



Istniejemy dla Was od 50 lat.



### Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców Olsztyn, 15- - 18-12-2016

Konkurencja 11  
2016-12-15 - 11:46

M czyzn, 400m dowolny

OPEN  
Wyniki Eliminacje

Rekord Polski Open	3:37.57	Wojdak Wojciech	POL	Netanya (ISR)	2015-12-02
Rekord Polski 14	3:59.77	Zoniuk Maciej	POL	Saint Dizier (FRA)	2008-11-15
Rekord Polski 15	3:50.76	Młynarczyk Karol	POL	Lublin	2015-12-17
Rekord Polski 16	3:47.70	Wojdak Wojciech	POL	Ostrowiec Sw.	2012-12-19
Rekord Polski 17	3:45.26	Wojdak Wojciech	POL	Ostrowiec Sw	2013-12-19
Rekord Polski 18	3:41.69	Wojdak Wojciech	POL	Ostrowiec Sw	2014-12-18

Punkty: FINA 2016

Pozycja			Wiek				Czas		Pkt.	
1.	Zaborowski Filip		22	MKP Szczecin			<b>3:48.41</b>	802	A	
	50m: 26.69	26.69	150m: 1:24.06	28.84	250m: 2:22.41	29.12	350m: 3:20.05	28.70		
	100m: 55.22	28.53	200m: 1:53.29	29.23	300m: 2:51.35	28.94	400m: 3:48.41	28.36		
2.	Klich Kacper		22	WKS I sk Wrocław			<b>3:48.97</b>	796	A	
	50m: 25.97	25.97	150m: 1:23.15	28.96	250m: 2:21.17	28.98	350m: 3:19.93	29.29		
	100m: 54.19	28.22	200m: 1:52.19	29.04	300m: 2:50.64	29.47	400m: 3:48.97	29.04		
3.	Wojdak Wojciech		20	UKP UNIA O wi cim			<b>3:49.09</b>	795	A	
	50m: 25.97	25.97	150m: 1:23.00	28.76	250m: 2:21.03	29.04	350m: 3:19.74	29.43		
	100m: 54.24	28.27	200m: 1:51.99	28.99	300m: 2:50.31	29.28	400m: 3:49.09	29.35		
4.	Kału y ski Antoni		17	MUKP Warszawianka Wodny Park			<b>3:49.22</b>	793	A	
	50m: 26.39	26.39	150m: 1:24.02	28.69	250m: 2:22.42	29.11	350m: 3:20.82	29.27		
	100m: 55.33	28.94	200m: 1:53.31	29.29	300m: 2:51.55	29.13	400m: 3:49.22	28.40		
5.	Arndt Mateusz		18	KS Delfin Gdynia			<b>3:50.17</b>	784	A	
	50m: 26.56	26.56	150m: 1:24.72	29.16	250m: 2:22.80	28.95	350m: 3:21.33	29.41		
	100m: 55.56	29.00	200m: 1:53.85	29.13	300m: 2:51.92	29.12	400m: 3:50.17	28.84		
6.	Pielowski Krzysztof		25	MTP KORMORAN Olsztyn			<b>3:50.84</b>	777	A	
	50m: 26.70	26.70	150m: 1:23.98	28.80	250m: 2:22.13	29.12	350m: 3:21.39	29.81		
	100m: 55.18	28.48	200m: 1:53.01	29.03	300m: 2:51.58	29.45	400m: 3:50.84	29.45		
7.	Kasztelan Mateusz SOL		18	MTP KORMORAN Olsztyn			<b>3:51.50</b>	770	A	
	50m: 26.45	26.45	150m: 1:24.74	29.31	250m: 2:23.50	29.43	350m: 3:22.42	29.56		
	100m: 55.43	28.98	200m: 1:54.07	29.33	300m: 2:52.86	29.36	400m: 3:51.50	29.08		
8.	Bi Daniel		21	AZS AWF Warszawa			<b>3:51.78</b>	767	A	
	50m: 26.55	26.55	150m: 1:23.11	28.50	250m: 2:21.86	29.43	350m: 3:21.48	30.01		
	100m: 54.61	28.06	200m: 1:52.43	29.32	300m: 2:51.47	29.61	400m: 3:51.78	30.30		
9.	Krawczyk Paweł		17	BUKS Warszawa			<b>3:52.22</b>	763	A	
	50m: 26.80	26.80	150m: 1:24.67	29.20	250m: 2:23.78	29.35	350m: 3:23.51	29.80		
	100m: 55.47	28.67	200m: 1:54.43	29.76	300m: 2:53.71	29.93	400m: 3:52.22	28.71		
10.	Jura Maciej		20	WKS I sk Wrocław			<b>3:53.51</b>	750	A	
	50m: 26.70	26.70	150m: 1:24.56	29.27	250m: 2:23.85	29.98	350m: 3:24.46	30.26		
	100m: 55.29	28.59	200m: 1:53.87	29.31	300m: 2:54.20	30.35	400m: 3:53.51	29.05		
11.	Bujak Piotr		19	SALOS CORTILE Kielce			<b>3:54.05</b>	745	B	
	50m: 27.05	27.05	150m: 1:25.53	29.33	250m: 2:24.98	29.73	350m: 3:24.91	30.07		
	100m: 56.20	29.15	200m: 1:55.25	29.72	300m: 2:54.84	29.86	400m: 3:54.05	29.14		
12.	Koziejko Bartłomiej SOL		16	MTP KORMORAN Olsztyn			<b>3:54.81</b>	738	B	
	50m: 26.76	26.76	150m: 1:25.11	29.44	250m: 2:24.88	29.99	350m: 3:25.63	30.29		
	100m: 55.67	28.91	200m: 1:54.89	29.78	300m: 2:55.34	30.46	400m: 3:54.81	29.18		
13.	D bski DOMINIK SSz		18	MKP Szczecin			<b>3:55.37</b>	733	B	
	50m: 27.39	27.39	150m: 1:26.08	29.48	250m: 2:25.67	29.75	350m: 3:25.77	30.11		
	100m: 56.60	29.21	200m: 1:55.92	29.84	300m: 2:55.66	29.99	400m: 3:55.37	29.60		

