



MISTRZOSTWA WARMI SKO-MAZURSKIEGO OZP  
Elbl g, 26- - 27-11-2016

Konkurencja 32  
2016-11-27 - 12:28

M czyzn, 400m dowolny

Open  
Wyniki

Rekord Okr gu Open	3:46.88	Pielowski Krzysztof	00213	Gorzow Wielkopolski	2009-11-26
Rekord Okr gu - 11	5:10.86	Plachta Emil	00213	Gizycko	2007-12-08
Rekord Okr gu 12	4:34.37	Plachta Emil	00213	Elk	2008-12-14
Rekord Okr gu 13	4:19.73	Kubkowski Bartłomiej	00713	Elk	2008-12-14
Rekord Okr gu 14	4:06.68	Kubkowski Bartłomiej	00713	Warsaw	2009-12-19
Rekord Okr gu 15	3:59.06	Borowicz Skoneczny Sylwester	00213	Elbląg	2007-11-24
Rekord Okr gu 16	3:53.11	Koziejko Bartłomiej	00213	Gliwice	2016-03-12
Rekord Okr gu 17	3:49.79	Kasztelan Mateusz	00213	Lublin	2015-12-17
Rekord Okr gu 18	3:46.88	Pielowski Krzysztof	00213	Gorzow Wielkopolski	2009-11-26

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>10 lat i młodszy</b>									
1.	Wieczorek Kacper		06	MTP KORMORAN Olsztyn				<b>6:39.67</b>	149
	50m:	43.51	43.51	150m:	2:24.92	50.99	250m:	4:07.30	51.50
	100m:	1:33.93	50.42	200m:	3:15.80	50.88	300m:	4:57.70	50.40
							350m:	5:49.55	51.85
							400m:	6:39.67	50.12
<b>11 lat</b>									
1.	Nowacki Jacek		05	MTP KORMORAN Olsztyn				<b>6:04.20</b>	197
	50m:	39.05	39.05	150m:	2:11.93	47.11	250m:	3:46.54	47.37
	100m:	1:24.82	45.77	200m:	2:59.17	47.24	300m:	4:34.29	47.75
							350m:	5:20.66	46.37
							400m:	6:04.20	43.54
2.	Wisniowski Adrian		05	MTP KORMORAN Olsztyn				<b>6:07.78</b>	192
	50m:	41.29	41.29	150m:	2:14.65	46.84	250m:	3:48.97	46.80
	100m:	1:27.81	46.52	200m:	3:02.17	47.52	300m:	4:36.29	47.32
							350m:	5:23.72	47.43
							400m:	6:07.78	44.06
3.	Tyrka Igor		05	MTP KORMORAN Olsztyn				<b>6:11.31</b>	186
	50m:	39.72	39.72	150m:	2:15.72	48.83	250m:	3:53.08	49.36
	100m:	1:26.89	47.17	200m:	3:03.72	48.00	300m:	4:42.72	49.64
							350m:	5:30.01	47.29
							400m:	6:11.31	41.30
4.	Minda Michał		05	MTP KORMORAN Olsztyn				<b>6:14.85</b>	181
	50m:	40.10	40.10	150m:	2:17.02	48.55	250m:	3:52.73	46.58
	100m:	1:28.47	48.37	200m:	3:06.15	49.13	300m:	4:40.19	47.46
							350m:	5:28.30	48.11
							400m:	6:14.85	46.55
5.	Kubicki Karol		05	MTP KORMORAN Olsztyn				<b>6:35.12</b>	155
	50m:	43.02	43.02	150m:	2:22.67	50.25	250m:	4:05.93	51.76
	100m:	1:32.42	49.40	200m:	3:14.17	51.50	300m:	4:56.18	50.25
							350m:	5:47.55	51.37
							400m:	6:35.12	47.57
6.	Misiewicz Igor		05	UKP Jedyńska Elbl g				<b>6:39.87</b>	149
	50m:	44.90	44.90	150m:	2:26.53	50.87	250m:	4:07.87	50.59
	100m:	1:35.66	50.76	200m:	3:17.28	50.75	300m:	4:59.49	51.62
							350m:	5:51.49	52.00
							400m:	6:39.87	48.38
<b>12 lat</b>									
1.	Tarasiewicz Marcel		04	MTP KORMORAN Olsztyn				<b>5:01.00</b>	350
	50m:	33.04	33.04	150m:	1:49.38	38.68	250m:	3:08.20	39.69
	100m:	1:10.70	37.66	200m:	2:28.51	39.13	300m:	3:47.36	39.16
							350m:	4:26.16	38.80
							400m:	5:01.00	34.84
2.	Choroszewski Iwo		04	KS Płetwa Szczytno				<b>5:01.15</b>	350
	50m:	32.28	32.28	150m:	1:47.97	38.96	250m:	3:05.94	39.50
	100m:	1:09.01	36.73	200m:	2:26.44	38.47	300m:	3:45.21	39.27
							350m:	4:24.51	39.30
							400m:	5:01.15	36.64
3.	Izdrowski Igor		04	MTP KORMORAN Olsztyn				<b>5:21.10</b>	288
	50m:	35.92	35.92	150m:	1:58.60	42.18	250m:	3:21.75	41.34
	100m:	1:16.42	40.50	200m:	2:40.41	41.81	300m:	4:02.61	40.86
							350m:	4:41.40	38.79
							400m:	5:21.10	39.70
4.	Pasieczny Bartłomiej		04	UKP Jedyńska Elbl g				<b>5:38.58</b>	246
	50m:	36.74	36.74	150m:	2:01.25	43.40	250m:	3:30.22	44.63
	100m:	1:17.85	41.11	200m:	2:45.59	44.34	300m:	4:14.97	44.75
							350m:	4:58.46	43.49
							400m:	5:38.58	40.12
5.	Jurczak Bartosz		04	MTP KORMORAN Olsztyn				<b>5:46.02</b>	230
	50m:	37.80	37.80	150m:	2:04.88	43.96	250m:	3:33.89	44.52
	100m:	1:20.92	43.12	200m:	2:49.37	44.49	300m:	4:18.63	44.74
							350m:	5:02.46	43.83
							400m:	5:46.02	43.56
6.	Klimas Maciej		04	MTP KORMORAN Olsztyn				<b>5:54.62</b>	214
	50m:	40.86	40.86	150m:	2:11.93	46.16	250m:	3:42.27	45.20
	100m:	1:25.77	44.91	200m:	2:57.07	45.14	300m:	4:27.98	45.71
							350m:	5:12.25	44.27
							400m:	5:54.62	42.37



