50	
	100m: 1:20.90 42.94	200m: 2:47.63 43.47	300m: 4:12.72 42.63	400m: 5:31.78 38.56	
14.	ŁUCZY SKA Adrianna	03	MTP Kormoran Olsztyn	<b>5:36.10</b>	339
	50m: 36.91 36.91	150m: 2:03.09 43.76	250m: 3:28.21 42.84	350m: 4:54.86 43.00	
	100m: 1:19.33 42.42	200m: 2:45.37 42.28	300m: 4:11.86 43.65	400m: 5:36.10 41.24	
15.	KOROLCZUK Julia	03	MKS Juwenia Białystok	<b>5:39.58</b>	329
	50m: 37.01 37.01	150m: 2:01.44 42.89	250m: 3:28.77 43.74	350m: 4:56.90 43.81	
	100m: 1:18.55 41.54	200m: 2:45.03 43.59	300m: 4:13.09 44.32	400m: 5:39.58 42.68	
16.	SZYMBORSKA Patrycja	03	MKS Juwenia Białystok	<b>5:40.12</b>	327
	50m: 37.12 37.12	150m: 2:02.97 44.55	250m: 3:32.22 44.55	350m: 4:58.96 43.19	
	100m: 1:18.42 41.30	200m: 2:47.67 44.70	300m: 4:15.77 43.55	400m: 5:40.12 41.16	
17.	SADOWSKA Wiktoria	03	MTP Kormoran Olsztyn	<b>5:46.49</b>	310
	50m: 36.67 36.67	150m: 2:04.76 44.52	250m: 3:34.91 45.37	350m: 5:05.14 45.30	
	100m: 1:20.24 43.57	200m: 2:49.54 44.78	300m: 4:19.84 44.93	400m: 5:46.49 41.35	
18.	PIOTROWICZ Julia	03	MUKS Olimpijczyk	<b>5:48.11</b>	305
	50m: 37.66 37.66	150m: 2:07.27 46.24	250m: 3:40.27 46.64	350m: 5:48.11 38.49	
	100m: 1:21.03 43.37	200m: 2:53.63 46.36	300m: 5:09.62 1:29.35	400m: 5:48.11	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików  
Olsztyn, 18- - 19-3-2016

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
19.	WIKIEL	Michalina	03	MTP Kormoran Olsztyn				<b>5:56.50</b>	284			
	50m:	39.43	39.43	150m:	2:10.07	45.95	250m:	3:42.87	46.46	350m:	5:14.51	45.59
	100m:	1:24.12	44.69	200m:	2:56.41	46.34	300m:	4:28.92	46.05	400m:	5:56.50	41.99
20.	KUSAJ	Zuzanna	03	MTP Kormoran Olsztyn				<b>5:59.59</b>	277			
	50m:	37.69	37.69	150m:	2:04.70	43.59	250m:	3:37.66	47.36	350m:	5:12.35	46.04
	100m:	1:21.11	43.42	200m:	2:50.30	45.60	300m:	4:26.31	48.65	400m:	5:59.59	47.24
21.	MO KO	Zuzanna	03	MKS Juwenia Białystok				<b>6:06.30</b>	262			
	50m:	38.69	38.69	150m:	2:11.59	47.09	250m:	3:48.19	48.82	350m:	5:23.48	47.62
	100m:	1:24.50	45.81	200m:	2:59.37	47.78	300m:	4:35.86	47.67	400m:	6:06.30	42.82
22.	SKALSKA	Oliwia	03	MTP Kormoran Olsztyn				<b>6:07.53</b>	259			
	50m:	41.26	41.26	150m:	2:14.80	46.90	250m:	3:48.68	46.91	350m:	5:22.65	47.32
	100m:	1:27.90	46.64	200m:	3:01.77	46.97	300m:	4:35.33	46.65	400m:	6:07.53	44.88
23.	BIĄŁOGRZYWIEC	Julia	03	MTP Kormoran Olsztyn				<b>6:10.73</b>	253			
	50m:	41.19	41.19	150m:	2:14.21	47.44	250m:	3:51.47	49.50	350m:	5:26.48	46.81
	100m:	1:26.77	45.58	200m:	3:01.97	47.76	300m:	4:39.67	48.20	400m:	6:10.73	44.25
24.	PNIEWSKA	Katarzyna	03	MTP Kormoran Olsztyn				<b>6:14.58</b>	245			
	50m:	39.63	39.63	150m:	2:14.30	47.84	250m:	3:50.20	48.38	350m:	5:27.50	47.32
	100m:	1:26.46	46.83	200m:	3:01.82	47.52	300m:	4:40.18	49.98	400m:	6:14.58	47.08
25.	TROJANOWSKA	Julia	03	MKP Wodnik Bielsk Podlaski				<b>6:21.05</b>	233			
	50m:	40.87	40.87	150m:	2:16.79	48.97	250m:	3:57.78	51.24	350m:	5:35.83	48.71
	100m:	1:27.82	46.95	200m:	3:06.54	49.75	300m:	4:47.12	49.34	400m:	6:21.05	45.22
26.	M DRYCH	Oliwia	03	MTP Kormoran Olsztyn				<b>6:36.96</b>	206			
	50m:	43.84	43.84	150m:	2:22.95	50.42	250m:	4:06.36	52.86	350m:	5:49.48	51.21
	100m:	1:32.53	48.69	200m:	3:13.50	50.55	300m:	4:58.27	51.91	400m:	6:36.96	47.48
27.	PURGAL	Adrianna	03	MTP Kormoran Olsztyn				<b>6:43.26</b>	196			
	50m:	43.18	43.18	150m:	2:22.61	50.63	250m:	4:09.12	53.72	350m:	5:55.60	52.59
	100m:	1:31.98	48.80	200m:	3:15.40	52.79	300m:	5:03.01	53.89	400m:	6:43.26	47.66
28.	GLAPIAK	Maja	03	MTP Kormoran Olsztyn				<b>6:44.99</b>	194			
	50m:	43.17	43.17	150m:	2:22.76	50.23	250m:	4:05.47	50.90	350m:	5:53.50	54.77
	100m:	1:32.53	49.36	200m:	3:14.57	51.81	300m:	4:58.73	53.26	400m:	6:44.99	51.49
29.	BOSIACKA	Agnieszka	03	MKP Wodnik Bielsk Podlaski				<b>7:02.19</b>	171			
	50m:	42.32	42.32	150m:	2:28.61	54.96	250m:	4:19.74	55.88	350m:	6:12.98	56.10
	100m:	1:33.65	51.33	200m:	3:23.86	55.25	300m:	5:16.88	57.14	400m:	7:02.19	49.21
30.	RUTA	Aleksandra	03	MKP Wodnik Bielsk Podlaski				<b>7:12.28</b>	159			
	50m:	44.89	44.89	150m:	2:31.37	54.24	250m:	5:21.13	1:54.92	350m:		
	100m:	1:37.13	52.24	200m:	3:26.21	54.84	300m:			400m:	7:12.28	
NIE UK.	LUBECKA-GODLEWSKA	Melania	03	MUKS Olimpijczyk								
	50m:	43.84	43.84	150m:			250m:		350m:			
	100m:	1:55.45	1:11.61	200m:			300m:		400m:			