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-18 15:49 - Strona 1





Istniejemy dla Was od 50 lat.



### Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców Olsztyn, 15- 18-12-2016

#### Konkurencja 11, M czynn, 400m dowolny, Eliminacje, OPEN

Pozycja	Wiek				Czas	Pkt.
14. Osses Arkadiusz	21	KS Warta Pozna	<b>3:55.38</b>	733	B	
50m: 27.37 27.37	150m: 1:25.91 29.48	250m: 2:25.60 30.02	350m: 3:25.47 30.02			
100m: 56.43 29.06	200m: 1:55.58 29.67	300m: 2:55.45 29.85	400m: 3:55.38 29.91			
15. Jaszczak Wiktor	19	WKS I sk Wrocław	<b>3:55.58</b>	731	B	
50m: 27.16 27.16	150m: 1:25.41 29.28	250m: 2:25.02 29.82	350m: 3:25.63 30.54			
100m: 56.13 28.97	200m: 1:55.20 29.79	300m: 2:55.09 30.07	400m: 3:55.58 29.95			
16. Bru dziak Maciej SOL	18	MTP KORMORAN Olsztyn	<b>3:55.83</b>	729	B	
50m: 26.50 26.50	150m: 1:25.78 30.09	250m: 2:26.10 30.14	350m: 3:26.67 30.35			
100m: 55.69 29.19	200m: 1:55.96 30.18	300m: 2:56.32 30.22	400m: 3:55.83 29.16			
17. Choda Alan SOL	18	MTP KORMORAN Olsztyn	<b>3:55.86</b>	728	B	
50m: 26.68 26.68	150m: 1:26.00 29.96	250m: 2:26.46 30.32	350m: 3:27.01 30.14			
100m: 56.04 29.36	200m: 1:56.14 30.14	300m: 2:56.87 30.41	400m: 3:55.86 28.85			
18. Głyk Wojciech	24	AZS AWF Katowice	<b>3:56.12</b>	726	B	
50m: 27.04 27.04	150m: 1:25.03 29.11	250m: 2:24.80 30.09	350m: 3:25.60 30.33			
100m: 55.92 28.88	200m: 1:54.71 29.68	300m: 2:55.27 30.47	400m: 3:56.12 30.52			
19. Smeja Sławomir	22	AZS AWF Katowice	<b>3:57.01</b>	718	B	
50m: 26.51 26.51	150m: 1:24.43 29.34	250m: 2:24.38 30.11	350m: 3:26.25 31.21			
100m: 55.09 28.58	200m: 1:54.27 29.84	300m: 2:55.04 30.66	400m: 3:57.01 30.76			
20. Kaczmarski Marcin	22	AZS AWF Warszawa	<b>3:57.19</b>	716	B	
50m: 26.07 26.07	150m: 1:24.90 29.65	250m: 2:25.40 30.30	350m: 3:26.93 30.84			
100m: 55.25 29.18	200m: 1:55.10 30.20	300m: 2:56.09 30.69	400m: 3:57.19 30.26			
21. Małycka Bartosz SL	17	UKS Skarpa Lublin	<b>3:57.71</b>	711	R	