MISTRZOSTWA WARMII SKO-MAZURSKIEGO OZP  
Elbl g, 26- - 27-11-2016

Konkurencja 32, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
7. Kozłowski Konrad	04	<b>5:59.74</b>	205
50m: 41.31 41.31	150m: 2:11.96 45.10	250m: 3:43.48 45.65	350m: 5:16.08 46.32
100m: 1:26.86 45.55	200m: 2:57.83 45.87	300m: 4:29.76 46.28	400m: 5:59.74 43.66
8. Kubera Kacper	04	<b>6:55.69</b>	133
50m: 43.34 43.34	150m: 2:26.37 53.05	250m: 4:16.49 54.59	350m: 6:04.97 55.09
100m: 1:33.32 49.98	200m: 3:21.90 55.53	300m: 5:09.88 53.39	400m: 6:55.69 50.72

13 lat

1. Niedziałek Michał SOL	03	<b>4:37.46</b>	447
50m: 32.23 32.23	150m: 1:43.03 35.30	250m: 2:53.89 35.28	350m: 4:04.47 35.08
100m: 1:07.73 35.50	200m: 2:18.61 35.58	300m: 3:29.39 35.50	400m: 4:37.46 32.99
2. Maczyszyn Hubert	03	<b>5:45.95</b>	230
50m: 36.43 36.43	150m: 2:02.84 44.22	250m: 3:33.15 45.60	350m: 5:03.81 45.48
100m: 1:18.62 42.19	200m: 2:47.55 44.71	300m: 4:18.33 45.18	400m: 5:45.95 42.14

14 lat

1. Bruzdewicz Hubert SOL	02	<b>4:17.00</b>	563
50m: 28.86 28.86	150m: 1:34.39 32.90	250m: 2:40.92 33.25	350m: 3:46.40 32.62
100m: 1:01.49 32.63	200m: 2:07.67 33.28	300m: 3:13.78 32.86	400m: 4:17.00 30.60
2. Kurdziko Nikodem SOL	02	<b>4:30.72</b>	481
50m: 29.93 29.93	150m: 1:37.61 34.72	250m: 2:47.52 34.95	350m: 3:57.16 34.83
100m: 1:02.89 32.96	200m: 2:12.57 34.96	300m: 3:22.33 34.81	400m: 4:30.72 33.56
3. Woronko Krzysztof	02	<b>4:31.26</b>	479
50m: 29.06 29.06	150m: 1:37.08 34.54	250m: 2:46.72 34.46	350m: 3:56.97 35.39
100m: 1:02.54 33.48	200m: 2:12.26 35.18	300m: 3:21.58 34.86	400m: 4:31.26 34.29
4. Kopiczko Maksymilian	02	<b>4:33.35</b>	468
50m: 29.48 29.48	150m: 1:37.66 34.79	250m: 2:48.04 35.34	350m: 3:59.41 35.51
100m: 1:02.87 33.39	200m: 2:12.70 35.04	300m: 3:23.90 35.86	400m: 4:33.35 33.94
5. Helbrecht Jakub SOL	02	<b>4:39.97</b>	435
50m: 31.66 31.66	150m: 1:42.31 35.76	250m: 2:54.29 35.97	350m: 4:05.73 35.81
100m: 1:06.55 34.89	200m: 2:18.32 36.01	300m: 3:29.92 35.63	400m: 4:39.97 34.24
6. Grzegorzcyk Wiktor	02	<b>4:42.95</b>	422
50m: 32.30 32.30	150m: 1:44.20 35.98	250m: 2:57.32 36.92	350m: 4:08.90 35.60
100m: 1:08.22 35.92	200m: 2:20.40 36.20	300m: 3:33.30 35.98	400m: 4:42.95 34.05

15 lat

1. Klak Marcin	01	<b>4:20.64</b>	540
50m: 28.54 28.54	150m: 1:33.41 32.87	250m: 2:41.08 33.69	350m: 3:48.59 33.34
100m: 1:00.54 32.00	200m: 2:07.39 33.98	300m: 3:15.25 34.17	400m: 4:20.64 32.05

16 lat i starsi

1. Pielowski Krzysztof	91	<b>3:53.15</b>	754
50m: 27.34 27.34	150m: 1:25.56 29.19	250m: 2:24.86 29.66	350m: 3:24.18 29.60
100m: 56.37 29.03	200m: 1:55.20 29.64	300m: 2:54.58 29.72	400m: 3:53.15 28.97
2. Maksymowicz Tomasz	00	<b>4:53.23</b>	379
50m: 30.50 30.50	150m: 1:42.45 37.00	250m: 2:59.69 38.64	350m: 4:16.70 38.62
100m: 1:05.45 34.95	200m: 2:21.05 38.60	300m: 3:38.08 38.39	400m: 4:53.23 36.53