



Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 19
2016-12-03 - 9:23

Kobiet, 400m dowolny

Open
Wyniki

PL Open	4:05.77	Barzycka Paulina	00114	Gorzow	2005-11-26
PL - 11	4:57.22	Trambowicz Zuzanna	00202	Torun	2013-11-29
PL 12	4:35.51	Kowalska Agata	00914	Plock	2005-11-19
PL 13	4:18.09	Knop Aleksandra	01605	Ostrowiec Sw	2016-06-18
PL 14	4:16.92	Kilija ska Donata	00612	Gorzow Wielkopolski	2009-11-28
PL 15	4:11.12	Kilija ska Donata	00612	Lodz	2010-11-21
PL 16	4:08.04	Kilija ska Donata	00612	Poznan	2011-12-17
PL 17	4:08.41	Kilija ska Donata	00612	Ostrowiec Sw.	2012-12-21
PL 18	4:08.83	Kilija ska Donata	00612	Ostrowiec Sw	2013-12-21
PL 19 +	4:05.77	Barzycka Paulina	00114	Gorzow	2005-11-26

Punkty: FINA 2016

Pozycja	Rok ur.	Czas	Pkt.	FINA
1. Adamczyk Julia SL	99 SMS Lublin	4:18.13	33,00	749
50m: 30.07 30.07	150m: 1:36.28 33.29	250m: 2:42.23 32.88	350m: 3:47.09 32.19	
100m: 1:02.99 32.92	200m: 2:09.35 33.07	300m: 3:14.90 32.67	400m: 4:18.13 31.04	
2. Klonowska Julia	00 SMS Warszawa Bielany	4:18.59	31,00	745
50m: 30.68 30.68	150m: 1:37.81 33.76	250m: 2:43.30 32.24	350m: 3:47.48 31.72	
100m: 1:04.05 33.37	200m: 2:11.06 33.25	300m: 3:15.76 32.46	400m: 4:18.59 31.11	
3. Andrzejewska Kamila SL	99 SMS Lublin	4:19.06	30,00	741
50m: 30.42 30.42	150m: 1:36.80 33.42	250m: 2:42.95 32.92	350m: 3:47.94 32.12	
100m: 1:03.38 32.96	200m: 2:10.03 33.23	300m: 3:15.82 32.87	400m: 4:19.06 31.12	
4. Orczykowska Wioletta SK	97 SMS Kraków	4:20.41	29,00	730
50m: 29.65 29.65	150m: 1:35.97 33.41	250m: 2:42.55 33.27	350m: 3:48.05 32.59	
100m: 1:02.56 32.91	200m: 2:09.28 33.31	300m: 3:15.46 32.91	400m: 4:20.41 32.36	
5. Szafra ska Julia SOc	00 SMS Ostrowiec w.	4:22.22	28,00	715
50m: 31.19 31.19	150m: 1:37.96 33.42	250m: 2:44.31 33.01	350m: 3:50.09 32.80	
100m: 1:04.54 33.35	200m: 2:11.30 33.34	300m: 3:17.29 32.98	400m: 4:22.22 32.13	
6. Gawlicka Maja	98 SMS Zielona Góra	4:25.84	27,00	686
50m: 31.05 31.05	150m: 1:38.17 33.74	250m: 2:45.54 33.65	350m: 3:53.37 33.85	
100m: 1:04.43 33.38	200m: 2:11.89 33.72	300m: 3:19.52 33.98	400m: 4:25.84 32.47	
7. Baryła JULIA SSZ	00 SMS Szczecin	4:25.89	26,00	686
50m: 30.80 30.80	150m: 1:37.32 33.29	250m: 2:43.99 33.41	350m: 3:52.18 34.01	
100m: 1:04.03 33.23	200m: 2:10.58 33.26	300m: 3:18.17 34.18	400m: 4:25.89 33.71	
8. Słupek Roksana SB	99 SMS Bydgoszcz	4:26.86	25,00	678
50m: 30.52 30.52	150m: 1:37.35 33.90	250m: 2:45.37 33.90	350m: 3:53.17 33.86	
100m: 1:03.45 32.93	200m: 2:11.47 34.12	300m: 3:19.31 33.94	400m: 4:26.86 33.69	
9. Górecka Weronika	00 SMS Wrocław	4:27.47	24,00	674
50m: 30.55 30.55	150m: 1:38.33 34.15	250m: 2:46.32 33.96	350m: 3:54.45 34.06	
100m: 1:04.18 33.63	200m: 2:12.36 34.03	300m: 3:20.39 34.07	400m: 4:27.47 33.02	
10. Klimek Marta	03 SMS O wi cim	4:28.14	23,00	669
50m: 30.42 30.42	150m: 1:36.98 33.52	250m: 2:45.61 34.50	350m: 3:54.90 34.70	
100m: 1:03.46 33.04	200m: 2:11.11 34.13	300m: 3:20.20 34.59	400m: 4:28.14 33.24	
11. Pisarek Justyna	00 SMS O wi cim	4:28.63	22,00	665
50m: 30.89 30.89	150m: 1:37.93 33.73	250m: 2:46.22 34.29	350m: 3:54.92 34.20	
100m: 1:04.20 33.31	200m: 2:11.93 34.00	300m: 3:20.72 34.50	400m: 4:28.63 33.71	
12. Jaszczuk Ewa SOL	02 SMS Olsztyn	4:29.56	21,00	658
50m: 30.59 30.59	150m: 1:38.41 34.27	250m: 2:47.39 34.59	350m: 3:56.58 34.46	
100m: 1:04.14 33.55	200m: 2:12.80 34.39	300m: 3:22.12 34.73	400m: 4:29.56 32.98	

