



MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15- - 19-5-2019

Konkurencja 20  
2019-05-17 - 9:43

Kobiet, 400m dowolny

Open  
Wyniki Eliminacje

Rekord Polski Open	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	2007-03-25
Rekord Polski 18	4:16.05	BUDZIS Joanna	00914	Prague (CZE)	2008-06-21
Rekord Polski 17	4:15.07	KILIJA SKA Donata	00612	Olsztyn	2012-05-14
Rekord Polski 16	4:12.62	ZUKOWSKA Paula	00107	Doha (QAT)	2009-12-09
Rekord Polski 15	4:16.14	KNOP Aleksandra	01605	Lodz	2018-05-26
Rekord Polski 14	4:16.54	KILIJA SKA Donata	00612	Tampere (FIN)	2009-07-20
Rekord Polski młodzie owców	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	2007-03-25

minimum MSsen : 4:10.57 / minimum MEJ dzw 14 - 17: 4:19.13 / minimum MSJ dzw 14 - 17: 4:16.17

Punkty: FINA 2019

Pozycja			Wiek					Czas	Pkt.			
1.	TARASIEWICZ Klaudia		15	UKP „Polonia Warszawa”				<b>4:21.87</b>	736	A		
	50m:	30.90	30.90	150m:	1:37.50	33.57	250m:	2:43.90	32.66	350m:	3:49.82	32.83
	100m:	1:03.93	33.03	200m:	2:11.24	33.74	300m:	3:16.99	33.09	400m:	4:21.87	32.05
2.	KNOP Aleksandra		16	UKS 190 Łód				<b>4:22.79</b>	728	A		
	50m:	29.97	29.97	150m:	1:37.08	33.64	250m:	2:44.31	33.52	350m:	3:50.06	33.20
	100m:	1:03.44	33.47	200m:	2:10.79	33.71	300m:	3:16.86	32.55	400m:	4:22.79	32.73
3.	POLA SKA Aleksandra		19	UKS GOS Raszyn				<b>4:23.22</b>	724	A		
	50m:	30.14	30.14	150m:	1:35.98	33.49	250m:	2:43.25	33.63	350m:	3:50.79	33.81
	100m:	1:02.49	32.35	200m:	2:09.62	33.64	300m:	3:16.98	33.73	400m:	4:23.22	32.43
4.	KARPISZ Milena		22	AZS Łód				<b>4:23.23</b>	724	A		
	50m:	30.43	30.43	150m:	1:37.12	33.58	250m:	2:43.84	33.13	350m:	3:50.63	33.33
	100m:	1:03.54	33.11	200m:	2:10.71	33.59	300m:	3:17.30	33.46	400m:	4:23.23	32.60
5.	GU Wiktoria		15	UKS „Delfin” Piotrków Trybun				<b>4:23.38</b>	723	A		
	50m:	30.11	30.11	150m:	1:35.98	33.25	250m:	2:43.78	34.19	350m:	3:50.89	33.21
	100m:	1:02.73	32.62	200m:	2:09.59	33.61	300m:	3:17.68	33.90	400m:	4:23.38	32.49
6.	PIECHOTA Paulina		20	UKS 190 Łód				<b>4:24.13</b>	717	A		
	50m:	29.98	29.98	150m:	1:35.83	33.20	250m:	2:43.05	33.59	350m:	3:50.69	33.81
	100m:	1:02.63	32.65	200m:	2:09.46	33.63	300m:	3:16.88	33.83	400m:	4:24.13	33.44
7.	SKIBIAK Klaudia		17	UKS 190 Łód				<b>4:25.88</b>	703	A		
	50m:	31.52	31.52	150m:	1:38.79	33.81	250m:	2:46.67	33.61	350m:	3:53.63	33.26
	100m:	1:04.98	33.46	200m:	2:13.06	34.27	300m:	3:20.37	33.70	400m:	4:25.88	32.25
8.	GEORGES Daniela		22	KU AZS UMCS Lublin				<b>4:26.32</b>	699	A		
	50m:	30.75	30.75	150m:	1:38.11	34.02	250m:	2:46.67	34.39	350m:	3:54.30	33.06
	100m:	1:04.09	33.34	200m:	2:12.28	34.17	300m:	3:21.24	34.57	400m:	4:26.32	32.02
9.	BURSKA Justyna		24	KS AZS UWM Olsztyn				<b>4:26.98</b>	694	A		
	50m:	31.45	31.45	150m:	1:38.37	33.61	250m:	2:45.55	33.41	350m:	3:52.90	33.53
	100m:	1:04.76	33.31	200m:	2:12.14	33.77	300m:	3:19.37	33.82	400m:	4:26.98	34.08
10.	W GRZYNOWSKA Aleksandra		18	WKS I sk Wrocław				<b>4:27.35</b>	691	A		
	50m:	30.35	30.35	150m:	1:37.67	34.01	250m:	2:46.23	34.37	350m:	3:54.46	33.68
	100m:	1:03.66	33.31	200m:	2:11.86	34.19	300m:	3:20.78	34.55	400m:	4:27.35	32.89
11.	PIECHOTA Karolina		18	UKS 190 Łód				<b>4:28.09</b>	686	B		
	50m:	31.03	31.03	150m:	1:37.31	33.35	250m:	2:45.21	34.18	350m:	3:54.28	34.53
	100m:	1:03.96	32.93	200m:	2:11.03	33.72	300m:	3:19.75	34.54	400m:	4:28.09	33.81
12.	NITA Daria		18	KS Korona Kraków				<b>4:28.91</b>	679	B		
	50m:	31.21	31.21	150m:	1:40.14	34.74	250m:	2:49.37	34.37	350m:	3:56.42	32.74
	100m:	1:05.40	34.19	200m:	2:15.00	34.86	300m:	3:23.68	34.31	400m:	4:28.91	32.49
13.	KUCHTA Maria		17	UKS „Dwójka” Tczew				<b>4:29.62</b>	674	B		
	50m:	31.21	31.21	150m:	1:39.63	34.40	250m:	2:48.19	34.49	350m:	3:57.54	34.63
	100m:	1:05.23	34.02	200m:	2:13.70	34.07	300m:	3:22.91	34.72	400m:	4:29.62	32.08

