

GRAND PRIX WARMII I MAZUR W PŁYWANIU 10-11.12.2016
OLSZTYN, 10 - 11-12-2016

Konkurencja 28

Kobiet, 400m zmienny

13 - 18 lat

2016-12-11 - 14:06

Wyniki

Rekord PL Open	4:31.89	Baranowska Katarzyna	00116	Debrecen (HUN)	2007-12-16
Rekord PL 13	4:54.66	Knop Aleksandra	05	Raciborz	2016-10-15
Rekord PL 14	4:53.86	Sie czyk Jowita	00903	Poznan	2011-12-18
Rekord PL 15	4:44.76	Halicka Lidia		Olsztyn	2016-12-02
Rekord PL 16	4:42.49	Jedrzejczak Otylia	POL	???	1999-12-01
Rekord PL 17	4:33.26	Nitka Aleksandra	01006	Zabierzow	2010-10-09
Rekord PL 18	4:33.70	Baranowska Katarzyna	POL	Trieste (ITA)	2005-12-11

Punkty: FINA 2016

Pozycja	Rok ur.	Imię i nazwisko	Time	Pkt.
13 lat				
1.	03	Iuks Muszelka	5:13.48	566
		50m: 35.16 35.16 150m: 1:53.35 39.92 250m: 3:17.59 44.84 350m: 4:38.67 35.22		
		100m: 1:13.43 38.27 200m: 2:32.75 39.40 300m: 4:03.45 45.86 400m: 5:13.48 34.81		
2.	03	Iuks Muszelka	5:19.54	535
		50m: 33.52 33.52 150m: 1:54.20 41.92 250m: 3:21.34 46.28 350m: 4:44.72 36.22		
		100m: 1:12.28 38.76 200m: 2:35.06 40.86 300m: 4:08.50 47.16 400m: 5:19.54 34.82		
3.	03	UKS G-8 Bielany Warszawa	5:25.15	508
		50m: 34.62 34.62 150m: 1:55.59 42.59 250m: 3:23.16 45.25 350m: 4:47.40 38.50		
		100m: 1:13.00 38.38 200m: 2:37.91 42.32 300m: 4:08.90 45.74 400m: 5:25.15 37.75		
4.	03	MUKS Olimpijczyk	5:26.23	503
		50m: 35.52 35.52 150m: 1:56.51 41.01 250m: 3:24.74 46.64 350m: 4:50.71 37.51		
		100m: 1:15.50 39.98 200m: 2:38.10 41.59 300m: 4:13.20 48.46 400m: 5:26.23 35.52		
5.	03	Dwójka Tczew	5:27.12	498
		50m: 36.29 36.29 150m: 2:01.73 41.01 250m: 3:28.17 46.47 350m: 4:52.59 36.61		
		100m: 1:20.72 44.43 200m: 2:41.70 39.97 300m: 4:15.98 47.81 400m: 5:27.12 34.53		
6.	03	UKS G-8 Bielany Warszawa	5:34.06	468
		50m: 34.96 34.96 150m: 1:58.18 42.48 250m: 3:25.99 44.97 350m: 4:54.01 40.55		
		100m: 1:15.70 40.74 200m: 2:41.02 42.84 300m: 4:13.46 47.47 400m: 5:34.06 40.05		
7.	03	Fitnes RUMYANTSEVO	5:39.94	444
		50m: 35.96 35.96 150m: 2:04.25 43.60 250m: 3:34.10 47.07 350m: 5:01.53 38.80		
		100m: 1:20.65 44.69 200m: 2:47.03 42.78 300m: 4:22.73 48.63 400m: 5:39.94 38.41		
8.	03	Kaunas swimming school	5:50.13	406
		50m: 37.12 37.12 150m: 2:03.77 40.80 250m: 3:35.83 52.29 350m: 5:09.82 42.04		
		100m: 1:22.97 45.85 200m: 2:43.54 39.77 300m: 4:27.78 51.95 400m: 5:50.13 40.31		
14 lat				
1.	02	Buks Warszawa	4:59.71	648
		50m: 32.36 32.36 150m: 1:47.66 38.82 250m: 3:08.83 42.80 350m: 4:26.40 34.62		
		100m: 1:08.84 36.48 200m: 2:26.03 38.37 300m: 3:51.78 42.95 400m: 4:59.71 33.31		
2.	02	MKS Medyk Gi ycko	5:04.76	617
		50m: 32.06 32.06 150m: 1:48.49 38.62 250m: 3:10.56 43.10 350m: 4:29.81 35.17		
		100m: 1:09.87 37.81 200m: 2:27.46 38.97 300m: 3:54.64 44.08 400m: 5:04.76 34.95		
3.	02	ORKA Grudzi dz	5:27.42	497
		50m: 35.09 35.09 150m: 1:58.64 41.62 250m: 3:25.90 47.60 350m: 4:52.16 37.69		
		100m: 1:17.02 41.93 200m: 2:38.30 39.66 300m: 4:14.47 48.57 400m: 5:27.42 35.26		

GRAND PRIX WARMII I MAZUR W PŁYWANIU 10-11.12.2016
OLSZTYN, 10 - 11-12-2016

Konkurencja 28, Kobiet, 400m zmienny

16 lat

1.	Kujawska Katarzyna	00	MTKP Delfin Toru	5:15.04	558
	50m: 33.80 33.80	150m: 1:51.74 40.13	250m: 3:16.60 45.12	350m: 4:39.14 36.96	
	100m: 1:11.61 37.81	200m: 2:31.48 39.74	300m: 4:02.18 45.58	400m: 5:15.04 35.90	
PK	Cierpiałowska Paulina	05	Mał Wopr	5:37.14	455
	50m: 34.69 34.69	150m: 1:58.70 42.70	250m: 3:31.52 51.09	350m: 5:01.19 38.12	
	100m: 1:16.00 41.31	200m: 2:40.43 41.73	300m: 4:23.07 51.55	400m: 5:37.14 35.95	