50m: 26.60 26.60	150m: 1:25.85 29.83	250m: 2:26.04 29.96	350m: 3:27.51 30.95			
100m: 56.02 29.42	200m: 1:56.08 30.23	300m: 2:56.56 30.52	400m: 3:57.71 30.20			
22. Sobczyk Maciej	21	AZS-AGH Kraków	<b>3:58.25</b>	707	R	
50m: 27.67 27.67	150m: 1:27.75 30.30	250m: 2:28.40 30.27	350m: 3:28.65 30.19			
100m: 57.45 29.78	200m: 1:58.13 30.38	300m: 2:58.46 30.06	400m: 3:58.25 29.60			
23. Rogozi ski Mateusz Soc	17	KS KSZO Ostrowiec w.	<b>3:59.17</b>	698		
50m: 27.95 27.95	150m: 1:28.43 30.55	250m: 2:29.14 30.12	350m: 3:29.83 30.01			
100m: 57.88 29.93	200m: 1:59.02 30.59	300m: 2:59.82 30.68	400m: 3:59.17 29.34			
24. Zwoli ski Marcin	19	AZS AWF Katowice	<b>3:59.41</b>	696		
50m: 27.20 27.20	150m: 1:26.40 29.66	250m: 2:27.04 30.33	350m: 3:28.87 31.16			
100m: 56.74 29.54	200m: 1:56.71 30.31	300m: 2:57.71 30.67	400m: 3:59.41 30.54			
25. Młynarczyk Karol	16	UKS G - 8 Bielany	<b>3:59.48</b>	696		
50m: 26.90 26.90	150m: 1:24.91 29.30	250m: 2:25.20 30.42	350m: 3:27.78 31.46			
100m: 55.61 28.71	200m: 1:54.78 29.87	300m: 2:56.32 31.12	400m: 3:59.48 31.70			
26. Kiełczewski AMADEUSZ SSz	16	MKP Szczecin	<b>3:59.59</b>	695		
50m: 26.82 26.82	150m: 1:26.67 30.31	250m: 2:26.80 30.19	350m: 3:26.15 29.01			
100m: 56.36 29.54	200m: 1:56.61 29.94	300m: 2:57.14 30.34	400m: 3:59.59 33.44			
27. Rybak Konrad SOL	18	PIRANIA Targówek	<b>3:59.65</b>	694		
50m: 28.00 28.00	150m: 1:28.16 30.37	250m: 2:28.76 30.28	350m: 3:29.79 30.62			
100m: 57.79 29.79	200m: 1:58.48 30.32	300m: 2:59.17 30.41	400m: 3:59.65 29.86			
28. Gierszewski Jan SB	18	MUKS Pi tnastrka Bydgoszcz	<b>3:59.91</b>	692		
50m: 28.13 28.13	150m: 1:28.94 30.69	250m: 2:29.98 30.46	350m: 3:30.17 29.69			
100m: 58.25 30.12	200m: 1:59.52 30.58	300m: 3:00.48 30.50	400m: 3:59.91 29.74			

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2016-12-18 15:49 - Strona 2





Istniejemy dla Was od 50 lat.



### Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców Olsztyn, 15- 18-12-2016

#### Konkurencja 11, M czynn, 400m dowolny, Eliminacje, OPEN

Pozycja			Wiek					Czas	Pkt.
29.	Olender Karol		20	KS AZS-AWFIS Gda sk				<b>3:59.93</b>	692
	50m:	27.58 27.58	150m:	1:27.52 30.30	250m:	2:28.16 30.44	350m:	3:29.74 30.67	
	100m:	57.22 29.64	200m:	1:57.72 30.20	300m:	2:59.07 30.91	400m:	3:59.93 30.19	
30.	Rój KONRAD SSz		18	MKP Szczecin				<b>4:00.69</b>	685
	50m:	27.50 27.50	150m:	1:27.59 30.31	250m:	2:29.16 30.97	350m:	3:31.18 31.01	
	100m:	57.28 29.78	200m:	1:58.19 30.60	300m:	3:00.17 31.01	400m:	4:00.69 29.51	
31.	Orlicz Filip		14	UKS G - 8 Bielany				<b>4:01.05</b>	682
	50m:	26.87 26.87	150m:	1:26.96 30.51	250m:	2:28.88 30.98	350m:	3:31.52 31.29	
	100m:	56.45 29.58	200m:	1:57.90 30.94	300m:	3:00.23 31.35	400m:	4:01.05 29.53	
32.	Kempa Mikołaj SO		17	MMKS K dzierzyn Ko le				<b>4:01.18</b>	681
	50m:	27.34 27.34	150m:	1:28.74 31.28	250m:	2:30.88 30.90	350m:	3:31.73 29.81	
	100m:	57.46 30.12	200m:	1:59.98 31.24	300m:	3:01.92 31.04	400m:	4:01.18 29.45	
33.	Fr czek Paweł		18	MKP Gda sk				<b>4:01.24</b>	681
	50m:	27.36 27.36	150m:	1:27.60 30.51	250m:	2:29.43 31.00	350m:	3:31.45 30.95	
	100m:	57.09 29.73	200m:	1:58.43 30.83	300m:	3:00.50 31.07	400m:	4:01.24 29.79	
34.	Bryła Kamil SL		17	KU AZS UMCS Lublin				<b>4:01.91</b>	675
	50m:	27.33 27.33	150m:	1:27.81 30.66	250m:	2:29.75 30.99	350m:	3:31.91 31.03	
	100m:	57.15 29.82	200m:	1:58.76 30.95	300m:	3:00.88 31.13	400m:	4:01.91 30.00	
35.	Kalkowski Dawid SOL		16	MTP KORMORAN Olsztyn				<b>4:01.95</b>	675
	50m:	27.91 27.91	150m:	1:28.28 30.60	250m:	2:30.27 31.04	350m:	3:32.42 30.81	
	100m:	57.68 29.77	200m:	1:59.23 30.95	300m:	3:01.61 31.34	400m:	4:01.95 29.53	
36.	Popis EMIL SSz		18	MKP Szczecin				<b>4:02.08</b>	674
	50m:	27.39 27.39	150m:	1:27.31 30.31	250m:	2:29.21 31.09	350m:	3:31.81 31.35	
	100m:	57.00 29.61	200m:	1:58.12 30.81	300m:	3:00.46 31.25	400m:	4:02.08 30.27	
37.	Topolski Arkadiusz SO		18	UKP UNIA O wi cim				<b>4:02.48</b>	670
	50m:	26.89 26.89	150m:	1:26.55 30.15	250m:	2:28.42 31.02	350m:	3:31.31 31.40	
	100m:	56.40 29.51	200m:	1:57.40 30.85	300m:	2:59.91 31.49	400m:	4:02.48 31.17	
38.	Czerniak Konrad SL		18	UKS Skarpa Lublin				<b>4:02.94</b>	666
	50m:	28.73 28.73	150m:	1:31.56 31.42	250m:	2:33.37 30.56	350m:	3:33.80 29.73	
	100m:	1:00.14 31.41	200m:	2:02.81 31.25	300m:	3:04.07 30.70	400m:	4:02.94 29.14	
39.	Wawrzy czak Alan SL		17	UKS Skarpa Lublin				<b>4:03.11</b>	665
	50m:	28.44 28.44	150m:	1:29.85 30.93	250m:	2:31.57 30.85	350m:	3:32.87 30.49	
	100m:	58.92 30.48	200m:	2:00.72 30.87	300m:	3:02.38 30.81	400m:	4:03.11 30.24	
40.	Hojda Bartłomiej SO		18	UKP UNIA O wi cim				<b>4:04.13</b>	657
	50m:	28.24 28.24	150m:	1:29.45 31.02	250m:	2:31.53 31.18	350m:	3:33.82 31.09	
	100m:	58.43 30.19	200m:	2:00.35 30.90	300m:	3:02.73 31.20	400m:	4:04.13 30.31	
41.	Pytlarczyk Szymon		16	MUKP Warszawianka Wodny Park				<b>4:04.15</b>	657
	50m:	28.51 28.51	150m:	1:30.55 31.02	250m:	2:32.50 30.84	350m:	3:35.42 31.76	
	100m:	59.53 31.02	200m:	2:01.66 31.11	300m:	3:03.66 31.16	400m:	4:04.15 28.73	
42.	Guzior Maciej		16	MZOS Płock				<b>4:05.17</b>	648
	50m:	27.25 27.25	150m:	1:29.19 31.40	250m:	2:32.18 31.31	350m:	3:35.04 31.33	
	100m:	57.79 30.54	200m:	2:00.87 31.68	300m:	3:03.71 31.53	400m:	4:05.17 30.13	
43.	Borkowski Kacper SL		16	CSiR MOS D browa Górnicza				<b>4:06.08</b>	641
	50m:	28.50 28.50	150m:	1:30.96 31.18	250m:	2:33.49 30.86	350m:	3:35.32 30.57	
	100m:	59.78 31.28	200m:	2:02.63 31.67	300m:	3:04.75 31.26	400m:	4:06.08 30.76	

