



Ministerstwo
Sportu i Turystyki



Międzynarodowe Zawody o Puchar Prezydenta Olsztyna
Olsztyn, 27- - 28-5-2017

Konkurencja 31
2017-05-28 - 14:03

Kobiet, 400m dowolny

12 - 18 lat
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. GAWEDZKA, Natalia	05 Uks Mos Ełk	5:28.56	372
50m: 36.61 36.61	150m: 2:00.68 42.45	250m: 3:25.76 42.30	350m: 4:49.26 41.10
100m: 1:18.23 41.62	200m: 2:43.46 42.78	300m: 4:08.16 42.40	400m: 5:28.56 39.30
2. BURDYN, Dominika Wiktoria	05 MUKS Olimpijczyk	5:34.64	352
50m: 36.65 36.65	150m: 2:01.86 43.39	250m: 3:27.76 43.06	350m: 4:53.48 42.83
100m: 1:18.47 41.82	200m: 2:44.70 42.84	300m: 4:10.65 42.89	400m: 5:34.64 41.16
3. GRZEGORCZYK, Maja	05 Uks Mos Ełk	5:47.54	314
50m: 37.06 37.06	150m: 2:02.50 43.62	250m: 3:31.27 43.93	350m: 5:00.87 44.93
100m: 1:18.88 41.82	200m: 2:47.34 44.84	300m: 4:15.94 44.67	400m: 5:47.54 46.67
13 lat			
1. MIZIK, Julia	04 MKS Ochota Warszawa	4:46.90	559
50m: 31.13 31.13	150m: 1:42.11 36.40	250m: 2:56.42 37.48	350m: 4:10.96 37.09
100m: 1:05.71 34.58	200m: 2:18.94 36.83	300m: 3:33.87 37.45	400m: 4:46.90 35.94
2. POTIOPA, Karolina	04 MKS Ochota Warszawa	4:53.59	522
50m: 31.45 31.45	150m: 1:44.88 37.22	250m: 3:00.89 38.03	350m: 4:17.04 38.06
100m: 1:07.66 36.21	200m: 2:22.86 37.98	300m: 3:38.98 38.09	400m: 4:53.59 36.55
3. SOCHACKA, Karolina	04 MKS Ochota Warszawa	5:00.22	488
50m: 33.98 33.98	150m: 1:49.75 38.25	250m: 3:07.03 38.47	350m: 4:24.13 38.47
100m: 1:11.50 37.52	200m: 2:28.56 38.81	300m: 3:45.66 38.63	400m: 5:00.22 36.09
4. ROGOWICZ, Zuzanna	04 Uks Omega Sokółka	5:04.38	468
50m: 32.69 32.69	150m: 1:49.89 39.40	250m: 3:08.67 39.40	350m: 4:27.39 39.25
100m: 1:10.49 37.80	200m: 2:29.27 39.38	300m: 3:48.14 39.47	400m: 5:04.38 36.99
5. KUSIEL-MOROZ, Helena	04 BUKS Warszawa	5:14.29	425
50m: 35.64 35.64	150m: 1:55.92 40.44	250m: 3:17.33 40.96	350m: 4:36.66 39.19
100m: 1:15.48 39.84	200m: 2:36.37 40.45	300m: 3:57.47 40.14	400m: 5:14.29 37.63
6. KRUPI SKA, Lila	04 MTP KORMORAN Olsztyn	5:21.93	396
50m: 35.64 35.64	150m: 1:58.01 41.95	250m: 3:21.13 41.53	350m: 4:44.68 41.67
100m: 1:16.06 40.42	200m: 2:39.60 41.59	300m: 4:03.01 41.88	400m: 5:21.93 37.25
7. GUTOWSKA, Maria	04 UKP Jedyńka Elbl g	5:22.71	393
50m: 37.25 37.25	150m: 1:59.53 41.59	250m: 3:21.74 41.15	350m: 4:43.11 40.59
100m: 1:17.94 40.69	200m: 2:40.59 41.06	300m: 4:02.52 40.78	400m: 5:22.71 39.60
8. WI KOWSKA, Nikola	04 Uks Mos Ełk	5:40.86	333
50m: 39.64 39.64	150m: 2:09.27 43.82	250m: 3:38.12 43.88	350m: 5:01.86 40.53
100m: 1:25.45 45.81	200m: 2:54.24 44.97	300m: 4:21.33 43.21	400m: 5:40.86 39.00
9. WISZNIEWSKA, Julia	04 MKS Medyk Gi ycko	5:51.48	304
50m: 40.05 40.05	150m: 2:10.87 45.75	250m: 3:40.42 44.68	350m: 5:10.06 44.08
100m: 1:25.12 45.07	200m: 2:55.74 44.87	300m: 4:25.98 45.56	400m: 5:51.48 41.42
10. MURASZKO, Martyna	04 MTP KORMORAN Olsztyn	5:59.22	285
50m: 39.50 39.50	150m: 2:10.86 46.61	250m: 3:43.17 46.55	350m: 5:16.14 46.42
100m: 1:24.25 44.75	200m: 2:56.62 45.76	300m: 4:29.72 46.55	400m: 5:59.22 43.08
11. DUDZIEC, Martyna	04 Klub Sportowy Płetwał Szczytno	6:34.60	215
50m: 44.07 44.07	150m: 2:22.39 49.19	250m: 4:04.01 50.61	350m: 5:46.76 50.55
100m: 1:33.20 49.13	200m: 3:13.40 51.01	300m: 4:56.21 52.20	400m: 6:34.60 47.84



