

Otwarte Mistrzostwa Polski Słub Mundurowych w Pływaniu  
Szczytno, 9-12-2017

Konkurencja 18  
2017-12-09 - 11:47

Mężczyzn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2017

| Pozycja                |                     |                 | Wiek  |                     |       |                 |       | Czas            | Pkt. |
|------------------------|---------------------|-----------------|-------|---------------------|-------|-----------------|-------|-----------------|------|
| <b>39 lat i młodsi</b> |                     |                 |       |                     |       |                 |       |                 |      |
| 1.                     | Motyczy ski Jakub   |                 | 21    | SG SP Warszawa      |       |                 |       | <b>4:36.86</b>  | 450  |
|                        | 50m:                | 32.14 32.14     | 150m: | 1:39.69 34.04       | 250m: | 2:49.68 35.21   | 350m: | 4:01.63 35.69   |      |
|                        | 100m:               | 1:05.65 33.51   | 200m: | 2:14.47 34.78       | 300m: | 3:25.94 36.26   | 400m: | 4:36.86 35.23   |      |
| 2.                     | Pyka Marcin         |                 | 26    | KW PSP Gorzów Wlkp. |       |                 |       | <b>4:58.69</b>  | 358  |
|                        | 50m:                | 32.76 32.76     | 150m: | 1:46.57 37.66       | 250m: | 3:04.17 39.31   | 350m: | 4:21.89 38.67   |      |
|                        | 100m:               | 1:08.91 36.15   | 200m: | 2:24.86 38.29       | 300m: | 3:43.22 39.05   | 400m: | 4:58.69 36.80   |      |
| 3.                     | Mrotek Kevin        |                 | 25    | KW PSP Pozna        |       |                 |       | <b>5:06.78</b>  | 331  |
|                        | 50m:                | 31.44 31.44     | 150m: | 1:45.05 37.87       | 250m: | 3:04.57 40.20   | 350m: | 4:26.98 41.26   |      |
|                        | 100m:               | 1:07.18 35.74   | 200m: | 2:24.37 39.32       | 300m: | 3:45.72 41.15   | 400m: | 5:06.78 39.80   |      |
| 4.                     | Kucierski Michał    |                 | 36    | KW PSP Pozna        |       |                 |       | <b>5:07.64</b>  | 328  |
|                        | 50m:                | 33.20 33.20     | 150m: | 1:48.63 38.38       | 250m: | 3:07.03 39.43   | 350m: | 4:27.15 40.37   |      |
|                        | 100m:               | 1:10.25 37.05   | 200m: | 2:27.60 38.97       | 300m: | 3:46.78 39.75   | 400m: | 5:07.64 40.49   |      |
| 5.                     | Smarul Maciej       |                 | 21    | SG SP Warszawa      |       |                 |       | <b>5:16.47</b>  | 301  |
|                        | 50m:                | 33.56 33.56     | 150m: | 1:48.25 38.29       | 250m: | 3:09.32 40.63   | 350m: | 4:34.44 43.06   |      |
|                        | 100m:               | 1:09.96 36.40   | 200m: | 2:28.69 40.44       | 300m: | 3:51.38 42.06   | 400m: | 5:16.47 42.03   |      |
| 6.                     | St pie Jakub        |                 | 34    | KW PSP Olsztyn      |       |                 |       | <b>5:17.42</b>  | 298  |
|                        | 50m:                | 32.57 32.57     | 150m: | 1:47.61 38.57       | 250m: | 3:10.90 42.23   | 350m: | 4:36.84 42.72   |      |
|                        | 100m:               | 1:09.04 36.47   | 200m: | 2:28.67 41.06       | 300m: | 3:54.12 43.22   | 400m: | 5:17.42 40.58   |      |
| <b>40 - 49 lat</b>     |                     |                 |       |                     |       |                 |       |                 |      |
| 1.                     | ółtowski Daniel     |                 | 42    | KG SG               |       |                 |       | <b>4:59.17</b>  | 357  |
|                        | 50m:                | 33.86 33.86     | 150m: | 1:48.31 38.03       | 250m: | 3:05.49 38.35   | 350m: | 4:22.43 38.36   |      |
|                        | 100m:               | 1:10.28 36.42   | 200m: | 2:27.14 38.83       | 300m: | 3:44.07 38.58   | 400m: | 4:59.17 36.74   |      |
| 2.                     | Litwora Łukasz      |                 | 41    | KP PSP Brzesko      |       |                 |       | <b>5:57.59</b>  | 209  |
|                        | 50m:                | 38.97 38.97     | 150m: | 2:08.25 45.39       | 250m: | 3:40.23 45.93   | 350m: | 5:14.47 47.04   |      |
|                        | 100m:               | 1:22.86 43.89   | 200m: | 2:54.30 46.05       | 300m: | 4:27.43 47.20   | 400m: | 5:57.59 43.12   |      |
| 3.                     | Koczajewski Seweryn |                 | 41    | KWP Kielce          |       |                 |       | <b>5:58.46</b>  | 207  |
|                        | 50m:                | 39.43 39.43     | 150m: | 2:10.52 46.19       | 250m: | 3:44.72 47.21   | 350m: | 5:15.20 44.46   |      |
|                        | 100m:               | 1:24.33 44.90   | 200m: | 2:57.51 46.99       | 300m: | 4:30.74 46.02   | 400m: | 5:58.46 43.26   |      |
| <b>50 lat i starsi</b> |                     |                 |       |                     |       |                 |       |                 |      |
| 1.                     | Majewski Andrzej    |                 | 50    | KM PSP Wrocław      |       |                 |       | <b>6:38.75</b>  | 150  |
|                        | 50m:                | 43.05 43.05     | 150m: | 2:21.79 50.73       | 250m: | 4:06.44 53.64   | 350m: | 5:50.55 51.84   |      |
|                        | 100m:               | 1:31.06 48.01   | 200m: | 3:12.80 51.01       | 300m: | 4:58.71 52.27   | 400m: | 6:38.75 48.20   |      |
| 2.                     | Polak Krzysztof     |                 | 59    | KPP Stalowa Wola    |       |                 |       | <b>8:23.78</b>  | 74   |
|                        | 50m:                | 54.97 54.97     | 150m: | 3:01.89 1:05.07     | 250m: | 5:13.99 1:06.62 | 350m: | 7:25.34 1:04.70 |      |
|                        | 100m:               | 1:56.82 1:01.85 | 200m: | 4:07.37 1:05.48     | 300m: | 6:20.64 1:06.65 | 400m: | 8:23.78 58.44   |      |