



Istniejemy dla Was od 50 lat.



## Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców Olsztyn, 15- - 18-12-2016

Konkurencja 40  
2016-12-18 - 9:35

Kobiet, 400m zmienny

OPEN  
Wyniki Eliminacje

|                    |         |                      |     |                |            |
|--------------------|---------|----------------------|-----|----------------|------------|
| Rekord Polski Open | 4:31.89 | Baranowska Katarzyna | POL | Debrecen (HUN) | 2007-12-16 |
| Rekord Polski 14   | 4:53.86 | Sie czyk Jowita      | POL | Poznan         | 2011-12-18 |
| Rekord Polski 15   | 4:44.76 | Halicka Lidia        | POL | Olsztyn        | 2016-12-02 |
| Rekord Polski 16   | 4:42.49 | Jedrzejczak Otylia   | POL | ???            | 1999-12-01 |
| Rekord Polski 17   | 4:33.26 | Nitka Aleksandra     | POL | Zabierzow      | 2010-10-09 |
| Rekord Polski 18   | 4:33.70 | Baranowska Katarzyna | POL | Trieste (ITA)  | 2005-12-11 |

Punkty: FINA 2016

| Pozycja |                         |               | Wiek  |               |                      | Czas           | Pkt.  |               |
|---------|-------------------------|---------------|-------|---------------|----------------------|----------------|-------|---------------|
| 1.      | Halicka Lidia           | SWR           | 15    | WKS           | I sk Wrocław         | <b>4:56.90</b> | 667   | A             |
|         | 50m:                    | 31.37 31.37   | 150m: | 1:45.31 37.32 | 250m:                | 3:03.78 41.76  | 350m: | 4:21.65 35.75 |
|         | 100m:                   | 1:07.99 36.62 | 200m: | 2:22.02 36.71 | 300m:                | 3:45.90 42.12  | 400m: | 4:56.90 35.25 |
| 2.      | Adamczyk Julia          | SL            | 17    | KU AZS        | UMCS Lublin          | <b>4:57.03</b> | 666   | A             |
|         | 50m:                    | 31.76 31.76   | 150m: | 1:46.71 38.34 | 250m:                | 3:06.39 42.16  | 350m: | 4:22.32 34.26 |
|         | 100m:                   | 1:08.37 36.61 | 200m: | 2:24.23 37.52 | 300m:                | 3:48.06 41.67  | 400m: | 4:57.03 34.71 |
| 3.      | Rutkowska Agnieszka     |               | 15    | Skalar        | Słupsk               | <b>4:58.70</b> | 655   | A             |
|         | 50m:                    | 32.66 32.66   | 150m: | 1:49.49 38.50 | 250m:                | 3:08.31 42.15  | 350m: | 4:24.40 35.14 |
|         | 100m:                   | 1:10.99 38.33 | 200m: | 2:26.16 36.67 | 300m:                | 3:49.26 40.95  | 400m: | 4:58.70 34.30 |
| 4.      | Gotowska Weronika       |               | 16    | UKS G - 8     | Bielany              | <b>4:59.03</b> | 653   | A             |
|         | 50m:                    | 32.23 32.23   | 150m: | 1:46.71 38.23 | 250m:                | 3:06.80 41.98  | 350m: | 4:24.48 34.42 |
|         | 100m:                   | 1:08.48 36.25 | 200m: | 2:24.82 38.11 | 300m:                | 3:50.06 43.26  | 400m: | 4:59.03 34.55 |
| 5.      | ukowska Paula           |               | 23    | WKS           | I sk Wrocław         | <b>4:59.33</b> | 651   | A             |
|         | 50m:                    | 31.12 31.12   | 150m: | 1:45.77 38.32 | 250m:                | 3:06.39 43.10  | 350m: | 4:25.22 35.65 |
|         | 100m:                   | 1:07.45 36.33 | 200m: | 2:23.29 37.52 | 300m:                | 3:49.57 43.18  | 400m: | 4:59.33 34.11 |
| 6.      | Kossakowska Dominika    |               | 15    | SiKReT        | Gliwice              | <b>5:00.45</b> | 644   | A             |