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Olsztyn, 27- - 28-5-2017

Konkurencja 31, Dziewcz. t., 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
12.	GOSIEWSKA, Laura		04	MTP KORMORAN Olsztyn				6:37.22	210
	50m: 40.30	40.30	150m: 2:20.48	52.00	250m: 4:06.22	53.51	350m: 5:49.66	52.36	
	100m: 1:28.48	48.18	200m: 3:12.71	52.23	300m: 4:57.30	51.08	400m: 6:37.22	47.56	
13.	ZARZECKA, Maja		04	Uks Mos Elk				7:14.83	160
	50m: 48.00	48.00	150m: 2:36.66	54.96	250m: 4:29.27	56.43	350m: 6:21.11	55.64	
	100m: 1:41.70	53.70	200m: 3:32.84	56.18	300m: 5:25.47	56.20	400m: 7:14.83	53.72	

14 lat

1.	NOWAK, Maja		03	MKS Ochota Warszawa				4:38.91	609
	50m: 32.17	32.17	150m: 1:42.30	35.42	250m: 2:53.77	35.73	350m: 4:05.18	35.65	
	100m: 1:06.88	34.71	200m: 2:18.04	35.74	300m: 3:29.53	35.76	400m: 4:38.91	33.73	
2.	AMBRO Y, Antonina		03	MKS Ochota Warszawa				4:48.93	548
	50m: 31.72	31.72	150m: 1:45.42	36.92	250m: 2:59.22	36.77	350m: 4:12.71	36.57	
	100m: 1:08.50	36.78	200m: 2:22.45	37.03	300m: 3:36.14	36.92	400m: 4:48.93	36.22	
3.	URBAN, Karolina		03	UKS Ósemka Starogard Gdański				4:51.80	532
	50m: 32.72	32.72	150m: 1:45.92	37.01	250m: 3:01.43	37.77	350m: 4:16.83	37.86	
	100m: 1:08.91	36.19	200m: 2:23.66	37.74	300m: 3:38.97	37.54	400m: 4:51.80	34.97	
4.	TACIAK, Martyna		03	BUKS Warszawa				4:52.17	530
	50m: 32.79	32.79	150m: 1:46.28	37.16	250m: 3:01.64	37.83	350m: 4:16.54	37.24	
	100m: 1:09.12	36.33	200m: 2:23.81	37.53	300m: 3:39.30	37.66	400m: 4:52.17	35.63	
5.	ERA SKA, Ula		03	BUKS Warszawa				4:54.43	517
	50m: 32.70	32.70	150m: 1:46.37	37.20	250m: 3:00.85	36.99	350m: 4:16.25	37.86	
	100m: 1:09.17	36.47	200m: 2:23.86	37.49	300m: 3:38.39	37.54	400m: 4:54.43	38.18	
6.	KIELAK, Julia SOL		03	MTP KORMORAN Olsztyn				5:02.54	477
	50m: 33.72	33.72	150m: 1:50.23	38.87	250m: 3:08.60	39.29	350m: 4:25.88	38.68	
	100m: 1:11.36	37.64	200m: 2:29.31	39.08	300m: 3:47.20	38.60	400m: 5:02.54	36.66	
7.	ZMIERCZAK, Natalia SOL		03	MTP KORMORAN Olsztyn				5:04.51	468
	50m: 34.60	34.60	150m: 1:51.47	38.45	250m: 3:08.58	38.66	350m: 4:26.26	38.73	
	100m: 1:13.02	38.42	200m: 2:29.92	38.45	300m: 3:47.53	38.95	400m: 5:04.51	38.25	
8.	ANCYPO, Agnieszka		03	Uks Omega Sokółka				5:05.08	465
	50m: 33.35	33.35	150m: 1:49.52	39.23	250m: 3:08.84	39.97	350m: 4:27.82	39.30	
	100m: 1:10.29	36.94	200m: 2:28.87	39.35	300m: 3:48.52	39.68	400m: 5:05.08	37.26	
9.	TRYPUCKA, Klaudia SOL		03	MTP KORMORAN Olsztyn				5:07.73	453
	50m: 34.54	34.54	150m: 1:52.60	39.53	250m: 3:12.05	39.83	350m: 4:31.18	39.54	
	100m: 1:13.07	38.53	200m: 2:32.22	39.62	300m: 3:51.64	39.59	400m: 5:07.73	36.55	
10.	ŁABAJ, Zuzanna SOL		03	MTP KORMORAN Olsztyn				5:08.19	451
	50m: 35.15	35.15	150m: 1:52.96	39.06	250m: 3:11.96	39.62	350m: 4:30.62	39.28	
	100m: 1:13.90	38.75	200m: 2:32.34	39.38	300m: 3:51.34	39.38	400m: 5:08.19	37.57	
11.	PRZYBYSZ, Dominika		03	BUKS Warszawa				5:10.91	439
	50m: 33.51	33.51	150m: 1:49.71	38.78	250m: 3:10.04	40.26	350m: 4:31.08	40.48	
	100m: 1:10.93	37.42	200m: 2:29.78	40.07	300m: 3:50.60	40.56	400m: 5:10.91	39.83	
12.	KWIATKOWSKA, Zuzanna		03	Mkp Wodnik Bielsk Podlaski				5:10.96	439
	50m: 33.25	33.25	150m: 1:50.66	39.60	250m: 3:10.99	40.54	350m: 4:31.99	40.29	
	100m: 1:11.06	37.81	200m: 2:30.45	39.79	300m: 3:51.70	40.71	400m: 5:10.96	38.97	
13.	ŁUCZY SKA, Adrianna SOL		03	MTP KORMORAN Olsztyn				5:23.38	390
	50m: 35.33	35.33	150m: 1:56.18	41.29	250m: 3:19.89	41.55	350m: 4:43.23	41.32	
	100m: 1:14.89	39.56	200m: 2:38.34	42.16	300m: 4:01.91	42.02	400m: 5:23.38	40.15	