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

obsługa informatyczna: [elachodyna@poczta.fm](mailto:elachodyna@poczta.fm)

kont. 600215732

Splash Meet Manager, 11.59270

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2019-05-19 19:52 - Strona 1





MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15- - 19-5-2019

Konkurencja 20, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja					Wiek					Czas	Pkt.	
14.	KLIMEK Marta				16	UKP Unia Olimpijczyki				<b>4:30.13</b>	670 B	
	50m:	30.79	30.79	150m:	1:39.69	34.74	250m:	2:49.31	34.67	350m:	3:58.85	34.67
	100m:	1:04.95	34.16	200m:	2:14.64	34.95	300m:	3:24.18	34.87	400m:	4:30.13	31.28
15.	MICIĄK Agata				17	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:30.93</b>	664 B	
	50m:	31.19	31.19	150m:	1:40.56	34.86	250m:	2:49.85	34.82	350m:	3:58.36	33.70
	100m:	1:05.70	34.51	200m:	2:15.03	34.47	300m:	3:24.66	34.81	400m:	4:30.93	32.57
16.	CIERPIAŁOWSKA Paulina				14	WOPR Malbork				<b>4:31.10</b>	663 B	
	50m:	31.08	31.08	150m:	1:40.10	34.84	250m:	2:49.28	34.20	350m:	3:58.33	34.28
	100m:	1:05.26	34.18	200m:	2:15.08	34.98	300m:	3:24.05	34.77	400m:	4:31.10	32.77
17.	ZABOROWICZ Julia				18	KS „Górniki” Sosnowiec				<b>4:31.17</b>	663 B	
	50m:	31.88	31.88	150m:	1:40.40	34.60	250m:	2:49.87	34.53	350m:	3:58.45	33.18
	100m:	1:05.80	33.92	200m:	2:15.34	34.94	300m:	3:25.27	35.40	400m:	4:31.17	32.72
18.	WOJCIECHOWSKA Joanna				21	KU AZS UMCS Lublin				<b>4:32.40</b>	654 B	
	50m:	31.42	31.42	150m:	1:39.60	34.33	250m:	2:49.01	34.47	350m:	3:58.52	34.73
	100m:	1:05.27	33.85	200m:	2:14.54	34.94	300m:	3:23.79	34.78	400m:	4:32.40	33.88
19.	ANDRZEJEWSKA Kamila				20	KU AZS UMCS Lublin				<b>4:32.58</b>	652 B	
	50m:	31.33	31.33	150m:	1:39.70	34.47	250m:	2:48.80	34.41	350m:	3:57.47	34.27
	100m:	1:05.23	33.90	200m:	2:14.39	34.69	300m:	3:23.20	34.40	400m:	4:32.58	35.11
20.	MARGULA Weronika				19	MKP Szczecin				<b>4:32.88</b>	650 B	
	50m:	31.68	31.68	150m:	1:39.53	33.94	250m:	2:48.22	34.52	350m:	3:57.99	35.20
	100m:	1:05.59	33.91	200m:	2:13.70	34.17	300m:	3:22.79	34.57	400m:	4:32.88	34.89
