



Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 11

2016-12-02 - 17:54

Kobiet, 400m zmienny

Open

Wyniki

| | | | | | |
|---------|---------|----------------------|-------|----------------|------------|
| PL Open | 4:31.89 | Baranowska Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |
| PL - 11 | 5:34.97 | Trambowicz Zuzanna | 00202 | Bydgoszcz | 2013-12-07 |
| PL 12 | 5:14.88 | Szpucha Katarzyna | 00505 | Lodz | 2008-12-11 |
| PL 13 | 4:54.66 | Knop Aleksandra | 05 | Raciborz | 2016-10-15 |
| PL 14 | 4:53.86 | Sie czyk Jowita | 00903 | Poznan | 2011-12-18 |
| PL 15 | 4:45.72 | Szpucha Katarzyna | 00505 | Ciechanow | 2011-03-11 |
| PL 16 | 4:42.49 | Jedrzejczak Otylia | POL | ??? | 1999-12-01 |
| PL 17 | 4:33.26 | Nitka Aleksandra | 01006 | Zabierzow | 2010-10-09 |
| PL 18 | 4:33.70 | Baranowska Katarzyna | POL | Trieste (ITA) | 2005-12-11 |
| PL 19 + | 4:31.89 | Baranowska Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |

Punkty: FINA 2016

| Pozycja | Rok ur. | | | Czas | | | Pkt. | FINA | | | |
|--------------------------------|---------|------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. Adamczyk Julia SL | 99 | SMS Lublin | 4:46.14 | 33,00 | 745 | | | | | | |
| 50m: | 30.90 | 30.90 | 150m: | 1:43.45 | 37.02 | 250m: | 2:59.80 | 40.17 | 350m: | 4:13.50 | 33.85 |
| 100m: | 1:06.43 | 35.53 | 200m: | 2:19.63 | 36.18 | 300m: | 3:39.65 | 39.85 | 400m: | 4:46.14 | 32.64 |
| 2. Samuła Wiktoria SL | 99 | SMS Lublin | 4:51.90 | 31,00 | 702 | | | | | | |
| 50m: | 31.02 | 31.02 | 150m: | 1:44.45 | 37.81 | 250m: | 3:00.85 | 39.55 | 350m: | 4:17.05 | 35.53 |
| 100m: | 1:06.64 | 35.62 | 200m: | 2:21.30 | 36.85 | 300m: | 3:41.52 | 40.67 | 400m: | 4:51.90 | 34.85 |
| 3. Paradowska Kinga SB | 01 | SMS Bydgoszcz | 4:58.05 | 30,00 | 659 | | | | | | |
| 50m: | 32.84 | 32.84 | 150m: | 1:48.30 | 37.95 | 250m: | 3:09.04 | 41.10 | 350m: | 4:25.58 | 33.97 |
| 100m: | 1:10.35 | 37.51 | 200m: | 2:27.94 | 39.64 | 300m: | 3:51.61 | 42.57 | 400m: | 4:58.05 | 32.47 |
| 4. Musioł Wiktoria SO | 98 | SMS O wi cim | 4:59.62 | 29,00 | 649 | | | | | | |
| 50m: | 31.94 | 31.94 | 150m: | 1:46.45 | 38.44 | 250m: | 3:07.71 | 43.32 | 350m: | 4:25.97 | 34.57 |
| 100m: | 1:08.01 | 36.07 | 200m: | 2:24.39 | 37.94 | 300m: | 3:51.40 | 43.69 | 400m: | 4:59.62 | 33.65 |
| 5. Zawisza Alina | 00 | SMS O wi cim | 5:01.12 | 28,00 | 639 | | | | | | |