wyniki: www.megatiming.pl

obsługa infor.: zawody.olsztyn@interia.pl

EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-03 10:00 - Strona 1



Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 19, Kobiety, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.	FINA		
13.	Reks Aleksandra		00	SMS Szczecin				4:30.09	20,00	654		
	50m:	30.97	30.97	150m:	1:38.32	33.96	250m:	2:46.12	33.89	350m:	3:55.28	34.83
	100m:	1:04.36	33.39	200m:	2:12.23	33.91	300m:	3:20.45	34.33	400m:	4:30.09	34.81
14.	Miciak Agata		02	ZSMS Gorzów Wlkp.				4:32.84	19,00	635		
	50m:	30.57	30.57	150m:	1:38.98	34.67	250m:	2:48.87	35.09	350m:	3:59.29	35.10
	100m:	1:04.31	33.74	200m:	2:13.78	34.80	300m:	3:24.19	35.32	400m:	4:32.84	33.55
15.	Pi ko Natalia		02	SMS Łódź				4:32.92	18,00	634		
	50m:	30.99	30.99	150m:	1:39.38	34.55	250m:	2:48.45	34.59	350m:	3:58.34	34.94
	100m:	1:04.83	33.84	200m:	2:13.86	34.48	300m:	3:23.40	34.95	400m:	4:32.92	34.58
16.	Bednarek Zuzanna		01	SMS Łódź				4:34.15	17,00	626		
	50m:	30.73	30.73	150m:	1:38.58	34.45	250m:	2:48.49	35.08	350m:	4:00.25	35.73
	100m:	1:04.13	33.40	200m:	2:13.41	34.83	300m:	3:24.52	36.03	400m:	4:34.15	33.90
17.	Wicha Karolina SOc		01	SMS Ostrowiec w.				4:34.45	16,00	623		
	50m:	31.91	31.91	150m:	1:40.21	34.24	250m:	2:49.75	34.86	350m:	4:00.43	35.19
	100m:	1:05.97	34.06	200m:	2:14.89	34.68	300m:	3:25.24	35.49	400m:	4:34.45	34.02
18.	licznik Weronika SL		99	SMS Lublin				4:34.90	-	620		
	50m:	32.64	32.64	150m:	1:41.08	34.12	250m:	2:50.66	34.84	350m:	4:00.71	35.27
	100m:	1:06.96	34.32	200m:	2:15.82	34.74	300m:	3:25.44	34.78	400m:	4:34.90	34.19
19.	Włodarczyk Agnieszka		01	SMS Bydgoszcz				4:36.21	15,00	612		
	50m:	31.80	31.80	150m:	1:40.81	34.97	250m:	2:51.62	35.61	350m:	4:01.82	34.98
	100m:	1:05.84	34.04	200m:	2:16.01	35.20	300m:	3:26.84	35.22	400m:	4:36.21	34.39