21.	SZL K Katarzyna				17	KU AZS Politechniki Łódzkiej				<b>4:33.27</b>	647 R	
	50m:	31.46	31.46	150m:	1:40.41	34.88	250m:	2:49.98	34.55	350m:	3:59.81	34.83
	100m:	1:05.53	34.07	200m:	2:15.43	35.02	300m:	3:24.98	35.00	400m:	4:33.27	33.46
22.	RABINIAK Zuzanna				18	KU AZS UMCS Lublin				<b>4:35.15</b>	634 R	
	50m:	31.34	31.34	150m:	1:40.41	34.88	250m:	2:50.64	35.12	350m:	4:00.63	34.93
	100m:	1:05.53	34.19	200m:	2:15.52	35.11	300m:	3:25.70	35.06	400m:	4:35.15	34.52
23.	BOCIEK Wiktoria				15	KS „Górniki” Sosnowiec				<b>4:35.25</b>	634	
	50m:	32.23	32.23	150m:	1:41.47	35.03	250m:	2:51.53	35.14	350m:	4:02.34	35.32
	100m:	1:06.44	34.21	200m:	2:16.39	34.92	300m:	3:27.02	35.49	400m:	4:35.25	32.91
24.	JABŁO SKA Oliwia				22	Wojewódzkie Zrzeszenie Sportow				<b>4:35.40</b>	632	
	50m:	32.01	32.01	150m:	1:41.24	35.05	250m:	2:51.33	34.98	350m:	4:01.71	35.00
	100m:	1:06.19	34.18	200m:	2:16.35	35.11	300m:	3:26.71	35.38	400m:	4:35.40	33.69
25.	TERESKO Anna				22	CSiR MOS w D browie Górniczej				<b>4:37.06</b>	621	
	50m:	30.91	30.91	150m:	1:39.46	34.73	250m:	2:49.78	35.26	350m:	4:01.79	36.09
	100m:	1:04.73	33.82	200m:	2:14.52	35.06	300m:	3:25.70	35.92	400m:	4:37.06	35.27
26.	BART Patrycja				22	MKS „Pałac Młodzieży”				<b>4:37.52</b>	618	
	50m:	31.12	31.12	150m:	1:40.76	35.02	250m:	2:51.42	35.39	350m:	4:02.57	35.35
	100m:	1:05.74	34.62	200m:	2:16.03	35.27	300m:	3:27.22	35.80	400m:	4:37.52	34.95
27.	NOWAK Maja				16	AZS AWF Warszawa				<b>4:37.55</b>	618	
	50m:	32.41	32.41	150m:	1:42.67	35.35	250m:	2:54.21	35.72	350m:	4:05.21	34.82
	100m:	1:07.32	34.91	200m:	2:18.49	35.82	300m:	3:30.39	36.18	400m:	4:37.55	32.34
28.	NEUBAUER Paulina				16	UKS „Dwójka” Tczew				<b>4:38.10</b>	614	
	50m:	31.66	31.66	150m:	1:41.61	35.28	250m:	2:52.83	35.68	350m:	4:03.91	35.20
	100m:	1:06.33	34.67	200m:	2:17.15	35.54	300m:	3:28.71	35.88	400m:	4:38.10	34.19
29.	CYNARSKA Weronika				16	UKP „Polonia Warszawa”				<b>4:38.50</b>	612	
	50m:	31.46	31.46	150m:	1:40.07	34.59	250m:	2:50.23	35.15	350m:	4:03.72	36.90
	100m:	1:05.48	34.02	200m:	2:15.08	35.01	300m:	3:26.82	36.59	400m:	4:38.50	34.78

