



III MI DZYNARODOWE GRAND PRIX WARMII I MAZUR W PŁYWANIU 8-9.12.2018 r.
OLSZTYN, 8- - 9-12-2018

Konkurencja 33 Kobiet, 400m dowolny 11 lat i starsi
2018-12-09 - 14:33 Wyniki

Rekord PL Open	4:05.77	Barzycka Paulina	00114	Gorzow	2005-11-26
Rekord PL 19 +	4:05.77	Barzycka Paulina	00114	Gorzow	2005-11-26
Rekord PL 18	4:07.14	Piechota Paulina	01605	Lodz	2017-12-20
Rekord PL 17	4:08.41	Kilija ska Donata	00612	Ostrowiec Sw.	2012-12-21
Rekord PL 16	4:08.04	Kilija ska Donata	00612	Poznan	2011-12-17
Rekord PL 15	4:11.12	Kilija ska Donata	00612	Lodz	2010-11-21
Rekord PL 14	4:10.66	Knop Aleksandra	01605	Lodz	2017-12-20
Rekord PL 13	4:18.09	Knop Aleksandra	01605	Ostrowiec Sw	2016-06-18
Rekord PL 12	4:33.26	Cierpiałowska Paulina	00310	Gdansk	2017-12-09
Rekord PL - 11	4:43.74	Rakowska Marta	00407	Kedzierzyn-Kozle	2017-12-09

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.			
11 lat												
1.	Oraszek Karolina		07	UKP Polonia Warszawa				5:01.86	468			
	50m:	33.75	33.75	150m:	1:49.81	38.62	250m:	3:07.50	38.64	350m:	4:24.49	38.10
	100m:	1:11.19	37.44	200m:	2:28.86	39.05	300m:	3:46.39	38.89	400m:	5:01.86	37.37
2.	Muras Nina		07	UKS 307 Warszawa Mokotów				5:15.84	409			
	50m:	36.58	36.58	150m:	1:57.84	40.52	250m:	3:18.39	40.49	350m:	4:37.40	39.42
	100m:	1:17.32	40.74	200m:	2:37.90	40.06	300m:	3:57.98	39.59	400m:	5:15.84	38.44
3.	Maciejewska Antonina		07	UKP Polonia Warszawa				5:16.31	407			
	50m:	35.81	35.81	150m:	1:57.86	41.74	250m:	3:21.14	42.01	350m:	4:41.52	39.97
	100m:	1:16.12	40.31	200m:	2:39.13	41.27	300m:	4:01.55	40.41	400m:	5:16.31	34.79
4.	Figurska Paula		07	UKS G-8 Bielany Warszawa				5:28.34	364			
	50m:	37.48	37.48	150m:	2:01.01	41.89	250m:	3:25.38	42.18	350m:	4:49.44	41.23
	100m:	1:19.12	41.64	200m:	2:43.20	42.19	300m:	4:08.21	42.83	400m:	5:28.34	38.90
5.	Domoradzka Julia		07	MUKS Olimpijczyk Suwałki				5:43.53	318			
	50m:	37.40	37.40	150m:	2:04.06	44.13	250m:	3:32.60	44.19	350m:	5:01.53	44.40
	100m:	1:19.93	42.53	200m:	2:48.41	44.35	300m:	4:17.13	44.53	400m:	5:43.53	42.00
6.	Mikołajczuk Maria		07	UKS Gim92 URSYNÓW Warszawa				5:51.92	295			
	50m:	38.72	38.72	150m:	2:07.13	44.91	250m:	3:37.21	44.70	350m:	5:07.73	45.53
	100m:	1:22.22	43.50	200m:	2:52.51	45.38	300m:	4:22.20	44.99	400m:	5:51.92	44.19
7.	Fial Anna		07	UKS Ósemka Starogard Gda ski				5:58.90	279			
	50m:	40.32	40.32	150m:	2:12.30	45.83	250m:	3:46.15	47.51	350m:	5:17.05	44.48
	100m:	1:26.47	46.15	200m:	2:58.64	46.34	300m:	4:32.57	46.42	400m:	5:58.90	41.85
8.	Kłos Zuzanna		07	UKS Ósemka Starogard Gda ski				6:11.99	250			
	50m:	39.58	39.58	150m:	2:12.60	47.55	250m:	3:48.86	48.57	350m:	5:26.72	48.36
	100m:	1:25.05	45.47	200m:	3:00.29	47.69	300m:	4:38.36	49.50	400m:	6:11.99	45.27
9.	Sac Sylwia		07	Nowodworski OSiR				6:21.39	232			
	50m:	42.11	42.11	150m:	2:19.47	49.41	250m:	3:58.17	49.12	350m:	5:36.48	48.64
	100m:	1:30.06	47.95	200m:	3:09.05	49.58	300m:	4:47.84	49.67	400m:	6:21.39	44.91

