

**II OPEN BALTIC CHAMPIONSHIP/ I RUNDA KPP**  
**Olsztyn, 19- - 20-1-2019**
**Event 21**  
**2019-01-20 - 10:47**
**Women, 400m Surface**
**Open  
Results**

Rank	nazwisko, imi	rok ur	klub	kraj	czas	punkty	zgl.
<b>A</b>							
1.	TRUSZCZYŃSKA-GZYL Katarzyna	1990	UKS Tri-Sea Mewa Władysławowo	POL	<b>3:41.13</b>	50,00	
	50m: 25.25 25.25	150m: 1:19.81 27.36	250m: 2:16.03 28.08	350m: 3:13.82 28.94			
	100m: 52.45 27.20	200m: 1:47.95 28.14	300m: 2:44.88 28.85	400m: 3:41.13 27.31			
2.	STEPANOVAITE Gabriele	2001	Klaipėdos Gintaras Sc	LTU	<b>3:53.75</b>	46,00	
	50m: 24.83 24.83	150m: 1:22.75 29.73	250m: 2:24.25 30.58	350m: 3:26.30 30.55			
	100m: 53.02 28.19	200m: 1:53.67 30.92	300m: 2:55.75 31.50	400m: 3:53.75 27.45			
3.	PLAZIŃSKA Wiktoria	2001	OSN Amfiprion Olecko	POL	<b>3:55.25</b>	42,00	
	50m: 26.93 26.93	150m: 1:25.94 30.05	250m: 2:25.43 29.64	350m: 3:25.81 30.14			
	100m: 55.89 28.96	200m: 1:55.79 29.85	300m: 2:55.67 30.24	400m: 3:55.25 29.44			
4.	STRACHANOWSKA Helena	1999	UKS Delfin Jastarnia	POL	<b>4:00.46</b>	39,00	
	50m: 26.29 26.29	150m: 1:26.91 30.92	250m: 2:29.64 31.05	350m: 3:32.56 31.16			
	100m: 55.99 29.70	200m: 1:58.59 31.68	300m: 3:01.40 31.76	400m: 4:00.46 27.90			
<b>B</b>							
1.	TSUGUNOVA Lia	2002	Sk Akvalang Tallinn	EST	<b>3:49.38</b>	50,00	
	50m: 25.80 25.80	150m: 1:22.44 28.93	250m: 2:21.48 29.53	350m: 3:20.24 29.25			
	100m: 53.51 27.71	200m: 1:51.95 29.51	300m: 2:50.99 29.51	400m: 3:49.38 29.14			
2.	BRUZAITE Ziede	2002	Klaipėdos Gintaras Sc	LTU	<b>4:00.28</b>	46,00	
	50m: 26.29 26.29	150m: 1:26.67 30.77	250m: 2:28.88 30.99	350m: 3:30.93 30.86			
	100m: 55.90 29.61	200m: 1:57.89 31.22	300m: 3:00.07 31.19	400m: 4:00.28 29.35			
3.	SZWICHTENBERG Wiktoria	2003	UKS MANTA Kosciierzyna	POL	<b>4:07.58</b>	42,00	
	50m: 27.69 27.69	150m: 1:29.02 31.15	250m: 2:33.31 32.21	350m: 3:37.74 31.78			
	100m: 57.87 30.18	200m: 2:01.10 32.08	300m: 3:05.96 32.65	400m: 4:07.58 29.84			
<b>C</b>							
1.	ZILIŃSKA Sabina	2005	LVJC Vilnius	LTU	<b>3:41.13</b>	50,00	
	50m: 25.41 25.41	150m: 1:21.95 28.52	250m: 2:20.02 29.06	350m: 3:17.59 28.50			
	100m: 53.43 28.02	200m: 1:50.96 29.01	300m: 2:49.09 29.07	400m: 3:41.13 23.54			
2.	WOLNIEWICZ Weronika	2004	UKS Delfinek Chodzież	POL	<b>3:51.54</b>	46,00	
	50m: 26.18 26.18	150m: 1:23.18 29.02	250m: 2:22.49 29.28	350m: 3:22.84 30.08			
	100m: 54.16 27.98	200m: 1:53.21 30.03	300m: 2:52.76 30.27	400m: 3:51.54 28.70			
3.	OSZKIEL Wiktoria	2004	KS Nautilus Jastrzębie	POL	<b>3:53.37</b>	42,00	
	50m: 27.16 27.16	150m: 1:25.83 29.78	250m: 2:25.99 29.74	350m: 3:25.91 29.72			
	100m: 56.05 28.89	200m: 1:56.25 30.42	300m: 2:56.19 30.20	400m: 3:53.37 27.46			
4.	KONDRATEVA Sofia	2004	Sk Akvalang Tallinn	EST	<b>4:05.34</b>	39,00	
	50m: 26.67 26.67	150m: 1:27.05 31.25	250m: 2:31.72 32.47	350m: 3:35.74 31.07			
	100m: 55.80 29.13	200m: 1:59.25 32.20	300m: 3:04.67 32.95	400m: 4:05.34 29.60			
5.	MAKARAITE Liepa	2004	Klaipėdos Gintaras Sc	LTU	<b>4:19.92</b>	36,00	
	50m: 27.34 27.34	150m: 1:31.01 33.10	250m: 2:38.67 33.68	350m: 3:47.82 34.87			
	100m: 57.91 30.57	200m: 2:04.99 33.98	300m: 3:12.95 34.28	400m: 4:19.92 32.10			
6.	LAPUĆKA Ewa	2004	OSN Amfiprion Olecko	POL	<b>4:45.63</b>	33,00	
	50m: 28.10 28.10	150m: 1:40.14 37.01	250m: 2:55.48 38.60	350m: 4:10.93 37.11			
	100m: 1:03.13 35.03	200m: 2:16.88 36.74	300m: 3:33.82 38.34	400m: 4:45.63 34.70			