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2019-05-19 19:52 - Strona 2





MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15 - 19-5-2019

Konkurencja 20, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja					Wiek					Czas	Pkt.	
30.	ZAWADZKA Anna			19	MKP „Wodnik 29” Tychy				<b>4:38.59</b>	611		
	50m:	32.45	32.45	150m:	1:41.84	34.81	250m:	2:52.31	34.77	350m:	4:04.32	35.72
	100m:	1:07.03	34.58	200m:	2:17.54	35.70	300m:	3:28.60	36.29	400m:	4:38.59	34.27
31.	CYGAN Julia			15	MUKS "Pi tnastka"				<b>4:39.69</b>	604		
	50m:	31.73	31.73	150m:	1:43.42	35.80	250m:	2:54.77	35.25	350m:	4:05.59	35.46
	100m:	1:07.62	35.89	200m:	2:19.52	36.10	300m:	3:30.13	35.36	400m:	4:39.69	34.10
32.	KULIK Wiktoria			16	MTP Kormoran Olsztyn				<b>4:39.70</b>	604		
	50m:	31.35	31.35	150m:	1:41.58	35.51	250m:	2:53.21	35.85	350m:	4:04.98	35.72
	100m:	1:06.07	34.72	200m:	2:17.36	35.78	300m:	3:29.26	36.05	400m:	4:39.70	34.72
33.	KAWKA Nina			16	UKS „GIM 92 Ursynów"				<b>4:40.03</b>	602		
	50m:	31.71	31.71	150m:	1:41.17	34.82	250m:	2:53.04	35.97	350m:	4:05.00	35.80
	100m:	1:06.35	34.64	200m:	2:17.07	35.90	300m:	3:29.20	36.16	400m:	4:40.03	35.03
34.	D BROWSKA Wiktoria			16	UKP „Polonia Warszawa"				<b>4:40.81</b>	597		
	50m:	31.69	31.69	150m:	1:41.03	34.79	250m:	2:52.15	35.48	350m:	4:04.95	36.58
	100m:	1:06.24	34.55	200m:	2:16.67	35.64	300m:	3:28.37	36.22	400m:	4:40.81	35.86
35.	KERTY SKA Nadia			16	WKS I sk Wrocław				<b>4:41.32</b>	593		
	50m:	32.00	32.00	150m:	1:43.12	35.80	250m:	2:56.07	36.26	350m:	4:08.47	36.12
	100m:	1:07.32	35.32	200m:	2:19.81	36.69	300m:	3:32.35	36.28	400m:	4:41.32	32.85
36.	MIZIK Julia			15	UKS Manta Warszawa Włochy				<b>4:41.44</b>	593		
	50m:	31.56	31.56	150m:	1:41.83	35.63	250m:	2:54.19	35.99	350m:	4:06.99	35.84
	100m:	1:06.20	34.64	200m:	2:18.20	36.37	300m:	3:31.15	36.96	400m:	4:41.44	34.45
37.	ZAR BA-PARADOWSKA Julia			17	UKS G-8 Bielany Warszawa				<b>4:41.63</b>	591		