| 50m: | 33.15 | 33.15 | 150m: | 1:48.59 | 37.86 | 250m: | 3:09.81 | 43.68 | 350m: | 4:27.30 | 34.24 |
| 100m: | 1:10.73 | 37.58 | 200m: | 2:26.13 | 37.54 | 300m: | 3:53.06 | 43.25 | 400m: | 5:01.12 | 33.82 |
| 6. Wett Oliwia SOL | 01 | SMS Olsztyn | 5:02.57 | 27,00 | 630 | | | | | | |
| 50m: | 31.69 | 31.69 | 150m: | 1:47.54 | 39.16 | 250m: | 3:08.52 | 43.14 | 350m: | 4:28.20 | 35.63 |
| 100m: | 1:08.38 | 36.69 | 200m: | 2:25.38 | 37.84 | 300m: | 3:52.57 | 44.05 | 400m: | 5:02.57 | 34.37 |
| 7. Jaszczuk Ewa SOL | 02 | SMS Olsztyn | 5:03.46 | 26,00 | 625 | | | | | | |
| 50m: | 31.89 | 31.89 | 150m: | 1:47.95 | 40.00 | 250m: | 3:11.65 | 45.26 | 350m: | 4:30.37 | 34.16 |
| 100m: | 1:07.95 | 36.06 | 200m: | 2:26.39 | 38.44 | 300m: | 3:56.21 | 44.56 | 400m: | 5:03.46 | 33.09 |
| 8. Litwin Andrea SK | 01 | SMS Kraków | 5:05.16 | 25,00 | 614 | | | | | | |
| 50m: | 31.98 | 31.98 | 150m: | 1:47.97 | 39.20 | 250m: | 3:10.38 | 43.26 | 350m: | 4:30.44 | 35.57 |
| 100m: | 1:08.77 | 36.79 | 200m: | 2:27.12 | 39.15 | 300m: | 3:54.87 | 44.49 | 400m: | 5:05.16 | 34.72 |
| 9. Szafranska Julia SOc | 00 | SMS Ostrowiec w. | 5:05.23 | 24,00 | 614 | | | | | | |
| 50m: | 32.91 | 32.91 | 150m: | 1:48.29 | 38.03 | 250m: | 3:11.79 | 46.47 | 350m: | 4:32.31 | 34.24 |
| 100m: | 1:10.26 | 37.35 | 200m: | 2:25.32 | 37.03 | 300m: | 3:58.07 | 46.28 | 400m: | 5:05.23 | 32.92 |
| 10. Majszutowicz PAULINA SSz | 98 | SMS Szczecin | 5:05.46 | 23,00 | 612 | | | | | | |
| 50m: | 32.48 | 32.48 | 150m: | 1:51.51 | 41.62 | 250m: | 3:12.48 | 40.62 | 350m: | 4:30.43 | 36.77 |
| 100m: | 1:09.89 | 37.41 | 200m: | 2:31.86 | 40.35 | 300m: | 3:53.66 | 41.18 | 400m: | 5:05.46 | 35.03 |
| 11. Kolbowicz BARBARA SSz | 99 | SMS Szczecin | 5:06.08 | 22,00 | 609 | | | | | | |
| 50m: | 31.93 | 31.93 | 150m: | 1:49.47 | 39.87 | 250m: | 3:10.25 | 42.35 | 350m: | 4:30.62 | 36.93 |
| 100m: | 1:09.60 | 37.67 | 200m: | 2:27.90 | 38.43 | 300m: | 3:53.69 | 43.44 | 400m: | 5:06.08 | 35.46 |
| 12. Banackowska Aleksandra SOc | 02 | SMS Ostrowiec w. | 5:06.55 | 21,00 | 606 | | | | | | |
| 50m: | 33.08 | 33.08 | 150m: | 1:51.34 | 39.45 | 250m: | 3:12.87 | 41.86 | 350m: | 4:31.66 | 36.32 |
| 100m: | 1:11.89 | 38.81 | 200m: | 2:31.01 | 39.67 | 300m: | 3:55.34 | 42.47 | 400m: | 5:06.55 | 34.89 |

wyniki: www.megatiming.pl

obsługa infor.: zawody.olsztyn@interia.pl

EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmińsko-Mazurski Okręgowy Związek Pływacki