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**D**

1. GUZINSKA Olga	2006	UKS MANTA Koscierzyna	POL	<b>4:05.24</b>	50,00
50m: 26.34 26.34	150m: 1:27.39 31.32	250m: 2:31.66	32.51	350m: 3:36.04	32.44
100m: 56.07 29.73	200m: 1:59.15 31.76	300m: 3:03.60	31.94	400m: 4:05.24	29.20
2. BUKOWINSKA Aleksandra	2006	UKS Delfinek Chodziej	POL	<b>4:16.74</b>	46,00
50m: 30.39 30.39	150m: 1:35.60 32.25	250m: 2:42.26	33.28	350m: 3:48.17	32.05
100m: 1:03.35 32.96	200m: 2:08.98 33.38	300m: 3:16.12	33.86	400m: 4:16.74	28.57
3. KILISZEWSKA Sonia	2006	KS Nautilus Jastrzebie	POL	<b>4:27.14</b>	42,00
50m: 28.94 28.94	150m: 1:35.99 33.73	250m: 2:46.91	35.61	350m: 3:56.39	35.22
100m: 1:02.26 33.32	200m: 2:11.30 35.31	300m: 3:21.17	34.26	400m: 4:27.14	30.75
4. JANKOWSKA Anita	2006	UKS Delfinek Chodziej	POL	<b>4:28.07</b>	39,00
50m: 30.32 30.32	150m: 1:38.36 34.31	250m: 2:48.46	34.79	350m: 3:57.20	34.02
100m: 1:04.05 33.73	200m: 2:13.67 35.31	300m: 3:23.18	34.72	400m: 4:28.07	30.87
5. SCHUTZ Maria	2006	UKS Wodniacy Garczyn	POL	<b>4:30.32</b>	36,00
50m: 31.94 31.94	150m: 1:39.21 33.75	250m: 2:48.77	34.99	350m: 3:58.59	34.63
100m: 1:05.46 33.52	200m: 2:13.78 34.57	300m: 3:23.96	35.19	400m: 4:30.32	31.73
6. KLASA Kinga	2007	UKS Wodniacy Garczyn	POL	<b>4:43.14</b>	33,00
50m: 31.45 31.45	150m: 1:43.18 36.58	250m: 2:57.42	37.19	350m: 4:10.19	35.74
100m: 1:06.60 35.15	200m: 2:20.23 37.05	300m: 3:34.45	37.03	400m: 4:43.14	32.95
7. KOHNKE Nicole	2007	UKS Delfin Jastarnia	POL	<b>5:28.55</b>	30,00
50m: 38.14 38.14	150m: 2:01.81 42.10	250m: 3:27.92	43.40	350m: 4:52.72	41.41
100m: 1:19.71 41.57	200m: 2:44.52 42.71	300m: 4:11.31	43.39	400m: 5:28.55	35.83