	50m:	31.81	31.81	150m:	1:41.86	35.43	250m:	2:53.14	35.95	350m:	4:05.88	36.45
	100m:	1:06.43	34.62	200m:	2:17.19	35.33	300m:	3:29.43	36.29	400m:	4:41.63	35.75
38.	SŁABOSZ Emilia			14	MOSM Tychy				<b>4:41.84</b>	590		
	50m:	31.64	31.64	150m:	1:43.11	36.27	250m:	2:55.56	35.91	350m:	4:07.21	35.46
	100m:	1:06.84	35.20	200m:	2:19.65	36.54	300m:	3:31.75	36.19	400m:	4:41.84	34.63
39.	WRZESI SKA Wiktoria			15	UKS 190 Łódź				<b>4:41.97</b>	589		
	50m:	32.85	32.85	150m:	1:44.25	36.07	250m:	2:56.47	36.02	350m:	4:07.91	35.46
	100m:	1:08.18	35.33	200m:	2:20.45	36.20	300m:	3:32.45	35.98	400m:	4:41.97	34.06
40.	BEDNARZ Julia			15	UKS „ORKA" Zamo				<b>4:42.12</b>	588		
	50m:	32.49	32.49	150m:	1:42.73	35.30	250m:	2:54.60	35.96	350m:	4:07.17	36.13
	100m:	1:07.43	34.94	200m:	2:18.64	35.91	300m:	3:31.04	36.44	400m:	4:42.12	34.95
41.	WILCZEWSKA Aleksandra			17	KU AZS UMCS Lublin				<b>4:42.40</b>	587		
	50m:	32.08	32.08	150m:	1:43.17	36.05	250m:	2:55.14	36.30	350m:	4:07.51	36.25
	100m:	1:07.12	35.04	200m:	2:18.84	35.67	300m:	3:31.26	36.12	400m:	4:42.40	34.89
42.	KULIK Julia			14	UKS GOS Raszyn				<b>4:42.61</b>	585		
	50m:	31.97	31.97	150m:	1:43.90	36.18	250m:	2:55.73	36.05	350m:	4:07.80	36.10
	100m:	1:07.72	35.75	200m:	2:19.68	35.78	300m:	3:31.70	35.97	400m:	4:42.61	34.81
43.	ZMIERCZAK Natalia			16	MTP Kormoran Olsztyn				<b>4:42.87</b>	584		
	50m:	31.50	31.50	150m:	1:42.49	36.26	250m:	2:55.06	36.38	350m:	4:07.16	36.08
	100m:	1:06.23	34.73	200m:	2:18.68	36.19	300m:	3:31.08	36.02	400m:	4:42.87	35.71
44.	ROGOWSKA Paulina			21	St. Lok. SALOS Cortile Kielce				<b>4:43.20</b>	582		
	50m:	32.39	32.39	150m:	1:44.73	37.08	250m:	2:57.45	36.03	350m:	4:08.83	35.49
	100m:	1:07.65	35.26	200m:	2:21.42	36.69	300m:	3:33.34	35.89	400m:	4:43.20	34.37
45.	KRYPA Marta			17	UKS Manta Warszawa Włochy				<b>4:43.22</b>	581		
	50m:	31.54	31.54	150m:	1:42.25	35.55	250m:	2:54.19	35.81	350m:	4:07.16	36.38
	100m:	1:06.70	35.16	200m:	2:18.38	36.13	300m:	3:30.78	36.59	400m:	4:43.22	36.06