12 lat

1.	Kübar Johanna		06	Tartu Swimmingclub				4:46.69	547			
	50m:	32.69	32.69	150m:	1:46.50	37.07	250m:	3:00.36	36.91	350m:	4:13.68	36.44
	100m:	1:09.43	36.74	200m:	2:23.45	36.95	300m:	3:37.24	36.88	400m:	4:46.69	33.01
2.	Wilanowska Karina		06	UKP Polonia Warszawa				4:46.83	546			
	50m:	32.00	32.00	150m:	1:45.29	36.93	250m:	2:58.97	37.10	350m:	4:12.90	36.58
	100m:	1:08.36	36.36	200m:	2:21.87	36.58	300m:	3:36.32	37.35	400m:	4:46.83	33.93



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Konkurencja 33, Dziewcz t, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
3. Grabara Wiktoria	06 MAL WOPR Malbork	4:53.01	512
50m: 32.31 32.31	150m: 1:44.53 36.82	250m: 2:59.89 37.85	350m: 4:16.52 38.34
100m: 1:07.71 35.40	200m: 2:22.04 37.51	300m: 3:38.18 38.29	400m: 4:53.01 36.49
4. Ziemska Aleksandra	06 MAL WOPR Malbork	4:58.76	483
50m: 33.38 33.38	150m: 1:48.33 38.01	250m: 3:04.96 38.26	350m: 4:22.32 38.65
100m: 1:10.32 36.94	200m: 2:26.70 38.37	300m: 3:43.67 38.71	400m: 4:58.76 36.44
5. Skrobisz Urszula	06 UKS Ósemka Starogard Gda ski	4:58.97	482
50m: 33.16 33.16	150m: 1:48.54 38.11	250m: 3:05.82 38.54	350m: 4:23.43 38.69
100m: 1:10.43 37.27	200m: 2:27.28 38.74	300m: 3:44.74 38.92	400m: 4:58.97 35.54
6. Pawlik Julia	06 UKS G-8 Bielany Warszawa	4:59.76	478
50m: 34.51 34.51	150m: 1:51.34 38.57	250m: 3:09.01 38.88	350m: 4:24.98 37.08
100m: 1:12.77 38.26	200m: 2:30.13 38.79	300m: 3:47.90 38.89	400m: 4:59.76 34.78
7. Chmielewska Aleksandra	06 MUKS Olimpijczyk Suwałki	5:07.24	444
50m: 34.47 34.47	150m: 1:53.22 39.81	250m: 3:13.23 40.18	350m: 4:32.24 39.72
100m: 1:13.41 38.94	200m: 2:33.05 39.83	300m: 3:52.52 39.29	400m: 5:07.24 35.00
8. Rulewska Julia	06 UKS Ósemka Starogard Gda ski	5:10.83	429
50m: 34.28 34.28	150m: 1:52.95 39.66	250m: 3:13.34 40.26	350m: 4:33.43 39.67
100m: 1:13.29 39.01	200m: 2:33.08 40.13	300m: 3:53.76 40.42	400m: 5:10.83 37.40
9. W grzynowicz Martyna	06 MUKS Olimpijczyk Suwałki	5:13.16	419
50m: 34.57 34.57	150m: 1:53.05 40.03	250m: 3:14.17 40.93	350m: 4:35.59 40.58
100m: 1:13.02 38.45	200m: 2:33.24 40.19	300m: 3:55.01 40.84	400m: 5:13.16 37.57
10. Wiszniewska Zuzanna	06 UKS MOS Ełk	5:16.34	407
50m: 36.79 36.79	150m: 1:58.27 40.98	250m: 3:19.45 40.21	350m: 4:39.38 39.92
100m: 1:17.29 40.50	200m: 2:39.24 40.97	300m: 3:59.46 40.01	400m: 5:16.34 36.96
11. Muras Oliwia	06 UKS 307 Warszawa Mokotów	5:26.60	370
50m: 34.78 34.78	150m: 1:57.40 41.93	250m: 3:22.16 42.58	350m: 4:46.58 42.03
100m: 1:15.47 40.69	200m: 2:39.58 42.18	300m: 4:04.55 42.39	400m: 5:26.60 40.02
12. D browska Aleksandra	06 MUKS Olimpijczyk Suwałki	5:34.81	343
50m: 36.81 36.81	150m: 2:02.09 43.06	250m: 3:29.15 43.45	350m: 4:55.00 42.57
100m: 1:19.03 42.22	200m: 2:45.70 43.61	300m: 4:12.43 43.28	400m: 5:34.81 39.81
13. Miszewska Oliwia	06 UKS Ósemka Starogard Gda ski	5:42.17	321
50m: 37.48 37.48	150m: 2:03.75 44.03	250m: 3:33.37 44.49	350m: 5:01.14 43.56
100m: 1:19.72 42.24	200m: 2:48.88 45.13	300m: 4:17.58 44.21	400m: 5:42.17 41.03
14. Małkiewicz Natalia	06 UKS Gim92 URSYNÓW Warszav	5:47.13	308
50m: 39.52 39.52	150m: 2:07.38 44.56	250m: 3:36.69 45.01	350m: 5:04.68 43.79
100m: 1:22.82 43.30	200m: 2:51.68 44.30	300m: 4:20.89 44.20	400m: 5:47.13 42.45
15. Leszka Iga	06 UKS Ósemka Starogard Gda ski	5:54.32	289
50m: 37.94 37.94	150m: 2:06.65 45.07	250m: 3:38.24 45.69	350m: 5:10.02 45.69
100m: 1:21.58 43.64	200m: 2:52.55 45.90	300m: 4:24.33 46.09	400m: 5:54.32 44.30
16. Jankowska Eliza	06 MUKS Olimpijczyk Suwałki	6:00.73	274
50m: 39.25 39.25	150m:	250m:	350m:
100m: 1:24.24 44.99	200m:	300m:	400m: 6:00.73



