



FINAŁ KLUBOWEGO PUCHARU POLSKI PZPn CETNIEWO 2018
WŁADYSŁAWOWO, 17 - 18-11-2018

Konkurencja 22
2018-11-18 - 11:42

Kobiet, 400m SF

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.			
Kat.E												
1.	KLASA Kinga		07	UKS Wodniacy Garczyn				4:42.94				
	50m:	31.11	31.11	150m:	1:42.26	36.49	250m:	2:56.36	37.13	350m:	4:09.26	36.29
	100m:	1:05.77	34.66	200m:	2:19.23	36.97	300m:	3:32.97	36.61	400m:	4:42.94	33.68
2.	LOTKO Maja		07	KS Nautilus Jastrz bie - Zdroj				4:58.70				
	50m:	30.51	30.51	150m:	1:44.91	37.87	250m:	3:03.55	39.19	350m:	4:22.42	38.89
	100m:	1:07.04	36.53	200m:	2:24.36	39.45	300m:	3:43.53	39.98	400m:	4:58.70	36.28
Kat.D												
1.	SAŁATA Anna		05	UKS Delfinek SP1 Chodzie				4:05.75				
	50m:	26.57	26.57	150m:	1:27.36	30.90	250m:	2:30.10	31.17	350m:	3:34.36	32.00
	100m:	56.46	29.89	200m:	1:58.93	31.57	300m:	3:02.36	32.26	400m:	4:05.75	31.39
2.	GUZI SKA Olga		06	UKS MANTA Ko cierzyna				4:12.03				
	50m:	27.67	27.67	150m:	1:29.27	31.98	250m:	2:34.81	32.79	350m:	3:40.91	32.80
	100m:	57.29	29.62	200m:	2:02.02	32.75	300m:	3:08.11	33.30	400m:	4:12.03	31.12
3.	KRAINSKA Judyta		06	Laguna 24 Toru				4:27.71				
	50m:	30.30	30.30	150m:	1:38.60	34.06	250m:	2:46.45	33.19	350m:	3:53.89	33.37
	100m:	1:04.54	34.24	200m:	2:13.26	34.66	300m:	3:20.52	34.07	400m:	4:27.71	33.82
Kat.C												
1.	WOLNIEWICZ Weronika		04	UKS Delfinek SP1 Chodzie				3:48.52				
	50m:	24.55	24.55	150m:	1:19.50	28.12	250m:	2:17.93	29.75	350m:	3:18.52	30.83
	100m:	51.38	26.83	200m:	1:48.18	28.68	300m:	2:47.69	29.76	400m:	3:48.52	30.00
2.	OSZKIEL Wiktoria		04	KS Nautilus Jastrz bie - Zdroj				3:50.41				
	50m:	25.17	25.17	150m:	1:23.21	29.62	250m:	2:23.51	30.18	350m:	3:23.25	29.48
	100m:	53.59	28.42	200m:	1:53.33	30.12	300m:	2:53.77	30.26	400m:	3:50.41	27.16
3.	GRONOWSKA Agata		03	Laguna 24 Toru				4:03.76				
	50m:	25.66	25.66	150m:	1:25.70	31.03	250m:	2:29.99	32.53	350m:	3:34.60	32.31
	100m:	54.67	29.01	200m:	1:57.46	31.76	300m:	3:02.29	32.30	400m:	4:03.76	29.16
4.	SZWICHTENBERG Wiktoria		03	UKS MANTA Ko cierzyna				4:05.50				
	50m:	27.75	27.75	150m:	1:29.50	31.30	250m:	2:32.48	31.58	350m:	3:35.56	31.34
	100m:	58.20	30.45	200m:	2:00.90	31.40	300m:	3:04.22	31.74	400m:	4:05.50	29.94
5.	ŁAPUCKA Ewa		04	OSN Amfiprion Olecko				4:41.67				
	50m:	28.26	28.26	150m:	1:39.98	37.27	250m:	2:53.29	36.70	350m:	4:07.67	37.32
	100m:	1:02.71	34.45	200m:	2:16.59	36.61	300m:	3:30.35	37.06	400m:	4:41.67	34.00
Kat.B												
1.	PŁAZI SKA Wiktoria		01	OSN Amfiprion Olecko				3:50.11				
	50m:	25.06	25.06	150m:	1:21.91	29.02	250m:	2:20.76	29.43	350m:	3:21.44	30.46
	100m:	52.89	27.83	200m:	1:51.33	29.42	300m:	2:50.98	30.22	400m:	3:50.11	28.67
2.	SIERAKOWSKA Karolina		02	Laguna 24 Toru				3:50.83				
	50m:	25.45	25.45	150m:	1:21.93	28.91	250m:	2:21.96	30.09	350m:	3:21.55	30.30
	100m:	53.02	27.57	200m:	1:51.87	29.94	300m:	2:51.25	29.29	400m:	3:50.83	29.28
3.	POKWICKA Małgorzata		02	Laguna 24 Toru				4:02.17				
	50m:	26.68	26.68	150m:	1:26.93	30.90	250m:	2:29.14	31.48	350m:	3:31.08	30.35
	100m:	56.03	29.35	200m:	1:57.66	30.73	300m:	3:00.73	31.59	400m:	4:02.17	31.09
4.	KREFT Michalina		02	UKS MANTA Ko cierzyna				4:08.61				
	50m:	26.30	26.30	150m:	1:28.01	31.78	250m:	2:33.02	32.36	350m:	3:38.00	32.74
	100m:	56.23	29.93	200m:	2:00.66	32.65	300m:	3:05.26	32.24	400m:	4:08.61	30.61



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Kat.A

1.	STRUCK Agata		95	UKS Delfin Jastarnia		3:37.97						
	50m:	23.81	23.81	150m:	1:17.38	27.29	250m:	2:13.57	28.34	350m:	3:10.39	28.52
	100m:	50.09	26.28	200m:	1:45.23	27.85	300m:	2:41.87	28.30	400m:	3:37.97	27.58
2.	STRACHANOWSKA Helena		99	UKS Delfin Jastarnia		3:56.89						
	50m:	25.68	25.68	150m:	1:23.94	29.71	250m:	2:25.93	31.47	350m:	3:27.97	30.77
	100m:	54.23	28.55	200m:	1:54.46	30.52	300m:	2:57.20	31.27	400m:	3:56.89	28.92
3.	ZALEWSKA Marzena		96	Laguna 24 Toru		4:27.07						
	50m:	28.04	28.04	150m:	1:32.95	33.88	250m:	2:43.16	35.01	350m:	3:52.75	34.65
	100m:	59.07	31.03	200m:	2:08.15	35.20	300m:	3:18.10	34.94	400m:	4:27.07	34.32