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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kont. 600215732

Splash Meet Manager, 11.59270

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2019-05-19 19:52 - Strona 3





MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15 - 19-5-2019

Konkurencja 20, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja					Wiek					Czas	Pkt.	
46.	SM TEK Wiktoria				18	MMKS K dzierzyn-Ko le				<b>4:44.07</b>	576	
	50m:	32.69	32.69	150m:	1:45.44	36.80	250m:	2:58.04	35.61	350m:	4:09.30	35.46
	100m:	1:08.64	35.95	200m:	2:22.43	36.99	300m:	3:33.84	35.80	400m:	4:44.07	34.77
47.	SUJKOWSKA Roksana				14	MTP Kormoran Olsztyn				<b>4:45.17</b>	570	
	50m:	32.70	32.70	150m:	1:45.23	36.29	250m:	2:58.40	36.41	350m:	4:11.28	36.40
	100m:	1:08.94	36.24	200m:	2:21.99	36.76	300m:	3:34.88	36.48	400m:	4:45.17	33.89
48.	FIRA Weronika				15	UKS Salmo ory				<b>4:45.21</b>	569	
	50m:	31.89	31.89	150m:	1:43.43	36.11	250m:	2:56.28	36.04	350m:	4:09.57	36.22
	100m:	1:07.32	35.43	200m:	2:20.24	36.81	300m:	3:33.35	37.07	400m:	4:45.21	35.64
49.	SERAFIN Barbara				17	UKS G-8 Bielany Warszawa				<b>4:45.69</b>	567	
	50m:	31.34	31.34	150m:	1:42.09	35.60	250m:	2:55.06	36.69	350m:	4:09.36	37.14
	100m:	1:06.49	35.15	200m:	2:18.37	36.28	300m:	3:32.22	37.16	400m:	4:45.69	36.33
50.	SZALAST Karolina				14	UKS Tri-Team Rumia				<b>4:46.35</b>	563	
	50m:	32.77	32.77	150m:	1:44.52	36.19	250m:	2:57.29	36.93	350m:	4:11.19	36.93
	100m:	1:08.33	35.56	200m:	2:20.36	35.84	300m:	3:34.26	36.97	400m:	4:46.35	35.16
51.	WISTU Julia				19	UKS SMS Galicja Kraków				<b>4:46.59</b>	561	
	50m:	32.09	32.09	150m:	1:43.21	35.56	250m:	2:54.24	35.82	350m:	4:08.43	36.88
	100m:	1:07.65	35.56	200m:	2:18.42	35.21	300m:	3:31.55	37.31	400m:	4:46.59	38.16
52.	KACZOROWSKA Alicja				15	UKS G-8 Bielany Warszawa				<b>4:47.91</b>	553	
	50m:	31.80	31.80	150m:	1:42.72	35.95	250m:	2:55.70	36.46	350m:	4:11.17	
	100m:	1:06.77	34.97	200m:	2:19.24	36.52	300m:			400m:	4:47.91	36.74
53.	KRUPI SKA Lila				15	MTP Kormoran Olsztyn				<b>4:47.98</b>	553	
	50m:	33.04	33.04	150m:	1:45.21	36.46	250m:	2:59.57	37.14	350m:	4:13.26	36.62
	100m:	1:08.75	35.71	200m:	2:22.43	37.22	300m:	3:36.64	37.07	400m:	4:47.98	34.72
54.	WO NICA Milena				15	Dwójka Morena Gda sk				<b>4:48.06</b>	553	
	50m:	33.32	33.32	150m:	1:46.85	37.42	250m:	3:00.39	36.81	350m:	4:13.72	36.87
	100m:	1:09.43	36.11	200m:	2:23.58	36.73	300m:	3:36.85	36.46	400m:	4:48.06	34.34
55.	MALINO Julia				15	UKS „ORKA” Zamo				<b>4:48.71</b>	549	
	50m:	32.28	32.28	150m:	1:43.59	36.18	250m:	2:57.46	37.19	350m:	4:12.42	37.84
	100m:	1:07.41	35.13	200m:	2:20.27	36.68	300m:	3:34.58	37.12	400m:	4:48.71	36.29
56.	LALA Nadia				15	UKS Salmo ory				<b>4:49.10</b>	547	
	50m:	32.58	32.58	150m:	1:44.74	37.02	250m:	2:59.06	37.10	350m:	4:13.72	37.67
	100m:	1:07.72	35.14	200m:	2:21.96	37.22	300m:	3:36.05	36.99	400m:	4:49.10	35.38
57.	HEBEL Natalia				14	UKS abianka Gda sk				<b>4:51.15</b>	535	
	50m:	32.53	32.53	150m:	1:44.73	36.24	250m:	2:58.27	36.45	350m:	4:13.76	37.36
	100m:	1:08.49	35.96	200m:	2:21.82	37.09	300m:	3:36.40	38.13	400m:	4:51.15	37.39
58.	BORYS Zofia				15	UKS G-8 Bielany Warszawa				<b>4:54.76</b>	516	
	50m:	32.10	32.10	150m:	1:44.71	37.43	250m:	3:01.36	38.75	350m:	4:17.87	38.24
	100m:	1:07.28	35.18	200m:	2:22.61	37.90	300m:	3:39.63	38.27	400m:	4:54.76	36.89
59.	RACZY SKA Wiktoria				15	AZS Łód				<b>4:56.06</b>	509	
	50m:	33.64	33.64	150m:	1:48.46	37.41	250m:	3:03.30	37.05	350m:	4:19.03	37.80
	100m:	1:11.05	37.41	200m:	2:26.25	37.79	300m:	3:41.23	37.93	400m:	4:56.06	37.03
60.	KSI EK Dominika				14	KS JUST SWIM Jelenia Góra				<b>4:56.16</b>	508	
	50m:	32.24	32.24	150m:	1:47.65	38.27	250m:	3:04.75	38.23	350m:	4:19.99	36.62
	100m:	1:09.38	37.14	200m:	2:26.52	38.87	300m:	3:43.37	38.62	400m:	4:56.16	36.17
61.	GOMUŁKA Natalia				15	UKS 190 Łód				<b>4:57.61</b>	501	
	50m:	35.07	35.07	150m:	1:50.23	37.77	250m:	3:05.50	37.82	350m:	4:21.12	37.67
	100m:	1:12.46	37.39	200m:	2:27.68	37.45	300m:	3:43.45	37.95	400m:	4:57.61	36.49