|         | 50m:                    | 31.63 31.63   | 150m: | 1:47.28 38.40 | 250m:                | 3:07.72 42.85  | 350m: | 4:26.76 35.13 |
|         | 100m:                   | 1:08.88 37.25 | 200m: | 2:24.87 37.59 | 300m:                | 3:51.63 43.91  | 400m: | 5:00.45 33.69 |
| 7.      | Dzwonnik Zuzanna        |               | 16    | AZS UŁ PŁ     | Łód                  | <b>5:01.33</b> | 638   | A             |
|         | 50m:                    | 32.07 32.07   | 150m: | 1:46.94 37.30 | 250m:                | 3:07.55 42.73  | 350m: | 4:26.35 35.06 |
|         | 100m:                   | 1:09.64 37.57 | 200m: | 2:24.82 37.88 | 300m:                | 3:51.29 43.74  | 400m: | 5:01.33 34.98 |
| 8.      | Zawisza Alina           | SO            | 16    | UKP UNIA      | O wi cim             | <b>5:01.37</b> | 638   | A             |
|         | 50m:                    | 33.07 33.07   | 150m: | 1:49.08 38.44 | 250m:                | 3:10.11 43.65  | 350m: | 4:27.68 34.02 |
|         | 100m:                   | 1:10.64 37.57 | 200m: | 2:26.46 37.38 | 300m:                | 3:53.66 43.55  | 400m: | 5:01.37 33.69 |
| 9.      | Mendyk Adrianna         |               | 18    | MKS           | Wodnik Radom         | <b>5:02.70</b> | 629   | A             |
|         | 50m:                    | 32.12 32.12   | 150m: | 1:48.55 39.02 | 250m:                | 3:09.24 42.63  | 350m: | 4:28.64 35.25 |
|         | 100m:                   | 1:09.53 37.41 | 200m: | 2:26.61 38.06 | 300m:                | 3:53.39 44.15  | 400m: | 5:02.70 34.06 |
| 10.     | Prochownik Olimpia      | SL            | 17    | KU AZS        | UMCS Lublin          | <b>5:02.76</b> | 629   | A             |
|         | 50m:                    | 32.26 32.26   | 150m: | 1:49.59 40.34 | 250m:                | 3:09.59 41.09  | 350m: | 4:27.73 36.18 |
|         | 100m:                   | 1:09.25 36.99 | 200m: | 2:28.50 38.91 | 300m:                | 3:51.55 41.96  | 400m: | 5:02.76 35.03 |
| 11.     | Teresko Anna            |               | 19    | CSiR          | MOS D browa Górnicza | <b>5:04.08</b> | 621   | B             |
|         | 50m:                    | 32.79 32.79   | 150m: | 1:49.00 38.85 | 250m:                | 3:11.26 44.18  | 350m: | 4:30.27 34.47 |
|         | 100m:                   | 1:10.15 37.36 | 200m: | 2:27.08 38.08 | 300m:                | 3:55.80 44.54  | 400m: | 5:04.08 33.81 |
| 12.     | Sajecka Zofia           |               | 18    | UKS Gim 92    | Ursyn łw W-wa        | <b>5:04.49</b> | 618   | B             |
|         | 50m:                    | 32.08 32.08   | 150m: | 1:45.68 36.45 | 250m:                | 3:07.50 43.97  | 350m: | 4:29.20 36.43 |
|         | 100m:                   | 1:09.23 37.15 | 200m: | 2:23.53 37.85 | 300m:                | 3:52.77 45.27  | 400m: | 5:04.49 35.29 |
| 13.     | Banaczkowska Aleksandra | Soc           | 14    | KS KSZO       | Ostrowiec w.         | <b>5:04.93</b> | 616   | B             |
|         | 50m:                    | 34.51 34.51   | 150m: | 1:50.38 38.63 | 250m:                | 3:12.13 42.24  | 350m: | 4:30.56 36.44 |
|         | 100m:                   | 1:11.75 37.24 | 200m: | 2:29.89 39.51 | 300m:                | 3:54.12 41.99  | 400m: | 5:04.93 34.37 |

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-18 15:58 - Strona 1





Istniejemy  
dla Was od 50 lat.



Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców  
Olsztyn, 15- 18-12-2016

Konkurencja 40, Kobiet, 400m zmienny, Eliminacje, OPEN

| Pozycja |                        |         | Wiek  |       |         |       | Czas                      |         |       |       | Pkt.           |       |   |
|---------|------------------------|---------|-------|-------|---------|-------|---------------------------|---------|-------|-------|----------------|-------|---|
| 14.     | Wardzi ska Martyna     |         | 18    |       |         |       | MKS Trójka Łód            |         |       |       | <b>5:05.16</b> | 614   | B |
|         | 50m:                   | 32.77   | 32.77 | 150m: | 1:49.89 | 39.33 | 250m:                     | 3:12.90 | 44.24 | 350m: | 4:31.47        | 34.47 |   |
|         | 100m:                  | 1:10.56 | 37.79 | 200m: | 2:28.66 | 38.77 | 300m:                     | 3:57.00 | 44.10 | 400m: | 5:05.16        | 33.69 |   |
| 15.     | Wett Oliwia SOL        |         | 15    |       |         |       | MTP KORMORAN Olsztyn      |         |       |       | <b>5:05.28</b> | 613   | B |
|         | 50m:                   | 32.23   | 32.23 | 150m: | 1:48.10 | 39.08 | 250m:                     | 3:10.00 | 43.43 | 350m: | 4:30.77        | 36.14 |   |
|         | 100m:                  | 1:09.02 | 36.79 | 200m: | 2:26.57 | 38.47 | 300m:                     | 3:54.63 | 44.63 | 400m: | 5:05.28        | 34.51 |   |
| 16.     | Skorupa Monika         |         | 17    |       |         |       | DOKiS SP Vega Dobrodzie   |         |       |       | <b>5:05.72</b> | 611   | B |
|         | 50m:                   | 32.05   | 32.05 | 150m: | 1:46.32 | 36.94 | 250m:                     | 3:07.41 | 44.38 | 350m: | 4:29.75        | 37.50 |   |
|         | 100m:                  | 1:09.38 | 37.33 | 200m: | 2:23.03 | 36.71 | 300m:                     | 3:52.25 | 44.84 | 400m: | 5:05.72        | 35.97 |   |
| 17.     | K dziora Martina       |         | 17    |       |         |       | MTS Kwidzyn               |         |       |       | <b>5:05.93</b> | 610   | B |
|         | 50m:                   | 32.14   | 32.14 | 150m: | 1:49.95 | 39.58 | 250m:                     | 3:11.04 | 42.00 | 350m: | 4:30.68        | 36.95 |   |
|         | 100m:                  | 1:10.37 | 38.23 | 200m: | 2:29.04 | 39.09 | 300m:                     | 3:53.73 | 42.69 | 400m: | 5:05.93        | 35.25 |   |
| 18.     | Osiniak Ewa SL         |         | 16    |       |         |       | KU AZS UMCS Lublin        |         |       |       | <b>5:07.29</b> | 601   | B |
|         | 50m:                   | 32.76   | 32.76 | 150m: | 1:48.74 | 38.52 | 250m:                     | 3:10.34 | 43.44 | 350m: | 4:31.39        | 36.75 |   |
|         | 100m:                  | 1:10.22 | 37.46 | 200m: | 2:26.90 | 38.16 | 300m:                     | 3:54.64 | 44.30 | 400m: | 5:07.29        | 35.90 |   |
| 19.     | Kuchta Maria           |         | 14    |       |         |       | Dwójka Tczew              |         |       |       | <b>5:07.73</b> | 599   | B |
|         | 50m:                   | 32.71   | 32.71 | 150m: | 1:52.66 | 41.62 | 250m:                     | 3:15.55 | 43.91 | 350m: | 4:34.59        | 35.76 |   |
|         | 100m:                  | 1:11.04 | 38.33 | 200m: | 2:31.64 | 38.98 | 300m:                     | 3:58.83 | 43.28 | 400m: | 5:07.73        | 33.14 |   |
| 20.     | Lewandowska Natalia SO |         | 15    |       |         |       | UKP UNIA O wi cim         |         |       |       | <b>5:07.95</b> | 598   | B |
|         | 50m:                   | 32.76   | 32.76 | 150m: | 1:49.61 | 38.55 | 250m:                     | 3:11.57 | 43.34 | 350m: | 4:32.62        | 36.11 |   |
|         | 100m:                  | 1:11.06 | 38.30 | 200m: | 2:28.23 | 38.62 | 300m:                     | 3:56.51 | 44.94 | 400m: | 5:07.95        | 35.33 |   |