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Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-18 15:49 - Strona 3





Istniejemy  
dla Was od 50 lat.



Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców  
Olsztyn, 15- 18-12-2016

Konkurencja 11, M czynn, 400m dowolny, Eliminacje, OPEN

Pozycja			Wiek				Czas	Pkt.
44.	Komosa Maciej SWwa	17	MKS Polonia Warszawa		<b>4:06.09</b>	641		
	50m: 27.85 27.85	150m: 1:28.90 30.72	250m: 2:31.37 31.11	350m: 3:35.19 32.15				
	100m: 58.18 30.33	200m: 2:00.26 31.36	300m: 3:03.04 31.67	400m: 4:06.09 30.90				
45.	Kaczorowski Jakub	19	UKS G - 8 Bielany		<b>4:07.03</b>	634		
	50m: 27.33 27.33	150m: 1:28.45 31.09	250m: 2:32.13 31.88	350m: 3:36.21 31.97				
	100m: 57.36 30.03	200m: 2:00.25 31.80	300m: 3:04.24 32.11	400m: 4:07.03 30.82				
46.	W sowski J drzej SOL	16	MTP KORMORAN Olsztyn		<b>4:07.28</b>	632		
	50m: 28.35 28.35	150m: 1:29.97 31.04	250m: 2:32.65 31.27	350m: 3:36.26 31.89				
	100m: 58.93 30.58	200m: 2:01.38 31.41	300m: 3:04.37 31.72	400m: 4:07.28 31.02				
47.	Tarady Jakub SZG	16	TP Zielona Góra		<b>4:07.37</b>	631		
	50m: 28.47 28.47	150m: 1:31.30 31.69	250m: 2:34.53 31.68	350m: 3:37.75 31.27				
	100m: 59.61 31.14	200m: 2:02.85 31.55	300m: 3:06.48 31.95	400m: 4:07.37 29.62				
48.	Dyba Jakub	18	Posnania Pozna		<b>4:07.68</b>	629		
	50m: 27.45 27.45	150m: 1:29.02 30.98	250m: 2:31.85 31.58	350m: 3:35.96 32.06				
	100m: 58.04 30.59	200m: 2:00.27 31.25	300m: 3:03.90 32.05	400m: 4:07.68 31.72				
49.	Chałat Stanisław SL	17	UKS Skarpa Lublin		<b>4:07.70</b>	629		
	50m: 28.45 28.45	150m: 1:31.52 31.95	250m: 2:34.76 31.56	350m: 3:37.88 31.46				
	100m: 59.57 31.12	200m: 2:03.20 31.68	300m: 3:06.42 31.66	400m: 4:07.70 29.82				
50.	Krzykała Emil	15	KP AVIA widnik		<b>4:08.48</b>	623		
	50m: 27.21 27.21	150m: 1:28.55 31.29	250m: 2:31.53 31.50	350m: 3:36.28 32.87				
	100m: 57.26 30.05	200m: 2:00.03 31.48	300m: 3:03.41 31.88	400m: 4:08.48 32.20				
51.	Fiks Krzysztof	16	Uks 190 Łód		<b>4:08.98</b>	619		
	50m: 28.34 28.34	150m: 1:30.63 31.38	250m: 2:33.88 31.89	350m: 3:38.19 32.36				