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MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15- - 19-5-2019

Konkurencja 20, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja					Wiek					Czas	Pkt.	
62.	BIDNIK Wiktoria				15	UKS „GIM 92 Ursynów”				<b>4:59.22</b>	493	
	50m:	33.44	33.44	150m:	1:48.28	38.18	250m:	3:03.65	37.83	350m:	4:20.94	39.12
	100m:	1:10.10	36.66	200m:	2:25.82	37.54	300m:	3:41.82	38.17	400m:	4:59.22	38.28
63.	SKOWRO SKA Wiktoria				18	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:59.56</b>	491	
	50m:	31.89	31.89	150m:	1:46.18	37.55	250m:	3:03.11	38.72	350m:	4:21.96	39.08
	100m:	1:08.63	36.74	200m:	2:24.39	38.21	300m:	3:42.88	39.77	400m:	4:59.56	37.60
64.	TOPP Zofia				16	UKS G-8 Bielany Warszawa				<b>5:00.36</b>	487	
	50m:	32.70	32.70	150m:	1:47.24	37.91	250m:	3:04.13	38.53	350m:	4:21.93	38.99
	100m:	1:09.33	36.63	200m:	2:25.60	38.36	300m:	3:42.94	38.81	400m:	5:00.36	38.43
65.	BILSKA Natalia				18	UKS abianka Gda sk				<b>5:04.81</b>	466	
	50m:	32.92	32.92	150m:	1:48.11	37.98	250m:	3:06.63	38.80	350m:	4:25.76	39.44
	100m:	1:10.13	37.21	200m:	2:27.83	39.72	300m:	3:46.32	39.69	400m:	5:04.81	39.05
66.	NOWAK Paulina				14	UKS Tri-Team Rumia				<b>5:05.12</b>	465	
	50m:	33.99	33.99	150m:	1:51.53	39.52	250m:	3:10.72	39.65	350m:	4:28.34	38.34
	100m:	1:12.01	38.02	200m:	2:31.07	39.54	300m:	3:50.00	39.28	400m:	5:05.12	36.78
67.	POLASIK Natalia				17	MKS Medyk Gi ycko				<b>5:11.56</b>	437	
	50m:	34.05	34.05	150m:	1:51.73	39.15	250m:	3:12.03	40.37	350m:	4:32.45	39.83
	100m:	1:12.58	38.53	200m:	2:31.66	39.93	300m:	3:52.62	40.59	400m:	5:11.56	39.11
68.	PIASECKA Alicja				15	UKS abianka Gda sk				<b>5:17.52</b>	413	
	50m:	33.32	33.32	150m:	1:52.19	40.63	250m:	3:14.90	41.24	350m:	4:37.37	41.15
	100m:	1:11.56	38.24	200m:	2:33.66	41.47	300m:	3:56.22	41.32	400m:	5:17.52	40.15
69.	PIECHOWICZ Karolina				14	KS Płetwal Szczytno				<b>5:22.00</b>	396	
	50m:	34.16	34.16	150m:	1:56.47	42.04	250m:	3:19.99	41.60	350m:	4:42.32	
	100m:	1:14.43	40.27	200m:	2:38.39	41.92	300m:			400m:	5:22.00	39.68
70.	GIEDRY Alicja				38	SRS Szansa-Start Gda sk				<b>5:42.14</b>	330	
	50m:	38.01	38.01	150m:	2:05.00	43.97	250m:	5:00.96	2:11.79	350m:		
	100m:	1:21.03	43.02	200m:	2:49.17	44.17	300m:	4:17.41		400m:	5:42.14	

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