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Konkurencja 33, Kobiet, 400m dowolny

13 lat

1.	Cierpialowska Paulina	05	MAL WOPR Malbork	4:24.46	697
	50m: 28.89 28.89	150m: 1:34.97 33.83	250m: 2:43.34 34.29	350m: 3:51.62 34.12	
	100m: 1:01.14 32.25	200m: 2:09.05 34.08	300m: 3:17.50 34.16	400m: 4:24.46 32.84	
2.	Marcinkowska Maja	05	MKS Jedyńka Łód	4:34.68	622
	50m: 31.92 31.92	150m: 1:41.78 35.22	250m: 2:52.03 35.05	350m: 4:01.39 34.37	
	100m: 1:06.56 34.64	200m: 2:16.98 35.20	300m: 3:27.02 34.99	400m: 4:34.68 33.29	
3.	Kossowska Julita	05	UKS 190 Łód	4:42.35	573
	50m: 31.60 31.60	150m: 1:43.38 36.22	250m: 2:56.10 36.23	350m: 4:08.61 36.21	
	100m: 1:07.16 35.56	200m: 2:19.87 36.49	300m: 3:32.40 36.30	400m: 4:42.35 33.74	
4.	Sujkowska Roksana SOL	05	MTP Kormoran Olsztyn	4:43.89	563
	50m: 32.24 32.24	150m: 1:43.69 36.04	250m: 2:56.86 36.46	350m: 4:09.68 36.04	
	100m: 1:07.65 35.41	200m: 2:20.40 36.71	300m: 3:33.64 36.78	400m: 4:43.89 34.21	
5.	Maksymowicz Nina	05	UKS G-8 Bielany Warszawa	4:45.45	554
	50m: 32.16 32.16	150m: 1:45.31 36.90	250m: 2:57.36 35.72	350m: 4:10.61 36.06	
	100m: 1:08.41 36.25	200m: 2:21.64 36.33	300m: 3:34.55 37.19	400m: 4:45.45 34.84	
6.	Górska Zofia	05	UKP Polonia Warszawa	4:47.29	543
	50m: 31.60 31.60	150m: 1:44.19 36.83	250m: 2:58.24 37.07	350m: 4:12.01 36.61	
	100m: 1:07.36 35.76	200m: 2:21.17 36.98	300m: 3:35.40 37.16	400m: 4:47.29 35.28	
7.	Sokk Laura	05	Tartu Swimmingclub	4:48.84	535
	50m: 32.89 32.89	150m: 1:45.00 36.38	250m: 2:59.18 37.10	350m: 4:13.70 37.36	
	100m: 1:08.62 35.73	200m: 2:22.08 37.08	300m: 3:36.34 37.16	400m: 4:48.84 35.14	
8.	Samoraj Oliwia	05	MKS Piaseczno	4:49.91	529
	50m: 31.83 31.83	150m: 1:44.38 37.01	250m: 2:58.98 37.15	350m: 4:13.68 37.10	
	100m: 1:07.37 35.54	200m: 2:21.83 37.45	300m: 3:36.58 37.60	400m: 4:49.91 36.23	
	Burdyn Dominika Wiktoria	05	MUKS Olimpijczyk Suwałki	4:49.91	529
	50m: 31.85 31.85	150m: 1:44.86 36.60	250m: 2:58.88 37.08	350m: 4:13.99 37.68	
	100m: 1:08.26 36.41	200m: 2:21.80 36.94	300m: 3:36.31 37.43	400m: 4:49.91 35.92	
10.	Gawedzka Natalia	05	UKS MOS Ełk	4:52.65	514
	50m: 32.33 32.33	150m: 1:45.69 37.28	250m: 3:01.65 37.81	350m: 4:16.93 37.42	
	100m: 1:08.41 36.08	200m: 2:23.84 38.15	300m: 3:39.51 37.86	400m: 4:52.65 35.72	
11.	Doroszkiewicz Anna	05	UKP Jedyńka Elbl g	4:52.94	513
	50m: 34.20 34.20	150m: 1:47.96 36.88	250m: 3:02.07 37.06	350m: 4:17.07 37.36	
	100m: 1:11.08 36.88	200m: 2:25.01 37.05	300m: 3:39.71 37.64	400m: 4:52.94 35.87	
12.	Kieruzel Martyna	05	MKS Jedyńka Łód	4:54.67	504
	50m: 33.93 33.93	150m: 1:48.23 37.18	250m: 3:03.43 37.31	350m: 4:18.64 37.92	
	100m: 1:11.05 37.12	200m: 2:26.12 37.89	300m: 3:40.72 37.29	400m: 4:54.67 36.03	
13.	Walentyłowicz Nadia	05	MAL WOPR Malbork	4:56.64	494
	50m: 33.30 33.30	150m: 1:48.30 37.84	250m: 3:04.61 38.25	350m: 4:21.29 38.20	
	100m: 1:10.46 37.16	200m: 2:26.36 38.06	300m: 3:43.09 38.48	400m: 4:56.64 35.35	
14.	Orli ska Monika	05	UKS Gim92 URSYNÓW Warszawa	4:56.88	492
	50m: 31.79 31.79	150m: 1:44.91 37.56	250m: 3:02.47 38.46	350m: 4:19.66 38.55	
	100m: 1:07.35 35.56	200m: 2:24.01 39.10	300m: 3:41.11 38.64	400m: 4:56.88 37.22	
15.	Wolska Pola	05	UKP Polonia Warszawa	4:56.92	492
	50m: 33.15 33.15	150m: 1:48.89 38.04	250m: 3:05.39 38.21	350m: 4:21.58 38.02	
	100m: 1:10.85 37.70	200m: 2:27.18 38.29	300m: 3:43.56 38.17	400m: 4:56.92 35.34	
16.	Nowak Paulina	05	UKS TRI-Team Rumia	5:02.81	464
	50m: 33.97 33.97	150m: 1:48.68 37.74	250m: 3:06.23 38.92	350m: 4:24.56 38.98	
	100m: 1:10.94 36.97	200m: 2:27.31 38.63	300m: 3:45.58 39.35	400m: 5:02.81 38.25	