2016-12-03 9:14 - Strona 1



Ministerstwo Sportu i Turystyki



Malmsten
Partner Oficjalny





Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 11, Kobiet, 400m zmienny, Open

| Pozycja | | Rok ur. | | | | | | Czas | Pkt. | FINA |
|---------|------------------------------|---------------|-------------------|---------------|-------|---------------|-------|----------------|-------|------|
| 13. | Kocjan Victoria SR | 00 | SMS Racibórz | | | | | 5:09.62 | 20,00 | 588 |
| | 50m: 35.18 35.18 | 150m: 1:56.18 | 40.70 | 250m: 3:17.45 | 41.06 | 350m: 4:35.16 | 36.11 | | | |
| | 100m: 1:15.48 40.30 | 200m: 2:36.39 | 40.21 | 300m: 3:59.05 | 41.60 | 400m: 5:09.62 | 34.46 | | | |
| 14. | Wolska Karolina | 01 | SMS Bydgoszcz | | | | | 5:10.85 | 19,00 | 581 |
| | 50m: 33.17 33.17 | 150m: 1:50.97 | 39.66 | 250m: 3:13.41 | 44.34 | 350m: 4:36.19 | 36.52 | | | |
| | 100m: 1:11.31 38.14 | 200m: 2:29.07 | 38.10 | 300m: 3:59.67 | 46.26 | 400m: 5:10.85 | 34.66 | | | |
| 15. | Kempa Anna SO | 01 | SMS O wi cim | | | | | 5:13.63 | - | 566 |
| | 50m: 33.97 33.97 | 150m: 1:54.01 | 40.76 | 250m: 3:15.52 | 41.70 | 350m: 4:37.53 | 38.79 | | | |
| | 100m: 1:13.25 39.28 | 200m: 2:33.82 | 39.81 | 300m: 3:58.74 | 43.22 | 400m: 5:13.63 | 36.10 | | | |
| 16. | Piotrowicz Maja | 02 | SMS Zielona Góra | | | | | 5:14.63 | 18,00 | 560 |
| | 50m: 33.19 33.19 | 150m: 1:52.04 | 38.88 | 250m: 3:14.47 | 44.02 | 350m: 4:37.62 | 38.28 | | | |
| | 100m: 1:13.16 39.97 | 200m: 2:30.45 | 38.41 | 300m: 3:59.34 | 44.87 | 400m: 5:14.63 | 37.01 | | | |
| 17. | Tomaszek Aleksandra | 00 | SMS Warszawa | | | | | 5:16.43 | 17,00 | 551 |
| | 50m: 34.25 34.25 | 150m: 1:57.30 | 44.03 | 250m: 3:18.62 | 40.03 | 350m: 4:38.45 | 38.73 | | | |
| | 100m: 1:13.27 39.02 | 200m: 2:38.59 | 41.29 | 300m: 3:59.72 | 41.10 | 400m: 5:16.43 | 37.98 | | | |
| 18. | Koral Julia SR | 98 | SMS Racibórz | | | | | 5:17.66 | 16,00 | 544 |
| | 50m: 35.10 35.10 | 150m: 1:55.62 | 40.06 | 250m: 3:18.77 | 43.83 | 350m: 4:40.11 | 37.04 | | | |
| | 100m: 1:15.56 40.46 | 200m: 2:34.94 | 39.32 | 300m: 4:03.07 | 44.30 | 400m: 5:17.66 | 37.55 | | | |
| 19. | Byli ska Agnieszka | 02 | SMS Gda sk | | | | | 5:18.17 | 15,00 | 542 |
| | 50m: 34.05 34.05 | 150m: 1:54.28 | 40.44 | 250m: 3:20.54 | 45.76 | 350m: 4:43.95 | 37.01 | | | |
| | 100m: 1:13.84 39.79 | 200m: 2:34.78 | 40.50 | 300m: 4:06.94 | 46.40 | 400m: 5:18.17 | 34.22 | | | |
