



Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w Pływaniu  
Olsztyn, 14 - 16-12-2018

Konkurencja 11  
2018-12-14 - 12:27

Dziewcz t, 400m zmienny

14 lat  
Wyniki Eliminacje

Rekord Polski Open	4:31.89	BARANOWSKA Katarzyna	00116	Debrecen (HUN)	2007-12-16
Rekord Polski 14	4:43.77	KNOP Aleksandra	01605	Lodz	2017-12-22

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
1. CYGAN Julia	04	<b>5:00.39</b>	640 A
50m: 32.70 32.70	150m: 1:49.82 39.26	250m: 3:09.21 41.01	350m: 4:26.27 35.64
100m: 1:10.56 37.86	200m: 2:28.20 38.38	300m: 3:50.63 41.42	400m: 5:00.39 34.12
2. TARASIEWICZ Klaudia	04	<b>5:00.42</b>	640 A
50m: 32.57 32.57	150m: 1:48.52 38.93	250m: 3:09.85 43.35	350m: 4:27.62 34.59
100m: 1:09.59 37.02	200m: 2:26.50 37.98	300m: 3:53.03 43.18	400m: 5:00.42 32.80
3. MIKOŁAJCZYK Maja	04	<b>5:02.71</b>	625 A
50m: 31.68 31.68	150m: 1:47.09 38.57	250m: 3:07.43 41.26	350m: 4:26.93 36.81
100m: 1:08.52 36.84	200m: 2:26.17 39.08	300m: 3:50.12 42.69	400m: 5:02.71 35.78
4. BEDNARZ Julia	04	<b>5:04.12</b>	617 A
50m: 32.76 32.76	150m: 1:50.49 39.62	250m: 3:11.17 42.14	350m: 4:29.68 36.13
100m: 1:10.87 38.11	200m: 2:29.03 38.54	300m: 3:53.55 42.38	400m: 5:04.12 34.44
5. MACIASZCZYK Weronika	04	<b>5:09.55</b>	585 A
50m: 33.10 33.10	150m: 1:49.75 38.99	250m: 3:13.01 44.86	350m: 4:34.50 36.09
100m: 1:10.76 37.66	200m: 2:28.15 38.40	300m: 3:58.41 45.40	400m: 5:09.55 35.05
6. SOBOLEWSKA Magdalena	04	<b>5:09.82</b>	583 A
50m: 33.05 33.05	150m: 1:50.18 39.34	250m: 3:14.93 45.59	350m: 4:34.82 34.99
100m: 1:10.84 37.79	200m: 2:29.34 39.16	300m: 3:59.83 44.90	400m: 5:09.82 35.00
7. DRAGAN Julia	04	<b>5:12.16</b>	570 A
50m: 34.12 34.12	150m: 1:55.20 41.21	250m: 3:17.50 42.31	350m: 4:36.97 36.76
100m: 1:13.99 39.87	200m: 2:35.19 39.99	300m: 4:00.21 42.71	400m: 5:12.16 35.19
8. GAZDA Małgorzata	04	<b>5:13.85</b>	561 A
50m: 33.60 33.60	150m: 1:53.39 40.12	250m: 3:15.45 43.72	350m: 4:37.51 38.14
100m: 1:13.27 39.67	200m: 2:31.73 38.34	300m: 3:59.37 43.92	400m: 5:13.85 36.34
9. BIDNIK Wiktoria	04	<b>5:15.39</b>	553 A
50m: 33.50 33.50	150m: 1:51.09 38.14	250m: 3:14.14 45.15	350m: 4:38.32 37.95
100m: 1:12.95 39.45	200m: 2:28.99 37.90	300m: 4:00.37 46.23	400m: 5:15.39 37.07
10. GWAJ Julia	04	<b>5:17.15</b>	544 A
50m: 33.56 33.56	150m: 1:54.43 39.75	250m: 3:18.95 44.52	350m: 4:41.07 36.88
100m: 1:14.68 41.12	200m: 2:34.43 40.00	300m: 4:04.19 45.24	400m: 5:17.15 36.08
11. KESLER Katarzyna	04	<b>5:17.85</b>	540 B
50m: 33.31 33.31	150m: 1:51.80 39.96	250m: 3:15.97 44.32	350m: 4:39.79 38.47
100m: 1:11.84 38.53	200m: 2:31.65 39.85	300m: 4:01.32 45.35	400m: 5:17.85 38.06
12. AK Amelia	04	<b>5:18.04</b>	539 B
50m: 34.22 34.22	150m: 1:55.97 41.28	250m: 3:20.51 43.80	350m: 4:42.22 36.34
100m: 1:14.69 40.47	200m: 2:36.71 40.74	300m: 4:05.88 45.37	400m: 5:18.04 35.82
13. WECKWERT Iga	04	<b>5:18.72</b>	536 B
50m: 34.75 34.75	150m: 1:51.18 37.23	250m: 3:15.53 45.70	350m: 4:40.94 39.53
100m: 1:13.95 39.20	200m: 2:29.83 38.65	300m: 4:01.41 45.88	400m: 5:18.72 37.78
14. SIOMA Zuzanna	04	<b>5:24.28</b>	509 B
50m: 34.68 34.68	150m: 1:56.04 41.14	250m: 3:22.31 46.35	350m: 4:47.80 37.91
100m: 1:14.90 40.22	200m: 2:35.96 39.92	300m: 4:09.89 47.58	400m: 5:24.28 36.48

wyniki live: [www.megatiming.pl](http://www.megatiming.pl)