	100m: 59.25 30.91	200m: 2:01.99 31.36	300m: 3:05.83 31.95	400m: 4:08.98 30.79				
52.	Macner Michał SOL	17	MTP KORMORAN Olsztyn		<b>4:09.50</b>	615		
	50m: 28.34 28.34	150m: 1:29.94 31.09	250m: 2:33.48 31.79	350m: 3:38.05 32.45				
	100m: 58.85 30.51	200m: 2:01.69 31.75	300m: 3:05.60 32.12	400m: 4:09.50 31.45				
53.	Bednarz Mateusz SL	17	UKS Skarpa Lublin		<b>4:09.63</b>	614		
	50m: 29.49 29.49	150m: 1:33.63 32.11	250m: 2:37.18 31.68	350m: 3:39.91 31.05				
	100m: 1:01.52 32.03	200m: 2:05.50 31.87	300m: 3:08.86 31.68	400m: 4:09.63 29.72				
54.	Pawliniak Mariusz	17	MKP Wodnik 29 Tychy		<b>4:09.76</b>	613		
	50m: 28.50 28.50	150m: 1:31.51 31.94	250m: 2:35.23 31.53	350m: 3:38.33 31.69				
	100m: 59.57 31.07	200m: 2:03.70 32.19	300m: 3:06.64 31.41	400m: 4:09.76 31.43				
55.	Wilejto Igor	15	Dwójka Tczew		<b>4:09.78</b>	613		
	50m: 29.05 29.05	150m: 1:32.19 31.83	250m: 2:36.21 31.79	350m: 3:39.35 31.30				
	100m: 1:00.36 31.31	200m: 2:04.42 32.23	300m: 3:08.05 31.84	400m: 4:09.78 30.43				
56.	Napieraj Jan SOL	18	PIRANIA Targówek		<b>4:11.39</b>	601		
	50m: 27.98 27.98	150m: 1:28.40 30.58	250m: 2:32.45 32.52	350m: 3:39.06 33.43				
	100m: 57.82 29.84	200m: 1:59.93 31.53	300m: 3:05.63 33.18	400m: 4:11.39 32.33				
57.	Durajczyk Michał	19	AZS AWF Warszawa		<b>4:11.68</b>	599		
	50m: 27.75 27.75	150m: 1:29.03 30.77	250m: 2:32.88 32.10	350m: 3:38.71 33.15				
	100m: 58.26 30.51	200m: 2:00.78 31.75	300m: 3:05.56 32.68	400m: 4:11.68 32.97				
58.	Krzyma ski Kajetan	15	UKS Gim 92 Ursyn łw W-wa		<b>4:12.47</b>	594		
	50m: 28.01 28.01	150m: 2:03.86 1:04.52	250m: 3:08.00 32.05	350m: 4:12.47 32.05				
	100m: 59.34 31.33	200m: 2:35.95 32.09	300m: 3:40.80 32.80	400m: 4:12.47 32.80				

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

obsługa infor.: [zawody.olsztyn@interia.pl](mailto:zawody.olsztyn@interia.pl)

EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-18 15:49 - Strona 4





Istniejemy  
dla Was od 50 lat.



Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców  
Olsztyn, 15- 18-12-2016