| 20. | Holak Marta | 01 | SMS Bydgoszcz | | | | | 5:18.47 | - | 540 |
| | 50m: 34.37 34.37 | 150m: 1:51.72 | 39.49 | 250m: 3:18.83 | 47.54 | 350m: 4:42.58 | 37.81 | | | |
| | 100m: 1:12.23 37.86 | 200m: 2:31.29 | 39.57 | 300m: 4:04.77 | 45.94 | 400m: 5:18.47 | 35.89 | | | |
| 21. | Leszczy ska Klaudia Julia SK | 99 | SMS Kraków | | | | | 5:20.34 | 14,00 | 531 |
| | 50m: 32.70 32.70 | 150m: 1:50.98 | 39.84 | 250m: 3:16.49 | 45.42 | 350m: 4:42.13 | 39.20 | | | |
| | 100m: 1:11.14 38.44 | 200m: 2:31.07 | 40.09 | 300m: 4:02.93 | 46.44 | 400m: 5:20.34 | 38.21 | | | |
| 22. | Skowro ska Wiktoria | 01 | ZSMS Gorzów Wlkp. | | | | | 5:21.07 | 13,00 | 527 |
| | 50m: 32.71 32.71 | 150m: 1:55.78 | 42.40 | 250m: 3:20.31 | 43.44 | 350m: 4:43.75 | 38.50 | | | |
| | 100m: 1:13.38 40.67 | 200m: 2:36.87 | 41.09 | 300m: 4:05.25 | 44.94 | 400m: 5:21.07 | 37.32 | | | |
| 23. | Kulesza Weronika | 02 | ZSMS Gorzów Wlkp. | | | | | 5:22.77 | 12,00 | 519 |
| | 50m: 33.95 33.95 | 150m: 1:56.65 | 43.26 | 250m: 3:23.88 | 43.91 | 350m: 4:46.64 | 37.50 | | | |
| | 100m: 1:13.39 39.44 | 200m: 2:39.97 | 43.32 | 300m: 4:09.14 | 45.26 | 400m: 5:22.77 | 36.13 | | | |
| 24. | Hojoł Agata SK | 01 | SMS Kraków | | | | | 5:23.86 | - | 514 |
| | 50m: 33.06 33.06 | 150m: 1:53.19 | 41.53 | 250m: 3:20.28 | 45.69 | 350m: 4:47.75 | 39.21 | | | |
| | 100m: 1:11.66 38.60 | 200m: 2:34.59 | 41.40 | 300m: 4:08.54 | 48.26 | 400m: 5:23.86 | 36.11 | | | |
| 25. | Fr ckiewicz Martyna | 03 | SMS Zielona Góra | | | | | 5:25.12 | 11,00 | 508 |
| | 50m: 33.41 33.41 | 150m: 1:55.54 | 41.18 | 250m: 3:21.96 | 45.61 | 350m: 4:47.37 | 39.32 | | | |
| | 100m: 1:14.36 40.95 | 200m: 2:36.35 | 40.81 | 300m: 4:08.05 | 46.09 | 400m: 5:25.12 | 37.75 | | | |
| 26. | Pi ko Natalia | 02 | SMS Łód | | | | | 5:25.90 | 10,00 | 504 |
| | 50m: 34.62 34.62 | 150m: 2:00.42 | 42.56 | 250m: 3:29.78 | 47.39 | 350m: 4:52.66 | 34.12 | | | |
| | 100m: 1:17.86 43.24 | 200m: 2:42.39 | 41.97 | 300m: 4:18.54 | 48.76 | 400m: 5:25.90 | 33.24 | | | |
| 27. | Kurasi ska Oliwia SOc | 02 | SMS Ostrowiec w. | | | | | 5:29.99 | - | 486 |
| | 50m: 35.02 35.02 | 150m: 1:59.13 | 42.91 | 250m: 3:26.73 | 46.29 | 350m: 4:52.85 | 39.12 | | | |
| | 100m: 1:16.22 41.20 | 200m: 2:40.44 | 41.31 | 300m: 4:13.73 | 47.00 | 400m: 5:29.99 | 37.14 | | | |