20.	Szeluga Wiktoria SOL		01	SMS Olsztyn				4:38.82	14,00	595		
	50m:	31.86	31.86	150m:	1:40.67	34.79	250m:	2:51.52	35.81	350m:	4:03.51	35.97
	100m:	1:05.88	34.02	200m:	2:15.71	35.04	300m:	3:27.54	36.02	400m:	4:38.82	35.31
21.	Łukaszewicz Emilia SP		01	SMS Poznań				4:39.99	13,00	587		
	50m:	30.58	30.58	150m:	1:41.04	35.47	250m:	2:53.47	36.33	350m:	4:05.83	36.18
	100m:	1:05.57	34.99	200m:	2:17.14	36.10	300m:	3:29.65	36.18	400m:	4:39.99	34.16
22.	Tomo Martyna		00	SMS Lublin				4:40.18	-	586		
	50m:	32.15	32.15	150m:	1:42.77	35.45	250m:	2:53.88	35.58	350m:	4:05.39	35.65
	100m:	1:07.32	35.17	200m:	2:18.30	35.53	300m:	3:29.74	35.86	400m:	4:40.18	34.79
23.	Malinowska Zuzanna		00	SMS Wrocław				4:40.66	12,00	583		
	50m:	32.98	32.98	150m:	1:46.00	36.62	250m:	2:59.28	36.45	350m:	4:06.57	34.03
	100m:	1:09.38	36.40	200m:	2:22.83	36.83	300m:	3:32.54	33.26	400m:	4:40.66	34.09
24.	Serafin Magdalena		01	SMS Kraków				4:40.93	11,00	581		
	50m:	31.12	31.12	150m:	1:39.55	34.69	250m:	2:51.31	35.98	350m:	4:04.88	36.78
	100m:	1:04.86	33.74	200m:	2:15.33	35.78	300m:	3:28.10	36.79	400m:	4:40.93	36.05
25.	Błajet Oliwia SP		00	SMS Poznań				4:41.51	10,00	578		
	50m:	31.49	31.49	150m:	1:40.75	35.12	250m:	2:51.74	35.59	350m:	4:04.93	37.03
	100m:	1:05.63	34.14	200m:	2:16.15	35.40	300m:	3:27.90	36.16	400m:	4:41.51	36.58
26.	mietana Karolina		01	SMS Kraków				4:42.10	-	574		
	50m:	32.56	32.56	150m:	1:43.54	35.58	250m:	2:55.52	36.44	350m:	4:07.78	36.17
	100m:	1:07.96	35.40	200m:	2:19.08	35.54	300m:	3:31.61	36.09	400m:	4:42.10	34.32
27.	Rutkowska Wiktoria SB		99	SMS Bydgoszcz				4:42.48	-	572		
	50m:	32.04	32.04	150m:	1:42.59	35.51	250m:	2:54.68	36.09	350m:	4:06.89	36.09
	100m:	1:07.08	35.04	200m:	2:18.59	36.00	300m:	3:30.80	36.12	400m:	4:42.48	35.59



Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I 16/17
Olsztyn, 2- - 3-12-2016