Konkurencja 11, M czynn, 400m dowolny, Eliminacje, OPEN

Pozycja	Wiek							Czas	Pkt.
59. Zagrzejewski Tomasz	15	UKS Gim 92 Ursyn	łw W-wa					<b>4:14.92</b>	577
50m: 29.12 29.12	150m: 1:33.79	32.78	250m: 2:38.53	32.54	350m: 3:43.63	31.72			
100m: 1:01.01 31.89	200m: 2:05.99	32.20	300m: 3:11.91	33.38	400m: 4:14.92	31.29			
60. Lewandowski Michał	16	Zryw Opole						<b>4:15.11</b>	575
50m: 29.12 29.12	150m: 1:33.74	32.55	250m: 2:38.63	32.25	350m: 3:43.63	32.68			
100m: 1:01.19 32.07	200m: 2:06.38	32.64	300m: 3:10.95	32.32	400m: 4:15.11	31.48			
61. Wozniak Kamil	16	UKS FREGATA Kolbuszowa						<b>4:15.22</b>	575
50m: 28.69 28.69	150m: 1:31.83	31.55	250m: 2:36.91	32.79	350m: 3:44.02	33.58			
100m: 1:00.28 31.59	200m: 2:04.12	32.29	300m: 3:10.44	33.53	400m: 4:15.22	31.20			
62. Sadowski Adrian SOL	17	MTP KORMORAN Olsztyn						<b>4:17.12</b>	562
50m: 28.33 28.33	150m: 1:31.50	32.05	250m: 2:36.04	32.05	350m: 3:43.68	34.37			
100m: 59.45 31.12	200m: 2:03.99	32.49	300m: 3:09.31	33.27	400m: 4:17.12	33.44			
63. Lech Filip	15	KP AVIA widnik						<b>4:20.58</b>	540
50m: 28.88 28.88	150m: 1:33.79	32.88	250m: 2:39.76	33.02	350m: 3:47.27	33.70			
100m: 1:00.91 32.03	200m: 2:06.74	32.95	300m: 3:13.57	33.81	400m: 4:20.58	33.31			
64. Kola czyk Kacper	14	MKP Kołobrzeg						<b>4:21.01</b>	537
50m: 29.25 29.25	150m: 1:34.31	32.72	250m: 2:41.30	33.67	350m: 3:49.09	33.83			
100m: 1:01.59 32.34	200m: 2:07.63	33.32	300m: 3:15.26	33.96	400m: 4:21.01	31.92			
65. Bartoszewski Jan	17	MKP Gda sk						<b>4:22.35</b>	529
50m: 28.93 28.93	150m: 1:33.71	33.01	250m: 2:41.28	33.92	350m: 3:49.28	33.75			
100m: 1:00.70 31.77	200m: 2:07.36	33.65	300m: 3:15.53	34.25	400m: 4:22.35	33.07			
66. Senkowski Kacper	15	UKS G - 8 Bielany						<b>4:23.14</b>	524
50m: 29.01 29.01	150m: 1:33.65	32.87	250m: 2:41.87	33.86	350m: 3:50.89	34.74			
100m: 1:00.78 31.77	200m: 2:08.01	34.36	300m: 3:16.15	34.28	400m: 4:23.14	32.25			
67. Gotowski Dominik	14	UKS G - 8 Bielany						<b>4:23.39</b>	523
50m: 29.25 29.25	150m: 1:35.04	33.49	250m: 2:41.02	33.15	350m: 3:49.19	34.02			
100m: 1:01.55 32.30	200m: 2:07.87	32.83	300m: 3:15.17	34.15	400m: 4:23.39	34.20			
68. J drzejewski Mateusz	16	UKS GOS Raszyn						<b>4:23.71</b>	521
50m: 27.98 27.98	150m: 1:30.26	31.92	250m: 2:37.72	34.35	350m: 3:48.44	35.53			
100m: 58.34 30.36	200m: 2:03.37	33.11	300m: 3:12.91	35.19	400m: 4:23.71	35.27			
69. Pabich Jakub	16	MPKS Orka Ciechanów						<b>4:32.62</b>	471
50m: 29.14 29.14	150m: 1:36.15	33.93	250m: 2:46.16	34.91	350m: 3:57.86	35.81			
100m: 1:02.22 33.08	200m: 2:11.25	35.10	300m: 3:22.05	35.89	400m: 4:32.62	34.76			
70. Jurczak Kacper SOL	15	MTP KORMORAN Olsztyn						<b>4:34.79</b>	460
50m: 29.88 29.88	150m: 1:38.97	35.15	250m: 2:48.39	34.13	350m: 3:59.74	35.49			
100m: 1:03.82 33.94	200m: 2:14.26	35.29	300m: 3:24.25	35.86	400m: 4:34.79	35.05			
71. Gardocki Szymon	15	MKS JUVENIA Białystok						<b>4:41.26</b>	429
50m: 31.11 31.11	150m: 1:39.43	34.64	250m: 2:51.59	36.40	350m: 4:04.88	36.95			
100m: 1:04.79 33.68	200m: 2:15.19	35.76	300m: 3:27.93	36.34	400m: 4:41.26	36.38			