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Konkurencja 33, Dziewcz t, 400m dowolny, 13 lat

Pozycja		Rok ur.						Czas	Pkt.
17.	Szpaczynska Liliana	05	MAL WOPR Malbork					5:11.06	428
	50m: 35.07 35.07		150m: 1:52.63 39.23			250m: 3:12.49 40.14		350m: 4:33.03 40.74	
	100m: 1:13.40 38.33		200m: 2:32.35 39.72			300m: 3:52.29 39.80		400m: 5:11.06 38.03	
18.	Lasecka Anna	05	UKS 307 Warszawa Mokotów					5:14.23	415
	50m: 34.39 34.39		150m: 1:53.57 40.14			250m: 3:14.69 40.10		350m: 4:35.36 40.44	
	100m: 1:13.43 39.04		200m: 2:34.59 41.02			300m: 3:54.92 40.23		400m: 5:14.23 38.87	
19.	Kadak Karoliina	05	Tartu Swimmingclub					5:20.24	392
	50m: 34.25 34.25		150m: 1:53.58 40.65			250m: 3:15.72 41.21		350m:	
	100m: 1:12.93 38.68		200m: 2:34.51 40.93			300m: 4:39.78 1:24.06		400m: 5:20.24	
20.	Biszewska Gabriela	05	MUKS Olimpijczyk Suwałki					5:23.21	382
	50m: 34.99 34.99		150m: 2:00.65 43.18			250m: 3:26.52 43.26		350m: 4:46.97 39.70	
	100m: 1:17.47 42.48		200m: 2:43.26 42.61			300m: 4:07.27 40.75		400m: 5:23.21 36.24	
PK	Gajcy Natalia	05	UKP Polonia Warszawa					4:55.39	500
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m: 4:55.39	