Konkurencja 19, Kobiet, 400m dowolny, Open

Pozycja		Rok ur.					Czas		Pkt.	FINA
28.	Zarembik Katarzyna SR	02	SMS Racibórz				4:42.71		9,00	570
	50m: 32.19 32.19		150m: 1:42.63 35.45		250m: 2:55.20		36.40	350m: 4:08.49		36.66
	100m: 1:07.18 34.99		200m: 2:18.80 36.17		300m: 3:31.83		36.63	400m: 4:42.71		34.22
29.	Jasiorska Aleksandra	02	SMS Warszawa				4:43.41		8,00	566
	50m: 32.69 32.69		150m: 1:43.13 35.28		250m: 2:54.68		36.04	350m: 4:07.35		36.50
	100m: 1:07.85 35.16		200m: 2:18.64 35.51		300m: 3:30.85		36.17	400m: 4:43.41		36.06
30.	Kulesza Weronika	02	ZSMS Gorzów Wlkp.				4:46.40		7,00	549
	50m: 32.29 32.29		150m: 1:43.89 36.15		250m: 2:57.71		36.85	350m: 4:11.66		36.87
	100m: 1:07.74 35.45		200m: 2:20.86 36.97		300m: 3:34.79		37.08	400m: 4:46.40		34.74
31.	Bilska Natalia	01	SMS Gda sk				4:47.91		6,00	540
	50m: 33.45 33.45		150m: 1:47.11 37.19		250m: 2:59.98		35.76	350m: 4:12.46		36.42
	100m: 1:09.92 36.47		200m: 2:24.22 37.11		300m: 3:36.04		36.06	400m: 4:47.91		35.45
32.	Ciporska Katarzyna	00	SMS Warszawa				4:49.55		5,00	531
	50m: 32.65 32.65		150m: 1:44.31 36.30		250m: 2:58.09		36.95	350m: 4:12.98		37.41
	100m: 1:08.01 35.36		200m: 2:21.14 36.83		300m: 3:35.57		37.48	400m: 4:49.55		36.57
33.	I ycka Marta SR	00	SMS Racibórz				4:50.11		4,00	528
	50m: 32.55 32.55		150m: 1:44.63 36.48		250m: 2:58.14		36.83	350m: 4:13.06		37.77
	100m: 1:08.15 35.60		200m: 2:21.31 36.68		300m: 3:35.29		37.15	400m: 4:50.11		37.05
34.	Czepulanic Alicja	02	ZSMS Gorzów Wlkp.				4:55.15		-	501
	50m: 33.07 33.07		150m: 1:47.01 37.64		250m: 3:02.68		37.90	350m: 4:18.91		37.98
	100m: 1:09.37 36.30		200m: 2:24.78 37.77		300m: 3:40.93		38.25	400m: 4:55.15		36.24
35.	Lewandowska Magdalena	02	SMS Gda sk				4:56.78		3,00	493
	50m: 32.14 32.14		150m: 1:45.38 37.07		250m: 3:01.53		38.16	350m: 4:18.36		38.56
	100m: 1:08.31 36.17		200m: 2:23.37 37.99		300m: 3:39.80		38.27	400m: 4:56.78		38.42
36.	Czernik Natalia SOc	03	SMS Ostrowiec w.				5:07.69		-	442
	50m: 34.53 34.53		150m: 1:51.48 38.43		250m: 3:10.86		40.24	350m: 4:30.08		39.08
	100m: 1:13.05 38.52		200m: 2:30.62 39.14		300m: 3:51.00		40.14	400m: 5:07.69		37.61
37.	Trypucka Klaudia SOL	03	SMS Olsztyn				5:09.62		-	434
	50m: 34.28 34.28		150m: 1:53.14 40.24		250m: 3:13.37		39.77	350m: 4:33.14		39.89
	100m: 1:12.90 38.62		200m: 2:33.60 40.46		300m: 3:53.25		39.88	400m: 5:09.62		36.48
38.	Bła ejczyk Karolina	03	SMS Gda sk				5:10.50		-	430
	50m: 36.26 36.26		150m: 1:54.32 39.20		250m: 3:13.80		39.49	350m: 4:33.13		39.09
	100m: 1:15.12 38.86		200m: 2:34.31 39.99		300m: 3:54.04		40.24	400m: 5:10.50		37.37
39.	Maksim Matylda	00	SMS Gda sk				5:12.29		-	423
	50m: 34.73 34.73		150m: 1:52.69 39.36		250m: 3:12.89		40.42	350m: 4:33.58		40.25
	100m: 1:13.33 38.60		200m: 2:32.47 39.78		300m: 3:53.33		40.44	400m: 5:12.29		38.71
PK W	grzynowska Aleksandra	01	SMS Wrocław				4:26.79		-	679
	50m: 29.95 29.95		150m: 1:36.98 33.72		250m: 2:44.55		33.87	350m: 3:53.00		34.37
	100m: 1:03.26 33.31		200m: 2:10.68 33.70		300m: 3:18.63		34.08	400m: 4:26.79		33.79