wyniki: www.megatiming.pl

obsługa infor.: zawody.olsztyn@interia.pl

El bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-03 9:14 - Strona 2





Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 11, Kobiet, 400m zmienny, Open

| Pozycja | Rok ur. | Czas | Pkt. | FINA |
|---------------------------------------|---------------------|---------------------|---------------------|------|
| 28. Łukaszewicz Emilia SP | 01 SMS Pozna | 5:32.35 | 9,00 | 475 |
| 50m: 32.87 32.87 | 150m: 1:56.19 42.01 | 250m: 3:27.56 49.33 | 350m: 4:53.63 36.85 | |
| 100m: 1:14.18 41.31 | 200m: 2:38.23 42.04 | 300m: 4:16.78 49.22 | 400m: 5:32.35 38.72 | |
| 29. Witek Aleksandra | 03 SMS Gda sk | 5:33.37 | 8,00 | 471 |
| 50m: 34.32 34.32 | 150m: 1:58.54 42.38 | 250m: 3:27.87 46.76 | 350m: 4:54.48 39.89 | |
| 100m: 1:16.16 41.84 | 200m: 2:41.11 42.57 | 300m: 4:14.59 46.72 | 400m: 5:33.37 38.89 | |
| 30. Gmiter Barbara SOL | 04 SMS Olsztyn | 5:36.28 | - | 459 |
| 50m: 35.14 35.14 | 150m: 2:00.38 44.10 | 250m: 3:31.54 48.26 | 350m: 4:59.77 38.91 | |
| 100m: 1:16.28 41.14 | 200m: 2:43.28 42.90 | 300m: 4:20.86 49.32 | 400m: 5:36.28 36.51 | |
| 31. Krakowska Martyna SP | 01 SMS Pozna | 5:37.43 | 7,00 | 454 |
| 50m: 35.29 35.29 | 150m: 2:01.95 44.81 | 250m: 3:31.78 45.48 | 350m: 4:58.55 40.63 | |
| 100m: 1:17.14 41.85 | 200m: 2:46.30 44.35 | 300m: 4:17.92 46.14 | 400m: 5:37.43 38.88 | |
| 32. Dembkowska Monika | 01 SMS Gda sk | 5:47.92 | - | 414 |
| 50m: 39.51 39.51 | 150m: 2:08.57 42.58 | 250m: 3:38.50 46.64 | 350m: 5:07.54 41.00 | |
| 100m: 1:25.99 46.48 | 200m: 2:51.86 43.29 | 300m: 4:26.54 48.04 | 400m: 5:47.92 40.38 | |
| DYSKW. miechowska Patrycja SWwa | 02 SMS Warszawa | | - | |
| <i>Z</i> | | | | |
| PK Halicka Lidia | 01 SMS Wrocław | 4:44.76 | - | 756 |
| <i>Wynik lepszy od rekordu Polski</i> | | | | |
| 50m: 30.84 30.84 | 150m: 1:42.47 36.10 | 250m: 2:57.98 39.84 | 350m: 4:12.50 34.66 | |
| 100m: 1:06.37 35.53 | 200m: 2:18.14 35.67 | 300m: 3:37.84 39.86 | 400m: 4:44.76 32.26 | |
| PK W grzynowska Aleksandra | 01 SMS Wrocław | 4:59.03 | - | 653 |
| 50m: 31.47 31.47 | 150m: 1:47.07 38.88 | 250m: 3:08.08 43.27 | 350m: 4:25.97 34.08 | |
| 100m: 1:08.19 36.72 | 200m: 2:24.81 37.74 | 300m: 3:51.89 43.81 | 400m: 4:59.03 33.06 | |
| PK Kozanecka Katarzyna | 01 SMS Pozna | 5:21.89 | - | 523 |
| 50m: 34.98 34.98 | 150m: 1:58.67 42.73 | 250m: 3:24.01 42.94 | 350m: 4:46.10 38.01 | |
| 100m: 1:15.94 40.96 | 200m: 2:41.07 42.40 | 300m: 4:08.09 44.08 | 400m: 5:21.89 35.79 | |