| 21.     | Kowalska Dominika      |         | 16    |       |         |       | MKS Trójka Łód            |         |       |       | <b>5:09.29</b> | 590   | R |
|         | 50m:                   | 32.02   | 32.02 | 150m: | 1:52.21 | 42.63 | 250m:                     | 3:14.78 | 40.59 | 350m: | 4:34.03        | 36.36 |   |
|         | 100m:                  | 1:09.58 | 37.56 | 200m: | 2:34.19 | 41.98 | 300m:                     | 3:57.67 | 42.89 | 400m: | 5:09.29        | 35.26 |   |
| 22.     | Rajca Olivia           |         | 14    |       |         |       | Uks 190 Łód               |         |       |       | <b>5:09.35</b> | 590   | R |
|         | 50m:                   | 33.03   | 33.03 | 150m: | 1:52.69 | 41.74 | 250m:                     | 3:15.20 | 43.17 | 350m: | 4:35.37        | 35.99 |   |
|         | 100m:                  | 1:10.95 | 37.92 | 200m: | 2:32.03 | 39.34 | 300m:                     | 3:59.38 | 44.18 | 400m: | 5:09.35        | 33.98 |   |
| 23.     | Jaszczuk Ewa SOL       |         | 14    |       |         |       | MTP KORMORAN Olsztyn      |         |       |       | <b>5:10.26</b> | 584   |   |
|         | 50m:                   | 32.63   | 32.63 | 150m: | 1:49.95 | 40.07 | 250m:                     | 3:15.59 | 46.30 | 350m: | 4:36.14        | 34.74 |   |
|         | 100m:                  | 1:09.88 | 37.25 | 200m: | 2:29.29 | 39.34 | 300m:                     | 4:01.40 | 45.81 | 400m: | 5:10.26        | 34.12 |   |
| 24.     | Tomo Martyna           |         | 16    |       |         |       | UKS Skarpa Lublin         |         |       |       | <b>5:10.33</b> | 584   |   |
|         | 50m:                   | 32.64   | 32.64 | 150m: | 1:50.72 | 40.96 | 250m:                     | 3:16.10 | 45.38 | 350m: | 4:36.04        | 34.76 |   |
|         | 100m:                  | 1:09.76 | 37.12 | 200m: | 2:30.72 | 40.00 | 300m:                     | 4:01.28 | 45.18 | 400m: | 5:10.33        | 34.29 |   |
| 25.     | Bednarek Aleksandra    |         | 18    |       |         |       | UKS SP 149 Łód            |         |       |       | <b>5:13.35</b> | 567   |   |
|         | 50m:                   | 34.66   | 34.66 | 150m: | 1:54.47 | 40.74 | 250m:                     | 3:17.41 | 43.57 | 350m: | 4:37.93        | 36.84 |   |
|         | 100m:                  | 1:13.73 | 39.07 | 200m: | 2:33.84 | 39.37 | 300m:                     | 4:01.09 | 43.68 | 400m: | 5:13.35        | 35.42 |   |
| 26.     | Kempa Anna SO          |         | 15    |       |         |       | MMKS K dzierzyn Ko le     |         |       |       | <b>5:14.59</b> | 561   |   |
|         | 50m:                   | 34.31   | 34.31 | 150m: | 1:56.95 | 42.01 | 250m:                     | 3:19.46 | 41.17 | 350m: | 4:39.98        | 37.37 |   |
|         | 100m:                  | 1:14.94 | 40.63 | 200m: | 2:38.29 | 41.34 | 300m:                     | 4:02.61 | 43.15 | 400m: | 5:14.59        | 34.61 |   |
| 27.     | Krypa Marta            |         | 14    |       |         |       | UKS Manta Warszawa Włochy |         |       |       | <b>5:15.11</b> | 558   |   |
|         | 50m:                   | 33.30   | 33.30 | 150m: | 1:52.36 | 40.10 | 250m:                     | 3:16.73 | 44.83 | 350m: | 4:39.38        | 36.29 |   |
|         | 100m:                  | 1:12.26 | 38.96 | 200m: | 2:31.90 | 39.54 | 300m:                     | 4:03.09 | 46.36 | 400m: | 5:15.11        | 35.73 |   |
| 28.     | Piotrowicz Maja SZG    |         | 14    |       |         |       | BARAKUDA Starachowice     |         |       |       | <b>5:16.27</b> | 552   |   |
|         | 50m:                   | 33.95   | 33.95 | 150m: | 1:54.83 | 39.91 | 250m:                     | 3:17.09 | 43.21 | 350m: | 4:39.59        | 36.95 |   |
|         | 100m:                  | 1:14.92 | 40.97 | 200m: | 2:33.88 | 39.05 | 300m:                     | 4:02.64 | 45.55 | 400m: | 5:16.27        | 36.68 |   |