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Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2018-12-16 15:38 - Strona 1

Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w Pływaniu  
Olsztyn, 14- - 16-12-2018

Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
15.	WITEK Oliwia			04	UKS SP-149 Łód				<b>5:27.04</b>	496 B		
	50m:	35.11	35.11	150m:	1:58.76	42.14	250m:	3:26.26	46.56	350m:	4:51.73	38.22
	100m:	1:16.62	41.51	200m:	2:39.70	40.94	300m:	4:13.51	47.25	400m:	5:27.04	35.31
16.	DYDUCH Martyna			04	UKP Unia O wi cim				<b>5:27.22</b>	495 B		
	50m:	34.77	34.77	150m:	1:58.68	42.37	250m:	3:26.22	46.18	350m:	4:51.09	38.11
	100m:	1:16.31	41.54	200m:	2:40.04	41.36	300m:	4:12.98	46.76	400m:	5:27.22	36.13
17.	FIGAS Alicja			04	MKP Szczecin				<b>5:30.39</b>	481 B		
	50m:	36.72	36.72	150m:	1:58.89	41.11	250m:	3:27.77	47.78	350m:	4:52.89	37.13
	100m:	1:17.78	41.06	200m:	2:39.99	41.10	300m:	4:15.76	47.99	400m:	5:30.39	37.50
18.	GIZA Olga			04	Dwójka Morena Gda sk				<b>5:30.87</b>	479 B		
	50m:	35.70	35.70	150m:	1:59.65	43.35	250m:	3:27.83	46.27	350m:	4:52.98	38.49
	100m:	1:16.30	40.60	200m:	2:41.56	41.91	300m:	4:14.49	46.66	400m:	5:30.87	37.89
19.	NOWAK Oliwia			04	UKS „GIM 92 Ursynów” Warszawa				<b>5:34.49</b>	463 B		
	50m:	35.23	35.23	150m:	2:00.24	42.90	250m:	3:29.48	44.48	350m:	4:55.76	39.45
	100m:	1:17.34	42.11	200m:	2:45.00	44.76	300m:	4:16.31	46.83	400m:	5:34.49	38.73
20.	BIE KOWSKA Aleksandra			04	MKS Juvenia Białystok				<b>5:34.80</b>	462 B		
	50m:	33.70	33.70	150m:	1:57.87	43.59	250m:	3:27.54	46.98	350m:	4:57.32	40.34
	100m:	1:14.28	40.58	200m:	2:40.56	42.69	300m:	4:16.98	49.44	400m:	5:34.80	37.48
21.	PUCIATO Weronika			04	MKS Neptun Stargard				<b>5:43.42</b>	428 R		
	50m:	34.76	34.76	150m:	2:02.03	44.02	250m:	3:33.50	47.78	350m:	5:03.77	41.11
	100m:	1:18.01	43.25	200m:	2:45.72	43.69	300m:	4:22.66	49.16	400m:	5:43.42	39.65
22.	NIEDZIOŁKA Julia			04	MTP Delfin Cieszyn				<b>5:44.51</b>	424 R		
	50m:	35.91	35.91	150m:	2:03.76	43.68	250m:	3:33.55	47.12	350m:	5:05.27	42.28
	100m:	1:20.08	44.17	200m:	2:46.43	42.67	300m:	4:22.99	49.44	400m:	5:44.51	39.24
23.	LUSARCZYK Patrycja			04	MKS Znicz Koszalin				<b>5:52.02</b>	398		
	50m:	37.78	37.78	150m:	2:09.82	45.58	250m:	3:42.24	47.06	350m:	5:11.81	41.12
	100m:	1:24.24	46.46	200m:	2:55.18	45.36	300m:	4:30.69	48.45	400m:	5:52.02	40.21
DYSKW.	WILCZEK Renata			04	KS Płetwal Zakopane							
	<i>G6 - Nieci gła akcja nawrotu (np. niewykonanie nawrotu natychmiast po zakończeniu poci gni cia ramieniem lub obydwoma ramionami jednocześnie nie</i>											
	50m:			150m:	1:51.67		250m:			350m:		
	100m:			200m:	2:32.13	40.46	300m:			400m:		