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Pozycja			Rok ur.					Czas	Pkt.
14.	GŁ BI SKA, Martyna		03	SSP Orka Iława				5:44.97	322
	50m: 36.38 36.38	150m: 2:03.65		44.42	250m: 3:32.70	44.33		350m: 5:02.08	44.54
	100m: 1:19.23 42.85	200m: 2:48.37		44.72	300m: 4:17.54	44.84		400m: 5:44.97	42.89

15 lat

1.	ZAR BA-PARADOWSKA, Julia		02	BUKS Warszawa				4:38.05	615
	50m: 32.15 32.15	150m: 1:42.60		35.41	250m: 2:53.52	35.22		350m: 4:03.69	34.55
	100m: 1:07.19 35.04	200m: 2:18.30		35.70	300m: 3:29.14	35.62		400m: 4:38.05	34.36
2.	SIENKIEWICZ, Kaja		02	BUKS Warszawa				4:46.59	561
	50m: 32.40 32.40	150m: 1:43.89		36.30	250m: 2:57.15	36.60		350m: 4:11.04	36.67
	100m: 1:07.59 35.19	200m: 2:20.55		36.66	300m: 3:34.37	37.22		400m: 4:46.59	35.55
3.	SERAFIN, Barbara		02	UKS G-8 Bielany				4:50.87	537
	50m: 32.17 32.17	150m: 1:46.43		37.43	250m: 3:00.75	37.01		350m: 4:14.94	37.19
	100m: 1:09.00 36.83	200m: 2:23.74		37.31	300m: 3:37.75	37.00		400m: 4:50.87	35.93
4.	SIERAK, Kinga		02	Klub Sportowy Płetwal Szczytno				5:00.79	485
	50m: 33.82 33.82	150m: 1:51.89		40.33	250m: 3:09.31	37.82		350m: 4:25.41	37.84
	100m: 1:11.56 37.74	200m: 2:31.49		39.60	300m: 3:47.57	38.26		400m: 5:00.79	35.38
5.	POLASIK, Natalia		02	MKS Medyk Giżycko				5:07.65	454
	50m: 34.55 34.55	150m: 1:51.95		39.29	250m: 3:10.51	39.59		350m: 4:29.32	40.03
	100m: 1:12.66 38.11	200m: 2:30.92		38.97	300m: 3:49.29	38.78		400m: 5:07.65	38.33