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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EI bieta Chodyna 600215732

Splash Meet Manager, 11.46121

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2016-12-18 15:58 - Strona 2





Istniejemy  
dla Was od 50 lat.



Zimowe Mistrzostwa Polski Seniorów i Młodzie owców  
Olsztyn, 15- - 18-12-2016

Konkurencja 40, Kobiet, 400m zmienny, Eliminacje, OPEN

| Pozycja                   | Wiek                | Czas                | Pkt.                |
|---------------------------|---------------------|---------------------|---------------------|
| 29. Pluta Emilia          | 14                  | <b>5:16.35</b>      | 551                 |
| 50m: 34.60 34.60          | 150m: 1:55.16 40.80 | 250m: 3:19.95 43.64 | 350m: 4:41.19 35.70 |
| 100m: 1:14.36 39.76       | 200m: 2:36.31 41.15 | 300m: 4:05.49 45.54 | 400m: 5:16.35 35.16 |
| 30. Kruszewska Kaja       | 16                  | <b>5:17.93</b>      | 543                 |
| 50m: 33.53 33.53          | 150m: 1:55.49 43.71 | 250m: 3:21.60 44.83 | 350m: 4:43.48 36.57 |
| 100m: 1:11.78 38.25       | 200m: 2:36.77 41.28 | 300m: 4:06.91 45.31 | 400m: 5:17.93 34.45 |
| 31. Król Oliwia           | 17                  | <b>5:20.72</b>      | 529                 |
| 50m: 33.46 33.46          | 150m: 1:54.84 42.86 | 250m: 3:21.21 45.39 | 350m: 4:44.49 37.00 |
| 100m: 1:11.98 38.52       | 200m: 2:35.82 40.98 | 300m: 4:07.49 46.28 | 400m: 5:20.72 36.23 |
| 32. Kozanecka Katarzyna   | 15                  | <b>5:23.98</b>      | 513                 |
| 50m: 35.53 35.53          | 150m: 1:58.74 41.54 | 250m: 3:24.89 44.31 | 350m: 4:47.63 38.49 |
| 100m: 1:17.20 41.67       | 200m: 2:40.58 41.84 | 300m: 4:09.14 44.25 | 400m: 5:23.98 36.35 |
| 33. Byli ska Agnieszka SG | 14                  | <b>5:25.33</b>      | 507                 |
| 50m: 34.17 34.17          | 150m: 1:55.33 40.83 | 250m: 3:22.15 46.64 | 350m: 4:48.36 38.11 |
| 100m: 1:14.50 40.33       | 200m: 2:35.51 40.18 | 300m: 4:10.25 48.10 | 400m: 5:25.33 36.97 |
| 34. Dobosz Kalina         | 14                  | <b>5:28.58</b>      | 492                 |
| 50m: 34.45 34.45          | 150m: 1:59.13 44.67 | 250m: 3:26.74 44.46 | 350m: 4:51.23 38.95 |
| 100m: 1:14.46 40.01       | 200m: 2:42.28 43.15 | 300m: 4:12.28 45.54 | 400m: 5:28.58 37.35 |