



II Międzynarodowe Zawody Pływackie o Puchar Prezydenta Olsztyna
Olsztyn, 19- - 20-5-2018

Konkurencja 12
2018-05-19 - 14:09

Mężczyźni, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
14 lat			
1. CHMIELEWSKI Krzysztof	04 Iuks Muszelka Warszawa	4:47.27	611
50m: 30.32 30.32	150m: 1:38.79 36.19	250m: 2:59.52 45.56	350m: 4:15.94 32.52
100m: 1:02.60 32.28	200m: 2:13.96 35.17	300m: 3:43.42 43.90	400m: 4:47.27 31.33
2. CHMIELEWSKI Michał	04 Iuks Muszelka Warszawa	4:58.78	543
50m: 30.52 30.52	150m: 1:42.53 36.84	250m: 3:05.65 46.53	350m: 4:26.39 33.39
100m: 1:05.69 35.17	200m: 2:19.12 36.59	300m: 3:53.00 47.35	400m: 4:58.78 32.39
3. KWIECIE Paweł	04 KS Piłka Chorzów	5:10.83	482
50m: 33.10 33.10	150m: 1:53.02 41.22	250m: 3:15.98 41.99	350m: 4:36.92 37.37
100m: 1:11.80 38.70	200m: 2:33.99 40.97	300m: 3:59.55 43.57	400m: 5:10.83 33.91
4. BEDNAREK Przemysław	04 Iuks Muszelka Warszawa	5:14.29	467
50m: 32.76 32.76	150m: 1:51.20 39.22	250m: 3:18.23 47.17	350m: 4:40.56 34.88
100m: 1:11.98 39.22	200m: 2:31.06 39.86	300m: 4:05.68 47.45	400m: 5:14.29 33.73
5. KALKAN Jakub	04 LKS Jedno 32 Przyszowice	5:26.67	415
50m: 32.72 32.72	150m: 1:55.81 44.96	250m: 3:28.59 47.60	350m: 4:51.94 34.89
100m: 1:10.85 38.13	200m: 2:40.99 45.18	300m: 4:17.05 48.46	400m: 5:26.67 34.73
15 lat			
1. KAPAŁA Szymon SOL	03 MTP Kormoran Olsztyn	4:58.66	544
50m: 31.73 31.73	150m: 1:46.93 38.91	250m: 3:08.02 42.98	350m: 4:25.98 34.25
100m: 1:08.02 36.29	200m: 2:25.04 38.11	300m: 3:51.73 43.71	400m: 4:58.66 32.68
2. ROGUSKI Mateusz	03 Iuks Muszelka Warszawa	5:02.72	522
50m: 32.04 32.04	150m: 1:46.52 38.70	250m: 3:09.37 44.20	350m: 4:29.11 34.49
100m: 1:07.82 35.78	200m: 2:25.17 38.65	300m: 3:54.62 45.25	400m: 5:02.72 33.61
3. MACIOSZEK Maksymilian	03 MKS Ochota Warszawa	5:08.19	495
50m: 31.91 31.91	150m: 1:50.18 40.18	250m: 3:12.62 43.43	350m: 4:32.91 36.04
100m: 1:10.00 38.09	200m: 2:29.19 39.01	300m: 3:56.87 44.25	400m: 5:08.19 35.28
4. MICHALAK Piotr	03 MKS Ochota Warszawa	5:15.90	459
50m: 31.66 31.66	150m: 1:49.75 41.74	250m: 3:16.20 46.12	350m: 4:39.56 36.31
100m: 1:08.01 36.35	200m: 2:30.08 40.33	300m: 4:03.25 47.05	400m: 5:15.90 36.34
16 lat i starsi			
1. JA KIEWICZ Adrian	02 Iuks Muszelka Warszawa	4:42.18	645
50m: 28.22 28.22	150m: 1:37.19 36.25	250m: 2:55.01 42.61	350m: 4:10.76 32.38
100m: 1:00.94 32.72	200m: 2:12.40 35.21	300m: 3:38.38 43.37	400m: 4:42.18 31.42
2. WORONKO Krzysztof SOL	02 MTP Kormoran Olsztyn	4:57.71	549
50m: 30.74 30.74	150m: 1:45.63 38.63	250m: 3:06.57 44.30	350m: 4:25.32 33.77
100m: 1:07.00 36.26	200m: 2:22.27 36.64	300m: 3:51.55 44.98	400m: 4:57.71 32.39
3. KRUCZEK Jakub	02 Siódemka Sopot	5:04.68	512
50m: 30.16 30.16	150m: 1:46.58 41.13	250m: 3:10.66 43.24	350m: 4:30.15 35.10
100m: 1:05.45 35.29	200m: 2:27.42 40.84	300m: 3:55.05 44.39	400m: 5:04.68 34.53
4. DOŁOWY Grzegorz	02 Iuks Muszelka Warszawa	5:08.17	495
50m: 32.79 32.79	150m: 1:50.73 40.33	250m: 3:15.83 46.04	350m: 4:36.74 33.28
100m: 1:10.40 37.61	200m: 2:29.79 39.06	300m: 4:03.46 47.63	400m: 5:08.17 31.43



II Międzynarodowe Zawody Pływackie o Puchar Prezydenta Olsztyna
Olsztyn, 19- - 20-5-2018

Konkurencja 12, M czyn, 400m zmienny, 16 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
5.	KRASSOWSKI Cyprian			00	MOSiR Sopot				5:09.89	487		
	50m:	30.04	30.04	150m:	1:45.84	41.55	250m:	3:14.64	46.99	350m:	4:35.41	33.41
	100m:	1:04.29	34.25	200m:	2:27.65	41.81	300m:	4:02.00	47.36	400m:	5:09.89	34.48
PK R	YSKI Michał			06	MTP Kormoran Olsztyn				6:17.16	270		
	50m:	39.40	39.40	150m:	2:17.28	49.19	250m:	3:57.94	52.69	350m:	5:35.14	44.03
	100m:	1:28.09	48.69	200m:	3:05.25	47.97	300m:	4:51.11	53.17	400m:	6:17.16	42.02